

Anne Schadde

GINKGO BILOBA

SUBSTANCE

Ginkgo biloba and the art of narrating

...the poem

This leaf from a tree in the East,
Has been given to my garden.
It reveals a certain secret,
Which pleases me and thoughtful
People.
Does it represent One living creature
Which has divided itself?
Or are these Two, which have decided,
That they should be as One?
To reply to such a Question,
I found the right answer:
Do you notice in my songs and verses
That I am One and Two?

Johann Wolfgang von Goethe
„Gingo biloba,, (15. Sept. 1815), from: “Suleika” poems

The poem is part of the „Suleika" poems, a collection of oriental lyric. Here Goethe devotes himself, in the „western-oriental encounter", to the distant, different culture. „Hatem" (Goethe's poet-ego) expresses his feelings in the poems towards his beloved „Suleika". The Gingo-poem (Goethe dropped the „hard k") was inspired by his enthusiastic love for Marianne von Willemer. Years of botanical studies, the foundation for his „metamorphosis teachings", made Goethe aware of the unusual shape of the Ginkgo leaves. Goethe was capable of mystical perception, of sensing cult functions, and of comprehending what had to be understood symbolically and allegorically. To him the leaf meant the unity of what is moving apart, the double within the one, which was a symbolic representation of his relation to Marianne von Willemer. He was in love with her, but lived apart from her (because she was married.) In a letter to a friend (Correspondence between Goethe and Zelter, Publ. Max Hecker, 2 Vol. Leipzig 1913-1918) Goethe described his interpretation of the symbolic meaning of the Ginkgo leaf. He saw it as a „rhythmic translation" of the Ginkgo, permeated by its sense of wholeness.

...the mythology

In the biographic-historical Goethe novel „Marianne" by German writer Hans Franck (1879-1964) the author has baron vom und zum Stein tell his guest, Goethe, the legend

of the true tree of life, a kind of genesis: „The eastern Ginkgo biloba is the tree of life. The first humans grew on it. And just like the leaves, they had grown together on the bottom and divided on top. Like the leaf, man and woman formed at the same time a unity in their appearance and a duality in their nature... What changed this original condition, how the division of humans happened, I cannot clearly tell. Maybe it was the fault of an incredible storm that violently shook the tree, or of an overwhelming wave of happiness, or of the craving for adventure in humans who were joined together in spite of their dual gender. However, by the end of that night all creatures who had been shaken down or had jumped off the tree found themselves as man and woman on earth. Their bodily connection was torn apart. They became two. And now they have to find themselves all over again... Humans carried on, on this increasingly populated earth, with love and hate, with union and separation, just like man and woman up to this day carry on out of lack of a better way, to restore the fact or the appearance of the former union. The Ginkgo biloba though stretched his bare branch-arms accusingly towards the heavens above. And God had mercy on its loneliness, which would have signified death for the tree of life. In place of humans He let leaves emerge from its branches, which eternally symbolize the original condition of humankind, because they form a living duality – united on the bottom and separated on top -: the terrestrial image of the divine trinity." (See in this regard dream #154 of a prover, who showed the most extensive symptoms during the entire proving.)

Ginkgo biloba, the tree

Darwin called the Ginkgo biloba a „living fossil". The main period of development for this plant species was during the Mesozoic Era, Jurassic to Cretaceous . That puts our Ginkgo tree, with 200 million years, into the group of the oldest plants on earth. This also shows the enormous vitality of this plant division, which did not become extinct but continuously adapted and developed itself. In China and Japan, old specimens of the trees can be found near temple sites. They are worshiped as holy trees or decorated with shrines. The Ginkgo is a Ginkgophyta and has fan-shaped leaves. It is not part of the conifer family nor of the deciduous trees; it is its own family with many fossil species. The peculiarity and beauty of its leaves made it popular in parks. Because of its resistance to insects, bacterial, viral and fungal disease and also pollution, the Ginkgo is one of the most desirable city trees. In New York/Manhattan, for example, it is the most frequently planted tree. It defies fire and radio activity. It is said that many old trees have survived lightning, fire storms, twisters and many natural disasters, which reflects the enormous power these trees possess. It was reported that after the nuclear explosion of Hiroshima and Nagasaki 300,000 people died immediately or as a result of burns and radiation. Flora and fauna were destroyed just the same. Then something happened that nobody had expected: The Ginkgo tree was able to regenerate. In the research paper „The nuclear bomb and the University of Hiroshima" it says: „Amongst the plants damaged by the nuclear bomb, Ginkgo trees showed the strongest restorative powers... In the first month neurospora bacteria developed and the burnt trees turned completely red. On trees that were located 2000 to 3000 meters from the center of the explosion, branches died off, but in fall or spring they produced new shoots..."

Ginkgo is highly regarded as lumber. Since it doesn't get infested with parasites, it is very useful in the production of furniture, wood carvings, art objects and sculptures. In Asia Ginkgo trees are planted next to temples and residences, because it is said that they ward off fire and disaster.

The shape of the Ginkgo tree varies from narrow column shape (male trees) to wide crown shape (female trees). It can grow up to 40 meters in height. Striking are the strong (aggressive!?) branches reaching skywards. In fall the leaves turn a light yellow. The trunk is long and straight. Its bark is ash-gray and turns rough and furrowed when old. The wood is light and soft, the center tender and spongy.

...the reproduction

Ginkgo is dioecious, which means there are male and female Ginkgo trees (Mr. Ginkgo and Mrs. Ginkgo). They are separate and yet there is a union. The pollination of the ovules can happen on the tree or while the ovules lie on the ground, by motile or free swimming sperms, which is one of the peculiarities of this tree specimen. The male flowers contain stamens. Each of the stamens bears two pollen sacs. The pollen is transported by the wind. The female flowers bear two (in some cases up to seven) ovules that grow at the tip of a long stalk. The actual pollination takes place several months later. Only when the pollen has reached the female flower and is retracted does the ovule of the female flower start to grow. The mature, apricot- or plum like seed contains a ligneous stone that is surrounded by a resinous fleshy coat. This coat decomposes with ripeness (butyric acid, valerianic acid, capronic acid) and emanates an unpleasant odor of rancid butter.

...the discoverer

In 1691, Japan traveller Engelbert Kaempfer was the first to describe the Ginkgo for the western world. He was a physician interested in botany, the so-called materia medica of plants. He had a passion for travelling and studied phenomena of natural history, agriculture, history, politics, mythology and religion. He began the description of Ginkgo like this: „Ginkgo is a nut tree with leaves that give it the appearance of a maiden's hair...".

...the name

The spelling Ginkgo began with Kaempfer. In Japan it was called „ginkyo" which meant „gin"=silver and „kyo"=apricot. It is assumed that a mistake while setting the print turned Ginkyo into Ginkgo. The word biloba, added by Carl von Linne, is Latin and means „two-lobed". Because of its fernlike leaves the tree is called in China „Ya Chio"/"icho"= „duck foot". In English the Ginkgo is called „maidenhair tree" or because of its age „fossil tree". Other names are: „fan tree", „Japanese nut tree", „Japanese temple tree", „elephant's ear tree", „forty coin tree", „grandfather-grandson tree"...

Ginkgo biloba and symbolism

...the tree

The tree is a symbol for hope, longevity, fertility, friendship, adaptability, and invincibility.

As a „holy" tree it has been worshiped throughout all time. For example, farmers would pray for rain for the rice fields.

Very old trees are worshiped as a memorial for people because they have endured natural disasters, fire storms and nuclear explosion.

It was planted as a protection against wind and fire. Of an old tree on a temple site it is said that when it was young it suddenly sprayed water during a fire. (One of the seven wonders of this temple.)

The Ginkgo is the landmark of the city of Tokyo and the University of Tokyo.

It was said about a monk who was known for his wisdom, virtue and asceticism that he was guided by the tree-spirit of the oldest Ginkgo tree of Japan.

...the leaf

The fanlike leaves have long stalks and are called „forked up nerves". They are similar to the maidenhair fern. The leaves of a young Ginkgo-tree have a deep cleft in the middle (biloba = two-lobed); in older, mature trees though the cleft is less pronounced. The leaves remind us of certain fern species. It is striking that the veins of the leaves do not unite in the stalk but only join at the bark of the tree.

As mentioned earlier Goethe „tasted" in his poem the „secret meaning" of the leaf and glorified it as a symbol of love. The „leaf of lovers", which is heart shaped, gives hope for a peaceful existence when kept as a charm, a bookmark or a sign of friendship.

...the nature

The „two-lobed" leaves or the „dioecious" form of reproduction show a possible relationship to Yin and Yang, male and female, joy and pain, life and death, light and shadow, past and future.

All of nature unfolds in the tension field of two poles: the opposites of day and night, man and woman, breathing in and out etc. Everything is in harmony when the poles are balanced. A loss of vitality develops when one pole becomes „dominant" and the other one „wastes away". Because this disturbs the biological balance, disease ultimately ensues.

In our body the brain houses both poles. In our Western culture the left brain hemisphere with its causal-analytical thinking is being overstressed and overrated; whereas, the analog-synthetic function of the right hemisphere is being neglected (see

proving symptoms # 9pp). The one-sided emphasis of a brain hemisphere can lead to a loss of vitality of the entire brain or a degeneration of its functions.

The Ginkgo tree in its totality symbolizes a possible union, a balance of polarity.

Ginkgo biloba and the phyto-therapeutic application

...the „barefoot-medicine" of the Japanese and Chinese

The first traces of Ginkgo were found in China. A Chinese medicine book, the „materia medica" of 1578, mentions the community Nanking as the home of the Ginkgo.

It is said that very old trees show growths, which resemble air roots. They are called Japanese chi-chi, which means „breast", „nipple". Women ask for milk to nurse their children or they scrape part of its „nipples" off, let it simmer in hot water and drink the tea to produce mothers milk.

The leaves of the tree reportedly have an insecticide effect. In China it is common to put Ginkgo leaves between the pages of books to keep paper pests away. They are applied as a dressing for skin impurities, or made into tea to ease cough and are also used in asthma and scrofula. The boiled leaves help as an application with chillblains. They are also used for circulatory problems, high blood pressure, nervousness and concentration failure.

The seeds (the „nuts") contain starch and protein and are eaten in Japan and China after being roasted. In large amounts, though, these seeds have a slightly laxative effect (poisoning). The fleshy hull of the seed respectively of the samen is used in folk medicine for asthma, cough, cystitis, bed-wetting, worms and alcohol abuse. Roasted they are supposed to be a great aphrodisiac for men and help with reduced sperm production. It is said to bring energy into the abdomen. Ginkgolic acid in great dilution isolated from the seed is able to limit the growth of tuberculosis bacteria. This is why isolated ginkgolic acid is used as a remedy against tuberculosis in China.

The fruit was considered very precious and was sent to the emperor as a tribute. Crushed seeds are used in the cosmetic industry against wrinkle formation and for detoxification.

...the western pharmacology

The world wide use of Ginkgo as a medicinal plant started after World War II (after the miracle of Hiroshima), when it was noticed that extracts of the Ginkgo leaves were useful in ischemia, an interruption of blood flow:

- in cerebral circulatory problems such as vascular dementia (the reduced metabolism in the brain can lead to so called multi-infarct dementia)
- in peripheral circulatory problems, particularly of the legs, as for example in claudicatio intermittens (intermittent claudication) and other severe circulatory problems
- in circulatory problems of the vestibulum of the auditory canal, which can lead to vertigo and tinnitus

In cell cultures or laboratory animals, Ginkgo extracts showed the following effects:

- Dilation of the arterial blood vessels and therefore improvement of blood flow
- Deactivation of the so called free-radicals, which are considered triggers for chronic and vascular diseases
- Impacting the aggregation of thrombocytes through inhibition of the platelet aggregating factor (PAF)
- Reduction of the aggregation of erythrocytes and concurrent increase of flexibility

The medicinal use is mainly based on:

- Flavonoids, with the flavonolglycosides being particularly important
- Terpenoids, which are five ginkgoloids and the bilobaloid. These substances have so far only been found in the ginkgo tree and seem to be missing otherwise in the flora.
- Ginkgol and ginkgolic acid, which based on their toxicity make a contribution to the Ginkgo's amazing resistance to pathogenic micro organisms

Clinical studies have shown that a debility of the brain with symptoms such as gaps in memory, forgetfulness, concentration failure, fatigue, lack of energy, lack of motivation, depression, anxiety, vertigo, headache, tinnitus, etc. can be eased through ingestion of Ginkgo preparations. Long term studies in the USA clearly show that Ginkgo extracts can slow down the progression of Alzheimer type dementia.

... the toxic picture

Ginkgolic acid acts as a strong skin irritant. The effects are similar to poison ivy, Rhus Toxicodendron.

PROVING

Some publications about the homeopathic use of Ginkgo biloba and about a few small provings exist. Maury in Paris 1933 and E.G. McIvor in New Zealand 1971 dealt with Ginkgo. O.A. Julian lists a small proving in his „Materia Medica of New Homeopathic Remedies". Otto Leeser collected in his „Lehrbuch der Homoeopathie" all treatise and references for a study.

The most extensive collection of existing provings and studies with an additional new proving from 1987 to 1989 exists in a documentation of Franz Swoboda and Peter Koenig from Vienna. This documentation is published in the „Documenta Homoeopathica", Publisher Wilhelm Maudrich, issue 13, 1993. It offers a complete overview of the existing material and a new proving of Ginkgo.

This present proving was conducted with colleagues through self experimentation as part of the curriculum in the year 1995/96 at the „Schule der Homoeopathie" of the Homeopathic Forum Gauting (Address see sources of supply). The group contained 16 provers, which were looked after by 16 supervisors, 12 women and 4 men.

...the trituration

The homeopathic trituration and potentisation of the initial substance took place at the Enzian Pharmacy. (Remedies in different potencies can be obtained there – see index.) Leaves, bark and root of a Ginkgo tree located on campus of the Technical University Weihenstephan in Freising were used. The remedy was triturated up to 3C and then succussed up to 30C.

...the proving method

Ginkgo biloba 30C was proved. Every prover had a supervisor who observed and looked after the prover. Prover and supervisor did NOT know the substance. A placebo phase did not take place. Before taking the substance the supervisor took the prover's case in order to be able to clearly differentiate between new and old symptoms. The proving substance was taken as a 30C over several days, 3 times a day with the instruction to immediately discontinue as symptoms appeared.

Every symptom was immediately recorded by the prover and marked with the appropriate abbreviation: "new", "old", "altered old", "cured", "unusual". After a 4 months observation period, the substance was revealed. During a group discussion as part of the Homeopathy School's curriculum a vivid picture of Ginkgo biloba arose.

Afterwards, the diaries were analyzed with focus on the "unusual" and "new" symptoms. Those symptoms were recorded.

The proving symptoms are numbered. The numbers in brackets at the end of every symptom give first the number of the prover followed by the number of days after starting the proving in which the symptom appeared. (Exception: xx means that the symptom persisted over a longer period of time or during the entire proving.) For the most part, symptoms were taken from the prover, although sometimes they are observations of the supervisors about their provers.

... the collected symptoms of the new proving

Mind

Unusual perceptions

- 1 During a walk at dusk in the forest I am having thoughts about elementary beings. I think that these beings are part of the humans and feel safe. I am looking for an understanding between the two worlds and believe, that I am not in danger, if I understand them. I have a strong desire to live in the world and in nature. (14-07)

- 2 It feels as if I can perceive the world more clearly, am closer to nature and experience a stronger connection with it, as if a window was opened in front of my eyes. (14-14)
- 3 I suddenly have the feeling as if something within my spirit is changing. As far as I can even comprehend it something is changing. The level seems „altered“ now. The words that I am reading seem to penetrate me, as if I could integrate the ideas of the books better into my life. I read about polarity and understood something rather fundamental. (15-xx)
- 4 Before falling asleep perceived myself on a diagonal axis between the sky and the bottom of the ocean while I was constantly swinging to and fro between the ends of the axis. (16-06)
- 5 Fear while driving a car. Feeling as if other car was crashing into me; fear of impending accident. (20-04)
- 6 I am dazed; on the trail a woman was passing me from behind; as she passed I startled a lot and had the feeling as if she were walking through me. (08-00)
- 7 All my senses are in pain and my perception is altered: I see my hands as if covered with an indigo colored film of soot. I constantly wash my hands to get rid of it, but it doesn't work. It appears as if this film is located about 1–2 inches above my skin. (08-xx)
- 8 My body sensations and the mood of my dreams give me the impression as if the life energy were pulled out of the solar plexus. I have to focus to not sink into these sensations. If I let go I feel like being pulled into a black hole. That is how it must feel when the etheric body and the astral body separate from the physical body. My distorted perceptions show clearly that I am partly outside of my physical body. (also see dream 144) (08-xx)
- 9 Feel like being between two worlds. As soon as my thoughts have to be directed to the world I am stumbling over the slowness of my brain. The switch doesn't work, is blocked. Intuitive perception very well and fast. On one hand I am too fast with my inner perception, which then meets with that sluggish protein lump brain and on the other hand I am too sluggish to think analytically, which exhausts easily. (08-xx)
- 10 The theme: male – female rises inside of me: Anima and Anumus; it is about separation and union, about polarity.

- 11 The substance removes energy and adds it again: light/dark, fast/slow; shapeless/form. It feels like a combustion. I need so much energy: eating, eating. Have gained quite a bit of weight. The mental energy works on a higher level. I have a hard time studying. I have to force my way. Something blocks the synapses; the right and left hemisphere of the brain are alternately separated, hence sometimes o analytical thinking and then a again o intuitive female thinking prevails; inbetween some sort of intoxication with soot that covers everything with tiredness. (see dream #154) (08-xx)

Sensations

Calmness/Composure

- 12 A little calmer and more composed than usual, good grasp on things (01-00)
I am calmer as far as the future is concerned, optimistic, everthing will be all right. (01-01)
- 13 Take everything easy today and laugh about a lot that isn't really funny. (01-13)
- 14 Cheerfulness, optimistic, happy, strong, fit, better access to my inner world (11-04 + 11-06)
- 15 Concentration very good today – energy as well (04-06)
- 16 Good concentration, painted, feel balanced. Energy and strength are good, I do take active part in class, which I haven't before. (15-04 + 15-07 + 15-08 + 15-10)
- 17 Calm and composed, indifferent towards things that would usually get on my nerves. (09-01)
- 18 Composed towards unsettled things. (09-10)
Neutral towards things that got on my nerves before. (09-04)
- 19 Is mentally clear, feels more balanced, more centered. (05-01)
- 20 Mentally fit, despite little sleep. Good concentration until late at night, doesn't get tired. (05-03 + 05-04 + 05-05 + 05-10 + 05-11 + 05-12)
- 21 I can think clearer. Feeling of being closer to everything with more intense experiences. (14-07)
- 22 Very cheerful mood; I feel as if I am waking up from hibernation, mentally clear and with more energy. I can approach others better; I am not as introverted. (19-17)

- 23 Strong willed (05-13)
Supervisor says: prover appears more self confident and determined. (05-15)
- 24 All patients coming to see me have relationship issues. I feel more warmth and closeness towards them. (11-05)
- 25 For a few days now I have been singing and humming. (11-xx)

Behavior

- 26 Very childish, silly like a tired child, plays the jester and becomes cynical at the supper table. (07-04)
- 27 Feel witty, merry, relaxed, carefree, I laugh without inhibition, can laugh about banalities, everything is funny; sudden mood change from serious to silly, from laughter to sadness. Desire to be childish and the feeling not to be understood as such. That is why I feel good amongst children and the other provers. The childish condition is unbearable, my children like it, but adults appear to look at me with suspicion, my humor is not recognized. (17-xx)
- 28 Mood excited, like butterflies (like in love) in stomach, with subsequent sadness and depression. (15-01 + 15-03)
- 29 I am laughing, confused about my mishaps, thinking it is unbelievably funny. (09-00)
Cheerful, laughs without reason, good mood. (09-02)
- 30 Laughs a lot, as if tipsy, motions fidgety, as if floating. (20-01)
- 31 Speech is fast and silly, laughs after every sentence; rebellious. (16-02 + 16-18 + 16-20)
Feeling to be lighter, more relaxed, chats during class, is vivacious, extroverted. (16-04)
- 32 Checks repeatedly if the bicycle is still there. (16-xx)
- 33 Whining with pain, feels helpless. (16-26)
- 34 Speech is calm as if everything was under control. (09-xx)
- 35 Speech sluggish as if intoxicated. (20-01)

Concentration failure - Confusion

- 36 Tonight while studying I actually don't understand what I am reading. I read the sentences repeatedly, but somehow nothing finds its way into my head. (01-36)
I am not receptive, have a hard time understanding. Besides, everybody who wants something from me gets on my nerves. But frequently I appear cheerful on the surface and have to laugh about many things. When I am stressed out I want it quiet and can't look anybody in the eye. (01-37)
And again I am not very receptive at school. I also forget many things. (01-41)
- 37 I am getting soft in the head, had to read things three times. (19-00)
Difficulty concentrating, as if in a fog; desire quiet; would like to lie down; when someone talks to me I find it bothersome. (19-00)
- 38 Today I feel that I can't keep up with class. Everything happens too fast, I can't even catch up with the class content. It is all too much, that makes me panic. (04-27)
- 39 I misspell words increasingly and have to correct myself constantly. (04-22)
- 40 My memory for names is bad, I can't even think of names of my friends spontaneously. (04-07)
- 41 Slow speech and thinking, have to make an effort in order to understand anything. It feels as if my energy is being drained. Help!! (08-01)
Monotone condition, everything slower, senses limited, perception as through foam. (08-03)
- 42 I am forgetting names; I have to search for a while in order to remember names of people who I am with. I experience a delayed perception: I see and hear everything but can't apply it. I can only remember half, if that. I have to focus completely on my hearing to register anything. (08-28)
- 43 Can't concentrate, forget everything I read; can't absorb anything anymore; everything is like in a dream, a movie. (08-23)
- 44 Make mistakes while writing; forget letters. Writing comes hard; also no coordination between thinking and acting. The rational thinking, expressed in words, is slowing down; use mirror writing, write backwards. (08-xx)
- 45 I can't store anything in my short term memory; I can only recall old memories. Reading is hard. Nothing sticks with me. (08-xx)
- 46 While writing in class I consistently make mistakes: mix up letters, leave letters out or write odd things. (15-04)

47. Feel pressure, can't work through the class material. Feel bothered by visitors. (05-15)
Feeling of not being able to retain any information. Desire for quiet, exhausted. (05-21)
- 48 Difficulties concentrating (05-17)
- 49 Not concentrating, bored, indifferent. Constantly get the dates mixed up. (09-00)
- 50 If I am not entirely focused and pause my activity, I am „losing“ it immediately. (09-00)
Concentration difficult, memory bad. (09-06 + 09-28)
Concentration bad, weighing like lead; > after eating (09-72)
- 51 Can't articulate herself properly (09-00)
- 52 Couldn't communicate with friends, wasn't able to follow the conversation. (17-34)
- 53 Weak concentration with feeling of fever, tiredness and weakness and severe feeling of being sick. (14-27)
- 54 Concentration difficult, feeling of being stupid; need several hours to write down dream; I am drifting into nothing for seconds or more, as if not reaching with my feet to the ground. „Trance is like being on a wave, not so material“. (16-01 + 16-18)
In a trance, altered perception. Perception with the senses and assimilation slowed down or it feels as if everything were slower. (16-18)
Concentration difficult, have to repeatedly read same sentences. (16-06)
- 55 Thinking is limited; concentration very poor; confused, forgetting things (for example returns three times a day to the store); forgets to make dinner, because is very busy dealing with other unnecessary things, which need to be completed. (20-01)
- 56 Activities delayed; everything happens very slowly; everything is exhausting; can't get anything done; constantly rearranging, but the result is in no relation to the time invested. (20-xx)
- 57 I am well rested and yet clumsy, dropped a pot. Out of an inner restlessness I also knocked over my teacup. My feeling: „You are clumsy“. (04-20)

- 58 Fear to pick something up because I could drop it. My hands are very insecure when others look at me. (07-39)
- 59 Am waiting for a colleague to get a ride from her; suddenly realizes that she came with her own car today. Confusion, forgets appointments; doesn't remember whether her husband picks her up or not. (13-01)
Confusion, unnecessary panic when leaving to catch the train. (16-12)

Restlessness.

- 60 Inner restlessness, is if my puls were accelerated, with excitement, as if I had had coffee. (14-22)
- 61 Complete mental restlessness, thoughts are chasing each other in a tired body as I wake up at night. I can't find mental calm. (15-09)
- 62 Hectic and restless, runs during a walk. (13-06)
- 63 No concept, chaotic while renting some skates, and yet daring and high-spirited during skating. (16-17)
- 64 Doesn't allow any rest, has to finish what she started, eventhough she is worn out and has no strength. (20-xx)

Fear

- 65 Sudden fear of a hand reaching over the headboard for my head. I have to protect the top of the head with my arm. (16-72)
- 66 Fear at waking up that someone is in the room and will do something to me. (15-10)
- 67 I am getting scared as I see someone approaching my car. I think, I will be robbed. (08-00)
- 68 I am scared and nervous. Feeling of loneliness, I can't trust anyone and vice versa. I also don't know what to write down, it makes me nervous to know that a stranger could read this. (07-10)
- 69 Fear about health, hypochondriac; > distraction (16-26 + 16-28)

Sadness- Melancholy - Isolation - Death

- 70 No motivation, depressed and pessimistic towards evening; would like to go home and do nothing for a change, just watch TV and vegetate. (01-14)

- 71 I am depressed and sad and feel lonely (01-15)
I have to cry when I talk to my wife on the phone. My voice is sad. When she says that I don't sound good, I start to cry and feel completely lonely and sad; I miss taking her into my arms and being able to lean on her. I felt something like that 10 years ago when I was first lovesick. (01-28)
- 72 When I leave the house I feel abandoned, lonely and not understood and would like for someone to hold me. With tears in my eyes I have to think of the text: „Maybe you won't fly, maybe you will only walk, somehow, somewhere, to understand.“ (04-13)
Feeling deeply distressed I want to write down the lyrics of a song: „There are days when I wish I wasn't here in this world full of sorrow (sigh!), but my strong love for you; yes, that is what keeps me around; yes, that is what tortures me. Torn between two feelings I feel empty inside, should I dare it or lose courage; should I say what I love more; should I say that life is hard?“ (04-20)
- 73 Pensive and melancholic, easily influenced by external impressions. If something isn't going my way, I lose interest in everything. (14-02)
- 74 Subdued mood – sad (05-28)
- 75 The only way to get rid of my depressed mood is being silly, to laugh a lot and being contagious that way towards others. I am feeling insecure doing so, afraid to lose control and that the others might notice that. I would like to hide. (07-31)
Melancholy, discontent, insecurity – can't confide in anybody and covers this emotion towards the outside in an exaggerated fashion. (7-31)
- 76 As I am going for a walk I have the desire to lie down in the snow and die. (07-24)
- 77 I don't want to go on anymore, I want to die; feel homesick; I feel isolated, cut off from my environment. (08-23)
- 78 All of a sudden I have to cry for no reason. (08-xx)
I feel like crying, but I don't want to be touched; > good, intimate conversation with another person; anger is bringing tears to my eyes. (19-11 + 19-13 + 19-32)
- 79 Sad and moody, getting to be slow and tired. (17-00)
- 80 Tendency to shed tears that no one is supposed to see. (11-09)
- 81 Feeling of emptiness and burnout because of the death of my bird. (11-24)

- 82 Sad mood as if paralyzed, mentally and physically. Wanted to stay in bed and cry. Couldn't get anything productive done all day though there was plenty to do. (Normally that has never been a problem for me.) I am not flexible and can't adapt well to changes. (15-13)
The death of my cats pains me deeply. I accuse myself with no ending of not having done for her what she needed. Wants to be alone in her sorrow and not talk about it (15-30)

Loss of sense for time – delay – distance

- 83 It appears as if time goes by way too fast. I am always behind, can't do the important things. I have the feeling I am half asleep. I can't catch up with time. (04-22)
- 84 I feel separated from the world, like by a rubber skin or a window. Can only react with delay, slowly and with difficulty. The world is like an aquarium and I am standing in front of it. (08-01)
I feel as if dazed, intoxicated. Feeling as if my strength were pulled out of my solar plexus; > during eating. (08-01)
Feeling dazed and diminishing of senses increases; I react with delay and feel unusually calm. Time passes so quickly; I can't even absorb half of the class material. (08-xx)
I am isolated, separated, everything just passes me. I have no feeling for time anymore, time passes so fast, I can't grasp it. Everyday passes as fast as the next, but I am always behind. (08-xx)
- 85 Slower than usual, less hyper, want to be by myself (05-01)
- 86 No feeling for time; time doesn't matter (20-01)
- 87 It takes me an unusual amount of time in the morning to switch off the alarm and then I have to think about why it rang. (16-01)
I can't comprehend anything in class, I am not „somewhere else“ with my mind, I am not even „there“. (16-02)
Dazed, in trance; in class I can only concentrate on one thing; can't even drink at the same time, otherwise I don't get it. I am not reliable, don't feel guilty about that, rather indifferent. (16-xx)
Delayed perception and reaction. Feeling of being disoriented and homeless. Moments of complete blanks; frantic effort to concentrate, with the sensation that everything is being drawn together between the eyebrows. (16-xx)
- 88 Slightly dazed getting up in the morning. I am sitting and time passes. I don't have any feeling for time. In the evenings I have no idea how late it is. I have never needed a watch, but if this continues I will need one. Feeling as if I am

not living in real time, feeling of loss of orientation as far as time is concerned. Time chaos!!! My daughter goes to school, comes back 10 Minutes later and complains that I woke her up an hour early. Now I realize that it is still dark. (13-xx)

My family thinks that my head is somewhere else. I feel that the flood of thoughts, that usually passes through the mind, runs around the head and keeps it clear that way. (13-04)

89 Dull feeling as if in cotton. (07-01)

Everything feels very remote, as if I were a spectator in a movie, as if sounds needed more time to reach me, as if everything were a bit slower, at the same time I feel agitated and impatient. (07-02)

Feeling that time passes slower. (07-36 + 07-37)

90 Everything is slow, time passes too slow. (09-01)

91 He played everything down, only a month later was he able to release his feelings. (09-xx)

Loss of orientation

92 I almost caused an accident driving. I hit the side walk full on. Orientation distorted. I also forgot to buckle up. (08-23)

93 Feeling of loss of orientation in the metro station. I thought the metro was going the opposite direction. I got lost reading the map and was distracted and confused. (04-06)

I am talking to a friend, the radio playing in the background. I ask my friend about a word he had said. In reality it came from the radio. I am asking myself: „ Am I stupid now?“ (04-30)

I was at the library and wanted to get my books at the check-out. The woman at the check-out told me to line up at the other side. I didn't understand what she meant and lined up wrong. She reacted in a irritated and rude manner. I left angry and depressed. Then I dropped my favorite cup at home and the handle broke. (04-20)

94 Feel lighter as I am walking, when I am standing in the metro I can hardly keep my balance. Feel shaky all morning long; stumbled on the escalator and when boarding the bus. (16-02)

Feeling of floating, unreal. (16-03)

Dazed, trance, not aware and alert enough combined with the feeling not being able to react effectively if in danger, but less fearful. (16-10)

95 I have a hard time adapting to the change of location. For many hours I was in a fog and needed a lot of time to arrive mentally. (15-xx)

I was far away, not quite there, as if in hibernation. (15-xx)

96 In bed at night I feel as if I am falling out of bed. (7-37)

Indifference

97 Indifference, emotionless, can't react towards external impressions, moodswings. (9-01)

I sit in apathy staring into a void. (9-18)

Without enthusiasm, without motivation, worn out. (9-24)

98 The prover appears towards others as cold and without emotions (16-03)
Not moved by the death of brother-in-law, but vivid imagination watching a movie. The feelings are intensified, penetrate deeper with stomach cramps at the same time. (16-16)

99 Indifference towards my class that I am leaving after 4 years (11-32)

100 Indifference, nothing matters; feeling of duty and moral doesn't matter anymore; neglects duties, busy with trifles. (20-xx)

101 As if numb, I feel separated from my feelings, anesthetized, even though I am aware of everything. My
Emotions are inhibited, heavy and slow. Not even the traffic jam gets on my nerves as usual. (17-06 +
17-14)

Quiet – Retreat

102 Wants to be alone, not disturbed (5-16)

Desire for quiet, irritable, nervous (5-22)

Desire to retreat inside searching for stability. (5-28)

103 Retreats to the inside, as if disconnected from the outside world; nothing reaches from outside, doesn't want to have part in the exterior world (20-01)

Quiet, doesn't talk much, has the feeling of not finding the right words. (20-02)

Doesn't want to speak, afraid of not finding the right words or to lose the train of thought. (20-01)

104 My misery is everybody else's fault, want to be quiet, did retreat and slept more. Unfriendly and turning everyone away, don't want to cuddle, crawl under the covers, don't want to be touched; aloof. (7-01 + 7-02 + 7-03)

Prefer quiet, don't want to talk much (in company). (7-29)

Desire to be by myself. (7-34)

105 Doesn't want to be bothered by questions. Introverted, he watches playing with his hands for quite a while. (9-xx)

Sensitivity

106 Sensitive to car noise (14-04)

107 Sensitive to odors (16-05)

108 The shrill sound of the alarm clock is unbearable. (16-02)

Noise sensitivity, can't tune out other peoples' voices, ignore them or tolerate them (16-09)

Acute hearing, irritated by conversations of others, can't evade myself. I can't find a balance in regards to initiating contact on one hand and setting boundaries on the other. (16-11)

Mood – Irritability – Anger – Struggle - Rage

109 I am bothered by the useless gabbing or the lack of motivation for work of the others. I complete my job consciously and with pleasure. I am goal oriented. Hence it annoys me when colleagues have the attitude that „someone will eventually complete the job.“ (4-21)

110 I almost lost it today during an argument. I felt humiliated. My first feeling: „I want to throw him against the wall.“ And after that: „What is the sense of living.“ But I don't want to talk about it, don't want to always justify myself. After the argument we keep a distance and act cautiously. I can handle it and don't try to smoothe it out. I know that way I can't get hurt. (4-22)

This destructive substance doesn't let me come to a rest and it wants to attack me from within and the outside. I try to fight it. (4-27)

111 She wants to drop out of the finals and find herself again. (15-xx)

112 Irritability at beginning of menses (5-02)

113 Irritable – flip a driver off that cuts in front of me (liberating feeling). (19-01)

Very irritable playing volleyball; finally make my opinion known and feel really good about it; not the usual guilt. (19-02)

114 Excitable with weakness and trembling. (19-02)

115 Neighbors noise is irritating me a lot (didn't do that before); could really freak out over it. (7-01)

Great irritability, picky with others, everything gets on his nerves, commands and orders the family

around, is constanly nagging, controlling towards son, yells about trifles. (7-01)

+ 7-02 + 7-03)

Rage, feel like being fooled, don't feel taken seriously. (7-04)

I react irritated when criticized. (7-33)

116 Angry and bitchy without mercy (like Sepia); gives everyone a piece of her mind, but can't be touched

herself; dishes it out right and left, but nobody gets the chance to get back at her. It is about being right and resisting (like Causticum). We tore into everything and everybody without mercy. Clarity, cutting, analyzing; impatient. Condescending attitude towards others, for example bums in the metro annoy me;

feel very self-confident, very strong, nobody can do anything to me that I don't want them to. Always

coming back to the same old stories. (22-xx)

117 Irritability towards cold and pain (16-02)

React irritably and stressed out and am pert; aggressive with a lot of long lasting tension and extreme slowness. (16-xx)

118 Irritable towards supervisor because she doesn't believe what I say. (9-00)

Aggravated by noise but doesn't show it. (9-xx)

Discontent, restless, irritable, excited with cold, clammy hands, fast pulse and trembling. (9-11)

Irritable, wisecrack, need „to nag“ about unfairness and inability of the others. (9-39 bis 46)

119 Am yelling aggressively, swear at others, react irritably; having a temper tantrum over trifles, screaming and rage increase as I give in to it. Apologize later at my kids. I am changeable: aggressive, restless, extremely sensitive, irritable and out there. (17-00)

Feeling of a surge of aggression, have to „pull the plug“ to mellow out. (17-28)

120 Am easily irritated; can't stand getting caught in traffic; I experience it as a personal impediment; am out of balance. (8-09)

121 Bad mood in the morning (11-12)

122 Feeling of being overwhelmed, burned out and weary. It irritates me that I can't handle anything anymore. Just want to rest and do nothing. (14-08 + 14-10 + 11)

123 Aggressive in the morning getting up (20-04)

Modalities

124 Desires consolation, wants to rest head while talking. (9-00)

125 Desire to dissolve, to melt into one with partner, to cuddle, desires tenderness, the other gender, body contact; at the same time doesn't want to talk. (20-xx)

126 > eating (8-xx)

Dreams

127 Brain surgery and brain manipulation. I was a nurse. The doctors left the patient for ever with an open skull. (20-01)

128 People are being categorized by their idiosyncracies. (20-03)

129 Totally in school; feeling of isolation. Nice man with a beard comes and shows around. Main attractiOn of festivities: airshow, airplane landed on meadow. It took anotherone down and both crash.

Prover wakes up dismayed, can't conceive of crash. This feeling stays with her for a long time. (20-10)

130 I am with a beautiful young man, very delicate, very feminine, long blond hair, surrounded only by the most exquisite, expensive things. I think, he is great. Night comes and we are cuddling, it's wonderful. I go to the bathroom to brush my teeth. While taking care of my teeth and thinking about the man I completely lose track of time. The young man is angry with me. But I explain it to him and we have a remarkable, philosophical conversation. We get closer and suddenly he is a woman. (22-03)

131 Ran an errand with my sister. When we come back we can't find my car. I am searching in the street. My name is being called, but I don't know by whom and from where. Then I remember the parking lot, but when I get there it isn't there. I don't have money to make a phone call or to get home. I feel helpless and confused. (13-01)

132 In my old school I am looking for a teacher to discuss something with him. When I stand in front of the teachers' lounge I can't remember his name. But then I remember it. Someone brings a list with all the names, but that name is not on it. Nobody knows why. General confusion. I don't understand any of this. I was completely disoriented. (13-01)

133 I am at an event and when I get ready to go home I can't find my jacket at the coat check. Others point at various jackets, but as I take a closer look I realize that it isn't my jacket. (13-03)

134 I am sitting at the sea shore and am looking at the water. I can clearly see the bottom: sand, rocks, seaweed. As I am seeing this I move further and further upwards. I am very far away and recognize the complete structure of the bottom of the ocean by all the different colors. (13-03)

135 I am with a few others in a prisoner camp to free prisoners. It is a difficult path over walls and fences. When we get there our intention is turned into the opposite: we are guarding them and allow terrible things to be done to them. I find it to be cruel, but don't fight it. Wake up feeling guilty. (13-14)

136 I am at a beautiful beach. Suddenly there are trenches all over. I am helpless and don't know where to go. (13-14)

137 I have three long warts in my face. They look like Pinocchio's nose, 5" long. I pulled out one, two are left. (13-23)

138 I am in a boat on the ocean. I am busy doing something. Time goes by. It gets more and more foggy, I can barely see the boat. The shore is blurred. It calms me down that I can still see the sun that shows me the way back to the shore. (13-24)

139 I am standing with 5 others under a group of trees. The wind picked up, one can hear rustling in the trees. Suddenly there is a loud cracking noise, we all look up. I saw a brittle, broken branch hanging down. All of a sudden a young man was hit on the back of his head with a piece of wood that came down extremely fast. He collapses bleeding. Apprehensiveness was in the air. The wound looked as if the piece went right through his head... Then I see an old man (a shaman, I am wondering?) helping his apprentice to carry a sack with the same pieces of wood...

Feeling: I felt foreign powers – seemingly all mixed up and yet relating to each other. I noticed that I acted immediately, took responsibility and a leading position even though I had no direction. (8-00)

140 Merry-go-round at a fair; it starts turning; I am accelerating it; it goes real fast and flips over; the chains tear; I was scared and felt guilty. (8-00) (see dream 163)

141 Friend leaves his girlfriend; I feel responsible, even though I have nothing to do with it.

Feeling: in my dreams I was always „in relation“ to something (8-00)

142 Argument between man and woman; woman wants to kill man, beats him, covers him with a plastic film. She wants him to suffocate. The next day he stands in front of her and they continue to argue. (8-01)

143 Desert, catastrophe, we have shovels to dig a big hole for a mass grave; we start to dig a hole in the middle of the desert. It is war time, many people die.
Mood: strangely calm with premonition (8-01)

144 Snow at the peak of summer in Rome (8-03)
Comment: Dreams are intense. I am conscious of the transition from sleep to being awake, but unfortunately the impressions slip away with the delay in time. I can't hold them. It reminds me of a trance with a black out. I feel split: transferred halfway into the invisible etheric or astral body.

145 I am in a concentration camp; an atmosphere beneath human dignity. (8-07)

146 Nuclear explosion on a beautiful island; we flee into a cave; paradise turns into a grey desert. (8-13)
Comment: innocence was lost by human doing.

147 Issue „Woman“: I am afraid that she will leave me (8-22)

148 I walk through a destroyed city; in an aquarium I see sharks eating people; I am scared to death (8-22)

149 About an expedition to Mars: the take-off was very exciting, the acceleration and then the weightlessness. (8-26)

150 Scene on a South Pacific island: I am waiting in the harbor for a ferry. A man wears the picture of a woman he is looking for around his neck. I point out to him that below deck is a whole camp of people, maybe the woman is one of them. (8-28)

151 Order of the military to protect a pass. A comrade sits like a mummy, as if frozen, fallen asleep in the snow. But he wakes up again and moves.
Comment: strange atmosphere in the dreams; no context. Dreams make me feel rather like a witness even though I am also acting. (8-29)

152 About earthquakes, numbing noises, ground drops into an abyss in front of my eyes; encounter with a woman; it is as if we stood on top of a volcano. (8-30)

153 By way of an imagination I can perceive thoughts and feelings of 25 people simultaneously. (8-30)

154 About a cosmic catastrophe, a huge explosion; strong nuclear and electro magnetic powers are influencing me; complete darkness, just a pulsating tone; I wasn't able to realize whether I was moving with a gigantic speed or stayed in complete calm. Density increased and we moved towards a tiny point, smaller than an atom, a point of light – after that complete silence, peace – unspeakable. Witness of the unspeakable; all in one; freedom without opposites, everything was consciousness. A woman passed through this point with me. It was about union. That is how time and space regressed. I experienced it as an alienation of my „self“ but did it out of affection for that woman, harmony on the mental-spiritual level: out of both (man and woman) arises a new universe, creation arises. The male is the form, the female is life, color is the content.

Comment: I didn't want to wake up from this dream, it touched me completely. For a long time I was dazed by that dream. (8-45)

155 About invasion (liberation) in which the rebels are shot in their positions (without sounds). I am close to the president's palace or fort. Negotiations with stubborn and dangerous dictator are halting. I go to see him and we have a great conversation for more than an hour (understanding). (9-13)

156 I am looking at the wall of a deep ravine. Then I am on the edge of the abyss, dancing; later I am taking a shower in a cabin on the edge, outside is a big storm, rain is drumming against the door. Investigations are being made and information is being collected. (9-15)

Comment: my thoughts: Did something happen? – Murder? – Was I part of it?

157 I am driving through town with a friend, we want to do something. In the car is a brick, which evil or possessed by the devil. We are driving to a dump to get rid of the brick, but when we are doing it, all of a sudden my friend is possessed by the devil. He speaks with a deep voice and says: we have to get the brick back to be free.

Feeling: I want to do something nice and get involved; I can't get out of that bad situation. A higher power, „the evil“, is playing with me; I am at it's mercy. (7-08)

158 In the Middle Ages: an enemy army wants to conquer our country. I am a simple man, but want to fight with others against the predominant enemy. At the same time I have to watch over my little sister who I am supposed to bring to a secure place.

Feeling: I am fighting with courage for the right cause, heroism! But at the same time I can't believe in our victory. (7-09)

159 In Germany or the world anarchy is reigning. Poverty and violence are spread all over, however, I am doing fine.

Feeling: around me is hell, but I am still in heaven (7-22)

160 The high tide washes away our tent and everything we brought with us for our vacation. I get into a panic, feeling of a threatened existence.

Comment: After waking up from this dream I was completely exhausted and wasn't able to go back to sleep for a long time. (5-00)

161 I am driving home with my sister and see a German shepherd in the middle of the road. He starts to chase us immediately. I was terrified and got into a panic, ran towards my parents' door that was locked.

Comment: I was still scared when I got up. (4-12)

162 I have to protect myself and some colleagues from the outside world. We came to some sort of bunker about the size of a warehouse that was divided into different compartments. We had to flee constantly from some danger coming from the outside world. When I got in contact with the outside, some dead people were lying in front of my feet. Afraid of gas, radiation etc. I ran back to the bunker.

Comment: When I woke up from that dream I was drenched in sweat and very fearful of this danger. (4-23)

163 I am riding with another woman (someone I am very grateful to) in a merry-go-round. It spins faster and faster until we lift off and move in the air. (4-42)
(see dream 140)

164 I am hugging a woman and lift her up. She laughs. I feel a sense of freedom, cheerfulness without guilt. (1-09)

165 The ocean was quite stirred up with big waves and I didn't dare to be on the edge of the cliffs. It was eerie, as if the ocean wanted to swallow me. (1-05)

166 About the ocean: the sight was euphoria and excitement on one hand and respect and uncanniness on the other. (1-03)

167 About drums that are wearing wooden masks.

Feeling: Not understanding, not getting it, wanting to fathom, explain, understand everything, but not being able to accomplish, finish anything. (16-01)

168 Climb over a fence onto forbidden territory, cross a mountain ridge, pass forests, hear a chain saw, ranger cuts three beautiful, old pine trees that are slightly bent by the wind.

Feeling: doing something forbidden; destruction of the wild and raw land; resignation about destruction and stupidity of people. (16-04)

169 Dog is chasing deer and moose.

Comment: I don't like dogs. (16-02)

170 An old Sport-Olympic stadium, with an old fashioned hospital is located on a mountain top.

Comment: Mood and rooms were dark, gloomy, hopeless, narrow, limited, narrow minded, not flexible = ancient stiff times. (16-05)

171 Young beechwood, its trees got cut down. Next to it is a nature preserve sign. (16-09)

172 Climbs on a mountaintop to flee from a danger. There is a monastery with an exhibition of paintings containing two famous paintings: „burning trees“. They remind me of Moses and the burning bush. (16-11)

173 Sees an Indian tribe on a mountain ridge that disappears after a few seconds and then reappears: led by three old man wearing lots of feathers. I see white smoke rising and they disappear again.

Comment: not knowing what is going on. Being able to get a glimpse of the spiritual world beyond my perception. (16-19)

174 Scenes of persecution and mass destruction: many corpses – a lot of blood. I am terrified, a river is filled with dead bodies, the water stained red by blood. The mood is like after a catastrophe, after a war.

Comment: I am not touched by that. (19-00)

175 Several dreams in a row about relationships that I terminated. (19-xx)

Vertigo

176 Slight dizziness when riding a bicycle (9-00)

177 Slight dizziness with inner restlessness; > eructation (14-22)

178 Repeated spinning sensation with slight nausea; > distraction, company
Massive dizziness while and after ascending stairs. (15-xx)

179 Dizziness with nausea (16-xx)

180I got dizzy and had a black out on the metro; the heater appears hostile; > fresh air (13-12)

181 Dizziness when waking up with trembling in solar plexus (8-34)

Head

Hair

182 Hair flat as if pressed, doesn't fall right (4-02 + 4-03 + 4-10)

183 My hair is very stubborn, unkempt (7-01)

184 No elasticity of hair, very greasy from one day to the next, like in puberty (11-11)

185 Hair greasier faster (19-14)

186 Hair not pretty even after washing it; very discontent with appearance. (15-05)

Unusual sensations

187 Feeling as if skull will burst upwards. Feeling of not being able to retain any additional information. Desire for quiet, exhausted (5-21)

188 Headache as if top of skull lifted; > pressure (14-09)

189 Sensation as if cold were pouring out of center of skull. (8-60)

190 Sensation of weight on my head as if it were pushed backwards. (20-21)

191 Pressure in head with sensation of a roaring noise in ears (23-xx)

192 Sensation of pressure around part and above temples (13-xx)

193 Have a hissing sound in my head. It produces sort of a calm because it is so monotonous. (8-01)

194 I have the feeling of having to shake my head (19-00)

Headache

Unusual perceptions

195 Headache as from hairband, a band around the head with ears fallen shut (22-xx)

196 Vibration at bottom of skull, behind eyes and at temples with a sensation „as if remedy is happening in head“. (19-00)

197 Sensation of everything drawing together between the eyes. (16-xx)

198 Dull headaches, extending into temples, especially left temple; > eating (11-00)

199 Pressing headache from the inside out, as if brain were falling apart (maybe intensified by anger or change of weather). I can't do anything anymore; warmth and quiet >. Got a shivering fit an hour later and after that the feeling was gone. (11-13)

Sensations

200 Stitching headache, left side, like a migraine attack, with shivering, headache started in the morning and was around latently for the rest of the day; > lying on painful side (11-19 + 11-21 + 11-22)

201 My dull, pressing headaches mainly in forehead, temples and eyes are better, any stimulation made it worse (improved symptom) (1-06)

202 Dull headache in one point (left eyebrow, forehead and occiput) increasing and decreasing, with pressure in neck. Some hours later it changed to the right side of forehead. > motion and distraction (5-00)

203 Dull headache in right forehead upon waking up (5-01 + 5-17)

204 Dull headache in left forehead (5-24)

205 Dull pressing headache in forehead and temples (17-xx)

206 Pressing headache (13-00)

207 Headache presses from the top; > pressure (7-22)

208 Pulsating headache extending from back of head into forehead, ears, temples, eyes and neck (8-xx)

209 Stitching headache in forehead with heat in head (9-00)

210 Stitching headache in forehead (14-26)

211 Stitching headache with pain in eyes; > darkness, < light; < eye motion; < mental activity (9-04)

212 Stitching headache under top of skull upon waking up,
> strong pressure/massage; > light motion in fresh air
with tension in neck, everything feels shortened, desire to stretch
< abrupt motion, < exhaustion (9-24)

Location

213 Headache from forehead extending over head to back of head (16-13)

214 Headache ascending from neck into back of head (14-00)

215 Headache in neck ascending with pressure in temples and part; pulsating in temples and dull feeling in head. (13-xx)

216 Pressure in forehead and eyes. (15-02)

217 Pressure in head, mainly in temples and behind eyes (19-00)

218 Pressure above eyes when looking up with sleepiness and pain in limbs like the beginning of a cold. (15-16)

219 Left sided headache, with weakness, sweat and nausea; > eating (9-18)

Eyes

Unusual perceptions

220 Eyes heavy, vacant stare.

Feeling as if there was chaos behind eyes; it is buzzing behind eyes. (19-00)

Sensations

221 Eyes are burning upon waking up. (9-04)

222 Burning eyes upon waking up and during the day (14-22 + 14-23)

Burning of eyes as if having conjunctivitis; > closing eyes, pressure, darkness and fresh air (14-19)

223 Burning of eyes with feeling of overexertion and overtiredness (16-xx)

224 Burning of eyes (15-02 + 15-03)

225 Pressure behind eyes (9-05)

226 Feeling of pressure on eyes (16-01)

227 Feeling of pressure from the inside towards the outside. (8-01 + 8-21)

228 Pupils contracted (16-00)

229 Dryness of eyes with burning (9-05)

230 Dryness of eyes, as if sand in eyes (11-23)

231 Conjunctivitis in right eye with feeling of grains of sand (20-xx)

232 Feeling as if a styne were coming on (11-23)

233 Crusty secretion in corner of eyes (14-01)

234 Eyes photosensitive; sunlight is truly annoying (19-01)

235 Twitching of left eyelid (14-23 + 14-24 + 14-25 + 14-26 + 14-27)

236 Twitching of left upper lid (16-32)

Eye pain

237 Stitching pain (corner of left eye) while closing eyes; the painful spot turns out to be a ruptured vessel (11-24 + 11-25)

237 Headache with pain of eyes (9-04)

Vision

239 After moving the eyes from one point to another (object) the first image stays like a „light-dark“ shade for another 5 seconds (slow build-up of rhodopsin {formerly called visual purple R.G.}). (9-03)

240 Difficulties differentiating lines (reading), one line becomes blurred with the one below (16-05)

241 Unfocused vision, sensation as if eyes are turning inward. (20-01)

Ear

Unusual perceptions

242 Sensation in ears as if waves of hot and cold would go through them. (19-05)

243 Sensation as if cold water were running out of the inner ear (16-09)

244 Sounds of the least intensity pulsate and twitch in the inner ear. (9-04)

Sensations

245 Feeling of roaring in ear with pressure in head (23-xx)

246 High frequency sound in ears (13-05)

247 Sudden pressure in the ears with muffled roaring and a feeling of fainting and fear. (9-06)

Both ears go shut after little exertion that followed rest.

Cracking in both ears while yawning and swallowing, great pressure in middle ear. (9-21)

248 Ears shut, with headache radiating from the neck (22-01)

249 Pressure in ears as if in an airplane (16-11)

250 Pressure in ears after extended coughing (16-27)

251 Big knot behind outer ear (16-12)

Ear pain

252 Pain in the outer ear with the feeling as if something was too big in there. (15-05)

253 Stitching, tearing ear pain, < cold, > warmth

The least cold air causes ear pain; the ear not lain on hurts with the least motion of air (16-12 + 16-24 +16-xx)

Stitching ear pain on the right side (16-01)

Hearing

254 Hearing limited, ear drum as if inside out (20-01)

255 I can't hear well, have to completely concentrate on hearing to understand anything. (8-28)

Nose

256 Nose congested at night, but discharges runny and watery during the day. (4-xx)

257 Stuffed up nose alternating right and left side (5-24)

258 Stuffed up nose, left side (14-22 + 14-23)

259 Stuffed up nose, excretions running down internal throat (post nasal drip) (16-xx)

260 Stuffed up nose, mucus running down internal throat (post nasal drip) (20-09)

261 Partly stuffed up nose, I can't breathe well; > after getting up, then clear, runny excretions again. (7-01 + 7-02)
Stuffed up nose alternating with dryness in nose (7-36)

262 Clear, runny excretions right side, dry mucus membranes (5-17)

263 Clear, runny secretion (14-00)

264 Clear, runny excretion (16-xx)

265 Blowing nose produces light colored blood (5-18 + 5-22)

266 Sudden nosebleed, runs like a faucet (16-xx)

267 Excretion milky yellow, loose excretion, mucus membrane dry. Old excretions loosen up, look like little platelets. After blowing nose, it is completely clear. (5-17 + 5-19)

268 Yellow gluey excretion in the morning (7-03)

269 Good sense of smell, unpleasant and pleasant odors were intensified. (17-14)

Face

Skin

270 Pimple on chin (5-18)

271 Small firm pimples with red tips (7-07)

272 Dryness and redness around mouth. (7-35)

273 Itchy rash in eyebrows, skin slightly flaky, red and broken (11-01)

274 Dryness of lips (16-xx)

275 Cold sores (herpes blisters) on tip of nose (14-10)

Appearance

276 Swelling around eyes with sad expression (11-16)

Dark rings around eyes (11-19)

She looks tired today, different around the eyes, as if sick (11-19)

277 Pale face alternating with redness of face. (13-xx)

Sensations/Pain

278 Sensation as if there were a hole where the trigeminal nerve exits, with a pulling pain; < cold, cold drinks, sweet drinks. I saw a dentist, he couldn't find anything. The pain becomes gnawing and extends to right temple (11-21 + 11-22)

279 Pressure sensation at the root of the nose extending into upper teeth. (16-02)

280 Pressure in frontal sinus (20-01)

281 Pressure in sinuses with tooth ache and head ache (Pressure!!) (17-xx)

282 Sensation of emptiness in sinuses as if one blew everything out. (22-03)

283 Tension in jaw joint that shuts the inner ear; with constant effort to get rid of the pressure. (22-xx)

284 Pain in jaw joint. (13-15)

Mouth

285 Aphtae (1-01)

286 Aphtae (15-05)

287 Aphtae on roof of mouth (20-21)

288 Dryness of mouth (9-27)

289 Dryness of mouth in the morning (11-00)

290 Pressure pain in one spot on hard part of roof of mouth with slight swelling and induration (14-08)

291 Numbness of roof of mouth (8-00)

292 Keeps biting left lower lip while eating until she is bleeding. (15-xx)

293 Often chews on something (9-xx)

294 Bad breath in the morning (15-06)

295 A lot of saliva production at night staining the sheets. (4-47)

Tongue

296 Tongue rough and dry in a certain area (1/2" wide, across the tongue, half way down) with alternation of sensation. (5-15)

Tongue rough and dry (on the side of tongue, small stripe) (5-19)

297 Dryness of tongue with „ill“ taste (16-13)

298 Tongue with thick yellow-green coating (16-28)

299 Tongue gets stuck on teeth while speaking, tongue slips easily (20-02)

300 Sensation of heaviness of tongue; feeling of pressure on tongue; tongue is painful (8-00 + 8-01 + 8-06)

Burning of tongue with feeling of a „hole“; tongue coated white. (8-xx)

301 Blisters on tip of tongue (17-28)

Taste

302 Metallic taste; toxic, synthetic (17-xx)

Teeth

Unusual perceptions

303 Feeling as if upper front teeth were too long. (16-30 + 16-47)

Sensations

304 Incisors sensitive to cold air (5-15)

305 Receding gum on incisor, lower right side (11-15)

306 A piece of a molar breaks off. Dentist finds a big hole (caries) (haven't had that for many years.) (11-38) Later observation: 3 months later found another tooth with caries.

307 Gums sore; pressure or touching with tongue makes it burn. (15-12)

308 Bleeding gums when brushing teeth (16-xx)

309 Bleeding gums when brushing teeth (17-28)

310 Bleeding gums when brushing teeth (19-xx)

Toothache

311 Toothache in tooth with a filling (16-xx)

312 Pressure in teeth, feels fillings (17-xx)

313 Pulling toothache upon waking up. (17-10)

314 Pulling pain under molars extending to temples; biting teeth. (17-xx)

Interior Throat

Unusual perceptions

315 Sensation of crumb in throat, can't swallow it. (20-xx)

316 Feeling as if tonsils were tight and slowly swelling. (13-19)

317 She is under the impression that her tonsils are swollen (even though taken out years ago). Is aggravated by that pain, but has to make it through day. (11-19)

Sensations

318 Slightly dry throat, painless, had to swallow a lot of saliva to get it moist. (1-00)

319 Has to clear the throat often with slight hoarseness, painless; voice a little lower. Clearing throat brings up some mucus. (1-00 + 1-03)

320 Has to clear throat frequently producing thick mucus. (13-12)

321 Mucus runs from nose into throat (13-xx)

322 Mucus in throat, has to clear throat frequently (14-19)

323 Mucus running into throat, has to swallow constantly, has to clear throat often. (20-01 + 20-21)

324 Feels inner restlessness in throat. (14-00)

Pain

325 Sore throat around tonsils; < swallowing mucus (1-05)

326 Sore throat starts on the right side; < empty swallowing, moving lower jaw (5-17)

A little bit of a sore throat on the left side (5-18)

327 Sore pain in throat; < left; noticeable when quiet (7-00)

Sore throat; now right side < (7-01)

Sore throat, pain extending to right ear, better after getting up from bed (7-02 + 7-36)

Sore throat when swallowing, rough feeling in the evening. (7-04)

328 Sore pain in throat (16-06)

Pain in throat and roof of mouth when swallowing; throat extremely dry, can't swallow anymore without adding liquid; sensation that trachea sticks together with feeling of suffocating; has to drink every 20 minutes otherwise throat sticks together; hoarse in the morning, can't speak a word; throat and roof of mouth inflamed with visible eruptions on skin; painful inflammation of throat, sticky

feeling with dark red spots on uvula. The inflammation subsides and returns very intensely. (16-13 until 16-33)

329 Pain throat as if sore; < swallowing; cause: cold air (9-08)
Sore throat waking up; < swallowing; coughing up a sticky yellow crust (9-28 + 9-29)

330 Sore throat from cold wind (14-19)
Scratchy pain in throat; > warm drinks (14-19)
Sore throat upon waking up, disappears during day (14-19)
Burning in throat (14-24 + 14-25)

331 Slight sore throat; < empty swallowing; > warm drinks (11-07)
Rough and sore throat – airconditioning was too warm (11-08)
Slight inflammation of throat because of stuffy-warm air; > warm drinks (11-09)

332 Left tonsil painful; scratchy sore; > warm drinks; < empty swallowing (20-03)
Painful tonsillitis (20-21)

333 Sore throat; < swallowing (17-00)

Exterior Throat

334 Carotoid artery pulsating (11-19)

335 Lymph nodes in neck swollen (11-31)

336 Lymph nodes on right side swollen (16-01)
Lymph nodes swollen (16-13 + 16-27)

Stomach

337 Trembling in solar plexus, very unpleasant, extends into arms and hands (8-xx)

338 Solar plexus sensitive to pressure with stitching pains in stomach area (19-xx)

339 Heartburn (1-06)
Slight heartburn in entire throat (1-00 + 1-01)

340 Sour eructations as if entrance to stomach weren't shut. (16-26)

- 341 Constant eructations (20-01)
- 342 No appetite (9-06)
- 342 No appetite and easy satiety (15-15)
- 343 No appetite with emaciation (20-xx)
- 344 Extreme hunger; if she doesn't get something to eat soon, she won't be in control of her doings. (11-41)
- 345 Very hungry (15-04)
- 346 Extremely thirsty, drinks large quantities (16-xx)
- 347 Nausea with slight dizziness (15-04)
- 348 Nausea, stomach contracts, also while driving in the car or riding the train. (16-11)
- 349 Nausea before noon with lack of appetite (19-02)

Stomachache

- 350 Stomachache as if stomach contracts shortly after having coffee (11-28)
- 351 Cramping of stomach with emotions (16-16)

Abdomen

Sensations

- 352 Lots of rumbling, sounds and flatulence with passing gas (19-xx)
- 353 Flatulence during the day with the feeling of a gelatin or pudding tummy (14-21)
- 354 Flatulence; bloated feeling; < sitting; < pressure of waist band; flatulence without passing gas (20-04).
- 355 Intense swelling of liver (8-21)

Abdominal pain

356 Pulling pain in lower abdomen, dull, as if beginning of menses after heartburn (4-05)

Pain in lower abdomen changed, is stronger, dull, pulling, slightly colicky as if everything were pulling downward and with strong urging for stool. A lot of soft mushy stool. I am feeling weak and burned out; > lying in bed, hot water bottle and rest. (4-08)

357 Crampy, pulling, chirping (?) pain; < pressure (16-18)

358 Heavy cramping pain below navel; > lying on stomach. (13-11)

359 Stitching pain in left groin; intermittent. (13-19)

Rectum

360 Stool scanty (1-07)

361 Multiple bowel movements in the morning, sudden and directly after getting up (14-02 + 14-07 + 14-08)

Floodlike, thin, runny stool (14-01)

362 Multiple bowel movements in the morning after getting up (like stage fright) (19-09)

363 Several bowel movements daily (15-xx)

Diarrhea (15-01)

364 Strong urge for bowel movement in the morning, have to get up, feeling of diarrhea, but stool is hard (small balls) with a lot of flatulence. (4-06)

Increased bowel movements, stool explosive with flatulence and small balls of stool. (4-30)

365 Heavy feeling, pulling downward; sensation of full intestines; constant urge and frequent bowel movements (20-05)

366 Undigested, runny stool in the morning; as if the entire intestinal tract were cleaned out (20-06)

367 Diarrhea after large amount of fatty broth and tea, loud rumbling of abdomen before that. (16-02)

368 Strong pressure in rectum without urge for bowel movement (5-10)

369 I had a strong urge for a bowel movement and was in pain (like sore) because of pressing very hard. Feeling as if stool didn't want to leave me (sic!). But stool was soft with a lot of volume. (4-22)

Hemorrhoids again painful after strong urge for bowel movement. Feeling as if stool moved very slowly outward. However, the stool wasn't hard but the usual consistency. Very intense burning and feeling of soreness around anus, very sensitive to touch. Tiny bit of light red bleeding with it. (4-26)

370 Stool moves only with great difficulty (19-08)

371 Sore feeling in rectum after bowel movement (16-18 + 16-24)

372 Anus sore and painful (20-21)

373 Sore, burning feeling around anus (7-37)

Stool

374 Lazy bowel movement, looks like sheep stool (11-04)

375 Stool has a lot of volume (11-28)

376 Hard stool (14-21)

377 Stool undigested, runny (20-06)

378 Stool runny, floodlike (14-01)

Bladder

379 Strong urge to urinate made me get out of bed (1-00 + 1-01)

380 Profuse urination every night between 2 and 5am (9-xx)

381 Frequent urination at night between 11 and 4am (8-xx)

382 Have to get up frequently at night to urinate (13-03)

383 Profuse urination three times within one hour. I didn't know where all this liquid comes from. (11-01)

Urinating difficult, slow, thin stream (11-01)

384 Emptying bladder difficult, stream as if plugged (8-35)

Urethra

385 Slight burning sensation in urethra at the end of urination (11-01)

386 Inflammation of urethra after intercourse was cured. (patient)

Male

387 No sexual desire. (7-01 + 7-02 + 7-03 + 7-35)

388 Impotence in spite of great desire with sweat and hot feeling of entire body (9-00)

Female

389 Cramps in vagina, in right lower abdomen extending to anus (16-02 + 16-16)

390 Pulling pain in ovaries (29-21)

Menses

391 Menstruation early; light runny blood with small dark clots; bleeding relatively strong, slight discomfort. (4-21)

Menstruation very strong, bleeds constantly (light red very runny blood). (4-22 + 4-23 + 4-46 + 4-75)

392 Menstruation early (25 day cycle) (5-01)

393 Menstruation cycle short with little bleeding (15-xx)

394 Abdominal pain at beginning of menstruation, sore pain in abdomen; > warmth (11-45)

Menstruation with big clots and much heavier than usual (11-46)

395 Menstruation without pain (improved symptom) (16-16)

396 Weakness during menstruation with constant cramplike, dull pain in lower abdomen; > + < pressure (14-26)

397 Painful menstruation with nausea and weakness; > getting up and with movement (20-22)

Sexuality

398 Sexual desire increased (15-04)

399 Strong desire for sexuality and fusion (20-10)

Larynx

400 Sensation something is stuck in larynx and can't be coughed up. Feeling of dryness in larynx; thought I would suffocate and stood next to the door in the subway. (16-30)

401 Sudden hoarseness though didn't talk much. (16-33)

402 Voice is hoarse and sounds nasal (16-34)

Respiration

403 Shallow breathing with weak, insecure, fearful feeling in stomach and chest. Deep breathing improves my mood (7-14 + 7-15)

404 Breathing inhibited can't take a deep breath, like a weight on chest; > eructations (20-01 + 20-03)
Feeling of not being able to breathe in right; > constant eructations (20-21)

405 Breathing shallow and heavy; > yawning (14-xx)

Cough

406 Coughing with sore chest pain all day long (7-04)

407 Cough with mucus in bronchi (14-22)

408 Feeling of suffocating causes cough; after tickling in throat a coughing attack emerges from deep down in the lungs; it is so painful that I have to hold my chest while coughing. Feeling of not getting any air because something is blocked; I coughed until my face was bright red and I vomited clear runny mucus; the lungs hurt as if sore, especially after coughing; There is a prickling in the lungs as if vessel were popping. (16-xx)

409 Coughing with bloody expectoration; cough when laughing; cough from smelling strong perfume in subway; cough can't be suppressed, otherwise feeling she would suffocate; in bed at night the feeling of inhaling fuzz of the blanket. (16-xx)

Expectoration

410 Expectoration slimy with some blood, painless (7-09)

Chest

Sensations

411 Heat welling up from chest to head (16-26)

Pain

412 Stitching pain in chest after exertion (11-00)

413 Stitching pain in left chest while inhaling extending into left shoulder blade (20-01)

414 Stitching pain on edge of lower left ribs (19-22)

Lungs

- 415 Sore feeling in lungs. Feeling of not being able to breathe deeply, breathing inhibited; > constant eructations (20-21)
- 416 Stitches in lower left lung (11-23)
- 417 Sore, over-inflated feeling in lungs; mucous membranes of entire respiratory tract completely dry. (16-26)
- 418 Daily pain in lungs from tobacco smoke and when I wasn't interested in a particular topic of conversation. (16-xx)
- 419 Sudden cramp-like pain at base of lung, in back, extends forward towards chest. (16-02)
Pain in thorax appears to come from lungs. Feeling of lungs being overextended with sore feeling at base of lungs. (16-18 + 16-19 + 16-25 + 16-?)

Heart

- 420 Pressure on chest as if from anxiety (11-27)
- 421 Stitches in heart in the afternoon and the evening; that's how it must feel when someone has a heart attack. (11-31)
Waking up from severe heart pain. Stitching pain as if someone stabbed her a few times with a knife in chest. Spontaneously she thinks: hopefully this is not a heart attack. The pain is so intense that it concerns her. She gets up for breakfast but afterwards lies down immediately and sleeps soundly. The heart pain is still there; < thinking of it. Towards the evening the pain is almost gone but a feeling of soreness stays in thorax and back. (11-42)
- 422 Brief stitching pain in area of the heart; breathing deeply hurts. (16-26)
- 423 Consistent dull pressure, size of palm of hand, on heart, no panic; „heart pressure“ (17-xx)
- 424 Severe stitches in heart, sore pain (8-22 + 8-xx)
- 425 Strong heart palpitations (20-01)
- 426 Strong palpitations of the heart after eating; > walking in fresh air (13-17)

427 Strong palpitations of the heart that can be felt throughout the body, particularly in the carotid artery and upper abdomen. (19-04)

Mammae

428 Painful swelling of breasts (20-37)

Back

Unusual perceptions

429 Hot energy wave through the entire spine up to top of skull (8-00)

Sensations

430 Feeling of heaviness in neck like a weight (burden?) (14-00)
Increased tightness of neck muscles (14-05 + 14-06)

431 Pulling sensation between shoulder blades; > fresh air and > pressing shoulders backwards (14-00)

432 Muscles of entire spine tense (14-06 + 14-09)
Chill running up and down the back (14-19)

433 Chill running up and down the back (15-04)

Back pain

434 Severe neck pain in the morning, can't turn head all the way to the left (1-35)

435 Sudden neck pain descending stairs; can't turn head to the right, can't bend it forward nor backward (15-06)

436 Tight neck muscles; beaten feeling (20-06)

437 Neck pain with stiffness, worse right side; extends from neck to occiput; trying to rub it all the time to loosen the muscles (22-01)

438 Neck pain extending to the right ear; < lying, turning head; > motion (13-17)

439 Stitching pain in the neck and along the spine while bending the head forward.
Neck is tight and stiff (19-xx)

440 Muscle twitches in the area of the thoracic spine (16-xx)

441 Pain in lumbar area with stiffness of back; feeling as if back would break (16-xx)

442 Slightly pulling pain in lumbar spine; < sitting; > walking (13-03)

443 Back pain as if beaten; > motion, warmth (13-16)

444 Sciatica (8-xx)

445 Stechende Schmerzen im ISG-Bereich (?) und auch im kleinen Becken, teilweise Erstreckung in den linken Fuß (Ischiasverlauf) (19-13)
Stitching pain in pelvis area partly extending into left foot (along sciatic nerve) (19-13)

Extremities

Unusual perceptions

446 Feeling as if legs were stilts, I am not in contact with the floor (7-30)

447 Feeling as if my legs were made of rubber (14-21)

448 Feeling as if feet and calves are standing in ice water (14-00)

449 Limbs as if filled with lead, every motion requires a lot of will power and effort (9-21)

450 Heavy legs as if from sore muscles with feeling of sluggishness (17-14)

Sensations

451 Burning in toes (8-xx)

452 Numbness in palm of hand (8-38)

453 Stumbling gait; stumbling on escalator (16-02 + 16-03)

454 Hands fumble; clumsiness (7-39)

455 Clumsy (4-20)

456 Sweating in the back of the knees (11-27)

- 457 Twitching of left eye on falling asleep, startled from that. (5-00)
- 458 Involuntary muscle twitch in left arm (7-23)
- 459 Trembling of both arms and upper torso; trembling of muscles (8-xx)
- 460 Restless legs at night, have to move them constantly; that is terribly irritating (22-03 until 22-06)
- 461 Restless legs, has to move them (8-26)
- 462 Restless legs at night (7-36)
- 463 Weakness of hand, drops pen (9-00)
- 464 Lame feeling in left leg; > motion; have the feeling all my leg muscles are limp (like MS) (11-33)

Cold - warmth

- 465 Ice cold hands and feet, but head is hot and red (5-29)
Ice cold hands, doesn't want to touch school desk because it is so cold. (5-30)
- 466 Ice cold hands and cold back. (15-04)
- 467 Feet and hands are ice cold (16-xx)
- 468 Ice cold hands and feet (20-xx)
- 469 Very cold feet. (7-36)
- 470 Ice cold feet, feet are like ice cubes (14-01 + 14-02)
Cold hands, right hand colder than left (14-01)
- 471 Ice cold hands and feet (I used to always be warm blooded) (8-xx)
- 472 Cold feet and warm sweaty body in the morning. (7-37)
- 473 Hot hands and ice cold feet and calves (11-25)

474 Feeling of ice cold feet, but they are not cold to the touch; in general I also don't feel cold but rather warm (14-xx)

475 Heat in joints (elbows, wrist, ankle) (11-26)

Pain in extremities

476 Burning pain in wrist and elbow joints (11-27)

477 Feeling of tension and pain in joint of thumb with slight swelling and heat; > cold (14-20)

478 Pain as if vessels in leg would cramp up, from hip to ankles; > hot bath (16-27)

479 Pain in bones of pelvis; < arching lower back; < lying on stomach (11-28)

480 Slight pain in left pelvis (13-05)
Intense pulling pain in left pelvis extending to thigh (13-05)

481 Certain motions without exertion cause a stitching pain at medial side of meniscus; for example descending stairs (17-29)

482 Burning pain in knee joints; > motion (13-14)

483 Stitching pulsating pain in ball of left big toe; < motion;
Stitching wavelike pain also without motion (14-07)
Pulling rheumatic pain in left ankle (14-09)

484 Bone pains; > motion; < lying (11-28)

485 Pain in limbs – like the flu; could barely wash my feet with cold water because the skin was too sensitive. (17-00)

Chill

486 Shivering fit at night; can't get warm.
Sit in subway and am cold; feel like a block of ice. (11-xx)

Perspiration

487 Increased perspiration at night; I sweat more in general. (11-27)

488 Sweat all over body with ice cold hands (15-12)

Fever

489 Fever with heatwaves and sweat and the feeling as if glowing from heat (16-27)

Skin

Particular sensations

490 Goosebumps when touching skin through sweater. (5-30)

491 Numbness and tingling of skin (16-01)

492 Skin seems numbed; couldn't feel hot or cold (17-11)

Skin rashes

493 After taking a shower, rash of small red confluent spots (similar to measles) (16-15)

Exanthem on skin with enanthem in throat and roof of mouth (16-13) (*see note above to determine if this is the word intended RG*)

Sleep

494 Difficulties falling asleep (5-00)

Restless sleep, waking up from nightmare. (5-00)

Restless sleep, waking up frequently, no reason. (5-01)

495 Restless sleep, light sleep, waking up several times (14-xx)

496 Restless sleep, startled by every sound, waking up from intense perspiration with feeling of coldness. (16-xx)

497 Restless sleep from inner restlessness and fear with racing thoughts. Restless sleep and dreams. Not refreshed in the morning on waking up, need a long time to get going. (15-xx)

498 I could barely sleep, so many thoughts going through my mind. (7-30)

499 Woke up from intense perspiration (11-23)
Woke up with the feeling that I am freezing inside, with shivering fits, can't get warm. (11-25)

500 Woke up from a dream and is wide awake. (5-24)

501 Sleep is heavy and deep. Beat, tired, weak and dazed when waking up; > getting up and eating. (8-02)

502 Tiredness in the morning, even after sleeping a lot (9-xx)

Generals

Unusual perceptions

503 Absent, like spaced out, sometimes for a few seconds everything looks different, lifts up and comes down again. (16-02 + 16-03 + 16-04)

Energy

504 I feel better in the evening than during the day (1-00)
Energy is good, I don't need to take a nap, even though I slept little. (1-06)

505 I feel energetic though I didn't sleep well (11-07 + 11-08)
I can handle a big load, but extended myself beyond my capacity at work; therefore now I feel overworked and tired, want to rest (11-16 + 11-18 + 11-19)

506 Tiredness, heaviness (5-02)

507 Great tiredness with great need for sleep (15-xx)

508 Great tiredness with exhaustion (16-22)

509 Exhausted and tired, physically and mentally, little energy (20-03)

510 Very tired, beat; > lying down. (13-00 + 13-05)

511 Weak during cold, couldn't do anything. (7-01 + 7-02 + 7-03)

512 Weakness, as if a vent opened and energy can leave through it; lie down like numb, numbing tiredness (9-00 until 9-28)

Warm/cold sensation

513 Heat while sleeping, takes all clothes off, throws pillow out of bed (5-00)

Cold almost painful, strong desire for motion (5-06 + 5-07)

Felt warm all day only feet were cold (5-15 + 5-19)

Very cold even though it was warm in the room (5-30)

Very cold with dislike for going outside (5-31)

514 I feel very hot (11-15)

515 I feel very cold, sitting directly next to the heater, while everybody else feels warm. (7-36)

516 Feeling as if cold reaches into the bones (14-00)

517 Cold feeling like at the beginning of the flu (13-00)

Cold feeling at night, have to wear sweater and sweat pants in bed (very unusual) (13-xx)

518 Very cold with ice cold hands (15-04)

519 Chills throughout the whole body, whole body ice cold (20-xx)

520 Very sensitive to cold and draft (16-xx)

Food

521 Desires Salami (5-05)

522 All symptoms better from coffee (7-03)

523 Desires coffee (9-00)

524 Desires coffee, which isn't good for her (11-23 + 11-28)

525 Desires fatty broth (meat broth, though prover is vegetarian). (16-xx)

526 Desires Coca-Cola (16-xx)

527 Desires vinegar; > vinegar (16-xx)

528 Desires spicy, hot (8-xx)

529 Desires sweets (8-18)

530 Desires chocolate and vanilla ice cream (15-xx)

531 Desires fruit (20-xx)

Modalities

532 Desires motion (5-07)

533 All physical symptoms gone or better after sleep (7-38)

534 < closed room, > fresh air (16-xx)

535 > fresh air; > motion (8-xx)

536 > fresh air (14-27)

537 > Food, therefore gaining weight (8-xx)

SUMMARY

...themes of the proving

According to paragraph 111 of the Organon it is the purpose of the homeopathic proving to find out which reliable symptoms can be produced by „each substance due to its characteristics“. What are the „rare, strange and particular (characteristic) symptoms“ of this present proving according to paragraph 154 of the Organon?

The following summary is an attempt to create a context for the unusual symptoms and perceptions that might give deeper insight into „homeopathic Ginkgo“ and allow for a working hypothesis.

The exponential numbers are equivalent to the proving symptoms of this proving. The complete text of each individual symptom can be found there. Extracts from Swoboda/Koenigs proving, Leesers „Lehrbuch der Homoeopathie“ and O.A. Julian’s Materia Media (see index) were added for confirmation of the here resulting symptoms.

MIND

The Ginkgo theme of unity and duality, of being torn apart and reunited (see mythology) in regards to love, expresses itself in the unusual perceptions of the provers: „It is about separation and union, about polarity: anima and animus.“¹⁰ Also the polarity appears: „Left and right hemispheres of the brain are alternately emphasized, promoting sometimes analytical, sometimes intuitive thinking. The substance seems to offer a balance when one side was over emphasized.“¹¹ This feeling is repeated on a physical level as well: „Feeling, as if back would break apart.“⁴⁴⁰ „...as if brain were falling apart“¹⁹⁹ and as a sensation following a dream: „I feel split.“^{See remark about dream Nr. 144}

One symptom shows the ‚seesaw‘, meaning the tilting mechanism of our polarity: „Before falling asleep, perceived myself on a diagonal axis between the sky and the bottom of the ocean while I was constantly swinging to and fro between the ends of the axis.“⁴ „The switch doesn’t work. On one hand I am too fast with my inner perception, which then meets with that sluggish protein lump brain and on the other hand I am too sluggish to think analytically, which exhausts easily.“

Unusual symptoms as: „ Feeling as if a car were crashing into me“⁵ or „feeling as if a person were walking through me.“⁶ „sudden fear that a hand reaches over the headboard of the bed for my head. I have to protect my part with my arm.“⁶⁵ (also see head „part“) describe the „dislocating“ of reality, the „separation of astral body and etheric body“⁸ as one prover worded it.

The perception of the world is changed: „ All my senses are in pain and my perception is altered: I see my hands as if covered with an indigo colored film of soot.“⁷ „writes backwards in mirror writing“⁴⁴ „ some sort of intoxication with soot“¹¹ „trance“^{54,87,94} „mental blanks“⁸⁷ [in Julian: „foggy condition with surreal impression.“].

It showed considerable weakness of concentration „I don’t really understand what I am reading“³⁶ or „memory for names is bad“^{40,42,132} „that was leading to a complete blackout during a task: „ I can’t store anything in my short term memory; I can only recall old memories; it is hard to read; very little sticks with me“⁴⁵ and a „mental emptiness with a desperate effort to concentrate“⁸⁷ . A „delayed perception of reality; didn’t get connected“^{52,103} exists [in the homeopathic proving of Swoboda/Koenig „forgetful“; „lost“, „blackouts“, „can’t think clearly“; „interruptions in finding words“; „forget everything“].

Attention is not focused anymore: „I am distracted, clumsy, drop things“^{57,58}
[Swoboda/Koenig „clumsy, knocks things over“ „drops things“]. Also „inner
restlessness“^{60pp.}

The problem of the „delayed“⁴¹ perception and reaction lets symptoms appear like „I
can't even follow half of the subject matter in class“^{42,84}. Time is not judged
correctly „time passes too fast or too slowly“^{83 pp} or „feeling that I don't live in the
right time.“⁸⁸ Time chaos! I have never needed a watch, but if this continues I will
need one“⁸⁸; „activities delayed; can't get anything done; constantly moving things
around, but the results are in no relation to the time used“⁵⁶.

The altered inner discourse creates „difficulties in adapting changes from one
location to another“⁹⁵; „as if sounds needed a long time to reach me“⁸⁹ or the feeling
to be „hibernating“⁹⁵ or to be „semi-sleeping“⁸³. Also „not being flexible, having a
hard time getting used to different circumstances.“⁸²

An important theme of the proving is the „feeling of loss of orientation and being
homeless“⁸⁷. „Loss of orientation in the subway station; I thought the subway would
now go in the opposite direction; reading the subway map I lost orientation and was
too distracted and confused“⁹³ and „I was in the library and wanted to get my books
at the check-out; the woman at the check-out told me to go to the other side of the
barrier; I didn't understand what she meant and ended up on the wrong side“⁹³.
This produces the „feeling of being stupid.“⁵⁴ [Swoboda/Koenig: „Looks for a ticket
vending machine in a subway car that doesn't have such a vending machine.“]

The feeling to be like a „child“ or to display „childish behavior with giggling and
silliness, whining and moodiness“^{26,27} show the different „ways of dealing with this
confusion.

Dis-pair as the theme of a split is being expressed by: „Desire to lie down in the
snow and die; feeling to be alone“⁷⁶; „I can't trust anybody; I am completely lonely
and sad“⁷¹; „love sickness“⁷¹; „homesickness“⁷⁷; „loneliness, isolation“⁸⁴ and by
escaping into the world of poetry. One prover is writing in the mood of „deadly
distress, the lyrics for a song.“⁷³ Deep sorrow arises with a „feeling of emptiness
and burn out caused by the death of my bird“⁸¹; „death of my cat“⁸² with „tears that
no one is supposed to see“⁸⁰ [in Swoboda/Koenig it says: „self-pity“ „depressive
without a cause“].

Reactions as „withdraws into himself, as if isolated from the outside world; nothing
reaches from the outside“¹⁰³ or retreat in connection with aggravation „desire quiet;
want to lie down; when someone talks to me I experience it as disrupting“³⁷ [these
also showed up in provings of Swoboda/Koenig „blocks the entrance to her room,
so whoever wants to enter realizes that they are not welcome“ or „taciturn, doesn't
want to talk to anybody“; „wish I were a hermit“; „afraid of people“].

And in addition „cold, no emotions“⁹⁸ ; „like numb, feel separated from my emotions; as if anesthetized, though everything registers with me“¹⁰¹ .
 Anger plays an important role „I almost lost it today during an argument“¹¹⁰ ; „Irritable, flipped off another driver who had cut me off (liberating feeling)“¹¹³ . The reaction is „pert, stressed with surges of aggression“¹¹⁶ ; „it is about right and it is about resistance“¹¹⁶ ; „I am yelling aggressively and swear at the others, act stressed out“¹¹⁷ [in Swoboda/Koenig „Anger about self and others; unfriendly“; „irritable, irascible“], [in Julian „desire to criticize others and self“; „suppressed anger with the desire to tear something apart“].

VERTIGO

Many vertigo symptoms^{176ff} : vertigo in combination with nausea etc. [in Leesers textbook of Homeopathy „disturbances of hearing- and balancesystem with vertigo, stumbling and all related sensation variations“].

HEAD

The statement of this proving that the „substance is happening in the head“¹⁹⁶ can be found in other provings. [In Swoboda/Koenig called a „strange head sensation during the entire course of the proving“], [according to Leeser „supraorbital and temporal headache“].

Unusual symptoms reported by various provers about the part of their hair or the top of their skull^{127,189,191,212,428} „have to protect part with my arm“⁶⁵ „pressure feeling in area of part“^{192,215} „top of skull lifting up“^{187,188} or „weight sitting on head“¹⁹⁰ and „sounds in head“²⁴⁴ „hot stream of energy through spine up to top of skull“⁴²⁸ [in Swoboda/Koenig „as if skull was too small“ or „as if head was particularly hard“].

Also for example „hair is greasy“^{184pp}

Headache like a „hairband“¹⁹⁵ or as if „brain were falling apart“¹⁹⁹ .

Location of headache differs, for example „extending from the neck“^{202,212 pp.,248} , the neck plays a considerable role (see back), „in temples“^{192,196,198,205,208,217,314} , behind the eyes“^{217,220} ...

Modalities:

<light; <motion of the eyes; <mental exertion etc.

>distraction; >firm pressure; >eating etc.

EYE

Here again the confusion „feeling as if everything were confused behind the eyes“²²⁰ and also the slow down „After moving the eyes from one point to another (object) the first image stays like a „light-dark“ shade for another 5 seconds (slow Sehpurpuraufbau)“²³⁹ .

Additional symptoms a.o.: burning^{221pp}, pressure and dryness of the eyes^{225pp},
„sensation of a grain of sand“²³¹, „twitching of eyelid“²³¹, „Blurred vision“²⁴¹

EAR

Unusual symptoms like „sensation as if cold water were running out of his ear“²⁴³
„...as if hot and cold waves went through her.“²⁴²
„Sounds in ear“^{245pp} and „falling shut“²⁴⁸ of the ears; [Swoboda/Koenig „like boarded up“], [Leeser „buzzing in ears“, „tendency to produce ear wax“]
„hard of hearing“^{254pp}

NOSE

Symptoms as „stuffed up nose“^{256pp} and „watery discharges“^{262 pp} [in Swoboda/Koenig accordingly]

FACE

Dry skin with rashes^{272pp} [in Swoboda/Koenig we find reports of „herpes simplex“]. Important here is the „trigeminal neuralgiae“; „sinus and TMJ discomfort“ [also reported by Swoboda/Koenig].

MOUTH

Some provers got „aphthae“^{285pp} in their mouths [also reported in Swoboda/Koenig]
„Rough, dry, burning tongue“^{296,297}
„Sensation of a hole and heaviness of the tongue“³⁰⁰
Bleeding gums^{308pp}
Discomfort in teeth with fillings^{311,312}, „pulling toothache“^{313,314} [also in Swoboda/Koenig].

THROAT

„Sensation of swollen tonsils“^{316,317}
Dryness: sensation of „crumbs“³¹⁵ [confirmed in Leeser „explicit dryness and redness of nose-throat area; atrophic tonsillitis“]
Constant clearing of throat caused by mucus^{318pp} [Leeser „atrophic rhinopharyngitis with urge to clear the throat, swallow empty and for cold drinks“]

Rough, dry burning sore throat,^{327pp} > warm drinks [burning sore throat was also reported in Swoboda/Koenig]^{335,336}
Swollen lymph nodes

STOMACH

Heartburn^{339pp}
Lack of appetite and ravenous appetite^{342pp}
Trembling in „solar plexus“³³⁷
„Cramping tension in stomach from emotions“^{350,351}
„Nausea“^{347pp}

ABDOMEN/RECTUM/STOOL

Bloating, „rumbling“^{352pp} [also in Swoboda/Koenig]^{356ff.}
Pulling, cramping pains³⁵⁵
„Swelling of liver“ [in Leeser „enlargement of liver with cramping pains of the gall ducts; but also of the entire large intestine; liver parenchymal damage with cirrhosis and fat intolerance“]
Sensation of fullness in rectum with or without urge for stool [Swoboda/Koenig „as if rectum was switched off“]
Increased stool in the morning^{361pp}
Hard stool that doesn't want to move, but also soft stool^{364,365}
Soreness of anus^{356pp.}

BALDDER/URETHRA

Increased urination at night^{379pp} [also in Swoboda/Koenig]^{383,384}
Difficulties emptying bladder^{385,386}, pain in urethra
„Urethritis after coitus“ (cured symptom)

FEMALE/MALE

Shortened menstrual cycle^{391pp}
Dysmenorrhea^{394pp}
It is interesting that „sexual desire increases“ in women while „sexual desire decreases“³⁸⁷ in men [Julian „decreased libido“] and „impotence“³⁸⁸ was reported. [In Leeser „prostata complaints..“, „painful ejaculation“] (see ... reproduction)

CHEST/RESPIRATION/COUGH

The „heart“ plays an important role (see Ginkgo biloba and symbolism „...the leaf“):

„Pressure on heart“⁴²²; palpitation“^{424pp}; stitching pain in heart „as if with a knife“, „as if in a heart attack“⁴²⁰ [Swoboda/Koenig: „stitching pain in heart“, „heart racing“, „heart murmurs“]

Stitching pain from exhaustion and breathing^{412pp}
„Sore sensation“⁴¹⁸; pain in lungs „hinder breathing“⁴¹⁴; „flat, superficial breathing“⁴⁰³; „breathing limited“⁴⁰⁴; „feeling of choking“⁴⁰⁸ [Swoboda/Koenig „lung complaints“]

Cough with dyspnea and mucus^{329,400,406pp}

BACK

„Chills along back“⁴³²
„hot wave of energy through spine into top of skull“⁴²⁸
multiple neck complaints: „tensed“ „stiff“; „turning head to right and left difficult“^{433pp}
[Swoboda/Koenig: „Tension in neck muscles“]⁴⁴⁰
Stiffness of back
In lumbar area: „Breaking in two“⁴⁴⁶ >motion; „sciatica“⁴⁴³

EXTREMITIES

„Heaviness“ of legs „filled with lead“⁴⁴⁸ paralyzed sensation^{449,463}
„no contact with the ground“ legs „like stilts“⁴⁴⁵; „stumbling gait“⁴⁵²
Unsteady hands, clumsiness^{453,454} [also in Swoboda/Koenig]^{456pp}
Muscle twitches, trembling of arms
[Leeser „tendency towards contractions, easily exhausted“ „gradual failure of reflexes in hands and feet...increasing muscle atrophy with twitches in some fibers and ultimately extinction of reflexes“; „cramps“; while writing cramps and trembling of hands“; Moszkowicz-signs, i.e.reactive hyperemia in sections of limbs with inadequate blood circulation due to blockage of arteries“]^{456pp}
Restless legs at night
Ice cold hands and feet^{464pp} [in Leeser „sensation of coldness, paresthesia and pain in fingertips“; „sudden paleness of hands due to coldness“]
„Pain in hip extending into foot“^{477pp}
„bone pain“, „pain in limbs“, „rheumatic pains“⁴⁸²

CHILL/PERSPIRATION

Shivering fit „can't get warm“⁴⁸⁵
Perspiration with ice cold hands⁴⁸⁷

SKIN

Numb sensation of skin⁴⁹⁰; skin as if „anesthetized“⁴⁹¹; goosebumps⁴⁸⁹

Confluent rash made of small spots – rash on skin and mucous membrane⁴⁹²
[Swoboda/Koenig talk of „skin symptoms like an itching exanthem of pin needle head size“; „redness of skin“; „intense itching“; „eczema and boils“]
[according to Leeser there is a „disposition for psoric skin reactions“; „itching“; „dry sometimes parchment like skin due to lack of sweat secretion“]

SLEEP

Inner restlessness; woke up as if „beaten“^{493pp}

GENERALITIES

In general repeatedly shows **dryness** (see face, mouth, neck, skin) and also **stiffness, numbness** and **soresness** (see neck, mouth, face, nose, ear, chest, lungs, heart, back, extremities etc.), **twitches, trembling** (see stomach and extremities).

Further on we find: „lack“⁵⁰²₅₁₅, tiredness/worn out feeling/weakness^{505pp}, „sensation of coldness to the bones“

Modalities:^{502pp}

Sensitive towards draft, generally towards cold

Desires coffee, beef broth, spicy, sweet, fruit, ice cream

>fresh air, >sleep, >motion, >eating (weight gain!)

DREAMS

Manipulation of brain; patients with open skulls¹²⁷

Split¹⁴⁴; log of wood falls on head and splits skull¹³⁹

Union: man and woman create new universe (see... mythology of creation)¹⁵⁴

Relations; encounters: Man – Woman^{130,141,142,147,150,152,154}

Merry-go-round spins faster and faster^{140,163}

Panic; fleeing from danger; threatened existence^{146,160,162,172,174}

Loss of orientation; forgetfulness^{131,132,133}

Prison camps; mass graves; mass destruction; war; earthquake; nuclear bombs; destroyed cities; cosmic catastrophe; inhumanity^{135,143,145,146,148,152,154,174}

Invasion; battles; anarchy^{155,158,159}

Being under foreign/higher powers^{139,157}

Beach, ocean^{134,136,138,150,160,165,166}

Burning trees¹⁷²

Comparisons (offered by proverbs): Opium, Camphora, Lac humanum, Calcium phosphoricum, Stramonium, Ignatia, Causticum, Sepia

REPERTORY

We went through the effort to create a repertory of the symptoms. This produces, however, additions to the already existing repertory. In past years, additions have led to many controversies. A division into ‚old‘ and ‚new‘ remedy pictures was the result. And it might always be like that, the ‚new‘ taking some time to turn into the ‚old‘; again, the eternal cycle of life.

But should we therefore never dare to conscientiously add new knowledge to the old notes? Actually Hahnemann invites us to dare with the words „Aude Sapere“, „Dare to use your own mind“ translated by Immanuel Kant. Out of gratitude towards the old masters of homeopathy we add the symptoms found in this proving for today’s homeopaths and future generations of homeopaths.

The underlined symptoms are already existing rubrics from sources of previous authors Julian,O; Voisin,H; Mezger,J. and some symptoms of the homeopathic proving of Seoboda/Koenig (see Literature).

MIND

ABSTRACTION of mind (K1, SI-6, G1)

ABUSIVE, insulting (K1, SI-7, G1)

AFFECTIONATE (K4, SI-13, G1)

AILMENTS from; grief, sorrow, care (K51, SI-19, G40)

ANSWER, answering, answers; slowly (K3, SI-51, G3)

ANXIETY (K4, SI-54, G3)

ANXIETY (K4, SI-54, G3); health, about (K7, SI-80, G6)

AWKWARDNESS

CARESS, CARESSED; propensity for being (SI-124)

CHAOTIC (K10, SI-127, G9)

CHILDISH behavior (K11, SI-140, G9)

COMPULSIVE disorders

CONCENTRATION; difficult (K13, SI-155, G11)

CONCENTRATION; difficult (K13, SI-155, G11); attempting to, on; vacant feeling, has a (K13, SI-158, G11, G31)

CONCENTRATION; difficult (K13, SI-155, G11); eating, amel. from (SI-157)

CONCENTRATION; difficult (K13, SI-155, G11); thinking, when

CONCENTRATION; impossible

CONCENTRATION; impossible; reading, when

CONCENTRATION; schwierig/difficult (K13, SI-155, G11); conversation, during (K13, SI-157, G11)

CONFUSION of mind (K13, SI-160, G11)
CONSOLATION; amel. (K16, SI-181)
CONTEMPTUOUS (K16, SI-181, G13)
DEATH; desires (K17, SI-195, G14)
DELUSIONS, imaginations (K20, SI-229, G17); falling; bed; out of (SI-283)
DELUSIONS, imaginations (K20, SI-229, G17); numb, being
DELUSIONS, imaginations (K20, SI-229, G17); separated; world, from the, that he is (K31, SI-346, G25)
DELUSIONS, imaginations (K20, SI-229, G17); time; earlier, is (K33, SI-368, G27)
DELUSIONS, imaginations (K20, SI-229, G17); time; passes too; quickly (SI-368)
DELUSIONS, imaginations (K20, SI-229, G17); time; passes too; slowly (SI-368)
DETACHED
DICTATORIAL, domineering, dogmatic, despotic (K36, SI-398, G28)
DISCONTENTED, displeased, dissatisfied (K36, SI-402, G28)
DISORIENTED with everything
DREAMS; danger (K1237, SIII-274, G1021)
DREAMS; fights (K1239, SIII-299, G1023)
DREAMS; graves (K1240, SIII-309, G1024, G1026)
DREAMS; masks (SIII-323, G1024)
DREAMS; nuclear; explosion, about
DREAMS; war (SIII-368)
DREAMS; water (K1244, SIII-368, G1027)
DREAMS; water (K1244, SIII-368, G1027); sea, of (K1244, G1027)
DULLNESS, sluggishness, difficulty of thinking and comprehending (K37, SI-416, G29)
DULLNESS, sluggishness, difficulty of thinking and comprehending (K37, SI-416, G29); think; concentrate, or, unable to
DULLNESS, sluggishness, difficulty of thinking and comprehending (K37, SI-416, G29); think; long, unable to (K38, SI-428, G31)
DULLNESS, sluggishness, difficulty of thinking and comprehending (K37, SI-416, G29); mental exertion; from (K38, SI-425, G30)
DULLNESS, sluggishness, difficulty of thinking and comprehending (K37, SI-416, G29); talking, while (K38, SI-428, G30)
ELATED (SI-437, G31)
ELATED (SI-437, G31); alternating with sadness (SI-437, G31)
EMPTINESS of the mind, sensation of
EXCITEMENT, excitable; tendency (K40, SI-446, G32)
EXCITEMENT, excitable; tendency (K40, SI-446, G32); coffee, as after (SI-452)
EXCITEMENT, excitable; tendency (K40, SI-446, G32); trembling; with (SI-458)
EXCITEMENT, excitable; tendency (K40, SI-446, G32); weakness, with (SI-459)
EXPRESSING oneself; difficult
FORGETFULNESS (K48, SI-539, G38)
FORSAKEN feeling (K49, SI-546, G39)
HUMILIATION, painful sense of
INDIFFERENCE, apathy (K54, SI-609, G43)
INDIFFERENCE, apathy (K54, SI-609, G43); duties, to (SI-614)
INDIFFERENCE, apathy (K54, SI-609, G43); irritating, disagreeable things, to (K55, SI-617, G44)
INTROSPECTION (K57, SI-649, G45)

IRRITABILITY (K57, SI-653, G46)
IRRITABILITY (K57, SI-653, G46); alone; wishes to be (SI-658)
IRRITABILITY (K57, SI-653, G46); noise, from (K59, SI-668, G47)
IRRITABILITY (K57, SI-653, G46); pain, during (K59, SI-668, G47)
IRRITABILITY (K57, SI-653, G46); trifles, from (SI-672)
LAMENTING, bemoaning, wailing (K61, SI-688, G48)
LAMENTING, bemoaning, wailing (K61, SI-688, G48); pain, from (SI-153, SI-691, G48)
LATE, always (SI-694)
LAUGHING; tendency (K61, SI-694, G49)
LAUGHING; tendency (K61, SI-694, G49); causeless (SI-698)
LAUGHING; tendency (K61, SI-694, G49); sad, when (K62, SI-703, G49)
LAUGHING; tendency (K61, SI-694, G49); serious matters, over (K62, SI-704, G49)
LOVE; nature, for
MEMORY; weakness, loss of (K64, SI-732, SI-733, G51)
MEMORY; weakness, loss of (K64, SI-732, SI-733, G51); dates, for (K64, SI-735, G51)
MEMORY; weakness, loss of (K64, SI-732, SI-733, G51); labor, for mental (K65, SI-737, G51)
MEMORY; weakness, loss of (K64, SI-732, SI-733, G51); names, for proper (K65, SI-738, G51)
MEMORY; weakness, loss of (K64, SI-732, SI-733, G51); read, for what he has (K65, SI-739, G51)
MIRTH, hilarity, liveliness (K65, G52)
MISTAKES, makes (SI-745)
MISTAKES, makes (SI-745); writing, in (K67, SI-750, G53)
MISTAKES, makes (SI-745); writing, in (K67, SI-750, G53); omitting; letters (K67, SI-751, G53)
MISTAKES, makes (SI-745); perception, in
MISTAKES, makes (SI-745); writing, in (K67, SI-750, G53); transposing; letters (K67, SI-752, G53)
MOROSE, sulky, cross, fretful, ill-humor, peevish (K68, K85, SI-764, SI-981, G54, G68)
MOROSE, sulky, cross, fretful, ill-humor, peevish (K68, K85, SI-764, SI-981, G54, G68); morning (K68, SI-766, G8, G54)
MOROSE, sulky, cross, fretful, ill-humor, peevish (K68, K85, SI-764, SI-981, G54, G68); morning (K68, SI-766, G8, G54); rising, on
OPTIMISM (SI-792)
QUIET; wants to be (K70, SI-812, G56)
READING; difficult, is (SI-823)
READING; understand, does not (SI-824)
RESTLESSNESS, nervousness; tendency (K72, SI-835, G57)
SADNESS, despondency, depression, melancholy (K75, SI-864, G60)
SADNESS, despondency, depression, melancholy (K75, SI-864, G60); weeping; with
SENSITIVE, oversensitive (K78, SI-897, G62)
SENSITIVE, oversensitive (K78, SI-897, G62); noise, to (K79, SI-648, SI-901, G63)
SENSITIVE, oversensitive (K78, SI-897, G62); noise, to (K79, SI-648, SI-901, G63); slightest (K79, SI-904, G63)
SENSITIVE, oversensitive (K78, SI-897, G62); noise, to (K79, SI-648, SI-901, G63); shrill sounds (K79, SI-904, G63)

SENSITIVE, oversensitive (K78, SI-897, G62); noise, to (K79, SI-648, SI-901, G63); voices (K79, SI-905, G63)
SENSITIVE, oversensitive (K78, SI-897, G62); odors, to (SI-905)
SENSITIVE, oversensitive (K78, SI-897, G62); reprimands, criticism, reproaches, to (SI-906)
SLOWNESS (K81, SI-930, G65)
SPOKEN to; averse to being (K82, SI-948, G66)
SPOKEN to; averse to being (K82, SI-948, G66); alone, wants to be let (K82, SI-949, G66)
STUPEFACTION, as if intoxicated (K84, SI-966, G67)
STUPEFACTION, as if intoxicated (K84, SI-966, G67); walking, when (K85, SI-973, G68)
TALK, talking, talks; indisposed to, desire to be silent, taciturn (K86, SI-986, G69)
TALK, talking, talks; indisposed to, desire to be silent, taciturn (K86, SI-986, G69); sadness, in (SI-990)
TALK, talking, talks; others agg., of (K86, SI-991, G69)
THOUGHTS; profound (K88, SI-1009, G70)
THOUGHTS; rush, flow of (SI-1010)
THOUGHTS; rush, flow of (SI-1010); sleeplessness; with (K1254, SI-1012)
THOUGHTS; vacancy of (SI-1016)
THOUGHTS; wandering (K88, SI-1019, G71)
TIME; passes too quickly, appears shorter (K88, SI-1023, G71)
TIME; passes too slowly, appears longer (K88, SI-1022, G71)
TIME; Verlust des Zeitbegriffs/loss of conception of
TOUCHED; aversion of being (K89, SI-1028, G71)
UNFEELING, hard-hearted (K91, SI-1053, G73)
VIVACIOUSNESS (K91, SI-1059, G73)
WEARISOME (K92, SI-1063, G74)
WEARY of life (K92, SI-1063, G74)
WEEPING, tearful mood; general (K92, SRI-1066, G74) (389)
WEEPING, tearful mood; general; alone, when; agg. (K93, SRI-1070, G74) (10)
WEEPING, tearful mood; general; anger; with (12)

VERTIGO

ASCENDING; beim/on (K97, G80)
ASCENDING; beim/on (K97, G80); stairs (K97, G80)
ERUCTATIONS; amel.*
NAUSEA; mit/with (K101, K510, G84)
RIDING; while (K103, G85)
VERTIGO (K96, G79)
VISION, with obscurity of (K105, K282, G87)

HEAD

FLY off, as if vertex would
HAIR; affections of
HAIR; affections of; bristling, standing on end (K120, G100)

HAIR; affections of; greasy (K120, G100)
HEAVINESS (K124, G103)
HEAVINESS (K124, G103);pressed; head, like with a weight on (K126, G105)
MOTIONS; of, shaking, nodding, waving (K131, G109)
MOTIONS; of, shaking, nodding, waving (K131, G109); shaking the head involuntary (K131, G109)
NOISES in
REMOVED, as if calvarium is (K229, G190)
SHAKING sensation (K229, G191)
SKULL-CAP, sensation of (K231, G192)

HEAD PAIN

GENERAL (K132, G110)
GENERAL (K132, G110); diversion amel.
GENERAL (K132, G110); moving; eyes (K144, G120)
GENERAL (K132, G110); motion; amel. (K143, G119)
GENERAL (K132, G110); mental exertion, from (K143, G119)
GENERAL (K132, G110); light, from; allgemein/general (K141, G118)
GENERAL (K132, G110); Occiput (K161, G134)
GENERAL (K132, G110); Occiput (K161, G134); aufsteigend von/ascending from
GENERAL (K132, G110); Sides (K166, G138)
GENERAL (K132, G110); Sides (K166, G138); left (K166, G138)
GENERAL (K132, G110); Forehead (K153, G127)
GENERAL (K132, G110); Forehead (K153, G127); extending; backward (K158, G131)
GENERAL (K132, G110); Forehead (K153, G127); extending; backward (K158, G131); over whole head (K158, G131)
COME off, pain as if top of head would (K180, G149)
DULL (K185, G154)
DULL (K185, G154); Essen amel./eating amel. (K185, G154)
DULL (K185, G154); Schläfen/Temples (K186, G154)
DULL (K185, G154); Stirn/Forehead (K185, G154)
OPENING and shutting (K188, G156)
OPENING and shutting (K188, G156); calvarium lifted, as if
PRESSING (K188, G157)
PRESSING (K188, G157); band, as if by (K189, G157)
PRESSING (K188, G157); Forehead (K192, G160)
PRESSING (K188, G157); Forehead (K192, G160); extending; eyes, to (K195, G162)
PRESSING (K188, G157); Forehead (K192, G160); eyes; behind
PRESSING (K188, G157); outward (K191, G158)
PRESSING (K188, G157); pressure; amel. (K191, G159)
PRESSING (K188, G157); Temples (K198, G165)
PRESSING (K188, G157); Vertex (K200, G167)
PULSATING, throbbing (K146, G121)
PULSATING, throbbing (K146, G121); Occiput (K164, G136)
PULSATING, throbbing (K146, G121); Temples (K170, G141)
STITCHING (K206, G172)

EYE

DISCHARGES of mucus or pus (K237, G199)
DISCHARGES of mucus or pus (K237, G199); canthi (K237, G199)
DRYNESS (K238, G200)
HEAVINESS (K241, G202)
INFLAMMATION (K241, G203)
PAIN; burning, smarting, biting (K252, G212)
PAIN; burning, smarting, biting (K252, G212); closing lids; amel.
PAIN; burning, smarting, biting (K252, G212); morning (K253, G212)
PAIN; burning, smarting, biting (K252, G212); morning (K253, G212); waking, on (K253, G212)
PAIN; burning, smarting, biting (K252, G212); pressure; amel. (K253, G213)
PAIN; General (K248, G208)
PAIN; General (K248, G208); dark amel. (K249, G209)
PAIN; General (K248, G208); headache; during (K249, G209)
PAIN; pressing, pressure (K256, G215)
PAIN; pressing, pressure (K256, G215); eyes; behind (G216)
PAIN; pressing, pressure (K256, G215); looking, when (K257, G216)
PAIN; pressing, pressure (K256, G215); looking, when (K257, G216); up (K257, G216)
PAIN; pressing, pressure (K256, G215); outward (K257, G216)
PAIN; sand, as from (K257, G217)
PHOTOPHOBIA (K261, G220)
PHOTOPHOBIA (K261, G220); sunlight (K262, G220)
PUPILS; contracted (K262, G221)
SLEEPY feeling eyes (G223)
STRAINED feeling
TWITCHING (K269, G226)
TWITCHING (K269, G226); Lider/lids (K269, G226)

VISION

ACCOMMODATION; slow (K271, G229)
CONFUSED vision (K275, G232)
MOVING (K282, G238)
MOVING (K282, G238); objects seem to be (K282, G238)
MOVING (K282, G238); objects seem to be (K282, G238); up and down (K283, G238)
SWIMMING of; lines

EAR

NOISES in; General (K292, G246)
NOISES in; rushing (K301, G253)
PAIN; Allgemein/General (K303, G254)
PAIN; General (K303, G254); Luft/air; kalter, in/cold, in; agg./agg. (K304, G255)
PAIN; ressing (K311, G261)
PAIN; stitching (K313, G262)
PAIN; stitching (K313, G262); warmth; amel.

SENSIBILITY; cold air about ear, to
STOPPED sensation (K317, G265, G270)
TENSION (K319, G266)
TENSION (K319, G266); inside (K319, G266)
WATER in ear, sensation of (K320, G267)
WATER in ear, sensation of (K320, G267); cold, running out of (K320, G267)

HEARING

IMPAIRED (K321, G269)

NOSE

DISCHARGE; crusts, scabs, inside (K330, G278)
DISCHARGE; General; posterior nares (K333, G281)
DISCHARGE; watery (K333, G280)
DISCHARGE; yellow (K333, G281)
DRYNESS; inside (K334, G282)
EPISTAXIS (K335, G282)
EPISTAXIS (K335, G282); blowing nose, from (K337, G283)
EPISTAXIS (K335, G282); sudden
General (K343, G288)
OBSTRUCTION (K340, G286)
OBSTRUCTION (K340, G286); night (K341, G287)
OBSTRUCTION (K340, G286); one-sided (K341, G287)
OBSTRUCTION (K340, G286); one-sided (K341, G287); alternately (K341, G287)
PAIN; pressing (K346, G291, G291)
PAIN; pressing (K346, G291, G291); frontal sinuses
PAIN; pressing (K346, G291, G291); root (K346, G291)

SMELL

ACUTE (K349, G293)

FACE

DISCOLORATION; bluish (K358, G301)
DISCOLORATION; bluish (K358, G301);
DISCOLORATION; pale (K359, G303)
DISCOLORATION; red (K361, G304)
DISCOLORATION; red (K361, G304); alternating with paleness (K361, G304)
DRYNESS (K364, G307)
DRYNESS (K364, G307); lips (K364, G307)
ERUPTIONS (K365, G307)
ERUPTIONS (K365, G307); dry (K368, G310)
ERUPTIONS (K365, G307); dry (K368, G310); mouth, around
ERUPTIONS (K365, G307); herpes (K368, G310)
ERUPTIONS (K365, G307); herpes (K368, G310); nose (K369, G311)

ERUPTIONS (K365, G307); herpes (K368, G310); nose (K369, G311); tip
ERUPTIONS (K365, G307); pimples (K370, G311)
ERUPTIONS (K365, G307); scurfy (K372, G313)
ERUPTIONS (K365, G307); scurfy (K372, G313); eyebrows, around
EXPRESSION; sickly (K374, G316)
ITCHING (K378, G319)
ITCHING (K378, G319); eyebrows (K245, G205)
PAIN; General, aching, prosopalgia (K379, G320)
PAIN; General, aching, prosopalgia (K379, G320); jaw (K383, G324)
PAIN; General, aching, prosopalgia (K379, G320); jaw (K383, G324); articulation (K384, G324)
PAIN; neuralgic
PAIN; neuralgic; trigeminus, trifacial nerve; maxillary nerve
SWELLING (K392, G332)
SWELLING (K392, G332); eyes; around (K393, G333)
TENSION of; jaws (G334)
TENSION of; jaws (G334); lower (K394, G334)
TENSION of; jaws (G334); lower (K394, G334); articulation of (K394, G334)

MOUTH

APHTHAE (K397, G337)
ATROPHY; Gums (K397, G337)
BITING; lip, lower (K397, G337)
BITING; lip, lower (K397, G337); Essen, beim/eating, while
COATED
COATED; Tongue
COATED; Tongue; thickly
DISCOLORATION; white
DISCOLORATION; white; tongue (K402, G341)
DISCOLORATION; yellow
DISCOLORATION; yellow; tongue (K402, G341)
DISCOLORATION; yellow; tongue (K402, G341); greenish
DRYNESS (K403, G341)
DRYNESS (K403, G341); Tongue (K404, G343)
ERUPTIONS; vesicles (K429, G364)
ERUPTIONS; vesicles (K429, G364); tongue (K430, G365)
ERUPTIONS; vesicles (K429, G364); tongue (K430, G365); tip (K430, G365)
HEMORRHAGE (K397, G337)
HEMORRHAGE (K397, G337); Gums (K398, G337)
HEMORRHAGE (K397, G337); Gums (K398, G337); cleaning them, when (K398, G338)
NUMBNESS (K408, G346)
NUMBNESS (K408, G346); Palate (K408, G346)
PAIN; burning, raw, smarting (K411, G348)
PAIN; burning, raw, smarting (K411, G348); tongue (K411, G349)
PAIN; General (K410, G347)
PAIN; pressing; palate (K413, G350)
ROUGHNESS (K416, G352)

ROUGHNESS (K416, G352); Tongue (K416, G353)
SALIVATION (K417, G354)
SALIVATION (K417, G354); night (K418, G354)

TASTE

METALLIC (K424, G360)

TEETH

BREAKING off (K430, G367)
CARIES, decayed, hollow (K431, G367)
ELONGATION, sensation of (K431, G368, G368)
ELONGATION, sensation of (K431, G368, G368); incisors (K432, G368)
PAIN; Allgemein/General (K433, G369); biting teeth together; amel. (K435, G371)
PAIN; Allgemein/General (K433, G369); filled tooth, in (K437, G372)
PAIN; drawing (K441, G375)
PAIN; drawing (K441, G375); molars, bicuspid (K442, G376)
PAIN; General (K433, G369)
SENSITIVE, tender (K446, G380)
SENSITIVE, tender (K446, G380); cold, to

THROAT

DRYNESS (K450, G383)
DRYNESS (K450, G383); extreme
DRYNESS (K450, G383); hoarseness, with
DRYNESS (K450, G383); swallowing, on; agg. (K451, G384)
FOREIGN body, sensation of (K452, G384)
FOREIGN body, sensation of (K452, G384); swallowing (K452, G384)
FOREIGN body, sensation of (K452, G384); swallowing (K452, G384); does not amel.
(K452, G384)
HAWK, disposition to (K452, G385)
MUCUS (K456, G386)
MUCUS (K456, G386); tenacious (K457, G388)
PAIN (K458, G389)
PAIN (K458, G389); Ausdehnung/extending to; Ohr, ear (K460, G390)
PAIN (K458, G389); burning (K460, G391)
PAIN (K458, G389); left (K458, G389)
PAIN (K458, G389); pharynx (K460, G391)
PAIN (K458, G389); rawness (K462, G392)
PAIN (K458, G389); right (K458, G389)
PAIN (K458, G389); swallowing; on (K459, G390)
PAIN (K458, G389); tonsils (K460, G391)
PAIN (K458, G389); waking, on (K459, G390)
PAIN (K458, G389); warm; Getränke, drinks; amel. (K459, G390)
SWELLING (K469, G398); sensation of (K469, G398)
UNEASINESS, restlessness in

EXTERNAL THROAT

PULSATION; Karotiden/Carotids (K474, G404)
SWELLING (K474, G404)
SWELLING (K474, G404); Cervical Glands (K474, G404)

STOMACH

APPETITE; increased, hunger in general (K477, G408)
APPETITE; ravenous, canine, excessive (K478, G409)
APPETITE; wanting (K479, G409)
ERUCTATIONS; General (K489, G418)
ERUCTATIONS; General (K489, G418); constant (K490, G418)
NAUSEA (K504, G430)
NAUSEA (K504, G430); riding in a carriage or on cars, while (K509, G434)
PAIN; General (K511, G435)
PAIN; General (K511, G435); coffee, after (K512, G436)
SOLAR PLEXUS, complaints of
THIRST (K527, G449)
THIRST (K527, G449); large quantities, for (K529, SII-633, G451)
TREMBLING (K530, G452)
TREMBLING (K530, G452); solar plexus, in, extending to arms and hands

ABDOMEN

DISTENSION (K544, G464)
DISTENSION (K544, G464); sensation of
FLATULENCE (K547, G467)
HEAVINESS as from a load or weight (K551, G470)
NOISES (G472)
NOISES (G472); rumbling (K600, G513)
PAIN; cramping, griping (K573, G488)
PAIN; cramping, griping (K573, G488); lying, while (K575, G489); abdomen, on, amel. (K575, G489)
PAIN; drawing (K558, K583, G475, G497)
PAIN; General (K554, G473)
PAIN; General (K554, G473); extending; downward (K562, G478)
PAIN; General (K554, G473); lying; while (K558, G476); amel. (K558, G476)
PAIN; General (K554, G473); pressure; amel./amel. (K559, G477)
PAIN; stitching, sticking, etc. (K591, G504)
PAIN; stitching, sticking, etc. (K591, G504); Inguinal region (K594, G507)

REKTUM

DIARRHEA (K609, G521)
DIARRHEA (K609, G521); food; Fett, fat, after (K613, G524)
PAIN; General (K623, G533)

PAIN; General (K623, G533); stool; after (K624, G534)
PAIN; sore, raw (K628, G536)
PAIN; sore, raw (K628, G536); stool; after (K628, G537)
URGING, desire (K633, G541)
URGING, desire (K633, G541); sudden (K634, G542)
URGING, desire (K633, G541); sudden (K634, G542); morning (K634, G542)

STOOL

BALLS, like (K635, G543)
BALLS, like (K635, G543); small
FORCIBLE, sudden, gushing (K637, G544)
FREQUENT (K637, G545)
FREQUENT (K637, G545); scanty
LIENTERIC (K638, G546)
NOISY (G547)
PROFUSE (K636, G544)
SHEEP dung, like (K641, G548)
SOFT (K641, G548)
SOFT (K641, G548); passes with difficulty, even

BLADDER

URGING to urinate, morbid desire (K652, G558)
URGING to urinate, morbid desire (K652, G558); frequent (K653, G559)
URGING to urinate, morbid desire (K652, G558); frequent (K653, G559); nachts/night
URGING to urinate, morbid desire (K652, G558); morning (K652, G558)
URGING to urinate, morbid desire (K652, G558); morning (K652, G558); Erwachen, beim/waking, on (K652, G558)
URINATION; feeble stream, slow, weak (K657, G562)
URINATION; thin stream (K661, G565)

URETHRA

PAIN; General (K673, G576)
PAIN; General (K673, G576); coition, after
PAIN; burning (K674, G576)
PAIN; burning (K674, G576); urination; close, at (K675, G577)

MALE

SEXUAL desire; wanting (K693, K711, SIII-432, SIII-447, G607)
SEXUAL desire; increased (K711, SIII-437, G607)
SEXUAL desire; increased (K711, SIII-437, G607); erections; without (K711, SIII-436, SIII-443, G607)

FEMALE

MENSES; clotted, coagulated (K725, SIII-529, G618)
MENSES; frequent, too early, too soon (K726, SIII-540, G618, G619); scanty, and
MENSES; painful, dysmenorrhea (K727, SIII-555, G619)
MENSES; painful, dysmenorrhea (K727, SIII-555, G619); beginning, at (SIII-556)
MENSES; painful, dysmenorrhea (K727, SIII-555, G619); convulsive, spasmodic,
neuralgic
MENSES; painful, dysmenorrhea (K727, SIII-555, G619); warmth amel. (SIII-559)
PAIN; cramping (K737, G627)
PAIN; cramping (K737, G627); Menses/menses; während/during
PAIN; cramping (K737, G627); Uterus (K737, G627); menses; during (K737, G627)
PAIN; cramping (K737, G627); Uterus/Uterus (K737, G627)
PAIN; cramping (K737, G627); Vagina
PAIN; drawing (K738, G627)
PAIN; drawing (K738, G627); Ovaries (K738, G627)
SEXUAL; desire; increased (K716, SIII-602, G611)

LARYNX & TRACHEA

DRYNESS (K748, G636)
FOREIGN substance, sensation; Larynx (K748, G637)
SCRAPING, clearing Larynx (K756, G643)

SPEECH & VOICE

SPEECH; drawling (K419, G355)
VOICE; hoarseness (K758, G645)
VOICE; hoarseness (K758, G645); sudden (K760, G646)
VOICE; husky (K760, G646)
VOICE; nasal (K761, G647)

RESPIRATION

DEEP (K766, G651)
DEEP (K766, G651); desire to breathe (K766, SII-51, G652)
DEEP (K766, G651); impossible (K766, G652)
IMPEDED, obstructed (K773, G657)
IMPEDED, obstructed (K773, G657); oppression; Brust, chest, in
IMPEDED, obstructed (K773, G657); oppression; chest, in; load on, as of a
SUPERFICIAL (K776, G660)

COUGH

HANDS; holding; chest with both, while coughing (K792, G672)
LAUGHING agg. (K795, G674)
ODORS, strong (K798, G676)
SUFFOCATIVE (K806, G682)
TICKLING (K807, G683)
TICKLING (K807, G683); throat, from tickling in

EXPECTORATION

MUCOUS (K816, G690)

CHEST

ANXIETY in (K822, G695)

HEAT (K834, G704)

HEAT (K834, G704); flushes (K834, G704)

HEAT (K834, G704); flushes (K834, G704); extending; head, to (K123, K834, G704)

PAIN; General (K841, G710)

PAIN; General (K841, G710); Lungs (K848, G716)

PAIN; sore, bruised (K860, G726)

PAIN; sore, bruised (K860, G726); coughing, from (K861, G726)

PAIN; sore, bruised (K860, G726); Lungs

PAIN; stitching (K863, G728)

PAIN; stitching (K863, G728); breathing deep

PAIN; stitching (K863, G728); exertion (K864, G729)

PAIN; stitching (K863, G728); Heart (K871, G735)

PAIN; stitching (K863, G728); Sides (K868, G732)

PAIN; stitching (K863, G728); Sides (K868, G732); inspiration (K869, G734)

PAIN; stitching (K863, G728); Sternum (K871, G735)

PAIN; stitching (K863, G728); Sternum (K871, G735); knife, as of a

PALPITATION heart (K873, G737)

PALPITATION heart (K873, G737); eating; after (K875, G738)

PALPITATION heart (K873, G737); extending to; hroat (K877)

PALPITATION heart (K873, G737); extending to; whole body

SWELLING (K880, G743)

SWELLING (K880, G743); Mammae (K881, G743)

SWELLING (K880, G743); Mammae (K881, G743); painful

BACK

COLDNESS, chill (K884, G745)

HEAT (K890, G749)

HEAT (K890, G749); Spine (K891, G750)

HEAVINESS, weight (K891, G750)

HEAVINESS, weight (K891, G750); Cervical region (K891, G750)

PAIN; break, as if the back would (K919, G771)

PAIN; drawing (K924, G775)

PAIN; drawing (K924, G775); dorsal region (K925, G776)

PAIN; drawing (K924, G775); dorsal region (K925, G776); scapulae (K926, G776)

PAIN; drawing (K924, G775); dorsal region (K925, G776); scapulae (K926, G776); between (K926, G776)

PAIN; drawing (K924, G775); lumbar region (K926, G776)

PAIN; drawing (K924, G775); sitting, while (K925, G775)

PAIN; drawing (K924, G775); walking amel. (K925, G775)

PAIN; General (K894, G752)
PAIN; General (K894, G752); cervical region (K899, G757)
PAIN; General (K894, G752); cervical region (K899, G757); bending head; agg.; forward (K900, G757)
PAIN; General (K894, G752); cervical region (K899, G757); extending; ear, to the (K900, G758)
PAIN; General (K894, G752); cervical region (K899, G757); lying, while (K900, G757)
PAIN; General (K894, G752); cervical region (K899, G757); motion; amel. (K900, G757)
PAIN; General (K894, G752); cervical region (K899, G757); muscular
PAIN; General (K894, G752); cervical region (K899, G757); turning; head (K900, G758)
PAIN; General (K894, G752); extending to; occiput, to (K899, G757)
PAIN; General (K894, G752); lumbar region, lumbago (K905, G761)
PAIN; General (K894, G752); lumbar region, lumbago (K905, G761); sciatica, in
PAIN; sore, bruised, beaten (K932, G781)
PAIN; sore, bruised, beaten (K932, G781); cervical region (K932, G782)
PAIN; sore, bruised, beaten (K932, G781); motion; amel. (K932, G781)
PAIN; stitching, shooting (K936, G784)
PAIN; stitching, shooting (K936, G784); lumbar region (K939, G787)
STIFFNESS (K946, G793)
STIFFNESS (K946, G793); Cervical region (K947, G793)
STIFFNESS (K946, G793); Cervical region (K947, G793); painful (G794)
STIFFNESS (K946, G793); Lumbar region (G794)
STIFFNESS (K946, G793); Lumbar region (G794); painful (G794)
TENSION (K948, G794)
TENSION (K948, G794); Cervical region (K948, G794)
TENSION (K948, G794); Spine (G795)

EXTREMITIES

AWKWARDNESS (K953, SI-554)
AWKWARDNESS (K953, SI-554); Hands (K953, G800)
AWKWARDNESS (K953, SI-554); Hands (K953, G800); drops things (K953, G800)
AWKWARDNESS (K953, SI-554); Lower Limbs (K953, G800)
AWKWARDNESS (K953, SI-554); Lower Limbs (K953, G800); stumbling when walking (K953, G800)
COLDNESS (K956, G802)
COLDNESS (K956, G802); Foot (K962, G807)
COLDNESS (K956, G802); Foot (K962, G807); heat of; hands with (K963, G808)
COLDNESS (K956, G802); Foot (K962, G807); icy (K963, G808)
COLDNESS (K956, G802); Foot (K962, G807); sensation of, although warm to touch (K964, G808)
COLDNESS (K956, G802); Foot (K962, G807); sensation of, although warm to the touch (K964, G808)
COLDNESS (K956, G802); Hands (K958, G804)
COLDNESS (K956, G802); Hands (K958, G804); heat of; Kopfes, head, with (K122, K959, G804)
COLDNESS (K956, G802); Hands (K958, G804); icy (K959, G805)
FLOATING in air, as if (K1006, G840)

HEAT (K1010, G843)
HEAT (K1010, G843); Joints (K1010, G843)
HEAVINESS, tired limbs (K1013, G846)
HEAVINESS, tired limbs (K1013, G846); leaden
HEAVINESS, tired limbs (K1013, G846); Lower Limbs (K1015, G847)
LAMENESS (K1031, G860)
LAMENESS (K1031, G860); Lower Limbs (K1032, G861)
NUMBNESS, insensibility (K1035, G863)
NUMBNESS, insensibility (K1035, G863); Hand (K1038, G851)
NUMBNESS, insensibility (K1035, G863); Hand (K1038, G851); palm (K1039, G866)
PERSPIRATION (K1181, G977)
PERSPIRATION (K1181, G977); Knee (K1183, G978)
PERSPIRATION (K1181, G977); Knee (K1183, G978); hollow of (K1183, G979)
RELAXATION (K1186, G981)
RELAXATION (K1186, G981); Lower Limbs (K1187, G981)
RESTLESSNESS (K1187, G982)
RESTLESSNESS (K1187, G982); Lower Limbs (K1187, G982)
TREMBLING; General (K1210, G1000)
TREMBLING; Upper Limbs (K1211, G1000)
TWITCHING (K1215, G1003)
TWITCHING (K1215, G1003);
TWITCHING (K1215, G1003); Upper Limbs (K1216, G1004); lleft (G1004)
WATER; Foot, as if; dipped into cold water (K1224, G1011)
WEAKNESS (K1224, G1011)
WEAKNESS (K1224, G1011); Hand (K1227, G1013)
WEAKNESS (K1224, G1011); Hand (K1227, G1013); writing; while (K1227, G1013)

EXTREMITY PAIN

GENERAL (K1043, G869)
GENERAL (K1043, G869); Bones (K1047, G872)
GENERAL (K1043, G869); Lower Limbs (K1062, G884)
GENERAL (K1043, G869); Lower Limbs (K1062, G884); Ankle (K1077, G895)
GENERAL (K1043, G869); Lower Limbs (K1062, G884); Hip (K1067, G887)
GENERAL (K1043, G869); Lower Limbs (K1062, G884); Hip (K1067, G887); lying
(K1068, G888)
GENERAL (K1043, G869); Lower Limbs (K1062, G884); Hip (K1067, G887); extending
to; Thigh (K1069, G888)
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GENERAL (K1043, G869); Upper Limbs (K1049, G873); Fingers (K1060, G882)
GENERAL (K1043, G869); Upper Limbs (K1049, G873); Fingers (K1060, G882);
Gelenke/joints (K1060, G882)
GENERAL (K1043, G869); Upper Limbs (K1049, G873); Thumb (K1062, G883)
GENERAL (K1043, G869); Upper Limbs (K1049, G873); Thumb (K1062, G883); Joints
(K1062, G883)
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BURNING (K1091, G905); Joints (K1091, G905)

BURNING (K1091, G905); Knee (K1096, G908)
BURNING (K1091, G905); Knee (K1096, G908); hollow of (K1096, G908)
BURNING (K1091, G905); Toes (K1097, G909)
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DRAWING (K1100, G912); Ankles (K1113, G922)
DRAWING (K1100, G912); Ankles (K1113, G922); rheumatic (K1114, G923)
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STITCHING (K1137, G942); Knee (K1148, G951)
STITCHING (K1137, G942); Knee (K1148, G951); inner side (K1149, G952)
STITCHING (K1137, G942); Toes (K1153, G955)
STITCHING (K1137, G942); Toes (K1153, G955); first (K1154, G956)
STITCHING (K1137, G942); Toes (K1153, G955); first (K1154, G956); ball (K1155, G956)
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FALLING ASLEEP; difficult (SIII-37)
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SLEEPLESSNESS (K1251, SIII-129, G1032); thoughts, from (K1254, SIII-179, G1035)
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AIR; open; amel. (K1344, SII-28, G1109)
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BATHING, washing; amel. (K1345, SII-40, G1111); hot (SII-42)
EATING; after; amel. (K1357, SII-168, G1120)
EATING; while; amel. (K1357, SII-167, G1120)
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EVENING, six pm. until nine pm.; amel. in general (K1342, SII-11, G1108)
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FOOD and drinks; chocolate; desires (K484, SII-229, G414)
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FOOD and drinks; coffee; amel. (K1362, SII-230, G1124)
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FOOD and drinks; fats and rich food; agg. (K1363, SII-240, SII-241, G1124)
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FOOD and drinks; vinegar; desires (K486, SII-278, G415)
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TREMBLING; Muscles, of

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