

PROVING Lobelia cardinalis

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Conducted between September 2005 – December 2005 at the
Homoeopathic Centre Antwerp (www.homeoca.be)

Following the guidelines of subcommittee proving of the
E.C.H. (European Committee of Homoeopathy).

- **Monocentric:** proving was organised in one centre namely the Homoeopathic Centre Antwerp
- **Non-randomized:** everybody knows from everybody that he/she is taking the verum. No placebo was taken.
- **Double blind:** nobody participating at the proving (provers, supervisor, director) knows the nature of the verum proved.
- **Non-controlled.** No control group/no placebo.
- **Pre-observation period:** observation period of two weeks before the intake of the verum.
- **No cross-over:** only the verum is taking, in a 30K dilution in 6 takes during two days.
- Proving takes place under the name of “**self-experience**” and not under the name “proving” or “medical experiment” because other wise an ethical commission has to give his advice.
- **Assurance of the participators of the proving** is covered through the professional organisation UNIO – Homoeopathica Belgica. That’s why the supervisors and

the director of the proving have to be member of this UNIO – Homeopathica Belgica.

- **During at least three month's before the start of the proving the prover had not taken any other homeopathic remedy.**
- **Intake with the supervisor before the two weeks observational period is very extensive.**

Preparation by Piet Sollie, pharmacist at Antwerp

Kasteelpleinstraat 22-24, 2100 Antwerp. BELGIUM.

Tel.: 00/32/3/237.45.56

Selection of the homoeopathic remedy to prove:

Collega X, who is not participating at the proving at all writes down 3 remedies at 3 different papers. These three papers are put in three different envelopes coded with number 1,2 and 3.

Pharmacist Piet Sollie opens envelope 1.

He prepares remedy 1 if possible

If not, he opens envelope 2.

He prepares remedy 2 if possible

If not, he opens envelope 3.

- The tincture is made following the HAB - method

(Homöopatisches Arzneibuch, so following the German pharmacopee)

According to rule 3a of the HAB 2003 we start from the full plant in blossom. This fresh plant is weight. This plant is crushed and squeezed out. The juice is weight and with ethanol filled up until the original weight.

Unfortunately there was no fresh plant, cultivated at a biological and natural way, available at the time of the proving

That's why the souche of Helios was used. This company confirms to work following the HAB 2003.

Helios souche:

LOBELIA CARDINALIS D6

Med. Pot. 90% ethanol, exp. 17/4/2010

Diluted on 31/05/2005 on the Korsakov machine K-tronic until 30K

Impregnated on Impregmat I-tronic until granules lotnr. 05F14
exp.05/2010

Provers:

- 7 persons took part at this proving
- 3 women and 4 men.
- 3 pharmacists without education in classical homeopathy.
- 4 patients, non homeopaths.
- Age between 26 and 53.

- 5 supervisors.

Taking of the verum:

Taking took place three times a day during two days. Taking has to occur with clean mouth and at least half an hour separated from food.

- Morning before breakfast
- Noon before or after lunch
- Evening before /after diner or before going to sleep.

The taking is stopped if:

- new severe symptoms appear.
- existing complaints or symptoms aggravate.
- reappearing of old symptoms existing one or more years before, in a severe way.

Prover 7 had to stop intake after the 5th time because of a very heavy reaction.

- Provers don't talk with each others about their symptoms.
- Partner is informed about the proving.

- Declaration of agreement has to be signed by the prover before he gets the verum of the supervisor.

Note of symptoms:

- OS: old symptom
- NS: new symptom (not yet experienced before).
- AS (altered symptom): symptom was experienced already before but is different in his appearance, for example as for localisation or as for intensity.
- CS (cured symptom): cured symptoms.

Lobelia cardinalis

Lobelia cardinalis, Linn.

Natural order, Lobeliaceae.

Common name, Cardinal flower.

Native

Erect perennial forb

Blooms Jul.-Sep.; plant 2'-5'

Preparation, Tincture of the plant.

Two former provings of Lobelia cardinalis:

There is a proving of Lob. card. by S. D. R. Dubs, who took ten drops of the tincture in one dose (Trans. Am. Inst. of Hom., vol. 1, p. 200.)

Dub's symptoms have been confirmed by a second proving by Kopp (H. W., xxxi. 26).



The plant
family of the

Lobelia is named to **Lobelius** or **Matthijs de Lobel** or **the Lobel** (1538 – 1610).

This Flemish herb expert wrote a *Kruydtboeck* edited in Antwerp in 1581. Lobelius was among other things the personal doctor of Willem van Oranje. After the death of Willem van Oranje in 1584 he left for England to become herb expert at the court of James I. He became very famous in his time because of the systematisation of plants, he described in *Stirpium adversaria nova* (1571). He tried to divide the plants following the form of the leaves. This was at that époque a complete new vision. His rough division in sexes and families was the basis of the later work of Linnaeus.

The kingdom of plants is divided in:

Class : Asterids (Angiosperma – Dicotyledonen).
 Subclass : Euasterids 2
 Order : Asterales
 Family : Asteraceae – Campanulaceae – Lobeliaceae – Menyanthaceae.
 Genus : Lobelia
 Species : Lobelia cardinalis. Verder Lobelia inflata; Lobelia syphilitica

NUMBER OF GENERA IN Campanulaceae: 97 [KEW LIST: Campanulaceae](#)

Apetahia	Astrocodon	Asyneuma	Azorina	Berenice	Brachycodonia	Brighamia 2	B
Campanumoea	Canarina	Centropogon	Cephalostigma	Clermontia	Codonopsis	Craterocapsa	C
Cyanea	Cylindrocarpa	Cyphia	Cyphocarpus	Delissea	Dialypetalum	Diastatea	D
Downingia 7	Echinocodon	Edraianthus	Feeria	Gadellia	Githopsis	Grammatotheca	G
Heterochaenia	Heterocodon	Heterotoma	Hippobroma 1	Homocodon	Howellia	Hypsela	Ja
Legenere	Legousia	Leptocodon	Lobelia 19	Lysipomia	Mechauxia	Merciera	M
Microcodon	Monopsis	Musschia	Mzymtella	Namacodon	Nemacladus	Nesocodon	N
Palmerella	Parishella	Peracarpa	Petkovia	Petromarula	Physoplexis	Phyteuma	Pi
Porterella	Prismatocarpus	Pseudonemacladus	Rhigiophyllum	Rhizocephalum	Roella	Rollandia	R
Sergia	Siphocampylus	Siphocodon	Solenopsis	Symphyandra	Synotoma	Theilera	T
Trematolobelia	Trimeris	Triodanis 1	Unigenes	Wahlenbergia 1	Zeugandra		

http://132.236.163.181/cgi-bin/dol/dol_terminal.pl?family=Lobeliaceae&rank=genus

REPORT of the PROVING:

PROVER 1:

Intake proving:

Women, °1959.

Complaints:

- Eruptions on the larynx
- Lump sensation in throat.
- History of recurrent tonsillitis.
- Trapezius syndrome.
- Frontal headache after playing tennis.

Good reaction on Amonium muriaticum since October 1998.

No specific further peculiarities.

It's a very stable person. No nonsense.

MEDICAL HISTORY:

Obesity. Was on a diet already several times without success.

Got medication during her youth because she was too tiny as a child.

1966: itching eruption on the lower limbs. Afterwards it spread over the abdomen, back and arms. Aspect: vesicles filled with liquid or red spots.

Puberty: history of tonsillitis

1990 – 1991: depression during three month's.

April 2001: eruption on the left hand at the ventral side of the ball of the thumb.

February 2004: extraction of wisdom teeth

BIOPATHOGRAPHY:

P, °1928. Died in 1996 at the age of 69 years from cancer of the lungs.

M, °1930. Good health.

PROVING:

Homeopathic drug was taken on day 1 at	: 06h45	on day 2 at : 07h45	
	: 12h45		12h35
	: 18h14		19h00

DAY 1:

01/08h30: cold shivering on the back during 3 minutes NS

01/09h10: trembling of left hand at her work. No stress at all at her work at that moment NS

01/13h30: slight palpitation for only 30 seconds. She felt this palpitation at rib 3 – 4 left parasternal. OS

01/17h30: dry throat and mouth and lips. She still suffers from it at the third day NS

01/21h35: pressure on her temples bilateral close to the hairline there where the hairline retires the first in males. This pressure goes on until 23h25 while going to sleep NS

01/23h25: slight throat-ache just medial from the attachment at the claviula

from the medial side of the left sternocleidomastoïdeus NS

DAY 2:

02/10h36: right trapezius and neck fixed, unable to turn head completely to the right side NS

02/10h47: pain stitching at right mastoid NS

02/10h55: pain stitching in right fingertips, elbow and trapezius. Around the elbow. Not all at the same time. First at the index – and middle finger and afterwards the elbow and the shoulder but she doesn't know exactly which place was first. NS

02/12h22: pressure paravertebral right side at C7. NS

02/13h42: frontal headache all over the forehead as a horizontal band 1cm above the eyebrows and 1 cm under the hairline. Until 17h46. NS

Neck rigid at the right side not able to turn the head more than 30° to the right NS

02/13h42: still dry lips, mouth and tongue. Doesn't pass away. This dryness stays continuously with the desire to drink something constantly. Still she is not drinking more than normally.

02/16h46: she feels better.

In general she is clamminess the all day and had a feverish feeling without fever and really perspiration. NS

DAY 3:

03/7h30: slight frontal headache extending in a 0,8cm wide band upward from the root of the nose to the hairline NS

03/7h30: right side of neck still not supple.

03/7h30 dryness of throat

03/08h56: headache gone

03/11h00: neck is supple again and is able to turn her head to the right without problem.

GENERAL: whole day long dryness of mouth and throat. In spite of this dryness she is not drinking more than usually. It is sufficient that she is drinking only a little water to relieve the dryness of mouth, lips and tongue. The relief lasts only 5 minutes to come again. The amount of saliva is normal.

03/21h07: gnawing frontal headache all over the forehead.

03/23h14: on going to sleep she stills suffers from headache without nausea or others symptoms. No modalities.

DAY 4:

04/08h45: rising with a dry mouth/lips/throat.

04/11h44: frontal headache all over the forehead after playing tennis OS

04/22h45: headache all day long but after playing tennis this may happen before OS

Dry mouth all day long NS

DAY 5:

05/07h15: frontal headache all over the forehead with a dry throat.

NS

Had a bad night waking up several times. Despite of the bad sleeping the night was refreshing. Normally she has a very good and deep sleep without waking.

DREAM:

She was participating an athletic competition.

It was a warm and oppressive day what she didn't like. It was a dark place with a very little audience.

This was the first part of the dream. A part without any feelings. Never before she had a dream about participating a athletic competition.

Another dream:

She is walking with her husband through a town. They have an appointment at 18h00 but her husband wants first to go somewhere else but it is already 17h00.

He goes on in spite of the fact that she is saying that it is not possible now to go somewhere else. It's a very gloomy day, not pleasant at all. They have to climb a very steep slope. I am walking some metres after my husband. Normally climbing is very difficult for me but not now this climbing gave me a pleasant feeling and I was very content about myself. At the top of the slope her husband is waiting for her in a kind of shopping centre. He says that first they have to descend again before they arrive. She sees before her a depth with a straight stair downhill (like at the quay of a river). After sighing in her dream she woke up.

First it was a feeling of relief but than of bad luck because I had to descend again this stair!!

05/09h15: headache gone.

05/11h32: frontal headache above left eye. Over the all left side of the forehead.

Gnawing pain. Little more severe as the one she was waking up with.

05/16h39: frontal headache gone.

In general: she still is suffering from a dry throat, mouth, lips. The lips don't look different from normal but feel dry. Nothing special to see at her tongue.

DAY 6:

06/08h10: on rising dryness of throat and lips.

06/12h55: back pain bilateral paravertebral at the bottom of the both shoulder blades at the level Th 8 and Th 10. Pain at two small spots 2cm of diameter (bigger than a 2 euro coin)

A dull kind of pain. Not a sharp pain as she may have more often in her right trapezius. AS.

06/22h55: back pain bilateral paravertebral still is present. As intense as in the morning.

DAY 7:

Weight: 98,9 kg

07/07h30: backpain still is present in a slightly way. Pain is not irradiating.

07/09h19: backpain is worsening.

07/11h15: back pain is situated now a little bit higher only at the left side and a little bit higher between the left shoulder blade and the spine.

07/13h10: pain at the medial side of the lower medial corner of the left shoulder blade is worsening.

07/18h00: pain at the medial side of the lower medial corner of the left shoulder blade is still worsening.

07/23h43: on going to sleep she still is suffering from this terrible pain. NS

Throat pain at the left side like she had at the first day at 23h25 at the same place.

General feeling: painful day with this continuous back pain medial at the lower medial corner of the left shoulder blade. It was a hard time. Was not angry with the pain. It was **annoying**. This was a continuous pain and this pain was there always.

DAY 8:

08/6h15: still slight pain present at the lower medial corner of the left shoulder blade. Slightly this pain is diminishing.

08/12h15: pain has gone.

RELIEVE. When this pain was still there this morning on waking she really had the feeling “not again a day with this pain”. So it was really a hard time with this pain and she is happy not feel anymore this annoying pain.

DAY 9:

09/7h15:

DREAM: I see above as from the position of a frog, a cyclist all in blue. His bike, his clothes, his hairs on his legs. Everything is blue. He gets on his bike and I want to shout but he doesn't hear me. I want to go with him but notice to my great deception that my bike is very, very miniscule. Suddenly a big shade is going over me and this frightens me. It is a small child. This child is very small and I see everything from the ground. This small child will crush me under her feet if I am not quick enough. I get on my bike and start to pedal but I make no advance. At that moment I wake up.

? Feeling

She wanted to accompany the cyclist and this already before the frightful shadow came over her. She was in real panic and really terrified when this shadow came over her. Real fear. She was really terrified when the pedalling stayed without success. Unless the effort to cycle there was no progression. I was tiny and minuscule and I couldn't get away. It looked like I stayed on pedalling at the same place. I was **immovable**. I was **fixed again**.

This feeling of being "fixed" she also had in a dream of the Insulinum-proving.

In all her life she remembers only one dream that she was falling in the water.

09/17h12: dull pain at the lumbar region bilateral at level L3. The place of the pain has again the size of two euro coin. A deeper pain as the shoulder blade pain and it was a pain as if coming from the intestines. NS

09/23h40: pain is still there.

DAY 10:

10/08h30: same pain in the lumbar region but less intense.

10/24h05: pain is still present but in a mild way.

DAY 11:

11/15h10: lower back pain but now only at the right side. Again at level of L3. Same pain but only at the right side.

11/22h45: gnawing pain in the right lumbar region still present.

DAY 12:

12/16h30: when playing tennis an severe attack of headache over all her head accompanied by nausea. It's an old symptom but much more severe than normally. In fact the pain was so severe that she should have to stop playing tennis. Was really feeling very bad. AS

Normally she can develop headache very frequently when playing tennis but now it was also with nausea.

12/23h00: still the same headache and nausea.

DAY 13:

13/07h15: gnawing headache all over the head. Remainder of the headache of yesterday.

13/16h13: headache has gone.

General: feeling good. Dryness of mouth, throat and lips is gone.

REPERTORISATION:

BACK - SHIVERING – morning – 8h30

EXTREMITIES - TREMBLING - Hand – left – **working while**.

CHEST - PALPITATION of heart

MOUTH – DRYNESS

FACE - DRYNESS – Lips

THROAT – DRYNESS

HEAD - PAIN - Forehead – pressing - Eminence, frontal

EXTERNAL THROAT - PAIN - Throat-pit – left side – Sternocleidomastoideus

HEAD - TURNING – head – right side completely – impossible.

EAR - PAIN – Mastoid – stitching - right .

EXTREMITIES - PAIN - stitching - Fingers - Tips of – right

EXTREMITIES - PAIN - stitching – Elbow

BACK - PAIN - Cervical region – stitching - right side

BACK - PAIN - Cervical region – Vertebrae – seventh – paravertebral right - pressing

HEAD - CONSTRICTION - Forehead - band; as from a

HEAD - TURNING – head – right side to - completely – impossible – because of rigidity neck.

BACK - STIFFNESS - Cervical region - turning - head - right agg.; to AS

MOUTH – DRYNESS – thirst with - without drinking more than normally, although

MOUTH - DRYNESS – Tongue - thirst with - without drinking more than normally, although

FACE - DRYNESS – Lips - thirst with - without drinking more than normally, although

THROAT – DRYNESS - thirst with - without drinking more than normally, although

PERSPIRATION – CLAMMY – day, all

PERSPIRATION – CLAMMY – feverish feeling – fever, without

NOSE - PAIN - Root - extending to – Forehead

HEAD - PAIN - Forehead - gnawing pain

HEAD - PAIN - Forehead - accompanied by – dryness throat, with

HEAD - PAIN - Forehead - exertion - after - agg.

SLEEP - WAKING – frequent

SLEEP – REFRESHING – sleep interrupted, despite of

DREAMS – COMPETITION

DREAMS – COMPETITION - athletic

DREAMS – ASCENDING – slope; ascending steep slope – without difficulty – normally difficult

HEAD - PAIN - Forehead – left – gnawing pain

BACK - PAIN - Dorsal region – Vertebrae – eighth and ninth – paravertebral - bilateral

GENERALS - PAIN - Spots; in small

BACK - PAIN - Dorsal region - Scapulae - left - Inner angle of left - Lower inner angle

BACK - PAIN - Dorsal region - Scapulae - left - Inner angle of left - Lower inner angle – dull pain

BACK - PAIN - Dorsal region - Scapulae - left - Inner angle of left - Lower inner angle – medial side

BACK - PAIN - Dorsal region - Scapulae - left - Inner angle of left - Lower inner angle – medial side – dull pain

EXTERNAL THROAT - PAIN - Throat-pit – left side – Sternocleidomastoideus

MIND - IRRITABILITY - pain, during

MIND - IRRITABILITY – pain, during - Dorsal region; Scapulae - Angles of – Lower – left – medial side

MIND - DESPAIR - pains, with the

MIND - DESPAIR - pains, with the – Dorsal region - Scapulae - left - Inner angle of left - Lower inner angle – medial side

DREAMS - COLORED – blue
DREAMS - UNSUCCESSFUL EFFORTS - cycling; to
DREAMS - SMALL, she is
DREAMS - CRUSHED, being
DREAMS - FRIGHTFUL
DREAMS - FRIGHTFUL - shadow
DREAMS – ANXIOUS
DREAMS - NIGHTMARES
DELUSION – immovable

BACK - PAIN - Lumbar region – Vertebrae third – bilateral; dull and deep pain
BACK - PAIN - Lumbar region – Vertebrae third – right side; dull deep pain

HEAD - PAIN - exertion - body, etc.; of
HEAD - PAIN - exertion - body, etc.; of – tennis playing – has to stop.
HEAD - PAIN - accompanied by – nausea
HEAD - PAIN – gnawing

PROVER 2:

Intake:

Women, °1952

Good health. Under homeopathic treatment since over 30 years but doesn't need very often medication.

No general peculiarities.

MEDICAL HISTORY:

As a child many inflammation of the ears. Chronic perforation of tympanums.

1980: pneumonia.

Hashimoto thyroiditis without clinical repercussion.

2003: menopause.

BIOPATHOGRAPHY:

M, °1922. Died in 1994 from cancer of the uterus.

Thyroid problems.

P, °1920. Died in 1999.

F, °1948. Died in 2006 from suffocation. Alcoholism.

PROVING:

Day 3:

She dreams being pregnant but for one reason or another this pregnancy cannot go on. That's why she must give birth to the child. At the moment of the birth she is 3 month's pregnant and during this abortion she has really to press very strongly to give birth to a completely normal baby. The baby is a little bit smaller as normally. In spite the fact that the child is breathing and weeping as a normal, full – grown baby, she thinks the baby is going to die.

But the baby doesn't die.

She tries letting die the baby because she thinks the baby is not viable, but the baby doesn't die.

Finally she feels herself being a murderer.

Analysis:

There is a strong feeling of "this is not right". This can not correspond with reality. That's why she must give birth to the child. Her feeling is that the child is not viable.

Willing to kill the child provokes a feeling of guilt: "I feel myself a murderer".

REPERTORISATION:

DREAMS - NIGHTMARES

DREAMS - PREGNANT – being

DREAMS – ABORTION

DREAMS – ABORTION – at 3 month

DREAMS – KILLING - new born child

MIND - DELUSIONS - murderer; she is

MIND - ANXIETY - conscience; anxiety of – murderer; being a

DREAMS - AFFECTING the mind

PROVER 3:

INTAKE:

Medical history:

- Measles as a child

- 1962: Acute appendicitis. R/ Appendectomy. This appendix did break during the operation.

Sometimes a fever and a bronchitis.

- 1964: operation for phimosis followed by some long complications.

- 1965: many warts on her hands. Mother warts on the palm of the right hand and on the left thumb. The hands were full of warts. Cutting them, burning them, no treatment had success.

Finally treated with Cobalt – radiation. During the same period his father was also suffering from warts. He was pestered a lot because of his warts.

- 1988: during divorce complaints of dyspnoea and depressed. A kind of oppression on the chest.

LIFE HISTORY:

He is an only child. Good contact with his parents. Sees his parents frequently. Some difficulties with his father during puberty and adolescence. It happened twice a week that his father didn't return at home. His mother and himself were worrying about him.

1975: death of grandmother was a big shock because it was unexpected. He had a very good contact with this grandmother. He was at that moment 19 years old and had a lot of grief.

Even until now he sometimes can think at her.

1983: married an Italian women. Impossible to live with her because psychotic character. Lot of plans and ideas but no realisation.

1984: birth of son.

1988: divorce.

1990: co - habitation with second wife..

1992: together with his mother he pulled out his father of a certain type of bar! It's a blame for the family. Mother doesn't want to speak about it.

BIOPATHOGRAFIE:

M°1933: bypas – operation (5) when she was 53 years old.

MM: fatal myocardial infarction when she was 70 years old.

P: °1931; warts +++

PP: alcoholic.

COMPLAINTS:

- eruptions on both my legs. It is a red rash. Have to scratch frequently. Scratching causes sometimes bleeding.

Itching mostly in wintertime. I am scratching continuously and this irritates me.

Than again its bleeding and you try not to scratch.

It is itching during several days and than it stops suddenly.

It's is not itching before going toe sleep. It's more itching when sitting down calmly. It's irritating wearing long trousers.

Better in summertime.

- rustling in the head. I'm hearing this rustling in the both ears.

This rustling is not constant but comes and goes.

The sound is a little bit higher as a ventilator.

This rustling is not disturbing me. It continues sometimes one hour. No vertigo.

It aggravates by eating gember. His mother also is suffering from rustling.

- urination more frequent in daytime as well at night. Rather small quantities. En dan ook

Has to wake up twice at night, at one o'clock and and at 6h30.

Since one year.

- his vision is diminished recently. .

The frequent urinantion and the diminished vision is disturbing the most.

MENTAL:

It irritates him that his son is not studying very well. He has not a very good relationship with his son and this disturbs him. He keeps on thinking at it and at that moment he has to scratch at his legs. Right now when I'm talking about it I have to scratch.

At that moment I also feel a heaviness on my chest.

Going from inside outward. A constant tension. Thinking at it makes it worse. The rustling in the ears starts also at that moment. It looks as if my chest is too small and my heart too big. The opposite is having the possibility to breath more freely. Than the energy returns.

You have more space. The sea. The air. The high mountains. Motion and being in the possibility to continue and to see the future and feeling no limitations. That's why I like to travel. I want to travel and see new horizons.

Searching for new things. Not standing still, going forward. I don't like stagnation. That's why I also want to participate with the proving.

At the other hand it's also important to stand still sometimes with something. This is also important.

Stagnation for me is a still water. Like a swamp, full with mosquitoes. Something that stagnates. It has to start moving, velocity, motion, evolution.

Concerning my son the fact that irritates me the most is that he is lazy. He is obstinate and doesn't want to evolve. He stagnates. That's irritating me.

Thinks quite often about death. But in a positive way. I'm seeing death as a kind of continuity. I only don't know what it will be. You will see that the moment you arrived at the other side of the mountain.

DREAM: During my marriage. The relation was very bad.

I was dreaming that I had to carry her in my arm on the stairs. Like in the movie. She was handicapped.

When I waked up I realised that in fact she was mentally handicapped in real life and that my dream was a sublimation. I had to carry her on the stairs as a load. That's why I do remember this dream so good.

The feeling of carrying her as a load was annoying and tiring. Disturbing. Than you get short of breath. You get tired. Finally you get irritated.

SYSTEMATIC ANAMNESIS:

Desire chips with mayonnaise. I like also pasta. I adore steak. I could eat steak every day without problem. Cooked bloody.

No thirst.

Snoring enormously. My wife is worried that I should suffocate because of my snoring. in zou blijven

Perspires a lot in the summertime.

HOBBY :

- Photography
- PC
- Film
- Travelling

Discoveries and creativity. To discover new things. Travelling.

On the P.C. you discover new technics you can apply afterwards.

PROVING:

Dreams night before taking the granules:

DREAMFRAGMENT: a medical doctor gave me a round tube with granules in it. He shows me a naked woman in a kind of aquarium – showcase. He turns round this women and is copulating her. The coition is very clear noticeable.

Feeling: it was as if I was looking at a movie. It was like in a showcase. It was al behind glass, that’s for sure. It was like as if they were floating. First the women and then the two of them. They were weightless and floating. The coition is very clear noticeable and you put the question “why are they doing this?”. They were not clear visible. The women was very passive.

DREAMFRAGMENT: I have two tubes with granules and I gave one of them to a young lady. This lady let falling this tube. I’m thinking: this lady doesn’t like homeopathy.

DREAMFRAGMENT: I am in a parish party hall, which is darkened. A hall like you could have in the seventies, a hall of an old college. A floor with wooden planks. People are looking at the stage but nothing happens or at least I don’t remember something to happen. I hold a green plastic metal disc, a kind of packaging with at the margin a rest of plastic. I break off this plastic, let fall it on the floor and kick it away. The falling and pushing away of these small pieces of plastic causes an exaggerated noise. The pushing away even more than the falling and some people turn round annoyed.

Feeling: he is in the hall and not on the stage. He had not expected making so much noise by falling the plastic on the ground. I was one of the spectators. The odour of a hall of my former school. An odour of wood. A mixture of wood and sweaty feet.

In the past I acted a lot. I have always a double feeling towards acting. On one side I have the problem that I loose my text very easily but at the other hand there is the undeniable creativity. According to my opinion live is like a spectacle. People around you are the public. I am playing a role and people like it.

Although I should not expect this I have the impression that this proving has already before the real intake of the granules, a psychological influence on me. How many unknown substances do we eat, drink or respire we every day?

At the other hand I start the proving with the feeling that it will not provoke many symptoms in my case. Your expectation influences what you are feeling.

TAKING:

Day 1: 08h10.	Day 2: 08h00.
12h00	12h00
22h00	23h00

Day 1:

16.30u.: while driving sleepy feeling. Yawning a lot. This is not my habit.

This was all the trip driving home from work during 20 minutes.

NS

18h30: pain at my left knie during 10 minutes. The pain is located just under the patella while descending the stairs after I had sit still for a while. The pain was not very heavy, difficult to prescribe. It was disturbing him.

Day 2:

07h45: Dreamfragment: two bald-headed men take granules. I saw them from behind.

Several times a short itching at the back. In the middle of the back not able to reach with my hands. Have to rub against the back of the stool to relieve the itching.

Location Th 6 – 7.

18h00: yawning a lot and very sleepy. Normally I never yaw during daytime.

Day 3:

06h30: rising with the start of a inflammation of the throat. It's like an itching in the throat. Coughing when inhaling to deep. It is a kind of irritation, a sensation between the normal situation and pain. An annoying sensation. Like in a hall where someone let fall a piece of plastic. It distracts you in your concentration.

I was worried that it should aggravate and right now I have a lot of work to do. That is the most annoying.

16h30: yawning. Sleepy when driving. Yawning without stopping it never happened before. It is a tired feeling. The eyelids become heavy and a heavy feeling in the head. This lasts a quarter and then it stops. Feeling of sleeping a quarter of an hour and then it is stopped. NS

His wife thought he was more irritated. I was shorter in my reactions when she started to ask for things.

Day 4:

06h30: restless night. I did rise two times. Normally I go to sleep and sleep until waking without interruption. On waking the impression that you were very active during sleep.

Oppression on the chest like an oppression on the airways. The impression that the airways are a little bit smaller than normally when you are breathing.

13h30: **painless diarrhea only once. There was a sudden urging with a bubbling sensation in the intestines. After stool everything alright. It is not common for him to have diarrhea.**

17h30: rustling in both ears. This may happen otherwise also during the evening. Now it was a long time ago that he had rustling. The intensity is as normal. OS

Day 5:

07h00: difficult to rise from bed. Desire to remain in bed. Rising is normally not a problem at all NS

Rustling keeps on.

Itching in the throat and cold goes on. No discharge from nose. It is irritating in the back of the throat.

Afternoon: symptoms of cold go on. Throatache, more cough, episodes of languid feeling, tired eyelids.

The cold starting in the throat did go to the airways.

Evening: enormous flatulence during all evening, every 10 minutes at least 10 times. Bad odour.

Day 6:

07h45: waking too late not hearing the alarm – clock of 06h30. Woke up at 5h45 to urinate. Felt asleep again. Normally had to wake up at 06h30.

Flatulence has gone.

Day 7:

Waking difficult.

Not anymore more irritated than normal.

Day 12:

Flatulence goes on. Less than before but is still there.
The flatulence is especially sitting down. Walking around he decreases.
This fermentation in my intestines is since the proving.

No more yawning. No more irritation in the throat.

Day 27:

During 27 days no more itching at his legs. This is a very long period without itching. CS.

Day 42:

Dream: he was walking in the nature following a small trail going down very steep. You could see a beautiful plain. I did push away when trying to see this plain in a better way. At the last moment I could grasp a piece of moss at which I could hold myself and then I saw the deep abyss and my legs were hanging in the air.
Feeling: I was not anxious but surprised. It was not a comfortable position. Tried to climb up again. I was wondering how it was possible to construct a trail at such a dangerous location. I think that this dream was connected with my stay in Austria a week before where I saw people skiing from steep mountains. Normally I don't dream about this experienced during daytime. NS

GENERAL:

The most striking for me was the flatulence and the dreaming. Normally I am not dreaming at all about business of the day. When I am dreaming it is about things you should not expect. Further more the sleepiness and the yawning.
Mentally I was a little bit more irritated than normal.

REPERTORISATION:

SLEEP – SLEEPINESS – driving while	NS	
SLEEP - YAWNING – frequent		NS
SLEEP - YAWNING - sleepiness – during	NS	

EXTREMITIES - PAIN - Knee – left	NS
DREAMS - BUSINESS - day, of the	
BACK – ITCHING	
EYE - HEAVINESS - Lids – Upper	
HEAD – HEAVINESS	
EXTREMITIES - PAIN - Knee – Patella – left – under	NS
THROAT - PAIN - morning - waking; on – irritating	
MIND – IRRITABILITY	
THROAT - PAIN - extending to – Chest	
RECTUM - DIARRHEA – sudden	NS
MIND - BED - remain in bed; desire to	
ABDOMEN – FLATULENCE – increased	NS
ABDOMEN – FLATULENCE – offensive	
SLEEP - DEEP - morning - 6 h - until 7h45 – not hearing the alarm clock	NS
SLEEP - WAKING - difficult – morning	NS
ABDOMEN - FLATULENCE - sitting - agg.	NS
ABDOMEN - FLATULENCE - walking, while - amel.	NS
ABDOMEN – FERMENTATION	NS
EXTREMITIES - ITCHING - Lower limbs	
EXTREMITIES - ITCHING - Leg - Tibia, over	CS

PROVER 4:

Intake proving

Female, ° 1979

COMPLAINTS:

- Sensitive to outside stress, with reaction especially on the intestines.
- Cramps in calves at night since she is running. Ameliorates by eating bananas.
- Coldness feet very easily in winter time. Needs to wear socks.
- Raynaud's syndrome at the hands and feet since 2004. She was on skiing holidays when her fingers were frozen.
- Pytiriasis rosacea at the age of 21. Probably caused by stress of the examinations and fatigue. Sometimes it returns when under stress or ill.
- Glands are swollen very easily when sick.
- Lordose causing backache by bad position and overcharge

Personal anamnesis:

- Cataract at her left eye by birth. Blind at her left eye. Lens was extracted. Operation was done at the age of 6 weeks because otherwise the cataract could have been transmitted on the other eye.
- Measles at the age of 10.
- Hypercholesterolemia in her father's family.
- Contraception pill since 1997.

No smoking and no coffee.

Practising a lot of sports like tennis, water skiing, swimming and at the moment especially jogging (more or less 20 km a week).

Never used homoeopathic drugs before.

MIND:

Difficulty relaxing or to sit still.

Great restlessness in work as well in leisure.

NEEDS SPORTS

Keeps her mouth for a long time when angry.

Fastidious. Only from the stress during examinations loosing weight to 5 kg.

When she is very busy she is loosing weight easily.

She is not eating less than normal but her metabolism is quicker at that moment.

Very fastidious. Can't stand when her life is not regularly.

Needs the regularity.

Vertigo:

Suffering from vertigo very easily when turning around. Also vertigo by rising very quickly in the morning.

When rocking as a child on a swing very dizzy.

Head:

- **Headache** aggravated by warm weather or in a warm room. When working in the pharmacy, where it is too warm, she may get headache at 3 at 4 o'clock in the afternoon. Normally at 06h30 this pain slips away; sometimes a little bit later but she never goes to sleep with the pain.

It's rather a kind of nausea and rather boring.

Its located over the all head.

- Swelling of occipital glands very easily when sick.

- Rather dry hair.

Eyes and vision:

Blind in left eye. Has only vision in her right eye.

Because of this vision problem sometimes vertigo.

TEETH:

Extraction of wisdom teeth at the age of 14.
Good and sound teeth

THROAT EXTERNAL:

Swelling of glands very easily when falling sick.

STOMACH:

Aversion: coffee +++

Desire: milk, **chocolate**. Sweet and salt. Adores fruit.

Thirst: a lot of thirst and prefers refreshing things.

Eating frequently but a little every time.

COLON:

Constipation travelling while.

Diarhea from Mac Donalds and from stress

BLADDER:

Rather small bladder.

Frequent urination and has to rise frequently at night to urinate.

Bladder inflammation once.

FEMALE GENITALIA:

Takes the contraception pill.

Weariness and irritability during menses.

BACK:

Lordosis causing backache by a bad position

EXTREMITIES:

Swelling of hands and feet in the morning accompanied by red discoloration.

Cramps in calves at night better by eating bananas.

Coldness of feet in wintertime and needs socks.

SLEEP:

Needs a lot of sleep.

Very profound sleep.

On abdomen or side. Never at her back.

Sometimes perspiring.

DREAMS:

Not many dreams.

As a child about being pursued.

Talking in sleep sometimes. Kind of absurd discussions with her friend who goes to sleep later in the evening. In the morning she is not remembering anything of it.

Dreaming about business of the day.

Dream during the observation period:

- Holidays of 6 years ago with people she knows nowadays..
- About friend proposing going to sleep at 22h00.

- Quarrelling in her dream the night before taking the homoeopathic proving drug for the first time.

-

TEMPERATURE:

Very chilly.

Perspiring easily when exercising.

Never gets a high fever.

SKIN:

Pityriasis rosea when under stress.

Rather dry skin.

Many warts on her feet soles. Excision when a child.

PROVING:

TAKING:

<u>Day 1:</u>	10h21	<u>Day 2:</u>	07h45
	15h34		14h30
	18h40		18h45

Day 1:

13h00: **very severe** headache when eating with her in-laws. She may have headache when eating even when she feels at ease but not so severe. She thinks she gets the headache when eating at the house of her in-laws because it is rather cold than warm inside.

This headache went on until 15h30.

This headache stopped spontaneously.

NATURE: **pressing** headache, like I may have it staying in a warm room. Normally I notice the headache is starting but now it was there **all at once**. AS

LOCALISATION: more localised and only frontal (normally the headache is over the whole head).

Very **annoying**, it really disturbs me, it takes away all my attention, could not ignore it.

Normal appetite and no nausea during this headache.

Aversion to wine at that moment.

This is very unusually. NS

Concentration very difficult during conversation.

Feeling something was in my left eye. I even asked people to have a look at my eye and see or something was in my eye. They saw nothing in my eye. NS

This feeling disappeared **suddenly** AS

15h30: headache stopped.

In the evening after exercising longing for chocolate more than normally.

AS

Slight cough before falling asleep around 01h00. A **dry cough**

OS

Day 2:

Busy day at work. The lack of organisation at my work was **irritating** me more than normally. Normally I stay very calm and I am not disturbed so easily but now I was really irritated.

I did speak about my **irritation**. Normally I should not speak about it. Normally I am quite reserved.

Also it is not normal for me to feel such an irritation.

I am a very orderly person and when close people I live together with are not orderly, it may irritate me. But now this irritation was at my work. This is very uncommon.

Normally she should keep this irritation for herself.

She should not express it especially because the circumstances at her work this particular day were not so different from other days.

Day 3:

Slight headache but not disturbing her. AS

Day 4:

Very short headache AS

All over her head and extending to her neck.

Pressing and intense pain.

Less severe than the headache on day 1.

Two spots of pityriasis versicolor on the ventral side of her left forearm and on her abdomen.

OS

GENERAL REMARKS:

More **fit** than normal, despite of the headache and loss of sleep

AS

In the **evening I am very active** and I don't like to stop.

AS

I need only a little sleep NS

Very cheerful and fit NS

Normally she goes to sleep before her boy-friend but now she goes to sleep at 01h00.

This feeling of being more fit started at day 3.

It's very uncommon to have this fit feeling despite of the little sleep. I may have periods of feeling fit but than

I am sleeping much more.

Day 5:

Frontal headache again this morning between 10h00 and 10h15 without irradiation to the neck.

NATURE: rather pressing but not so irritating as the first day.

It was not disturbing her in her activities. That's what she means with irritating.

Pytiroiasis has gone.

Started to feel tired physically even when still feeling very active psychologically. Her eyes started to irritate as she may have this more. Normally this is around 22h00 that her eyes start irritating.

She is **not dreaming at all**

NS

This is very uncommon for her because normally she dreams every second night. These dreams are not very special and normally about business of the day.

Day 6:

01h00: woke up when her boy-friend came to sleep.

Was lying awake for a long time. For sure one hour without a specific reason. Normally she falls asleep directly after waking. Not now. Had a good night afterwards. NS

Now and then headache but this is not hindering her anymore

AS

Day 7:

Still headache

AS

Sleeps very well.

A little bit tired today but worked a lot last week.

In the afternoon she went for running because normally the fatigue passes away afterwards.

Not now.

Physical exertion doesn't amel.

NS

Stayed very tired after running and did a nap at 16h00.

She had to rest / sleep a little bit because she was very tired.

Day 8:

Long and good sleep.

Very tired all day long and very emotional

AS

May be emotional but now it was much more intense (intensity +++++):

- weeping very easily and without reason

- feeling disappointed.

- quarrelling with her boy-friend.

- **irritable.**

- did not liked to be disturbed. In some way she liked company but thanstubborn

.....annoyed....asking for negative attention.

Feeling annoyed. In some way she liked company but in the other way she rejected it. This is abnormal for her.

Normally she behaves not in this way. Normally I am a tough girl not to disturb mentally so easily. I am more rational than emotional.

May be stubborn. Rather firm in goals I want to reach.

Doubting around everything . Wanting to do several things but not knowing what first to do. Normally she is not doubting at all at herself and about what to do and.

Day 9:

Still she was very tired, but when working it was not disturbing her anymore.
Still very emotional and weeping very easily.
Went for sleep early because she was very tired.

Day 10:

For the first night she had again her dreams as normally.

Chilblained hands OS

Tingling and especially in the morning swollen toes even when it was still warm outside. Stopped the same day.

Day 12:

Dream about business as normal.

Observation supervisor:

Had to call the prover myself because she had **forgotten** it.

She tells me that she is already **very confused** during the all day and that she is lost in thoughts. NS

This is very abnormal for her and was **very annoying**.
From being very active to confused and than again very tired.

Day 14:

Dreams of business as usually.

Day 15:

Dreamy.

Lost in thoughts.

Confused like during day 12 but less severe. NS

Day 17:

Droom van dagresten.

Day 18:

18h00: **abdominal cramps with a short diarrhoea. This passed very quickly.**

NS

I may have sensitive intestines especially with stress but not in this way.

Day 20:

16h00 – 19h00: **severe frontal headache.** Had to take a pain killer (Panadol) at 18h00. Very tired that day.

Pressing pain frontal almost so severe as at the first day. She may suffer from headaches but not so severe as now.

This headache was disturbing her vision.

Also had a **very difficult concentration** during this headache.

AS

Day 21:

Very tired all day long but was also the last day of her periods.

Practising sports was going very well.

Day 34:

Coryza started with watery discharge.

Cough. No headache and no fever.

Normally I have once every two years a cold. This cold lasted longer than normally. It was not a very severe cold but it was annoying you.

Day 37:

More coughing.

Day 38:

Cold goes on without amelioration.

Day 40:

Feverish

Irritable. She may have this when she is tired. OS

Fatigue.

Day 41:

Better.

Day 43:

Finally after 9 days this cold stopped.

It is very unusually that I have a cold during such a long time.

Day 57:

Pytiasis versicolor appears again OS

No chilblains even when it is cold outside CS

REPERTORISATION:

HEAD - PAIN - Forehead - pressing pain	AS
HEAD - PAIN – Forehead – pressing pain – accompanied by – aversion of wine.	NS
HEAD - PAIN – Forehead – pressing pain – accompanied by – difficult concentration	NS
HEAD - PAIN – Forehead – pressing pain – annoying me – in my work	NS
HEAD - PAIN – Forehead – pressing – sudden	NS
MIND - IRRITABILITY - Head; with complaints of	NS
MIND - CONCENTRATION - difficult - headache, with	NS
MIND - CONCENTRATION - difficult - conversation, during	NS
GENERALS - PAIN - appear suddenly - disappear; and – suddenly	
GENERALS - FOOD and DRINKS - wine – aversion	NS
MIND - DELUSIONS – Eyes – left – object, in	NS
GENERALS - FOOD and DRINKS - chocolate – desire	AS

MIND - IRRITABILITY - working, when – bad organisation from	NS
MIND - IRRITABILITY - working, when – bad organisation from – express one self	NS
DREAMS – absent – normally dreaming	NS
SKIN - ERUPTIONS – scaly	OS
GENERALS - ENERGY - excess of energy	NS
GENERALS - ENERGY - excess of energy - sleep little, despite of	NS
MIND – CHEERFUL – sleep little – despite of	NS
SLEEP - SLEEPLESSNESS - waking, after	NS
HEAD – PAIN – annoying her	NS
GENERALS - EXERTION; physical - amel. – doesn't amel.	NS
GENERALS - WEARINESS – daytime	NS
MIND - EXCITEMENT - easily excited	NS
MIND - WEEPING – easily	NS
MIND – QUARRELSOME – friend, with her	NS
MIND - AILMENTS FROM – disappointment	NS
MIND - CONSOLATION - agg.	NS
MIND – IRRITABILITY	NS
MIND – IRRITABILITY - excessive	NS
MIND - EMOTIONS - predominated by the intellect: is haar normale toestand.	
MIND - DISTURBED; averse to being	NS
MIND - COMPANY - desire for – rejects them, but	NS
MIND - CONFIDENCE - want of self-confidence	NS
MIND – ATTENTION – asking for, in a negative way	NS
EXTREMITIES - COLDNESS – Hands – winter, in	CS
EXTREMITIES - RAYNAUD'S DISEASE	CS
MIND - CONFUSION of mind	NS
MIND - CONFUSION of mind – annoying, her	NS
MIND - THOUGHTS – wandering	NS
MIND - CONFUSION of mind - dream, as if in a	NS
ABDOMEN - PAIN - cramping – sudden	NS
RECTUM - DIARRHEA – sudden	NS

PROVER 5: Male, °1963

INTAKE proving:

Homeopathic treatment since 1995.

When problems good reaction on Magnesium phosphoricum.

Needs intermediary quite a lot of Dysenteric co, bowel nosode of the carcinosinum miasm.

June 2004: pneumonia. R/ Magnesium phosphoricum didn't help him.

Chelidonium and Euphorbium cured him.

January 2005: bronchitis and sinusitis. No reaction on Euphorbium.

Good reaction on Hepar sulphur. As a child he was playing quite a lot with matches. He should wish his children should not play with fire like he did in his youth. Once he really caused a fire.

He is a peaceful person (that's why Magnesium phosphoricum and Euphorbium helped him).

But in certain situations he can have the "weapons" ready! These "weapons" are always verbal. "In certain situations I keep my weapons ready and I prepare myself that people I don't like should not approach me too closely".

If someone should really harm me I should threaten with a knife or really hit this person. I'm very vulnerable if I trust someone.

MEDICAL HISTORY:

1978: frontal headache. A pressing pain. Twice a month. Could be very heavy.

During a period of 7 years very frequently headache.

Dandruff: during puberty a lot of dandruff. The white scales fell as snow on his shoulders.

1980: laryngitis very frequently in his puberty with complete aphonic.

A lot of colds. Very obstinate obstruction of his nose. Nose drops didn't help to open his nose.

Was treated very often with antibiotics in his youth.

1996: very severe glandular fever with month's of revalidation. IgM stayed more than 6 month's positive.

Autumn 2001: period of frequently returning headache

October. 2002: kidneystone left side. Hospitalisation because of crisis.

Ca oxalaat 78% en ca fosfaat 21%.

November 2002: excision of recidive of varices left leg. Stripping VSP.

JUNE 2004: pneumonia right upper lobe.

JUNE 2004: diagnosis of beginning steatosis of liver. He adores chocolate.

BIOPATHOGRAPHY:

P, °1934:

- History of recurrent tonsillitis until 1970.

- 1970: last tonsillitis

- Amygdalectomy.

- 1999: Iodium treatment because of Graves – Basedow (toxic multinodular goitre).

- August 2002: herpes infection on left eye.

- February 2005: herpes infection on left eye.

Hypertrophy prostate.

Hypertension.

M, °1937.

- 1961: operation for varices. Stripping both legs.
- 1975: poliepectomy via rectoscopy
- 1979: hysterectomy because of fibroma. Bloodtransfusion because of anemia.
- 1994: disease of Reclus.
- Jan 2000: recidive varicosis left inguinal region. R/ sclerosation.

PROVING:

TAKING:

DAY 1	07h45	DAY 2:	07h31
	12h14		11h52
	18h26		18h30

Day 1:

01/8h12: light shivering 1 cm under the middle of the right eye as if a vein is going to burst.
Duration: 2 minutes.

01/18h27: immediately after taking a sour taste in the mouth. NS

01/23h03: falling asleep a little bit more difficult as usual. Restless mind as if I had drunken too much coffee.

General feeling: very efficient in my work in spite of being distracted a lot. Very good concentration. Worked a lot in a short time in spite of the many interruptions.

These usual interruptions disturbed me less than normal.

Clear mind in spite of interrupted sleep because of sick children.

Not having my fatigue I may have normally in the afternoon. Could continue my work without break.

Day 2:

02/04h03: rising at night to urinate OS

02/07h00: refreshing sleep.

02/08h35: slight irritation at the right eye medial under the lachrymal canal and at the lateral corner of the right eye. NS

In general working very efficiently.

Day 3:

03/07h00: refreshing sleep

03/10h00: dull and listless feeling with weak concentration. Rambling on but finishing nothing and this in a extreme way. Doing many things but finishing nothing with the feeling at the end of the day of having finished nothing. Not putting in order the breakfast table. I cut down one tile; stop than and have to catch the vacuum cleaner for the dust caused by cutting down this one tile. Undertaking many things but not persevering. AS

Day 4:

04/03h13: obliged to rise because of urging to urinate. Enormous quantity. AS
May have this periodically but other periods he doesn't have it.

04/05h00: feeling of a starting cold. Feeling of swollen and irritated sinuses. This didn't go on.

04/07h41:

DREAM: a colleague is in a jury to evaluate books. That's why he has to read 150 books a year. This colleague had told him before that he was not willing to do this anymore because of the lot of work to read so many books in a year. The prover has now the feeling that this colleague lied to him because he said not doing this anymore in the future and now he was doing this again.

Feeling in the dream:

He had a forsaken feeling. He is annoyed at the fact that someone says one thing and does the other. At that moment he feels forsaken.

04/22h00: starting cold with severe sneezing attacks. Really very severe sneezing attacks. Attacks of sneezing five times but when it is so severe it is enough. It looks the sinuses are coming full with mucus. This starting cold continued during two hours.
Night without problems and he could breath freely.

GENERAL FEELING: **irritated** more easily and less patient. Especially towards his children. In spite of the fact that it is not more lively at table with his kids than normal, it is disturbing him now more than before. Conversations through each other is considered as a enormous noise. Normally he is not so sensitive for this.

Day 5:

My nose is free to breathe but I have **sinusitis** and **an irritation halfway the nose at both sides and the feeling of a bigger pressure at the sinuses.**

05/17h45: during half a hour very severe attacks of sneezing.
Could breath freely during the night.

Day 6:

06/20h45: nasal speech starts again. During the daytime no problem with his nose.

GENERAL FEELING: less irritated in spite of the fact that he had to take care of his kids alone during four days.

Day 7:

Urinating twice after midnight. In spite of a very severe urging the urine was scanty. The urging forced him to rise from his bed. Normally he has to urinate during the night only once or even not. It is rather exceptional that he has to get up at night to urinate.
Normally he can wait a long time to urinate.

04/7h00: dehydrated feeling morning on waking.

Slight frontal headache all day long. Not very severe but with the “threatening” of getting a more severe headache. Still can functioning. Towards the evening this pain passed away.

GENERALFEELING: more quiet and less irritated but still more sensitive than normal for noise. Especially if people start to talk through each other and for when someone starts to sing.

Day 8:

No more urination at night..

08/7h00: urination copious morning on waking.

Very clear mind on waking. Normally my mind is clear morning on waking.

08/18h10: sneezing extremely with a slight nosebleed. Very severe sneezing that you are thinking...this is impossible and exceptional. Sensation of a enormous tickling in the nose like when you should inhale pepper. You have to sneeze.

Paroxysmal attacks of four to five times sneezing. Two to three attacks. Very severe attacks.
NS

Still nasal speech but less than the day 6 in the evening.

Day 9:

No more attacks of sneezing.

09/11h00: dull feeling until 16h30 with a lot of yawning. Very extreme yawning. It made me think at the extremeness of the attacks of sneezing.

09/14h00: slight frontal headache central above the root of the nose.

09/16h30: dull feeling much better with a stopping of the yawning and also the headachte disappeared. All at once a very clear mind.

OBSERVATION of the supervisor: no more nasal speech.

Day 10:

No nycturie. No sneezing. Refreshing sleep.

Day 11:

No nycturie. No sneezing.

Day 12:

More calm towards the kids. Less sensitive to noise.

REPERTORISATION:

DAY 1:

EYE - QUIVERING - Lids - Lower – right – under – 1 cm; in the middle. NS
MOUTH - TASTE – sour NS
SLEEP - SLEEPLESSNESS - thoughts - activity of thoughts; from OS
MIND – CONCENTRATION – active NS
MIND – CONCENTRATION – active – many interruptions; in spite of NS
MIND - CONCENTRATION - difficult - interrupted, if CS
MIND – CONCENTRATION – active – loss of sleep; in spite of. NS
MIND – CLARITY of mind NS
MIND – CLARITY of mind – many interruptions; in spite of NS
MIND – CLARITY of mind – loss of sleep; in spite of NS
MIND - CLARITY of mind – afternoon - coffee; in spite of – not drinking NS

DAY 2:

SLEEP – REFRESHING NS

EYE - IRRITATION - Canthi – Inner – right eye - lachrymal duct; under NS
EYE - IRRITATION - Canthi – Outer – right eye NS

MIND - AGILITY, mental NS

DAY 3:

SLEEP – REFRESHING NS

MIND - DULLNESS - morning - 10 h
MIND - CONCENTRATION - difficult
MIND - CONCENTRATION - difficult – morning – 10h
MIND - UNDERTAKING - many things, persevering in nothing

DAY 4:

BLADDER - URINATION - urging to urinate - night - midnight - after – 3.13h – a enormous quantity; for NS

FACE - SWELLING - Sinuses - Maxillary
NOSE - CORYZA - beginning of

DREAMS - FORSAKEN; being - friend; by
MIND - FORSAKEN feeling - friend; by

NOSE - CORYZA - beginning of – evening; 22h00 – 24h00
NOSE - CORYZA - beginning of – evening; 22h00 – 24h00; preventing sleep; not
NOSE - CORYZA - beginning of - accompanied by; sneezing – very violent
NOSE - SNEEZING - violent
NOSE - SNEEZING - paroxysmal - prolonged paroxysms – five times; very violent– but.

LARYNX AND TRACHEA - VOICE - nasal

MIND - IRRITABILITY
MIND - IRRITABILITY – easily
MIND - IRRITABILITY – easily – children; towards
MIND - IRRITABILITY - children, towards - own; his
MIND - IMPATIENCE
MIND - IMPATIENCE - children; about his
MIND - SENSITIVE - noise, to

HEARING - ACUTE - voices and talking
HEARING - ACUTE - voices and talking - her family members - loud; seems very

DAY 5:

FACE - PAIN - Sinuses – Maxillary
FACE - PAIN - Sinuses – Maxillary – accompanied by – open nose.
FACE - PAIN - Sinuses - Maxillary - pressing pain
FACE - PAIN - Sinuses – Maxillary - bilaterally – half way nose – pressing pain
FACE - PAIN - Sinuses – Maxillary - irritating
NOSE - PAIN – Sides – bilateral – half way – pressing pain
NOSE - PAIN - Sinuses - pressing pain

NOSE - SNEEZING – afternoon – 17h45 – during half an hour; very violent

DAY 6:

LARYNX AND TRACHEA - VOICE – nasal
LARYNX AND TRACHEA - VOICE - nasal – evening – 20h45

DAY 7:

BLADDER - URINATION - urging to urinate - night - midnight – after – urine scanty ; but
NS

GENERALS - LOSS - fluids, of - morning – waking; on NS
GENERALS - LOSS - fluids, of - morning – waking; on – without drinking wine – night
before. AS

HEAD - PAIN - Forehead - Middle of – daytime – slight.

MIND - SENSITIVE - noise, to
HEARING - ACUTE - voices and talking

DAY 8:

URINE - COPIOUS – morning – waking; on NS
SLEEP – REFRESHING NS

NOSE – SNEEZING NS
NOSE - SNEEZING – four to five times NS
NOSE - SNEEZING – violent NS
NOSE - SNEEZING – violent – accompanied – epistaxis; by NS
NOSE - EPISTAXIS - sneezing – violent; from NS
NOSE - EPISTAXIS - sneezing – violent; from NS

NOSE - SNEEZING – evening	
NOSE - SNEEZING – evening – paroxysmal	NS
NOSE - SNEEZING – paroxysmal	NS
NOSE - SNEEZING – evening – 18h10 – paroxysmal	NS
NOSE - SNEEZING – paroxysmal – two to three paroxysms	NS
NOSE - SNEEZING – tingling in nose	NS
NOSE - SNEEZING – tingling in nose – pepper – from; as	NS

DAY 9:

MIND - DULLNESS - morning - 11 h until 16h00 – yawning – violent; with

SLEEP - YAWNING - violent, vehement

HEAD - PAIN - Forehead - Nose; above – Root

HEAD - PAIN - Forehead - Nose; above - Root - slight pain

HEAD - PAIN - Forehead - Nose; above - Root – afternoon – 14h00 until 16h30

MIND - CLARITY of mind – afternoon – 16h30

PROVER 6

Male, ° 1970

INTAKE proving:

MEDICAL HISTORY:

1987: commotio cerebri with fracture of tibia and shoulder because of cycling accident.

Afterwards period of vertigo.

1991: abscess in his neck.

1998: kidney stone left side. Calciumoxalate stone. He was drinking a little.

2003: during two years a salmonella infection. Treated by antibiotics. Had stool problems during a long time. Sometimes he lost stool involuntarily. Discharge of mucus during 4 to 5 months.

Allergy to strawberries. Sometimes a slight tingling. Slight irritation of the skin from deodorant.

BIOPATHOGRAFIE:

S: hayfever and allergy to rabbits.

P: hernia inguinalis. Prostatectomy because of Ca of the prostate. Hypertension

M: resection of polypus of colon

SYSTEMATIC ANAMNESIS:

Slight reaction to strawberries.

He adores wine. One bottle in the weekend.

Drinks milk with his bread.

Forgets to drink because of lack of time. Doesn't like warm drinks.

Sleep: good

Dreaming a lot. He likes to dream. Dreams about pleasant, cheerful and happy things.

Stool: three to four times a day. Never a solid stool, always loose. Stool is sensitive to stress.

Nervous stool as a student. Burning feeling at anus and discharge of mucus during period of salmonella-infection.

Perspiration: especially on his scalp. Never with a bad smell but he perspires very easily.

He likes running; squash, skiing, diving.

SPONTANEOUS ANAMNESIS:

He likes everything to do with figures.

He likes to talk and is contacting people very easily.

He likes to communicate and to spread information.

Sometimes he is postponing.

He is a workaholic. His work is very important to him.

GENERAL REMARK before the proving:

He was a little bit nervous about on the forehand. He had a lot of question marks about participating a proving. Was doubting whether it should give a positive benefit.

As a student he had always diarrhoea before the first examination. Stagefright.

Taking:

<u>Day 1:</u>	08h00	<u>Day 2:</u>	08h00
	12h00		12h00
	18h00		18h00

First day he took a day of to make good notes. In fact I am quite nonchalant I otherwise I should have had problems noting everything.

Confusion. Was overlooking certain things.

You know you laid down something somewhere but you don't find it because you are not looking at the right place.

Less in a hurry. Bringing his kid at school in the morning happens more in peace. In the past he was loosing time by fussing a lot. Now it was all more done in a programmatic way. In the past he could really loose his time with nothing. The rush, the hurry has decreased a lot.

Day 2:

No dreaming last night which is very uncommon to him. Normally he dreams every night or at least every two nights.

Bringing his sun Martin at school went on in a very calm way. He was less under pressure and was loosing less time with futilities.

In the past he was worrying a lot about being at time at school with his sun. He was worrying a lot that his sun should rises too late and he was running a lot on both sides. Now he is acting in a more efficient way as in the past. He was very calm when driving to his work.

Day 3:

DREAM: about mountains. He was in the mountains with an other person. A person he knew from school time. But it had nothing to do with school. He was running. Really running, as quick as possible. He was barefoot, running over slates which were layered. His feet were bleeding. He saw only his soles.

Despite of the running barefoot and the bleeding, it was painless. He was noticing that he was bleeding but he stayed on running. He saw only the legs of the other person; sometimes in front of him, sometimes beside, sometimes behind him. This person had hairy legs. Besides this he only saw the slates. The cuts were dry, you saw the red of the muscles. There was no bleeding. The slates were layered and the ground he had to run over was very unequal like in the mountains. The slates were nasty and it was a steep slope. There was no trail. It was really running up this mountain over these layered slates which were laying transversely on the mountain. The cuts were dry, you could see the red colour of the muscles, but it was not bleeding. It was a clean and dry cut but quite deep and until the muscles.

They tried to be the first on the top, he saw these legs beside him. It was really a competition, but he doesn't know or he arrived or not. Sometimes he had to support with his hands. He was a adult person at the third class of his high school.

He passed a holidays as a 13 years old boy in the mountains with his school but he didn't recognise the place. He likes to be in the mountains.

His feeling during this dream:

It had to go quickly and that was the only thing. He was in competition with another person. He was not able to say if he had pain or not. In all respects he did not feel anything. He had to go quickly and he was in a hurry to be as quick as possible at the top of the mountain because he wanted to be the first one at the top. He cannot remember if he reached the top.

In normal life he likes competition and he likes to win. When he is playing a competition he wants to win. He goes on until extremity.

He doesn't see any relation between his daily live and this dream. Normally he is dreaming about holidays and relations and friends but this.....This is completely abnormal for him to have these horrible dreams.

He had a party in his street. Normally he likes to help. Now he was socializing with people. He liked more to talk with people rather than to help. Afterwards he helped to clean up everything until 03h00.

Day 4:

Very calm when going to his family in law. He can become enraged when visiting this family because they feel them selves so important. Now he kept himself very quiet.

Day 5:

DREAM: he was in his pharmacy with 2 assistants. Some glasswork fell down. Barefoot he started to clean it. He had a deep cut in his foot (in the big toe of probably his right foot). It was bleeding very severe and there was a lot of blood. You could see the gaping, open wound with view on the muscular tissue. No blood was streaming out of the wound. Nevertheless a lot of blood was lying on the ground. He had no idea how his assistants were reacting. He didn't feel any pain.

Reflection:

It happens that he is dreaming about his pharmacy but never about walking around barefoot. He was very surprised that the blood was lying there. It are you own feet but still he had the feeling looking at the feet of another person because he had no pain. No panic around the bleeding. This was a short dream. The first dream was a very long dream lasting for hours.

GENERAL:

Calm feeling.

A little bit resigned.

Less concerned around what patients were talking in the pharmacy. Was calm when working in the pharmacy. He relativises more than he did before. In stead of arguing with people or with his in-laws he puts things in perspective. You make things easier for yourself by yielding a little bit.

Day 6:

Very good organised in the morning.

Dreams as usually about wife, friends and acquaintances.

Day 7:

Well organised.

Day 8:

Well organised in the morning.

Day 9:

Working in a very relaxed way. He is more calm at work. Preferred more to delegate.

More diplomatic in his attitude to the patients. Even with a tinge of sarcasm. Is less vexed.

At a party he was socializing very easily with a rather difficult women.

Dreams: about journeys, relationships, etc. The normal stuff.

Day 10:

Very calm towards his in-laws. Very diplomatic. He had to bring his in – laws to the airport in Brussels. Despite his father in law thought that he had forgotten his medication, he stayed very calm. He had to stop to look in the suitcases for the medication. He had to return to Antwerp because they were not found in the suitcase. He stayed very calm even when turned out at home that they were nevertheless in the suitcase. Again he was very diplomatic. He

didn't like to fuss. Normally ...he should not say anything but the vexation should stay inside. Although he feels the anger normally he will not utter it. He suppresses his anger. "I am burning inside" and I rather start cursing inarticulately at such a moment. Now he said directly that it was no problem for him to drive back home. Even when appeared afterwards that the medication was nevertheless in the suitcase, he stayed very calm. One week later he had to catch his in – laws from the airport. There was a delay but he didn't worry about it. Normally two hours waiting should have make him very nervous. Now he stayed calm and he felt no rush.

GENERALITIES:

In general more thirsty last week with a dry mouth. Nevertheless he was not drinking more than normal. Normally he is not thirsty at all. Normally I am drinking a little.

Day 11:

His neighbours are not keeping their house. The prover was painting the façade of his house and his neighbour asked him something about their piece of grass in common in front of their houses. "When are we arranging the problem of the moss in the grass?". The prover was wandering why she was speaking about such a banality seeing that they are not keeping at all their house. The prover was answering in a sarcastic way which is not at all his way of doing..

Day 12:

Dream: about a spaceship (was looking at it from the outside). About trains and trains and dodgem cars in combination making a lot of velocity.. Normally I hate science fiction.

Very calm bringing my son to the school. Not in a hurry at all.
Like to delegate. I did delegate more than normally.

Day 13:

Dream: very unpleasant one I was really very blanched from this dream. It was a very terrible dream.

The dream was about a crab with a small body (round), with a orange, brownie colour. The crab had very big and long legs. A was looking with a kind of shower head or this crab was still reacting or not. The crab was in a hole. This shower head was more like an object to feel for. Where is this animal? Suddenly this crab creeps from under the sand into his direction. At that moment he woke up.

Feeling: very uneasy. It was an attack. As I child he should have screamed. It was as if he was dreaming that he was felt out of a airplane. After waking he could continue to sleep. In the past he had dreams of falling. The feeling in this dream was as if in this dreams of falling. It was a dream a child is waking from all screaming. It was a real nightmare.

During a meeting he could hold is point of view. Afterwards he was content about himself. He was very diplomatic. This is normal for him because he is a diplomate.

Day 14:

Dream:

He was navigating on a river in Brasil. A river with a lot of meanders. He catches a purple fish. It was a fish like you have fishes that are cleaning the ground in an aquarium with hairs

at their mouth. They have a kind of tactile organ beneath the mouth. They are flat with the eyes from above. He doesn't know how he did catch this fish.

Feeling: no feeling. He is a diver but since three years he was not diving anymore.

Afterwards he is on a beach in Brasil and he sees hot-air balloons with red – yellow stripes. This balloon crashes down but the people get off alive. They are Belgian people and eat a little bit together.

Feeling: in this dream a was the spectator and not the acting person. This is a kind of dream he may have normally but still he found this dream very bizarre.

He had a feeling of horror seeing such an accident happening. Fortunately there was a happy end. Seeing this accident was very frightening. This balloon fell in the water and I had a feeling of relief because everything was all right.

Day 15:

Had an off day. Everything went wrong. Problems with the computer, less work, etc. It made me nervous and I had a feeling of helplessness.

It took a long time to get over it. I kept on complaining. Normally I am an optimist.

Day 17:

Water leak and breaks but organised everything and knew to delegate.

Calm while waiting at the airport.

Day 20:

Difficult conversation with a client but stayed very calm.

GENERAL FEELING after proving:

I was more calm than normal. Still more calm than before.

The dreams with my bleeding feet were very special.

Now he is dreaming like before but more intense. Now his dreams are more in the I-form. Now he is more the acting person. Before the proving he was the spectator. Now he is acting himself. He don't know while he is experiencing his dreams now more intense. He has again very lively dreams about the business of the day.

REPERTORISATION:

DAY 1:

MIND - CONFUSION of mind NS

MIND - TRANQUILLITY - morning - waking; on

MIND - AILMENTS FROM – anticipation CS

MIND – HURRY CS

MIND - HURRY - trifles; about CS

MIND - HURRY - time; hurry to arrive at the appointed CS

MIND - EFFICIENT, organized – lack of CS

MIND - UNDERTAKING - many things, persevering in nothing

DAY 2:

DREAMS - MOUNTAINS

DREAMS – RUNNING

DREAMS – FEET – seeing soles; only
 DREAMS – RUNNING – bare foot
 DREAMS – RUNNING – bare foot – bleeding; until
 DREAMS – RUNNING – bare foot – bleeding; until – painless.
 DREAMS – RUNNING – steep slope
 DREAMS – LEG – hairy; seeing hair in detail.
 DREAMS – CUTS
 DREAMS – CUTS – on the feet
 DREAMS – CUTS - open
 DREAMS – CUTS – deep
 DREAMS – CUTS – deep – seeing muscles
 DREAMS – CUTS – dry – pool of blood on the ground; still
 DREAMS - COMPETITION

DAY 4:

MIND - AILMENTS FROM - anger - vexation; with
 MIND – TRANQUILLITY

CS
 NS

DREAMS - GLASS - broken
 DREAMS – FEET - bare
 DREAMS – CUTS – deep
 DREAMS – CUTS – first toe - right; deep
 DREAMS – WOUNDS
 DREAMS – WOUNDS - open
 DREAMS – WOUNDS – gaping – seeing muscles
 DREAMS - BLOOD - pool of – on the ground
 DREAMS - BLOOD - pool of – on the ground – dry wounds; with
 DREAMS – FEET – blood; full of

MIND - FEARLESS - hemorrhage; with
 GENERALS - PAINLESSNESS of complaints usually painful

Day 5:

MIND – TRANQUILLITY

NS

Day 6 – 8:

MIND - EFFICIENT, organized

CS

Day 9:

MIND – TRANQUILLITY

NS

MIND - AILMENTS FROM - anger - vexation; with

CS

MIND – DIPLOMATIC – vexation; despite of

CS

MIND - MOCKING – sarcasm – a tinge; of

NS

Day 10:

MIND – TRANQUILLITY

NS

MIND - AILMENTS FROM - anger - vexation; with

CS

MIND – DIPLOMATIC – vexation; despite of

CS

MIND - AILMENTS FROM - anger – suppressed	CS
MIND - CURSING – inarticulately	CS
MIND - TACITURN – anger, after	CS
MIND – IRRITABILITY	CS
<i>MIND – IRRITABILITY – wait; obliged when</i>	CS
MIND – HURRY	CS
MIND – IMPATIENCE	CS
<i>MIND – IMPATIENCE – wait; obliged when</i>	CS

Day 11:

MIND - MOCKING – sarcasm	NS
MIND – BANALITY – others of; aggr	

DREAMS – SPACESHIP	NS
DREAMS – SPACESHIP – science fiction; hating normally	NS
DREAMS – TRAIN	NS
DREAMS – DODGEM CARS	NS
DREAMS – TRAIN - dodgem cars; combination of	NS
DREAMS – TRAIN - dodgem cars; combination or – making velocity	NS

Day 12:

<i>MIND – TRANQUILLITY</i>	NS
MIND – DELEGATING – more than normally	NS
MIND – HURRY	CS
DREAMS – NIGHTMARES	
DREAMS - FRIGHTFUL	
DREAMS – CRABS	NS
DREAMS – CRABS – body – legs long	NS
DREAMS – COLORED	NS
DREAMS - COLORED – orange – brown	NS
DREAMS - ANIMALS - attacked by a crab; being	NS
DREAMS - ANIMALS - attacked by a crab - creeping under the sand; from	NS

Day 14:

DREAMS – NAVIGATING	
DREAMS – FISHING	
DREAMS – FISH – purple	
DREAMS – COLORED - purple	
DREAMS - BEACH - sitting on the sand	
DREAMS – BALLOONS	
DREAMS – BALLOONS – red - yellow	
DREAMS - COLORED – red – yellow	
DREAMS – BALLOONS – falling – water; in	
DREAMS - FRIGHTFUL	

Day 15:

MIND - EXCITEMENT - nervous	
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MIND - EXCITEMENT – nervous – <i>adversity; from</i>	NS
MIND - HELPLESSNESS; feeling of	NS
MIND - LAMENTING	NS
MIND - LAMENTING – <i>adversity; from</i>	NS
MIND - LAMENTING – <i>adversity; from – optimist normally</i>	NS
MIND - DWELLS - past disagreeable occurrences, on	NS
MIND - DWELLS – adversities, on	NS

Day 17:

<i>MIND – TRANQUILLITY</i>	CS
MIND – <i>DELEGATING</i>	NS
MIND – IRRITABILITY	CS
<i>MIND – IRRITABILITY – wait; obliged when</i>	CS
MIND – HURRY	CS
MIND – IMPATIENCE	CS
<i>MIND – IMPATIENCE – wait; obliged when</i>	CS

Day 20:

<i>MIND – TRANQUILLITY</i>	CS
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Prover 7:

Male, °1956

INTAKE proving:

COMPLAINTS:

Backache. Back is not supple. I feel myself too young to have these medicinal problems. I ‘m not able to bend, cannot do anything. One strain after the other.

It makes me downhearted. I ‘m dependent of other people.

It is an burning feeling in the lower part of the back.

I am not feeling as healthy as in the past.

The dependence to other people makes me unhappy.

It is frustrating.

I have to realise things in a slower way and I am not able to play golf anymore.

Playing golf is also meeting people and that was the only thing I had.

Fit feeling has gone.

I am not able to bend my knees anymore.

Pain at the eyes moving them quickly like when typing and than looking from left to right between paper and computer.

MEDICAL HISTORY:

1999: car accident and since than less good concentration because of a commotio cerebri. It was a serious car accident.

BIOPATHOGRAPHY:

M: arthrosis. Vertigo sometimes..
P: vertigo sometimes.

SPONTANEOUS ANAMNESIS:

I need a helicopter view.

The environment of my work is too narrow for me.

I keep an eye through a camera on everything happening with the clients downstairs.

Tiredness. Because of the bad weather I charged no energy during the summertime. No reserve.

At home I feel myself in a black hole and I 'm worrying about what will happen when the children have left the house.

Society live interests me.

Because of my backache I have less contacts with people.

Wants to feel the heart – beat of a city.

I don't want end my life sitting as two old people on terraces.

SYSTEMATIC ANAMNESIS:

Weight 95kg at the beginning of the proving and 99kg at the end. Length: 1.82m.

Desire organ meat +++++.

Aversion cooked potatoes.

Warm ameliorates because thinking at traveling.

Sunburn very easily.

Perspiring a lot in the heat.

PROVING

TAKING:

Day 1: 9h00 12h00 18h30

Day 2: 9h30 14h00. Decision to stop the intake because of severe reaction. .

Day 1:

More calm directly after the intake. Normally more restless internal.

Heaviness of head in the late morning.

14h00: backache worse.

15h00: stitching pain in the right hypochondria as stitching with a needle. The pain was located at a small spot at the gallbladder point. This pain was going straight through the body to the back. It was a pain from outside inside. The pain was aggravated by motion but the pain was always present as a awl. The pain was diminishing direction back. It is a pain as if stabbed with a thick awl.

Slight pressure ameliorates the pain.

17h00: very fit feeling and the concentration was much better.

Evening: falling asleep difficult and waking up several times.

This is normal for him especially when he has to finish certain projects.

Day 2:

No perspiration on his chest on waking. Normally he perspires on his chest on waking.

Not now.

Fit feeling when waking up.

- Backache lumbar region starting at L3, extending to the left side over 3 cm.

More severe than normally. More intense. A pain like the pain of a strained muscle.

During one week. The pain got worse and worse. Not a continuous pain but periodical

Aggravation: motion, as before but now the pain reaction was more intense. It was such a pain obliging you to search for an antalgic attitude. You need the help of other people.

15h30: backache becomes worse.

Less dull and less heavy head.

Good and calm feeling which is rather uncommon.

I 'm able to delegate more than before or I can say more that it will be done another time.

At the end of the proving this is still going on. CS

Feel good mentally and emotionally.

Very fit.

Better organised.

Day 3:

The stitching pain as with a needle in the back has gone.

The stitching pain as with a needle in the abdomen is less.

Fatigue around noon.

Day 4:

Good concentration. The head feels less heavy and less dull. The feeling of sedation has diminished. I can handle the projects in a better way. I am anticipating more quickly and have a clear view and feeling about what I am doing.

Pain in the right hypochondria like a stiff muscle. Still to indicate with one finger.

Day 5:

More nervous but still a very good concentration.

Fatigue between 12h00 and 13h00: heaviness of the eyes with the desire to close them.

Normally I am waking between 03h00 and 05h00 but not now.

When I am in stress I have a deep sleep and I am perspiring on my chest on waking but now I am not perspiring on my chest..

Day 6:

The stitching pain as from a needle in the right hypochondria still is perceptible but difficult to locate anymore.

Day 7:

Refreshing sleep.

No perspiration on the chest on waking.

Backache still present.

Day 29:

He was traveling two weeks to China.

No problem with the jet-lag. Normally I am very sensitive to jet-lag. Now my energy is even more.

No more heaviness in the head.

Refreshing sleep.

GENERAL FEELING around the proving:

My concentration was much better than normally.

Keeping things under control also much better.

He was a little bit disappointed that he was obliged to stop the taking of the granules because of the severe pain symptoms. Nevertheless he was less irritable as during the Insulinum-proving. In this proving I was more energetic.

Less dull and less heavy head.

Good and calm feeling which is rather uncommon.

I 'm able to delegate more than before or I can say more that it will be done another time.

At the end of the proving this is still going on.

REPERTORISATION:

Day 1:

MIND – TRANQUILLITY NS

MIND - RESTLESSNESS – internal CS

HEAD - HEAVINESS – noon; at NS

BACK - PAIN - Lumbar region - AS

BACK - PAIN - Lumbar region - afternoon - 14 h AS

ABDOMEN - PAIN - Hypochondria – right NS

ABDOMEN - PAIN - Hypochondria – right – spot small NS

ABDOMEN - PAIN - Hypochondria - right - stitching pain NS

ABDOMEN - PAIN - Hypochondria – right - afternoon - 15 h - stitching pain NS

ABDOMEN - PAIN - Hypochondria - right - stitching pain – needle; as if NS

ABDOMEN - PAIN - Hypochondria - right - extending to – Back NS

ABDOMEN - PAIN - Hypochondria – right - afternoon - 15 h - stitching pain
– extending to – Back NS

ABDOMEN - PAIN - Gallbladder - stitching pain NS

ABDOMEN - PAIN - Gallbladder – afternoon – 15h - stitching pain NS

ABDOMEN - PAIN - Gallbladder - stitching pain – extending to – Back NS

GENERALS - PAIN - Spots; in small	NS
ABDOMEN - PAIN - Hypochondria - right - motion agg.	NS
GENERALS - PAIN - motion - agg.	NS
GENERALS - PAIN - pressure - amel.	NS
GENERALS - PRESSURE - slight – amel.	NS
ABDOMEN - PAIN - Hypochondria – right - pressure - slight - amel.	NS
MIND - CLARITY of mind – afternoon – 17h00 - amel.	NS
MIND - CONCENTRATION - active – afternoon – 17h00	NS
SLEEP - FALLING ASLEEP – difficult	NS
<u>Day 2:</u>	
CHEST - PERSPIRATION – morning	CS
CHEST - PERSPIRATION – morning – waking; on	CS
SLEEP – REFRESHING	NS
BACK - PAIN - Lumbar region – Vertebrae – Third	AS
BACK - PAIN - Lumbar region – Vertebrae – Third – afternoon – 14h00	AS
BACK - PAIN - Lumbar region - Vertebrae – Third – extending over 3 cm - to the left	AS
BACK - PAIN - Lumbar region - Vertebrae – Third – strained muscle; as if	AS
BACK - PAIN - Lumbar region - Vertebrae – Third – motion; agg.	AS
BACK - PAIN - Lumbar region – Vertebrae – Third – afternoon – 15h30	AS
<i>MIND – DULLNESS</i>	CS
<i>HEAD – HEAVINESS</i>	CS
MIND – TRANQUILLITY	NS
<i>MIND – DELEGATING –more than normally</i>	NS
<i>MIND - CLARITY of mind</i>	NS
<i>MIND – CONCENTRATION – active</i>	NS
<i>MIND - EFFICIENT, organized</i>	NS
<u>Day 3:</u>	
GENERALS - WEARINESS – noon	
<u>Day 4:</u>	
<i>MIND – DULLNESS</i>	CS
<i>HEAD – HEAVINESS</i>	CS
<i>MIND - CLARITY of mind</i>	NS
<i>MIND – CONCENTRATION – active</i>	NS
ABDOMEN - PAIN - Gallbladder – stiff muscle; as if	NS
ABDOMEN - PAIN - Hypochondria – right - stiff muscle; as if	NS

ABDOMEN - PAIN - Hypochondria – right – **spot small** NS

Day 5:

MIND - EXCITEMENT – nervous NS

MIND – CONCENTRATION – active NS

GENERALS - WEARINESS – noon

EYE - CLOSING THE EYES - desire to – noon

CHEST - PERSPIRATION – morning – waking; on CS

Day 6:

ABDOMEN - PAIN - Gallbladder – **stiff muscle; as if** NS

Day 7:

SLEEP – REFRESHING NS

CHEST - PERSPIRATION – morning – waking; on CS

BACK - PAIN - Lumbar region – Vertebrae – **Third** AS

Day 29:

GENERALS - JET LAG CS

SLEEP – REFRESHING NS

HEAD – HEAVINESS CS

FINAL ANALYSIS:

A proving favors the health of the prover (cfr. Organon § 141 footnote 1)

- Hering (1800 - 1883): “Let us continue to prove – to draw from the great well opened by Hahnemann! It is an inexhaustible ocean, it demands a similar inexhaustible assiduity; let us collect and preserve every little symptom produced or cured; not a drop must be lost, as there is nothing too small in homeopathy. The use will **FOLLOW**”.

Tropism:

In our proving we observe that every prover is reacting at the level of his weak organ(s).

Prover 1 develops a stiff neck and is not able to turn her neck to the right side. The neck is a weak spot for this prover.

Prover 3 develops a tremendous sleepiness with yawning and diarrhoea with flatulence indicating a weakness at the liver.

Prover 4 develops a emotionality more than normal. Normally the emotions are dominated by the intellect. This prover was operated as a child in her left eye. During the proving she has the feeling that some object was in her left eye.

Prover 5 develops symptoms at the bladder. This prover once was suffering from kidney stones. A cold with a nasal speech this prover may have beside the proving but not accompanied with the tremendous sneezing. As a child he was suffering from many colds. Sleepiness in the afternoon may be a problem for this prover.

Prover 6 is dreaming a lot normally. Very lively and pleasant dreams. This prover develops the most of his symptoms in his dreams.

Prover 7 has a very vulnerable back. His bowels are very vulnerable also. His symptoms during the proving are mainly in these two areas.

Common symptoms:

Better concentration and clearness of the mind. prover 5, 6, 7

Irritability prover 3, 5

Dreams about competitions prover 1, 6

Dreams of climbing a very steep slope prover 1

Dreams of walking in the nature following a small trail going down very steep. prover 3

Dreams running up this mountain prover 6

Dreams in colours prover 1, 6

Dreaming during the proving, normally not dreaming at all prover 1

Dreaming normally, but not during the proving prover 4

Nightmares prover 2, 6

Clarke talks about "many dreams"

Frontal headache prover 1, 4, 5

Dryness of mouth, relieved by little drinking prover 1

Dehydrated feeling morning on waking prover 5

More thirsty last week with a dry mouth. prover 6

Nevertheless he was not drinking more than normal.

Sudden onset of diarrhoea prover 3, 4

Backache prover 1, 7

Faingnaert speaks about dorsalgia Th8. Prover 1 localises the pain exactly at that level.

Refreshing sleep despite of the bad sleep. Normally sleeping well prover 1

Fit feeling despite loss of sleep prover 4.

Very often symptoms are experienced as very **annoying**. The backache of prover 1 was an example of this **very annoying pain**. Also the pain in the right hypochondria of prover 7. He even had to stop the intake of the granules. We also see a **very annoying** throat ache in prover 3.

Beside the **competition** in the dreams of prover 1 and 6, we see the feeling of being **attacked** in the dream with the crab of prover 6. It makes you think at an animal aspect.

Cured symptoms:

Itching at the legs

prover 3

Winter hands

Emotions predominated by the intellect

E-mail on 07/05/2006 of prover 4:

“Concerning these emotions I have to say that I still show and follow my emotions more than I did before the proving. I think that the self-observation done before and during the proving learned me to look at myself. This was a positive experience for me. Before the proving my emotions were really dominated by the intellect, now I take in consideration more my emotions”

Taking of the product in October 2005.

prover 4

Anticipation

Hurry / -, about trifles/ -to be at time

Deficient organisation of work

Irritability: less agitated in certain situations.

Impatience

prover 6

Restlessness internal

Dullness.

Heaviness in the head.

He is more clear in mind and able to organise in a better way.

Perspiration on the chest

prover 7.

FORMER PROVINGS:

When we have a look at Clarke we see that the pain described the most frequent is a **dull pain** together with a **stitching pain** like **the prick of a needle**.

This kind of pain we could find also in our proving.

A dull pain in the forehead especially at the root of the nose we see in our proving (DD. Lobs.). It looks like to be an important remedy for sinusitis.

Furthermore we find the **sneezing**.

The **dryness of the mouth** even reaching until the epigastrium.

The **stiffness of the neck** was a important symptom of prover 1.

In our proving the stitching pain coming up suddenly was in the right hypochondrium.

The mental symptom of the disposition to sing we could not confirm.

Mind

- Disposition to sing, which I was continually doing whilst walking up and down the parlor (after thirteen hours and a half).

Head

- Head feels light, with dull pain in the forehead and occiput, at 6 A. M.(second day).

- Headache, dull and distressing, with fullness in the forehead and base of the occiput; the latter part was peculiarly painful, the pain increased by motion or shaking the head (after five hours);increased afterwards; very little pain in the forehead, but the pain is still throbbing, and almost insupportable in the occiput and nape of the neck (after eleven hours).

- Slight shooting pain in the forehead, with an eruption of small vesicular pimples in the centre and upper part of this locality; they feel sore on passing the hand over them; the pain in the occiput is very slight(after thirteen hours and a half).

Eye

- Eyes burning and watery, with dread of light, and feel sore on closing them, at 8 A. M.(second day).

- Soreness in the eyes, with smarting and slight watering; great repugnance to the light of a lamp(after eleven hours).

Nose

- Dryness of the nose, with fullness, followed by sneezing(after one hour and a half).

Face

- Dull pains in the upper maxillary bone of each side, with aching in the molar teeth (after seven hours).

Mouth

- Burning sensation, with stinging in the tongue and fauces, which lasted nearly fourteen hours(after several minutes).

- Tongue raw and sore, very red, especially at its tip, and a painful blister on that part (after five hours).

- Half a pint of cold water very much relieved the pain and burning in the tongue and fauces; the pain and oppression at the chest were also alleviated(after fourteen hours).

- Mouth and fauces dry, with a raw and distressed feeling extending down to the epigastrium, at 8 A. M.(second day).

- Unpleasant taste in the mouth, in the morning and through the day(third day).

Throat

- Dryness and rawness, from the mouth to the epigastrium(third day).

- Throat sore and dry, with disposition to swallow, as also to hawk up phlegm (after five hours).

- The soreness of the fauces is diminished, but the burning and pricking sensation remains the same; the soreness has extended lower down to the pharynx, and upper part of the oesophagus (after nine hours).

Stomach

- Appetite very indifferent (third day).
- No appetite for breakfast (second day).
- Thirst for cold water, of which I drank half a pint (after fourteen hours).
- Some nausea, at 8 A. M. (second day).
- Much distress at the epigastrium, at 8 A. M. (second day).
- Dull distressing pain about three inches below, and a little to the left of the epigastrium (after twelve hours).
- Dull heavy pain in the epigastrium, with sensation of a weight or load (after twelve hours).
- Sticking pains, with sensation of a load at the epigastrium (third day).
- Unpleasant sticking pain in the epigastrium, which lasted five minutes (after nine hours and a half).

Abdomen

- Sticking pain in the left hypochondrium, which came on suddenly and so violently as to induce me to cry out; I placed the ends of my fingers over the spot, and the pain was at once moderated; lasted about five minutes (after two hours and a quarter).

Stool

- Stool at first thin, and then more consistent (after two hours and a quarter).

Respiratory organs

- Oppression of breathing through the day, with sticking pains on taking a deep breath (third day).
- Oppression of the breathing, with dull and distressing pain in the lower part of the sternum, with the same feeling on each side forming a kind of circle; relieved by eating lightly upon the part with the hand (after twelve hours).

Chest

- Pricking pain in the left lung, coming on several times during the day, and lasting several minutes each time (third day).
- Severe stitch in the left side of the chest, which compelled me to press with the hand to moderate it, as it nearly took away my breath; it continued about ten minutes (after two hours).

Neck

- Stiffness of the nape of the neck (after seven hours).

Inferior extremities

- Great weakness of the lower extremities (third day).
- Throbbing and weakness in the lower extremities, so much so, with the increased headache, as to cause me to lie down (after seven hours).

- Sticking, like the pricking of needles, in the inner part of the right thigh, just above the knee(after thirty minutes).
- Prickings, as from needles, in the calf of the left leg and the heel, worse in the latter part(third day).
- Severe pricking pain with itching in the left heel, so great as scarcely to be borne(after seven hours).
- Sticking, like the pricking of needles in the sole of the left foot, shooting inwards, passing away in a few minutes(after twenty minutes).

General symptoms

- Debility and languor of the whole system, with weakness, as from a sprain across the kidneys(after twelve hours).
- Throughout the day, great debility of the whole frame, but more especially of the lower extremities;they are so much fatigued by any exertion, that it is with difficulty that I can drag them along;my knees bend under me in walking(second day).
- Most of the symptoms continued, though with less intensity for two weeks, and it was at least three weeks before my stomach recovered its usual tone, and my usual good appetite returned(third day).

Sleep and dreams

- Whilst lying down, *great sleepiness, with difficulty of falling asleep* (after seven hours).
- Starting in sleep, with jerkings of the hands(after more than seven hours).
- Constant dreaming, with extreme lightness of the head(after more than seven hours).

Fever

- Hot sweat on the forehead, with throbbing in that part, and at the base of the occiput(after seven hours).

REPERTORISATION:

EXTRACTION Synthesis 9.2 Volledge Synthesis:

41 symptoms:

MIND - AILMENTS FROM – grief
MIND - ANOREXIA NERVOSA
MIND - SINGING
MIND - STARTING
MIND - STARTING - sleep - during
HEAD - PAIN
HEAD - PAIN - Forehead, in
HEAD - PAIN - Forehead, in – shooting pain
HEAD - PAIN - Occiput
HEAD - PULSATING - Forehead
HEAD - PULSATING - Occiput
EAR - CATARRH - Eustachian tube
EAR - INFLAMMATION – rheumatic: lob-c.ont
NOSE - SNEEZING
FACE - DISCOLORATION - red - lying, while: acon.k lob-c.k verat.k
FACE - PAIN
FACE - PAIN - drawing
MOUTH - PAIN - Tongue

MOUTH - PAIN – Tongue - sore
 MOUTH - TASTE - bad
 THROAT - DRYNESS
 THROAT – INFLAMMATION
 THROAT - PAIN
 THROAT - PAIN - burning
 THROAT - PAIN - sore
 STOMACH - NAUSEA
 ABDOMEN - PAIN - Hypochondria
 ABDOMEN - PAIN - Hypochondria - stitching
 ABDOMEN - PAIN - Spleen
 STOOL - ODOR - offensive
 CHEST – PAIN
 CHEST - PAIN - stitching pain
 CHEST - PAIN - Lungs - left - Apex and middle part
 BACK - PAIN - extending to - Lower extremities
 EXTREMITIES - WEAKNESS - Lower limbs
 SLEEP - SLEEPINESS
 DREAMS - MANY
 GENERALS - FOOD and DRINKS - cold drink, cold water - amel.
 GENERALS - FOOD and DRINKS - cold drink, cold water - desir
 GENERALS - INFLUENZA
 GENERALS – WEAKNESS

From these 41 symptoms 10 symptoms are found in our proving:

HEAD – PAIN
HEAD - PAIN - Forehead, in
HEAD - PAIN – Forehead - shooting
HEAD - PULSATING - Forehead
NOSE - SNEEZING
MOUTH - TASTE - bad
THROAT - DRYNESS
ABDOMEN - PAIN – Hypochondria - stitching
SLEEP - SLEEPINESS
DREAMS - MANY

293 symptoms were hold back in our proving:

- MIND:	72
- HEAD:	24
- EYE:	5
- EAR:	1
- HEARING:	2
- FACE:	8
- MOUTH:	5
- NOSE:	21
- THROAT:	4
- EXTERNAT THROAT:	2
- STOMACH:	1
- ABDOMEN:	19
- RECTUM:	2
- BLADDER:	2
- URINE:	1

- LARYNX – TRACHEA:	2
- CHEST:	4
- BACK:	18
- EXTEMITIES:	8
- SLEEP:	12
- DREAMS:	62
- PERSPIRATION:	2
- SKIN:	1
- GENERALS:	16

DD: Lobelia syphilitica because of the symptoms of sinusitis with the pain at the root of the nose.

REPERTORISATION Proving HCA 2005-2006

MIND - AGILITY, mental	NS
MIND - AILMENTS FROM – anticipation	CS
MIND - AILMENTS FROM – disappointment	NS
MIND - ANXIETY - conscience; anxiety of – murderer; being a	
MIND - ATTENTION – asking for, in a negative way	NS
MIND - BED - remain in bed; desire to	
MIND - CLARITY of mind	NS
MIND - CLARITY of mind	NS
MIND - CLARITY of mind – afternoon – 17h00 - amel.	NS
MIND - CLARITY of mind – afternoon – 16h30	
MIND - CLARITY of mind – afternoon - coffee; in spite of – not drinking	NS
MIND - CLARITY of mind – loss of sleep; in spite of	NS
MIND - CLARITY of mind – many interruptions; in spite of	NS
MIND - COMPANY - desire for – rejects them, but	NS
MIND - CONCENTRATION – active	NS
MIND - CONCENTRATION – active	NS
MIND - CONCENTRATION - active – afternoon – 17h00	NS
MIND - CONCENTRATION – active – loss of sleep; in spite of.	NS
MIND - CONCENTRATION – active – many interruptions; in spite of	NS
MIND - CONCENTRATION - difficult	
MIND - CONCENTRATION - difficult - headache, with	NS
MIND - CONCENTRATION - difficult - interrupted, if	NS
MIND - CONCENTRATION - difficult – morning – 10h	
MIND - CONFIDENCE - want of self-confidence	NS
MIND - CONFUSION of mind	NS
MIND - CONFUSION of mind	NS
MIND - CONFUSION of mind – annoying, her	NS
MIND - CONFUSION of mind - dream, as if in a	NS

MIND - CONSOLATION - agg.	NS
MIND - DELEGATING –more than normally	NS
MIND - DELUSIONS - attacked; being	
MIND - DELUSIONS – Eyes – left – object, in	NS
MIND - DELUSION – immovable	NS
MIND - DELUSIONS - murderer; she is	
MIND - DESPAIR - pains, with the	
MIND - DESPAIR - pains, with the – Dorsal region - Scapulae - left - Inner angle of left - Lower inner angle – medial side	
MIND - DISTURBED; averse to being	NS
MIND - DULLNESS	CS
MIND - DULLNESS - morning - 10 h	
MIND - DULLNESS - morning - 11 h until 16h00 – yawning – violent; with	
MIND - EFFICIENT, organized	NS
MIND - EFFICIENT, organized – lack of	CS
MIND - EMOTIONS - predominated by the intellect	CS
MIND - EXCITEMENT - easily excited	NS
MIND - EXCITEMENT – nervous	NS
MIND - FEARLESS – hemorrhage; with	
MIND - FORSAKEN feeling - friend; by	
MIND - HURRY	CS
MIND - HURRY - time; hurry to arrive at the appointed	CS
MIND - HURRY - trifles; about	CS
MIND - IMPATIENCE	
MIND - IMPATIENCE - children; about his	
MIND - IRRITABILITY	
MIND - IRRITABILITY	NS
MIND - IRRITABILITY	
MIND - IRRITABILITY - children, towards - own; his	
MIND - IRRITABILITY – easily	
MIND - IRRITABILITY – easily – children; towards	
MIND - IRRITABILITY - excessive	NS
MIND - IRRITABILITY - Head; with complaints of	NS
MIND - IRRITABILITY - pain, during	
MIND - IRRITABILITY – pain, during - Dorsal region; Scapulae - Angles of – Lower – left – medial side	
MIND - IRRITABILITY - working, when – bad organisation from	NS
MIND - IRRITABILITY - working, when – bad organisation from – express one self	NS
MIND - QUARRELSOME – friend, with her	NS
MIND - RESTLESSNESS – internal	CS
MIND - SENSITIVE - noise, to	
MIND - THOUGHTS – wandering	NS

MIND - TRANQUILLITY	NS
MIND - TRANQUILLITY	NS
MIND - TRANQUILLITY - morning - waking; on	
MIND - UNDERTAKING - many things, persevering in nothing	
MIND - WEEPING – easily	NS
HEAD - CONSTRICTION - Forehead - band; as from a	
HEAD - HEAVINESS	CS
HEAD - HEAVINESS	
HEAD - HEAVINESS	CS
HEAD - HEAVINESS – noon; at	NS
HEAD - PAIN - accompanied by – nausea	
HEAD - PAIN – annoying her	NS
HEAD - PAIN - exertion - body, etc.; of	
HEAD - PAIN - exertion - body, etc.; of – tennis playing – has to stop.	
HEAD - PAIN - Forehead - accompanied by – dryness throat, with	
HEAD - PAIN - Forehead - exertion - after - agg.	
HEAD - PAIN - Forehead - gnawing pain	
HEAD - PAIN - Forehead – left – gnawing pain	
HEAD - PAIN - Forehead - Middle of – daytime – slight.	
HEAD - PAIN - Forehead - Nose; above – Root	
HEAD - PAIN - Forehead - Nose; above - Root – afternoon – 14h00 until 16h30	
HEAD - PAIN - Forehead - Nose; above - Root - slight pain	
HEAD - PAIN - Forehead – pressing - Eminence, frontal	
HEAD - PAIN - Forehead - pressing pain	AS
HEAD - PAIN – Forehead – pressing pain – accompanied by – aversion of wine.	NS
HEAD - PAIN – Forehead – pressing pain – accompanied by – difficult concentration	NS
HEAD - PAIN – Forehead – pressing pain – annoying me – in my work	NS
HEAD - PAIN – Forehead – pressing – sudden	NS
HEAD - PAIN – gnawing	
HEAD - TURNING – head – right side completely – impossible.	
HEAD - TURNING – head – right side to - completely – impossible – because of rigidity neck.	
EYE - CLOSING THE EYES - desire to – noon	
EYE - HEAVINESS - Lids – Upper	
EYE - IRRITATION - Canthi – Inner – right eye - lachrymal duct; under	NS
EYE - IRRITATION - Canthi – Outer – right eye	NS
EYE - QUIVERING - Lids - Lower – right – under – 1cm; in the middle.	NS
EAR - PAIN – Mastoid – stitching - right .	

HEARING - ACUTE - voices and talking
HEARING - ACUTE - voices and talking - her family members - loud; seems very

FACE - DRYNESS – Lips

FACE - DRYNESS – Lips - thirst with - without drinking more than normally, although

FACE - PAIN - Sinuses – Maxillary

FACE - PAIN - Sinuses – Maxillary – accompanied by – open nose.

FACE - PAIN - Sinuses – Maxillary - bilaterally – half way nose – pressing pain

FACE - PAIN - Sinuses – Maxillary - irritating

FACE - PAIN - Sinuses - Maxillary - pressing pain

FACE - SWELLING - Sinuses - Maxillary

MOUTH - DRYNESS

MOUTH - DRYNESS – thirst with - without drinking more than normally, although NS

MOUTH - DRYNESS – Tongue - thirst with - without drinking more than normally, although

MOUTH - TASTE – sour NS

NOSE - CORYZA - beginning of

NOSE - CORYZA - beginning of - accompanied by; sneezing – very violent

NOSE - CORYZA - beginning of – evening; 22h00 – 24h00

NOSE - CORYZA - beginning of – evening; 22h00 – 24h00; preventing sleep; not

NOSE - EPISTAXIS - sneezing – violent; from NS

NOSE - PAIN - Root - extending to – Forehead

NOSE - PAIN – Sides – bilateral – half way – pressing pain

NOSE - PAIN - Sinuses - pressing pain

NOSE - SNEEZING – afternoon – 17h45 – during half an hour; very violent

NOSE - SNEEZING NS

NOSE - SNEEZING – evening

NOSE - SNEEZING – evening – paroxysmal NS

NOSE - SNEEZING – evening – 18h10 – paroxysmal NS

NOSE - SNEEZING – four to five times NS

NOSE - SNEEZING – paroxysmal NS

NOSE - SNEEZING – paroxysmal – two to three paroxysms NS

NOSE - SNEEZING - paroxysmal - prolonged paroxysms – five times; very violent– but.

NOSE - SNEEZING – tingling in nose NS

NOSE - SNEEZING – tingling in nose – pepper – from; as NS

NOSE - SNEEZING – violent	NS
NOSE - SNEEZING – violent – accompanied – epistaxis; by	NS
THROAT - DRYNESS	
THROAT - DRYNESS - thirst with - without drinking more than normally, although	
THROAT - PAIN - morning - waking; on – irritating	
THROAT - PAIN - extending to – Chest	
EXTERNAL THROAT - PAIN - Throat-pit – left side – Sternocleidomastoideus	
EXTERNAL THROAT - PAIN - Throat-pit – left side – Sternocleidomastoideus	
STOMACH - THIRSTLESS	CS
ABDOMEN - FLATULENCE – increased	
ABDOMEN - FLATULENCE – offensive	
ABDOMEN - FLATULENCE - walking, while - amel.	
ABDOMEN - PAIN - Hypochondria – right	NS
ABDOMEN - PAIN - Hypochondria – right - afternoon - 15 h - stitching pain	NS
ABDOMEN - PAIN - Hypochondria – right - afternoon - 15 h - stitching pain – extending to – Back	NS
ABDOMEN - PAIN - Hypochondria - right - extending to – Back	NS
ABDOMEN - PAIN - Hypochondria – right – spot small	NS
ABDOMEN - PAIN - Hypochondria - right - stitching pain	NS
ABDOMEN - PAIN - Hypochondria - right - stitching pain – needle; as if	NS
ABDOMEN - PAIN - cramping – sudden	NS
ABDOMEN - PAIN - Gallbladder – afternoon – 15h - stitching pain	NS
ABDOMEN - PAIN - Gallbladder – stiff muscle; as if	NS
ABDOMEN - PAIN - Gallbladder - stitching pain	NS
ABDOMEN - PAIN - Gallbladder - stitching pain – extending to – Back	NS
ABDOMEN - PAIN - Hypochondria - right - motion agg.	NS
ABDOMEN - PAIN - Hypochondria – right - pressure - slight - amel.	NS
ABDOMEN - PAIN - Hypochondria – right - stiff muscle; as if	NS
ABDOMEN - PAIN - Hypochondria – right – spot small	NS
RECTUM - DIARRHEA – sudden	NS
BLADDER - URINATION - urging to urinate - night - midnight - after – 3.13h – a enormous quantity; for	NS

BLADDER - URINATION - urging to urinate - night - midnight – after – urine scanty ; but NS

URINE - COPIOUS – morning – waking; on NS

LARYNX AND TRACHEA - VOICE - nasal

LARYNX AND TRACHEA - VOICE - nasal – evening – 20h45

CHEST - PALPITATION of heart

CHEST - PALPITATION of heart - waking; on - startled from a dream OS

CHEST - PERSPIRATION – morning CS

CHEST - PERSPIRATION – morning – waking; on CS

BACK - ITCHING

BACK - PAIN - Cervical region -stitching - right side

BACK - PAIN - Cervical region– Vertebrae – seventh – paravertebral right - - pressing

BACK - PAIN - Dorsal region - Scapulae - left - Inner angle of left - Lower inner angle

BACK - PAIN - Dorsal region - Scapulae - left - Inner angle of left - Lower inner angle – dull pain

BACK - PAIN - Dorsal region - Scapulae - left - Inner angle of left - Lower inner angle – medial side

BACK - PAIN - Dorsal region - Scapulae - left - Inner angle of left - Lower inner angle – medial side – dull pain

BACK - PAIN - Dorsal region – Vertebrae – eighth and ninth – paravertebral - bilateral

BACK - PAIN - Dorsal region – Vertebrae – eighth and ninth – paravertebral – bilateral – dull pain

BACK - PAIN - Lumbar region - AS

BACK - PAIN - Lumbar region - afternoon - 14 h AS

BACK - PAIN - Lumbar region – Vertebrae – Third AS

BACK - PAIN - Lumbar region – Vertebrae – Third – afternoon – 14h00 AS

BACK - PAIN - Lumbar region – Vertebrae – Third – afternoon – 15h30 AS

BACK - PAIN - Lumbar region – Vertebrae - Third – bilateral – dull and deep pain

BACK - PAIN - Lumbar region - Vertebrae – Third – extending over 3 cm - to the left AS

BACK - PAIN - Lumbar region - Vertebrae – Third – motion; agg. AS

BACK - PAIN - Lumbar region – Vertebrae - Third – right side; dull and deep pain

BACK - PAIN - Lumbar region - Vertebrae – Third – strained muscle; as if AS

BACK - SHIVERING – morning – 8h30

BACK - STIFFNESS - Cervical region - turning - head - right agg.; to AS

EXTREMITIES - COLDNESS – Hands – winter, in CS

EXTREMITIES - ITCHING - Lower limbs

EXTREMITIES - ITCHING - Leg - Tibia, over CS

EXTREMITIES - PAIN - Knee – left

EXTREMITIES - PAIN - Knee – Patella – left – under

EXTREMITIES - PAIN - stitching - Fingers - Tips of – right

EXTREMITIES - PAIN - stitching – Elbow

EXTREMITIES - RAYNAUD'S DISEASE CS

EXTREMITIES - TREMBLING - Hand – left – working while.

SLEEP - DEEP - morning - 6 h - until 7h45 – not hearing the alarm clock

SLEEP - FALLING ASLEEP – difficult NS

SLEEP - REFRESHING NS

SLEEP - REFRESHING

SLEEP - REFRESHING – sleep interrupted, despite of

SLEEP - SLEEPINESS – driving while

SLEEP - SLEEPLESSNESS - thoughts - activity of thoughts; from OS

SLEEP - SLEEPLESSNESS - waking, after NS

SLEEP - YAWNING – frequent

SLEEP - YAWNING - sleepiness – during

SLEEP - YAWNING - violent, vehement

SLEEP - WAKING - difficult – morning

SLEEP - WAKING – frequent

DREAMS - ABORTION

DREAMS - ABORTION – at 3 month

DREAMS - absent – normally dreaming NS

DREAMS - AFFECTING the mind

DREAMS - ANIMALS - attacked by a crab; being NS

DREAMS - ANIMALS - attacked by a crab - creeping under the sand;from NS

DREAMS - ANXIOUS

DREAMS - ASCENDING – slope; ascending steep slope – without difficulty – normally difficult

DREAMS - BALLOONS

DREAMS - BALLOONS – red - yellow

DREAMS - BEACH - sitting on the sand

DREAMS - BALLOONS – falling – water; in

DREAMS - BLOOD - pool of – on the ground

DREAMS - BLOOD - pool of – on the ground – dry wounds; with	
DREAMS - COLORED	NS
DREAMS - COLORED – blue	
DREAMS - COLORED – orange – brown	NS
DREAMS - COLORED - purple	
DREAMS - COLORED – red – yellow	
DREAMS - COMPETITION	
DREAMS - COMPETITION - athletic	
DREAMS - CRABS	NS
DREAMS - CRABS – body – legs long	NS
DREAMS - CRUSHED, being	
DREAMS - CUTS	
DREAMS - CUTS – deep	
DREAMS - CUTS – deep – seeing muscles	
DREAMS - CUTS – dry – pool of blood on the ground; still	
DREAMS - CUTS – first toe - right; deep	
DREAMS - CUTS – on the feet	
DREAMS - CUTS - open	
DREAMS - DODGEM CARS	NS
DREAMS - FEET - bared	
DREAMS - FEET – blood; full of	
DREAMS - FEET – seeing soles; only	
DREAMS - FISH – purple	
DREAMS - FISHING	
DREAMS - FORSAKEN; being - friend; by	
DREAMS - FRIGHTFUL	
DREAMS - FRIGHTFUL - shadow	
DREAMS - GLASS - broken	
DREAMS - KILLING - new born child	
DREAMS - LEG – hairy; seeing hair in detail.	
DREAMS - MOUNTAINS	
DREAMS - NAVIGATING	
DREAMS - NIGHTMARES	
DREAMS - PREGNANT – being	
DREAMS - RUNNING	
DREAMS - RUNNING – bared foot	
DREAMS - RUNNING – bared foot – bleeding; until	
DREAMS - RUNNING – bared foot – bleeding; until – painless.	
DREAMS - RUNNING – steep slope	
DREAMS - SPACESHIP	NS
DREAMS - SPACESHIP – science fiction; hating normally	NS
DREAMS - SMALL, she is	
DREAMS - TRAIN	NS

DREAMS - TRAIN - dodgem cars; combination of	NS
DREAMS - TRAIN - dodgem cars; combination or – making velocity	NS
DREAMS - UNSUCCESSFUL EFFORTS - cycling; to	
DREAMS - WOUNDS	
DREAMS - WOUNDS - open	
DREAMS - WOUNDS – gaping – seeing muscles	
PERSPIRATION - CLAMMY – day, all	
PERSPIRATION - CLAMMY – feverish feeling – fever, without	
SKIN - ERUPTIONS – scaly	OS
GENERALS - DRYNESS – internal - morning – waking; on	NS
GENERALS - DRYNESS – internal - morning – waking; on – without drinking wine – night before.	AS
GENERALS - ENERGY - excess of energy	NS
GENERALS - ENERGY - excess of energy - sleep little, despite of	NS
GENERALS - EXERTION; physical - amel. – doesn't amel.	NS
GENERALS - FOOD and DRINKS - chocolate – desire	AS
GENERALS - FOOD and DRINKS - wine – aversion	NS
GENERALS - JET LAG	CS
GENERALS - PAIN - motion - agg.	NS
GENERALS - PAIN - pressure - amel.	NS
GENERALS - PAIN - Spots; in small	
GENERALS - PAIN - Spots; in small	NS
GENERALS - PAINLESSNESS of complaints usually painful	
GENERALS - PAINLESSNESS of complaints usually painful	
GENERALS - PRESSURE - slight – amel.	NS
GENERALS - WEARINESS – daytime	NS
GENERALS - WEARINESS – noon	
GENERALS - WEARINESS – noon	

MATERIA MEDICA Lobelia cardinalis:

Themes of the mind:

Emotions

Ailments from disappointment. Asking for attention in a negative way.
Company desire for but rejects it. Doesn't like to be consoled.

Easily excited. Nervousness.
Feels forsaken and weeps easily.
Sensitive to noise.
Emotions are dominated by the intellect.
No fear when bleeding.

Intellect

Mental agility. Good organisation in his work. Delegating. Increased efficiency.
Clarity of mind. Good concentration in spite loss of sleep.
At the other hand bad concentration and dullness..
Doesn't like to be disturbed when at work. Thoughts wandering.
Undertaking many things but not persevering.
Dullness.

Irritability

Easy irritable. Irritable towards his children. Irritable during the pain.
Irritable from bad organisation at his work.
Quarrelsome with her friend.
Restlessness internal.
In a hurry to arrive at the appointed time. Hurry about trifles.
Impatience – towards his children.

Miscellaneous

Wants to remain in the bed.
She thinks that she is a murderer.
Despair with the pain.
Tranquillity.
Delusion immovable.
Delusion being crushed.

Dreams:

Dreams about abortion; affecting the mind; animals attacked by; climbing steep slopes; competition; killing newborn child; being pregnant; running bare foot; unsuccessful efforts; wounds bleeding. Anxious dreams. Nightmares. Thinking being immovable, being fixed not able to progress. Thinking of being crushed and being immovable.

Physical Symptoms:

Generalities.

Dryness internal morning, without having drinking wine the night before.
Excess of energy. Jet lag.
Pains in small spots.
Painlessness complaints usually painful.
Slight pressure ameliorates symptoms.
Weariness daytime.

Head:

Pressing pain at the forehead. Pain at the root of the nose.
Heaviness in the head.

Eyes

Feeling something was in the left eye.

Face

Irritation at the maxillary sinus. Swelling of the maxillary sinus.
Dryness lips.

Mouth

Dryness of mouth and tongue without drinking more than normally.

Nose

Pain at the root of the nose. Pressing pain at the sinuses. Sneezing with prolonged paroxysms.
Sneezing accompanied by epistaxis.

Throat

Dryness without drinking more than normally.

Stomach

Thirst less

Abdomen.

Pain in right hypochondria. Stitching pain in the gall bladder.

Rectum

Sudden outset of diarrhoea.

Urinary organs

Urging to urinate midnight after but for scanty urine or the opposite for a enormous quantity.
Copious urine morning on waking.

Chest

Palpitation of heart, waking on – startled from a dream.
Perspiration on the chest morning on waking.

Back

Turning head to the right side almost impossible because of pain in the right trapezius muscle
(DD Sinusitisinum: made from the pus of the sinusitis of a human being. Lobelia cardinalis
is an important remedy for sinusitis). Trapezius syndrome.

Pain dorsal region inner angle left scapulae.

Pain lumbar region third lumbar vertebrae.

Extremities

Itching legs - tibia

Raynaud's disease.

Sleep

Yawning frequent. Falling asleep difficult. Sleeplessness from activity of thoughts; waking after. Waking frequent.

Clinical case:

Women, °22/05/1962

Reason for consultation on 09/06/2000:

Chronic sinusitis and hayfever.

R/ Natrium muriaticum; Carcinosinum (sensitive person, dominated by her father, hay fever, chronic ailments); Pulsatilla; Silicea; Kali bromatum ; Proteus mirabilis ; Sycotic co; Syphilinum; Sepia; Rhus venenata; Anacardium orientale; Tuberculinum bovinum; Rhus toxicodendron; Rhus glabra; Calcarea bromatum; Kali bromatum; Ranunculus bulbosus; Calcarea lacticum; Mycoplasma pneumoniae.

Consultation 07/04/2006:

Acute exacerbation of her chronic sinusitis. Cough, difficult to expectorate the mucus. Pain at both sides of the nose halfway. Discharge of mucus from the nose; in the morning bloody. She has a pressing, gnawing pain at the forehead and at the sinuses. She is really desperate about this chronic sinusitis. Because of the pain it's difficult for her to concentrate.

Mind: she is rather irritable and impatience with her three boys. They have to listen immediately and if not she is agitated and nervous. She can't stand the noise they make. She is not very confident of her self. She dares not to drive her self with the car because of the fear to be jammed in the traffic jam, not to be in the possibility to get out of it.

R/ Lobelia cardinalis 30K

Analysis:

The pain half way the both sides of the nose is typical for Lobelia cardinalis.

The fear to be jammed in the traffic jam was interpreted by me as "delusion immovable".

MIND - CONCENTRATION - difficult - headache, with

MIND - CONFIDENCE - want of self-confidence

MIND - DELUSION – immovable

MIND - DESPAIR - pains, with the

MIND - EXCITEMENT – nervous

MIND - IMPATIENCE - children; about his

MIND - IRRITABILITY – easily

MIND - IRRITABILITY – easily – children; towards

MIND - IRRITABILITY - excessive

MIND - IRRITABILITY - Head; with complaints of

MIND - SENSITIVE - noise, to

HEAD - PAIN - Forehead - gnawing pain
HEAD - PAIN - Forehead - pressing pain
NOSE - PAIN - Sinuses - pressing pain
NOSE - PAIN – Sides – bilateral – half way – pressing pain

Follow up:

19/05/2006: Carcinosinum

12/06/2006: Carcinosinum because of the hay – fever with good benefit.

03/10/2006: Lobelia cardinalis 30K because of acute exacerbation of the chronic sinusitis

05/06/2007: Lobelia cardinalis 200K because of the hay – fever.

12/06/2007: Bacilinum 200K because of persisting cough during the hay – fever

30/11/2007: Lobelia cardinalis 200K because of acute exacerbation of the chronic sinusitis.

The hay – fever was less severe in 2006 and 2007. The frequency of the consultations for her sinusitis diminished dramatically and the exacerbations were less acute. She is driving again herself with the car.

Director of proving.

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