

## ***COLIBRI AMAZILIA***

### ***Proving results***

#### ***Preface***

The proving of *Colibri amazilia* was a “home-made” one in the chain of our bird drug provings. Almost all our close and near-by people were involved into it (the family, parents, close acquaintances, house cleaners, gardeners). There was no desire to involve any strangers, nor to discuss the results with them. Four years passed since the time of the proving. Now the need arose to revise the paperwork and records, to expand the analysis, compare it with other humming bird provings, translate it into English. New themes and nuances have been discovered in the same phrases; the events have been re-assessed now that we are no longer disturbed by the drug’s energy.

While reshuffling the paperwork my husband and I sighed, “It is not *Colibri*, it is a one thousand trifles.”

Perhaps these words reflect exactly the very essence of the remedy.

#### ***Humming-bird***

It is a common knowledge that the humming-bird is the smallest in the class; its weight reaches only 1.6-1.8g and its length – 5.5cm. Rainforests host about 170 species of the humming-bird.

Humming-birds amaze with surprising richness and beauty of colorings. In their plumage, there are all possible colors, from turquoise to copper-red.

These birdies spend most of their lifetime in the air. They can stop in the air, rise vertically upwards, rush back, and demonstrate masterly pirouettes. Their motions are very peculiar compared to other birds.

The smaller is a humming-bird, the faster its wings move. The red humming-bird whose weight is 2g makes about 50 flaps per second. Males in their mating games move wings with the frequency of 100 and even 200 strokes per second. However, they cannot walk or jump on the ground, as their legs are tiny and very weak.

The body temperature of the humming-bird is very changeable. They are genuinely hot-blooded only during active flight, which goes on uninterruptedly the whole day. In twilight, the humming-bird hastens to reach a branch; the temperature of its body sharply decreases to 17-21°C, and the bird nearly freezes alive. It rolls itself into a ball, and it can stay in such position for 15-20 hours. The chicks can even die from overcooling in a cataleptic state if the female is long absent. Their mother shakes them and feeds them forcibly, thereby bringing them back to life.

In one day, these birds are capable to eat twice more food than their own body weight. It is the only way to can maintain the high metabolism and a constant body temperature. The basic food is the flower nectar.

The amazing mobility of the humming-bird is connected with the very large size of their heart. It occupies half of the body by volume. Their palpitation makes up to 500-1200 beats per minute. The blood of the humming-bird contains more erythrocytes than of any other bird.

The humming-birds do not form couples. All the care of the posterity is the task of a female. The sole assistance of a male is in guarding the site of the nest. The nest is arranged with the big care and diligence. To construct a nest the bird uses the softest and most gentle materials. Nests are located in branchings, in stones, can be stuck to lianas.

The humming-bird lays only two elliptic eggs, the weight of each can be about 200 mg. Chicks spend up to 25 days in the nest.

Some species of the humming-bird live in a strictly defined tiny territory where a unique flowering plant grows with a shape and size of the flower matching the bird's beak.

The bird does not tolerate intrusions into its own home territory and the feeding site. The stranger would undoubtedly be attacked by the site owner. Birds fly into each other, knock each other and fall to the ground. A fight of birds lasts seconds.

The majority of humming-birds are settled birds, but there are also migrating species.

### **The provers and the remedy**

The proving was conducted by a group of volunteers, different age and profession. It was blind for six provers. The duration of the proving was 10 months. The drug was taken in 30K potency on various days, as the new provers joined (within the period of 10 days). One prover took a second doze in 1MK potency. Our cat received a pill of 30K.

The drug was prepared from a feather of a humming-bird, pharmacy M.Goyens, Belgium.

### **The main impressions and the key results of the proving**

The family and home are the most important things. A vigorous activity, impetuous work for one's family and for the sake of one's own home.

This is accompanied by an aversion to the professional job, suspiciousness, and a watchful attitude to "strangers".

There was a persistent desire to skip everything not connected with home and devote full time to solving the family issues. A feeling that the patients can wait, they will be there in a couple of years as well. However, the child will grow up and leave home, so I need to spend more time with him, as I can never repeat or return his early years.

There is a feeling that too many things have to be completed within short interval of time. If the work is done for the family's sake then the tasks are completed with great enthusiasm. One of the provers renovated a three-bedroom apartment within one week; two others tidied up the mess in cellars that had accumulated there for ten years.

There was addiction to the East. Themes of the East, China, and Tibet were expressed in the clothing, household environment, food and drinks, desire to go away to the warm corners of the world, and especially an insatiable passion for Feng Shui.

These and other themes developed in the proving of Colibri are confirmed below by the quotes from the diaries and our observations. The comments are in *italics*.

### **Themes**

#### ***Action. Activity home / Unwillingness to work outside***

*The main "prison" of Colibri is that the job occupation hinders the family matters and doings within the family. But there is no choice and hesitation between these two. The conflict is resolved for Colibri, there is a definite desire, a clear choice in favor of the family and the improvements at home, bringing it into order. All the housework is done quickly, devotedly and in a good mood. The society (including the work on hire), is a hindrance. Colibri qualities must be those of an ideal housewife.*

"A strong aversion to participating in the conference and the seminar. Declined several lectures. House matters seem to be more important."

A prover came back from vacations and went to work two weeks later without prior advice to the employer. It was more essential for her to finish the repair works at home, to settle the family affairs and solve the home issues.

"I immediately felt like cleaning things at home and to throw away all the junk."

“I set to bringing into order my study room at home, to sort out the papers that piled up on the floor, already.”

“It took me one evening to bring into order a heap of stuff: books, videocassettes...”

“The mood of a great big cleaning.”

“I fully renovated my three bedroom apartment in a week’s time.”

“I desire to put things in order everywhere: on an attic, in the cellar, in the spices locker.”

“At last I fixed the new chandelier that had stayed in a box for four months.”

“With a broken hand and broken fingers managed to scour thousands of tiny honey agarics brought from our forest. A jeweler’s art!”

“Three times a day I laundered underwear, manually (!), though for many years I have used the washing machine for that.”

“It would be perfect to change design in several rooms”.

“It is a pity to waste time for traffic jams in the city; it steals time from the life. In this time I could manage a lot for myself and my family.”

“I have an impression that the time at the office or in transport is spent for nothing.”

“Sitting in the car for three hours in the traffic jam, I feel in a cage.”

“There is no desire to be engaged in any scientific work. I ponder how to courteously cancel the seminar.”

“I cannot sit down and start getting ready for the lecture though my conscience tortures me, even in the night I wake up restlessly “I must, I must, I must...”“

A prover (the gardener) was often late for a few hours or skipped a few days of work: “Please do not think that I shirk my work, but...” Another one: “I force myself hard to leave my house for work”.

The desire to smoke is lowered (*smoking in Ayurveda is linked to the conflict "work-rest"*).

*Theme variation in dreams: the relatives and the household matters are present at work.*

DREAM. A lecture or a session, the hall is like an amphitheatre.

DREAM. A homeopathic congress. My wife and I make a report on the Feng Shui. I ask, whether they have taken down the toilet on the central square? Because it is a “bad Feng Shui“. There are indignant cries from the auditorium that I must not tell them about adverse surroundings. I suggest setting up a toilet in the centre of the congress hall; everybody should go there to judge, whether it is more comfortable in a hall with a toilet or without it.

DREAM. I am again at work, that is, many colleagues are around me. One of them hands me a notebook with my notes that I have left somewhere, praises my research and the huge work done. I notice that in the notebook, straight in my text there are notes made by someone else, it is unpleasant for me.

DREAM. I am at work, in a lecture room. I sit at the last desk with some papers. Then I discover that it is me who must teach now; and half of the allocated time has already passed. I do not have with me the bag where I usually have records, but I decide that I know the material anyway. I ask the students, what topic it is. It turns out, a discussion of some novel, which I have not read, and have never heard about. The group sits in two adjacent rooms, and I run back and forth. In the neighboring room there are three persons sitting at the desk. I feel awkward that I do not remember the students by name. Now my mum enters and says, can I tell you my case about the Moon? I rush into the next room to ask for the director’s permissions.

DREAM. A room with the tables covered white cloths; we discuss some seminar. My mum must come; I worry, whether the room suffices; there are too many people, everybody moves the tables here and there to accommodate, three persons per table.

***Food. Cookery. Feast. Tea***

*The proving revealed the predilection for juicy food (vegetables, fruit, berries), bright and vivid both by taste and by color. The taste should be strongly articulated, characteristic: the beer, Russian kefir, cherry, vinegar, and everything sharp, piquant and sour. The desire developed for fresh (raw) and high quality food and drinks, especially the tea. Increased desire for sour food (probably connected with the theme of vigorous activity: according to ayurveda, sour designates activity). There was also aversion to meat, and the preference given to the vegetarian food. The most objective prover – the house cat – ate salad made of cucumbers and cabbage with vinegar, declining his favorite Whiskas.*

DREAM. A crowd of guests sits at our table, whom we did not invite. I worry that the food may not suffice. I am going to bake quickly a biscuit with cherries for the dessert. The visitor in the kitchen prepares a dessert himself; he shakes it up in a bowl with a mixer or a nimbus. I am surprised by men's culinary abilities.

DREAM. A kitchen, a stove with four huge pans on it, very close to each other.

“My husband's friend arrived whom I saw the day before in my dream and with whom he had not communicated for four years. I baked a biscuit with cherries, as in my dream, but the friend declined, having excused himself by the excess weight.”

DREAM. I leave an elevator and I get into my parents' apartment. There are visitors sitting at a table covered with white cloth. I think that the table is poorly served; only a few snacks and red caviar, and the visitors do not have plates. I refuse to join, as I am in a hurry. Some people wait for me upstairs and they probably stand with the door open. Then I see that people to whom I go sit at a table too; I calm down.

“Desire of food, fresh, juicy, of the red or green color. The radish is more pleasant on color than on taste. Green cucumbers. Brown tea is less attractive.”

“Cooked a soup – green beans on curdled milk, the peculiar sour taste is satisfying.”

“A strong desire of fresh squeezed orange juice.”

“Aversion to tinned food. Want everything freshly cooked.”

“Bought kilos of vegetables to take home. Very much delighted with cherries.”

“Usually we love mushrooms. It is a good season right now, and mushrooms abide, but there is no typical desire for mushrooms now.”

“There is ice cream in the fridge, but I do not want it, despite my habitual craving for it.”

“The priest sent us a few baskets of fresh vegetables as a gift, tomatoes, cabbage, cucumbers and young green pepper. We deep-fried everything in olive oil and canned it.”

“I went to the cinema with my son, after that I went to the shop and bought again vegetables and fruits. This time it was green string beans, mango, and watermelons.”

DREAM. In some shop, I met my boss. I told her what kind of salad I cook from cabbage with vinegar.

“There are basins with cabbage in my dreams.”

“Dropped into a café for a bite, I wanted fresh vegetables. I ate the Greek salad and a coated herring.”  
*(A Russian feast dish that includes herring, potatoes, beetroot, carrots, onions, eggs, and mayonnaise)*

DREAM. Apples big, beautiful, bright cherry color, three pieces abreast.

“We drink only fresh made tea. We drink a lot of tea. I search in shops for a tea encyclopedia to study the types of the Chinese teas.”

“My predilection for tea has changed. I do not wish to drink bagged tea.”

“Yesterday bought different sorts of Chinese tea. Strong desire for tea though usually I drink it seldom.”

“In the morning instead of habitual tea I want fruit compote.”

“Wanted to sleep in the afternoon, drank some coffee and with last sip realized that this was a wrong move. I had a strong sweat over my back; there was a pulling sensation in the back of my head.”

DREAM. I am with my friend, we have dinner in a café; and I eat very quickly. A dish is missing; I trot to the next table where two young guys sit and I take for myself a plate from one of them.

DREAM. My mother came; she had a lot of purchases, which she flung down on some cartons and packets. Then she pierced a package with her finger, and rice started to pour out of it.

DREAM. There are a lot of people at my place; they are my relatives, my parents are here, too. I am in the kitchen at the stove; I have a pan full of something finely cut, of red color.

“The most popular salad these days is cucumbers with vinegar or cabbage with vinegar. The sourest of the sour.”

“The first day of the proving. My mother came, she took a pill of the drug as well; we went shopping. We spent all the time in China town. When we had a lunch break the aversion to the animal food was already there. I took a salad and another salad. Then we popped around a grocery shop. We could not go away from kefir stand; I had not drunk it for a long time. We bought beer, about ten liters. I never drank beer before; I disliked it and I regarded it indecent for a woman to drink beer. But this time we could hardly wait coming back home. What happened next must be filmed for a commercial about beer. We both attacked the beer, and another prover joined us immediately. I wanted the sensation of inflow of this liquid into the throat never to stop. My father (not in proving) was horrified; he blamed us and predicted that we become drunkards. However, there were three pro versus one con, for beer.

*Note. Wine and probably other alcohol (we did not try) did not agree, except beer. The idea that Colibri can be a “hangover remedy” was suggested by a homeopathic friend of mine when listening to my impressions and physical sensations, remarkably, not connected with taking alcohol.*

### **Flowers. Plants**

DREAM. I bought a dress of a bright-turquoise color, imprinted with an image of a tree in blossom in the centre, birds, and dancing women in sari holding fans.

“I was again in a shop, selecting a present for my sister’s birthday. I wanted to buy something with a flower or fruit design (a picture or a vase). Bought a big Chinese fan with birds and a blossoming tree.”

“Did not sleep until 2 a.m. I read magazines about gardening; I wanted to urgently alter everything in the garden.”

“Several times there was a desire to buy an orchid.”

“I bought pictures of peonies as a gift to three friends.”

The decision to cultivate many orchids at home.

### **The East. China. Feng Shui**

“Almost immediately my brains were taken down to Feng Shui; it seemed a very important knowledge. I buy talisman pieces, promote it to everybody, and I choose gifts with an implicit meaning.”

“In our supermarket they declared a ‘Month of the Eastern temptation’. In a show-window the Chinese cuisine is displayed (both dishes and cutlery), and the design is, Chinese fans.”

“My friends called in; they decided that we were proving Japanese cherry.”

DREAM. I choose Feng Shui talismans for my friend, for her bag. She comes home to me, and I select something for her from the stuff bought before; for example, I have three frogs, so I give one to my friend and I look what else I can present to her.

“For a house warming party of my fellow co-worker, I bought as a gift a huge Chinese gold-colored vase with flowers and birds. An identical one I bought for myself. Having unpacked them at home, I decided that the two of them combined tallied and looked better; so I left both for myself.”

DREAM. I recollected that I have plenty of photos from my trip to Scotland, there are mountains and rivers on them, and I can use them in Feng Shui.

“Bought some bronze statuettes: Ganesha, dragons and two chalices for aromas, also with dragons and some hieroglyphs. I wanted to believe they were ancient Tibetan symbols.”

“I study types of the Chinese tea.”

DREAM. I study a Sanskrit. I think hard, into which of possible sides I must curve the hook assigned to the ‘ee’ sound over each consonant.

DREAM. A homeopathic congress. My wife and I make a report on the Feng Shui. I ask, whether they have taken down the toilet on the central square? Because it is a “bad Feng Shui”.

Designing the interior, I have a persistent predilection to shinuazri style, and other “chinish” things.

“I told my son about the Feng Shui; he was enthusiastically rearranging items in his room working out the cardinal points of the world.”

DREAM. I wish to buy a book, but I understand that the cover not of the right color. It must be beige, and I see a dark one, with imprinted letters "AYURVEDA".

DREAM. “...tampons interfere with the free downward movement of anupana.”

“A guest from India visited us; all of us had joyful, raised, cheerful mood all day. We laughed the whole days through.”

“We study ayurvedic preparations Triphala and Trikatu.”

“I got out a drum bought in India some time ago and tapped various rhythms. Drummed four odd hours.”

“The Tibetan ‘Singing bowls’. One can listen/play hours with pleasure.”

“Days and days long the mantras play in our house, and the sounds of singing bowls. Neighbors are questioning what is happening.”

“A mantra was put on such volume that a vase fell down and broke to pieces, because of the loudspeaker vibration.”

“The two of us went to study astrology to a Tibetan lama.”

### ***Money. Coins***

DREAM. ...I trot to the next table where two young guys sit and I take for myself a plate from one of them. Then I give money for it – 5 rubles and 22 kopecks.

DREAM. A coin with tiny letters, for some reason I decide that it’s Sanskrit, encircled. I try to discern, I peer into letters, and a big bird wants to peck them.

“I bought a hundred of Chinese coins; spread them out into purses, present to friends.”

“I make propagate a flower called a ‘monetary tree’. I give grafts to friends.”

## **Numbers**

*We notice all the time presence of the figure '3', less frequently – '2', '5' and the number '40':*

“Bring to me three carrots for pilaf”.

“We will process the data within three months.”

“After cleaning I left behind three bottles, removing all others.”

“I opened 35th slide out of 53.”

“We study Ayurvedic preparations Triphala (three fruits) and Trikatu (three peppers).”

“Guess from three times.”

DREAM. Apples are big, beautiful, of bright-cherry color, three pieces abreast.

DREAM. In the next room, three persons sit at a table.

DREAM. There are a lot of people, and everybody moves the tables back and forth to sit down, three persons per table.

DREAM. I play chess with my wife or my mum, it is not clear... I think for a long time where to move the next figure; I decide to withdraw three cells.

“Mum passed zucchini to me; I told her. ‘Put down three pieces’.”

“Today three more people wanted to join the proving.”

“When discussing, how many cans of preserves will come out, we said in chorus, ‘three pots’.”

“Three times a day I laundered underwear, manually.”

DREAM. Here they hang, on the door handle, three pairs of my clean stockings.

DREAM. I enter into the elevator, I do not know the floor; I try to figure out and I decide to go to the third floor. In the lift, there are two more girls... I tell them, I am not against hygienic tampons; they are convenient, though when you are 40 you will regret having used them as tampons interfere with the free downward movement of anupana.

DREAM. ...I select something for her from the stuff bought before; for example, I have three frogs...

DREAM. Here is my mum coming, in a bathing suit, and I think that my mum is slim and looks well, though she is far beyond 40 years old.

DREAM. ...I trot to the next table where two young guys sit... Then I give money for it – 5 rubles and 22 kopecks.

DREAM. The group sits in two adjacent rooms, and I run back and forth.

## **Animal kingdom**

DREAM. Then we walk with someone in the dark, I see many dead rats and one more, running on a path. I am surprised that I do not fear it much, though the rat runs literally at my feet.

DREAM. Earwigs: I was almost not afraid of them. They produced cubs; I thought then that this insect has an incomplete transformation cycle, without a pupa stage.

“A feeling that this is a proving of a butterfly.”

“A few times saw my cat in my dreams.”

“It wanted to have a singing bird at home.”

“I dream of a winter garden and birds singing in it.”

### ***Clothes / No dress***

DREAM: I walk in a street with my husband, he is completely naked, and we laugh and joke at it. We walk into a shop; I take from the hooks all the socks and underwear hanging there and take my husband into the fitting room. I want quickly to go myself to another shop to buy clothes.

DREAM. I bought a dress of a bright-turquoise color, imprinted with an image of a tree in blossom in the centre, birds, and dancing women in sari holding fans.

DREAM. ...all the time something falls down from my shoulders; I see a many female synthetic stockings on the floor, and there are stockings hanging down from my shoulders, too. I recollect that I have come here to wash linen and should be in the laundry room; therefore, I am not ready for the lecture. Here they hang, on the door handle, three pairs of my clean stockings.

DREAM. Crowds of people, some clothes.

“Three times a day I laundered underwear, manually.”

“I bought some clothes of turquoise color. For the husband, too.”

“Turquoise suddenly began to be pleasant. I bought a turquoise Tibetan necklace.”

“I purchased many Chinese style things: a kimono, brocade slippers, silk-work.”

“Desire to wear rag strips on my head (to take away the hair from the forehead).”

“Unwillingness to wear earrings and to do manicure.”

### ***Health / Illness. Doctors***

“I bought different vegetables and fruit... On the way back I yearned for sour cherry; it made my mouth water. But I was afraid to eat it dirty and to catch an infection.”

“I notice that I rush repeatedly to wash my purchases with soap, because thoughts occurred that they might have an infection, for example, an avian flu.”

DREAM. ...In the lift there are two more girls who show to me and praise female hygienic tampons. They ask what my education is and if I have the medical diploma. I say that I have a degree in medicine, by the best university in the country. They say that it is even worse, as many doctors oppose applications of tampons. I tell them, I am not against hygienic tampons; they are convenient, though when you are 40 you will regret having used them as tampons interfere with the free downward movement of anupana.

“In a city when seeing an announcement of a bird flu vaccination I have a strong alarming feeling, suppose I fall ill.”

DREAM. Several people simultaneously, very slowly and carefully selecting words tell me that an elderly relative urinated in bed. I say that it is necessary to take the mattress out, to wash it up and dry it, or to throw out completely. Everybody praises me for this decision long-windedly.

### ***Colors***

*The proving showed desire of bright colors and tints in food, clothes, in an interior: red, green, turquoise, aquamarine, and aversion to dark, faded colors.*

DREAM. Apples big, beautiful, bright cherry color, three pieces abreast.

DREAM. I bought a dress of a bright-turquoise color...

“I do not want to eat soup; its white color is unpleasant, and I pick out only green beans.”

“I bought some clothes of turquoise color. For the husband, too.”

“Turquoise suddenly began to be pleasant. I bought a turquoise Tibetan necklace.”

“Desire of food of red or green color. A radish... Green cucumbers. Brown tea attracts less.”

“I cooked soup – green string beans on curdled milk.”

“I want the bright and vivid food, both by taste, and by color.”

DREAM. I wish to buy a book, but I understand that the cover not of the right color. It must be beige, and I see a dark one.

DREAM. I am in the kitchen at the stove; I have a pan full of something finely cut, of red color.

DREAM. ...guests sit at a table covered with white cloth ...»

### ***Buildings. Rooms***

DREAM. I stand with someone in a hall where our clinics must be located; and we discuss the building. It is very old, with thick walls with cutout arches as in old monasteries or temples. There are paintings and mosaic. The bottom of one of the walls is untidily painted out with dirty grey color, and a notice is scribbled. We discuss being surprised that this building has stayed until now.

“I bought a site far in the mountains, with an old small house and a garden.”

“My family moved from the city apartment to live in a country house.”

“I want to bring things in order in every room of my house.”

“It took me a week to renovate my apartment.”

“In a very short time we brought in order all the in the utility rooms. We threw out and gave out plenty of things stored there for many years.”

“They reconstruct buildings in our street; many old houses are taken down. I am anxious about it.”

“Constructions sites are all around. I am inclined to leave the city and come back in a few years when all the reconstruction is finished.”

DREAM. A homeopathic congress. My wife and I make a report on the Feng Shui. I ask, whether they have taken down the toilet on the central square?

DREAM. A factory behind a high fence. For some reason I must reach this factory. Here I am walking around it but I do not know how to enter. Then I see a small window in the corner of a building. I climb on a stone fence to this window.

“When travelling it was difficult to stay in the hotel, I constantly wanted to go outside, away from the hotel territory. Mosquitoes grids and sparrow screens in the dining room irritated. Cages loomed everywhere. Sensation, I am caught or limited in motions.”

*Events in dreams often occurred inside houses, between floors, in elevators.*

### ***Time. Pace. Duration. Rhythm***

“It is a pity to waste time for traffic jams in the city; it steals time from the life. In this time I could manage a lot for myself and my family.”

“It seems that time spent in the office or in transport, is spent for nothing.”

“A feeling that when I am at work I am wasting time that I could spend with my child otherwise. He will mature and leave home, these years will never return. The patients will be there anyway. When the child leaves school I will be free and will work more.”

“I wish to leave for the life to a small town where one can go everywhere on foot and not waste time in transport.”

“I read the book ‘the Law of karma’, plenty of contemplations about life.”

“I desire to leave very far, so that nothing could disrupt reading philosophical books.”

“It seems that in my hurried rush around the house, I tap my heels “tom-tata-tom” as on a percussion instrument.”

“The sounds of a drum are comfortable, not just tapping, but a kind of finding the rhythm by feeling.”

“I want to drum with my fingers all the time. Got out a drum that I bought in India some time ago and tapped various rhythms. Drummed four odd hours.”

“The Tibetan ‘Singing bowls’. It is possible to listen or play hours with pleasure.”

### ***Forgetfulness, absent-mindedness***

DREAM. ...many colleagues are around me. One of them hands me a notebook with my notes that I have left somewhere

DREAM. I am at work, in a lecture room. ...Then I discover that it is me who must teach now; and half of the allocated time has already passed. I do not have with me the bag where I usually have records... I ask the students, what topic it is.

Errors in driving “as though I drop out of reality at the wheel”, “as if I am absent for some time”, several times I nearly had accidents.

### ***Too little, will not suffice, will not get.***

DREAM. A crowd of guests sits at our table, whom we did not invite. I worry that the food may not suffice...

DREAM. There are visitors sitting at a table covered with white cloth. I think that the table is poorly served; only a few snacks, and the visitors do not have plates.

DREAM. I am with my friend; we have dinner in a café... A dish is missing.

DREAM. My mum must come; I worry, whether the room suffices; there are too many people.

### ***Art / Science***

Desire to alter the living space.

Fashionable design magazines.

Design, decor, landscape design.

Lectures, scientific seminars.

Studying of history, astrology, ancient languages, ancient sciences.

We studied astrology with a Tibetan lama several weeks.

### ***Speech. Words***

“Baby talk”. Constant desire to lisp as with small children.”

“Errors in speech, I confuse letters, syllables. Instead of ‘carrot’ I say ‘parrot’.”

### ***Miscellaneous***

*The quotes above, when carefully analyzed, depict a number of other themes. For example:*

- *One thousand trifles. Multitude of people and things. Increased attention to minor details.*
- *Suspiciousness or a watchful attitude to strangers, to unknown people.*
- *Partiality for nature, the natural environment.*

### ***The energy and the connection with the source***

Quick movements back and forth; doing several things simultaneously. Fast pace. (Colibri makes from 50 up to 80-100 wing beats per second).

Many heart symptoms. (Palpitation of humming-bird reaches 500 - 1200 beats per minute. The heart occupies most of the body.)

Drowsiness in cloudy weather, a hyper sensibility to weather changes. (The metabolism of the bird slows down sharply at twilight, or in the absence of sunlight.)

Desire of bright colors. Predilection for turquoise color. (These birds vary immensely in plumage coloring. The plumage of the bird, whose feather was taken for the drug, was turquoise.)

Aversion to the animal food. (The bird feeds only on flower nectar.)

Sensation as if I am a butterfly. (The appearance of the bird, its tiny size, bright coloring. Tourists often take humming-birds for flitting butterflies and bumblebees.)

Sensation in the car, as if caught into cage. (Common for the bird remedies.)

Themes of warm countries, old traditions. Themes of gardens, colors, bright plants. (The habitat of most humming-birds in the nature.)

Desire of orchids. (Humming-birds often are pollinators of orchids.)

Desire to have a winter garden with singing birds at home.

Friends thought that we prove a Japanese cherry or a sakura.

Fear to catch bird flu.

At the homeopathic seminar I reacted very strongly to the cases of patients with bird remedies prescriptions, I suffered from their sufferings and emotions.

Songs "Higher than the sky", "I am free"; I paid attention to the lyrics for the first time, I cried at the mentioning of freedom from fetters, captivity, separation from the loved ones.

### **Main physical symptoms.**

#### *Sensations as if*

- pressure, stuffed sensation
- spasm, swallowed something hard, did not chew up
- pulsating, neck
- pressure, from within
- ear blocked, as in airplane, at takeoff and landing
- lump in the throat
- pain, thorax, breaking

#### *General*

- activity raised
- joyful mood
- drowsiness, earlier than usual
- no sleep, all night long
- sleep, cannot fall asleep
- sleep, want of, because of heart sensations
- drowsiness, in cloudy, rainy weather
- drowsiness, afternoons, strong

### *Head*

- vertigo, mornings
- ears, pressure, left side
- ears, clogged, sensation
- ears, pulsation
- nose, coryza, in the morning

### *Throat / neck*

- pressure, in jugular fossa
- warmth, sensation
- pulsation
- pressure, left side
- cold, sensation
- spasm
- lump, sensation
- hard object, as if swallowed
- discomfort, 5 p.m.
- pressure, in thyroid gland

### *Chest*

- heart, heaviness
- heart, pressure
- heart, pain
- heart, pain, stitching
- heart, discomfort, < on the left side
- heart, pain, breaking sensation

### *Stomach / Appetite*

- orange juice, desire
- alcohol, aversion
- alcohol, wine, aggravates
- alcohol, beer, desire
- vegetarian food, desire
- cherries, desire
- mushrooms, aversion
- cabbage, desire
- sour, desire
- kefir, desire
- tinned food, aversion
- meat, aversion

- food, bright colored, desire
- vegetables, green, desire
- vegetables, fresh, raw, desire
- vinegar, desire
- tea, green, Chinese, strong desire
- tea, black, aversion
- tea, of a specific sort, desire

#### *Urination*

- no urge
- infrequent
- frequent, alternating with urge, constant, every few minutes
- enuresis, nights

#### *Sexuality*

- sexual desire, want of
- sexual desire, diminished
- men: desire to stimulate genitals, constantly