

# Galium aparine

## PROVING REPORT

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Antwerp ( [www.homeoca.be](http://www.homeoca.be) )

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## Introduction:

This proving was conducted following the guidelines of subcommittee proving of the E.C.H. ( European Committee of Homoeopathy).

- **Monocentric:** proving was organised in one centre namely the Homoeopathic Centre Antwerp
- **Non-randomized:** everybody knows from everybody that he/she is taking the verum. No placebo was taken.
- **Double blind:** nobody participating at the proving ( provers, supervisor, director) knows the nature of the verum proved.
- **Non-controlled.** No control group/no placebo.
- **Pre-observation period:** observation period of two weeks before the intake of the verum.
- **No cross-over:** only the verum is taking, in a 30K dilution in 6 takes during two days.
- Proving takes place under the name of “**self-experience**” and not under the name “proving” or “medical experiment” because otherwise an ethical commission has to give his advice.
- **Assurance of the participators of the proving** is covered through the professional organisation UNIO – Homoeopathica Belgica. That’s why the supervisors and the director of the proving have to be member of this UNIO – Homeopathica Belgica.
- **During at least three month’s before the start of the proving the prover had not taken any other homeopathic remedy.**
- **Intake** with the supervisor before the two weeks observational period is **very extensive.**

## Preparation by Piet Sollie, pharmacist at Antwerp

Kasteelpleinstraat 22-24, 2100 Antwerp. BELGIUM. Tel.: 00/32/3/237.45.56

## Selection of the homoeopathic remedy to prove:

Collega X, who is not participating at all at the proving writes down 3 remedies at 3 different papers. These three papers are put in three different envelopes coded with number 1,2 and 3.

Pharmacist Piet Sollie opens envelope 1.

He prepares remedy 1 if possible. If not, he opens envelope 2.

He prepares remedy 2 if possible. If not, he opens envelope 3.

## The tincture is made following the HAB - method

(Homöopatisches Arzneibuch, so following the German pharmacopea)

According to rule 3a of the HAB 2003 we start from the full plant in blossom. The fresh plant is weight. This plant is crushed and squeezed out. The juice is weight and with ethanol filled up until the original weight. The German farmcopea was used because the European farmcopea is still not complete although several monographs are ready already. In general the German farmcopea is using more plant to prepare the tinctures.

30K dilution was used.

### Provers:

- 8 persons took part at this proving
- 2 women and 6 men.
- 2 pharmacists without education in classical homeopathy.
- 2 medical doctors homeopaths.
- 4 patients, non homeopaths.
- Age between 36 and 53.
  
- 2 supervisors.

### Taking of the verum:

Taking took place three times a day during two days. Taking has to occur with clean mouth and at least half an hour separated from food.

- Morning before breakfast
- Noon before or after lunch
- Evening before /after diner or before going to sleep.

### The taking is stopped if:

- new severe symptoms appear.
- existing complaints or symptoms aggravate.
- reappearing of old symptoms existing one or more years before, in a severe way.

Prover 7 had to stop intake after the 5th time because of a very heavy reaction.

- Provers don't talk with each others about their symptoms.
- Partner is informed about the proving.
- Declaration of agreement has to be signed by the prover before he gets the verum of the supervisor.

### Note of symptoms:

- OS: old symptom
- NS: new symptom ( not yet experienced before).

- AS ( altered symptom): symptom was experienced already before but is different in his appearance, for example as for localisation or as for intensity.
- CS ( cured symptom): cured symptoms.

## Level of evidence.

### **Level I**

= Positive audit of manifold pathogenesias with control placebo group of the same remedy in ( same dilutions ).

### **Level IIa**

= Several correspondend pathogenesias ( controlled symptoms) with a placebo controlled group of the same remedy ( same dilutions).

### **Level IIb**

= One pathogenesisia with a placebo controlled group.

### **Level IIIa**

= Several correspondend pathogenesias (controlled symptoms) of one remedy ( same dilutions!) and/or with the clinical verification of the symptoms.

### **Level IIIb**

= One pathogenesisia realised with a cohorte of provers.

### **Level IV**

= One pathogenesisia with a limited number of provers.

The level of evidence of this proving should be IIIb – IV. 8 provers is rather a limited number of provers.

## GALIUM APARINE

Classification following APG II ( Angiosperm Phylogeny Group Classification).

CLASS: ANGIOSPERMAE

SUBCLASS: DICOTYLEDONAE

SUPERORDER: Asteridae – Euasteridae 1

ORDER: GENTIALES

FAMILY: RUBIACEA (Apocynaceae, Gelsemiaceae, Gentianaceae, Loganiaceae)

GENUS: GALIUM

SPECIES: **Galium aparine** (Asperula odorata, Cahinca racemosa, Cephalanthus occidentalis, China officinalis, Chum, Coffea cruda, Coffea tosta, Coffeinum, Emetinum, Gardenia, Ipecacuana, Ixore, Mitchella repens, Mussaendra, Rubia tinctorum, Uncaria tomentosa ( Cat's claw), Yohimbinum).



### Nomenclature:

Catchweed, coachweed, clivers, false cleavers, *Galium aparine*, *Galium spurium* L., goosegrass, Rubiaceae (family), stickyweed, stickywilly,

Turkish: Tirmanici yogurtotu.

German: Klettenlabkraut

French: Gratteron



Most of the plant's popular names are connected with the clinging nature of the herb. Some of its local names are of very old origin, being derived from the Anglo-Saxon 'hedge rife,' meaning a tax gatherer or robber, from its habit of plucking the sheep as they pass near a hedge.

The old Greeks gave it the name Philanthropon, from its **habit of clinging**, and Loveman is merely an Anglicized version of this.

Clite, Click, Clith-eren, Clithers are no doubt various forms of Cleavers. Its frequent name, Goosegrass, is a reference to the fact that geese are extremely fond of the herb. It is often collected for the purpose of giving it to poultry. Horses, cows and sheep will also eat it with relish.

**The specific name of the plant, aparine, also refers to this habit, being derived from the Greek *aparo* (to seize). The genus name Galium is derived from *gala*, the Greek word for milk.**

Greek shepherds used the stems to strain milk, the stalks are still used thus in Sweden. The galiums, especially the Lady's Bedstraw (*Galium verum*, so named because it was said to have lined Christ's manger) have the quality of curdling milk and have been used as a vegetable rennet. They also, like Madder, have roots that produce a red dye, which gave cheeses such as those from Gloucestershire their rich orange color. Birds that eat them have their bones tinged slightly red.

The seeds of Cleavers form one of the best substitutes for coffee; they require simply to be dried and slightly roasted over a fire, and so prepared, have much the flavor of coffee. They have been so used in Sweden. The whole plant gives a decoction equal to tea and it is usually in such a form that it is used herbally.

The most economically important species of the family of the Rubiaceae is Coffea Arabica. The valuable drug quinine is furnished by several species of Cinchona. Ipecacuanha is the powdered root of another member of this order, growing in the forests of Brazil

### Botanical description:

The members of the genus *Galium* are all called "cleavers" in North - America, and "goosegrass" in Europe. There are a dozen or more species in the genus, some with leaves six in a whorl, others have only four. Some have flowers yellow, others a dull purple. Not all have identical medicinal properties, for some contain glycyrrhiza-sugar, and others a coloring agent like madder. They belong to the Madder family. This species is found in the woods-a trailing, rough plant, with white lateral flowers, rough seeds, leaves eight in a whorl.

These plants are growing in cultivated grounds, moist thickets, and along banks of rivers, and flowering from June till September. Its roots consist of a few hair like fibres, of a reddish color. In the green state some of these plants have an unpleasant odor, others rather the contrary; all are inodorous when dried. They have an acidulous, astringent and bitter taste. They have not been thoroughly analyzed, but chloric acid, galli-tannic acid, citric acid (hence its popular use in scurvy), starch, etc., have been detected in the *G. aparine* and *G. verum*. The former contains the most citric, while the latter holds the most galli-tannic acid.

*Galium aparine* is decreed by medical writers to be the officinal plant of this genus. Rafinesque says: " Many other species are probably medicinal, but we only use the *Galium aparine* and *G. verum*, common in woods, trailing, rough, with white, lateral flowers and rough seeds." This description, however, will only apply to the former species, as the latter has yellow flowers and smooth seeds. The two species above mentioned are the only ones which have eight leaves in a whorl. Gray thinks it "doubtful if the *G. aparine* is truly indigenous in our district." And the *G. verum* was certainly brought here from Europe. Only

six species of *Galium* are mentioned by Gray as indigenous to the United States. Rafinesque, however, says we have "twenty or more species in North America." He thinks the *G. aparine* and *G. verum* common to Europe and America. According to King, all the species of this genus possess similar medicinal virtues. This seems to be the opinion of Scudder, Beach, and other Eclectic writers. Such generalizations, however, will not be accepted by the Homoeopathic school of medicine. In order to meet the requirements of a scientific *materia medica*, each species of any genus of plants should be studied by itself.

Cleavers (*Galium aparine*) is a typical scrambling climbing plant native to North America, Europe, and Asia. In the Anatolia region of Turkey, it's known as Tirmanici yogurtotu.

The stem is one to five feet long, weak, straggling, often forming matted masses, very rough, bristle-prickly backwards, hairy at the joints.

The leaves are the largest above the middle. These leaves are single nerve. The leaves are divided in wreaths of 7. The leaves stick also but the stalk sticks after the fruits the most.

The angles of its quadrangular stalks and leaves are covered with little hooked bristles, which attach themselves to passing objects, and by which it fastens itself in a ladder-like manner to adjacent shrubs, so as to push its way upwards through the dense vegetation of the hedgerows into daylight, its rough, weak stems then struggling over and through all the other wayside plants, often forming matted masses. Everything what brushes the plant sticks to it because of these many small hooks at the stalk and the fruit of the cleavers.

The flourish is from May until October. At that time cleavers has small, inconspicuous, white flowers. These flowers are 2 mm in diameter. The flowers are small, tetramerous with short stalks. Calyx 0. The corolla is white, with petals about 1 mm long, rotate, with a short tube and the 4 lobes drawn out into a short, thickened point. The 4 stamens alternate with the petals and are fused with the corollary tube, with yellow anthers; they are erect and exerted. Inside the corollary tube are 4 nectaries. The inferior ovary is densely covered with white hooked bristles 0.4-0.7 mm in length. The deeply bifid pistil bears two capitate stigmas. Small fruits with many hooks originate from these flowers. These fruits two by two and are 6 – 8 mm in size. The fruits are purple like of green. These fruits have even more small hooks than the stalk. That's why they stick in the fur of hairy animals ( almost all mammals). That's why the fruits are spread over a big distance and cleavers will be found at many places. Even children adhering for fun the plant at their friends are helping to spread the cleavers.

Cleavers can grow in the sun as well in the shade. It grows the best in regions with a moist soil rich at nutrients. Less strong plants have are eliminated. Cleavers are growing often between stinging nettles, dead nettles and whistling herbs.

According to some herbalists, cleavers is a good lymphatic and blood purifying tonic; it is used especially for swollen glands and skin eruptions caused by lymphatic congestion. Cleavers has been used historically as an anti-inflammatory and in treating ulcers, tumours, cystitis, bladder and kidney inflammation, dropsy, gravel, fevers, hepatitis, viral infections, psoriasis and various skin diseases. Cleavers is one of numerous plants considered in ancient times to act as a diuretic for chronic cystitis (inflamed bladder) and prostatitis (enlarged prostate). It was therefore used to relieve oedema and to promote urine formation during bladder infections. It has also been used by people with lymph swellings, jaundice, and wounds. Currently, there is insufficient evidence in humans to support the use of cleavers for any indication



### Clinical experience:

Galium acts on **the urinary organs**, is a **diuretic** and of **use in dropsies, gravel and calculi**. This remedy is indicated in dysuria, cystitis with much burning upon urinating. Dysuria and cystitis. The eclectics have a good deal of confidence in Galium in calculi of the bladder or kidneys. They allege that it possesses "*a solvent power over the stone, causing it to crumble into a sandy mass, so that it can be discharged.*"

#### **Increases the flow of urine and removes its acidity.**

Scalding and burning during micturition in fevers.

Dysuria and suppression of urine in young children.

Strangury of women, from idiopathic or reflex irritation of the urinary apparatus.

Dysuria, with frequent ineffectual urging and scanty discharge.

Gravel and the various attendant sufferings.

*Is said to be contra-indicated in atonic or torpid urinary disorders.*

As it is a rather powerful diuretic, care should be taken that it is not given where a tendency to diabetes is manifested

\* Has **power of suspending or modifying cancerous action**. It has cured a case of **nodulated tumour of the tongue diagnosed to be cancer** (see Hale E.M.). Has clinical confirmation of its use in cancerous ulcers and nodulated tumors of the tongue. Stops or diminishes the growth.

In **cancer of the tongue** Galium aparine is the remedy when it has the appearance of scirrhus formation with a nodulated feeling like a boy's marble embedded in the tongue. There is more or less induration of the tongue.

Dose, twenty drops of the tincture four times a day. Use a mouth wash of the tincture, diluted one-half with water, once in two hours. Hold it in the mouth against the tongue for several minutes.

**Cancer of the skin** with a very quick superficial extension.

Epithelioma, slow in its progress, having nodular deposits around the surface.

The following clinical record of the use of Galium in **cancer**, etc., is taken from the British journal of Homoeopathy, Vol. xxiii, page 189 (1865.)

Hard Nodulated Tumor of the Tongue, apparently of a cancerous nature, which disappeared

under the use of Galium aparinum, by F.A. Bailey, F.R. C.S.

**Jane C-, a married woman**, aet. 60, residing at Ramsbury, in Wiltshire, was admitted into the hospital, April 5, 1864, on account of *a hard, firm, somewhat circumscribed tumor of about the size of a boy's marble flattened, imbedded in the substance of the tongue, on the right side, about an inch from its apex, which had been gradually increasing in size since she first observed it, five weeks before, when it was about as large as a hemp seed.*

The upper surface was nodulated and uneven and the swelling generally had the appearance and feel of a scirrhus formation of the organ. It had all along been extremely painful, so much so as entirely to prevent her sleeping at night; it was exquisitely tender to the touch when handled, and latterly she had experienced a throbbing, beating pain in it, which had induced her to think it was about to burst. There was no appearance of its having been caused by injury to the tongue through a decayed tooth. She had always been in the habit of living tolerably well, but had been suffering a good deal from general debility and languor for some time before the commencement of the swelling. Her countenance did not indicate any peculiar cachetic condition of the system, and there was no history of any hereditary cancerous taint in her family. The tumor had increased rather rapidly lately, and she was quite unable to masticate solid food, on account of the pain it induced, which had added much to her original weakness.

She was ordered to have strong cold beef-tea frequently during the day for diet, with a pint of porter daily, and to take the following medicine: **R. Extract Galii aparini solidi, two ounces; Aquae ad. half pound. M. ft. extract fluid.** Of this extract a drachm and a half was given twice a day, in a wineglassful or water. She was also ordered to use the above mixture as a warm lotion to the mouth, several times during the day, keeping it in the mouth for some time during each application.

A month after her admission she had completely recovered from the languor and debility under which she had previously been suffering; her face, instead of being pallid and sallow, had recovered a healthy and somewhat florid appearance, which was natural to her; the pain in the tumor had been gradually diminishing, and the tumor itself had become so much reduced in size as to be scarcely discernible to the touch, and as she was now able to take solid food without discomfort and with an appetite, she was at the end of five weeks, discharged from the hospital. A fortnight afterwards, having continued the remedies prescribed, she presented herself as an out patient, when it was found that the tumor had entirely disappeared, and the tongue had recovered its natural structure and appearance.

\* **Apthæ**, with urinary disorders, in children.

\* **Inveterate skin affections** and scurvy. It is also of service in **nodular tumors of the skin** and in severe types of skin diseases.

Clivers was also used as an ointment for scalds and burns in the fourteenth century, under the name of Heyryt, Cosgres, Clive and Tongebledes (Tonguebleed), the latter doubtless from its roughness due to the in-curved hooks all over the plant

\* **Psoriasis**: a case of psoriasis of the hand (left) has been reported cured

Case in the Homeopathic Recorder 1886 n° 3: surgeon Major Owen, Exeter, writes to the Brit. Med. Jour., March 27th, 1886: "The wife of a staff-sergeant, in this garrison, had **psoriasis of the left hand** for upwards of twelve months. She derived no benefit from chrysophanic ointment, tar ointment or arsenic, and was unable to do any housework on account of the painful fissures and general soreness of the affected part. A friend advised a trial of Galium aparine to be applied locally as a poultice, and also to be drunk as an infusion. In less than three weeks the psoriasis disappeared, and the skin resumed its normal state."

\* Ulcers.

\* Favors healthy granulations on ulcerated surfaces.

\* Case of Lepra in the Monthly Journal of Homeopathic And The Journal of Health and Disease

A gentleman, an acquaintance of mine, who had suffered for many years from **lepra vulgaris**, for which he had taken all the usual remedies without obtaining the slightest relief, informed me not long since that he had at length found a remedy for his disease. He told me it was a wild plant, of which he did not know the name, but that he would show me the spot where it grew. On examining the plant, I discovered it to be the **Galium aperine**, which grows so abundantly on the hedges in this country, and is commonly known by the name of cleavers or goose-grass. At the time I saw him he was taking a strong decoction of the plant, and under its use the rash was disappearing rapidly.

On making enquiries, I find that three other parties have been cured of similar diseases by the same remedy. One of the parties had been discharged from St. George's and also from the Middlesex Hospitals about twenty years since, as an incurable patient. The remedy was introduced here about twenty years since by some German itinerant quack.

I have as yet not had much experience in the use of this remedy. It appears to act as a mild diuretic, and may be given in large quantities, as it does not produce any injurious effect on the system. I use a decoction made by boiling a large handful of the plant in a quart of water for about twenty minutes. Of this decoction I give three parts daily.

( J. M. Winn, M.D., Physician to the Cornwall Infirmary, and c. Truro, Sept. 28, 1851).

\* If used in large quantities it causes **constant chilliness-"owing to its cooling properties,"** and that it is therefore "contra-indicated in passive and atonic states of the bladder and kidneys". Its use causes so much "**constant chilliness**" that patients complain of it.

In the second edition of his New Remedies, Hale E.M. made the following observations on the use of Galium. They are so appropriate that I quote them now, instead of attempting to offer any new remarks:

While engaged in an extensive country practice, I often observed that the cold infusion was drunk freely by fever patients, especially if scalding or burning during micturition was complained of. At first, I disliked to have them use it in connection with homoeopathic remedies, but I found its use so general, and the idea of its mild curative powers so engrafted into the minds of the people, that it was a difficult matter to proscribe it. I have never noticed that its use interfered in any way with the action of homoeopathic medicines. In order to test in a practical manner its alleged usefulness in urinary affections, I have often selected cases of simple dysuria, strangury, suppression, etc., depending on uterine irritation, or a cold, and prescribed the cold infusion in alternation with blank powders or pellets. In this way I have gained some correct ideas of its sphere of action. It seemed to me particularly useful in the dysuria and suppression of urine in young children from colds, or when attended with aphthae, or what might be called a scorbutic state of the system; also in the strangury of women from uterine diseases, haemorrhoids, or irritable bladder. It seemed to be useful in the strangury and scanty urine in rheumatic fever, and in the irritable bladder (from prostratic diseases) of old men.

\* Cleavers tea is still a rural remedy for colds in the head.

\* As a purifier of the blood, the tops were used as an ingredient in rural 'spring drinks.'

\* The infusion, drunk as a tea, has a most soothing effect in cases of insomnia, and induces quiet, restful sleep.

Dr. Kendal, a homoeopathic physician, reports to me two cases which show clearly its curative action:

(1.) A young child had troubled with painful dysuria for several days. Every attempt at urination was accompanied with cries and screams. A weak infusion of Galium 3rd was given, and in less than one hour the child urinated profusely, without pain.

(2.) An old man had been troubled for months with intensely painful dysuria, frequent ineffectual urging, scanty discharge, etc. He was directed to drink a pint a day of a cold infusion. In a few days he reported himself cured.

Several similar cases have been reported to me by physicians and lay members of the school. I think the *G. asprellum* is the tincture generally used, as the *G. aparine* does not grow so abundantly in the West.

**Officinal Preparation.**-In general practice and cold or warm infusion is usually used. All writers agree that this is the most eligible method, because heat destroys or dissipates the medicinal virtues of the plant. The herb (the root is not used), should be placed in cold or tepid water and allowed to stand for two hours. Three or four ounces to one quart of water is the usual proportions. It is sometimes sweetened. The expressed juice has been used, according to Wood, three ounces twice a day. King advises the inspissated juice, one or two drachms three times a day. I do not know if alcohol injures its medicinal qualities, but it is probable, as alcohol acts on some vegetable juices much in the same manner as heat; if not, an equal or one-fourth part of alcohol might be added to the expressed juice, to form a mother tincture. I would, however, advise the following method of preparing this remedy for homoeopathic use, in cases where the infusion was not acceptable, or when the physician could not rid himself of antiquated prejudices sufficiently to use it. The fresh aerial parts of flowering plants is chopped and pounded to a pulp and weighed. This aerial parts are odourless, with a bitter taste. Two parts by weight of alcohol are taken, the pulp mixed thoroughly with one-sixth part of it, and the rest of the alcohol added. After stirring the whole well, pour it into a well-stoppered bottle. It may then be put up in close bottles and let it stand eight days in a dark, cool place. The tincture is then separated by decanting, straining and filtering. The mother tincture is a yellowy brown liquid with earthy odour and bitter taste.

**Dose.**-I am aware that I am trading upon disputed ground when I advise the use of infusions of vegetable remedies. But if it is better for our patients to use such a preparation, we should not hesitate. Moreover, do we not advise cold infusions of *Ulmus fulva*, Flax-seed, *Althaea*, all of which are mild, medicinal substances. Hahnemann, in the early part of his homoeopathic practice, used infusions, and he distinctly advises the use of infusions of plants of small medicinal power, when we desire to prove such plants. (See "Lesser Writings.") I am aware that some physicians would prefer to prove even this medicine in the attenuations. In this way, "**itching of the elbows and nose**" - "**drawing in the fingers**," - "slight vertigo after smoking the sixth pipe;" might be noticed, but nothing which could show us the real sphere of action of the remedy. I do not deny that certain potent or inert drugs may be proven in attenuated quantities, but remedies similar to the Galium can not. He who would prove this plant, should, without altering his mode of life, drink a wine glass of the ordinary infusion, four or six times daily, for a week or more.

In diseases, I would advise the cold infusion in the complaints enumerated above, in which it has been found useful. It may be taken in tablespoonful doses, every one, two, or three hours; or the powders prepared as above, may be prescribed in doses of five or ten grains at short intervals.

It seems to be primarily homoeopathic to passive, torpid conditions of the urinary apparatus. In such cases the 3d trituration may be found curative.

The infusion should be made from the fresh plant, when obtainable, as the dried possesses less power. Children may be made to take it readily by adding sugar and cream, or milk, to the infusion.

Planets: Venus, Saturn.

Dose:

- Fluid extract; half-dram doses, in cup of water or milk, three times a day.

Compare:

- Cannabis sativa, Cantharis, Copaiva, Berberis vulgaris, Chimaphila, Eupatorium purpureum, Althæa officinalis, Uva ursi.

## Homeopathic experience of the family of the Rubiaceae:

Rubrics of the main remedies (Coffea, China, Ipecacuhana):

Activity, creative ( Allen)

MIND - ACTIVITY - increased excessively ( Complete)

MIND - ACTIVITY - sleeplessness; with ( Complete)

MIND - AILMENTS FROM – excitement

MIND - DESIRES indefinite / numerous things, insane (Complete) //inexpressible ( Knerr)

MIND - ECTASY, sensitivity of female sexual organs with ( Knerr).

MIND - EMOTIONS, ailments from; sudden, pleasant ( Knerr)

MIND - FANCIES; exaltation of ; sleeplessness, with ( Complete).

MIND - IDEAS – abundant, clearness of mind / -, deficiency of ( Complete)

MIND - PLANS – future; many for ( Allen)

MIND - PLANS – large numbers (Allen)

MIND - PLANS – large numbers, evening ( Allen).

MIND - PLANS - making many plans

MIND - THEORIZING – night ( China, Coffea)

MIND - THOUGHTS - control of thoughts lost

MIND - THOUGHTS - rush

MIND – TRANQUILITY, serenity, calmness ( Complete).

## Materia medica of the Rubiaceae:

- **Irritation and excitement of the nervous system.**

- Need stimulation by f.e. coffee because of making many plans.

- Intelligent thinkers, a little bit haughty.

- Congestion of the head and lungs due to irritation of the brain or bronchi.

- **Irritation and inflammation of the eyes.**

- **Extreme sensitivity** to noise, touch, odor, etc.

- Sleeplessness due to excitable state, nervousness and overstimulation.

Coffea produces marked excitement - pulse, hypertension, heartbeat.

China, etc. produce capillary weakness and relaxation of cardiac muscle. Leading to irregular heartbeats, profuse haemorrhages, and dropsy verging on the collapsed state.

Nervous diarrhea, nausea, vomiting, etc. Profuse discharges, weak digestion and distension of abdomen.

Severe inflammation of affected parts leading to either collapse or gangrene.

Intermittently spiking fevers and general periodicity.

Low vitality. Extreme exhaustion, debility, prostration, insomnia.

Easy exhilaration and excitement leading to exalted fancies, making verses, everything looks beautiful.

Easily angered with desire to vex and hurt others.

Complete apathy, dislike for everything, beside oneself, inconsolable.

Irritation, excitement and oversensitivity soon followed by debility, exhaustion of vital

powers. Eventually leading to a totally collapsed state.

Though there is so much of timidity, cowardice, want of self confidence they tend to cover it up by either being haughty, jealous, malicious, or calling oneself unfortunate, being contemptuous, hurting or vexing others or by rejecting consolation and sympathy.

Probably fear of being pitied explains the amount of false egotism required by these remedies to cover up their weak, exhausted, cowardly side.

The basic vitality of the very self, physically and mentally, is weak and prone to insults of various sorts and therefore reacts violently to the slightest external stimulus. It reacts intermittently, or in short paroxysms, because the feeble and tired self cannot afford to be continuously agitated. Even this intermittent reaction leads to eventual exhaustion and enfeeblement.

The Rubiaceae could fit in Stage 12 following the Stages and Series theory of Jan Scholten: overstimulation. Because of the many ideas and plans the Rubiaceae could fit with the Silver serie.

### Sankaran R., An Insight into Plants: Family of the Rubiaceae:

#### SENSATION:

Stimulation / Over stimulation, which aggravates / Hunger for stimulation ( tobacco, alcohol, sex and other)  
Many desires and ideas. Fancies imagination. Joy aggravates.

#### PASSIVE REACTION:

Exhaustion, weariness

Fatigue

“Great fatigue and debility in over sensitive patients” ( Morrison on Coffea)

“Legs feel as after great fatigue from a long journey” ( Cowper on China)

Dullness, vanishing thoughts

Catalepsy

Sleep ameliorates. Rest ameliorates ( Chin, Coff, Ipec.)

#### ACTIVE REACTION:

Making plans. Theorizing. Rush of thoughts. Creative pursuits; reading, writing and music

Sleepless with fancies.

Has a hundred of ideas, all going out of control, and he must keep control of this:

*In spite of a lot of stimulation he must keep control.*

Greed in eating

Activity

Sentimental

#### COMPENSATIONS:

Tranquillity and meditation.

### Homeopathic experience of Galium aparine:

#### Murphy R., Homeopathic Medical Repertory

##### Breasts

Breasts - CANCER, breast

Breasts - CRACKS, nipples

Breasts - ULCERATION, of - ulceration, nipples

##### Diseases

Diseases - CANCER, general,

Diseases - CANCER, general, - breast, cancer

Diseases - CANCER, general, - tongue, cancer

Diseases - CANCER, general, - ulcers, cancerous

Diseases - SCURVY, scorbutus

### Mind

Mind - MISTAKES, general - calculating, in  
**Mind - MISTAKES, general - writing, in**  
Mind - OPTIMISTIC - weakness, in spite of the

### Skin

Skin - ULCERS, general  
Skin - ULCERS, general - cancerous

### Urine

Urine - SEDIMENT, urinary - sand, urinary – gravel

## Schroyens F., Synthesis: 27 symptoms:

MOUTH - CANCER - Tongue  
MOUTH - NODOSITIES  
MOUTH - NODOSITIES - Tongue  
MOUTH - TUMOURS - Tongue  
gali.<sup>br1</sup> kali-m.<sup>ptk1</sup> phos.<sup>snc</sup>  
BLADDER - INFLAMMATION  
BLADDER - URINARY complaints  
BLADDER - URINATION - dysuria  
BLADDER - URINATION - urging to urinate - constant  
KIDNEYS - STONES  
URINE - COPIOUS  
URINE - SEDIMENT - sand - gravel  
CHEST - CANCER - Mammae  
CHEST - CRACKS - Mammae - Nipples  
CHEST - ULCERS - Mammae - Nipples  
SKIN - COMPLAINTS of skin - chronic  
SKIN - ERUPTIONS - psoriasis  
SKIN - ERUPTIONS - scaly  
SKIN - ERYSIPELAS - acute  
SKIN - ULCERS  
SKIN - ULCERS - cancerous  
GENERALS - CANCEROUS affections  
GENERALS - DROPSY  
GENERALS - DROPSY - general; in  
GENERALS - FOOD and DRINKS - salami - desire  
GENERALS - OLD AGE - old people; in  
GENERALS - SCURVY, scorbutus  
GENERALS - TUMORS

## Complete Repertory: 68 symptoms:

Mind; MISTAKES, making (p, 265, 116-1197) (265) \*  
Mind; MISTAKES, making; Calculating, in (p, 30, 3-8) (30) \*  
Mind; MISTAKES, making; Writing, in (p, 149, 27-192) (149) \*  
Mind; OPTIMISM (p, 37, 3-4) (37) \*  
Mind; OPTIMISM; Weakness, in spite of (m, 2) (2) \*  
Head; CANCER; Encephalon (l, 33) (33) \*  
Mouth; TONGUE (l, 662, 8-771) (661) \*\*\*  
Mouth; APHTHAE (p, 209, 43-223) (209) \*  
Mouth; CANCER (p, 72, 12-110) (72) \*  
Mouth; CANCER; Tongue (l, 42, 1-1) (42) \*  
Mouth; CANCER; Epithelioma, tongue (p, 9) (9) \*  
Mouth; GENERAL (p, 831) (831) \*\*\*  
Mouth; NODOSITIES (p, 38, 14-50) (38) \*\*\*  
Mouth; NODOSITIES; Tongue (l, 24, 3-4) (24) \*\*\*  
Mouth; THRUSH (p, 50, 3-36) (50) \*

Mouth; THRUSH; Urinary complaints, in (m, 1) (1) \*  
 Mouth; TUMORS; General (p, 19, 20-36) (19) \*  
 Mouth; TUMORS; General; tongue (l, 4) (4) \*  
 Mouth; TUMORS; General; nodular, tongue (p, 1) (1) \*  
 Neck; GENERAL (p, 465) (465) \*  
 Neck; GOITER (p, 166, 49-224) (166) \*  
 Bladder; GENERAL (p, 608) (608) \*  
 Bladder; INFLAMMATION (p, 202, 32-183) (202) \*  
 Bladder; IRRITABILITY; General (p, 60, 9-23) (60) \*  
 Bladder; RETENTION of urine; General (p, 186, 69-341) (186) \*  
 Bladder; URGING to urinate, morbid desire; General (p, 402, 198-1910) (402) \*  
 Bladder; URGING to urinate, morbid desire; General; ineffectual, fruitless (p, 142, 17-53) (142) \*  
 Bladder; URINATION; Painful, dysuria (204) \*  
 Urethra; GENERAL (p, 462) (462) \*  
 Urethra; PAIN (p, 357, 515-3698) (357) \*  
 Urethra; PAIN; Urination; during (m, 231, 8-8) (231) \*  
 Urine; ACRID, corrosive, excoriating (p, 84, 2-4) (84) \*  
 Urine; PROFUSE, increased (p, 374, 82-533) (374) \*  
 Urine; SCANTY (p, 352, 29-152) (352) \*  
 Urine; SEDIMENT (p, 364, 162-1888) (364) \*\*\*  
 Urine; SEDIMENT; Renal calculi (p, 112) (112) \*  
 Urine; SEDIMENT; Sand (p, 152, 18-214) (152) \*  
 Urine; SEDIMENT; Sand; gravel, small calculi (p, 75, 2-2) (75) \*  
 Male; GENERAL (m, 693) (693) \*  
 Male; GENERAL (m, 693) (660) \*  
 Male; INFLAMMATION (p, 260, 66-972) (260) \*  
 Male; INFLAMMATION; Gonorrhea (p, 127, 7-21) (127) \*  
 Chest; MAMMAE (l, 467, 11-590) (467) \*\*\*  
 Chest; MAMMAE; Nipples (l, 215, 4-77) (215) \*  
 Chest; CANCER; Mammae (l, 127, 27-47) (127) \*\*\*  
 Chest; NODULES; Mammae (l, 74, 14-23) (74) \*  
 Chest; ULCERS; General (p, 57, 16-110) (57) \*  
 Chest; ULCERS; General; mammae (l, 39, 4-35) (39) \*  
 Chest; ULCERS; General; mammae; nipples (l, 32, 1-1) (32) \*  
 Blood; GENERAL (p, 768) (768) \*  
 Blood; HEMORRHAGE (p, 433, 20-48) (433) \*  
 Extremities; UPPER limbs (l, 877, 214-10899) (877) \*  
 Extremities; UPPER limbs; Hands (l, 678, 5-736) (678) \*  
 Extremities; ERUPTIONS (p, 478, 1444-12177) (478) \*  
 Extremities; ERUPTIONS; Upper limbs (l, 352, 57-1266) (352) \*  
 Extremities; ERUPTIONS; Upper limbs; hands (l, 234, 11-241) (234) \*  
 Extremities; ERUPTIONS; Psoriasis; upper limbs (l, 42, 10-50) (42) \*  
 Extremities; ERUPTIONS; Psoriasis; diffusa, hands (p, 13) (13) \*  
 Fever, Heat; GENERAL (p, 700) (700) \*  
 Skin; CANCER (p, 98, 3-13) (98) \*\*\*  
 Skin; COLDNESS; General (p, 218, 46-164) (218) \*  
 Skin; EPITHELIOMA (p, 87, 1-1) (87) \*\*\*  
 Skin; ERUPTIONS (p, 910, 1065-15262) (910) \*  
 Skin; ERUPTIONS; Chronic (p, 60) (60) \*

Skin; ULCERS (p, 334, 317-4376) (334) \*\*\*  
 Skin; ULCERS; Cancerous (p, 80, 3-13) (80) \*\*\*  
 Generalities; ONE-SIDED (s, 754, 1-7) (754) \*  
 Generalities; INTERNAL (l, 909) (909) \*  
 Generalities; CANCEROUS affections (p, 410, 38-617) (410) \*\*\*  
 Generalities; CANCEROUS affections; Melanotic (p, 35) (35) \*  
 Generalities; CANCEROUS affections; Scirrhus (p, 43) (43) \*  
 Generalities; CONVULSIONS, spasms (p, 484, 512-3412) (484) \*  
 Generalities; CONVULSIONS, spasms; Epileptic (p, 252, 85-384) (252) \*  
 Generalities; DISCHARGES, secretions; Acrid, corrosive, excoriating (p, 290, 1-3) (290) \*  
 Generalities; SWELLING; General (p, 866, 143-2583) (866) \*\*  
 Generalities; SWELLING; General; glands, liver, spleen etc. (l, 230, 11-62) (230) \*  
 Generalities; SWELLING; General; edematous, dropsical (p, 376, 63-790) (376) \*\*\*  
 Generalities; SWELLING; General; edematous, dropsical; internal (l, 204) (204) \*  
 Generalities; TUMORS, benign (p, 362, 40-619) (362) \*  
 Generalities; URINATION; During (m, 293, 1-15) (293) \*  
 Clinical; SCROFULOSIS (p, 85, 1-1) (85) \*  
 Clinical; SCURVY, scorbutus (p, 140, 1-11) (140) \*

### Sankaran R., An Insight into Plants

#### Galium aparine:

Indicative of the cancer miasme is the symptom:

**MIND - OPTIMISTIC** - weakness; in spite of the

Feeling of needing to keep control when stimulated. He has hundreds of ideas, all going out of control, and he must keep control of this. In other words:

***In spite of a lot of stimulation he must keep control.***

Must keep control about all the plans he made.

**PROVING - Homeopathic Center Antwerp (September - December 2006):**

**PROVER n°1. Male, °1956**

INTAKE proving:

MEDICAL HISTORY:

- Backache. Back is not supple. I feel myself too young to have these medical problems. I 'm not able to bend, cannot do anything. One strain after the other.  
It makes me downhearted. I 'm dependent of other people.  
It is an burning feeling in the lower part of the back.  
I am not feeling as healthy as in the past.  
The dependence to other people makes me unhappy.  
It is frustrating.  
I have to realise things in a slower way and I am not able to play golf anymore.  
Playing golf is also meeting people and that was the only thing I had.  
Fit feeling has gone.

I am not able to bend my knees anymore.

- Pain at the eyes moving them quickly like when typing and than looking from left to right between paper and computer.

- 1999: car accident and since than less good concentration because of a commotio cerebri. It was a serious car accident.

BIOPATHOGRAPHY:

M: arthrosis. Vertigo sometimes..

P: vertigo sometimes.

SPONTANEOUS ANAMNESIS:

I need a helicopter view.

The environment of my work is too narrow for me.

I keep an eye through a camera on everything happening with the clients downstairs.

Tiredness. Because of the bad weather I charged no energy during the summertime. No reserve.

At home I feel myself in a black hole and I 'm worrying about what will happen when the children have left the house.

Society live interests me.

Because of my backache I have less contacts with people.

Wants to feel the heart – beat of a city.

I don't want end my life sitting as two old people on terraces.

SYSTEMATIC ANAMNESIS:

Weight 95kg at the beginning of the proving and 99kg at the end. Length: 1.82m.

Desire organ meat +++++.

Aversion cooked potatoes.

Warm ameliorates because thinking at traveling.

Sunburn very easily.

Perspiring a lot in the heat.

Proving:

**TAKE:**

|               |               |
|---------------|---------------|
| <u>Day 1:</u> | <u>Day 2:</u> |
| 08h00         | 08h00         |
| 12h00         | 12h00         |
| 18h30         | 18h30         |

By accident he took the remedy during three days.

09h45: **abdominal cramps in left hypochonder** halfway between ribs and crista iliaca over the colon descendens. The prover indicates the location of the pain with one finger.

Duration: half an hour.

Type: **appearing and disappearing suddenly**. It was not a continuous pain lasting for example for five minutes. The pain was always going up and down.

During this pain he inclined to bend double. Coming up very intensely and subsequently going away.

|   |    |
|---|----|
| ABDOMEN - PAIN - cramping   | NS |
| ABDOMEN - PAIN - Hypochondria - left – cramping   | NS |
| ABDOMEN - PAIN - Hypochondria – left – <b>halfway crista iliaca and ribs – cramping</b> | NS |
| ABDOMEN - PAIN - Hypochondria - left – cramping – <b>must bend double</b>               | NS |
| ABDOMEN - PAIN - bending double – cramping  | NS |
| ABDOMEN - PAIN - Spots; in  | NS |
| ABDOMEN - PAIN - Spots; in small  | NS |
| ABDOMEN - PAIN - Spots; in – cramping   | NS |
| GENERALS - PAIN - Spots; in small   | NS |
| GENERALS - PAIN - appear suddenly - disappear; and – suddenly                           | NS |

11h45: **vertigo**. Feeling of being in unbalance not able to stand on your two legs.

It was the same feeling he may have sometimes when descending the stairs. But now he was sitting and when rising after sitting it was difficult to stand on his both legs.

|  |    |
|--|----|
| VERTIGO  | AS |
| VERTIGO - RISING - sitting; from - agg.                              | AS |
| VERTIGO - STANDING – agg   | AS |
| VERTIGO - STANDING – agg – <b>not able to stand on his two legs.</b> | AS |
| VERTIGO - STANDING - agg. – <b>rising after</b>                      | AS |

11h45: **stitching pain in the lumbar region at L3 paravertebral**. No aetiology known.

Stitching pain also appearing and disappearing suddenly like the pain in the abdomen.

BACK - PAIN - Lumbar region – Vertebrae – **third – paravertebral - stitching pain.** NS

13h00: heaviness in head and an oppressive feeling on the brains. A kind of pressure on the right side of the vertex extending to parietal. Passing.

|   |    |
|---|----|
| HEAD - HEAVINESS  | NS |
| HEAD - HEAVINESS – afternoon - <b>13h00</b>   | NS |
| HEAD - BRAIN; complaints of - <b>oppressive feeling</b>                               | NS |
| HEAD - PAIN – Vertex - <b>right side - pressing pain - extending to parietal bone</b> | NS |

13h00: sneezing paroxysmal. Sneezing three times a time.

NOSE - SNEEZING - paroxysmal - **three times every time** NS

Very concentrated already after the first taking.

MIND - CONCENTRATION - active NS

MIND - MEMORY – active NS

Day 2:

8h00 – 8h30: **vertigo sitting while during breakfast.** Sensation as if missing a step when descending stairs or like you are sitting on a boat. The prover may suffer from seasickness.

Duration: the time of the breakfast.

VERTIGO - SITTING - agg. AS

VERTIGO - SITTING - agg. – **breakfast during** AS

VERTIGO - DESCENDING, on – stairs; **missing a step – sensation as if.** AS

VERTIGO – **boat on – sensation as if** AS

General: quite **aggressive. Curt** and **abrupt** to partner and children. **Censorious.** Normally he is rather sedate. During a phone call with a firm he was quite crude, abrupt and cynical. He could not enter into the situation of the operator at the other side of the line who is finally only a filter. Normally he is very diplomatic, now he was very impatience.

MIND - ABRUPT NS

MIND - ANSWERING – abruptly NS

MIND - ANSWERING – snappishly NS

MIND - CENSORIOUS NS

MIND - CYNICAL NS

MIND - HARDHEARTED NS

MIND - HARDHEARTED - others; to NS

MIND - IMPATIENCE NS

MIND - INDIFFERENCE - unfeeling; with NS

MIND - IRRITABILITY NS

MIND - RUDENESS NS

12h00: bursting headache. On the right parietal side to the vertex, 9 cm straight above the right ear. This **pain** could be **indicated also with only one finger.** It was a continuous stitching pain going on without interruption.

Duration: one hour.

Sensation: in the beginning **sensation as if being between a nutcracker** evolving afterwards to a stitching pain located at one point.

*Because of the heaviness of the pain he considered to stop the taking.*

MIND - DESPAIR - pains, with the NS

HEAD - PAIN - bursting pain NS

HEAD - PAIN - bursting pain – **nutcracker between – sensation as if.** NS

HEAD - PAIN - Parietal bone – **right – above right ear – 9 cm.** NS

HEAD - PAIN - Spot; in a small NS

GENERALS - PAIN - Spots; in small NS

16h00: pain lumbar region third vertebrae unilateral left. Pain in the left hypochonder half way crista iliaca and ribs.

Duration: a quarter of an hour.

Type: stitching. Than five minutes no pain and than again that stitching pain.

BACK - PAIN - Lumbar region – Vertebrae – **third – unilateral left - stitching pain** NS

Day 3:

Pain in lumbar region on waking, paravertebral at L3.

A slight pain lasting all day long. Lie dormant. A **slumbering pain.**

BACK - PAIN - Lumbar region – Vertebrae – **third – paravertebral - slumbering pain – on waking - lasting all day long.** NS

**Feeling like zombie: very tired.**

**Robbery at your own psyche.** Not able to take any initiative anymore. **Not living your own life.** A **very strange feeling.** I don't know this feeling. Fortunately I know to protect myself so that I can find my own self again.

MIND - DULLNESS NS  
MIND - IDEAS - deficiency of NS  
MIND - INITIATIVE, lack of NS  
MIND - PROSTRATION of mind NS  
MIND - STRANGE - sensations NS  
GENERALS - WEARINESS NS

20h00: **felt asleep with his head on the table.** This never happened before. He had put in order everything and he wanted to look at the television but he was **terribly tired.** This **tiredness became worse and worse.** After half an hour his son woke him up. This is really exceptional for him. Even when I was very tired in the past I should not fall asleep during daytime.

SLEEP - FALLING ASLEEP – evening NS  
SLEEP - FALLING ASLEEP - evening - eating; after NS  
SLEEP - FALLING ASLEEP - sitting agg. NS  
SLEEP - SLEEPINESS – overpowering NS  
SLEEP - SLEEPINESS - overpowering – evening NS

**OBESERVATION SUPERVISOR:**

It is a big problem for him that he is not himself. He **looks desperate.** Has no control about his own situation. He doesn't like to be in this state. He **looks very tired and grey.** He is not in a good state.

MIND – DESPAIR NS  
MIND - SELF-CONTROL - loss of self-control NS  
FACE - DISCOLORATION – greyish NS  
EYE - TIRED EXPRESSION NS

Day 4:

Very difficult day on professional level as well privately.

Was focussed enormously. Symptoms in his head did persist. He had what he called **a tunnel – feeling.** It looked like his head was put into a tube and this was a very **oppressed feeling.** **Sensation as if a pressure was practised from outside on the head.** A lot of tension in the head. Was late at an appointment and he was **very annoyed** by this. He was very agitated about this fact.

MIND - DELUSIONS - head – **tube - was put into; as if** NS  
HEAD – CONSTRICTION NS  
HEAD - **TUBE - was put into; as if** NS  
HEAD - PAIN - pressing pain - constricting pain - **from outside** NS  
HEAD - TENSION – internal NS  
MIND - EXCITEMENT - **appointment - to late at; when** NS

Pain lumbar region bilateral at the third vertebrae.

BACK - PAIN - Lumbar region – Vertebrae – **third – bilateral** NS

Day 5:

**Fatigue continues all day long.** Heavy head and not **able to concentrate**. You are present but you don't realise what you are doing. You go the market place and that's it. **You don't know very well what you are doing in fact. Stupefied and confused.** Not knowing anymore what you have done some hours before. Difficult to remember what you just have done.

That's the **zombie – feeling**.

GENERALS – LASSITUDE NS

GENERALS – WEARINESS NS

GENERALS - WEARINESS – daytime NS

MIND - CONCENTRATION – difficult NS

MIND - MEMORY - weakness of memory - done; for what he just has NS

MIND – STUPEFACTION NS

MIND - CONFUSION of mind NS

MIND - CONFUSION of mind - concentrate the mind, on attempting to NS

Day 6:

He was on guard duty for his work and he was **sleeping very bad in spite of the fact that he was very tired** and that he was not called upon. Normally being on guard does not disturb his sleep. Felt asleep very difficult and woke up very frequently. Normally he has a good sleep.

SLEEP - SLEEPLESSNESS - **tiredness – with** NS

SLEEP - FALLING ASLEEP – difficult NS

SLEEP - WAKING – frequent NS

Day 7:

Getting worse. It accumulates. **No clear mind and tired feeling.** Working much more slowly than normally. Forgets where he did put papers two minutes before.

On Sunday evening normally he falls asleep at 21h00 in his seat. Not now. He was not tired at all and went to sleep only at 0h30.

MIND – DULLNESS NS

MIND - SLOWNESS - work, in NS

GENERALS – WEAKNESS NS

MIND - MEMORY - weakness of memory - done; for what he just has NS

GENERALS - EVENING - amel. NS

MIND - ACTIVITY - desires activity – evening NS

Day 8:

Woke up early this morning. In fact all the period of the proving he **woke up earlier than normal**.

Waking up spontaneously at 6h30. Normally he wakes up at 7h00 from the alarm clock.

Still the **feeling of being a zombie** is as severe as before.

**Difficult to concentrate and bad memory. As if the computer blocked** and you are completely dependent from a programme not functioning. This **irritates** him highly. Still more irritable and reacting more directly. **My volcano did not die down yet.** He feels the anger bubbling inside .....anger and irritation around everything not going following his wishes. Answering snappishly.

SLEEP - WAKING - early; too – **at 6h30** NS

SLEEP - WAKING – **earlier than normal** NS

|   |           |
|---|-----------|
| MIND – ABSENTMINDED   | NS        |
| MIND – DULLNESS   | NS        |
| MIND - CONCENTRATION – difficult  | NS        |
| MIND - MEMORY - weakness of memory                                      | NS        |
| MIND - CONCENTRATION – difficult – <b>blocked; as if computer was</b>   | <b>NS</b> |
| MIND - MEMORY - weakness of memory – <b>blocked; as if computer was</b> | <b>NS</b> |
| MIND – IRRITABILITY   | NS        |
| MIND - IRRITABILITY - concentration; from difficult                     | NS        |
| MIND - IRRITABILITY – <b>weakness of memory; from</b>                   | <b>NS</b> |
| MIND - IRRITABILITY – <b>wishes; things are not going as he</b>         | <b>NS</b> |
| MIND - ANSWERING – snappishly   | NS        |
| MIND – SNAPPISH   | NS        |
| MIND – ABRUPT   | NS        |
| MIND - ANGER – <b>volcano; as if</b>                                    | <b>NS</b> |
| MIND - ANGER – <b>bubbling inside</b>                                   | <b>NS</b> |

Backache started day 3 in the afternoon subsided.

Normally he has a dull backache in his lumbar region. It is more a signal “watch out” you get when you are moving. The pain he had during the proving was more located at one place and more heavy. His “normal” backache is more dull and located between L3 and L4. This pain is also radiating to both sides. He may have this pain when riding a lot with his car or when sitting a lot but not now even after driving for a long trip.

BACK - PAIN - Lumbar region – Vertebrae – **third – fourth between; dull pain** CS

BACK - PAIN - Lumbar region – Vertebrae – **third – fourth between; sitting - agg - dull pain** CS

BACK - PAIN - Lumbar region – Vertebrae – **third – fourth between; standing - agg - dull pain** CS

BACK - PAIN - Lumbar region – Vertebrae – **radiating pain.** CS

Day 12:

**Aggression** completely gone. This aggression ameliorated during the last days.

Still waking earlier than normal namely around 6h30.

Zombie – feeling has gone since today and this also ameliorated slowly during the last days.

Now he has more the **feeling of being burn out.**

He describes **the “zombie-feeling” as the feeling being in a tunnel.** You have to go straight on and you have no possibility to deviate from this straight line, neither to the right nor to the left. It’s the **feeling as if being in a straitjacket.**

You are registering only half of what people are saying to you. It’s **the feeling of being absorbed in your own thoughts.** You are not actively present in discussions around you.

**It feels as if your health was ruined.** Burn out feeling. It feels as if the energy was sucked out of your body without the possibility to do anything useful with this energy.

It is a feeling of not being really concerned about what is happening around you. As if you are living in your own world. Indifference is too strong as expression.

This feeling he never experienced before or outside this proving.

He **reacted with aggression** at this feeling on the one hand; on the other hand he was **withdrawing.**

Fortunately I am still registering enough and that I am in the possibility to withdraw physically during my work.

MIND – ANGER NS

|   |    |
|---|----|
| MIND – DELUSIONS – <b>tunnel; being in a</b>                      | NS |
| MIND – DELUSIONS – <b>straitjacket; being in a</b>                | NS |
| MIND - UNOBSERVING [= inattentive]                                | NS |
| MIND – ABSORBED   | NS |
| MIND - DELUSIONS - health, he has ruined his                      | NS |
| MIND - DELUSIONS – energy – <b>sucked, out of the body; as if</b> | NS |
| MIND – INDIFFERENCE – <b>things happening around you</b>          | NS |
| MIND - WITHDRAWAL from reality                                    | NS |

**Takes longer to start execution of projects. He is postponing.** The execution is slower. He does not feel like starting projects; he lacks creativity. He paces up and down before starting. Normally he starts executing directly.

|  |    |
|--|----|
| MIND - POSTPONING everything to next day | NS |
| <b>MIND - EXECUTION delayed</b>          | NS |
| <b>MIND - EXECUTION slow</b>             | NS |

**Stool: larger than normal.**

|               |    |
|---------------|----|
| STOOL – LARGE | NS |
|---------------|----|

OBSERVATION:

He gives me the impression being **bored with the fact things are happening besides his control.**

**“I lost the thread”.**

**The filters crash.....**the final drop that overflows the bucket. Normally I have myself more in hand and I have more self control.

|  |    |
|--|----|
| MIND – IRRITABILITY – <b>self-control; loosing</b> | NS |
| MIND – DELUSIONS – <b>mental filter – crashes</b>  | NS |
| MIND – DELUSIONS – <b>thread; loosing the</b>      | NS |
| MIND - SELF-CONTROL - loss of self-control         | NS |

Day 15:

Pressing headache which started day 1 subsides. This headache lasted all day long accompanied with waking earlier as normal namely before the alarm clock.

Day 17:

Dullness continued in the same degree until day 17.

Dullness was worse when concentrating. At that moment I had the feeling to quit and to run away.

It was only up to day 15 that it slowly started to diminish.

|  |    |
|--|----|
| MIND – DULLNESS – <b>quit; desire to</b>     | NS |
| MIND – DULLNESS – <b>run away; desire to</b> | NS |

Day 18:

Still pressing headache and dullness dormant present.

Day 22:

More hunger than normal around noon. Really the feeling of an empty stomach despite of a normal breakfast.

|                                       |    |
|---------------------------------------|----|
| STOMACH - APPETITE - increased – noon | NS |
| STOMACH - EMPTINESS – noon            | NS |

STOMACH - EMPTINESS – noon – **a good breakfast; despite**

NS

Day 23:

Only after 23 days the dullness subsided totally. He feels his energy bubbling up. It was a real lack of energy physically as well mentally but overall mentally.

Day 24:

Now he really feels back to normal again. He takes initiatives again and he has everything again under control.

Backache is better and no more radiating pain despite the fact that he had to stand a lot.

No more pain in his back after driving a car. He is playing golf again.

On 17 January 2008 backache is still much better.

REPERTORISATION:

|   |    |
|---|----|
| MIND - ABRUPT   | NS |
| MIND – ABSORBED   | NS |
| MIND – ABSENTMINDED   | NS |
| MIND - ACTIVITY - desires activity – evening                          | NS |
| MIND – ANGER  | NS |
| MIND - ANGER – <b>bubbling inside</b>                                 | NS |
| MIND - ANGER – <b>volcano; as if</b>                                  | NS |
| MIND - ANSWERING – abruptly   | NS |
| MIND - ANSWERING – snappishly   | NS |
| MIND - CENSORIOUS   | NS |
| MIND - CONCENTRATION - active   | NS |
| MIND - CONCENTRATION – difficult                                      | NS |
| MIND - CONCENTRATION – difficult – <b>blocked; as if computer was</b> | NS |
| MIND - CONFUSION of mind  | NS |
| MIND - CONFUSION of mind - concentrate the mind, on attempting to     | NS |
| MIND - CYNICAL  | NS |
| MIND - DELUSIONS – energy – <b>sucked, out of the body; as if</b>     | NS |
| MIND – DELUSIONS – <b>filter – crashes</b>                            | NS |
| MIND - DELUSIONS - head – <b>tube - was put into; as if</b>           | NS |
| MIND - DELUSIONS - health, he has ruined his                          | NS |
| MIND – DELUSIONS – <b>straitjacket; being in a</b>                    | NS |
| MIND – DULLNESS – <b>quit; desire to</b>                              | NS |
| MIND – DULLNESS – <b>run away; desire to</b>                          | NS |
| MIND – DELUSIONS – <b>thread; loosing the</b>                         | NS |
| MIND – DELUSIONS – <b>tunnel; being in a</b>                          | NS |
| MIND – DESPAIR  | NS |
| MIND - DESPAIR - pains, with the                                      | NS |
| MIND - DULLNESS   | NS |
| <b>MIND - EXECUTION delayed</b>                                       | NS |
| <b>MIND - EXECUTION slow</b>  | NS |
| MIND - EXCITEMENT - <b>appointment - to late at</b>                   | NS |
| MIND - HARDHEARTED  | NS |
| MIND - HARDHEARTED - others; to                                       | NS |
| MIND - IDEAS - deficiency of  | NS |
| MIND - IMPATIENCE   | NS |
| MIND – INDIFFERENCE – <b>things happening around you</b>              | NS |
| MIND - INDIFFERENCE - unfeeling; with                                 | NS |
| MIND - INITIATIVE, lack of  | NS |
| MIND - IRRITABILITY   | NS |
| MIND - IRRITABILITY - concentration; from difficult                   | NS |
| MIND – IRRITABILITY – <b>self-control; loosing</b>                    | NS |
| MIND - IRRITABILITY – <b>weakness of memory; from</b>                 | NS |

|  |    |
|--|----|
| MIND - IRRITABILITY – wishes; things are not going as he                         | NS |
| MIND - MEMORY – active   | NS |
| MIND - MEMORY - weakness of memory   | NS |
| MIND - MEMORY - weakness of memory – blocked; as if computer was                 | NS |
| MIND - MEMORY - weakness of memory - done; for what he just has                  | NS |
| MIND - PROSTRATION of mind   | NS |
| MIND - RUDENESS  | NS |
| MIND - SELF-CONTROL - loss of self-control                                       | NS |
| MIND - SLOWNESS - work, in   | NS |
| MIND – SNAPPISH  | NS |
| MIND - STRANGE - sensations  | NS |
| MIND – STUPEFACTION  | NS |
| MIND - UNOBSERVING [= inattentive]   | NS |
| MIND - WITHDRAWAL from reality   | NS |
| <br>   |    |
| VERTIGO  | NS |
| VERTIGO – boat on – sensation as if  | NS |
| VERTIGO - DESCENDING, on – stairs; missing a step – sensation as if.             | AS |
| VERTIGO - RISING - sitting; from - agg.  | NS |
| VERTIGO - SITTING - agg.   | AS |
| VERTIGO - SITTING - agg. – breakfast during                                      | AS |
| VERTIGO - STANDING – agg   | NS |
| VERTIGO - STANDING – agg – not able to stand on your two legs.                   | NS |
| VERTIGO - STANDING - agg. – rising after   | NS |
| <br>   |    |
| HEAD - BRAIN; complaints of - oppressive feeling                                 | NS |
| HEAD – CONSTRICTION  | NS |
| HEAD - HEAVINESS   | NS |
| HEAD - HEAVINESS – afternoon - 13h00   | NS |
| HEAD - PAIN - bursting pain  | NS |
| HEAD - PAIN - bursting pain – nutcracker between – sensation as if.              | NS |
| HEAD - PAIN - pressing pain - constricting pain - from outside                   | NS |
| HEAD - PAIN - Parietal bone – right – above right ear – 9 cm.                    | NS |
| HEAD - PAIN - Spot; in a small   | NS |
| HEAD - PAIN – Vertex - right side - pressing pain - extending to parietal bone   | NS |
| HEAD - TENSION – internal  | NS |
| HEAD - TUBE - was put into; as if  | NS |
| <br>   |    |
| EYE - TIRED EXPRESSION   | NS |
| <br>   |    |
| NOSE - SNEEZING - paroxysmal - three times every time                            | NS |
| <br>   |    |
| FACE - DISCOLORATION – greyish   | NS |
| <br>   |    |
| STOMACH - APPETITE - increased – noon  | NS |
| STOMACH - EMPTINESS – noon   | NS |
| STOMACH - EMPTINESS – noon – despite a good breakfast                            | NS |
| <br>   |    |
| ABDOMEN - PAIN - bending double – cramping                                       | NS |
| ABDOMEN - PAIN - cramping  | NS |
| ABDOMEN - PAIN - Hypochondria - left – cramping                                  | NS |
| ABDOMEN - PAIN - Hypochondria - left – cramping – must bend double               | NS |
| ABDOMEN - PAIN - Hypochondria – left – halfway crista iliaca and ribs – cramping | NS |
| ABDOMEN - PAIN - Spots; in   | NS |
| ABDOMEN - PAIN - Spots; in small   | NS |
| ABDOMEN - PAIN - Spots; in – cramping  | NS |
| <br>   |    |
| STOOL – LARGE  | NS |
| <br>   |    |
| BACK - PAIN - Lumbar region – Vertebrae – radiating pain.                        | CS |

|  |    |
|--|----|
| BACK - PAIN - Lumbar region – Vertebrae – <b>third – bilateral</b>   | NS |
| BACK - PAIN - Lumbar region – Vertebrae – <b>third – paravertebral - slumbering pain – on waking - lasting all day long.</b> | NS |
| BACK - PAIN - Lumbar region – Vertebrae – <b>third – paravertebral - stitching pain.</b>                                     | NS |
| BACK - PAIN - Lumbar region – Vertebrae – <b>third – unilateral left - stitching pain</b>                                    | NS |
| BACK - PAIN - Lumbar region – Vertebrae – <b>third – fourth between; dull pain</b>   | CS |
| BACK - PAIN - Lumbar region – Vertebrae – <b>third – fourth between; sitting - agg - dull pain</b>                           | CS |
| BACK - PAIN - Lumbar region – Vertebrae – <b>third – fourth between; standing - agg - dull pain</b>                          | CS |
| SLEEP - FALLING ASLEEP – difficult   | NS |
| SLEEP - FALLING ASLEEP – evening   | NS |
| SLEEP - FALLING ASLEEP - evening - eating; after   | NS |
| SLEEP - FALLING ASLEEP - sitting agg.  | NS |
| SLEEP - SLEEPINESS – overpowering  | NS |
| SLEEP - SLEEPINESS - overpowering – evening  | NS |
| SLEEP - WAKING – <b>earlier than normal</b>  | NS |
| SLEEP - WAKING - early; too – <b>at 6h30</b>   | NS |
| SLEEP - WAKING – frequent  | NS |
| GENERALS - EVENING - amel.   | CS |
| GENERALS – LASSITUDE   | NS |
| GENERALS - PAIN - appear suddenly - disappear; and – suddenly  | NS |
| GENERALS - PAIN - Spots; in small  | NS |
| GENERALS – WEAKNESS  | NS |
| GENERALS - WEARINESS   | NS |
| GENERALS - WEARINESS – daytime   | NS |

## PROVER n° 2: Male, °1955

### Intake proving:

### Medical history:

Puberty: severe acne at the face, shoulders and back. Real thick and hard pustules.  
-1974: reversal Mantoux without clinical result.  
-1975: dysenteries and amoeba cyst on liver when travelling around in South - America.  
-1992: panaritium with lymphangitis left middle finger  
-1995: atrium fibrillation in period of emotional stress.  
-1998: erysipelas all around the left chest starting from a furuncle at the lumbar region.  
-2000: panaritium right big toe  
General complaints still existing:  
- Gilbert syndrome. Beside a inexplicable tiredness two to three times a year during some days without other explanation, no other symptoms.  
General complaints still existing but less than in the past:  
- Wandering pain in the joints appearing suddenly and disappearing suddenly  
- Herpes labialis from the sun and tiredness.  
- Hangnails, sometimes inflamed.

### Family history:

M: ovarium Ca. Died at the age of 47 in 1973.  
P: Vacquez disease. Died at the age of 84 in 2004.

### Systematic anamnesis:

Desire refreshing things; vinegar, sour; lemons; gherkins. Salty and spicy. Beer. Wine. Hot soup.  
Aversion: sweet. Only after warm food he likes it.  
Coffee agr. > trembling, sleeplessness and palpitations

Thirst for large quantities.  
Cold amel.  
Sun exposure aggr.

Mind:

Sympathetic. Benevolence. Yielding disposition.  
Indignation. Injustice aggr.  
Alert  
Impatience. Impulsive  
Mirth, cheerful  
Sarcastic, cynical humour. A little bit vicious sometimes.  
Weeping mood. Nostalgia.  
Integrity; honesty.  
Perseverance  
Travel desire to.

Take:

Day 1:

- 06h50  
- 14h30  
- 23h00

Day 2:

- 07h15  
- 13h30  
- 23h00

Since two month's I had a slight pain at the gums of my right lower and upper jaw. A gnawing sometimes stitching pain but not so severe. The last weeks before the proving, the pain was better since I made for myself the connection with the stress in my professional live at that moment. The day before the take of the verum the pain was there again but very slightly.

After the first take I had all day long **a terrible pain also at my right lower and upper jaw.** A continuous pain between gnawing and stitching. The gnawing pain was always there with attacks of stitching pain. This stitching pain **comes up suddenly to disappear suddenly.** Now I feel very clearly that it's a pain on the gums.

A lot of pain when falling asleep but the pain did not prevent me to fall asleep.

|   |            |
|---|------------|
| FACE - PAIN - Jaws - Upper – right  | AS         |
| FACE - PAIN - Jaws - Upper – right – <b>gnawing pain</b>                    | <b>AS</b>  |
| FACE - PAIN - Jaws - Upper – right – <b>stitching pain</b>                  | <b>AS</b>  |
| FACE - PAIN - Jaws - Lower – right  | AS         |
| FACE - PAIN - Jaws - Lower - gnawing pain                                   | AS         |
| FACE - PAIN - Jaws - Lower - stitching pain                                 | AS         |
| MOUTH - PAIN - Gums – right   | AS         |
| MOUTH - PAIN - Gums – right – <b>gnawing pain</b>                           | <b>AS</b>  |
| MOUTH - PAIN - Gums – right – <b>stitching pain</b>                         | <b>AS</b>  |
| TEETH - PAIN - Lower teeth - right - stitching, stinging                    | AS         |
| TEETH - PAIN - Lower teeth – right – <b>gnawing pain</b>                    | <b>AS</b>  |
| TEETH - PAIN - Upper molars and jaws; in right – <b>gnawing pain</b>        | <b>AS.</b> |
| TEETH - PAIN - Upper molars and jaws; in right – <b>stitching, stinging</b> | <b>AS</b>  |
| GENERALS - PAIN - appear suddenly - disappear; and – gradually              | OS         |

22h00: **irritable** to my wife. Normally I should swallow my reaction but now the reaction was there directly.

My wife was just in bed at the second floor of our house, that my daughter called her to help her. My daughter was on the ground floor. The daughter had to study something around photography and had a problem. My wife studied photography in the past. My wife raised up sighing and complaining from her bed to go downstairs. I was on the first floor. When my wife descends the stair still sighing and complaining I reacted in a **sarcastic way**: “what a sighing and what a lamentation. That’s terrible that you have to go downstairs to help your daughter!!”. I had **a strong feeling of indignation** about her attitude.

Normally I should only think this in such a situation in stead of expressing it. I should not say it so directly and especially not in such a **vicious way**. I felt **very irritable** by her attitude.

The reaction was stronger as myself.

All **these feelings of anger, indignation and irritability were very strong experienced** and it **came up very suddenly** and **subsided slowly in one hour**

I had not the impression that my irritability came from the pain at my gums.

MIND – IRRITABILITY AS

MIND – IRRITABILITY – **behaviour of others; by** AS

MIND – INDIGNATION AS

MIND – INDIGNATION – **behaviour of others; by** AS

MIND – ANGER AS

MIND - MOCKING – sarcasm AS

MIND – **vicious** AS

#### Day 2:

03h00: waking up with pain at my gums. The pain keeps on . Very severe pain sometimes radiating to the tempero – mandibular joint or to the parietal bone. I woke up from the pain frequently but could sleep intermittently for a moment.

It’s a constantly stitching pain, sometimes getting worse.

FACE - PAIN - Jaws – right – **extending to – parietal bone** NS

FACE - PAIN - Jaws – right – **extending to – parietal bone – gnawing pain** NS

FACE - PAIN - Jaws – right – **extending to – parietal bone – stitching pain** NS

FACE - PAIN - Jaws – right – **extending to – tempero-mandibular joint** NS

FACE - PAIN - Jaws – right – **extending to – tempero- mandibular joint – gnawing pain** NS

FACE - PAIN - Jaws – right – **extending to – tempero- mandibular joint – stitching pain** NS

#### DREAM:

I go for shopping for beverages with a friend. The crates of beverages are piled up on a supermarket trolley. We arrive at the elevator to go upstairs and see that the responsible person is very busy. We were willing to pay but there were too many people. Many persons waiting for this responsible person. We decide to take the elevator upstairs. We will return later on to pay. All at once we sit in an elevator high in the mountains with our supermarket trolley full with crates of beverages. I decide not to get off but to descend with the elevator.

In the meanwhile the police was informed. They saw us at a surveillance camera.

I live in a dirty apartment somewhere on the second floor in a old, dilapidated house with a high hall. I am conscious of what will happen. I am gaming with my wife and daughter when it rings. The **police** ascends the stairs in the big hall. They are five. I welcome them on the landing at a big table.

I feel secure and cheerful because I know that it was not our intention to steal the beverages. Of course I was willing to pay because I always was the first one to pay. I had more over no financial problems. It was just a naughty boy's trick.

"You really do not think that I, as a medical doctor of 51 years should do a thing like that?".

The policemen sit at the table. They are a couple older man and a couple younger women.

There is still pasta on the table and the women start to eat from it being at ease. The men look snappish and wear **dirty boots**. I think that they were really looking for traces. I am afraid that this story will come in the press, the fact that I did such a thing being a medical doctor. I start to feel not at ease now and I am anxious about what other people should think of me.

DREAMS – ROBBING

DREAMS - ROBBING – **beer; willing to pay - but**

DREAMS – LIFT

DREAMS – LIFT – **ascending – high in the mountains**

DREAMS - DIRTY – **apartment**

DREAMS - HOUSE - **dilapidated**

DREAMS - POLICE

MIND - FEAR - opinion of others, of AS

06h50: **very irritable on waking. Very quarrelsome and I have to restrain myself not to do it.**

MIND - IRRITABILITY - waking, on NS

MIND - IRRITABILITY - waking, on - immediately when opening eyes NS

MIND - QUARRELSOME - waking, on NS

MIND - QUARRELSOME - waking, on – **restrain himself from quarrelling; has to** NS

Pain at my jaws and gums stays very prominently.

Is my irritability because of the pain? I have not the impression. **The irritability again is something coming from very deep inside.**

Now I have already during two days a terrible pain over all my right jaw. This right jaw starts to feel numb from the nerves anaesthetised from the pain. It is **an unbearable pain.**

GENERALS - NUMBNESS - pain – during NS

GENERALS - PAIN - neuralgic - accompanied by – numbness NS

Visit of dentist in the evening: she covered 13 roots of teeth with retracting gums.

Day 3:

Flash of a dream that I catch myself talking a lot in connection with a colleague leaving the clinic. This colleague talked in the past about my "monologues".

I felt really humiliated and indignant by this remark about my "monologues" made 6 month's before during a meeting.

DREAMS – BUSINESS

DREAMS - HUMILIATION

DREAMS - HUMILIATION **-old**

DREAMS - INDIGNATION

DREAMS – INDIGNATION – **old**

Normally I have not the habit to have dreams to get over things. This is completely new for me. Between September 2005 and may 2006 four of the eight colleagues leaved the clinic.

Before the take of the verum in October 2006, I had no dreams about these leaving colleagues. It is only after taking the verum that these dreams to get over things started.

DREAMS – **get over something; to**

Pain at the teeth continues.

Day 4:

03h00: wake up from a terrible pain at my teeth and well now overall at the canine tooth of my right upper jaw. Pain small spot. **A stitching pain. A razor-sharp pain.** Finally I heightened my bed on the part of my head so that I was between sitting and lying. In this position I was able to sleep again because lying in this position did decrease the pain.

|  |    |
|--|----|
| TEETH - PAIN - Canines – right – <b>night - midnight - after - 3 h –waking; stitching pain</b> | AS |
| TEETH - PAIN - Canines – right – <b>stitching pain</b>   | AS |
| TEETH - PAIN - Canines – right – <b>stitching pain – razor-sharp</b>                           | AS |
| TEETH - PAIN - night - midnight - after - 3 h  | AS |
| TEETH - PAIN - night - midnight - after - 3 h – <b>waking; on - stitching, stinging</b>        | AS |
| TEETH - PAIN - night - waking him or her from sleep  | NS |
| TEETH - PAIN - night - waking; on - stitching, stinging  | NS |
| TEETH - PAIN - sitting up in bed - amel.   | NS |
| GENERALS - PAIN - Spots; in small  | AS |

DREAM: about another colleague who left the clinic who is walking around in the room of a new colleague. The colleague who left the clinic is more fat than in reality. I stand in the door of the room and she walks in my direction. I really do not want to see her anymore in my clinic. Afterwards she is not at our weekly meeting. It seems that my eyes where spitting fire. I felt **a terrible anger and hate inside**. Normally I am rather reconciling but now I didn't feel at all like that. I was not in the mood to reconcile like my eyes must have made clear.

|               |    |
|---------------|----|
| MIND – ANGER  | AS |
| MIND – HATRED | NS |

16h00: **bad digestion of stomach.** Food stays in the stomach. **Burning oesophagus because of the heartburn.**

This is completely new for me. Normally I never have problems of this kind.

|   |    |
|---|----|
| STOMACH - FULLNESS, sensation of              | NS |
| STOMACH – HEARTBURN                           | NS |
| STOMACH - HEARTBURN – afternoon - <b>16 h</b> | NS |

Day 5:

Toothache again more severe. The right jaw is very sensitive and painful.

13h00: second visit to dentist. ***She gives me the impression that she does not understand how it is possible that I still have so much pain.*** She covers two more roots and covers for the second time the right upper canine tooth. ***She talks about the fact that my gums must be very sensitive.***

RX Lower and Upper Jaw: negative.

|                                      |    |
|--------------------------------------|----|
| MOUTH - PAIN - Gums – sore           | AS |
| MOUTH - PAIN - Gums - stitching pain | AS |

GENERAL: impression that I am **more confused**. Happened several times that pharmacists had to call because patients had no prescription! I myself have not the impression of a bad concentration. I'm not conscientious of my confusion.

|   |    |
|---|----|
| MIND - CONFUSION of mind                  | NS |
| MIND - CONFUSION of mind - working, while | NS |

MIND - FORGETFUL - business; about NS  
MIND - FORGETFUL - work; in matters relating to NS

Day 6:

Didn't wake up last night from the pain in spite of the fact that the pain has not gone totally. The pain is much less but the gums are still very sensitive.

My wife and I should go for a congress. Hotel was booked. I feel that my wife doesn't like to go. She decides to come later. The will to convince her to go with me is much less than I should expect normally. We have a dispute about this. Normally I like to reconcile but now I am not willing to do so. Now it didn't interested me what her opinion was.

MIND - WILL - loss of will power – **convince others; trying to** NS  
MIND - INDIFFERENCE - opinion of others; to NS

Food stays in my stomach and doesn't go down.

STOMACH - FOOD - stays in stomach and will not go down NS

Day 8:

22h00: **stitching pain rising and disappearing on my vertex.**

This happened several times in succession. This is a pain I could have in the past but it's long ago.

HEAD - PAIN - Vertex - stitching pain OS

HEAD - PAIN - Vertex - stitching pain - **appear suddenly - disappear; and – suddenly** OS

GENERALS - PAIN - appear suddenly - disappear; and – suddenly OS

General: **food stays in the stomach.**

I drove with my car to the congress. I didn't touch the curb with my car but should I have done it, it should not have disturbed me. I **felt indifferent** about it.

MIND – INDIFFERENCE NS

Day 9:

**Trembling left forearm and hand on holding something.** Could not keep still my left forearm. I feel very desperate about it and have **the feeling of being on quicksand**. My hand may tremble in situations of stress but not in this way and not all my forearm. I couldn't keep him still. This was not normal for the situation I was in at that moment.

EXTREMITIES - TREMBLING – Forearms AS

EXTREMITIES - TREMBLING - Forearms - extending to – Hand – **left** AS

EXTREMITIES - TREMBLING – Forearms – **left - holding objects - holding objects; on** AS

EXTREMITIES - TREMBLING - Hands – **left - holding objects - holding objects; on** AS

MIND – DELUSIONS – **quicksand; being on** NS

MIND – DESPAIR NS

GENERAL:

**Feel more casual.** During the break I leave my computer unguarded in the meeting room despite of the fact that just before the break I was thinking of taking him with me. It's only after the break that I saw that I left my computer unguarded. During the break I was not

concerned at all about the fact that my computer was there unguarded. **Forgetful** and **heedless**.

MIND – CASUAL NS  
MIND – FORGETFUL NS  
MIND – HEEDLESS NS

Day 10:

Toothache starts again after some days of **slumbering pain**.

Day 11:

02h00: **constant stitching terrible pain in right upper jaw** and sometimes also lower jaw. Difficult to bear. Constant stitching pain without interruption.

**Despair with the pain.** Now I am **irritable with the pain** and about the fact that the pain started again. I am very resolute not to take any pain killer. I was awake during one hour with a terrible pain. The right jaw feels like anaesthetised. It gives the impression as if the nerves has to recover.

FACE - PAIN - Jaws - stitching pain AS  
FACE - PAIN - Jaws – right – **stitching pain** AS  
MIND - DESPAIR - pains, with the NS  
MIND - DESPAIR - pains, with the – **Teeth; in** NS  
MIND - IRRITABILITY - pain, during NS  
MIND - IRRITABILITY - pain, during - Teeth; in NS

GENERAL: I am **more stubborn, more persistent** also to my wife. **Less willing to admit**. Normally I am more an yielding personality. Now I have **no need to conformism** and to be the nice, sweet, understanding person.

MIND – DETERMINATION NS  
MIND – FIRMNESS NS  
MIND – OBSTINATE NS

DREAM: one space was gliding quicker before my field of vision than the other one. It was like you are sitting in a train and you see the frame of the window what is stable and the landscape shoving away. In the dream it was like a row of houses shoved away before the other row at the other side of the street.

**Trembling of left lower eye-lid.** Now and then also the right one. This is an old symptom I may have now and than but now it was long ago.

EYE - TWITCHING – Lids OS  
EYE - TWITCHING - Lids - Lower – left OS  
EYE - TWITCHING - Lids - Lower – right OS

10h30: I am **going to sit beside a stool**. In general I **feel more confused than normally**. It is not my concentration which is bad, I am rather casual.

MIND – CASUAL NS  
MIND - CONFUSION of mind NS

18h15: **delusion hearing voice calling own name**. I went to the railway station to catch my wife and I heard very clearly shouting my name. I could have this before but it was a long time ago and it was not so loud as now.

MIND - DELUSIONS - voices - hearing - calling - his name – **very loudly** OS

Day 12:

**Swollen left lower eye lid on waking** (this was wrong noted because it was the right lower lid). You see the mucosa as a red line under the eye. Right eye ( this was also noted wrong and must be the left eye) had also this swelling but not so severe. Lachrymation of the outer canthi of both eyes. I have to wipe the tears. The eyes are sensitive to the air. **I feel my eyes.** In making the notes I was **very confused** again which is not my habit.

|  |           |
|--|-----------|
| EYE - SWELLING - Lids – Lower                                    | NS        |
| EYE - SWELLING - Lids - Lower – left                             | NS        |
| EYE - SWELLING - Lids - Lower – right                            | NS        |
| EYE - EVERSION of lids – Lower                                   | NS        |
| EYE - LACHRYMATION - Canthi – Outer                              | NS        |
| EYE - AIR - sensation of a current of air - passing through eyes | NS        |
| MIND – EYES – <b>consciousness; having</b>                       | <b>NS</b> |

16h00: I hear again calling my name very loudly.

MIND - DELUSIONS - voices - hearing - calling - his name – **very loudly OS**

18h00: **sour eructations.**

|  |           |
|--|-----------|
| STOMACH – ERUCTATIONS                          | NS        |
| STOMACH - ERUCTATIONS – evening – <b>18h00</b> | <b>NS</b> |
| STOMACH – HEARTBURN                            | NS        |
| STOMACH - HEARTBURN – evening – <b>18h00</b>   | <b>NS</b> |

**Very large stool** without the need to clean afterwards. Very long and thick. **Enormously.**

**Very cheerful after stool.**

|                                 |           |
|---------------------------------|-----------|
| STOOL – LARGE                   | NS        |
| STOOL - LONG, <b>thick</b>      | <b>NS</b> |
| MIND - CHEERFUL - stool – after | AS        |

Day 13:

18h00: sour eructations. Belching several times. Normally I never have to belch.

Stool still very large.

|  |           |
|--|-----------|
| STOMACH – ERUCTATIONS                          | NS        |
| STOMACH - ERUCTATIONS – evening – <b>18h00</b> | <b>NS</b> |
| STOMACH – HEARTBURN                            | NS        |
| STOMACH - HEARTBURN – evening – <b>18h00</b>   | <b>NS</b> |

P.S. Now I realise that I made a **mistake** in my notes of day 12. It was the right lower lid that was swollen more severe than the left one. This is already the second time that I make a mistake in my notes concerning laterality. I made the same mistake about the trembling of the lower eye lid.

MIND - MISTAKES; making - side; about left and right NS

Day 15:

DREAM: sitting around a table with four colleagues in the clinic ( two who are staying and two who are leaving). The vibes are very relaxed. Everybody is cheerful. One of the colleague leaving presents a couple of cases. I was with my head lying on my arms half asleep. I wonder how it is possible that everybody is so relaxed because of the situation in our clinic with the two colleagues leaving. Everybody goes away and is very happy.

Afterwards I stand at traffic lights in the middle of a very busy town with the two staying colleagues. They didn't say anything but all at once I realise myself that I am standing there naked. I feel very **annoyed**.

Further on in the dream I contact the leaving colleague who presented the cases and I want to know the rubrics he used to make his choice. I feel annoyed that I did not have find the remedies but overall that I was not doing any effort being very indifferent because I was lying with my head on my arms. I had the feeling that I had to compensate for being so terrible casual.

Further on in the dream something of my bike was broken and had to be repaired. Was very confusing. It looked like a bicycle I could not put over or through something.

DREAMS - BUSINESS

DREAMS – NAKEDNESS

DREAMS – NAKEDNESS – **ashamed**.

DREAMS – NAKEDNESS – **town; in the middle of a busy**

MIND – INDIFFERENCE

MIND – INDIFFERENCE – **annoyed; about his**

MIND - INDIFFERENCE – work

MIND - CASUAL

MIND – CASUAL – **annoyed; about his being**

DREAMS – BICYCLE

DREAMS – BICYCLE – **repaired; had to be**

DREAMS - DIFFICULTIES

Day 18:

16h00: **looks like food gets stuck in the throat**. Eructations.

STOMACH – ERUCTATIONS

NS

STOMACH - ERUCTATIONS - afternoon - 16 h

NS

STOMACH – HEARTBURN

NS

STOMACH - HEARTBURN – afternoon - **16 h**

**NS**

THROAT - FOOD - lodges in throat

NS

THROAT - FOOD - lodges in throat - sensation as if

NS

Day 19:

During the afternoon **my energy slipped out of my body, very suddenly**.

GENERALS – WEAKNESS

OS

GENERALS - WEAKNESS – afternoon

OS

GENERALS - WEAKNESS - sudden – afternoon

OS

Day 20:

**Flu with severe muscle pains especially in the harmstrings close to the nates**. Never had before such a muscle pain during a flu, so concentrated at that particular place.

**A lot of rumbling in the abdomen and excessive flatulence**.

EXTREMITIES - PAIN - influenza – during

OS

EXTREMITIES - PAIN - Lower limbs – **Harmstrings – Upper part close to nates – influenza; during – stitching pain**

**NS.**

ABDOMEN – RUMBLING

NS

ABDOMEN – FLATULENCE

NS

Day 21:

DREAM: about a famous homeopath who wanted to be treated by myself. I am sitting at the bedside and do an intake. I am sitting with my portable on his bed. I do not know very well what my feelings are about this situation. It is a combination of veneration and not knowing very well what to think about it. I want to explain to him what my feeling is about his theories.

MIND – VENERATION

OS

DREAMS – TREATMENT – **homeopathic; colleague of**

DREAM: going naked to my car. I know that I was saying against myself “you know how you feel when you are walking naked; you feel yourself looked at and still you do it again and again”. I don’t understand myself why I did it.

DREAMS – NAKEDNESS

DREAMS – NAKEDNESS – **looked at; unless feeling being**

DREAMS – NAKEDNESS – **understanding not; why doing it.**

Forenoon: very severe diarrhea. Had to go 6 times to the toilet.

RECTUM - DIARRHEA – forenoon

NS

Day 50 – 60:

DREAMS:

Dreaming frequently about things associated with events of the day. Even associated with short and unimportant events or encounters. Sometimes it are really strange associations.

This is completely new for me:

- I see my neighbour crossing the street with a crate of beer.

DREAM: the same neighbour and his wife have a pub somewhere in what I think the French part of Belgium. I enter the pub and they ignore me completely.

- I drive by car on the highway and we have to drive behind an escort of a money transportation with flashing blue lights.

DREAM: I am driving on the highway and a car is coming from the wrong direction coming out the traffic jam before me. I succeed to avoid him but I see in my rearview mirror that he crashes a truck.

- Some Canadian people came and visited my daughter. We talked about Whistlar, a village in the Rocky Mountains. We did spent a holiday in Whistlar 6 years ago.

DREAM: about a bear we had to hold with a strong necklace to keep him under control.

Day 115:

Colleague decided to leave our study group. I made the association with the split going on in general in the homeopathic world.

DREAM: a car with open roof drives through a lighting post. The car was split in two but afterwards I see the car continuing his way without any damage. Also the 5 people in the car, two in the front and three in the back are not injured. Nevertheless the mast was going straight through the child sitting in the middle in the back.

FEELING: looking for reconciliation after split.

Dreams about reconciliation are normal for me in the past related to my father.

Day 131:

I speak with my wife about the split in our clinic. I tell her that I feel very indignant about it and that it's very difficult for me to get over how certain things happened.

DREAM: I had two big wounds in my hand palms. Gaping wounds. I see no muscles or tendons or blood vessels. It looks like two deep craters who are not closing. They don't heal.

FEELING: the feeling about the split in our clinic will never heal but this dream helped me to get over it more.

#### Day 133:

We talk about the school results of our youngest daughter. She is disappointed about her results and we talk about motivation. I say that if you really want to get a certain diploma, you have to go for it even when it is sometimes difficult. While saying this I think at some friends of mine who really had big difficulties to become a medical doctor and had really to fight for it. In particular I am thinking at one person.

DREAM: I am participating a congress and sitting in the front and I see this particular person sitting half way the audience.

#### Day 138:

Some friends ask me or I should like to go back to my birthplace to live and work over there. Also we are talking about organising congresses of homeopathy accessible for non medical qualified practitioners.

DREAM: I organise a congress in my birthplace in our former house. I consider to construct a first floor above the garages in our garden so that I can make a big congress hall.

#### Day 147:

We are in a restaurant and I see a person who looks like a dead colleague. The personal relation with this colleague was not so good.

DREAM: we have a meeting with our professional organisation and this colleague was also in this meeting. In this dream this colleague is very sweet and kind to me what was not always the matter in reality.

I should speak on the one hand of "associated" dreams concerning the dreams associated with unimportant encounters or events of the day. On the other hand it are really dreams to get over things in life after haven spoken about it.

This kind of dreams is completely new for me.

DREAMS – **associated.**

DREAMS - CONVERSATIONS - previous day; of - **associated - with**

DREAMS - EVENTS - previous - day, of the previous - **associated - with**

DREAMS – ENCOUNTERS – previous day; of – **associated - with**

### REPERTORISATION:

|   |           |
|---|-----------|
| MIND - ANGER  | AS        |
| MIND - CASUAL   | NS        |
| MIND -CASUAL – <b>annoyed; about his being</b>                                | <b>NS</b> |
| MIND - CHEERFUL - stool – after   | AS        |
| MIND - CONFUSION of mind  | NS        |
| MIND - CONFUSION of mind - working, while                                     | NS        |
| MIND – DELUSIONS – <b>quicksand; being on</b>                                 | <b>NS</b> |
| MIND - DELUSIONS - voices - hearing - calling - his name – <b>very loudly</b> | <b>OS</b> |
| MIND - DELUSIONS - voices - hearing - calling - his name – <b>very loudly</b> | <b>OS</b> |
| MIND - DESPAIR  | NS        |
| MIND - DESPAIR - pains, with the  | NS        |
| MIND - DESPAIR - pains, with the – <b>Teeth; in</b>                           | <b>NS</b> |

|   |    |
|---|----|
| MIND - DETERMINATION  | NS |
| MIND - EYES – <b>consciousness; having</b>  | NS |
| MIND - FIRMNESS   | NS |
| MIND - FORGETFUL  | NS |
| MIND - FORGETFUL - business; about  | NS |
| MIND - FORGETFUL - work; in matters relating to   | NS |
| MIND - HATRED   | NS |
| MIND - HEEDLESS   | NS |
| MIND - INDIFFERENCE   | NS |
| MIND - INDIFFERENCE – <b>annoyed; about his</b>   | NS |
| MIND - INDIFFERENCE - opinion of others; to   | NS |
| MIND - INDIFFERENCE – work  | NS |
| MIND - IRRITABILITY - pain, during  | NS |
| MIND - IRRITABILITY - pain, during - Teeth; in  | NS |
| MIND - IRRITABILITY - waking, on  | NS |
| MIND - IRRITABILITY - waking, on - immediately when opening eyes                              | NS |
| MIND - MISTAKES; making - side; about left and right  | NS |
| MIND - OBSTINATE  | NS |
| MIND - QUARRELSOME - waking, on   | NS |
| MIND - QUARRELSOME - waking, on – <b>restrain himself from quarrelling; has to</b>            | NS |
| MIND - VENERATION   | OS |
| MIND - WILL - loss of will power – <b>convince others; trying to</b>                          | NS |
| HEAD - PAIN - Vertex - stitching pain   | OS |
| HEAD - PAIN - Vertex - stitching pain - <b>appear suddenly - disappear; and – suddenly</b>    | OS |
| EYE - AIR - sensation of a current of air - passing through eyes                              | NS |
| EYE - EVERSION of lids – Lower  | NS |
| EYE - LACHRYMATION - Canthi – Outer   | NS |
| EYE - SWELLING - Lids – Lower   | NS |
| EYE - SWELLING - Lids - Lower – left  | NS |
| EYE - SWELLING - Lids - Lower – right   | NS |
| EYE - TWITCHING – Lids  | OS |
| EYE - TWITCHING - Lids - Lower – left   | OS |
| EYE - TWITCHING - Lids - Lower – right  | OS |
| FACE - PAIN - Jaws – right – <b>extending to – parietal bone</b>                              | NS |
| FACE - PAIN - Jaws – right – <b>extending to – parietal bone – gnawing pain</b>               | NS |
| FACE - PAIN - Jaws – right – <b>extending to – parietal bone – stitching pain</b>             | NS |
| FACE - PAIN - Jaws – right – <b>extending to – tempero-mandibular joint</b>                   | NS |
| FACE - PAIN - Jaws – right – <b>extending to – tempero- mandibular joint – gnawing pain</b>   | NS |
| FACE - PAIN - Jaws – right – <b>extending to – tempero- mandibular joint – stitching pain</b> | NS |
| FACE - PAIN - Jaws – right – <b>stitching pain</b>  | AS |
| FACE - PAIN - Jaws - Lower – right  | AS |
| FACE - PAIN - Jaws - Lower - gnawing pain   | AS |
| FACE - PAIN - Jaws - Lower - stitching pain   | AS |
| FACE - PAIN - Jaws - stitching pain   | AS |
| FACE - PAIN - Jaws - Upper – right  | AS |
| FACE - PAIN - Jaws - Upper – right – <b>gnawing pain</b>                                      | AS |
| FACE - PAIN - Jaws - Upper – right – <b>stitching pain</b>                                    | AS |
| MOUTH - PAIN - Gums – right   | AS |
| MOUTH - PAIN - Gums – right – <b>gnawing pain</b>   | AS |
| MOUTH - PAIN - Gums – right – <b>stitching pain</b>   | AS |
| MOUTH - PAIN - Gums – sore  | AS |
| MOUTH - PAIN - Gums - stitching pain  | AS |
| TEETH - PAIN - night - midnight - after - 3 h   | AS |
| TEETH - PAIN - night - midnight - after - 3 h – <b>waking; on - stitching, stinging</b>       | AS |

|  |            |
|--|------------|
| TEETH - PAIN - night - waking him or her from sleep  | NS         |
| TEETH - PAIN - night - waking; on - stitching, stinging  | NS         |
| TEETH - PAIN - Canines – right – <b>night - midnight - after - 3 h –waking; stitching pain</b>                         | <b>AS</b>  |
| TEETH - PAIN - Canines – right – <b>stitching pain</b>   | <b>AS</b>  |
| TEETH - PAIN - Canines – right – <b>stitching pain – razor-sharp</b>   | <b>AS</b>  |
| TEETH - PAIN - sitting up in bed - amel.   | NS         |
| TEETH - PAIN - Lower teeth - right - stitching, stinging   | AS         |
| TEETH - PAIN - Lower teeth – right – <b>gnawing pain</b>   | <b>AS</b>  |
| TEETH - PAIN - Upper molars and jaws; in right – <b>gnawing pain</b>   | <b>AS.</b> |
| TEETH - PAIN - Upper molars and jaws; in right – <b>stitching, stinging</b>  | <b>AS</b>  |
| THROAT - FOOD - lodges in throat   | NS         |
| THROAT - FOOD - lodges in throat - sensation as if   | NS         |
| STOMACH - ERUCTATIONS  | NS         |
| STOMACH - ERUCTATIONS – evening – <b>18h00</b>   | <b>NS</b>  |
| STOMACH - FOOD - stays in stomach and will not go down   | NS         |
| STOMACH - FULLNESS, sensation of   | NS         |
| STOMACH - HEARTBURN  | NS         |
| STOMACH - HEARTBURN – afternoon - <b>16 h</b>  | <b>NS</b>  |
| STOMACH - HEARTBURN – evening – <b>18h00</b>   | <b>NS</b>  |
| STOOL - LARGE  | NS         |
| STOOL - LONG, <b>thick</b>   | <b>NS</b>  |
| ABDOMEN – FLATULENCE   | NS         |
| ABDOMEN – RUMBLING   | NS         |
| RECTUM - DIARRHEA – forenoon   | NS         |
| EXTREMITIES - PAIN - influenza – during  | OS         |
| EXTREMITIES - PAIN - Lower limbs – <b>Harmstrings – Upper part close to nates – influenza; during – stitching pain</b> | <b>NS.</b> |
| EXTREMITIES - TREMBLING – Forearms   | AS         |
| EXTREMITIES - TREMBLING - Forearms - extending to – Hand – <b>left</b>   | <b>AS</b>  |
| EXTREMITIES - TREMBLING – Forearms – <b>left - holding objects - holding objects; on</b>                               | <b>AS</b>  |
| EXTREMITIES - TREMBLING - Hands – <b>left - holding objects - holding objects; on</b>                                  | <b>AS</b>  |
| DREAMS – <b>associated.</b>  |            |
| DREAMS – BICYCLE – <b>repaired; had to be</b>  |            |
| DREAMS - CONVERSATIONS - previous day; of - <b>associated - with</b>   |            |
| DREAMS - DIFFICULTIES  |            |
| DREAMS – ENCOUNTERS – previous day; of – <b>associated - with</b>  |            |
| DREAMS - EVENTS - previous - day, of the previous - <b>associated - with</b>   |            |
| DREAMS – NAKEDNESS   |            |
| DREAMS – NAKEDNESS – <b>ashamed.</b>   |            |
| DREAMS – NAKEDNESS – <b>looked at; unless feeling being</b>  |            |
| DREAMS – NAKEDNESS – <b>understanding not; why doing it.</b>   |            |
| DREAMS – NAKEDNESS – <b>town; in the middle of a busy</b>  |            |
| DREAMS – TREATMENT – <b>homeopathic; colleague of</b>  |            |
| GENERALS - NUMBNESS - pain – during  | NS         |
| GENERALS - PAIN - appear suddenly - disappear; and – suddenly  | OS         |
| GENERALS - PAIN - neuralgic - accompanied by – numbness  | NS         |
| GENERALS – WEAKNESS  | OS         |
| GENERALS - WEAKNESS – afternoon  | OS         |
| GENERALS - WEAKNESS - sudden – afternoon   | OS         |

### Prover n°3. Women, °1952

#### Intake proving:

Beside of a chronic, recurrent lumbago, she has a good health. No general peculiarities.

#### Medical history:

As a child many inflammation of the ears with chronic perforation of tympanums.

Appendectomy. 1980: pneumonia.

Hashimoto thyroiditis without clinical repercussion. 2003: menopause.

#### Family history:

M, °1922. Died in 1994 from cancer of the uterus. Thyroid problems.

P, °1920. Died in 1999.

F, °1948. Died in 2006 from suffocation. Alcoholism.

#### Day 2:

DREAM: pregnant again but my abdomen was not really thick. I felt the child in my abdomen in spite of the fact that it was dead and not alive anymore. The child was born and it was completely flat and lifeless. The head also was flat. All at once the child moved and it was a very beautiful child looking like her youngest daughter.

DREAMS - PREGNANT – being

DREAMS - PREGNANT – being – **abdomen thick; without**

DREAMS - PREGNANT – being – **dead child; of**

DREAMS - CHILDBIRTH – **dead child; of**

DREAMS - CHILDBIRTH – **dead child; of – becoming alive again.**

DREAMS - CHILDBIRTH – **flat and lifeless child; of**

DREAMS - DEAD; of the - children - newborns

DREAMS - DEAD; of the - children – newborns – **becoming alive again.**

DREAMS - NIGHTMARES

#### DREAM:

I am sitting in a house on a mountain with a panorama all over the valley. In the valley is a big factory with several big chimneys producing very black smoke. The smoke spreads all over the valley until into my room. It is not only smoke but there are also scales in the air.

Because of these scales it is almost impossible for me to breath. Than I woke up.

DREAMS – CHIMNEY – **black smoke; producing.**

DREAMS – **RESPIRATION – impossible – black smoke; because of**

DREAMS – **SMOKE - black**

#### REPERTORISATION:

DREAMS - CHILDBIRTH – **dead child; of**

DREAMS - CHILDBIRTH – **dead child; of – becoming alive again.**

DREAMS - CHILDBIRTH – **flat and lifeless child; of**

DREAMS – CHIMNEY – **black smoke; producing.**

DREAMS - DEAD; of the - children - newborns

DREAMS - DEAD; of the - children – newborns – **becoming alive again.**

DREAMS - NIGHTMARES

DREAMS - PREGNANT – being

DREAMS - PREGNANT – being – **abdomen thick; without**

DREAMS - PREGNANT – being – **dead child; of**

DREAMS – **RESPIRATION – impossible – black smoke; because of**

DREAMS – **SMOKE - black**

## Prover n° 4: Male, °1963

### INTAKE proving:

Homeopathic treatment since 1995.

When problems good reaction on Magnesium phosphoricum.

Needs intermediary quite a lot of Dysenteric co, bowel nosode correlated with the Carcininum miasm.

June 2004: pneumonia. R/ Magnesium phosphoricum didn't help him.

Chelidonium and Euphorbium cured him.

January 2005: bronchitis and sinusitis. No reaction on Euphorbium.

Good reaction on Hepar sulphur. As a child he was playing quite a lot with matches. He should wish his children should not play with fire like he did in his youth. Once he really caused a fire.

He is a peaceful person ( that's why Magnesium phosphoricum and Euphorbium helped him).

But in certain situations he can have the "weapons" ready! These "weapons" are always verbal. "In certain situations I keep my weapons ready and I prepare myself that people I don't like should not approach me too closely".

If someone should really harm me I should threaten with a knife or really hit this person.

I'm very vulnerable if I trust someone.

### MEDICAL HISTORY:

1978: frontal headache. A pressing pain. Twice a month. Could be very heavy.

During a period of 7 years very frequently headache.

Dandruff: during puberty a lot of dandruff. The white scales fell as snow on his shoulders.

1980: laryngitis very frequently in his puberty with complete aphonic.

A lot of colds. Very obstinate obstruction of his nose. Nose drops didn't help to open his nose. Was treated very often with antibiotics in his youth.

1996: very severe glandular fever with month's of revalidation. IgM stayed more than 6 month's positive.

Autumn 2001: period of frequently returning headache

October. 2002: kidneystone left side. Hospitalisation because of crisis. Ca oxalaat 78% en ca fosfaat 21%.

November 2002: excision of recidive of varices left leg. Stripping VSP.

June 2004: pneumonia right upper lobe.

June 2004: diagnosis of beginning steatosis of liver. He adores chocolate.

### BIOPATHOGRAPHY:

#### P, °1934:

- History of recurrent tonsillitis until 1970.
- 1970: last tonsillitis

- Amygdalectomy.
- 1999: Iodium treatment because of Graves – Basedow ( toxic multinodular goitre).
- August 2002: herpes infection on left eye.
- February 2005: herpes infection on left eye.
- Hypertrophy prostate.
- Hypertension.

M, °1937.

- 1961: operation for varices. Stripping both legs.
- 1975: poliepectomy via rectoscopy
- 1979: hysterectomy because of fibroma. Bloodtransfusion because of anemia.
- 1994: disease of Reclus.
- Jan 2000: recidive varicososis left inguinal region. R/ sclerosation.

Proving:

|               |               |
|---------------|---------------|
| <u>Day 1:</u> | <u>Day 2:</u> |
| Take: 07h12   | 06h37         |
| 15h00         | 15h00         |
| 23h30         | 23h00         |

12h30: headache as a tension. It is not really pain. It is a sensation in the head of “**something is slumbering**”.

Very light.

HEAD – TENSION NS  
 HEAD – PAIN – **slumbering** **NS**

16h00: slumbering “headache”.

Day 2:

**Falling asleep difficult despite of feeling very tired** and being sleepy. The mind was quiet. It looked like the effect of coffee but normally I can sleep well after drinking coffee before going to sleep. **Warm feeling as if having fever. Warm feeling without perspiration.**

Glowing.

SLEEP - FALLING ASLEEP - difficult - sleepiness; with NS

Day 3:

07h30: slight feeling behind the left eye. No pain. More **slumbering**.

HEAD - PAIN - Forehead - Eyes - Behind – left NS

HEAD - PAIN - Forehead - Eyes - Behind – left – **slumbering pain** **NS**

12h30: slight throatache. No real pain. It was something as “**something is slumbering here**”.

Pressing feeling.  
 LOCALISATION: half away between mandibula and clavicula before the left sternocleidomastoïdeus muscle.

EXTERNAL THROAT - PAIN – Sides – **Halfway mandibula – claviula – before sternocleidomastoïdeus – left** NS

EXTERNAL THROAT - PAIN – Sides – **Halfway mandibula – clavicula – before sternocleidomastoïdeus – left – pressing pain** NS

EXTERNAL THROAT - PAIN – Sides – **Halfway mandibula – claviula – before sternocleidomastoïdeus – left – slumbering pain** NS

18h00: slight sensation in the head. .

23h00: **urging to urinate urgently for only a small quantity. But with a high pressure.**

Very active day.

Good concentration.

BLADDER - URINATION - urging to urinate - evening - 21 h

BLADDER - URINATION - urging to urinate - evening - 21 h – **pressure high; with** NS

BLADDER - URINATION - urging to urinate - evening - 21 h – **pressure high; with**  
– **small quantity for** NS

MIND - CONCENTRATION – active NS

Day 4:

01h15: **have to urinate as if it was very urgent.** A little bit astonishing that for such a limited quantity you may have such a pressure.

Chill going away when in bed. Normally when he is chilly at the beginning of a fever the chill doesn't go away when lying in bed.

BLADDER - URINATION - urging to urinate - night - midnight – after – 01h15 – **pressure high; with** NS

BLADDER - URINATION - urging to urinate - night - midnight – after – 01h15 – **pressure high; with – small quantity for** NS

CHILL - BED - in bed - amel. NS

03h50: **have to urinate again.**

Chill and heat when going in bed.

**Frontal headache gets worse.** The pain prevents me to fall asleep again nevertheless he is very tired. Not a bursting pain but **a slumbering kind of pain.**

BLADDER - URINATION - urging to urinate - night - midnight – after – **3.50 h** NS

HEAD - PAIN – Forehead – **slumbering pain** NS

HEAD - PAIN - Forehead – **slumbering pain – sleep; preventing – sleepiness with** NS

DREAM: about a book he has to write. **Normally he doesn't dream about his work.** He never did it before, at least he cannot remember it. Now it was a very concrete dream about his work. The time goes on and nothing is written yet. He can not finish it and he even didn't get started. This book is a very good project but it threatens to fail.

DREAMS - BUSINESS

DREAMS – BUSINESS – **start; cannot**

DREAMS – BUSINESS – **finish; cannot**

DREAMS - BUSINESS - succeed; does not – **threatens to**

07h00: heat!!!!

GENERALS - HEAT - sensation of - waking; on NS

11h30: fever 39°C. He is exhausted and he is not able to rise from his bed. No energy to leave his bed. **Eructations and stool stinking.**

GENERALS - WEAKNESS - fever - during - agg. NS

GENERALS - WEAKNESS - fever - during - agg. – **rise from bed; not able to** NS

STOMACH – ERUCTATIONS NS

STOMACH – ERUCTATIONS – **stinking** NS

STOMACH – ERUCTATIONS – **stinking – fever; during** NS

STOOL – **stinking** NS

STOOL – **stinking – fever; during** NS

No perspiration with the high fever.  
FEVER - PERSPIRATION – absent NS

Headache becomes worse and worse. Especially when he lies down.  
HEAD - PAIN - Forehead - lying down - agg. NS

14h30: 40°C with **the feeling to vomit but he cannot**. I tried to provoke the vomiting but didn't succeed. **Many eructations and a lot of air in his stomach**.

**Drinking some soup provokes many loud eructations.**

These **loud and explosive eructations** are not followed by vomiting. Normally he vomits very easily but not now. No appetite. Despite of the high fever he was not really thirsty. He had to pay attention to stay on drinking.

Profuse colliquative perspiration alternating with no perspiration. When I was perspiring my t-shirt was soaking. I had to take another one. He was not perspiring at all at his forehead with the high fever. Normally he does perspire at his forehead during the fever.

Despite the high fever he was pale.

FEVER - INTENSE heat NS

STOMACH - NAUSEA - fever - during - agg. NS

STOMACH - NAUSEA - accompanied by – **fever – intense** NS

STOMACH - NAUSEA - vomit; sensation as if about to NS

STOMACH - ERUCTATIONS; TYPE OF – loud NS

STOMACH - ERUCTATIONS; TYPE OF – explosive NS

STOMACH - AIR - filled with air; as if NS

STOMACH - ERUCTATIONS – loud – **drinking soup; after** NS

STOMACH - ERUCTATIONS - vomiting – without NS

STOMACH - ERUCTATIONS - vomiting – without – **normally vomiting with** NS

STOMACH - ERUCTATIONS; TYPE OF – loud – vomiting – without NS

STOMACH - THIRSTLESS - fever; during NS

FEVER - PERSPIRATION – absent – **alternating with colliquative perspiration** NS

PERSPIRATION – COLLIQUATIVE NS

PERSPIRATION – COLLIQUATIVE – **fever – intense; during** NS

PERSPIRATION – COLLIQUATIVE – **fever – intense; during - alternating with no perspiration** NS

HEAD - PERSPIRATION of scalp – Forehead – **absent – fever; during** NS

FACE - DISCOLORATION - pale - heat; during NS

Day 5:

Bad night with an interrupted sleep.

SLEEP – INTERRUPTED – **fever; during** NS

Uses cool bags trying to drop off the fever.

06h30: feels a little bit better and takes a bath.

09h00: exhausted again and the fever rises again.

11h30: rises himself with great difficulties.

GENERALS - WEAKNESS - fever - during - agg. – **rise from bed; not able to** NS

Afternoon:

Went for sleeping again but when he lies down he gets headache again.

Nausea with vomiting despite the drinking of Cola.

Pain at the eyeballs. Difficult to keep open the eyes. It was because of the exhaustion. There was no mechanical problem. Pain at the eyes when pressing on them. It was a pressing pain. This pain at his eyes is not unbearable but it prevented him to sleep. It was really strange what happened with his eyes. He **couldn't support any light. It had to stay as dark as possible.** *Afterwards I consider that it did last only two days but for me it looked like the eternity.* This suffering gave the impression to be without end. It **looked like endless.** When I had my glandular fever in 1996 it did last 6 weeks but this illness appeared as long as the period of the glandular fever.

GENERAL: I really was very ill and it make me think of the period I had glandular fever in 1996. Feeling of **complete loss of energy.** Feeling of being down. No possibility to go on. No possibility to do anything. Rising the stairs I had to hold on the banister to support myself. I was afraid to fall down and loose my consciousness. **Your energy is completely gone.** No possibility to do anything. **It was very intense.** Normally I can stand some pain but now it was **unbearable.**

Without energy mentally as well psychologically. The glandular fever lasted month's. This acute episode lasted only a few days. Constantly I am feeling or my glands are swollen as was during the glandular fever in 1996. I was really in **panic** and **wandering what was going on.** **Was afraid to get C.F.S. because all my energy was gone.** This energy went away during one night. He was **desperate.** What is going on with me?

*In this way I was fallen ill never before.* Normally I may have a tonsillitis or a migraine but now it was completely different.

“What is happening here with me?”. I subsided completely. It looked like there was no end.

**The time appeared endless.**

*I had a kidney colic in the past and that pain was much worse but it didn't affect me mentally in the same way this episode affected me.*

**I am gliding away and there is not any signal that gives me hope that I will recover.**

What is going on? Was really **feeling very down.**

Bad sleep and after a quarter after getting up feeling very weak.

It lasted a long time.

HEAD - PAIN - Forehead - lying down - agg. NS

STOMACH - VOMITING - nausea – with – **drinking Cola; despite of** NS

EYE - PAIN - pressing pain NS

EYE - PAIN - pressure - agg. NS

EYE - PAIN - fever - during - agg. NS

EYE - PAIN - fever - during - agg. - pressing pain NS

EYE - PAIN – **fever – intense – agg. – pressing pain** NS

EYE - PAIN – **fever – intense – agg. - pressure – agg** NS

EYE - OPENING the lids - difficult - keep the eyes open; hard to NS

EYE - OPENING the lids - difficult - keep the eyes open; hard to – **fever – intense; during** NS

EYE - PAIN - light; from - agg. NS

EYE - PAIN - light; from - agg. - pressing pain NS

EYE - PAIN - light; from - agg. - pressing pain – **fever – intense – agg.** NS

EYE - PAIN - darkness - amel. - pressing pain NS

EYE - PAIN - darkness - amel. - pressing pain – **fever – intense; during** NS

MIND - DESPAIR - fever; during NS

MIND - DESPAIR - recovery, of NS

|   |    |
|---|----|
| MIND - DESPAIR - recovery, of - heat, during  | NS |
| MIND - MISTAKES; making - time, in  | NS |
| MIND - MISTAKES; making - time, in – fever - intense; during                                    | NS |
| MIND - MISTAKES; making - time, in - conception of time; has lost the                           | NS |
| MIND - MISTAKES; making - time, in - conception of time; has lost the – fever - intense; during | NS |
| MIND - TIME - slowly, appears longer; passes too  | NS |
| MIND - TIME - slowly, appears longer; passes too – fever - intense; during                      | NS |
| MIND - DELUSIONS - time - exaggeration of time  | NS |
| MIND - DELUSIONS - time - exaggeration of time – fever - intense; during                        | NS |
| GENERALS - WEAKNESS - fever - during - agg. – sudden  | NS |
| GENERALS - WEAKNESS - fever - during - agg. – sudden; in one night                              | NS |
| GENERALS - PAIN - appear suddenly   | NS |
| MIND - FEAR - recover, he will not  | NS |
| MIND - FEAR - recover, he will not – fever - intense; during                                    | NS |
| MIND - FEAR - disease, of impending - incurable, of being                                       | NS |
| MIND - FEAR - disease, of impending - incurable, of being – fever - intense; during             | NS |
| MIND - DELUSIONS - disease - incurable disease; he has an                                       | NS |
| MIND - DELUSIONS - disease - incurable disease; he has an – fever - intense; during             | NS |
| MIND - SADNESS - fever; during  | NS |

**It looked like something had happened in my system so that I reacted in a different way than normally.**

|  |    |
|--|----|
| MIND - DELUSIONS - changed; system – making me reacting in a different way to viruses. | NS |
|--|----|

Difficult to keep the thoughts in his head quiet. Always thinking at many things.

|   |    |
|---|----|
| MIND - RESTLESSNESS - heat – during         | NS |
| MIND – THOUGHTS – rush of                   |    |
| MIND – THOUGHTS – restless – fever – during | NS |
| MIND - IDEAS - abundant - heat, during      | NS |

Day 6:

03h15: woke up.

09h00: very refreshed feeling.

Headache was gone.

Very active during the daytime. Could work already a little bit.

Day 7:

03h00 waking. Several nights he woke up between 3 and 5h00.

|   |    |
|---|----|
| SLEEP - WAKING - night - midnight - after - 3 h - 3-5 h | NS |
|---|----|

Pimple under the left wing with a stitching pain.

|   |    |
|---|----|
| FACE - ERUPTIONS - Nose - Wings, on – left                        | NS |
| FACE - ERUPTIONS - Nose - Wings, on – left – stitching pain; with | NS |

Day 10:

Left eye is still sensitive. He thinks it is an after pain at the eye from the terrible pain he had there during the flew. It is more a tearing.

|   |    |
|---|----|
| EYE - PAIN - left - tearing pain – influenza; after | NS |
|---|----|

Day 20:

DREAM( wake up at 3h30): I walk around the corner of the street my parents are living. I am eye to eye with a gang of four black people hitting on a car with very heavy sledgehammers. One car is already completely damaged. During a short moment I think that the **police** is also present and that it handles about an urgency intervention of the police. But than I see that there is no **police** at all and that this gang has nothing to be afraid of.

I am a witness of the violence this gang applies to bystanders.

It was not such a long time that I was observing them that I have eye contact with the leader of the gang. I see the **aggression** in his eyes and get away as soon as possible.

I walk in the next street and decide to hide on a peace fallow ground. This was a bad decision because I was completely surrounded. I saw the **boots** of the members of the gang under a fence. They are really walking in my direction and I am sure that they will find my hideaway. I am the prey of this gang and I wake up terrified.

FEELING: in the past when I was young I had nightmares about “wrong” hideaways, violence and about impossible to turn back.

DREAMS – NIGHTMARES

DREAMS – **CARS – hit; by a gang**

DREAMS - WITNESS; **he was a – of the violence of a gang – hitting cars.**

DREAMS - AGGRESSIVE

DREAMS – FLEEING

DREAMS – FLEEING – **an aggressive gang; for**

DREAMS – HIDING

DREAMS - HIDING – **gang; for a**

DREAMS - PURSUED, being

DREAMS - PURSUED, being - **gang, by**

DREAMS – **HIDEAWAY – found; by the gang pursuing me.**

DREAMS – **PREY – gang; of a – pursuing me.**

**REPERTORISATION:**

|  |    |
|--|----|
| MIND - CONCENTRATION – active  | NS |
| MIND - DELUSIONS - <b>changed; system – making me reacting in a different way to viruses.</b>          | NS |
| MIND - DELUSIONS - disease - incurable disease; he has an  | NS |
| MIND - DELUSIONS - disease - incurable disease; he has an – <b>fever - intense; during</b>             | NS |
| MIND - DELUSIONS - time - exaggeration of time   | NS |
| MIND - DELUSIONS - time - exaggeration of time – <b>fever - intense; during</b>                        | NS |
| MIND - DESPAIR - fever; during   | NS |
| MIND - DESPAIR - recovery, of  | NS |
| MIND - DESPAIR - recovery, of - heat, during   | NS |
| MIND - FEAR - recover, he will not   | NS |
| MIND - FEAR - recover, he will not – <b>fever - intense; during</b>                                    | NS |
| MIND - FEAR - disease, of impending - incurable, of being  | NS |
| MIND - FEAR - disease, of impending - incurable, of being – <b>fever - intense; during</b>             | NS |
| MIND - IDEAS - abundant - heat, during   | NS |
| MIND - MISTAKES; making - time, in   | NS |
| MIND - MISTAKES; making - time, in - conception of time; has lost the                                  | NS |
| MIND - MISTAKES; making - time, in - conception of time; has lost the – <b>fever - intense; during</b> | NS |
| MIND - MISTAKES; making - time, in – <b>fever - intense; during</b>                                    | NS |
| MIND - RESTLESSNESS - heat – during  | NS |
| MIND - SADNESS - fever; during   | NS |
| MIND – <b>THOUGHTS – restless – fever – during</b>   | NS |
| MIND - TIME - slowly, appears longer; passes too   | NS |
| MIND - TIME - slowly, appears longer; passes too – <b>fever - intense; during</b>                      | NS |
| HEAD - PAIN - Forehead - Eyes - Behind – left  | NS |
| HEAD - PAIN - Forehead - Eyes - Behind – left – <b>slumbering pain</b>                                 | NS |

|   |    |
|---|----|
| HEAD - PAIN - Forehead - lying down - agg.  | NS |
| HEAD - PAIN - Forehead - lying down - agg.  | NS |
| HEAD - PAIN – Forehead – <b>slumbering pain</b>   | NS |
| HEAD - PAIN - Forehead – <b>slumbering pain – sleep; preventing – sleepiness with</b>   | NS |
| HEAD – PAIN – <b>slumbering</b>   | NS |
| HEAD - PERSPIRATION of scalp – Forehead – <b>absent – fever; during</b>   | NS |
| HEAD – TENSION  | NS |
|   |    |
| FACE - DISCOLORATION - pale - heat; during  | NS |
| FACE - ERUPTIONS - Nose - Wings, on – left  | NS |
| FACE - ERUPTIONS - Nose - Wings, on – left – <b>stitching pain; with</b>  | NS |
|   |    |
| EYE - OPENING the lids - difficult - keep the eyes open; hard to  | NS |
| EYE - OPENING the lids - difficult - keep the eyes open; hard to – <b>fever – intense; during</b>                             | NS |
| EYE - PAIN - left - tearing pain – <b>influenza; after</b>  | NS |
| EYE - PAIN - darkness - amel. - pressing pain   | NS |
| EYE - PAIN - darkness - amel. - pressing pain – <b>fever – intense; during</b>  | NS |
| EYE - PAIN - fever - during - agg.  | NS |
| EYE - PAIN - fever - during - agg. - pressing pain  | NS |
| EYE - PAIN – <b>fever – intense – agg. – pressing pain</b>  | NS |
| EYE - PAIN – <b>fever – intense – agg. - pressure – agg</b>   | NS |
| EYE - PAIN - light; from - agg.   | NS |
| EYE - PAIN - light; from - agg. - pressing pain   | NS |
| EYE - PAIN - light; from - agg. - pressing pain – <b>fever – intense – agg.</b>   | NS |
| EYE - PAIN - pressing pain  | NS |
| EYE - PAIN - pressure - agg.  | NS |
|   |    |
| EXTERNAL THROAT - PAIN – Sides – <b>Halfway mandibula – claviula – before sternocleidomastoideus – left</b>                   | NS |
| EXTERNAL THROAT - PAIN – Sides – <b>Halfway mandibula – clavicula – before sternocleidomastoideus – left – pressing pain</b>  | NS |
| EXTERNAL THROAT - PAIN – Sides – <b>Halfway mandibula – claviula – before sternocleidomastoideus – left – slumbering pain</b> | NS |
|   |    |
| STOMACH - AIR - filled with air; as if  | NS |
| STOMACH – ERUCTATIONS   | NS |
| STOMACH - ERUCTATIONS – loud – <b>drinking soup; after</b>  | NS |
| STOMACH – ERUCTATIONS – <b>stinking</b>   | NS |
| STOMACH – ERUCTATIONS – <b>stinking – fever; during</b>   | NS |
| STOMACH - ERUCTATIONS - vomiting – without  | NS |
| STOMACH - ERUCTATIONS - vomiting – without – <b>normally vomiting with</b>  | NS |
| STOMACH - ERUCTATIONS; TYPE OF – explosive  | NS |
| STOMACH - ERUCTATIONS; TYPE OF – loud – vomiting – without  | NS |
| STOMACH - NAUSEA - accompanied by – <b>fever – intense</b>  | NS |
| STOMACH - NAUSEA - fever - during - agg.  | NS |
| STOMACH - NAUSEA - vomit; sensation as if about to  | NS |
| STOMACH - THIRSTLESS - fever; during  | NS |
| STOMACH - VOMITING - nausea – with – <b>drinking Cola; despite of</b>   | NS |
|   |    |
| STOOL – <b>stinking</b>   | NS |
| STOOL – <b>stinking – fever; during</b>   | NS |
|   |    |
| BLADDER - URINATION - urging to urinate - evening - 21 h  |    |
| BLADDER - URINATION - urging to urinate - evening - 21 h – <b>pressure high; with</b>   | NS |
| BLADDER - URINATION - urging to urinate - evening - 21 h – <b>pressure high; with – small quantity for</b>                    | NS |
| BLADDER - URINATION - urging to urinate - night - midnight – after – <b>3.50 h</b>  | NS |
| BLADDER - URINATION - urging to urinate - night - midnight – after – 01h15 – <b>pressure high; with</b>                       | NS |

|  |    |
|--|----|
| BLADDER - URINATION - urging to urinate - night - midnight – after – 01h15 – <b>pressure high; with – small quantity for</b> | NS |
| SLEEP - FALLING ASLEEP - difficult - sleepiness; with  | NS |
| SLEEP – INTERRUPTED – <b>fever; during</b>   | NS |
| SLEEP - WAKING - night - midnight - after - 3 h - 3-5 h  | NS |
| DREAMS - AGGRESSIVE  |    |
| DREAMS - BUSINESS  |    |
| DREAMS – BUSINESS – <b>finish; cannot</b>  |    |
| DREAMS – BUSINESS – <b>start; cannot</b>   |    |
| DREAMS - BUSINESS - succeed; does not – <b>threatens to</b>  |    |
| DREAMS – <b>CARS – hit; by a gang</b>  |    |
| DREAMS – FLEEING   |    |
| DREAMS – FLEEING – <b>an aggressive gang; for</b>  |    |
| DREAMS – <b>HIDEAWAY – found; by the gang pursuing me.</b>   |    |
| DREAMS – HIDING  |    |
| DREAMS - HIDING – <b>gang; for a</b>   |    |
| DREAMS – NIGHTMARES  |    |
| DREAMS – <b>PREY – gang; of a – pursuing me.</b>   |    |
| DREAMS - PURSUED, being  |    |
| DREAMS - PURSUED, being - <b>gang, by</b>  |    |
| DREAMS - WITNESS; <b>he was a – of the violence of a gang – hitting cars.</b>  |    |
| CHILL - BED - in bed - amel.   | NS |
| FEVER - INTENSE heat   | NS |
| FEVER - PERSPIRATION – absent  | NS |
| FEVER - PERSPIRATION – absent – <b>alternating with colliquative perspiration</b>  | NS |
| PERSPIRATION – COLLIQUATIVE  | NS |
| PERSPIRATION – COLLIQUATIVE – <b>fever – intense; during</b>   | NS |
| PERSPIRATION – COLLIQUATIVE – <b>fever – intense; during - alternating with no perspiration</b>                              | NS |
| GENERALS - HEAT - sensation of - waking; on  | NS |
| GENERALS - PAIN - appear suddenly  | NS |
| GENERALS - WEAKNESS - fever - during - agg.  | NS |
| GENERALS - WEAKNESS - fever - during - agg. – <b>rise from bed; not able to</b>  | NS |
| GENERALS - WEAKNESS - fever - during - agg. – <b>sudden</b>  | NS |
| GENERALS - WEAKNESS - fever - during - agg. – <b>sudden; in one night</b>  | NS |

## PROVER n° 5: male °1956

### INTAKE:

#### Medical history:

- Measles as a child
- 1962: Acute appendicitis. R/ Appendectomy. This appendix did break during the operation.  
Sometimes a flew and a bronchitis.
- 1964: operation for phimosis followed by some long complications.
- 1965: many warts on her hands. Mother warts on the palm of the right hand and on the left thumb. The hands were full of warts. Cutting them, burning them, no treatment had success. Finally treated with Cobalt – radiation. During the same period his father was also suffering from warts. He was pestered a lot because of his warts.
- 1988: complaints of dyspnoea. A kind of oppression on the chest.

### BIOPATHOGRAFIE:

M°1933: bypass – operation ( 5 ) when she was 53 years old.

MM: fatal myocardial infarction when she was 70 years old.

P: °1931; warts +++

PP: alcoholic.

### Medical history:

- Eruptions on both my legs. It is a red rash. Have to scratch frequently. Scratching causes sometimes bleeding. Itching mostly in wintertime. I am scratching continuously and this irritates me. Than again its bleeding and you try not to scratch. It is itching during several days and than it stops suddenly. It's is not itching before going to sleep. It's more itching when sitting down calmly. It's irritating wearing long trousers. Better in summertime.

- Rustling in the head. I'm hearing this rustling in the both ears.

This rustling is not constant but comes and goes.

The sound is a little bit higher as a ventilator.

This rustling is not disturbing me. It continues sometimes one hour. No vertigo.

It aggravates by eating gember. His mother also is suffering from rustling.

- Urination more frequent in daytime as well at night. Rather small quantities.

Has to wake up twice at night, at one o'clock and and at 6h30.

Since one year.

- His vision has diminished recently. .

The frequent urination and the diminished vision is disturbing the most.

### Mind:

At moments of stress I have to scratch and I may feel a kind of heaviness on my chest. Going from inside outward. A constant tension. Thinking at it makes it worse. The rustling in the ears starts also at when under stress. It looks as if my chest is too small and my heart too big. The opposite is having the possibility to breath more freely. Than the energy returns. You have more space. The sea. The air. The high mountains. Motion and being in the possibility to continue and to see the future and feeling no limitations. That's why I like to travel. I want to travel and see new horizons. Searching for new things. Not standing still, going forward. I don't like stagnation. That's why I also want to participate with the proving. At the other hand it's also important to stand still sometimes with something. This is also important. Stagnation for me is a still water. Like a swamp, full with mosquitoes. Something that stagnates. It has to start moving, velocity, motion, evolution.

Thinks quite often about death. But in a positive way. I'm seeing death as a kind of continuity. I only don't know what it will be. You will see that the moment you arrived at the other side of the mountain.

### SYSTEMATIC ANAMNESIS:

Desire chips and mayonnaise. I like also pasta. I adore steak. I could eat steak every day without problem. Cooked bloody.

No thirst.

Snoring enormously. My wife is worried that I should suffocate because of my snoring.  
in zou blijven  
Perspires a lot in the summertime.

### HOBBY:

- Photography
- PC
- Film
- Travelling

Discoveries and creativity. To discover new things. Travelling.  
On the P.C. you discover new techniques you can apply afterwards.

### Proving:

| <u>Day 1:</u> | <u>Day 2:</u> |
|---------------|---------------|
| Take 07h20    | 06h50         |
| 14h00         | 14h30         |
| 22h00         | 22h30         |

07h50: coughing fit in my car riding to my work. A kind of irritation. Last 10 minutes with short intervening periods. So this cough was only in my car. It looked like the beginning of a bronchitis. A **burning feeling** on the chest just under the throat-pit.

COUGH - IRRITATION; from - Throat; in

NS

EXTERNAL THROAT - PAIN - Throat-pit – **under – burning**

NS.

### Day 2:

04h15:

DREAM: encounter with the **pope**. The pope was a mixture of the last one and the actual one. He was in a small church with little people. The pope was astonished about the fact that there were so little people. My wife is also there and sits at the other side of the income. The pope starts a lecture and he goes from one place to another giving several lectures. I hold an old paper and I am in the possibility to follow the lecture. But still it's difficult for me to follow the lecture because it's in Latin. My mother who is sitting there also, enjoys a lot this lecture and the presence of the pope. I have some luggage and some bags lying on the floor. There is also a bread bag. These bags are all lying on the ground and I'm worrying that it could hinder the people but I **don't have the power** to take them away. The pope walked all around the church and he comes to me. He is a small person with a round red face full with veins. He speaks alternately in Dutch and French. My wife joins us and I give the pope a kiss and I see that the face of the pope is full of veins. The kissing goes on clumsily and at that moment I realise that I better had kissed the hand of the pope. The pope is very friendly and he is a little bit clumsily in his alternation between the Dutch and French language. The pope kissed my wife three times. My wife is astonished that she could encounter him in this way. I do remember that in a short conversation the pope advised a certain place to **visit in Italy**. Then I went with my wife to the train. There is only one wagon and they are doubting or they will take this one because there are already some people on this wagon and they will be obliged to stand erect. If we want to take this train we will have to be very quick. I hear the next train coming and then I jump on the train standing at the platform. I take the top side of the frame of the door with the intention that my wife could enter also. At that moment I'm hanging more or less upside down because in my other hand I hold my luggage which I did throw in the train but this was quite difficult.

Finally we get on the train. At the train a neutral women asks him or **the medicine is working already in a better way**. According the opinion of this neutral women the **medicine to prove** was made from small children which gives an unique salt which is very good for the constitution. I say that I don't know a lot about this matter.

Thinks that the place this dream took place was in a neighbourhood where he lived as a child and that was Berchem.

Normally he is dreaming almost never or when so he doesn't remember his dreams.

DREAMS – FACE – round – red; veins with. NS

DREAMS – **pope – meeting the; astonished** NS

DREAMS – **pope – encounter; with** NS

DREAMS – **pope – kissing; the** NS

DREAMS – **pope – lecture; giving** NS

DREAMS - LANGUAGE - **talking - alternately in Dutch and French; in a clumsily way** NS.

DREAMS - TRAIN - catch; trying to NS

DREAMS - HANGING - down; upside NS

DREAMS – JUMPING – train; at the NS

DREAMS – **proving; remedy of – made from small children – which makes a unique salt – good for the constitution** NS

04h45: he goes to sleep again and falls asleep directly.

07h20: itching on a small spot at the medial corner of the left scapula.

Itching starting with the fingers at the first phalanx at the dorsal side of the fingers.

Lasted 10 to 15 minutes.

BACK - ITCHING - Dorsal region - Scapulae - **Angles of - Inner - left - Upper inner angle** NS

SKIN - ITCHING – spots AS

EXTREMITIES - ITCHING - Fingers - Back of fingers - **First - Phalanx; proximal** NS

15h00: stronger perception of odours. **More sensitive to odours**. It was **a bad odour**. Other odours were noticed also more than normally like as the odours in the kitchen.

Lasted 10 minutes.

MIND - SENSES – acute NS

MIND - SENSITIVE - odors, to NS

NOSE - SMELL – acute NS

NOSE - ODORS; imaginary and real – bad NS

NOSE - SMELL - acute - unpleasant odors NS

NOSE - SMELL - acute - cooking food NS

21h00: **itching/tingling in the hands and afterwards in the legs and in the feet**. Mucus in the throat.

EXTREMITIES - ITCHING – Hands NS

EXTREMITIES - ITCHING – Hands – **followed by tingling of feet; afterwards**. NS

EXTREMITIES - TINGLING – Hands NS

EXTREMITIES - ITCHING – Feet NS

EXTREMITIES - TINGLING – Feet NS

THROAT – MUCUS NS

Day 4:

**Morning on waking red eyes without pus. No irritation despite of the redness.**

EYE - DISCOLORATION - red – **waking; on** NS

21h00: **rumbling in the abdomen** and slightly nausea. Than he went to sleep. Didn't eat during 30 hours.

ABDOMEN – RUMBLING NS  
ABDOMEN - RUMBLING - **accompanied by – nausea** NS  
STOMACH - NAUSEA - accompanied by – Abdomen – **rumbling in** NS

Day 5:

01h00: **vomiting and diarrhoea** at the same time with an interval of one to one and a half hour. **Very severe nausea** and started to **vomit** because he was very nauseated.

**Cogitating all night long about his work** because he had a project that started to go on from that day and he had to teach that day 7 hours at students of the first year.

I stayed cogitating about this all night long.

STOMACH - VOMITING - diarrhea – during NS  
STOMACH - VOMITING – periodical – **hour – one and a half hour; every** NS  
STOMACH - NAUSEA – intense NS  
STOMACH – NAUSEA – **severe** NS

Afternoon: 37,6°C. No appetite.

During two days very painful abdominal muscles around the diaphragm because of the forcible vomiting.

**Very low energy and rising the stairs was already to difficult.**

Stayed two days in his bed because he was to weak.

STOMACH - VOMITING – forcible NS  
ABDOMEN - PAIN - Muscles – **vomiting - forcible; from** NS  
ABDOMEN - PAIN – Diaphragm – Muscles – **around – vomiting – forcible; from** NS  
GENERALS – WEAKNESS NS  
GENERALS - WEAKNESS - bed – **staying in bed - must; daytime during** NS  
GENERALS - WEAKNESS - lying - must lie down NS  
GENERALS – WEARINESS NS  
GENERALS - WEARINESS - morning - rising agg. NS

Day 6:

Better.

Day 7:

A lot of **pressing frontal headache** over the whole breadth. Couldn't do anything and stayed all day long in the dark. Could not support any light. In the afternoon he slept.

HEAD - PAIN - Forehead - pressing pain NS  
HEAD - PAIN - Forehead - pressing pain – **over the whole breadth** NS  
HEAD - PAIN - light; from - agg. - pressing pain NS  
HEAD - PAIN - Forehead - light; from - agg. - pressing pain NS  
HEAD - PAIN - Forehead - light; from - agg. - pressing pain – **have to stay in the dark** NS

**Mentally I felt very bad being so terribly ill.** With the vomiting, the terrible nausea and with the headache.

MIND - DESPAIR - nausea, with NS  
MIND - DESPAIR – **headache, with** NS  
MIND - DESPAIR - vomiting, during NS

## **REPERTORISATION:**

|   |     |
|---|-----|
| MIND - DESPAIR - nausea, with   | NS  |
| MIND - DESPAIR – <b>headache, with</b>  | NS  |
| MIND - DESPAIR - vomiting, during   | NS  |
| MIND - SENSES – acute   | NS  |
| MIND - SENSITIVE - odors, to  | NS  |
|   |     |
| HEAD - PAIN - Forehead - pressing pain  | NS  |
| HEAD - PAIN - Forehead - pressing pain – <b>over the whole breadth</b>  | NS  |
| HEAD - PAIN - light; from - agg. - pressing pain  | NS  |
| HEAD - PAIN - Forehead - light; from - agg. - pressing pain   | NS  |
| HEAD - PAIN - Forehead - light; from - agg. - pressing pain – <b>have to stay in the dark</b>                         | NS  |
|   |     |
| NOSE - ODORS; imaginary and real – bad  | NS  |
| NOSE - SMELL – acute  | NS  |
| NOSE - SMELL - acute - unpleasant odors   | NS  |
| NOSE - SMELL - acute - cooking food   | NS  |
|   |     |
| EYE - DISCOLORATION - red – <b>waking; on</b>   | NS  |
|   |     |
| THROAT – MUCUS  | NS  |
|   |     |
| EXTERNAL THROAT - PAIN - Throat-pit – <b>under – burning</b>  | NS. |
|   |     |
| STOMACH - NAUSEA - accompanied by – Abdomen – <b>rumbling in</b>  | NS  |
| STOMACH - NAUSEA – intense  | NS  |
| STOMACH – NAUSEA – <b>severe</b>  | NS  |
| STOMACH - VOMITING - diarrhoea – during   | NS  |
| STOMACH - VOMITING – forcible   | NS  |
| STOMACH - VOMITING – periodical – <b>hour – one and a half hour; every</b>  | NS  |
|   |     |
| ABDOMEN - PAIN – Diaphragm – Muscles – <b>around – vomiting – forcible; from</b>                                      | NS  |
| ABDOMEN - PAIN - Muscles – <b>vomiting - forcible; from</b>   | NS  |
| ABDOMEN – RUMBLING  | NS  |
| ABDOMEN - RUMBLING - <b>accompanied by – nausea</b>   | NS  |
|   |     |
| COUGH - IRRITATION; from - Throat; in   | NS  |
|   |     |
| BACK - ITCHING - Dorsal region - Scapulae - <b>Angles of - Inner - left - Upper inner angle</b>                       | NS  |
|   |     |
| EXTREMITIES - ITCHING - Fingers - Back of fingers - <b>First - Phalanx; proximal</b>                                  | NS  |
| EXTREMITIES - ITCHING – Hands   | NS  |
| EXTREMITIES - ITCHING – Hands – <b>followed by tingling of feet; afterwards.</b>                                      | NS  |
| EXTREMITIES - TINGLING – Hands  | NS  |
| EXTREMITIES - ITCHING – Feet  | NS  |
| EXTREMITIES - TINGLING – Feet   | NS  |
|   |     |
| DREAMS – FACE – round – red; veins with.  | NS  |
| DREAMS – <b>pope – meeting the; astonished</b>  | NS  |
| DREAMS – <b>pope – encounter; with</b>  | NS  |
| DREAMS – <b>pope – kissing; the</b>   | NS  |
| DREAMS – <b>pope – lecture; giving</b>  | NS  |
| DREAMS - LANGUAGE - <b>talking - alternately in Dutch and French; in a clumsily way</b>                               | NS. |
| DREAMS - CATCH - trying to - <b>train; the</b>  | NS  |
| DREAMS - TRAIN - catch; trying to – <b>the train</b>  | NS  |
| DREAMS - HANGING - down; upside   | NS  |
| DREAMS – JUMPING – train; at the  | NS  |
| DREAMS – <b>proving; remedy of – made from small children – which makes a unique salt – good for the constitution</b> | NS  |

**Prover 6: Women, °1959.****Intake proving:****Complaints:**

- Eruptions on the larynx
- Lump sensation in throat.
- History of tonsillitis.

Good reaction on Amonium muriaticum since October 1998.

No specific further peculiarities.

It's a very stable person. No nonsense.

**MEDICAL HISTORY:**

Obesity. Was on a diet already several times without success.

Got medication during her youth because she was too tiny as a child.

1966: itching eruption on the lower limbs. Afterwards it spread over the abdomen, back and arms. Aspect: vesicles filled with liquid or red spots.

Puberty: history of tonsillitis

1990 – 1991: depression during three month's.

April 2001: eruption on the left hand at the ventral side of the ball of the thumb.

February 2004: extraction of wisdom teeth.

**FAMILY HISTORY:**

P, °1928. Died in 1996 at the age of 69 years from lungcancer.

M, °1930. Good health.

**Proving:**

| <u>Day 1:</u> | <u>Day 2:</u> |
|---------------|---------------|
| 09h26         | 09h05         |
| 13h20         | 12h34         |
| 18h25         | 18h30         |

10h30: **slight headache right temples** extending to right mastoid.

Indicates the place of the pain with two fingers.

HEAD - PAIN - Temples - right - extending to – **right mastoid** NS

HEAD - PAIN - Temples - right - extending to – **right mastoid – slight pain** NS

16h50: still same headache. This headache lasted without interruption. It was a continuous pain, not increasing or decreasing. Was able to continue her activities and this headache didn't disturb her. No mental symptoms.

16h50: **eructations**. Normally she never has eructations. These eructations went on until the evening. No belching. Some heartburn. No food ascending in the oesophagus. She had to swallow it away. In spite of these eructations she could eat without problem. It was not aggravated by eating.

STOMACH – ERUCTATIONS NS

STOMACH - ERUCTATIONS - afternoon – **16.50 h - until night** NS

STOMACH – HEARTBURN NS

STOMACH - ERUCTATIONS - swallowing – **away; must** NS

In the evening all night long **rumbling in the abdomen**. I feel warm and perspire on my forehead. It look likes a heat flush.

**You could hear the rumbling**. Normally she had no problem with rumbling. No flatulence and no distension. Only rumbling. Stool was unchanged.

ABDOMEN – RUMBLING NS

ABDOMEN - RUMBLING – evening NS

ABDOMEN - RUMBLING – **audible** NS

HEAD - PERSPIRATION of scalp - Forehead - accompanied by – **abdomen – rumbling** NS

GENERALS - HEAT - flushes of - accompanied by – **abdomen – rumbling** NS

On going to sleep my eyes were itching like when you are very tired but she may have this more.

Day 2:

Rumbling still audible.

Headache of yesterday is gone.

13h45: **abdomen feels as if getting diarrhoea** and I feel warm. Was thinking about getting diarrhoea because of the excessive rumbling. **The feeling as if everything would come out once but it didn't happen. Very strange.**

ABDOMEN - DIARRHEA - sensation as if diarrhea would come on NS

ABDOMEN - DIARRHEA - sensation as if diarrhea would come on – **accompanied by – heat** NS

ABDOMEN - DIARRHEA - sensation as if diarrhea would come on – **excessive rumbling; because of.** NS

RECTUM - DIARRHEA - sensation as before diarrhea NS

RECTUM - DIARRHEA - sensation as before diarrhea – **accompanied by – heat** NS

RECTUM - DIARRHEA - sensation as before diarrhea – **excessive rumbling; because of.** NS

22h15: still rumbling in the abdomen and a slight headache on the right temples also extending to the mastoid. This pain didn't prevent her to sleep.

General:

**Itching all day long at the dorsal side of the forearm, upper two – third part.** This itching **comes and goes**. The itching is at the both arms. She had to rub over it. No eruptions to see.

Can not remember that she had an itching before at this particular place.

EXTREMITIES - ITCHING - Forearms - Posterior part – **upper two – third** NS

EXTREMITIES - ITCHING - Forearms - Posterior part – **upper two – third – comes and goes.** NS

EXTREMITIES - ITCHING - Forearms - Posterior part – **upper two – third – rub; obliged to** NS

Day 3:

07h23: abdomen still **rumbling when rising**. In general she feels good.

12h15: no more rumbling in the abdomen.

18h16: slight gnawing headache at the right temples.

HEAD - PAIN - Temples - right - gnawing pain NS

HEAD - PAIN - Temples - right – evening – **18h15 – gnawing pain** NS

22h45: goes to sleep with **headache on the forehead** extending bilateral over the temples to the mastoid. This headache was more intense than the headache she had before and **from misery she went to sleep**. No nausea. No mental symptoms.

HEAD - PAIN - Forehead - extending to – **Temples – bilateral; over the – to the mastoid**  
NS.

HEAD - PAIN - Forehead - extending to – **Temples – bilateral; over the – to the mastoid – gnawing pain** NS

HEAD - PAIN - Forehead - extending to – **Temples – bilateral; over the – to the mastoid – evening – 22h45 – gnawing pain** NS

HEAD - PAIN - Forehead - extending to – **Temples – bilateral; over the – to the mastoid – gnawing pain** NS

HEAD - PAIN - Forehead - extending to – **Temples – bilateral; over the – to the mastoid – evening – 22h45 - gnawing pain** NS

MIND – MISERY – **headache from; goes to sleep.** NS

#### Day 4:

11h55: headache on the forehead extending bilateral over the temples to the mastoid as yesterday. The headache was not so severe as the day before.

HEAD - PAIN - Forehead - extending to – **Temples – bilateral; over the – to the mastoid – gnawing pain** NS

23h35: all day long headache with a rising intensity.

HEAD - PAIN - Forehead - extending to – **Temples – bilateral; over the – to the mastoid – gnawing pain – noon – increasing until goes to sleep at 23h35** NS

#### Day 6:

11h35: **gnawing headache at the left temple.**

HEAD - PAIN - Temples - left - **gnawing pain** NS

HEAD - PAIN - Temples - left - **morning - 11.35h - gnawing pain** NS

13h20: headache has gone.

#### Day 7:

07h30: **audible rumbling** in the abdomen but **no diarrhoea**. Only the rumbling and that's all. No flatulence.

ABDOMEN – RUMBLING NS

ABDOMEN – RUMBLING – loud. NS

ABDOMEN - RUMBLING - flatus; passing – **without** NS

23h39: all day long rumbling in the abdomen with normal stool.

All day long eructations. No nausea. No heartburn.

STOMACH - ERUCTATIONS – daytime NS

#### Day 8:

Rising **with rumbling in the abdomen still audible. Very pronounced.** No distension and no flatulence.

ABDOMEN - RUMBLING - morning - rising agg.; after NS

ABDOMEN - RUMBLING – **distension; without** NS

ABDOMEN - RUMBLING - flatus; passing – **without** NS  
ABDOMEN - RUMBLING – loud – **morning – rising agg.; after** NS

11h10: rumbling disappeared.

ABDOMEN - RUMBLING - morning - rising agg.; after – **disappearing at 11h10** NS

15h15: slight, gnawing headache at the temporal sides of the head and at the upper part of the front; extending behind the ears.

HEAD - PAIN - Temples - afternoon - **15.15 h - gnawing pain** NS

HEAD - PAIN - Temples - afternoon - **15.15 h - gnawing pain** NS

HEAD - PAIN - Temples - afternoon - **15.15 h - gnawing pain; extending to - the mastoid**  
NS

HEAD - PAIN - Forehead - afternoon - **15.15 h - gnawing pain; extending to – Temples – bilateral; over the – to the mastoid.** NS

17h14: headache aggravates at the same location and extending behind the ears. The pain was worsening but not stitching or pulsating.

19h35: **eructations** and **audible belches**. Worse than the day before. No relation with food.

**Terrible rumbling in the abdomen.**

STOMACH – ERUCTATIONS NS

STOMACH - ERUCTATIONS - leukorrhea agg. NS

ABDOMEN – RUMBLING NS

ABDOMEN - RUMBLING – loud NS

ABDOMEN – RUMBLING – **terrible** NS

ABDOMEN - RUMBLING – loud – **terrible** NS

Headache is getting worse. Having headache is very unusual for her.

23h53: on going to sleep she has still the rumbling and headache and still these eructations.

HEAD - PAIN - Temples - afternoon – **15.15 h - gnawing pain; worsening towards the late evening.** NS

HEAD - PAIN – Temples - accompanied by - **rumbling and eructations** NS

Day 9:

Dream: **nasty dream. Annoying one.**

We are at an apartment at the seaside, at least that's what I think because I didn't see the sea myself but because of objects present in the apartment I could suspect that the apartment was situated at the seaside. Everything is **concrete** and **dark around me**: the corridors, the rooms and even the swimming pool. I'm busy in the bathroom and catch a towel from the floor but touch with my hand **something moistened** but I don't know what it is. At that moment the door opens and a **strange** man enters. He looks astonished because I'm there but I say that he was **mistaken** from door. Everything is looking alike in this building.

Afterwards it turns out that **I myself made the mistake**. I feel **very embarrassed** about my mistake and I leave the apartment as quick as possible.

Than I'm in the swimming pool made of concrete and many people are in the water but nobody is swimming. I behave a little bit funny and demonstrate how you have to swim but nobody reacts. It looks as if **everybody is made of concrete**.

? Feeling

I'm very **embarrassed** because I said to this man that he was mistaken from door but now it's me who made the mistake. This dream was very **annoying** for me; when I had been on holidays in this apartment I should not have been returned. **I felt threatened constantly** and **felt a deep loneliness** and overall there was no air and **everywhere concrete**.

|  |    |
|--|----|
| DREAMS – ANNOYING  | NS |
| DREAMS - CONCRETE; things made of                                    | NS |
| DREAMS - CONCRETE; <b>everybody was made of</b>                      | NS |
| MIND - DELUSIONS - <b>concrete; as if everybody is made of</b>       | NS |
| MIND - DELUSIONS - <b>concrete; everywhere is</b>                    | NS |
| DREAMS - CONCRETE; <b>everything was made of</b>                     | NS |
| MIND - AILMENTS FROM – embarrassment                                 | AS |
| MIND - TIMIDITY – <b>mistakes making; from</b>                       | AS |
| MIND - DELUSIONS - <b>threatened; being</b>                          | AS |
| MIND - DELUSIONS - alone, being                                      | AS |
| MIND - DELUSIONS - alone, being – <b>deep feeling of being alone</b> | AS |
| MIND - DELUSIONS – air – <b>absent</b>                               | NS |

#### Dream:

About the son of the prover who is entering the house and weeps and is completely upset. I feel that something has happened. He says always “the cat”, “the cat”. I don't know what he is meaning but get no more information out of him. Now I'm upset and go on searching and at a certain moment I find our cat completely without hair and with convulsions. I fall on my knees and cry “no”. I feel sad and **my stomach is turning completely** and then I wake up.

? Feeling

This was a terrible dream and it was really our own cat who was dying there. In real life the prover is not really attached to this cat but in the dream it looked **as if a person close to her, was dying there**. Nevertheless this cat was not looking as a human being. The cat had no fur anymore. It was not clear for me who this person was.

**A lot of grief**. I was completely **upset, disconcerted** and **torn to pieces**.

The next morning I felt really bad from these two dreams and that's why I did remember these two particular dreams so well. For sure until 10h00 these two dreams stayed in my mind.

|  |    |
|--|----|
| DREAMS – CATS  | NS |
| DREAMS - CATS – <b>dying; his cat is</b>                         | NS |
| DREAMS - CATS – <b>dying; looking as a human being – his cat</b> | NS |
| DREAMS - CATS – <b>fur; without</b>                              | NS |
| STOMACH - TURNING; as if   | NS |
| DREAMS – HORRIBLE  | NS |
| MIND – GRIEF   | AS |
| MIND – DISCONCERTED  | NS |
| MIND - DELUSIONS - pieces; <b>torn to</b>                        | NS |
| DREAMS - AFFECTING the mind                                      | NS |

13h45: **gnawing headache at the front** until 22h30, the time she went for sleep. This pain was radiating again over the ear to the mastoid at both sides.

|   |     |
|---|-----|
| HEAD - PAIN - Forehead – afternoon – <b>13.45 h - gnawing pain</b>  | NS  |
| HEAD - PAIN - Forehead – afternoon – <b>13.45 h - gnawing pain; extending to – Temples – bilateral; over the ear – to the mastoid</b> | NS. |
| HEAD - PAIN - Forehead – afternoon – <b>13.45 h - gnawing pain; worsening towards the late evening</b>                                | NS  |

Day 14:

02h10: woke up with a pulsating headache at the both temples. It looked like my heart was beating five times quicker than normal. My heart was also beating much harder. I was nauseous and my stomach was disordered **as if I had to vomit but finally I hadn't to vomit.** Eructations coming from the stomach, as if from sour food. My abdomen was rumbling and I had diarrhoea, almost water. There was no really acute urging. Just sudden liquid stool gushing out with flatulence. **Heartburn** coming up in her throat what is very abnormal for her. No special food was consumed the day before. Very nauseous feeling without vomiting. After ten minutes I went to sleep again until the morning without interruptions.

HEAD - PAIN - night - waking him or her from sleep NS  
HEAD - PAIN - night - waking him or her from sleep - **pulsating pain** NS  
HEAD - PAIN - Temples - night - midnight - after - **2.10 h - waking him or her from sleep - pulsating pain** NS  
CHEST - PALPITATION of heart - accompanied by - Head - pain in: met Oscillococcinum!!!  
NS  
HEAD - PAIN - Temples - night - midnight - after - **2.10 h - waking him or her from sleep - pulsating pain; accompanied by palpitations** NS  
HEAD - PAIN - accompanied by - nausea NS  
HEAD - PAIN - Temples - night - midnight - after - **2.10 h - waking him or her from sleep - pulsating pain; accompanied by nausea** NS  
STOMACH - DISORDERED NS  
STOMACH - NAUSEA - disordered stomach; from NS  
STOMACH - NAUSEA - night - midnight - after NS  
STOMACH - NAUSEA - night - midnight - after - **2.10 h** NS  
STOMACH - NAUSEA - vomit; sensation as if about to NS  
STOMACH - ERUCTATIONS; TYPE OF - sour NS  
ABDOMEN - RUMBLING - night - midnight - after NS  
ABDOMEN - RUMBLING - night - midnight - after - **2.10 h** NS  
ABDOMEN - RUMBLING - accompanied by - **diarrhoea** NS  
RECTUM - DIARRHEA - sudden NS  
STOOL - FORCIBLE, sudden, gushing NS  
STOOL - SHOOTING out NS  
RECTUM - DIARRHEA - **urging - without** NS  
STOMACH - HEARTBURN - Throat; ascends NS

06h30: feeling miserable when waking up. Still nauseous but now without the urgency to vomit. I **feel tired** and **should like to go back in my bed** but this is impossible because I have to go to my work. My abdomen feels as if I had to go to the toilet every moment but this doesn't happen for the time being. So **an urging without the need to go the toilet.** I feel **feverish without having fever.**

STOMACH - NAUSEA - sleep - after - agg. NS  
STOMACH - NAUSEA - sleep - after - agg. - **6.30 h** NS  
STOMACH - NAUSEA - vomiting - **without** NS  
STOMACH - NAUSEA - vomit; sensation as if about to - **without** NS  
SLEEP - UNREFRESHING - morning NS  
GENERALS - WEAKNESS - morning - waking; on NS  
GENERALS - WEARINESS - morning - waking; on NS  
RECTUM - URGING - stool - not for stool; but NS  
GENERALS - HEAT - sensation of - fever - without NS

09h35: **still nauseous** and now I have the feeling as if I should have to vomit. It made me think at the time I was pregnant. Also than I had the feeling of “let me vomit once and than it’s all over”.

STOMACH - NAUSEA - vomit; sensation as if about to NS  
STOMACH - NAUSEA - pregnancy - as if pregnant NS

Gnawing headache at the temples and also on the forehead. Especially at the temples.

**Fatigue, not possible to concentrate myself at my work.** Not able to continue for a while the thing she was doing, to fix the attention and focus on it. She grasps something to lay it aside again. In fact I did nothing during all the forenoon and should have stayed better at home. Starting something without finishing and starting another thing. Not really of wanting to do several things at the same time.

GENERALS - WEARINESS - accompanied by – **concentration – difficult** NS.  
MIND - CONCENTRATION – difficult NS  
MIND - CONCENTRATION - difficult - attempting to concentrate; on NS  
MIND - CONCENTRATION - difficult - attention, cannot fix NS  
MIND - CONCENTRATION - difficult - focus; inability to NS  
MIND - CONCENTRATION - difficult - working, while NS  
MIND – CAPRICIOUSNESS NS  
MIND - UNDERTAKING - many things, persevering in nothing NS

11h15: **no amelioration of the fatigue**, with headache and **bad concentration**.

Big trouble. **Feels desperate.**

Chill all over the body.

Fever: 37,5°C.

MIND – DESPAIR NS  
GENERALS - WEARINESS - accompanied by – **headache** NS  
CHILL NS

17h20: feeling a little bit better. Still my stomach is disordered and is rumbling loudly.

Pulsating headache on the front.

**Neck hurts as if becoming stiff.**

Feverish feeling without fever.

HEAD - PAIN - Forehead - pulsating pain NS  
BACK - PAIN - Cervical region NS  
GENERALS - HEAT - sensation of - fever – without NS

22h10: fever 37,5°C on going to sleep. Fever coming up and going down.

FEVER REMITTENT. NS

Still nauseous, headache and rumbling in the abdomen.

Day 15:

No more nauseous feeling. The abdomen is still rumbling but no more stomach problems. No headache and no fever.

13h20: everything has gone. No more problem.

Day 16:

12h10: I have to follow my son in his studies otherwise he is doing nothing. That makes that almost no free time is left for myself. This morning I was very angry with him because he didn't want to study: "do I have to study this again?". I was really **terribly angry**. Never before I was so angry. I was shouting and when my husband told me to be silent, I became even more angry and was **hitting** with my hand at the table, hurting my hand, **shouting** that I should not be silent and that he was the latest one having the right to say to me that I had to be silent. All this is really very unusually for me.

Afterwards I had to go for a tennis match were I could work it off.

I'm really sick of it, **upset and disconcerted**. Even now after the tennis match and coming home again, I have these feelings of anger and I consider to live on my own so that I have at least one week of rest. At this moment we make each other unhappy. I consider a divorce.

**It was very unusual to utter my anger in this way.** She may become angry but not as it was now. **All day long this anger stayed on my mind.**

|  |    |
|--|----|
| MIND – ANGER   | OS |
| MIND - ANGER - beside oneself; being                                     | AS |
| MIND - ANGER – violent   | AS |
| MIND – RAGE  | NS |
| MIND - STRIKING - anger, from  | NS |
| MIND - STRIKING - rage; with   | NS |
| MIND - STRIKING - himself - <b>hands, knocking his hand on the table</b> | NS |
| MIND - SHRIEKING - anger, in   | NS |
| MIND - ANGER - contradiction; from                                       | AS |
| MIND - RAGE - contradiction, from  | NS |
| MIND – DISCONCERTED  | NS |
| MIND - ANGER - family; toward one's                                      | OS |
| MIND - ANGER - violent – <b>divorce; wanting</b>                         | AS |
| MIND - RAGE – <b>divorce; wanting</b>                                    | NS |

20h15: I still have the same feelings of **anger** and **I don't get rid of it**. **My stomach turns** and I feel **depressive** and **should like to weep**. I feel the anger in my stomach and it makes me feel bad. It's not the feeling of having to vomit. It is rather **a kind of squeezing, pressing together of the stomach**.

|   |    |
|---|----|
| MIND - ANGER – <b>prolonged; lasting all day long</b>                             | AS |
| MIND - ANGER – <b>prolonged; lasting all day long – not able to get rid of it</b> | AS |
| STOMACH – ANGER   | NS |
| MIND – SADNESS  | OS |
| MIND - SADNESS - weeping - desire to weep   | OS |
| STOMACH - TURNING; as if  | NS |
| STOMACH - TURNING; as if – <b>anger, after</b>                                    | NS |
| STOMACH - PAIN - squeezed; as if  | NS |
| STOMACH - PAIN - anger; after - <b>squeezed; as if</b>                            | NS |
| STOMACH - PAIN - pressing pain  | NS |
| STOMACH - PAIN - anger; after - <b>pressing pain</b>                              | NS |

Day 18:

The feeling of **anger, depressiveness** and **to leave everything** is still present. She follows Italian lessons since 6 years very consciously but now she wants even to leave these lessons. **"Just let it all go"**.

|  |    |
|--|----|
| MIND - AILMENTS FROM – anger   | NS |
| MIND - AILMENTS FROM - anger – <b>prolonged</b>                                | NS |
| MIND - ANGER – <b>prolonged; lasting for days.</b>                             | NS |
| MIND - ANGER – <b>prolonged; lasting for days – not able to get rid of it.</b> | NS |
| MIND – SADNESS   | NS |
| MIND – SADNESS – <b>leave everything; wanting to</b>                           | NS |

### Repertorisation:

|   |     |
|---|-----|
| MIND - AILMENTS FROM – embarrassment  | AS  |
| MIND - AILMENTS FROM – anger  | NS  |
| MIND - AILMENTS FROM - anger – <b>prolonged</b>   | NS  |
| MIND – ANGER  | OS  |
| MIND - ANGER - beside oneself; being  | AS  |
| MIND - ANGER - contradiction; from  | AS  |
| MIND - ANGER - family; toward one's   | OS  |
| MIND - ANGER – <b>prolonged; lasting all day long</b>   | AS. |
| MIND - ANGER – <b>prolonged; lasting all day long – not able to get rid of it</b>   | AS  |
| MIND - ANGER – <b>prolonged; lasting for days.</b>  | NS  |
| MIND - ANGER – <b>prolonged; lasting for days – not able to get rid of it</b>   | NS  |
| MIND - ANGER – violent  | NS  |
| MIND - ANGER - violent – <b>divorce; wanting</b>  | AS  |
| MIND – CAPRICIOUSNESS   | NS  |
| MIND - CONCENTRATION – difficult  | NS  |
| MIND - CONCENTRATION - difficult - attempting to concentrate; on  | NS  |
| MIND - CONCENTRATION - difficult - attention, cannot fix  | NS  |
| MIND - CONCENTRATION - difficult - focus; inability to  | NS  |
| MIND - CONCENTRATION - difficult - working, while   | NS  |
| MIND - DELUSIONS – air – <b>absent</b>  | NS  |
| MIND - DELUSIONS - alone, being   | AS  |
| MIND - DELUSIONS - alone, being – <b>deep feeling of being alone</b>  | AS  |
| MIND - DELUSIONS - attacked; being  | AS  |
| MIND - DELUSIONS - <b>concrete; as if everybody is made of</b>  | NS  |
| MIND - DELUSIONS - <b>concrete; everywhere is</b>   | NS  |
| MIND - DELUSIONS - pieces; <b>torn to</b>   | NS  |
| MIND – DESPAIR  | NS  |
| MIND – DISCONCERTED   | NS  |
| MIND – GRIEF  | AS  |
| MIND – MISERY – <b>headache from; on going to sleep</b>   | NS  |
| MIND – RAGE   | NS  |
| MIND - RAGE - contradiction, from   | NS  |
| MIND - RAGE – <b>divorce; wanting</b>   | NS  |
| MIND – SADNESS  | OS  |
| MIND – SADNESS – <b>leave everything; wanting to</b>  | NS  |
| MIND - SADNESS - weeping - desire to weep   | OS  |
| MIND - SHRIEKING - anger, in  | NS  |
| MIND - STRIKING - anger, from   | NS  |
| MIND - STRIKING - himself - <b>hands, knocking his hand on the table</b>  | NS  |
| MIND - STRIKING - rage; with  | NS  |
| MIND - TIMIDITY – <b>mistakes making; from</b>  | AS  |
| MIND - UNDERTAKING - many things, persevering in nothing  | NS  |
| HEAD - PAIN - night - waking him or her from sleep  | NS  |
| HEAD - PAIN - night - waking him or her from sleep - <b>pulsating pain</b>  | NS  |
| HEAD - PAIN - accompanied by – nausea   | NS  |
| HEAD - PAIN - Forehead – afternoon – <b>13.45 h - gnawing pain</b>  | NS  |
| HEAD - PAIN - Forehead – afternoon – <b>13.45 h - gnawing pain; extending to – Temples – bilateral; over the ear – to the mastoid</b> | NS  |
| HEAD - PAIN - Forehead – afternoon – <b>13.45 h - gnawing pain; worsening towards the late evening</b>                                | NS  |

|   |      |
|---|------|
| HEAD - PAIN - Forehead - pulsating pain   | NS   |
| HEAD - PAIN - Temples - afternoon – <b>15.15 h - gnawing pain; worsening towards the late evening</b>   | NS   |
| HEAD - PAIN – Temples - accompanied by - <b>rumbling and eructations</b>  | NS   |
| HEAD - PAIN - Temples - afternoon - <b>15.15 h - gnawing pain</b>   | NS   |
| HEAD - PAIN - Temples - afternoon - <b>15.15 h - gnawing pain; extending to - the mastoid</b>   | NS   |
| HEAD - PAIN - Temples - night - midnight - after – <b>2.10 h – waking him or her from sleep - pulsating pain</b>  | NS   |
| HEAD - PAIN - Temples - night - midnight - after – <b>2.10 h – waking him or her from sleep - pulsating pain; accompanied by nausea</b>                       | NS   |
| HEAD - PAIN - Temples - night - midnight - after – <b>2.10 h – waking him or her from sleep - pulsating pain; accompanied by palpitations</b>                 | NS   |
| HEAD - PAIN - Forehead - afternoon - <b>15.15 h - gnawing pain; extending to – Temples – bilateral; over the – to the mastoid</b>                             | NS   |
| HEAD - PAIN - Forehead - extending to – <b>Temples – bilateral; over the – to the mastoid.</b>  | NS   |
| HEAD - PAIN - Forehead - extending to – <b>Temples – bilateral; over the – to the mastoid – gnawing pain</b>  | NS   |
| HEAD - PAIN - Forehead - extending to – <b>Temples – bilateral; over the – to the mastoid – evening – 22h45 – gnawing pain</b>                                | NS   |
| HEAD - PAIN - Forehead - extending to – <b>Temples – bilateral; over the – to the mastoid – gnawing pain – noon – increasing until goes to sleep at 23h35</b> | NS.. |
| HEAD - PAIN - Temples - left - <b>gnawing pain</b>  | NS   |
| HEAD - PAIN - Temples - left - <b>morning - 11.35h - gnawing pain</b>   | NS   |
| HEAD - PAIN - Temples - right – evening – <b>18h15 – gnawing pain</b>   | NS   |
| HEAD - PAIN - Temples - right - extending to – <b>right mastoid</b>   | NS   |
| HEAD - PAIN - Temples - right - extending to – <b>right mastoid – slight pain</b>   | NS   |
| HEAD - PAIN - Temples - right - gnawing pain  | NS   |
| HEAD - PERSPIRATION of scalp - Forehead - accompanied by – <b>abdomen – rumbling</b>  | NS   |
| STOMACH – ANGER   | NS   |
| STOMACH – DISORDERED  | NS   |
| STOMACH – ERUCTATIONS   | NS   |
| STOMACH - ERUCTATIONS - afternoon – <b>16.50 h - until night</b>  | NS   |
| STOMACH - ERUCTATIONS – daytime   | NS   |
| STOMACH - ERUCTATIONS - leukorrhea agg  | NS   |
| STOMACH - ERUCTATIONS - swallowing – <b>away; must</b>  | NS   |
| STOMACH - ERUCTATIONS; TYPE OF – sour   | NS   |
| STOMACH – HEARTBURN   | NS   |
| STOMACH - HEARTBURN - Throat; ascends   | NS   |
| STOMACH - NAUSEA - night - midnight – after   | NS   |
| STOMACH - NAUSEA - night - midnight – after – <b>2.10 h</b>   | NS   |
| STOMACH - NAUSEA - disordered stomach; from   | NS   |
| STOMACH - NAUSEA - pregnancy - as if pregnant   | NS   |
| STOMACH - NAUSEA - sleep - after – agg  | NS   |
| STOMACH - NAUSEA - sleep - after - agg. – <b>6.30 h</b>   | NS   |
| STOMACH - NAUSEA - vomit; sensation as if about to  | NS   |
| STOMACH - NAUSEA - vomit; sensation as if about to – <b>without</b>   | NS   |
| STOMACH - NAUSEA - vomiting – <b>without</b>  | NS   |
| STOMACH - PAIN - squeezed; as if  | NS   |
| STOMACH - PAIN - anger; after - <b>squeezed; as if</b>  | NS   |
| STOMACH - PAIN - pressing pain  | NS   |
| STOMACH - PAIN - anger; after - <b>pressing pain</b>  | NS   |
| STOMACH - TURNING; as if  | NS   |
| STOMACH - TURNING; as if – <b>anger, after</b>  | NS   |
| ABDOMEN - DIARRHEA - sensation as if diarrhea would come on   | NS   |
| ABDOMEN - DIARRHEA - sensation as if diarrhea would come on – <b>accompanied by – heat</b>  | NS   |
| ABDOMEN - DIARRHEA - sensation as if diarrhea would come on – <b>excessive rumbling; because of</b>   | NS   |
| ABDOMEN – RUMBLING  | NS   |
| ABDOMEN - RUMBLING – evening  | NS   |
| ABDOMEN - RUMBLING - morning - rising agg.; after – <b>disappearing at 11h10</b>  | NS   |

|  |     |
|--|-----|
| ABDOMEN - RUMBLING - morning - rising agg.; after  | NS  |
| ABDOMEN - RUMBLING - night - midnight – after  | NS  |
| ABDOMEN - RUMBLING - night - midnight - after - <b>2.10 h</b>                                  | NS  |
| ABDOMEN - RUMBLING - accompanied by – <b>diarrhoea</b>   | NS. |
| ABDOMEN - RUMBLING – <b>distension; without</b>  | NS  |
| ABDOMEN - RUMBLING - flatus; passing – <b>without</b>  | NS  |
| ABDOMEN – RUMBLING – loud  | NS  |
| ABDOMEN - RUMBLING – loud – <b>morning – rising agg.; after</b>                                | NS  |
| ABDOMEN - RUMBLING – loud – <b>terrible</b>  | NS  |
| ABDOMEN – RUMBLING – <b>terrible</b>   | NS  |
| RECTUM - DIARRHEA - sensation as before diarrhea   | NS  |
| RECTUM - DIARRHEA - sensation as before diarrhea – <b>accompanied by – heat</b>                | NS  |
| RECTUM - DIARRHEA - sensation as before diarrhea – <b>accompanied by - ineffectual urging</b>  | NS  |
| RECTUM - DIARRHEA - sensation as before diarrhea – <b>excessive rumbling; because of</b>       | NS  |
| RECTUM - DIARRHEA – sudden   | NS  |
| RECTUM - DIARRHEA – <b>urging – without</b>  | NS  |
| RECTUM - URGING - stool - not for stool; but   | NS  |
| STOOL - FORCIBLE, sudden, gushing  | NS  |
| STOOL - SHOOTING out   | NS  |
| CHEST - PALPITATION of heart - accompanied by - Head - pain in: met Oscillococcinum!!!         | NS  |
| BACK - PAIN - Cervical region  | NS  |
| EXTREMITIES - ITCHING - Forearms - Posterior part – <b>upper two – third</b>                   | NS  |
| EXTREMITIES - ITCHING - Forearms - Posterior part – <b>upper two – third – comes and goes.</b> | NS  |
| EXTREMITIES - ITCHING - Forearms - Posterior part – <b>upper two – third – rub; obliged to</b> | NS  |
| SLEEP - UNREFRESHING – morning   | NS  |
| DREAMS - AFFECTING THE MIND  | NS  |
| DREAMS – ANNOYING  | NS  |
| DREAMS – CATS  | NS  |
| DREAMS - CATS – <b>dying; his cat is</b>   | NS  |
| DREAMS - CATS – <b>dying; looking as a human being – is; his cat</b>                           | NS  |
| DREAMS - CATS – <b>fur; without</b>  | NS  |
| DREAMS - CONCRETE; things made of  | NS  |
| DREAMS - CONCRETE; <b>everybody was made of</b>  | NS  |
| DREAMS – HORRIBLE  | NS  |
| CHILL  | NS  |
| FEVER REMITTENT  | NS. |
| GENERALS - HEAT - flushes of - accompanied by – <b>abdomen – rumbling</b>                      | NS  |
| GENERALS - HEAT - sensation of - fever – without   | NS  |
| GENERALS - WEARINESS - accompanied by – <b>headache</b>  | NS  |
| GENERALS - WEARINESS - accompanied by – <b>concentration – difficult</b>                       | NS  |
| GENERALS - WEAKNESS - morning - waking; on   | NS  |

## Prover n° 7: Male, ° 1970

### Intake proving:

#### MEDICAL HISTORY:

1987: commotio cerebri with fracture of tibia and shoulder because of cycling accident.

Afterwards period of vertigo.

1991: abces in his neck.

1998: kidneystone left side. Calciumoxalate stone. He was drinking a little.

2003: during two years a salmonella infection. Treated by antibiotics. Had stool problems during a long time. Sometimes he lost stool involuntary. Discharge of mucus during 4 to 5 month's.

Allergy to strawberries. Sometimes a slight tingling. Slight irritation of the skin from deodorant.

#### BIOPATHOGRAFIE:

S: hayfever and allergy to rabbits.

P: hernia inguinalis. Prostatectomie because of Ca of the prostate. Hypertension

M: resection of polypus of colon

#### SYSTEMATIC ANAMNESIS:

Slight reaction to strawberries.

He adores wine. One bottle in the weekend.

Drinks milk with his bread.

Forgets to drink because of lack of time. Doesn't like warm drinks.

Sleep: good

Dreaming a lot. He likes to dream. Dreams about pleasant, cheerful and happy things.

Stool: three to four times a day. Never a solid stool, always loose. Stool is sensitive to stress.

Nervous stool as a student. As a student he had always diarrhoea before the first examination.

Stagefright.

Burning feeling at anus and discharge of mucus during period of salmonella-infection.

Perspiration: especially on his scalp. Never with a bad smell but he perspires very easily.

He likes running; squash, skiing, diving.

#### SPONTANEOUS ANAMNESIS:

He likes everything to do with figures.

He likes to talk and is contacting people very easily.

He likes to communicate and to spread information.

Sometimes he is postponing.

He is a workaholic. His work is very important to him.

### Proving:

Taking 3 granules three times a day during two consecutive days:

Day 1:

08h00

14h00

Day 2:

07h30

13h00

19h00

18h30

Day 2:

Woke up last night because of his youngest daughter. This happens frequently and he helps her and goes on sleeping again afterwards without problem. Now however he had the **feeling that every moment of sleep was important** and he **could not miss any minute**. I have to utilize every minute of sleep. He was very worried about the fact that he should have had too little sleep. This is really very unusually for him.

MIND - ANXIETY - sleep - loss of NS

Waking in the morning he could remember all at once the name of a wine, he could not find two days before. Now, all at once the name of this wine came in his mind. It may happen more that on waking he finds a solution for a certain problem but not such a detail. He was not thinking about this name the last two days in the meanwhile. This detail came in his mind all at once. This was very **strange**.

MIND - MEMORY - active - morning

MIND - MEMORY - active - morning – **details, for.** AS

**Sensation of dryness on the upper eyelid of the left eye** morning on waking compelling to rub in his eyes.

EYE - DRYNESS - Lids – **morning - sensation of** NS

EYE - DRYNESS - Lids – **Upper – left** NS

EYE - DRYNESS - Lids – **Upper – left - morning – sensation of** NS

**Pain in the hollow of is right knee.** A stitching pain. It was a pain as if he had forced himself but he hadn't.

EXTREMITIES - PAIN - Knees - Hollow of knees NS

EXTREMITIES - PAIN - Knees - Hollow of knees - stitching pain NS

EXTREMITIES - PAIN - Knees - Hollow of knees – right NS

EXTREMITIES - PAIN - Knees - Hollow of knees - right - stitching pain NS

EXTREMITIES - PAIN - Knees - Hollow of knees - right - stitching pain – **strained – sensation of.** NS

14h30 – 15h00: pain in the right side of the chest, lateral above the right nipple. An **annoying, troublesome feeling**. It annoyed him. He was **doubting to call the supervisor because of the anxiousness**. A nagging pain but yet stitching. He was really worried about the nature of the pain and was **worrying that something severe should overcome him**. Normally I am not worried easily about my health. **I was really worried that the taking of this homeopathic drug could harm me**. The pain was not influenced by in – or expiration.

CHEST - PAIN - Mammae - Nipples - right – **lateral – above** NS

CHEST - PAIN - Mammae - Nipples - right – **lateral – above - nagging pain** NS

CHEST - PAIN - Mammae - Nipples - right – **lateral – above - stitching pain** NS

MIND - IRRITABILITY - pain, during NS

MIND - IRRITABILITY - pain, during - Chest; in NS

MIND - DESPAIR - pains, with the NS

MIND - DESPAIR - pains, with the - **Chest, in the** NS

MIND - DESPAIR - pains, with the NS

MIND - ANXIETY - health; about - own health; one's NS

MIND - FEAR - disease, of impending - pain; during NS

MIND - FEAR - pain – during NS

|  |    |
|--|----|
| MIND – FEAR – <b>harm – could, him; homeopathic drug</b> | NS |
| MIND - FEAR - heart - disease of the heart               | NS |
| MIND - PAIN - <b>chest agg.; pain in</b>                 | NS |
| MIND - THEORIZING - proving substance; about the         | NS |

It's really very unusually for him to be so worried and anxious. In general I'm rather careless in these kind of things and thinking that it will pass away by itself.

|   |    |
|---|----|
| MIND - ANXIETY - health; about - own health; one's – <b>usually careless.</b> | NS |
|---|----|

Day 3:

**Sleeping of his right leg easier than normally.** When sitting in his seat this leg starts sleeping faster than normally. He may have this sleeping before but only after a longer time sitting with his legs crossed.

|  |    |
|--|----|
| EXTREMITIES - NUMBNESS - Lower limbs - crossing the legs, when | AS |
|--|----|

Day 4:

07h15: **a lot of stool, rather soft** but no diarrhoea. Now he realised that he had not gone to the toilet the last days. Not going daily to the toilet is very unusually for him. The stool was **stinking** and had a **bad smell**. It was a **penetrating smell** as if you have diarrhoea but he had not. No rumbling and no distension of the abdomen. Still a lot of flatulence. The rest of the day no stool which is very unusually for him.

Also last night he had no stool. Normally he always makes stool in the evening after coming home from his work, otherwise he should have to wake up at night to make stool but not now. Normally he can sit on the toilet and make stool without urging before.

Normally he is feeling not at ease if he could not make stool regularly.

He makes stool less frequent than normal but he feels not uncomfortable with it.

Normally I make stool several times a day. When I come home at night the first thing I do is going to the toilet but not now.

Important to remark that he had a Salmonella – infection in 2003 and it's only since one year that he has again a normal stool.

|              |    |
|--------------|----|
| STOOL – SOFT | OS |
|--------------|----|

|                        |    |
|------------------------|----|
| STOOL - SOFT – morning | OS |
|------------------------|----|

|                       |    |
|-----------------------|----|
| RECTUM – CONSTIPATION | NS |
|-----------------------|----|

|                          |    |
|--------------------------|----|
| STOOL - ODOR – offensive | NS |
|--------------------------|----|

|                            |    |
|----------------------------|----|
| STOOL - ODOR – penetrating | NS |
|----------------------------|----|

|                      |    |
|----------------------|----|
| ABDOMEN – FLATULENCE | NS |
|----------------------|----|

|  |    |
|--|----|
| ABDOMEN – FLATULENCE – <b>distension abdomen of; without</b> | NS |
|--|----|

|   |    |
|---|----|
| ABDOMEN – FLATULENCE – <b>rumbling; without</b> | NS |
|---|----|

|                          |    |
|--------------------------|----|
| MIND - CONSTIPATION agg. | CS |
|--------------------------|----|

19h15: **tingling and numbness in his leg** from the calf to the foot. Normally he has this tingling and numbness after sitting crossed with his legs during one hour. But now he sits only 10 minutes with his legs crossed.

|  |    |
|--|----|
| EXTREMITIES - NUMBNESS - Legs – Calves | AS |
|--|----|

|   |    |
|---|----|
| EXTREMITIES - NUMBNESS - Legs - Calves – <b>crossing the legs, when</b> | AS |
|---|----|

|  |    |
|--|----|
| EXTREMITIES - NUMBNESS - Lower limbs - crossing the legs, when | AS |
|--|----|

|   |    |
|---|----|
| EXTREMITIES - TINGLING - Legs – Calves – <b>extending to feet</b> | AS |
|---|----|

|   |    |
|---|----|
| EXTREMITIES - TINGLING - Legs – Calves – <b>crossing the legs, when</b> | AS |
|---|----|

Complaints are alternating from left eye to right knee and right chest. Normally the left side is my weak side. Now everything that was really irritating me was at the right side.

Day 5:

Normal stool on waking as always.

He went out for a night with a friend. He had drunken really to much which is very unusually for him, **normally he has everything under control.**

MIND - SELF-CONTROL - loss of self-control NS

Day 6:

Had to move because he could not stand still which made him pocked. He had to be busy.

He has to stand still a lot in his profession and standing still did aggravated him.

MIND - ACTIVITY - desires activity NS

MIND - MOTION - amel. NS

MIND - OCCUPATION - amel. NS

MIND - STANDING - agg. NS

Day 9:

Had the **same feeling at his kidneys** ( especially in his left kidney) as when he had his **kidney stone** in his **left kidney** in **1998**. He drunk a lot which relieved this pain.

KIDNEYS – PAIN OS

KIDNEYS – PAIN – left. OS

Day 10:

Indigestion, with diarrhoea after eating of mushrooms. Several times during daytime diarrhoea with rumbling in the abdomen.

STOMACH – DISORDERED NS

STOMACH - DISORDERED - **mushrooms agg.** NS

RECTUM – DIARRHEA OS

RECTUM – DIARRHEA – **rumbling; with** OS

GENERALS - FOOD and DRINKS - mushrooms - agg. NS

GENERAL:

In general he says that beside the **numbness of the leg** he also was complaining of muscle pain especially a **pain in the lumbar region.**

GENERALS - PAIN – Muscles NS

BACK - PAIN - Lumbar region NS

The hunger he may have at 12h00 was more than normally. He really had to eat.

STOMACH - APPETITE - increased – noon; **more than normally** AS

REPERTORISATION:

MIND - ACTIVITY - desires activity NS

MIND - ANXIETY - health; about - own health; one's NS

MIND - ANXIETY - health; about - own health; one's – **usually careless.** NS

MIND - ANXIETY - sleep - loss of NS

MIND - CONSTIPATION agg. CS

MIND - DESPAIR - pains, with the NS

MIND - DESPAIR - pains, with the - **Chest, in the** NS

MIND - FEAR - disease, of impending - pain; during NS

|   |    |
|---|----|
| MIND - FEAR - <b>harm – could, him; homeopathic drug</b>  | NS |
| MIND - FEAR - pain – during   | NS |
| MIND - IRRITABILITY - pain, during  | NS |
| MIND - IRRITABILITY - pain, during - Chest; in  | NS |
| MIND - MEMORY - active - morning  |    |
| MIND - MEMORY - active - morning – <b>details, for.</b>   | AS |
| MIND - MOTION - amel.   | NS |
| MIND - OCCUPATION - amel.   | NS |
| MIND - PAIN - <b>chest agg.; pain in</b>  | NS |
| MIND - SELF-CONTROL - loss of self-control  | NS |
| MIND - STANDING - agg.  | NS |
|   |    |
| EYE - DRYNESS - Lids – <b>morning - sensation of</b>  | NS |
| EYE - DRYNESS - Lids – <b>Upper – left</b>  | NS |
| EYE - DRYNESS - Lids – <b>Upper – left - morning – sensation of</b>                                     | NS |
|   |    |
| STOMACH - APPETITE - increased – noon; <b>more than normally</b>  | AS |
| STOMACH – DISORDERED  | NS |
|   |    |
| ABDOMEN – FLATULENCE  | NS |
| ABDOMEN – FLATULENCE – <b>distension abdomen of; without</b>  | NS |
| ABDOMEN – FLATULENCE – <b>rumbling; without</b>   | NS |
|   |    |
| RECTUM – CONSTIPATION   | NS |
| RECTUM – DIARRHEA   | OS |
| RECTUM – DIARRHEA – <b>rumbling; without</b>  | OS |
|   |    |
| STOOL - ODOR – offensive  | NS |
| STOOL - ODOR – penetrating  | NS |
| STOOL – SOFT  | OS |
| STOOL - SOFT – morning  | OS |
|   |    |
| CHEST – PAIN  | NS |
| CHEST – PAIN – <b>accompanied by – fear of heart disease</b>  | NS |
| CHEST - PAIN - Mammae - Nipples - right – <b>lateral – above</b>  | NS |
| CHEST - PAIN - Mammae - Nipples - right – <b>lateral – above - nagging pain</b>                         | NS |
| CHEST - PAIN - Mammae - Nipples - right – <b>lateral – above - stitching pain</b>                       | NS |
|   |    |
| BACK - PAIN - Lumbar region   | NS |
|   |    |
| EXTREMITIES - NUMBNESS - Legs – Calves  | AS |
| EXTREMITIES - NUMBNESS - Legs - Calves – <b>crossing the legs, when</b>                                 | AS |
| EXTREMITIES - NUMBNESS - Lower limbs - crossing the legs, when  | AS |
|   |    |
| EXTREMITIES - PAIN - Knees - Hollow of knees  | NS |
| EXTREMITIES - PAIN - Knees - Hollow of knees – right  | NS |
| EXTREMITIES - PAIN - Knees - Hollow of knees - right - stitching pain                                   | NS |
| EXTREMITIES - PAIN - Knees - Hollow of knees - right - stitching pain – <b>strained – sensation of.</b> | NS |
| EXTREMITIES - PAIN - Knees - Hollow of knees - stitching pain   | NS |
| EXTREMITIES - TINGLING - Legs – Calves – <b>extending to feet</b>                                       | AS |
| EXTREMITIES - TINGLING - Legs – Calves – <b>crossing the legs, when</b>                                 | AS |
|   |    |
| KIDNEYS – PAIN  | OS |
| KIDNEYS – PAIN – left.  | OS |
|   |    |
| GENERALS - PAIN – Muscles   | NS |

Prover n°8: Male, °1962

Intake:

- Fatigue
- Recurrent sinusitis. Cold wind aggr. Needs to bear a cap.
- Constipation during work week. No nuisance from it. Can make stool only during weekend. Taking his constitutional remedy this symptom ameliorates but only during maximum two weeks. Afterwards the symptom returns.

Systematic anamnesis:

Desire refreshing things. Fruit juice he adores and especially cold fruit juice. Desire wine. Draft air aggravates especially when perspired. Even in summertime draft air aggravates. Airco aggravates. Short sleep ameliorates. This is a very short sleep only during five minutes. Hot bathing ameliorates. Cold wind aggravates the sinusitis.

Mind:

Music ameliorates.  
Very passionate and enthusiastic person in everything he undertakes.  
Ardent. When problems very reserved.  
Hurry.  
Time passes too quickly. May have the feeling of being short in time.  
Injustice aggravates to himself and to others.  
Embraces everyone.

Medical history:

1962-1966: frequent infections of the upper airways with frequent use of antibiotics.  
1980: dislocation of right shoulder. 8 dislocations until now.  
1983: glandular fever followed by a period of terrible fatigue. This fatigue goes on during more than 20 years.  
1983: fracture of right foot with fracture of metatarsal V.  
1992: tonsillitis due to streptococcus after big exercise. Followed by acute rheumatism with pains in the hands and shoulders as if my hands were broken with a sledgehammer. Walking was very difficult. Dressing and undressing was almost impossible because of my shoulders looked like screwed at my trunk.  
Episcleritis afterwards.  
1993: tonsillectomy  
1994: pernicky anaemia with atrophic gastritis and chronic ferriptive anaemia.  
2001: fracture of the radius and dislocation of the head of the cup.

Biopathography:

M, °1938:

Terrible gall-bladder stones.  
Chronic problem of spastic colon.  
2004: cholecystectomy.  
2006: ulcer of stomach.

P, °1938:

Chronic sinusitis in his youth.  
Did smoke.  
1989: acute myocard infarctus needing PTCA.  
1993: re-PTCA because of recidive of angor.  
1996: function of right ventricle 50%. PTCA with stents.  
Hypercholesterolemia.  
2004: severe lung problems with infiltrates right basal. Start of polymyalgia rheumatica with invalidating joints pains. R/ treatment with cortisone.  
Prostatitis  
June 2006: acute syncope because of monomorphic ventricular tachycardia. R/ ventricular defibrillator.

Proving:

Day 1:

General quiet feeling during daytime. Not irritated by small things.  
At noon very loquacious during lunch with my daughter which is not always the matter.  
Around 21.00 h **gnawing pain** in the **stomach**, like the **feeling of being hungry**. I know this stomach pain from the past. **Bad breath** observed by myself.

|  |           |
|--|-----------|
| STOMACH - PAIN - gnawing pain                            | OS        |
| STOMACH - PAIN - gnawing pain - <b>hunger; as from a</b> | <b>OS</b> |
| MOUTH - ODOR – offensive                                 | OS        |
| MOUTH - ODOR - offensive - oneself; to                   | OS        |

Day 2:

During breakfast at 09 h I feel the same gnawing stomach pain. As if I was **hungry**.  
This gnawing pain goes on until 12.30 h.  
I have the feeling that at **the left side of my tongue** an **aphtae** is **breaking through**. This is also a pain I know from the past.  
In the morning the **feeling to perspire without perspiring**, as when you start to fall ill.  
I feel **very tired** when working and I'm longing for rest. I start to perspire when typing this report. Burning feeling on my back, my face and forearm.

|   |           |
|---|-----------|
| MOUTH - PAIN - Tongue - Sides – left  | OS        |
| MOUTH - PAIN - Tongue - Sides – left – <b>aphtae breaking through; as if.</b> | <b>OS</b> |
| PERSPIRATION - SENSATION as if about to perspire, but no moisture appears     | NS        |
| BACK - PAIN – burning   | NS        |
| FACE - PAIN – burning   | NS        |
| EXTREMITIES - PAIN - Forearms – burning                                       | NS        |

Day 3:

No pain in the Achilles'tendon when jogging. Since some month's this tendon always hurt when jogging. No physical tiredness.  
Good energy in general.  
Peaceful and content mood. More open last days in comparison with the weeks before the take of the verum.

EXTREMITIES - PAIN - Legs - Tendo Achillis - running agg. CS

Day 4:

Woke up at 0.15 h with a thirsty feeling. Got up to drink.

Waking again at 3.30 h with no relaxed feeling. Feeling of not lying well in my bed. I stayed on laying in bed and fell asleep again.

09.45h: yawning during 15 minutes.

Feel a little bit **sombre** and **melancholic**.

MIND - DESPAIR NS

MIND - GRIEF NS

MIND - MELANCHOLY NS

MIND - SADNESS NS

MIND - SOMBER; everything that is NS

**Two red spots** at the **left proximal part of the tongue**. Normally I don't have aphtae but I recognise the pain sensation at my tongue.

MOUTH - ERUPTIONS – Tongue NS

MOUTH - ERUPTIONS - Tongue - Side - left - Tip; near NS

MOUTH - ERUPTIONS - Tongue - Side - left - Tip; near – **two red spots** NS

Day 5:

**Tired feeling when rising. No refreshing sleep** even after 10 hours of sleep.

GENERALS - WEAKNESS - morning - rising - after - agg. NS

SLEEP – UNREFRESHING NS

SLEEP - UNREFRESHING - prolonged sleep NS

**Frontal headache** and **tired feeling**. Tension in the neck.

Frontal headache better after short nap.

HEAD - PAIN – Forehead NS

HEAD - PAIN - Forehead - sleep - after - amel. NS

**Sad and melancholic mood.**

**Voluminous stool** twice today which is **very unusually** for me **during the week** while **working**. Normally this happens only during the weekend when I'm relaxed. So it may happen that I don't make any stool during the week, but only in the weekend. During holidays stool normalises slowly and I make stool regularly once a day or once every second day.

STOOL – COPIOUS AS

STOOL – COPIOUS – **normally only in the weekend; working while** AS

15.30 h: while blowing the nose, a burning pain at the right nostril and right maxillary sinus. Like I should have a sinusitis. A tension on the maxillary sinus.

FACE - PAIN - Sinuses - Maxillary – **right – burning pain; blowing the nose - when** OS

NOSE - PAIN - Nostrils - right - **burning pain – blowing the nose – when** OS

21.15 h: **pain stomach after vexation**. This is a known pain. When waking up at night I always feel this pain.

Waking up with sleeping arm and hand. I could have this symptom in the past but it's a long time ago. I slept at the right side.

STOMACH - PAIN - vexation – after OS

EXTREMITIES - NUMBNESS - Upper limbs - lying - arm agg.; on OS

Waking up later on during the night with **cramps in my right fourth and fifth toe**

EXTREMITIES - CRAMPS - Toes – night NS

EXTREMITIES - CRAMPS - Toes – night; **waking from** NS

EXTREMITIES - CRAMPS – Toes – **fourth and fifth – night; waking from** NS

Day 6:

On waking no more tension at the maxillary sinus which is a big relief because normally once started the sinusitis gets worse and worse.

Pain stomach still present but looks like hunger because after eating a slice of bread the pain subsides.

Mentally I feel much better, I felt really depressed the last two days.

**Pain in the distal phalanx of the right little finger when typing.** A kind of **electric pain**

extending to the elbow and shoulder. Also pain at the left wrist at the old fracture ( April 2001)

EXTREMITIES - PAIN - Fingers - Second - Phalanges – Distal – electric like pain NS

EXTREMITIES - PAIN - Fingers - Second - Phalanges – Distal – electric like pain; **typing while** NS

EXTREMITIES - PAIN - Bones - fractures; in old NS

Smell my own bad breath.

Day 7:

05.50 h: **heartburn. Thought I had to vomit** but **only some eructations of air**. It's not possible for me to have hydrochloric acid because I have atrophic gastritis but this feels like heartburn.

When I was 18 years old ( 26 years ago) I could have heartburn also during several years. But not since that time.

STOMACH – HEARTBURN OS

STOMACH - VOMITING - sensation of NS

STOMACH - ERUCTATIONS - vomiting – without NS

STOMACH - ERUCTATIONS; TYPE OF – empty NS

08.00 h: pain in my right big toe, a pain I may have already several month's now and than.

I still feel this pain at my left wrist during the forenoon.

**Irritable** from difficulties while trying to serve information in the computer.

MIND – IRRITABILITY AS

MIND – IRRIBALITY - **difficulties; from** AS

After eating soup at lunch **eructation's** with the **taste of soup** coming up into the mouth.

STOMACH - ERUCTATIONS; TYPE OF - **soup, tasting like** NS

**Concentration difficult. No inspiration.**

MIND - CONCENTRATION – difficult OS

MIND - **INSPIRATION – lack of** OS

21.30 h: after diner again **bad digestion** with a heavy feeling at the stomach, eructations and pain stomach.

STOMACH – INDIGESTION NS

STOMACH - INDIGESTION - eating - after - agg. NS

General feeling during last four days of **missing the joy of life.**

MIND - INDIFFERENCE – joyless NS

Day 8:

**Heaviness feeling stomach** on waking and bad breath.

STOMACH – HEAVINESS NS

STOMACH - HEAVINESS - morning - waking; on NS

Feel more happy today. Now I realise how sombre I was during the last four days. I feel a kind of happiness with even liking to cry after these dark four days.

**I forgot my medical bag at home.** This never happens normally.

MIND – FORGETFUL NS

Day 9:

Feel really **tired** waking at 08.45 h.

Pain at the maxillary sinus. My eyes and throat burn. The last three weeks the symptoms of sinusitis come and go.

Feel like in a Fellini – movie. So **many strange people** walking around with **strange faces** and **clothes**, the way their hair is cut, it looks all not reality. Once before I had this feeling in the early nineties. I was walking in the street that I all at once started thinking about what all these people were doing there? Everything seemed very strange. Thick, tall, thin, bald people. Why everything was as it was. It looked all so strange.

MIND - DELUSIONS - people - seeing people - **strange; people** OS

MIND - DELUSIONS – strange OS

MIND - DELUSIONS - strange - everything is OS

MIND - DELUSIONS - strange - surroundings seem strange OS

**Sleeping feet after sitting with crossed limbs.**

EXTREMITIES - NUMBNESS - Feet - crossing legs agg. OS

Day 10:

**Unrefreshing sleep with a tiredness not normal after 10 hours of sleep.**

More pain at the maxillary sinuses getting worse during daytime even when walking in the sun.

**Very tired after a small walk.** This is out of proportion. Also the sinusitis so early in the winter season ( October).

I have the **impression that the proving is oppressing me**, that the **proved remedy is depressing me**. I should like to feel more happy and lighter.

MIND - DELUSIONS - **harm – could, him; homeopathic drug proving**

NS

Have to go to sleep early at 21.45 h. I'm obliged to do it because of the **tiredness**.

I don't succeed to remember my dreams in spite of a big effort. I'm conscious of the fact that I'm dreaming but simply don't succeed to remember them.

DREAMS – UNREMEMBERED

Day 11:

**Anger and indignation after a reproach from a client at my work**. I succeeded to canalise my anger and indignation but it was very difficult.

After this incident I felt very bad, even so bad that I thought to stop my work and do another job.

MIND - SADNESS – **reproaches; after**

AS

**Is it the proving which makes that things are so difficult last weeks or is it just myself?**

Smell my own bad breath.

Pain maxillary sinuses.

Day 12:

**Very irritable when interrupted constantly at my work**. I could have this in the past but it's long ago.

MIND - IRRITABILITY - **interruption, from**

OS

**More irritable at my work.**

I keep on longing for more happiness and lightness in my life.

In general the tendency to talk fast and the impression that I give a nervous impression to the people.

Still I'm wandering that the **proving is undermining my health** or is it my own state?

MIND - DELUSIONS – **undermining health; homeopathic drug proving - is**

NS

Day 13:

Unless going to sleep early I feel **very tired**.

I notice now that typing goes with difficulty and that I'm making **many mistakes** the last days.

MIND - MISTAKES; making - writing, in

NS

MIND – WRITING – **difficulty – with**

NS

In the evening coming at home after work I'm exhausted.

It looks as if I **don't succeed anymore to be happy** and it looks as if I'm not feeling anymore.

The last two weeks are really bad.

I have **no control over it**, even trying a lot to feel good again. This makes me think at my very bad weeks in the past. I had to force myself even to write down these sentences But I want to do the proving in a good way and make a good report but it's a big effort for me. **I hope all this has to do with the proving.**

MIND - SELF-CONTROL - loss of self-control NS

Day 14:

**Still depressed mood.**

Day 15:

Again a lighter and more happy feeling.

Day 16:

**Difficult concentration.**

Greet need to go for a walk or jogging in the fresh air.

MIND - CONCENTRATION – difficult AS

MIND - CONCENTRATION - difficult - air; in open – **wants to go in open air** NS

A **strong feeling of injustice** during the last two weeks. A bigger tendency than normally to be **irritated by all kind of circumstances** in my own world and in the outside world.

MIND - INJUSTICE, cannot support AS

MIND - IRRITABILITY – easily AS

I don't succeed to remember my dreams even when trying and trying.

Day 17:

More happy again and a lighter feeling.

Day 19:

Marked general improvement. Much alert and clear mind. Many ideas during my work. Now I see that this kind of alertness I was missing last weeks. It feels like **a heavy load fell from my shoulders**. I really was in a bad state. More energy.

Finally I did succeed to remember a dream or at least a part of it.

Dream: a floating object in a swimming pool turns out to be a bomb. I or someone else go in a rush to this object and throw it away. The bomb explodes and the dream stops.

DREAMS – BOMBS NS

DREAMS - EXPLOSION - bombs; of NS

**Sleeping of right feet when walking around. Also my right hanging hand sleeps.**

EXTREMITIES - NUMBNESS - Feet – right NS

EXTREMITIES - NUMBNESS - Feet – right – **walking around** NS

EXTREMITIES - NUMBNESS - Hands – right NS

EXTREMITIES - NUMBNESS - Hands – right – **walking around** NS

Day 20:

Dream: I'm cycling next to a canal which I cross by a bridge. I'm cycling quite good and someone is cycling behind me. He is also cycling good but doesn't succeed to approach me. I hear him making the reflection: **“that guy is cycling really fast”**.

DREAMS - BICYCLE; riding a  
 DREAMS - BICYCLE; riding a - **bridge; crossing - a**  
 DREAMS - BICYCLE; riding a - **channel; beside - a**  
 DREAMS - BICYCLE; riding a - **fast**  
 DREAMS - BICYCLE; riding a - **fast; someone riding fast behind me**

Day 22:

On waking this morning a burning throat ache at the larynx passing away during the forenoon.

Hard stool since one week with clear blood on the toilet paper. Burning pain anal passing away quickly. Blood at the toilet paper I could have in the past but now it's long ago.

STOOL - HARD OS  
 STOOL - HARD - blood, with OS  
 STOOL - HARD - blood, with - **cleaning when; on the toilet paper** OS  
 RECTUM - PAIN - Anus - burning OS

GENERAL:

The third week of the proving is much better than the two weeks before.

During the first two weeks and especially from the fourth day a **heavy and sombre feeling** came over me. **During this time I wished several times that the proving should end or even worse that I never had started it.**

MIND - THEORIZING - proving substance; about the NS

The workload during this third week is the same as it was in the first and second week of the proving but now I feel completely different: more happy, lighter with a quick mind.

Day 42:

General remarks:

- No more pain in my knees when rising after sitting a long time in the opera or cinema. In these chairs I'm sitting with my legs flexed because of my high stature. This pain started only six month's before the start of the proving. It fact it's a kind of stiffness in my knees as if the knees were rust, better after walking around a little bit.
- No more pain in the tendon Achilles when jogging.
- Urticaria from cold disappeared during the time of the proving. These urticaria started 1,5 year ago after the take of a homeopathic remedy.
- Longing for chocolate during the proving more than normal
- I start remembering my dreams again.
- The last three weeks a lot of inspiration in my work.

EXTREMITIES - PAIN - Knees - rising - after - agg. CS  
 EXTREMITIES - PAIN - Knees - rising - agg. - **rust; as if** CS  
 EXTREMITIES - PAIN - Knees - sitting - agg. CS  
 EXTREMITIES - PAIN - Knees - sitting - agg. - **flexed limbs with; sitting** CS  
 EXTREMITIES - PAIN - **rust; as if** CS  
 EXTREMITIES - STIFFNESS - Knees - rising from sitting agg.  
 EXTREMITIES - STIFFNESS - Knees - rising from sitting agg. - **flexed limbs with; sitting** CS  
 GENERALS - FOOD and DRINKS - chocolate - desire AS

REPERTORISATION:

MIND - CONCENTRATION - difficult AS  
 MIND - CONCENTRATION - difficult - air; in open - **wants to go in open air** NS  
 MIND - DELUSIONS - **harm - could, him; homeopathic drug proving** NS

|  |    |
|--|----|
| MIND - DELUSIONS - people - seeing people - <b>strange; people</b>                       | OS |
| MIND - DELUSIONS – strange   | OS |
| MIND - DELUSIONS - strange - everything is   | OS |
| MIND - DELUSIONS - strange - surroundings seem strange                                   | OS |
| MIND - DELUSIONS – <b>undermining health; homeopathic drug proving - is</b>              | NS |
| MIND - DESPAIR   | NS |
| MIND – FORGETFUL   | NS |
| MIND - GRIEF   | NS |
| MIND - INDIFFERENCE – joyless  | NS |
| MIND - INJUSTICE, cannot support   | AS |
| MIND - <b>INSPIRATION – lack of</b>  | OS |
| MIND – IRRITABILITY  | AS |
| MIND – IRRIBALITY - <b>difficulties; from</b>  | AS |
| MIND - IRRITABILITY – easily   | AS |
| MIND - IRRITABILITY - <b>interruption, from</b>  | OS |
| MIND - MELANCHOLY  | NS |
| MIND - MISTAKES; making - writing, in  | NS |
| MIND - SADNESS   | NS |
| MIND - SADNESS – <b>reproaches; after</b>  | AS |
| MIND - SELF-CONTROL - loss of self-control   | NS |
| MIND - SOMBER; everything that is  | NS |
| MIND - THEORIZING - proving substance; about the   | NS |
| MIND – WRITING – <b>difficulty – with</b>  | NS |
| HEAD - PAIN – Forehead   | NS |
| HEAD - PAIN - Forehead - sleep - after - amel.   | NS |
| NOSE - PAIN - Nostrils - right - <b>burning pain – blowing the nose – when</b>           | NS |
| FACE - PAIN – burning  | OS |
| FACE - PAIN - Sinuses - Maxillary – <b>right – burning pain; blowing the nose - when</b> | OS |
| MOUTH - ERUPTIONS – Tongue   | NS |
| MOUTH - ERUPTIONS - Tongue - Side - left - Tip; near                                     | NS |
| MOUTH - ERUPTIONS - Tongue - Side - left - Tip; near – <b>two red spots</b>              | NS |
| MOUTH - ODOR – offensive   | OS |
| MOUTH - ODOR - offensive - oneself; to   | OS |
| MOUTH - PAIN - Tongue - Sides – left   | OS |
| MOUTH - PAIN - Tongue - Sides – left – <b>aphtae breaking through; as if.</b>            | OS |
| STOMACH - ERUCTATIONS - vomiting – without   | NS |
| STOMACH - ERUCTATIONS; TYPE OF – empty   | NS |
| STOMACH - ERUCTATIONS; TYPE OF - <b>soup, tasting like</b>                               | NS |
| STOMACH – HEARTBURN  | OS |
| STOMACH – HEAVINESS  | NS |
| STOMACH - HEAVINESS - morning - waking; on   | NS |
| STOMACH – INDIGESTION  | NS |
| STOMACH - INDIGESTION - eating - after - agg.  | NS |
| STOMACH - PAIN - gnawing pain  | OS |
| STOMACH - PAIN - gnawing pain - <b>hunger; as from a</b>                                 | OS |
| STOMACH - PAIN - vexation – after  | OS |
| STOMACH - VOMITING - sensation of  | NS |
| RECTUM - PAIN - Anus – burning   | OS |
| STOOL – COPIOUS  | AS |
| STOOL – COPIOUS – <b>normally only in the weekend; working while</b>                     | AS |
| STOOL – HARD   | OS |
| STOOL - HARD - blood, with   | OS |
| STOOL - HARD - blood, with – <b>cleaning when; on the toilet paper</b>                   | OS |

|  |    |
|--|----|
| BACK - PAIN – burning  | NS |
| EXTREMITIES - CRAMPS - Toes – night  | NS |
| EXTREMITIES - CRAMPS - Toes – night; <b>waking from</b>  | NS |
| EXTREMITIES - CRAMPS – Toes – <b>fourth and fifth – night; waking from</b>                           | NS |
| EXTREMITIES - NUMBNESS - Feet - crossing legs agg.   | OS |
| EXTREMITIES - NUMBNESS - Feet – right  | NS |
| EXTREMITIES - NUMBNESS - Feet – right – <b>walking around</b>  | NS |
| EXTREMITIES - NUMBNESS - Hands – right   | NS |
| EXTREMITIES - NUMBNESS - Hands – right – <b>walking around</b>                                       | NS |
| EXTREMITIES - NUMBNESS - Upper limbs - lying - arm agg.; on  | OS |
| EXTREMITIES - PAIN - Bones - fractures; in old   | NS |
| EXTREMITIES - PAIN - Fingers - Second - Phalanges – Distal – electric like pain                      | NS |
| EXTREMITIES - PAIN - Fingers - Second - Phalanges – Distal – electric like pain; <b>typing while</b> | NS |
| EXTREMITIES - PAIN - Forearms – burning  | NS |
| EXTREMITIES - PAIN - Knees - rising - after - agg.   | CS |
| EXTREMITIES - PAIN - Knees - rising - agg. - <b>rust; as if</b>                                      | CS |
| EXTREMITIES - PAIN - Knees - sitting - agg.  | CS |
| EXTREMITIES - PAIN - Knees - sitting - agg. – <b>flexed limbs with; sitting</b>                      | CS |
| EXTREMITIES - PAIN - Legs - Tendo Achillis - running agg.  | CS |
| EXTREMITIES - PAIN - <b>rust; as if</b>  | CS |
| EXTREMITIES - STIFFNESS - Knees - rising from sitting agg.   |    |
| EXTREMITIES - STIFFNESS - Knees - rising from sitting agg. - <b>flexed limbs with; sitting</b>       | CS |
| SLEEP – UNREFRESHING   | NS |
| SLEEP - UNREFRESHING - prolonged sleep   | NS |
| DREAMS - BICYCLE; riding a   |    |
| DREAMS - BICYCLE; riding a - <b>bridge; crossing - a</b>   |    |
| DREAMS - BICYCLE; riding a - <b>channel; beside - a</b>  |    |
| DREAMS - BICYCLE; riding a - <b>fast</b>   |    |
| DREAMS - BICYCLE; riding a - <b>fast; someone riding fast behind me</b>                              |    |
| DREAMS – BOMBS   | NS |
| DREAMS - EXPLOSION - bombs; of   | NS |
| DREAMS – UNREMEMBERED  |    |
| PERSPIRATION - SENSATION as if about to perspire, but no moisture appears                            | NS |
| GENERALS - FOOD and DRINKS - chocolate – desire  | NS |
| GENERALS - WEAKNESS - morning - rising - after - agg.  | NS |

## GENERAL REPERTORISATION:

661 symptoms are hold back. The most important rubrics:

|             |       |
|-------------|-------|
| Mind        | : 186 |
| Head        | : 55  |
| Eye         | : 27  |
| Face        | : 20  |
| Teeth       | : 22  |
| Stomach     | : 65  |
| Abdomen     | : 30  |
| Extremities | : 46  |
| Dreams      | : 78  |
| Generals    | : 30  |

|   |            |
|---|------------|
| MIND - ABRUPT   | NS         |
| MIND - ABSORBED   | NS         |
| MIND - ABSENTMINDED   | NS         |
| MIND - ACTIVITY - desires activity  | NS         |
| MIND - ACTIVITY - desires activity – evening                                      | NS         |
| MIND - AILMENTS FROM – anger  | NS         |
| MIND - AILMENTS FROM - anger – <b>prolonged</b>                                   | <b>NS</b>  |
| MIND - AILMENTS FROM – embarrassment  | AS         |
| MIND – ANGER  | OS         |
| MIND - ANGER - beside oneself; being  | AS         |
| MIND - ANGER – <b>bubbling inside</b>   | <b>NS</b>  |
| MIND - ANGER - contradiction; from  | AS         |
| MIND - ANGER - family; toward one's   | OS         |
| MIND - ANGER – <b>prolonged; lasting all day long</b>                             | <b>AS.</b> |
| MIND - ANGER – <b>prolonged; lasting all day long – not able to get rid of it</b> | <b>AS</b>  |
| MIND - ANGER – <b>prolonged; lasting for days.</b>                                | NS         |
| MIND - ANGER – <b>prolonged; lasting for days – not able to get rid of it</b>     | <b>NS</b>  |
| MIND - ANGER – violent  | NS         |
| MIND - ANGER - violent – <b>divorce; wanting</b>                                  | <b>AS</b>  |
| MIND - ANGER – <b>volcano; as if</b>  | <b>NS</b>  |
| MIND - ANSWERING – abruptly   | NS         |
| MIND - ANSWERING – snappishly   | NS         |
| MIND - ANXIETY - health; about - own health; one's                                | NS         |
| MIND - ANXIETY - health; about - own health; one's – <b>usually careless.</b>     | NS         |
| MIND - ANXIETY - sleep - loss of  | NS         |
| MIND – CAPRICIOUSNESS   | NS         |
| MIND - CASUAL   | NS         |
| MIND - CASUAL – <b>annoyed; about his being</b>                                   | <b>NS</b>  |
| MIND - CENSORIOUS   | NS         |
| MIND - CHEERFUL - stool – after   | AS         |
| MIND - CONCENTRATION – active   | NS         |

|   |    |
|---|----|
| MIND - CONCENTRATION – difficult  | NS |
| MIND - CONCENTRATION - difficult - air; in open – <b>wants to go in open air</b>              | NS |
| MIND - CONCENTRATION - difficult - attempting to concentrate; on                              | NS |
| MIND - CONCENTRATION - difficult - attention, cannot fix                                      | NS |
| MIND - CONCENTRATION – difficult – <b>blocked; as if computer was</b>                         | NS |
| MIND - CONCENTRATION - difficult - focus; inability to  | NS |
| MIND - CONCENTRATION - difficult - working, while   | NS |
| MIND - CONFUSION of mind  | NS |
| MIND - CONFUSION of mind - concentrate the mind, on attempting to                             | NS |
| MIND - CONFUSION of mind - working, while   | NS |
| MIND - CONSTIPATION agg.  | CS |
| MIND - CYNICAL  | NS |
| MIND - DELUSIONS – air – <b>absent</b>  | NS |
| MIND - DELUSIONS - alone, being   | AS |
| MIND - DELUSIONS - alone, being – <b>deep feeling of being alone</b>                          | AS |
| MIND - DELUSIONS - <b>changed; system – making me reacting in a different way to viruses.</b> | NS |
| MIND - DELUSIONS - <b>concrete; as if everybody is made of</b>                                | NS |
| MIND - DELUSIONS - <b>concrete; everywhere is</b>   | NS |
| MIND - DELUSIONS - disease - incurable disease; he has an                                     | NS |
| MIND - DELUSIONS - disease - incurable disease; he has an – <b>fever - intense; during</b>    | NS |
| MIND - DELUSIONS – energy – <b>sucked, out of the body; as if</b>                             | NS |
| MIND – DELUSIONS – <b>mental filter – crashes</b>   | NS |
| MIND - DELUSIONS - <b>harm – could, him; homeopathic drug</b> proving ( 2: 1,8)               | NS |
| MIND - DELUSIONS - head – <b>tube - was put into; as if</b>                                   | NS |
| MIND - DELUSIONS - health, he has ruined his  | NS |
| MIND - DELUSIONS - people - seeing people - <b>strange; people</b>                            | OS |
| MIND - DELUSIONS - pieces; <b>torn to</b>   | NS |
| MIND - DELUSIONS – <b>quicksand; being on</b>   | NS |
| MIND - DULLNESS – <b>quit; desire to</b>  | NS |
| MIND - DULLNESS – <b>run away; desire to</b>  | NS |
| MIND - DELUSIONS – <b>straitjacket; being in a</b>  | NS |
| MIND - DELUSIONS – strange  | OS |
| MIND - DELUSIONS - strange - everything is  | OS |
| MIND - DELUSIONS - strange - surroundings seem strange  | OS |
| MIND - DELUSIONS – <b>thread; loosing the</b>   | NS |
| MIND - DELUSIONS - threatened; being  | AS |
| MIND - DELUSIONS - time - exaggeration of time  | NS |
| MIND - DELUSIONS - time - exaggeration of time – <b>fever - intense; during</b>               | NS |
| MIND - DELUSIONS – <b>tunnel; being in a</b>  | NS |
| MIND - DELUSIONS – <b>undermining health; homeopathic drug proving - is</b>                   | NS |
| MIND - DELUSIONS - voices - hearing - calling - his name – <b>very loudly</b>                 | OS |
| MIND - DELUSIONS - voices - hearing - calling - his name – <b>very loudly</b>                 | OS |
| MIND - DESPAIR  | NS |
| MIND - DESPAIR - fever; during  | NS |
| MIND - DESPAIR – <b>headache, with</b>  | NS |
| MIND - DESPAIR - nausea, with   | NS |
| MIND - DESPAIR - pains, with the  | NS |
| MIND - DESPAIR - pains, with the - <b>Chest, in the</b>                                       | NS |
| MIND - DESPAIR - pains, with the – <b>Teeth; in</b>   | NS |
| MIND - DESPAIR - recovery, of   | NS |
| MIND - DESPAIR - recovery, of - heat, during  | NS |
| MIND - DESPAIR - vomiting, during   | NS |
| MIND - DETERMINATION  | NS |
| MIND - DISCONCERTED   | NS |
| MIND - DULLNESS   | NS |
| MIND - EXCITEMENT - <b>appointment - to late at</b>   | NS |
| <b>MIND - EXECUTION delayed</b>   | NS |
| <b>MIND - EXECUTION slow</b>  | NS |
| MIND - EYES – <b>consciousness; having</b>  | NS |
| MIND - FEAR - disease, of impending - incurable, of being                                     | NS |

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|---|----|
| MIND - FEAR - disease, of impending - incurable, of being – fever - intense; during             | NS |
| MIND - FEAR - disease, of impending - pain; during  | NS |
| MIND - FEAR - harm – could, him; homeopathic drug proving                                       | NS |
| MIND - FEAR - heart - disease of the heart  | NS |
| MIND - FEAR - heart - pain about heart; from  | NS |
| MIND – FEAR   |    |
| MIND - FEAR - pain – during   | NS |
| MIND - FEAR - recover, he will not  | NS |
| MIND - FEAR - recover, he will not – fever - intense; during                                    | NS |
| MIND - FIRMNESS   | NS |
| MIND - FORGETFUL  | NS |
| MIND - FORGETFUL - business; about  | NS |
| MIND - FORGETFUL - work; in matters relating to   | NS |
| MIND – GRIEF  | AS |
| MIND - HARDHEARTED  | NS |
| MIND - HARDHEARTED - others; to   | NS |
| MIND - HATRED   | NS |
| MIND - HEEDLESS   | NS |
| MIND - IDEAS - abundant - heat, during  | NS |
| MIND - IDEAS - deficiency of  | NS |
| MIND - IMPATIENCE   | NS |
| MIND - INDIFFERENCE   | NS |
| MIND - INDIFFERENCE – annoyed; about his  | NS |
| MIND - INDIFFERENCE – joyless   | NS |
| MIND - INDIFFERENCE - opinion of others; to   | NS |
| MIND – INDIFFERENCE – things happening around you   | NS |
| MIND - INDIFFERENCE - unfeeling; with   | NS |
| MIND - INDIFFERENCE – work  | NS |
| MIND - INITIATIVE, lack of  | NS |
| MIND - IRRITABILITY   | NS |
| MIND - INJUSTICE, cannot support  | AS |
| MIND - INSPIRATION – lack of  | OS |
| MIND – IRRITABILITY   | AS |
| MIND - IRRITABILITY - concentration; from difficult   | NS |
| MIND – IRRIBALITY - difficulties; from  | AS |
| MIND - IRRITABILITY – easily  | AS |
| MIND - IRRITABILITY - interruption, from  | OS |
| MIND - IRRITABILITY - pain, during  | NS |
| MIND - IRRITABILITY - pain, during - Chest; in  | NS |
| MIND - IRRITABILITY - pain, during - Teeth; in  | NS |
| MIND – IRRITABILITY – self-control; loosing   | NS |
| MIND - IRRITABILITY - waking, on  | NS |
| MIND - IRRITABILITY - waking, on - immediately when opening eyes                                | NS |
| MIND - IRRITABILITY – weakness of memory; from  | NS |
| MIND - IRRITABILITY – wishes; things are not going as he  | NS |
| MIND - MELANCHOLY   | NS |
| MIND - MEMORY – active  | NS |
| MIND - MEMORY - active - morning  |    |
| MIND - MEMORY - active - morning – details, for.  | AS |
| MIND - MEMORY - weakness of memory  | NS |
| MIND - MEMORY - weakness of memory – blocked; as if computer was                                | NS |
| MIND - MEMORY - weakness of memory - done; for what he just has                                 | NS |
| MIND - MISERY – headache from; on going to sleep  | NS |
| MIND - MISTAKES; making - time, in  | NS |
| MIND - MISTAKES; making - time, in - conception of time; has lost the                           | NS |
| MIND - MISTAKES; making - time, in - conception of time; has lost the – fever - intense; during | NS |
| MIND - MISTAKES; making - time, in – fever - intense; during                                    | NS |
| MIND - MISTAKES; making - side; about left and right  | NS |
| MIND - MISTAKES; making - writing, in   | NS |
| MIND - MOTION - amel.   | NS |

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|--|----|
| MIND - OBSTINATE   | NS |
| MIND - OCCUPATION - amel.  | NS |
| MIND - PAIN - <b>chest agg.; pain in</b>   | NS |
| MIND - POSTPONING everything to next day   | NS |
| MIND - PROSTRATION of mind   | NS |
| MIND - QUARRELSOME - waking, on  | NS |
| MIND - QUARRELSOME - waking, on – <b>restrain himself from quarrelling; has to</b> | NS |
| MIND - RAGE  | NS |
| MIND - RAGE - contradiction, from  | NS |
| MIND - RAGE – <b>divorce; wanting</b>  | NS |
| MIND - RESTLESSNESS - heat – during  | NS |
| MIND - RUDENESS  | NS |
| MIND – SADNESS ( 2: 8,...)   | OS |
| MIND - SADNESS - fever; during   | NS |
| MIND - SADNESS – <b>leave everything; wanting to</b>                               | NS |
| MIND - SADNESS – <b>reproaches; after</b>  | AS |
| MIND - SADNESS - weeping - desire to weep  | OS |
| MIND - SELF-CONTROL - loss of self-control   | NS |
| MIND - SENSES – acute  | NS |
| MIND - SENSITIVE - odors, to   | NS |
| MIND - SHRIEKING - anger, in   | NS |
| MIND - SLOWNESS - work, in   | NS |
| MIND – SNAPPISH  | NS |
| MIND - SOMBER; everything that is  | NS |
| MIND - STANDING - agg.   | NS |
| MIND - STRANGE - sensations  | NS |
| MIND - STRIKING - anger, from  | NS |
| MIND - STRIKING - himself - <b>hands, knocking his hand on the table</b>           | NS |
| MIND - STRIKING - rage; with   | NS |
| MIND – STUPEFACTION  | NS |
| MIND - THEORIZING - proving substance; about the                                   | NS |
| MIND – THOUGHTS – <b>restless – fever – during</b>                                 | NS |
| MIND - TIME - slowly, appears longer; passes too                                   | NS |
| MIND - TIME - slowly, appears longer; passes too – <b>fever - intense; during</b>  | NS |
| MIND - TIMIDITY – <b>mistakes making; from</b>                                     | AS |
| MIND - UNDERTAKING - many things, persevering in nothing                           | NS |
| MIND - UNOBSERVING [= inattentive]   | NS |
| MIND - VENERATION  | OS |
| MIND - WILL - loss of will power – <b>convince others; trying to</b>               | NS |
| MIND - WITHDRAWAL from reality   | NS |
| MIND – WRITING – <b>difficulty – with</b>  | NS |

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|   |    |
|---|----|
| VERTIGO   | NS |
| VERTIGO – <b>boat on – sensation as if</b>                                  | NS |
| VERTIGO - DESCENDING, on – stairs; <b>missing a step – sensation as if.</b> | AS |
| VERTIGO - RISING - sitting; from - agg.                                     | NS |
| VERTIGO - SITTING - agg.  | AS |
| VERTIGO - SITTING - agg. – <b>breakfast during</b>                          | AS |
| VERTIGO - STANDING – agg  | NS |
| VERTIGO - STANDING – agg – <b>not able to stand on your two legs.</b>       | NS |
| VERTIGO - STANDING - agg. – <b>rising after</b>                             | NS |
| HEAD - BRAIN; complaints of - <b>oppressive feeling</b>                     | NS |
| HEAD – CONSTRICTION   | NS |
| HEAD - HEAVINESS  | NS |
| HEAD - HEAVINESS – afternoon - <b>13h00</b>                                 | NS |
| HEAD - PAIN - night - waking him or her from sleep                          | NS |
| HEAD - PAIN - night - waking him or her from sleep - <b>pulsating pain</b>  | NS |

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|---|------|
| HEAD - PAIN - accompanied by – nausea   | NS   |
| HEAD - PAIN - light; from - agg. - pressing pain  | NS   |
| HEAD - PAIN - bursting pain   | NS   |
| HEAD - PAIN - bursting pain – <b>nutcracker between – sensation as if.</b>  | NS   |
| HEAD - PAIN – Forehead  | NS   |
| HEAD - PAIN - Forehead – afternoon – <b>13.45 h - gnawing pain</b>  | NS   |
| HEAD - PAIN - Forehead – afternoon – <b>13.45 h - gnawing pain; extending to – Temples – bilateral; over the ear – to the mastoid</b>                         | NS   |
| HEAD - PAIN - Forehead – afternoon – <b>13.45 h - gnawing pain; worsening towards the late evening</b>  | NS   |
| HEAD - PAIN - Forehead - afternoon - <b>15.15 h - gnawing pain; extending to – Temples – bilateral; over the – to the mastoid</b>                             | NS   |
| HEAD - PAIN - Forehead - extending to – <b>Temples – bilateral; over the – to the mastoid.</b>  | NS   |
| HEAD - PAIN - Forehead - extending to – <b>Temples – bilateral; over the – to the mastoid – gnawing pain</b>  | NS   |
| HEAD - PAIN - Forehead - extending to – <b>Temples – bilateral; over the – to the mastoid – evening – 22h45 – gnawing pain</b>                                | NS   |
| HEAD - PAIN - Forehead - extending to – <b>Temples – bilateral; over the – to the mastoid – gnawing pain – noon – increasing until goes to sleep at 23h35</b> | NS.. |
| HEAD - PAIN - Forehead - Eyes - Behind – left   | NS   |
| HEAD - PAIN - Forehead - Eyes - Behind – left – <b>slumbering pain</b>  | NS   |
| HEAD - PAIN - Forehead - light; from - agg. - pressing pain   | NS   |
| HEAD - PAIN - Forehead - light; from - agg. - pressing pain – <b>have to stay in the dark</b>   | NS   |
| HEAD - PAIN - Forehead - lying down - agg.  | NS   |
| HEAD - PAIN - Forehead - lying down - agg.  | NS   |
| HEAD - PAIN - Forehead - pressing pain  | NS   |
| HEAD - PAIN - Forehead - pressing pain – <b>over the whole breadth</b>  | NS   |
| HEAD - PAIN - Forehead - pulsating pain   | NS   |
| HEAD - PAIN - Forehead - sleep - after - amel.  | NS   |
| HEAD - PAIN – Forehead – <b>slumbering pain</b>   | NS   |
| HEAD - PAIN - Forehead – <b>slumbering pain – sleep; preventing – sleepiness with</b>   | NS   |
| HEAD - PAIN - Parietal bone – <b>right – above right ear – 9 cm.</b>  | NS   |
| HEAD - PAIN - pressing pain - constricting pain - <b>from outside</b>   | NS   |
| HEAD - PAIN - Spot; in a small  | NS   |
| HEAD - PAIN - Temples - afternoon – <b>15.15 h - gnawing pain; worsening towards the late evening</b>   | NS   |
| HEAD - PAIN – Temples - accompanied by - <b>rumbling and eructations</b>  | NS   |
| HEAD - PAIN - Temples - afternoon - <b>15.15 h - gnawing pain</b>   | NS   |
| HEAD - PAIN - Temples - afternoon - <b>15.15 h - gnawing pain; extending to - the mastoid</b>   | NS   |
| HEAD - PAIN - Temples - night - midnight - after – <b>2.10 h – waking him or her from sleep - pulsating pain</b>  | NS   |
| HEAD - PAIN - Temples - night - midnight - after – <b>2.10 h – waking him or her from sleep - pulsating pain; accompanied by nausea</b>                       | NS   |
| HEAD - PAIN - Temples - night - midnight - after – <b>2.10 h – waking him or her from sleep - pulsating pain; accompanied by palpitations</b>                 | NS   |
| HEAD - PAIN - Temples - left - <b>gnawing pain</b>  | NS   |
| HEAD - PAIN - Temples - left - <b>morning - 11.35h - gnawing pain</b>   | NS   |
| HEAD - PAIN - Temples - right – evening – <b>18h15 – gnawing pain</b>   | NS   |
| HEAD - PAIN - Temples - right - extending to – <b>right mastoid</b>   | NS   |
| HEAD - PAIN - Temples - right - extending to – <b>right mastoid – slight pain</b>   | NS   |
| HEAD - PAIN - Temples - right - gnawing pain  | NS   |
| HEAD – PAIN – <b>slumbering</b>   | NS   |
| HEAD - PAIN – Vertex - <b>right side - pressing pain - extending to parietal bone</b>   | NS   |
| HEAD - PAIN - Vertex - stitching pain   | OS   |
| HEAD - PAIN - Vertex - stitching pain - <b>appear suddenly - disappear; and – suddenly</b>  | OS   |
| HEAD - PERSPIRATION of scalp – Forehead – <b>absent – fever; during</b>   | NS   |
| HEAD - PERSPIRATION of scalp - Forehead - accompanied by – <b>abdomen – rumbling</b>  | NS   |
| HEAD – TENSION  | NS   |
| HEAD - TENSION – internal   | NS   |

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|---|----|
| HEAD - <b>TUBE - was put into; as if</b>  | NS |
| EYE - AIR - sensation of a current of air - passing through eyes                                  | NS |
| EYE - DISCOLORATION - red - <b>waking; on</b>   | NS |
| EYE - DRYNESS - Lids - <b>morning - sensation of</b>  | NS |
| EYE - DRYNESS - Lids - <b>Upper - left</b>  | NS |
| EYE - DRYNESS - Lids - <b>Upper - left - morning - sensation of</b>                               | NS |
| EYE - EVERSION of lids - Lower  | NS |
| EYE - LACHRYMATION - Canthi - Outer   | NS |
| EYE - OPENING the lids - difficult - keep the eyes open; hard to                                  | NS |
| EYE - OPENING the lids - difficult - keep the eyes open; hard to - <b>fever - intense; during</b> | NS |
| EYE - PAIN - left - tearing pain - <b>influenza; after</b>  | NS |
| EYE - PAIN - darkness - amel. - pressing pain   | NS |
| EYE - PAIN - darkness - amel. - pressing pain - <b>fever - intense; during</b>                    | NS |
| EYE - PAIN - fever - during - agg.  | NS |
| EYE - PAIN - fever - during - agg. - pressing pain  | NS |
| EYE - PAIN - <b>fever - intense - agg. - pressing pain</b>  | NS |
| EYE - PAIN - <b>fever - intense - agg. - pressure - agg</b>                                       | NS |
| EYE - PAIN - light; from - agg.   | NS |
| EYE - PAIN - light; from - agg. - pressing pain   | NS |
| EYE - PAIN - light; from - agg. - pressing pain - <b>fever - intense - agg.</b>                   | NS |
| EYE - PAIN - pressing pain  | NS |
| EYE - PAIN - pressure - agg.  | NS |
| EYE - SWELLING - Lids - Lower   | NS |
| EYE - SWELLING - Lids - Lower - left  | NS |
| EYE - SWELLING - Lids - Lower - right   | NS |
| EYE - TIRED EXPRESSION  | NS |
| EYE - TWITCHING - Lids  | OS |
| EYE - TWITCHING - Lids - Lower - left   | OS |
| EYE - TWITCHING - Lids - Lower - right  | OS |
| NOSE - ODORS; imaginary and real - bad  | NS |
| NOSE - PAIN - Nostrils - right - <b>burning pain - blowing the nose - when</b>                    | NS |
| NOSE - SMELL - acute  | NS |
| NOSE - SMELL - acute - unpleasant odors   | NS |
| NOSE - SMELL - acute - cooking food   | NS |
| NOSE - SNEEZING - paroxysmal - <b>three times every time</b>                                      | NS |
| FACE - DISCOLORATION - greyish  | NS |
| FACE - DISCOLORATION - pale - heat; during  | NS |
| FACE - ERUPTIONS - Nose - Wings, on - left  | NS |
| FACE - ERUPTIONS - Nose - Wings, on - left - <b>stitching pain; with</b>                          | NS |
| FACE - PAIN - burning   | NS |
| FACE - PAIN - Jaws - right - <b>extending to - parietal bone</b>                                  | NS |
| FACE - PAIN - Jaws - right - <b>extending to - parietal bone - gnawing pain</b>                   | NS |
| FACE - PAIN - Jaws - right - <b>extending to - parietal bone - stitching pain</b>                 | NS |
| FACE - PAIN - Jaws - right - <b>extending to - tempero-mandibular joint</b>                       | NS |
| FACE - PAIN - Jaws - right - <b>extending to - tempero- mandibular joint - gnawing pain</b>       | NS |
| FACE - PAIN - Jaws - right - <b>extending to - tempero- mandibular joint - stitching pain</b>     | NS |
| FACE - PAIN - Jaws - right - <b>stitching pain</b>  | AS |
| FACE - PAIN - Jaws - Lower - right  | AS |
| FACE - PAIN - Jaws - Lower - gnawing pain   | AS |
| FACE - PAIN - Jaws - Lower - stitching pain   | AS |
| FACE - PAIN - Jaws - stitching pain   | AS |
| FACE - PAIN - Jaws - Upper - right  | AS |
| FACE - PAIN - Jaws - Upper - right - <b>gnawing pain</b>  | AS |
| FACE - PAIN - Jaws - Upper - right - <b>stitching pain</b>  | AS |
| FACE - PAIN - Sinuses - Maxillary - <b>right - burning pain; blowing the nose - when</b>          | NS |

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| MOUTH - ERUPTIONS – Tongue  | NS  |
| MOUTH - ERUPTIONS - Tongue - Side - left - Tip; near  | NS  |
| MOUTH - ERUPTIONS - Tongue - Side - left - Tip; near – <b>two red spots</b>   | NS  |
| MOUTH - ODOR – offensive  | OS  |
| MOUTH - ODOR - offensive - oneself; to  | OS  |
| MOUTH - PAIN - Gums – right   | AS  |
| MOUTH - PAIN - Gums – right – <b>gnawing pain</b>   | AS  |
| MOUTH - PAIN - Gums – right – <b>stitching pain</b>   | AS  |
| MOUTH - PAIN - Gums – sore  | AS  |
| MOUTH - PAIN - Gums - stitching pain  | AS  |
| MOUTH - PAIN - Tongue - Sides – left  | OS  |
| MOUTH - PAIN - Tongue - Sides – left – <b>aphtae breaking through; as if.</b>   | OS  |
|   |     |
| TEETH - PAIN - night - midnight - after - 3 h   | AS  |
| TEETH - PAIN - night - midnight - after - 3 h – <b>waking; on - stitching, stinging</b>                                       | AS  |
| TEETH - PAIN - night - waking him or her from sleep   | NS  |
| TEETH - PAIN - night - waking; on - stitching, stinging   | NS  |
| TEETH - PAIN - Canines – right – <b>night - midnight - after - 3 h –waking; stitching pain</b>                                | AS  |
| TEETH - PAIN - Canines – right – <b>stitching pain</b>  | AS  |
| TEETH - PAIN - Canines – right – <b>stitching pain – razor-sharp</b>  | AS  |
| TEETH - PAIN - sitting up in bed - amel.  | NS  |
| TEETH - PAIN - Lower teeth - right - stitching, stinging  | AS  |
| TEETH - PAIN - Lower teeth – right – <b>gnawing pain</b>  | AS  |
| TEETH - PAIN - Upper molars and jaws; in right – <b>gnawing pain</b>  | AS. |
| TEETH - PAIN - Upper molars and jaws; in right – <b>stitching, stinging</b>   | AS  |
|   |     |
| THROAT - FOOD - lodges in throat  | NS  |
| THROAT - FOOD - lodges in throat - sensation as if  | NS  |
| THROAT – MUCUS  | NS  |
|   |     |
| EXTERNAL THROAT - PAIN – Sides – <b>Halfway mandibula – claviula – before sternocleidomastoideus – left</b>                   | NS  |
| EXTERNAL THROAT - PAIN – Sides – <b>Halfway mandibula – clavicula – before sternocleidomastoideus – left – pressing pain</b>  | NS  |
| EXTERNAL THROAT - PAIN – Sides – <b>Halfway mandibula – claviula – before sternocleidomastoideus – left – slumbering pain</b> | NS  |
| EXTERNAL THROAT - PAIN - Throat-pit – <b>under – burning</b>  | NS. |
|   |     |
| STOMACH - AIR - filled with air; as if  | NS  |
| STOMACH – ANGER   | NS  |
| STOMACH - APPETITE - increased – noon   | NS  |
| STOMACH - APPETITE - increased – noon; <b>more than normally</b>  | AS  |
| STOMACH – BELCHING  |     |
| STOMACH - EMPTINESS – noon  | NS  |
| STOMACH - EMPTINESS – noon – <b>despite a good breakfast</b>  | NS  |
| STOMACH - DISORDERED  | NS  |
| STOMACH - DISORDERED - <b>mushrooms agg.</b>  | NS  |
| STOMACH - ERUCTATIONS   | NS  |
| STOMACH - ERUCTATIONS - afternoon – <b>16.50 h - until night</b>  | NS  |
| STOMACH - ERUCTATIONS – daytime   | NS  |
| STOMACH - ERUCTATIONS - leukorrhea agg  | NS  |
| STOMACH - ERUCTATIONS – loud – <b>drinking soup; after</b>  | NS  |
| STOMACH - ERUCTATIONS – <b>stinking</b>   | NS  |
| STOMACH - ERUCTATIONS – <b>stinking – fever; during</b>   | NS  |
| STOMACH - ERUCTATIONS - swallowing – <b>away; must</b>  | NS  |
| STOMACH - ERUCTATIONS - vomiting – without  | NS  |
| STOMACH - ERUCTATIONS - vomiting – without – <b>normally vomiting with</b>  | NS  |
| STOMACH - ERUCTATIONS; TYPE OF – empty  | NS  |

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|---|----|
| STOMACH - ERUCTATIONS; TYPE OF – explosive  | NS |
| STOMACH - ERUCTATIONS; TYPE OF – loud – vomiting – without  | NS |
| STOMACH - ERUCTATIONS; TYPE OF - <b>soup, tasting like</b>  | NS |
| STOMACH - ERUCTATIONS; TYPE OF – sour   | NS |
| STOMACH - ERUCTATIONS   | NS |
| STOMACH - ERUCTATIONS – evening – <b>18h00</b>  | NS |
| STOMACH - FOOD - stays in stomach and will not go down  | NS |
| STOMACH - FULLNESS, sensation of  | NS |
| STOMACH – HEARTBURN   | NS |
| STOMACH - HEARTBURN – afternoon - <b>16 h</b>   | NS |
| STOMACH - HEARTBURN – evening – <b>18h00</b>  | NS |
| STOMACH - HEARTBURN - Throat; ascends   | NS |
| STOMACH – HEAVINESS   | NS |
| STOMACH - HEAVINESS - morning - waking; on  | NS |
| STOMACH – INDIGESTION   | NS |
| STOMACH - INDIGESTION - eating - after - agg.   | NS |
| STOMACH - NAUSEA - night - midnight – after   | NS |
| STOMACH - NAUSEA - night - midnight – after – <b>2.10 h</b>   | NS |
| STOMACH - NAUSEA - accompanied by – Abdomen – <b>rumbling in</b>                                    | NS |
| STOMACH - NAUSEA - accompanied by – <b>fever – intense</b>  | NS |
| STOMACH - NAUSEA - disordered stomach; from   | NS |
| STOMACH - NAUSEA - fever - during - agg.  | NS |
| STOMACH - NAUSEA – intense  | NS |
| STOMACH - NAUSEA - pregnancy - as if pregnant   | NS |
| STOMACH – NAUSEA – <b>severe</b>  | NS |
| STOMACH - NAUSEA - sleep - after – agg  | NS |
| STOMACH - NAUSEA - sleep - after - agg. – <b>6.30 h</b>   | NS |
| STOMACH - NAUSEA - vomit; sensation as if about to  | NS |
| STOMACH - NAUSEA - vomit; sensation as if about to – <b>without</b>                                 | NS |
| STOMACH - NAUSEA - vomiting – <b>without</b>  | NS |
| STOMACH - PAIN - squeezed; as if  | NS |
| STOMACH - PAIN - anger; after - <b>squeezed; as if</b>  | NS |
| STOMACH - PAIN - gnawing pain   | OS |
| STOMACH - PAIN - gnawing pain - <b>hunger; as from a</b>  | OS |
| STOMACH - PAIN - pressing pain  | NS |
| STOMACH - PAIN - anger; after - <b>pressing pain</b>  | NS |
| STOMACH - PAIN - vexation – after   | OS |
| STOMACH - THIRSTLESS - fever; during  | NS |
| STOMACH - TURNING; as if  | NS |
| STOMACH - TURNING; as if – <b>anger, after</b>  | NS |
| STOMACH - VOMITING - diarrhoea – during   | NS |
| STOMACH - VOMITING – forcible   | NS |
| STOMACH - VOMITING - nausea – with – <b>drinking Cola; despite of</b>                               | NS |
| STOMACH - VOMITING – periodical – <b>hour – one and a half hour; every</b>                          | NS |
| STOMACH - VOMITING - sensation of   | NS |
| ABDOMEN - DIARRHEA - sensation as if diarrhea would come on   | NS |
| ABDOMEN - DIARRHEA - sensation as if diarrhea would come on – <b>accompanied by – heat</b>          | NS |
| ABDOMEN - DIARRHEA - sensation as if diarrhea would come on – <b>excessive rumbling; because of</b> | NS |
| ABDOMEN – FLATULENCE  | NS |
| ABDOMEN – FLATULENCE – <b>distension abdomen of; without</b>  | NS |
| ABDOMEN – FLATULENCE – <b>rumbling; without</b>   | NS |
| ABDOMEN - PAIN - bending double – cramping  | NS |
| ABDOMEN - PAIN - cramping   | NS |
| ABDOMEN - PAIN – Diaphragm – Muscles – <b>around – vomiting – forcible; from</b>                    | NS |
| ABDOMEN - PAIN - Hypochondria - left – cramping   | NS |
| ABDOMEN - PAIN - Hypochondria - left – cramping – <b>must bend double</b>                           | NS |
| ABDOMEN - PAIN - Hypochondria – left – <b>halfway crista iliaca and ribs – cramping</b>             | NS |

|  |     |
|--|-----|
| ABDOMEN - PAIN - Muscles – <b>vomiting - forcible; from</b>  | NS  |
| ABDOMEN - PAIN - Spots; in   | NS  |
| ABDOMEN - PAIN - Spots; in small   | NS  |
| ABDOMEN - PAIN - Spots; in – cramping  | NS  |
| ABDOMEN – RUMBLING   | çNS |
| ABDOMEN - RUMBLING – evening   | NS  |
| ABDOMEN - RUMBLING - morning - rising agg.; after – <b>disappearing at 11h10</b>   | NS  |
| ABDOMEN - RUMBLING - morning - rising agg.; after  | NS  |
| ABDOMEN - RUMBLING - night - midnight – after  | NS  |
| ABDOMEN - RUMBLING - night - midnight - after - <b>2.10 h</b>  | NS  |
| ABDOMEN - RUMBLING - accompanied by – <b>diarrhoea</b>   | NS. |
| ABDOMEN - RUMBLING - <b>accompanied by – nausea</b>  | NS  |
| ABDOMEN - RUMBLING – <b>distension; without</b>  | NS  |
| ABDOMEN - RUMBLING - flatus; passing – <b>without</b>  | NS  |
| ABDOMEN – RUMBLING – loud  | NS  |
| ABDOMEN - RUMBLING – loud – <b>morning – rising agg.; after</b>  | NS  |
| ABDOMEN - RUMBLING – loud – <b>terrible</b>  | NS  |
| ABDOMEN – RUMBLING – <b>terrible</b>   | NS  |
| RECTUM – CONSTIPATION  | NS  |
| RECTUM - CONSTIPATION - ineffectual urging and straining   | NS  |
| RECTUM – DIARRHEA  | OS  |
| RECTUM - DIARRHEA – forenoon   | NS  |
| RECTUM – DIARRHEA – <b>rumbling; with</b>  | OS  |
| RECTUM – DIARRHEA – <b>rumbling; without</b>   | OS  |
| RECTUM - DIARRHEA - sensation as before diarrhea   | NS  |
| RECTUM - DIARRHEA - sensation as before diarrhea – <b>accompanied by – heat</b>  | NS  |
| RECTUM - DIARRHEA - sensation as before diarrhea – <b>accompanied by - ineffectual urging</b>                                | NS  |
| RECTUM - DIARRHEA - sensation as before diarrhea – <b>excessive rumbling; because of</b>                                     | NS  |
| RECTUM - DIARRHEA – sudden   | NS  |
| RECTUM - DIARRHEA – <b>urging – without</b>  | NS  |
| RECTUM - PAIN - Anus – burning   | OS  |
| RECTUM - URGING - stool - not for stool; but   | NS  |
| STOOL – COPIOUS  | AS  |
| STOOL – COPIOUS – <b>normally only in the weekend; working while</b>   | AS  |
| STOOL - FORCIBLE, sudden, gushing  | NS  |
| STOOL – HARD   | OS  |
| STOOL - HARD - blood, with   | OS  |
| STOOL - HARD - blood, with – <b>cleaning when; on the toilet paper</b>   | OS  |
| STOOL - LARGE  | NS  |
| STOOL - LONG, <b>thick</b>   | NS  |
| STOOL - ODOR – offensive   | NS  |
| STOOL - ODOR – penetrating   | NS  |
| STOOL - SHOOTING out   | NS  |
| STOOL – SOFT   | OS  |
| STOOL - SOFT – morning   | OS  |
| STOOL – <b>stinking</b>  | NS  |
| STOOL – <b>stinking – fever; during</b>  | NS  |
| BLADDER - URINATION - urging to urinate - evening - 21 h   |     |
| BLADDER - URINATION - urging to urinate - evening - 21 h – <b>pressure high; with</b>  | NS  |
| BLADDER - URINATION - urging to urinate - evening - 21 h – <b>pressure high; with</b>  |     |
| – <b>small quantity for</b>  | NS  |
| BLADDER - URINATION - urging to urinate - night - midnight – after – <b>3.50 h</b>   | NS  |
| BLADDER - URINATION - urging to urinate - night - midnight – after – 01h15 – <b>pressure high; with</b>                      |     |
|  | NS  |
| BLADDER - URINATION - urging to urinate - night - midnight – after – 01h15 – <b>pressure high; with – small quantity for</b> | NS  |

|   |    |
|---|----|
| KIDNEYS – PAIN  | OS |
| KIDNEYS – PAIN – left.  | OS |
| COUGH - IRRITATION; from - Throat; in   | NS |
| CHEST – PAIN  | NS |
| CHEST – PAIN – accompanied by – fear of heart disease   | NS |
| CHEST - PAIN - Mammae - Nipples - right – lateral – above   | NS |
| CHEST - PAIN - Mammae - Nipples - right – lateral – above - nagging pain  | NS |
| CHEST - PAIN - Mammae - Nipples - right – lateral – above - stitching pain  | NS |
| CHEST - PALPITATION of heart - accompanied by - Head - pain in: met Oscillococcinum!!!                                | NS |
| BACK - ITCHING - Dorsal region - Scapulae - Angles of - Inner - left - Upper inner angle                              | NS |
| BACK - PAIN – burning   | NS |
| BACK - PAIN - Cervical region   | NS |
| BACK - PAIN - Lumbar region   | NS |
| BACK - PAIN - Lumbar region – Vertebrae – radiating pain.   | CS |
| BACK - PAIN - Lumbar region – Vertebrae – third – bilateral   | NS |
| BACK - PAIN - Lumbar region – Vertebrae – third – paravertebral - slumbering pain – on waking - lasting all day long. | NS |
| BACK - PAIN - Lumbar region – Vertebrae – third – paravertebral - stitching pain.                                     | NS |
| BACK - PAIN - Lumbar region – Vertebrae – third – unilateral left - stitching pain                                    | NS |
| BACK - PAIN - Lumbar region – Vertebrae – third – fourth between; dull pain   | CS |
| BACK - PAIN - Lumbar region – Vertebrae – third – fourth between; sitting - agg - dull pain                           | CS |
| BACK - PAIN - Lumbar region – Vertebrae – third – fourth between; standing - agg - dull pain                          | CS |
| EXTREMITIES - CRAMPS - Toes – night   | NS |
| EXTREMITIES - CRAMPS - Toes – night; waking from  | NS |
| EXTREMITIES - CRAMPS – Toes – fourth and fifth – night; waking from   | NS |
| EXTREMITIES - ITCHING – Feet  | NS |
| EXTREMITIES - ITCHING - Fingers - Back of fingers - First - Phalanx; proximal   | NS |
| EXTREMITIES - ITCHING - Forearms - Posterior part – upper two – third   | NS |
| EXTREMITIES - ITCHING - Forearms - Posterior part – upper two – third – comes and goes.                               | NS |
| EXTREMITIES - ITCHING - Forearms - Posterior part – upper two – third – rub; obliged to                               | NS |
| EXTREMITIES - ITCHING – Hands   | NS |
| EXTREMITIES - ITCHING – Hands – followed by tingling of feet; afterwards.   | NS |
| EXTREMITIES - NUMBNESS - Feet - crossing legs agg.  | OS |
| EXTREMITIES - NUMBNESS - Feet – right   | NS |
| EXTREMITIES - NUMBNESS - Feet – right – walking around  | NS |
| EXTREMITIES - NUMBNESS - Hands – right  | NS |
| EXTREMITIES - NUMBNESS - Hands – right – walking around   | NS |
| EXTREMITIES - NUMBNESS - Legs – Calves  | AS |
| EXTREMITIES - NUMBNESS - Legs - Calves – crossing the legs, when  | AS |
| EXTREMITIES - NUMBNESS - Lower limbs - crossing the legs, when  | AS |
| EXTREMITIES - NUMBNESS - Upper limbs - lying - arm agg.; on   | OS |
| EXTREMITIES - PAIN - Bones - fractures; in old  | NS |
| EXTREMITIES - PAIN - Fingers - Second - Phalanges – Distal – electric like pain                                       | NS |
| EXTREMITIES - PAIN - Fingers - Second - Phalanges – Distal – electric like pain; typing while                         | NS |
| EXTREMITIES - PAIN - Forearms – burning   | NS |
| EXTREMITIES - PAIN - influenza – during   | OS |
| EXTREMITIES - PAIN - Knees - Hollow of knees  | NS |
| EXTREMITIES - PAIN - Knees - Hollow of knees – right  | NS |
| EXTREMITIES - PAIN - Knees - Hollow of knees - right - stitching pain   | NS |
| EXTREMITIES - PAIN - Knees - Hollow of knees - right - stitching pain – strained – sensation of.                      | NS |
| EXTREMITIES - PAIN - Knees - Hollow of knees - stitching pain   | NS |
| EXTREMITIES - PAIN - Knees - rising - after - agg.  | CS |
| EXTREMITIES - PAIN - Knees - rising - agg. - rust; as if  | CS |
| EXTREMITIES - PAIN - Knees - sitting - agg.   | CS |
| EXTREMITIES - PAIN - Knees - sitting - agg. – flexed limbs with; sitting  | CS |
| EXTREMITIES - PAIN - Legs - Tendo Achillis - running agg.   | CS |

|  |     |
|--|-----|
| EXTREMITIES - PAIN - Lower limbs – <b>Harmstrings – Upper part close to nates – influenza; during – stitching pain</b> | NS. |
| EXTREMITIES - PAIN - <b>rust; as if</b>  | CS  |
| EXTREMITIES - STIFFNESS - Knees - rising from sitting agg.   |     |
| EXTREMITIES - STIFFNESS - Knees - rising from sitting agg. - <b>flexed limbs with; sitting</b>                         | CS  |
| EXTREMITIES - TINGLING – Feet  | NS  |
| EXTREMITIES - TINGLING – Hands   | NS  |
| EXTREMITIES - TINGLING - Legs – Calves – <b>extending to feet</b>  | AS  |
| EXTREMITIES - TINGLING - Legs – Calves – <b>crossing the legs, when</b>  | AS  |
| EXTREMITIES - TREMBLING – Forearms   | AS  |
| EXTREMITIES - TREMBLING - Forearms - extending to – Hand – <b>left</b>   | AS  |
| EXTREMITIES - TREMBLING – Forearms – <b>left - holding objects - holding objects; on</b>                               | AS  |
| EXTREMITIES - TREMBLING - Hands – <b>left - holding objects - holding objects; on</b>                                  | AS  |
|  |     |
| SLEEP – UNREFRESHING   | NS  |
| SLEEP - UNREFRESHING - prolonged sleep   | NS  |
|  |     |
| SLEEP - FALLING ASLEEP – difficult   | NS  |
| SLEEP - FALLING ASLEEP - difficult - sleepiness; with  | NS  |
| SLEEP - FALLING ASLEEP – evening   | NS  |
| SLEEP - FALLING ASLEEP - evening - eating; after   | NS  |
| SLEEP - FALLING ASLEEP - sitting agg.  | NS  |
| SLEEP – INTERRUPTED – <b>fever; during</b>   | NS  |
| SLEEP - SLEEPINESS – overpowering  | NS  |
| SLEEP - SLEEPINESS - overpowering – evening  | NS  |
| SLEEP - SLEEPLESSNESS - <b>tiredness – with</b>  | NS  |
| SLEEP - UNREFRESHING – morning   | NS  |
| SLEEP - WAKING - night - midnight - after - 3 h - 3-5 h  | NS  |
| SLEEP - WAKING – <b>earlier than normal</b>  | NS  |
| SLEEP - WAKING - early; too – <b>at 6h30</b>   | NS  |
| SLEEP - WAKING – frequent  | NS  |
|  |     |
| DREAMS - AFFECTING THE MIND  | NS  |
| DREAMS - AGGRESSIVE  |     |
| DREAMS – ANNOYING  | NS  |
| DREAMS – <b>associated.</b>  |     |
| DREAMS – BICYCLE – <b>repaired; had to be</b>  |     |
| DREAMS - BICYCLE; riding a   |     |
| DREAMS - BICYCLE; riding a - <b>bridge; crossing - a</b>   |     |
| DREAMS - BICYCLE; riding a - <b>channel; beside - a</b>  |     |
| DREAMS - BICYCLE; riding a - <b>fast</b>   |     |
| DREAMS - BICYCLE; riding a - <b>fast; someone riding fast behind me</b>  |     |
| DREAMS – BOMBS   | NS  |
| DREAMS – BUSINESS  |     |
| DREAMS – BUSINESS – <b>finish; cannot</b>  |     |
| DREAMS – BUSINESS – <b>start; cannot</b>   |     |
| DREAMS - BUSINESS - succeed; does not – <b>threatens to</b>  |     |
| DREAMS – <b>CARS – hit; by a gang</b>  |     |
| DREAMS – CATS  | NS  |
| DREAMS - CATS – <b>dying; his cat is</b>   | NS  |
| DREAMS - CATS – <b>dying; looking as a human being – is; his cat</b>   | NS  |
| DREAMS - CATS – <b>fur; without</b>  | NS  |
| DREAMS - CHILDBIRTH – <b>dead child; of</b>  |     |
| DREAMS - CHILDBIRTH – <b>dead child; of – becoming alive again.</b>  |     |
| DREAMS - CHILDBIRTH – <b>flat and lifeless child; of</b>   |     |
| DREAMS – CHIMNEY – <b>black smoke; producing.</b>  |     |
| DREAMS - CONCRETE; things made of  | NS  |
| DREAMS - CONCRETE; <b>everybody was made of</b>  | NS  |
| DREAMS - CONVERSATIONS - previous day; of - <b>associated - with</b>   |     |

DREAMS - DEAD; of the - children - newborns  
 DREAMS - DEAD; of the - children – newborns – **becoming alive again.**  
 DREAMS - DIFFICULTIES  
 DREAMS - DIRTY – **apartment**  
 DREAMS - ENCOUNTERS – previous day; of – **associated - with**  
 DREAMS - EVENTS - previous - day, of the previous - **associated - with**  
 DREAMS - EXPLOSION - bombs; of NS  
 DREAMS - FACE – round – red; veins with. NS  
 DREAMS - FLEEING  
 DREAMS - FLEEING – **an aggressive gang; for**  
 DREAMS – **get over something; to**  
 DREAMS - HANGING - down; upside NS  
 DREAMS - **HIDEAWAY – found; by the gang pursuing me.**  
 DREAMS - HIDING  
 DREAMS - HIDING – **gang; for a**  
 DREAMS - HORRIBLE NS  
 DREAMS - HOUSE - **dilapidated**  
 DREAMS - HUMILIATION  
 DREAMS - HUMILIATION - **old**  
 DREAMS - INDIGNATION  
 DREAMS – INDIGNATION - **old**  
 DREAMS - JUMPING – train; at the NS  
 DREAMS - LANGUAGE - **talking - alternately in Dutch and French; in a clumsily way** NS.  
 DREAMS – LIFT  
 DREAMS – LIFT – **ascending – high in the mountains**  
 DREAMS - NAKEDNESS  
 DREAMS - NAKEDNESS – **ashamed.**  
 DREAMS - NAKEDNESS – **looked at; unless feeling being**  
 DREAMS - NAKEDNESS – **understanding not; why doing it.**  
 DREAMS - NAKEDNESS – **town; in the middle of a busy**  
 DREAMS - NIGHTMARES  
 DREAMS - POLICE  
 DREAMS - **POPE – meeting the; astonished** NS  
 DREAMS - **POPE – encounter; with** NS  
 DREAMS - **POPE – kissing; the** NS  
 DREAMS - **POPE – lecture; giving** NS  
 DREAMS - PREGNANT – being  
 DREAMS - PREGNANT – being – **abdomen thick; without**  
 DREAMS - PREGNANT – being – **dead child; of**  
 DREAMS - **PROVING; remedy of – made from small children –**  
     **which makes a unique salt – good for the constitution** NS  
 DREAMS - **PREY – gang; of a – pursuing me.**  
 DREAMS - PURSUED, being  
 DREAMS - PURSUED, being - **gang, by**  
 DREAMS - **RESPIRATION – impossible – black smoke; because of**  
 DREAMS – ROBBING  
 DREAMS - ROBBING – **beer; willing to pay - but**  
 DREAMS - **SMOKE - black**  
 DREAMS - TRAIN - catch; trying to  
 DREAMS - TREATMENT – **homeopathic; colleague of**  
 DREAMS – UNREMEMBERED  
 DREAMS - WITNESS; **he was a – of the violence of a gang – hitting cars.**

CHILL NS  
 CHILL - BED - in bed - amel. NS

FEVER - INTENSE heat NS  
 FEVER - PERSPIRATION – absent NS  
 FEVER - PERSPIRATION – absent – **alternating with colliquative perspiration** NS  
 FEVER REMITTENT NS

|   |    |
|---|----|
| PERSPIRATION – COLLIQUATIVE   | NS |
| PERSPIRATION – COLLIQUATIVE – <b>fever – intense; during</b>                                    | NS |
| PERSPIRATION – COLLIQUATIVE – <b>fever – intense; during - alternating with no perspiration</b> | NS |
| PERSPIRATION - SENSATION as if about to perspire, but no moisture appears                       | NS |
| <br>  |    |
| SKIN - ITCHING – spots  | AS |
| <br>  |    |
| GENERALS - EVENING - amel.  | CS |
| GENERALS - FOOD and DRINKS - chocolate – desire   | NS |
| GENERALS - FOOD and DRINKS - mushrooms - agg.   | NS |
| GENERALS - HEAT - flushes of - accompanied by – <b>abdomen – rumbling</b>                       | NS |
| GENERALS - HEAT - sensation of - fever – without  | NS |
| GENERALS - HEAT - sensation of - waking; on   | NS |
| GENERALS – LASSITUDE  | NS |
| GENERALS - NUMBNESS - pain – during   | NS |
| GENERALS - PAIN - appear suddenly   | NS |
| GENERALS - PAIN - appear suddenly - disappear; and – suddenly                                   | OS |
| GENERALS - PAIN – Muscles   | NS |
| GENERALS - PAIN - neuralgic - accompanied by – numbness   | NS |
| GENERALS - PAIN - Spots; in small   | NS |
| GENERALS - WEAKNESS   | OS |
| GENERALS - WEAKNESS – afternoon   | OS |
| GENERALS - WEAKNESS - bed – <b>staying in bed - must; daytime during</b>                        | NS |
| GENERALS - WEAKNESS - lying - must lie down   | NS |
| GENERALS - WEAKNESS - morning - rising - after - agg.   | NS |
| GENERALS - WEAKNESS - morning - waking; on  | NS |
| GENERALS - WEAKNESS - fever - during - agg.   | NS |
| GENERALS - WEAKNESS - fever - during - agg. – <b>rise from bed; not able to</b>                 | NS |
| GENERALS - WEAKNESS - fever - during - agg. – <b>sudden</b>                                     | NS |
| GENERALS - WEAKNESS - fever - during - agg. – <b>sudden; in one night</b>                       | NS |
| GENERALS - WEAKNESS - sudden – afternoon  | OS |
| GENERALS - WEARINESS  | NS |
| GENERALS - WEARINESS – daytime  | NS |
| GENERALS - WEARINESS - accompanied by – <b>headache</b>   | NS |
| GENERALS - WEARINESS - accompanied by – <b>concentration – difficult.</b>                       | NS |
| GENERALS - WEARINESS - morning - rising agg.  | NS |
| GENERALS - WEARINESS - morning - waking; on   | NS |

## THEMES:

### MIND

#### SENSATIONS:

- Strange - sensations
- As if, anger - volcano
- As if, anger – bubbling inside.
- As if the computer blocked
- As if a pressure was practised from outside on the head.
- As if being between a nutcracker
- As if his head was put into a tube. A tunnel – feeling.
- As if living in your own world.
- As if energy was sucked of.
- Vertigo - descending, on – stairs; missing a step – sensation as if.
- Vertigo - boat on - sensation as if Prover 1
  
- My stomach is turning completely
- As if, everything was made of concrete Prover 6
  
- Sensation rust as if, knees Prover 8

#### DELUSIONS:

- Feeling of being a zombie
- Feeling of being burn out.
- The “zombie-feeling” as the feeling being in a tunnel
- Feeling as if being in a straitjacket.
- Feeling of being absorbed in your own thoughts.
- It feels as if your health was ruined
- The filters crash..... Prover 1
  
- Delusion hearing voice calling own name
- The feeling of being on quicksand Prover 2
  
- Time looked like endless
- The time appeared endless.
- I am gliding away and there is not any signal that gives me hope that I will recover.  
What is going on? Was really feeling very down. It looked like something had happened in my system so that I reacted in a different way than normally.
- It was very **intense**.
- **Unbearable panic**, wandering what was going on. Was afraid to get C.F.S. because all his energy was gone Prover 4
  
- Everybody is made of concrete
- Felt threatened constantly
- Everywhere concrete. Prover 6
  
- I was really worried that the taking of this homeopathic drug could harm me.  
Normally he has everything under control. Something severe should overcome him  
Doubting to call the supervisor because of the anxiousness and worrying Prover 7

- Proving is undermining my health
  - Impression that the proving is oppressing me; proved remedy is depressing me
  - Is it the proving which makes that things are so difficult last weeks or is it just myself?
- Many mistakes don't succeed anymore to be happy; have no control over it.  
I hope all this has to do with the proving
- A heavy load fell from my shoulders.
  - Many strange people. Strange faces and clothes
- Prover 8

### **FEELING of BEING ANNOYED**

Feeling very **annoyed** of being late at an appointment Prover 1.

Indifference – **annoyed**; about his Prover 2  
Casual – **annoyed**; about his being

Dream: I myself made the mistake. Feels very **embarrassed** about it Prover 6

### **MENTAL:**

- Bored with the fact things are happening besides his control.  
“I lost the thread”.
  - Takes longer to start execution of projects.
  - Postponing
  - Withdrawing.
- Prover 1

- Mistake in laterality
  - Very confused
  - More confused
  - Going to sit beside a stool.
  - Feel more confused than normally
  - Forgetful
  - Heedless.
  - Feel more casual
- Prover 2

- **Mistakes in time**; has lost the conception of time Prover 4

- Mentally I felt very bad being so terribly ill Prover 5

- Concentration difficult - attempting to concentrate; on
  - Cannot fix attention
  - Inability to focus
  - Undertaking - many things, persevering in nothing
  - Dream: I myself made the **mistake**. Feels very embarrassed about it
  - Bad concentration
- Prover 6

- Concentration difficult. No inspiration.
- Forgot my medical bag at home.
- **Mistake in writing** Prover 8

### Responsibility:

- Feeling responsible for the fact that he had only a few symptoms.

- Feels very responsible to make a good report.

Prover 6, 8

**EMOTIONAL:**

- Irritable
- Aggressive.
- Curt
- Abrupt
- Censorious

Prover 1

- Reacted with aggression
- Aggression

- Less willing to admit.
- No need to conformism
- More stubborn, more persistent
- A vicious way. Sarcastic

- Very irritable.
  - The irritability again is something coming from very deep inside.
  - Very irritable on waking. Very quarrelsome and I have to restrain myself not to do it.
- These feelings of anger, indignation and irritability were very strong experienced and it came up very suddenly and subsided slowly in one hour

- A strong feeling of indignation
- Terrible anger and hate inside

Prover 2

- Desperate

Prover 4

- From misery she went to sleep.
- Felt a deep loneliness
- Upset, disconcerted and torn to pieces
- Lot of grief
- Feels desperate
- Hitting
- Terribly angry
- Shouting
- Upset and disconcerted.
- It was very unusual to utter my anger in this way
- All day long this anger stayed on my mind
- Depressive and should like to weep
- Anger; don't get rid of it.
- Anger, depressiveness and to leave everything
- "Just let it all go". Wants to stop work; wants the divorce

Prover 6

- Sombre and melancholic.
- Sad and melancholic mood.
- Still depressed mood.
- Missing the joy of life. Should like to be lighter again.
- Irritable
- More irritable at my work.

- Irritated by all kind of circumstances
- Very irritable when interrupted constantly at my work
- Anger and indignation after a reproach from a client at my work
- Strong feeling of injustice Prover 8

#### Admiration

- Dream about treating a great homeopath.
- Dreaming about the pope. Prover 2, 5

### DREAMS:

- I'm **cycling** next to a canal which I cross by a bridge. I'm **cycling** quite good and someone is **cycling** behind me. He is also **cycling** good but doesn't succeed to approach me. I hear him making the reflection: "**that guy is cycling really fast**".

- Further on in the dream something of my **bicycle** was broken and had to be repaired. Was very confusing. It looked like a **bicycle** I could not put over or through something.

Prover 2, 8

- Being eight and a half months **pregnant** Prover 3.

- a floating object in a swimming pool turns out to be a **bomb**. I or someone else go in a rush to this object and throw it away. The bomb explodes and the dream stops. Prover 8

- Dreams police Prover 2, 4

- Dreams of boots Prover 2, 4

- Dreams **associated**

- Dreams **to get over things** Prover 2

- Dreams **great persons**

Dreaming of treating famous homeopath Prover 2

Dreaming encounter with the pope Prover 5

### PHYSICALS:

#### ENERGY:

- Energy is sucked out of the body Prover 1

- My energy slipped out of my body, very suddenly. Prover 2

- **Complete loss of energy.**

- Your energy is completely gone

- Falling asleep difficult despite of feeling very tired Prover 4

- Very low energy and rising the stairs was already to difficult. Prover 5

- Feel tired and should like to go back in my bed

- Fatigue, not possible to concentrate myself at my work:  
no amelioration of the fatigue Prover 6

- Feeling that every moment of sleep was important.

Could not miss any minute Prover 7

- Very tired
- Tired feeling when rising. No refreshing sleep
- Unrefreshing sleep with a tiredness not normal after 10 hours of sleep.
- Very tired after a small walk
- Tiredness. Prover 8

### **NUMBNESS:**

- Sleeping of his right leg easier than normally after crossing the limbs
- Numbness in his leg
- Tingling
- Numbness of the leg Prover 7
- Sleeping feet after sitting with crossed limbs.
- Sleeping of right feet when walking around. Also my right hanging hand. Prover 8

### **PAIN:**

- **Slumbering** pain.
- Pain **appears suddenly** and **disappears suddenly**.
- Pain **small spot**. Prover 1
- Pain **appears suddenly** and **disappears suddenly**.
- A terrible pain at my right lower and upper jaw comes up suddenly to disappear suddenly
- Despair with the pain.
- Irritable with the pain
- Constant **stitching** terrible pain in right upper jaw
- A stitching pain. A razor-sharp pain, an unbearable pain
- A stitching pain rising and disappearing on my vertex.
- Slumbering pain. Prover 2
- Something is **slumbering**".
- Slumbering.
- "Something is slumbering here"
- A slumbering kind of pain. Prover 4
- A **pressing** frontal headache Prover 5
- **Gnawing** headache at the left temple
- Headache on the forehead
- Slight headache right temples
- Gnawing headache at the front Prover 6
- Frontal headache and tired feeling
- Pain in the distal phalanx of the right little finger when typing.
- A kind of electric pain Prover 8

### **VERTIGO:**

- Feeling of being in unbalance not able to stand on your two legs.

It was the same feeling he may have sometimes when descending the stairs. But now he was sitting and when rising after sitting it was difficult to stand on his both legs.

- **Vertigo sitting while during breakfast.** Sensation as if missing a step when descending stairs or like you are sitting on a boat. The prover may suffer from seasickness.

Duration: the time of the breakfast Prover 1

### **EYES:**

- **I feel my eyes.**

- Swollen right lower eye lid on waking. Prover 2

- Morning on waking red eyes without pus.

- No irritation despite of the redness. Prover 5

- Sensation of dryness on the upper eyelid of the left eye Prover 7

### **MOUTH:**

- The left side of my tongue an aphtae is breaking through.

- Two red spots on the left proximal part of the tongue. Prover 8

### **STOMACH:**

- Hunger at noon Prover 1.

- Food stays in the stomach.

- Burning oesophagus because of the heartburn.

- Looks like food gets stuck in the throat

- Bad digestion of stomach.

- Sour **eructations.** Prover 2

- Eructations and stool stinking.

- The feeling to vomit but he cannot

- Many eructations

- A lot of air in his stomach

- Drinking some soup provokes many loud eructations.

- **Loud and explosive eructations** Prover 4

- Vomiting and diarrhoea

- Very severe nausea

- Vomit Prover 5

- Eructations.

- Eructations and **audible belches**

- **Urging**, as if I had to vomit but finally I hadn't to **vomit**.

- Heartburn

- Still nauseous. Nausea pregnant as if.

- **A kind of squeezing, pressing together of the stomach.**

- Stomach was turning completely during her dream. Prover 6

- Hunger at noon Prover 7

- Gnawing pain stomach. Feeling of being hungry

- Bad breath
- Pain stomach after vexation
- Eructation taste of soup
- Bad digestion
- Heaviness feeling stomach
- Heartburn. Thought I had to vomit but only some eructations of air Prover 8

**ABDOMEN:**

- Lot of **rumbling** in the abdomen and excessive flatulence. Prover 2
- Rumbling in the abdomen. You could hear the rumbling
- Abdomen feels as if getting diarrhoea
- The **feeling as if everything would come out** once but it didn't happen. Very strange.
- This rumbling when rising; audible rumbling but no diarrhoea
- Terrible rumbling in the abdomen.
- **Urging** without the need for making **stool**
- Diarrhoea without urging Prover 6

**STOOL:**

- Stool large Prover 1
- Very **large stool**. Enormously. Very cheerful after stool. Prover 2
- **Urging**, as if **diarrhoea** would come on Prover 6
- A lot of stool, rather soft Prover 7
- Voluminous stool which is very unusually during the week Prover 8

**KIDNEYS:**

- Have to urinate as if it was very urgent.
- Have to urinate again
- **Urging** to **urinate** urgently for only a small quantity. But with a high pressure Prover 4
- Feeling at his kidneys
- Kidney stone in his left kidney in 1998 Prover 7

**PREGNANT:**

- Dreaming about being pregnant Prover 3
- Nausea as if pregnant Prover 6

**FEVER:**

- Warm feeling as if having fever. Warm feeling without perspiration.
- Feverish without having fever Prover 6
- Feeling to perspire without perspiring, Prover 8

**GENERAL:**

- Flu with severe muscle pains especially in the harmstrings close to the nates

- Trembling left forearm and hand on holding something
- Pain appear suddenly and disappear suddenly

Prover 1, 2

## CURED SYMPTOMS:

|   |    |
|---|----|
| MIND - CONSTIPATION agg.  | CS |
| BACK - PAIN - Lumbar region – Vertebrae – <b>third – fourth between; dull pain</b>                  | CS |
| BACK - PAIN - Lumbar region – Vertebrae – <b>third – fourth between; sitting - agg - dull pain</b>  | CS |
| BACK - PAIN - Lumbar region – Vertebrae – <b>third – fourth between; standing - agg - dull pain</b> | CS |
| BACK - PAIN - Lumbar region – Vertebrae – <b>radiating pain.</b>                                    | CS |
| EXTREMITIES - STIFFNESS - Knees - rising from sitting agg. - <b>flexed limbs with; sitting</b>      | CS |
| EXTREMITIES - STIFFNESS - Knees - rising from sitting agg.  |    |
| EXTREMITIES - PAIN - <b>rust; as if</b>   | CS |
| EXTREMITIES - PAIN - Legs - Tendo Achillis - running agg.   | CS |
| EXTREMITIES - PAIN - Knees - sitting - agg. – <b>flexed limbs with; sitting</b>                     | CS |
| EXTREMITIES - PAIN - Knees - sitting - agg.   | CS |
| EXTREMITIES - PAIN - Knees - rising - agg. - <b>rust; as if</b>                                     | CS |
| EXTREMITIES - PAIN - Knees - rising - after - agg.  | CS |

## NORLAND M. and FRASER P., Galium aparine - The Homeopathic Proving of Cleavers or Goosegrass

### Introduction

Galium Aparine **invades our space!** – specifically, the 'space' of herbaceous borders, hedgerows and woodland paths.

**It survives by overwhelming an area. It sticks tenaciously onto other plants for support and it sticks to the passing traffic of humans and beasts for its seed distribution.**

The growth seems frail, yet when we grasp it, it clings to and cuts us, leaving the softer skin on backs of hands and arms lightly cut and wounded. Often a rash develops upon the site and lingers for some days. Yet cleavers is satisfying to weed out (provided gloves and long sleeves are worn) because it adheres to itself. While pulling at a piece, it will often pick up neighboring stems and they too tug loose. But Cleavers' root system is fibrous and strong. Unless the ground is loosened by trowel the roots stay firm and growth starts up again. And it is rampant, climbing and clinging easily up to a couple of meters.

In summary, **it invades and cannot be eliminated.**

Therefore it seemed fair to speculate that the **predominant miasm addressed by Cleavers would be cancer.** Dreams of cancer and of imposed responsibility quickly confirmed this.

### Some observations of the proving

13 provers ( 11 women and 2 men).

**The key sensation of the remedy would seem to be one of being overwhelmed.** This would be in keeping with the **signature of the substance** as a fast growing weed that soon **overwhelms the area** in which it grows and with the clinical evidence of its efficacy in treating cancers, which would place it in a cancerous miasm. The **sensation of being overwhelmed** was found clearly in the mental and emotional pictures, in dreams, particularly of **overwhelming responsibility**, and in the way that physical symptoms became cumulatively overwhelming.

This was often externalized as **a feeling of being harassed or plagued** both internally by the **symptoms** and externally, although it could be **a less specific reaction of irritability.** It could be even more generalized in a feeling of suspicion, of being followed or that **people are calling your name** and talking about you and in **feelings of being alone and vulnerable.**

There was **a sense of anxiety**, particularly an anxiety that **something was about to happen.**

Part of this anxiety was found in visions of death and violence.

One reaction to this state is to struggle against it which was expressed as **fighting with the remedy.**

Another reaction was one of clearing out, of making some space.

The remedy is a sexual one and the power of sexuality and love could become overwhelming. Another important area was **an unusual degree of confusion and forgetfulness**. This was physically expressed as clumsiness but was most noticeable as a confusion of size or direction and especially of distance. There could be a polarity in clarity and alertness.

Some of the other areas which appeared in the proving were the importance of water. Given the nature of the plant a sense of hairiness might be expected.

There was a sense of calm, even lethargy or tiredness, but also a restlessness and agitation. Symptoms and mood were often changeable, unstable or contradictory.

The most important physical symptom would seem to be one of **pricking**. This ranged from itchiness through pinpricks to sharp needle like pains. The pricking was similar to insect bites and bees and wasps were found in the dreams.

The itchiness was often accompanied by **numbness**, particularly in the face where several provers also experienced a dragging down feeling.

Sciatica was found in the proving and eruptions tended to be herpetic.

There were disturbances of appetite and often **a feeling of fullness**.

## Materia medica

### Mind

#### **Overwhelmed**

On waking there was a sense of terrible sinking just below my heart, overwhelmed by just having too much to do, thinking and rationalizing it I realized this is not a delusion, I have a fantastic amount to do, started far too many things this last couple of weeks and now need to complete them - cleaning out and decorating the house, not completed homework assignments yet. I feel completely bowled over and am aware that I shouldn't have booked up the weekend but now feel obliged as the children very much want to go. Terrible pressure and anxiety, my head is on 'fast spin'.

01P 23 XX:XX NS

Feeling overwrought - faster and faster thoughts about how much I have left to do, the ticking continues against time. This is not an unfamiliar state but an edge here, a bit like excitement but unpleasant, feeling edgy.

01P 26 XX:XX NS

A feeling of great nervousness and incapacity. It is all too much.

03P 15 XX:XX OS

I'm feeling like I'm really struggling to get anything done, everything is really hard.

08P 05 XX:XX NS

As I was getting up I thought that children were so demanding.

08P 18 XX:XX NS

Feeling of being overwhelmed and weighed down, mostly by moral obligation throughout the proving.

09P 00 XX:XX NS

All day felt **overwhelmed** by homework. **Everything is overwhelming**; not just the homework, but my work and my project, which is so close yet so far away.

09P 03 XX:XX NS

**Terribly tired**. Feeling of being overwhelmed again. **I can't get down to doing anything. I must complete something tomorrow and come out of this gloom.**

09P 04 XX:XX NS

**A day off work which I desperately needed to do some homework. Completely unable to concentrate**. Kept wandering around the house, could not get on with anything at all.

Everything is overwhelming.

09P 34 XX:XX NS

Feeling very tearful and het up. Things are really getting to me, what with the pain in my body not letting up and the emotional turmoil that I am in with my ex and the boys. I feel that everything that I do is causing me pain.

12P 13 XX:XX NS

It seems that all the symptoms that I have experienced in the last year or so has come back but stronger and all together, this makes me feel that I can not cope, that I will never feel well again. It makes me feel sad, I feel like I have aged, I feel old.

12P 13 XX:XX NS

**I am really finding it so hard to get up and face the world today. I feel so low in spirit and every thing seems to overwhelm me in my life.**

12P 27 XX:XX IOS

Growing feeling of pressure building up during the day; feeling that too much was demanded from us.

13P 03 XX:XX NS

Feeling overwhelmed by the demands of the course and the emotions linked to anew relationship. Is it worth it feeling?

13P 04 XX:XX NS

Would like to be on my own out and about. Feeling oppressed by my surroundings, my obligations, duties as a mother, as an adult.

13P 17 XX:XX NS

#### Harassed

On switching off the light last night, I couldn't get to sleep because a mosquito buzzed round my face in the dark. Every time I dozed off, it came back to harass me.

02P 07 22.30 NS

There was human shit on the back doorstep of my workplace this morning. I had to step over it to get in the door. I called the Environmental Health Dept and the street cleaners came almost immediately. But in the meantime, I was very concerned about one of the practitioners who always comes in the back door – I thought she might not see the shit. And not long after, she came in the front door! She had a strong feeling she wasn't to use the back door. She said I had psychic powers.

03P 26 09.00 NS

**Kept getting lots of phone calls and it felt like I was being plagued by them.**

08P 05 XX:XX NS

Woke up early by neighbor slamming doors and couldn't sleep again. Since a little before the proving I find them a major **nuisance**. Tossed around in bed angry and frustrated.

11P 09 XX:XX NS

Feeling boxed in by relationship, oppressed.

13P 15 XX:XX NS

#### Irritability

Feeling very different today - annoyed by children. I hate the noise and I have no patience. I want to be on my own, able to do my studying. There are too many demands on me. I feel tired and cross.

02P 06 XX:XX NS

Feel calmer and less bad-tempered today with the end of my period. I realize that it really has been unusual to feel so "bolshy", especially during a period.

02P 19 XX:XX NS

Hearing seems more acute. Irritated by small repetitive noises. Train did not have a seat - I got determined to do something about it.

03P 04 XX:XX NS

**Needing time alone and irritable and tired.**

04P 09 XX:XX NS

Followed

When I am walking down the street I do not like **people walking behind me** I have to look behind me and check out who they are. Two people in the street have done the same thing to me, they did not like me behind them and one of them crossed the road and another stopped and let me pass. When I mentioned this to my husband he said that the same thing has happened to him.

06P 03 XX:XX NS

Still had **the feeling of someone behind me**, very close. This morning it's almost a physical sensation behind my head and back. I keep wanting to look around even though I know there is no one there.

08P 15 XX:XX NS

Calling

I passed a bus shelter with two middle-aged women in it, chatting; **I heard my name distinctly**, but when I looked at them, they were engrossed in conversation with each other.

03P 05 09.00 NS

**I heard my name being called**, in my head, just before I turned out the light.

03P 05 23.45 NS

I distinctly heard a female, Scottish voice call my name, but could see no one I knew.

03P 25 13.00 NS

I was awakened by what I thought was a knock on my door. (like high heels) I got up and checked, but no one was there.

03P 44 XX:XX NS

Vulnerable

I feel **very alone in my pain**. Putting on a front for others because I don't want their sympathy. Music helps. I just feel like listening to music all day.

03P 17 12.00 OS

I feel better for the company of a close friend and better from warmth. I feel like I have a great wound in my chest – a wound of emotional pain, not physical. It is gaping, wide open and I am totally vulnerable.

03P 17 21.00 NS

Feeling weepy at lunchtime.

04P 08 13.00 NS

Feeling like I want to stay inside.

04P 18 XX:XX NS

When I woke up I felt sad and cried all day.

04P 22 XX:XX NS

I was feeling like I was struggling to make myself heard, like people weren't taking notice, weren't listening, which was ridiculous.

08P 30 XX:XX NS

I feel that in the last week that I have become more and more insular and non communicative and all I want to do is to retreat into my shell away from life.

12P 22 XX:XX NS

I woke up after a very restless night, very cold and disturbed sleep. I missed my partner a lot, this is unusual for me I normally like being away on my own for a few days. I missed his warmth.

12P 30 XX:XX NS

Anxiety

Awoke with a sort of **anxiety in stomach**. Felt it and watched the anxiety move into my heart and into a place in my throat. Weird sensation like a constriction/radiation out, of waves of

unattached fear. Left me feeling breathless and edgy, mildly irritated by it, it is related to 'things to do' but an acknowledgement that it is 'Over the top'.

01P 47 XX:XX NS

Woke in a state of anxiety; felt overwhelmed by the tasks ahead.

09P 11 XX:XX NS

Woke with a level of anxiety, not like me. Feeling of being overwhelmed is still there. I feel much more tired than usual.

09P 12 XX:XX NS

Something is going to happen

I was driving very close to the edge of the road - hedge - and the cars on the other side of the road were driving very close to me. I felt in danger, excitement and I felt on the edge.

06P 03 XX:XX NS

I was thinking about the proving again, and images came into my head, what might happen, **maybe this remedy would bring awful things.** I imagined someone getting into the house and raping me, what would I do. Or maybe I would have wild sex with the milkman or window cleaner. But I didn't want this to happen.

08P 07 XX:XX NS

I have a sick feeling, like something is going to happen. It's like a nervousness you get before something important, but I don't know what it is.

08P 35 XX:XX NS

Constant **feeling that at any moment I would get cramp in my legs.** Continues all-day; feeling of imminent disaster.

09P 16 XX:XX NS

Violence and death

I thought the swinging clothes pulley was like the corpse of a hanged man swinging. I was frightened by the thought.

03P 04 21.00 NS

Out of the very relaxed space I had a brief, sudden image of a **car crash**, 2 cars collided, one white and one red, a still image like a snapshot with no associated noise.

01P 01 16.30 NS

My head was heavy, my neck was heavy. I was very aware of sounds in the garden, particularly the birds. It was as if I was outside. Everything was very still. There was a wavy feeling between my hands, like a ball of energy which was contained by the shape of my hands and would move with them. Into this stillness came a sudden vision of flashing blue lights; a police car with blue and yellow check. There had been an accident as a car turned right. I felt no emotion, no shock or compassion. The vision left. The image was like a photographic transparency which was clicked into a projector and then clicked out again; it clicked into the right side of my head and clicked out of the left side. The stillness returned.

09P 01 16.00 NS

Fighting the remedy

**The feeling that there is a conflict between my real self and the proving remedy, like there is a battle going on, between my essence and the new essence, and I have to fight to keep my real self there, to be aware and in control. I need to keep control, keep a hold on my actions.**

08P 04 XX:XX NS

Clearing out

**For the first time ever, I forgot my wallet. I left it at home in a different bag. So the person I am asking to leave will have to buy me lunch.** Felt horrible after asking X to leave the band. Even though she knows and I know that the present combination doesn't gel. Even though she said she didn't like one of the other band member's playing. I hated hurting her,

but I also knew it had to be done, for all our sakes. My musical creativity has been stifled by the disjunction; it is freed now. I have never done anything this difficult before. It feels like a rite of passage.

03P 23 13.00 NS

Thought, 'I am starting my life over again.' An immense feeling of renewal, while playing a musical instrument.

03P 24 XX:XX NS

Spent the morning arranging the house and my homeopathy notes, something I was procrastinating for ages. Later in the day had to put everything in place, go to supermarket, do the laundry; so unlike me.

11P 05 XX:XX NS

My house is consistently clean and organized no dishes in sink, no books lying around. It's unusual.

11P 17 XX:XX NS

I was able to discuss my work with the tutor I often have difficulties with and cleared the air. It feels so good to be able speak up for my self.

12P 02 XX:XX NS

Feeling like I have to clarify everything so my mind can become clear. I want to sort things out in my life, put things in order.

12P 05 XX:XX NS

#### Sex and affairs

My ability to express in certain contexts was being restricted resulting in making contact with **a man of whom I have had great admiration for over the past 2/3 years.**

01P 00 XX:XX NS

I feel a bit outside of my body today, nervous about seeing my closest male friend, and about the step we are likely to be taking.

03P 06 XX:XX NS

An event has occurred that resonates with something that happened to me when I was 19; dragging up dark memories and feelings of being bereft, alone, as if I'll be alone forever. I feel wounded, raw, in great pain. Lacerating pain. It's an old pain, an old, old pain. I feel as if the Universe were saying, 'Here – this is what you're missing. Remember? Have you experienced it fully once more? Fine, now let's take it away from you again. Feel the pain?' I burst into tears – uncontrollable sobs. I nearly tore up the card my friend had left for me the previous morning, I felt so angry about his selfishness.

03P 08 XX:XX NS

I suddenly felt **enormously angry about this whole thing with my friend. I thought he was being horribly selfish, and a hypocrite.** I pounded the pavement on my walk to work, pounding out my anger. Then left him a phone message warning him that I was angry. Have to get it off my chest. Cold is on my chest.

03P 13 08.30 NS

I feel as if the whole experience with my friend is bringing about a transformation - a deeper understanding of love and its expression. A healing of the experience I had when I was 19. This is between me and my friend.

03P 20 XX:XX NS

My friend came to collect me for lunch. Slight hesitancy and awkwardness, but so good to see him. At lunch, I was almost euphoric again; very flirtatious. As if to say, 'eat your heart out!' Not nice of me, really.

03P 27 13.00 NS

Feel exhausted again this morning, and flat. Realized it was because of my friend; kissing him goodbye was so hard because I just didn't want to stop. The look on his face; I realized he

really is in love with me, and in pain. I wasn't helping yesterday.

03P 28 XX:XX NS

Feeling strong about my male friend, that I'm not ready to give this up, will have to be told to do so. All is fair in love and war.

03P 41 XX:XX NS

Intense sexuality, do not feel married.

06P 01 XX:XX NS

I could feel my genitals all day, I felt sexual. Bubbling dread and excitement in stomach. Thought about a possible sexual encounter.

06P 02 XX:XX NS

I feel pursued hunted – sexually and I am hunting. The image I had is of me as a monkey in search of new fresh genes for the gene pool of my species and I am looking for an encounter with a lone male, I am in a clearing in the woods.

06P 03 XX:XX NS

I feel compelled to have sex with my husband I need to have to. I am obsessed with a man I know who has shown me some interest. He has come in the shop and we had a hug which felt very passionate. I felt like I was in love with him. I have phoned my proving supervisor, but I cannot talk to him because he knows this person so **I feel trapped**, I have no help or support. I am in contact with a friend who is trying to support me through this. I have talked to College and told them that I cannot have my present supervisor as I do not feel comfortable talking to him. They are trying to find me someone else. I have written this man a letter telling about how I am in a proving and how I think we are being pushed into a space by the proving that we would not otherwise go into. I feel overwhelmed and excited by the feeling of passion between us but that I have lost some of the boundaries and inhibitions I would ordinarily have. I have to write him a letter because if I see him I feel like I would just have to pounce on him. I do not trust myself in his presence. I feel cornered as if I am driven towards only one conclusion. Whilst having sex with my husband I thought he was going to die when he climaxed as he was twitching like he was in a death throw.

06P 04 XX:XX NS

I have dropped off the letter scared and petrified. I have tried on three or four different sets of underwear, just in case. At 5.00pm we have a telephone conversation where he talks about his balls hanging from a tree which is something my husband had said I had done to him a couple days ago. An hour after the telephone conversation I stopped proving the remedy. I felt as if I had taken someone else's skin off and put my own back on. This man is very hairy and I am usually really disgusted by hairy men but whilst proving the remedy I felt intrigued by his hairiness. During the proving I felt an inner groundedness yet at the same time a compulsion to move things forward to the end to find a conclusion.

06P 05 XX:XX NS

### Confusion

Receding clearness in my head - **I felt "fuzzy" as if I was going backwards through a tunnel** - followed by a pressing pain on the top and both sides. I was afraid that I would not be able to drive home. This continued all evening.

02P 01 XX:XX NS

**As I typed up my proving symptoms, I kept misspelling words.** I also was totally overwhelmed by a feeling of exhaustion and started nodding off sitting at the keyboard.

03P 08 18.00 NS

I am making **silly mistakes at work**. I answered the phone with the name of the wrong centre (I work in two) and put hole punches on the wrong side of some paper.

03P 18 XX:XX NS

When a tutor spoke in a lecture I drifted off, I felt **confused** like I had missed something.

06P 02 XX:XX NS

Muddled/confused mind. Mind felt as if floating around – normally I am clear thinking, ordered and alert.

07P 02 09:00 NS

Forgetfulness and confusion about arrangements for ringing my proving supervisor (again!). Once more, I got it wrong.

07P 10 19.00 NS

Was feeling a bit slow, couldn't understand when another group member was talking about her proving supervisor and I thought it was her clinical supervisor. She put me right and then straight away I made the same mistake.

08P 01 XX:XX NS

It's like there's **something fuzzy in my head blocking my thoughts, so there's no clarity.**

08P 06 XX:XX NS

I keep making **mistakes in typing**, mainly that I'm typing the wrong letters and not leaving gaps between words.

08P 15 XX:XX NS

Listening to the lecturer speak felt like all my focus was on sound - each sound was acute - but I could not focus on the meaning of what was being said and could not follow the line of reasoning of the lecture at all. It felt like being disconnected from meaning.

10P 02 XX:XX NS

Seem to **be making many errors in typing** - letters reversed, or wrong letter.

10P 15 XX:XX NS

Went on a walk and really got lost. Didn't know where I was going, went through the forest and it started to be dark, was a bit scared but didn't care. Felt free, happy to exercise my freedom. Feeling that I can stretch my nerves as if they were muscles: I can expand into the world; there is space for me.

11P 02 XX:XX NS

**Make mistakes in speaking, confusing words.** Sometimes forget what I wanted to write. But occasionally can also be very focused and articulate.

11P 31 XX:XX NS

#### Forgetfulness

Went to fetch books from the bookcase in the study but could not see them, searched elsewhere in the house but could not find them. I returned to the bookcase which is two standard books deep so I pulled the front books away to look behind, still they were not there. I searched the house again in all the usual places but still no books, went back to the bookcase and there they were, right in front of me, I cannot understand how I missed seeing them before.

05P 15 XX:XX NS

Forgetful. I usually have a very good memory.

07P 01 XX:XX NS

**Forgetful.** Forgot to take glass of water to bed (for second night running). (Very unusual for me to forget this).

07P 03 23:30 NS

Keep losing things, can't find what I'm looking for.

08P 21 XX:XX NS

#### Clumsiness

I am very clumsy today; my pen flew out of my hand, and I skidded in the hall in my stocking feet.

03P 03 XX:XX NS

Feeling very clumsy lacking in co-ordination and dropping things.

04P 15 XX:XX NS

Distortion

I felt much taller when I walked into the kitchen, as if I were towering over people.

03P 01 17.30 NS

Distances seem much longer, objects seem farther away.

03P 01 21.30 NS

Suddenly got the sensation that I was going in the wrong direction, I wondered if I'd taken a wrong turn, I didn't know where I was although it is a route I've traveled often.

08P 04 XX:XX NS

I am starting to feel that with this substance time is a feature:- blurring of time, or achieving an impossible amount within a short time, or my sense of the passage of time is no longer accurate, reliable. Yes, I have been using the alarm clock on the mobile a great deal this month because I lose track of time. I cannot gauge the passage of time - either I feel it is tomorrow when a week has flown by, or within 10 minutes I have achieved what would normally take an hour.

10P 37 XX:XX NS

Was crossing a busy street, couldn't decide how fast the cars were driving and couldn't decide whether to cross or not. Was caught in indecision, one step into the road like a rabbit in the headlight, it was weird and quite dangerous. Later rode my scooter and had to avoid the motorway, felt I won't be able to gauge the speed and distance properly.

11P 17 XX:XX NS

Sensation of dwarfishness in shower and standing in front of the mirror: surprised I could see my reflection in the mirror, thought I was too small.

13P 02 XX:XX NS

Alertness

Mentally alert on going to bed, happy feeling, warm and tired. Making big decisions in my life. Feeling very certain.

04P 05 XX:XX NS

Feeling cheerful all day and singing to myself - excellent! Feeling sharp and alert wishing I always felt like this. Feeling that this is how life should be. Still feeling hot under the skin. I look in the mirror and feel pretty.

04P 06 XX:XX NS

Itching, sporadically all day, head in particular. The itching is keeping me connected to it to stay alert and observe myself.

05P 18 XX:XX NS

Feeling really well. Lightness, calm and clarity of thought. Fuzziness of the past few days completely cleared away. A general feeling of well-being.

10P 01 16.30 NS

Water

I noticed that I was avoiding water to drink although I still had my high level of thirst, and frequently a dry throat, particularly first thing in the morning. I was also reluctant to have a shower, or wash, as the idea of getting wet was repugnant.

01P 00 XX:XX NS

Fear of getting into the water and fears about a lack of water (dryness) through out the proving

03P 00 XX:XX NS

Hairiness

Stroking my bristly legs all afternoon. (Hairs on my legs are getting long and I want to pick at them, they are spiky and make me feel hairy. Reported 3 days before proving)

06P 02 XX:XX NS

## Calm

At work today, people noticed that I seemed more relaxed than usual; 'soft' is the word one of my friends used to describe it.

03P 05 XX:XX NS

A feeling of calm, not having to be anywhere. The problem is love. The solution is love. I spent the day sorting out my things, getting rid of the last of the boxes from moving, and then walking by the water, watching dogs swimming to fetch sticks. It was a perfect autumn day, clear and bright. I bought myself lunch at the museum and then wrote to my friend, the feelings just poured out of me. Softness, tears, calm.

03P 14 XX:XX NS

Feeling of stillness, but very sensitive to sounds. I was very aware of great stillness, within and without, all around; also of the clock ticking (I had to look around to see where it was), and of a buzzard calling outside.

07P 01 16:20 NS

I had a feeling as if I had no cares, no responsibilities - no 'load' at all to carry - i.e. just light and floating easily - a lovely feeling.

07P 01 XX:XX NS

Remedy feels nice. Later in the afternoon felt content, almost omnipotent. Felt that problems can come and go; whatever happens is OK - I am not afraid.

11P 01 16.00 NS

Lying in bed, immense sense of stillness, floating on the bed, no weight but at the same time feeling supported, enveloped.

13P 01 XX:XX NS

## Lethargy

**I woke feeling very heavy and lethargic. It took an enormous effort to get out of bed. I felt like staying in bed all day.**

03P 18 07.30 NS

**Getting tired**, exhausted, sleepy and light headed. Need space to be alone.

04P 02 17.30 NS

Felt an inner groundedness like my insides are heavy.

06P 02 XX:XX NS

Restlessness and agitation

Feeling slightly agitated and working until 1.00 am. Have a lot of energy.

04P 01 XX:XX NS

Waking and feeling very agitated. The heart beats fast, tearful but can't cry but want to. It feels like a pressure cooker inside me. Feeling unworthy and manic.

04P 18 XX:XX NS

Mind very vivid and intense, very active - hyperactive.

04P 21 XX:XX NS

Wakefulness; very awake feeling at night. Left party at 12.30 a.m. really only as I thought it was time to go' as there was school tomorrow – I felt otherwise that I could have stayed on much longer. When I got home at 1 a.m. I still felt very awake and listened to (lively) music for 1 hour.

07P 02 XX:XX NS

Changeable and contradictory symptoms

I never knew how I was going to feel from one day to the next, it all seemed so up and down.

02P 00 XX:XX NS

Still cheerful despite feeling rotten.

04P 13 XX:XX NS

I don't and can't cry even when feeling very upset.

04P 19 XX:XX NS

I am experiencing energy and a sense of being really awake in the mornings. Physically feeling well. But, I have this feeling of despair about school and study. Feeling that I have not understood anything of last months assignments and I had misread and misunderstand everything and so my work was irrelevant. I am feeling incapable and that I have wasted my time. Feeling that I have no future. What is strange is that at the same time as feeling this despair I feel very well.

10P 03 XX:XX NS

I still feeling generally very well. I have a great deal of energy, despite being very busy in work. Feeling of being well and energetic together with feeling despair.

10P 06 XX:XX NS

Mood swaying again, up and down.

13P 17 XX:XX NS

#### Other mind symptoms

One of my students brought a leafy cabbage to class and put it on one of the desks. Absurd!

03P 13 XX:XX NS

I felt as if the top left side of my brain were uncovered, as if there were no barrier between that part of me and the energy from the sky, from the Universe.

03P 18 09.30 NS

There was a light tapping on the door in the middle of the music lesson. I was worried in case it was a neighbor complaining. When I opened the door, there was a lovely woman who asked if I was playing. I said I was giving a lesson and there were 3 of us and she said how much she loved the music! And just wanted to tell me. I asked her name; it was the same as mine. We were both amazed.

03P 26 20.00 NS

The obsession with the Matrix is increasing since all I want to do is watch it. Since I have never really been obsessed with films or bands not even as a teenager this is weird. Even my husband is obsessed and wants to watch it. He even bought the film music and listens to it all the time. It is weird and sad really!

04P 00 XX:XX NS

Decided to try for another baby. Waking up hearing music in my head which was Frank Sinatra's New York New York.

04P 06 XX:XX NS

My thinking seemed to become really focused around patterns or coincidences with numbers - today's date, class number, etc.

10P 01 XX:XX NS

Noticed that I am, and have been during the proving period, much more verbal than usual. Usually I would spend time thinking and pondering before replying or speaking, now I seem to be doing a great deal of talking without the usual momentary reflection weighing whether I should speak at all.

10P 33 XX:XX NS

Great desire to dye my hair copper red. Considering what changes might happen after a lifetime of being blonde to suddenly be a red head. Never before considered dying my hair at all, let alone to changing color.

10P 43 XX:XX NS

#### Dreams

##### Important dreams

I sat down on the bed, and then in my dream fell asleep. Then it was if something was being pulled from my body the centre of which was the solar plexus, the force pulling was so strong it was if it was arching my body upwards from the bed, it was like being pulled by a strong

magnet, at the same time I thought I could hear myself whimpering like a little child. Eventually something felt as though it had been pulled out and my body collapsed back down on the bed, flopping down with some force there was the feeling of a huge release, a massive, **overwhelming feeling** that something heavy had been pulled out. The sensation repeated itself four or five more times but with the force of the pulling power becoming less each time and not actually reaching the point of quite enough strength to just 'get it'. It felt as though there was a tug of war going on. Each time the pulling power released I felt myself collapse onto the bed. Each time the pulling recommenced I was willing it to summon enough strength to complete its task, to try that bit harder to pull out whatever it was that went the first time. The dream then shifted back to the School where I was sat with a number of the other students around a long refectory style table, coffee cups and part eaten snacks were scattered about. I was showing the others something I discovered I could do, from my fingertips came lines of blue/purple lines of light and mist that I was weaving into patterns amongst the lines gold glitter shone. The others watched with curiosity and fascination, I was feeling awed. The lines of light started crackling like lighting or electricity. I wondered if I could move or lift anything and levitated a leaf, a large oak leaf from the table, it had two small pieces of paper stuck to it at one end. The others became disconcerted. My fingers started to ache, especially the little fingers, really aching and feeling heavy. After this dream, of a weight being pulled out of me I felt light all day, my partner remarked upon it. I did not discuss the dream/experience with him until the early evening; it felt so special that for a while I was reluctant to share it.

(At the end of the proving:) The amazing sensation/dream of having some heavy lifted from me has continued with me with an inner lightness.

05P 17 XX:XX NS

**Dream;** One of my son's friends called and sounded very distressed. I asked him where he was and he reluctantly told me so I went to the beach with the boys and found him in this underground hut as he had told me. It was a drop out place for drug users etc, his parents were there, they were slightly hippy in their dress sense. His father was very blonde and fair skinned almost albino like, and I found him very attractive. With him was his partner who had a baby. He said to me that he didn't have a son no more that he had severed his roots with him. He said that I had to move on from being such an over protective mother and that he could help me to do this by performing something on me, to me. He made a small cut in my pubic mound in the hair and started to suck this very thick jelly like liquid from it. He told me that it would help to cut the ties as it was to do with motherhood. He did the same thing under my arms by making little cuts. I felt great afterwards, and I could also feel how attracted to him I was. I wanted to have sex with him but I knew that this was not the right time. He helped me to get out from the building that was somewhere different now. I returned to him later in the dream, weeks had past and when we saw each other we both knew that we wanted to be together it was our destiny. A bit of a Mills and Boon ending!

12P 32 XX:XX NS

#### Responsibility

Dream: Taking a party of school children, aged 6/7, through the streets of a town. They are on a pavement, the road is a quagmire, I keep falling into knee deep mud. I have a long skirt on. The overriding sensation is that of responsibility.

01P 03 XX:XX NS

Dream: in a group at school, no children, looking at animals in a tank, hamsters or fish, or half and half, the feeling is of responsibility.

01P 10 XX:XX NS

Dream, Taking a thoroughbred horse on a train through London. The horse is beautiful, chestnut, big, I am not afraid of her. She was on a long lead and needed space on a small park

to roll, then she galloped off through a park, jumped a fence to see a skewbald horse and then returned. I felt responsible for this beautiful, powerful, somewhat aloof animal.

01P 14 XX:XX NS

Dream of looking after children, lots of them, can't remember details.

01P 18 XX:XX NS

Recurrence of dream which I had the night before the proving. A member of the group left a message on my answerphone asking if I would look after her children for a few years. I definitely did not want to do this, because I have had four children of my own and the youngest will soon be leaving home. But in the dream I had no choice: the feeling was one of moral obligation. A baby in biblical swaddling clothes was put into my arms, and there were three more children in the background who were quite clearly coming into my care. I felt absolutely swamped and weighed down with the obligation.

09P 02 XX:XX NS

Dreamed of a path around a lake. There was a very steep shingle bank down into the water. I knew the water would immediately be very deep and I began to slide down the bank. I was unable to climb back up; the stones engulfed me. It was overwhelming and frightening. Later in the same dream, I met a teenage boy by the lake. He was hugely and gigantically obese, and told me with tears in his eyes that he did not have a girlfriend because he was so fat. I felt obliged to have sex with him because I felt sorry for him. It was absolutely awful; the feeling was exactly the same as being drowned by the shingle; it was frightening and he literally overwhelmed me, his body completely covering and overflowing mine and weighing me down.

09P 08 XX:XX NS

My daughter had a very similar dream to mine, of being left to look after the baby of a friend who went away. The baby was dressed in swaddling clothes. She did not want to take care of this child, but did not have a choice.

09P 14 XX:XX NS

**Dream.** For environmental reasons I decided that I should go to the School of Homœopathy on my **bicycle**. (a distance of 225 miles) I set off weighed down with an enormous rucksack full of heavy Materia Medica and Repertories. The journey was fraught with hazards and obstacles. When I was so tired that I could not continue I stopped for a cup of tea with a friend, and while I was in her house my bike disappeared. We spent hours looking for it, without success, but she decided to lend me her own. She went into the shed and wheeled out a bike made of wood, like the one designed by Michelangelo. It was huge, and extremely heavy and unwieldy, and almost impossible to ride. Overwhelmed by the journey; it was too much for me, but I was not allowed to change my mind. I woke up feeling absolutely exhausted.

09P 18 XX:XX NS

**Dream:** Big city-like dancing club, I feel like an outsider, not clear why I'm there. I'm with my ex-partner. I want to go and have fun with other people but I feel a need to be with him. This makes no sense as he keeps going away so I am waiting for him for no reason. He disappears. I look for him on the dance floor but can't find him. Wandering, I reach a dead end, nowhere to go, and wake up. I had no fun, wasted all the time looking for him, but I didn't feel a part anyway so I'm not too disappointed.

11P 02 XX:XX NS

**Dream:** In my dream I was in Hong Kong on a boat with my son and my ex husband. The boats were pushed together like they were forming an island. I had a baby thrown at me, it was wrapped in a blanket. I felt that it had something to do with my son. My thoughts were how on earth am I going to get this baby through customs? I thought they are bound to know that it is not my baby. All the time this was happening people were hopping from boat to boat.

We were unable to move.

12P 02 XX:XX NS

**Dream:-** I can't remember all of the dream but the bit that I can was that I was given some eggs to hatch, there was two large and two small. The eggs that were hatching had the foetus of sheep in them. I was to look after them and help them to develop. The two larger ones were OK and I could see them but the two small ones were so small that I kept on losing them. They seemed to be on my clothes and would fall off or go over my shoulder or under my lapel on my coat.

12P 17 XX:XX NS

#### Difficulty

**Dream** that I was asked to tell a story to a group at college, couldn't quite remember it, it was a feeling of 'shared couldn't quite do it'!

01P 23 XX:XX NS

Woke up remembering dream: I was called by my husband on his mobile phone because he and our two children and some friends had walked a lot further than they had planned to and were too tired to come back. Could I drive out to bring them back? He gave me a map reference and I looked at the map. The map was very visual in the dream: it was large scale and clearly showed the contours of a hill. They were "stranded " at the top of an oval shaped hill in the middle of which was a village called "city". I could see the extra distance they had walked and was surprised.

02P 04 XX:XX NS

**Dream** of being on board a cruise ship with partner. The cabin was nearly all filled with a double bed and it had a large picture window with a curtain. We had to change ships in a day or so. Partner wanted the ship to go to a certain point to make switching vessels with the luggage easier but I persuaded him that they would not do this. Then we saw that somehow they floated the luggage across to us to the ship we were in. It was as if the cases etc. were tied to inflatable rafts. I saw the other sister ship sail away. I felt that the decision not to insist that they make special arrangements for us was the right one.

05P 09 XX:XX NS

**Dream**, no details recalled, but woke with the feeling that everything was too difficult.

09P 10 XX:XX NS

**Dream**, went on for ages. Everything is too difficult. Intellectually barren. All mental work is a big struggle. All physical work is slow and exhausting.

09P 13 XX:XX NS

Dream of an enormous overdraft; I could not possibly ever hope to pay it off. Woke with feeling of anxiety.

09P 31 XX:XX NS

**Dreams** of a city - lots of rubble and **bombed out** or derelict buildings. I was moving through this city not in the streets but across rooftops and across balconies - lots of Parisian style balconies with iron wrought rails. The feeling in the dream was of having to travel though the city across many obstacles. The dream ended with me moving through the **bombed out basements** and then finding myself needing to climb out but it was too high and I was asking people passing in the street above to help me to get out - then I realized the street was in an Arab quarter of the city. There were crescent shaped streets and the irregular streets of an old city. (I realized on waking there were no straight streets or streets on a grid).

10P 04 XX:XX NS

Had a vivid dream of a city with many large sandstone high rise buildings. The buildings had tunnels going through them, so to move about the city I had to pass through many tunnels. Sometimes the buildings formed bridges across the roads. There was the feeling in the dream of being enclosed and surrounded, and uncertainty around being able to get to where I was

going.

10P 07 XX:XX NS

**Dream of being eight and a half months pregnant** and getting on to an airplane. The seat I had been allocated was an empty space. The attendant asked me to take another seat at the front of the airplane but to get to it I had to pass a narrow part of the aisle and I was too large to pass. My pregnant stomach was huge. My feeling in the dream was of being heavy and huge, and this ridiculous situation was too funny and I was concerned that my laughing would bring on labor. Felt I had to hold on to my stomach or the laughing would be too much for the baby.

10P 13 XX:XX NS

#### Trapped

Dream, Escaping from pursuers-climbing over tall fences and finding myself falling into a skip, full of rubbish, a very big skip, I feel very tired, big pieces of furniture like a big wooden wardrobe falls on me and I curl up. I start to go to sleep, can't be bothered to try to get out. Awake very distressed that I didn't bother to try to get out.

01P 42 XX:XX NS

Sleeping very heavily. Dreaming that I was a male ballet dancer, having to dance under some menace and pressure (It felt threatening) until my feet were bleeding. I had to dance for others. Woke up for the toilet at 3.50 a.m. feeling fearful. Feeling sick and nauseous.

04P 09 XX:XX NS

Having a nightmare about being led into a **long dark tunnel** in a house not being able to get out and panicked. Feeling really scared and finding it hard to get back to sleep.

04P 17 XX:XX NS

Dream, trying to climb out of a valley before it was flooded; there were very steep sides and I kept sliding down again. I did manage to get to the top, where I went into a catacomb of underground tunnels and chambers. Trying to escape something; no rest; no respite; overwhelmed.

09P 38 XX:XX NS

#### Violence

**Dream of a gas explosion.** I am in a flat with a faulty gas cooker, the pilot light and the gas supply tube are very close together and I cannot turn them off. I realize that this is dangerous but use it anyway. It catches fire, I pull the top off the cooker (the rings) and run into the corridor. I shout a warning and hear my brother's voice. I run down the stairs of the big building to the landing, all the time I can hear the roar and rumble of the fireball gathering momentum, I shout to curl up, get down and curl myself into a ball against the balustrade, the fireball rushes past me with clouds of smoke leaving darkness. I'm OK, but very shaken. No one is hurt and I recognize my responsibility in the damage, the building is burnt out and I carry my cooker top to a room where I explain what the problem was. When awake I am very shaken, I feel anxious and guilty. The feeling lasts well into the next day.

01P 52 XX:XX NS

I dreamt that my younger daughter died. In the dream, I knew the ending of the story: she would be alive. I knew it was a dream. The feeling was of great distress. I felt bereft. I was in a church at a wedding and couldn't express my sadness, but told the person next to me. I half woke several times in the dream but knew I could go back to it because, really, she was okay. I wandered about looking for my husband and other daughter. They faded in and out of the dream, and I wasn't sure where they were. I felt lost, bereft. So much of my life had been wiped out now and I wouldn't be able to find meaning. I couldn't carry on in the same way any more. The dream ended with my returning home to get her off to school. The lights were out and I just hoped that I'd find her. I went upstairs to her bed and there she was, asleep. I was so relieved - and very glad when in reality, she appeared in the morning.

02P 24 XX:XX NS

Dream night before proving. I was in a large house with many rooms. Some murders had been committed and I was afraid. I came down to the basement level and saw out of the corner of my eye the body of a large man. I thought, 'It's [my closest male friend]', and then I kept on going through the room because I was afraid to look. But then I went back. One leg was missing its lower part, from about the shin downwards. I looked at the face and could see it was my friend; I could see the distinctive shape of his lower lip. But I was cut off from any feeling about it; I left the room. The only emotion I felt was panic – that it might be me next. I locked all the doors. Someone else was there – an old female school friend. I realized as I locked the doors that the killer might be inside. I knew it was a woman, but I didn't suspect my school friend. My fear was growing, though – I woke myself up because it was too horrible; it took awhile to come to.

03P -01 XX:XX NS

Dream: Trying to pee in a French-style toilet, where you have to squat. I completely missed and peed over the bottom of my trousers. I decided that the piss was clean and would dry off, so I wasn't too disturbed by it.

03P 02 XX:XX NS

Dream. I was a passenger in a white transit van, and we were deliberately running over two women dressed as nuns, with white habits and white starched wimples. The feeling was that they deserved to be run over. We knew they were bad people. Theme of white; white nuns, white van. There was also a room that had been decorated white; beautiful but impossible to live in, white carpet with white rug. There was nothing extraneous; it felt stark and threatening.

09P 03 XX:XX NS

Briefly, the dream was a conversation between myself and an American college student. He was describing to me his roommate at the college dormitory and I was the role as if taking the case - his roommate was a serial killer and as he described the events of his roommates killing "frenzies" I was dreaming those images. Distinctly, he said the words, "when that starts, it's like a drug; then he is taken by it and he has to kill".

10P 26 XX:XX NS

Dream: In friends' house, thinking what would happen if I spill red wine on their beautiful white carpet. There is no emotion, it's just a picture.

11P 02 XX:XX NS

#### Sex and affairs

Dream: I was with my closest male friend. He had said something to me indicating that he'd be going home to his partner that night, and I was very disappointed because I thought he might stay the night with me. Then we were in a large hall in semi-darkness. I turned to him and kissed him, at last – I could clearly see the shape of his lower lip. He said to me that we had been fools to have waited so long; we had wasted 12 years. But there was no place for us to be comfortable in that hall, and I was conscious that I was trying to hide the fact that I had a sore throat.

03P 06 XX:XX NS

My friend was telling me how the previous day, she'd allowed herself a late start and had spent quite a bit of time with the man she is attracted to, as well as the man she lives with – but separately. She couldn't get back into her old routine, so she was going to do the same thing again that day.

03P 06 XX:XX NS

Dream, Two men wearing headgear, one with antlers, the other with some other animal's head, were coming into my work place. It was a potent animal thing. They were familiar with it and I knew I'd seen them before. I locked the door to the room I was in, and could hear their

voices on the other side of it. Then I thought, 'why not let them in? Why not let the energy of the Kama Sutra in?'

03P 07 XX:XX NS

Dream from earlier in the night: I visit a friend who has a new partner. I think: "how come he chose this guy who is so unappealing physically?" later I see that they really love each other. It makes me confused.

11P 02 XX:XX NS

Dream: Have sex with ex girlfriend. Feel empowered but untrue to myself.

11P 04 XX:XX NS

Dream: Waiting to meet friends. In the meantime I look around and discover that there are a few interesting people that I'd like to date. But I think that I ought to wait for my friends and I do so faithfully although they never arrive. I feel cold; I knew that I shouldn't expect anything from my friends. I am almost relieved to discover that I'm not indebted to them.

11P 14 XX:XX NS

Dream: Making a pass at someone cute. He is cold but later warms up and we have sex, which is nice but no with emotion.

11P 14 XX:XX NS

### Water

Dream: I was trying to cross a shallow expanse of water, a flooded area in front of an American public building. People were fairly matter-of-factly wading through, but I was looking around, trying to devise a way of not getting my feet wet. But the feeling was that I was making too much of a fuss about it and that I should just get on with it.

03P 06 XX:XX NS

Dream, I was walking beside a wide, muddy river upstream with a man. We suddenly saw a naked woman swimming downstream. I was slightly envious of her ability to just get right in, but I knew that I wouldn't ever do it in such muddy water. I was afraid of what might be in there that I couldn't see. My companion and I agreed that the river water was probably very dirty; we had no idea what people might be dumping in it. I think I was in a foreign place; the river might have been the Ganges.

03P 19 XX:XX NS

Dream I was looking at two photographs hanging on a wall, one of my friend and one of his partner when they were young and first courting. I suddenly started staring at the one of my friend – it didn't really look like him, the nose was too big. But then there was some video footage of him in a large armchair. That smile – I recognized that smile, and the look in his eyes. He was kind of coyly throwing himself to one side in the chair. I looked at his hands, long slim fingers – and I thought, I'll never be able to touch him that way again. A huge feeling of regret.

03P 22 XX:XX NS

Dreaming I was in a river with the family nearly drowning.

04P 23 XX:XX NS

Dream about shopping in London with my partner. I was buying a big pair of denim dungarees. They cost £60.00. The dream then switched to us walking along a beach, we were with lots of other people. A large wave came in and my partner and I had to run away from it up the beach, but we were not fast enough and I got wet and was surrounded by the sea. It was frightening to be cut off by the sea.

12P 07 XX:XX NS

### Bees, wasps and worms

Waking with the dream that a wasp is stinging me on the right side of my neck.

04P 21 XX:XX NS

In the evening on sleeping I dreamt again that a wasp was stinging me on the right side of the

neck - woke up and thought it was still there. I searched for it everywhere. I thought I could hear the sound.

04P 22 XX:XX NS

Dreaming of worms.

04P 23 XX:XX NS

Dream of bees swarming against kitchen window in the house (the kitchen window is about 20' high) - they were swarming above my head and I was not aware of them until I looked up.

10P 12 XX:XX NS

#### Swearing

In a shop wanting to look at rings - the woman has put the rings away and I swear, "fuck, fuck, fuck", quietly under my breath but very obvious that I am swearing, and then talk to her sarcastically. Second dream with swearing in, never swear in my dreams.

01P 31 XX:XX NS

#### Other dreams

Dream, My friend's partner and I were talking about the book *The Life of Pi*. She said it was a great book – until the ending. She thought the ending was a complete flop, that Pi was simply a murderer trying to make excuses for himself. I was shocked and tried to say that the narrative was ambiguous at the end to mirror the moral ambiguity. She was unconvinced, unbending in her view.

03P 22 XX:XX NS

Dream there were some mini ecosystems, microcosms in plastic boxes that came along with the Saturday Guardian. I felt sorry for the small rodent-like creatures that were in the box I held in my hand – I wondered if they could breathe. But suddenly I realized they were outside of the box. There were some tiny hedgehog-like creatures, little balls that sat in a row on the floor and then expanded enormously with their hair sticking out. I was surprised that when I came nearer to them, they became smaller. I would have thought the opposite, that they would want to defend themselves by making themselves bigger. I felt curious about them, and tender and protective towards them – small, vulnerable, frightened, brave creatures. I kept a respectful distance from them.

03P 24 XX:XX NS

Dream I was in a very large house with many rooms. There was a party going on in the front kitchen, but there was a back kitchen as well. I kept getting mixed up as to how to get into which bit. I was late leaving for the airport to catch a plane, frantically searching for my bag. A former lover was taking me there; he had a plane to catch, as well. I wasn't the least bit drawn to him. I was convinced we were going to be late, and panicking – but suddenly I didn't care. I knew I could catch a later plane, and I had two weeks off, anyway.

03P 45 XX:XX NS

Vivid dreams can't remember them.

04P 05 XX:XX NS

Sleep disturbed, flickering images. Strange dream am I awake and dreaming or dreaming and awake? Subconscious is conscious. Theme is repetitive in head it's like reality when fully conscious, it's not reality it's nonsense it's a dream.

05P 02 XX:XX NS

Sleep very disturbed, as though awake yet asleep and dreaming. Lots of flickering images yet one definable yet somehow knew that it was all to do with the proving, remedies and the college. Images are like an old black and white cine film being run at fast speed, some of which felt as though it was being run backwards.

05P 03 XX:XX NS

I was walking down a path through a wood beside a river, the banks covered in trees in full leaf. The moon was shining. The path led to a dell and there were others around that felt like

women, or female energy. Lights twinkling. It also felt as if partner was there, sharing the dream.

05P 08 XX:XX NS

Dream of school again, arriving for a weekend in the reception room there is wooden counter top covered with leaflets, folders. Others arriving all dressed the same in royal blue dresses, calf length with short sleeves and square neckline. They looked smart but like uniform, school uniform feel about it, I was curious, then excluded, not asked and included in the group.

05P 15 XX:XX NS

Dreams of the game Civilization that I had been playing on the computer before going to bed. The game was being replayed in my head all night.

05P 21 XX:XX NS

Dreamt that I'd had my nose pierced and I woke up feeling it.

08P 05 XX:XX NS

Dream of a group of people, we seemed to be out for an evening, going to a restaurant, going to a club. A male friend looking after me, there was the feeling that I needed to be looked after. His arm was around me, supporting me.

08P 05 XX:XX NS

On going to sleep there were lots of images of young women. All kinds of young women, I was watching and wondering why I was seeing them. Then there was a woman's abdomen and something was poking from the inside, I was thinking it was like an erect penis. It wasn't the swelling of a pregnant belly, it was something alien. It was moving and I was willing it to stop because I knew what was going to happen. Then it burst out, like a rocket (no blood) and the image disappeared.

08P 53 XX:XX NS

Had a vivid dream of an egg, which I was holding while lying in bed with the covers over me; the shell of the egg was brown and rather than being a smooth single shell was shaped like a jigsaw puzzle with the cut of the puzzle curves rather than straight-lined. Each part of the puzzle was small so the overall puzzle was intricate and beautiful. I began peeling the egg following the lines of the puzzle but it proved to be much more difficult than I would have expected. The eggshell despite the intricate puzzle had the same normal brittleness of an eggshell.

10P 38 XX:XX NS

Dream: My sister and me are going to catch a bus. We buy drinks, but on the way out we realize we have no money. We try to tell the shopkeeper but it is difficult to get his attention and so we just go away.

11P 06 XX:XX NS

Dream: I'm at work. Someone decides to make his own rules and I step in aggressively (possibly too aggressively). I'm woken up with anger which feels unnecessary.

11P 08 XX:XX NS

Dream: I clean the shop but I don't do it well enough and someone has to clean after me.

11P 09 XX:XX NS

Dream: Friends of mine stay in a little convent. I come to visit them wrapped in a wet purple bed sheet which I need to dry. We leave it hanged and go. When I come back I realize that the sisters, who were upset by me using their property, have poured hot melted solid chocolate all over the sheet; I was really angry.

11P 13 XX:XX NS

### Physicals

### Sensorium

**Balance disturbed, I felt as though I would fall over if I shut my eyes, tottering,**

**especially leaning on a chair whilst sitting and leaning forward.**

01P 05 XX:XX NS

**Unsteady on feet on standing. My balance was as if a big pendulum was swinging gently, a sort of 'spaced out' feeling.**

07P 01 17:00 NS

It was **difficult to keep my balance** when I was washing my hair. Suddenly lost it and had to steady myself.

08P 03 XX:XX NS

When I switched off the light and closed my eyes I felt a little dizzy, like the room was moving.

08P 26 XX:XX NS

#### Head

Having just taken remedy, I felt my head being pushed in on the left just above temples.

01P 01 16.00 NS

Pain left side of head, just above my temples, stabbing, lasting about 15 seconds. Intense but very brief. Happened twice in quick succession. This left my head feeling tender in that spot.

01P 16 11.00 NS

Upon taking the remedy, I had an immediate sensation of slight pressure on the left side of my head, starting above the left temple and moving down my face. This was accompanied by a slight tingling sensation.

03P 01 16.00 NS

Sudden headache at the back of my head on the right side. A dull ache. It moved to the front when I bent down and started throbbing just above my left eye. I felt like I didn't want to move. Then I lost my balance and staggered down the hall. I felt very unsteady on my feet.

03P 17 21.00 NS

Shooting pain in my head, from the top right, as if penetrating diagonally to the centre of my eye.

03P 29 15.00 NS

Scalp very itchy at the front.

03P 51 XX:XX NS

**Frontal headache** with a tight band around my head better for pressing it against a pillow.

04P 02 07.00 NS

Head feeling heavy.

04P 02 17.30 NS

Head feels also painful from the neck upwards.

04P 03 XX:XX NS

Head hurts and feels better by putting pressure on it. Temples are sore.

04P 04 07.00 NS

Awful headache, pressing, squeezing.

04P 05 XX:XX NS

Headache in right eyebrow stabbing pain that is relieved by hard pressure.

05P 05 14.30 NS

Pressure inside top left side of head. Slight feeling of pressure, as if brain pressing outwards on skull.

07P 01 16:30 NS

Heat on top of head, left side mainly, and towards middle.

07P 01 17:00 NS

On waking, I was aware of a very acute pain immediately above my right eye, as if a tiny star was exploding. It disappeared, however, almost as soon as I had become aware of it – literally just a few seconds – but it was very intense whilst it lasted

07P 11 04.30 NS

Noticed a headache, starting at the back of the head, and spreading over the top, feeling as though something was pushing down. I had this all day, and sometimes there was a shooting pain in one or other temple, which radiated over the top of my head.

08P 01 XX:XX NS

Headache, dull pain, over whole head. Piercing pain in left temple.

08P 01 XX:XX o

Had a very itchy scalp, realized I'd had it for a few days, making me feel like I need to wash my hair every day instead of my usual every other day. Felt like things crawling.

08P 21 08.00 NS

Been getting cold sensations on the top of my head, almost in the middle at the back, but just a little to the left. It's like a small spot of coldness suddenly, emanating out.

08P 35 XX:XX NS

Noticed very light fizzing sensations, sometimes on the top of my head, or on my face, mostly on the left hand side, just on the surface of the skin.

08P 42 XX:XX NS

At the top of my head, on the right side, a piercing pain, pressing down. Feels better for rubbing.

08P 97 12.00 NS

Woke late with feeling of congestion in the nose and head.

10P 05 09.00 NS

Noticed heat at the crown of my head and profuse, sticky perspiration.

10P 13 XX:XX OS

Headache above left eye, but without nausea or vertigo.

10P 15 XX:XX NS

Strange sensation at the right temple. Feels like a spasm, as if electrical stimulation of the muscle at the temple which causes a contraction that feels like a momentary gripping sensation. This is followed by a numb or partially numb, as when the numbness of novocaine gradually wears off.

10P 32 09.00 NS

I feel a lot of pressure on the top left hand side of my head, creeping down over my face.

12P 01 XX:XX NS

I have had sinus pain in the left side above the eyebrow for most of the night.

12P 40 XX:XX NS

Congestion of the head, then localized on right hand side, front way down forehead around orbit and above ear and back. Numbing pain as if bashed with a strong hammer, pressing, feeling bruised. Brain pushed in; heavy weight; Sense of stillness, inward stillness; Heavy headed; don't feel my neck; sense of connection head/body gone.

13P 01 16.30 NS

Sight and eyes

Pricking in left eyeball like pin.

01P 12 XX:XX NS

Sight became dimmer. I was straining to see clearly.

02P 01 16.30 NS

Right eye itched in the inner corner extending along cheekbone. Felt compelled to rub it which made the whole area red.

02P 07 XX:XX NS

Woke this morning with a bloodshot, pink eye - right. Painless.

02P 25 XX:XX NS

My eyes feel terribly heavy; puffy, swollen, half-shut, glassy.

03P 18 XX:XX NS

**Left eye watering.**

03P 24 23.00 NS

Waking exhausted with puffy eyes.

04P 03 XX:XX NS

**My eyes are swollen**

04P 04 07.00 NS

A friend saw me and said that I had shiny eyes and looked shiny. Bought a shiny black coat – everything seems intense and shiny.

04P 21 XX:XX NS

Right eye started watering again around 10 a.m. and stopped around 2 p.m. It felt as though it had grit in it and was again worse outside and in sunlight.

05P 24 XX:XX NS

Prick as though from a needle in my left eyelid.

08P 01 XX:XX NS

My eyes were really hurting, like something was in them pricking all over. I kept rubbing them, and wishing it would stop. I went to sleep and it was still there when I woke up again. I was thinking that I couldn't stand it, that **I didn't want to do this proving if I had to put up with this, I wanted to get the remedy out.** I felt I wasn't strong enough. I spoke about this in class later and identified **the feeling of being invaded.**

08P 02 05.00 NS

Pinprick in my left eyelid, felt like a bite and I had to rub it.

08P 04 XX:XX NS

**Eyes watering.**

09P 01 17.00 NS

Notice that my focus is different. I cannot focus on things close up while wearing my glasses. My eyes feel very tired and dry

09P 20 XX:XX NS

My eyes are getting worse my sight is deteriorating. As I lower my glasses to peer over them, I feel like an old woman.

09P 40 XX:XX NS

My eyes feel prickly and sore. They feel like they are too open. **They are watering,** and they feel tired.

12P 02 XX:XX NS

**The left outside corner of my left eye is sore and itchy.**

12P 18 XX:XX NS

My left eyelid is flickering, like there is a nerve ending dying.

12P 31 XX:XX NS

Eyes dry, worse than usual, throughout the week.

13P 12 XX:XX NS

Hearing and ears

Ears hurting, sharp pain deep middle ear ache and slight throbbing, right then left.

01P 01 16.45 NS

Pain in left ear, very clear inner ear. A deep thing, a sense that it's being cut off, filling with wax, no longer in contact, a numb pain it happened on and off.

01P 04 XX:XX NS

Tickling deep in ear, first right then left, lasting only 30 seconds, bored with index finger to relieve.

01P 12 XX:XX NS

I was suddenly aware of the ticking of the clock in the room, and the sound of a bird outside.

My hearing was very acute.

03P 01 16.00 NS

I have a faint, deep, pulsating roar in my ears.

03P 03 XX:XX OS

Ear aching and very itchy inside.

04P 04 07.00 NS

My ears are really sensitive sound, things seem louder, a little echoed. I want things to be quieter.

08P 1 XX:XX NS

There was a pain in my right ear this morning, it was a kind of pulsating, whooshing, like it was blocked.

08P 13 07.30 NS

Got tinnitus, it was like a swooshing in my ears, mainly the left, and then a ringing.

08P 19 XX:XX NS

Severe itching in Eustachian tube (part of past hay fever symptoms, which I rarely have these days). It is sudden, aggressive and short lived.

11P 05 XX:XX OS

Woke up from sleep feeling as if something is stuck in the meatus of the left ear; it is annoying. Even though I know nothing is there I have to get out of bed and use tweezers to try and pull it out, but of course nothing comes out. Lasted about 10 minutes.

11P 14 02.00 NS

Itching in the right Eustachian tube, relieved by moving the tongue on the upper palate.

11P 160 XX:XX NS

My left ear feels like it is clearing. It is clicking every time I swallow and I feel the need to keep swallowing.

12P 01 XX:XX NS

Sensation of pricking in my ears, more in my right ear than my left. It feels like small stabbing pains.

12P 02 18.00 NS

My left ear is extremely itchy inside, like when I have an allergic reaction. I cannot stop scratching it until it hurts.

12P 13 XX:XX OS

Smell and nose

Profuse thickened mucus, ochre yellow, predominantly left nostril flowing on blowing.

01P 44 XX:XX NS

Sense of smell acute during proving – friend smells funny it is an unwashed smell. Like someone else where I worked unwashed odor a bit sour. Smelt a woman on the train – she smelt of piss – I was knocked out by her smell.

03P 00 XX:XX NS

I awoke with a runny nose on the left side only.

03P 02 07.00 NS

I noticed one of the men dancing at the party had a very strong, animal-like smell.

03P 02 21.00 NS

My cold is much heavier today, but still mainly left-sided. I am now sneezing a lot.

03P 08 XX:XX NS

Nose slightly runny

09P 01 16.00 NS

Tickling in my left nostril, leading to much sneezing.

12P 03 04.45 NS

Right nostril blocked. It feels like it is crackling,

12P 03 XX:XX NS

Heightened awareness of smells.

13P 13 XX:XX NS

### Face

Area of tenderness around angle of jaw and ear, pronounced on the right, less so on the left.

01P 07 XX:XX NS

My lips have been very dry and I have kept putting lip-salve on.

02P 17 XX:XX OS

I have a continuing sensation of tingling from my left cheekbone extending to my chin. It feels as if someone were pulling my chin.

03P 02 07.00 NS

I have an intense sensation of drawing and tingling in my chin. I feel as if my lower lip were fat. The tingling sensation is in the centre of my lip now.

03P 03 23.30 NS

As I walked to work, the left side of my face felt like it was being dragged down.

03P 05 09.00 NS

Pricking, itching sensation on both sides of my face, along the edges of my jaw-line. Lasted a few minutes

03P 24 17.00 NS

Face feels numb and tingling. Still have a bitter taste in the mouth with lots of energy.

04P 02 12.00 NS

Face on the left side is twitching than changes to the right side.

04P 02 17.30 NS

Jaw felt stiff and swollen the left side of the face was tingling.

05P 01 16.00 NS

Neck and throat feels stiff and numb, like its had aesthetic, particularly right side extending to ear. Face left side tingling.

05P 01 18.30 NS

Mouth and chin feel numb and as though being pulled, numbness moved from the left to the right.

05P 02 11.00 NS

All morning left lower lip tingling then felts woolen and numb.

05P 04 XX:XX NS

During the morning left lip then moving to the right lip had the sensation of being swollen and numb.

05P 05 XX:XX NS

Face felt hot and glowing with heat internally (but not hot to touch). It lasted about 20 minutes.

07P 01 16:20 NS

Slight numbness on the left side of my face, feels as though it is dragging down, especially the lower lip, like when someone has had a stroke.

08P 01 XX:XX NS

In the evening I noticed my bottom lip felt tingly and numb.

08P 02 XX:XX NS

As I was going to sleep, noticed bottom lip tingling.

08P 04 22.30 NS

I noticed that my lips were dry, they feel rough.

08P 04 XX:XX OS

Skin on my face feels a bit course, a bit lumpy.

08P 06 XX:XX NS

Noticed red bumpy spots on forehead, and bumpy spots on face, not pimples, more like tiny lumps.

08P 17 XX:XX NS

Got another spot in the middle of my chin. I can feel it, a little bump hurting when I press it, but it's not coming to anything.

08P 35 XX:XX NS

My face appears to have red blotchy patches everywhere.

10P 05 XX:XX NS

Noticed a blistering herpetic eruption just inside left nostril, have not had this for years. Almost no pain, even when wiping or blowing nose.

10P 13 XX:XX OS

My bottom lip feels numb like I have been to the dentist and had an anaesthetic. It is worse on the left side .It makes me want to keep tapping it to see if it has come back to life.

12P 01 XX:XX NS

#### Teeth and gums

Had a troublesome molar tooth extracted, tooth had troubled me over about 18 months. I had previously resisted extraction despite the recurrent pain, due to fear of extraction from a 'hammer and chisel' experience. The tooth split into 2 equal halves on extraction, beneath the old tooth is a new Wisdom tooth, which started to erupt 2 days later.

01P 37 XX:XX NS

**Teeth are aching and gums are aching.** Woke up at night grinding my teeth.

04P 02 XX:XX NS

Teeth - toothache in lower right back, seems to be under my cap. Painful to touch and hot drinks makes it worse, alcohol makes it better.

05P 20 XX:XX NS

Gums bled when I cleaned teeth.

08P 31 XX:XX NS

Toothache at the back top right hand side between the wisdom tooth and the last molar, the **gum feels sore** as though I may have trapped some food in there at lunch and it has inflamed it. It hurts the most when I bite down on it.

12P 41 XX:XX NS

#### Taste and tongue

Peppery taste in mouth with the sensation that I am about to get an ulcer on underside of my tongue, left side.

01P 01 16.30 NS

Took remedy and had a bitter taste in my mouth even 2 hours after. My tongue felt numb.

04P 01 16.00 NS

Metallic taste in the mouth like blood, particularly on the right side.

05P 06 XX:XX NS

I have a bad taste in my mouth and throat.

12P 03 14.00 NS

I have a very bitter taste in my mouth . It feels like I need something sweet to get rid of it.

12P 06 XX:XX NS

#### Inner mouth

The left side of my mouth feels numb, as I've been to the dentist and were just recovering from the anaesthetic. The numbness is accompanied by a tingling sensation in my teeth on the left side.

03P 01 17,00 NS

Tingling numbness in right lower jaw. Feels as if I might be drooling. Strong tingling, tickling sensation in upper gums, right side, above molars. Tingling, drawing sensation in the

left side of my mouth. The tingling is moving around; I feel it in both sides of my mouth, and in my tongue.

03P 19 11.30 NS

Itching at the corner of my mouth, right side, inside and outside.

08P 26 XX:XX NS

My left cheek feels slightly swollen inside my mouth, so that when I close my mouth it is uncomfortable; it is catching on my teeth.

09P 05 XX:XX NS

Biting lower left lip - forming small wound.

10P 06 XX:XX OS

### Throat

Blockage at top of throat, large spongy obstruction with a slimy feeling in throat, perhaps left tonsil enlarged, right clear.

01P 07 XX:XX NS

Constricted feeling in throat, throat sore and sticky, just at the back of my mouth a sensation of sharpness and either side of tongue, tip of tongue very sensitive.

01P 36 XX:XX NS

Awoke with a very sore throat, dry and large lump in centre of throat, difficult to swallow. This was repeated each morning until day 43, the sore throat easing after being up and about for a couple of hours.

01P 39 06.00 NS

Have been clearing my throat quite a lot today, especially in the evening. Also, sneezing and blowing my nose.

02P 11 XX:XX NS

I woke with a slight right-sided sore throat. It was a piercing sensation that centered on the right tonsil and the Eustachian tube.

03P 05 07.00 NS

I woke up with a very dry throat and a sensation of piercing in my right tonsil again, with pain on swallowing. I discovered that I had left the heater on in my bedroom, so turned it off, drank some water and felt better.

03P 06 07.00 NS

Palpitations started again, after going into a Jacuzzi and sauna, and then again after tea and chocolate. Like a bird in my throat.

03P 45 XX:XX NS

Terrible sharp sore throat worse for swallowing. It feels better for warm drink.

04P 07 07.00 NS

Front of neck, i.e. the throat, feels stiff as if anesthetized.

05P 06 XX:XX NS

Cold is about the same, sore throat, better for warm drink, coughing feels as if on the chest.

05P 07 XX:XX NS

A liquid came up from my throat, like thin mucus, tasted like blood.

08P 04 XX:XX NS

A sticking pain in the left side of my throat, going downwards, with itching going into my ear.

08P 04 XX:XX NS

Burning in the back of my throat.

08P 06 XX:XX NS

The sensation of a lump in the throat is much less. I think this is the first morning in 2 months I have not felt it as a constriction an hour after waking.

10P 02 07.30 AS

Had a sensation as if I had tonsillitis - fullness around the tonsils but there was no pain at all.  
10P 05 02.45 NS

It feels like I have **something sticking in my throat**. It happened when I took the pill.  
12P 01 16.00 NS

My throat feels like it is divided down the middle. The sensation is that the left side feels really cloudy and the right side feels very clear.

12P 01 XX:XX NS

Appetite, thirst and desires

Throat very dry but not wanting to drink water.

01P 44 XX:XX NS

My appetite has also decreased tremendously - I had no breakfast or lunch and just beans on toast at 1600 and bits and pieces later on. Usually, eating too much brings feelings of guilt and inadequacy and eating in balance brings confidence and self-worth. It seems to be the other way round right now.

02P 21 XX:XX NS

**I feel very low in energy**, and am craving fruit.

03P 05 XX:XX NS

**So hungry!** I felt like I could eat and eat. And I did! Both yesterday and today.

03P 30 XX:XX NS

Have no appetite and feel very anxious.

04P 18 XX:XX NS

**Tired, feeling exhausted, almost too tired to eat, no appetite.**

05P 21 XX:XX NS

**Slightly nauseous feeling on thinking about eating wild mushrooms.** This was strange, as usually I absolutely adore eating (and finding) wild mushrooms.

07P 20 10.30 NS

I'm having a craving for olives. I've always liked them, but it's like I need to have some every day, and lots at a time.

08P 23` XX:XX NS

Woke with thirst, had to get up and drink a pint of water, then went back to sleep.

10P 05 XX:XX NS

While waiting at a tram stop, desperately craving bacon, I am mostly vegetarian and normally dislike any pork products.

10P 06 XX:XX NS

I realized that over the past week I have hardly eaten anything and have had no appetite, nor experienced feeling hungry. I seemed to have been so busy and so engrossed in doing so many things that I have eaten perhaps just a sandwich. On Wednesday I had a lunch with friends and had a complete meal, but other than that I cannot remember having eating other a sandwich each day. So, I have been going through the week living on coffee and a sandwich each day. Yet I have no sense of being hungry, nor that feeling of tired from lack of food. In fact, I have been more energetic than usual and busier than usual. Indeed, I am astonished at how much I am doing in one week. I seem to have gone into another "5th gear", or overdrive or something, and it feels as if the engine is running smoothly and efficiently.

10P 16 XX:XX NS

Again, I am aware that I do not seem to become hungry, as if my body is content with little and because the body is not "raising a call for food", so I am simply not thinking about it until I realize how little I have eaten and then think I probably should eat something out of obligation to the routine.

10P 33 XX:XX NS

Craving red wine - have not used alcohol for 18 years as part of my religious obligations and

consequently it never enters into my thinking, but now have a craving for red wine.

10P 37 XX:XX NS

I am not feeling at all hungry this morning, I am always ready to eat something when I get up. This is most unusual for me.

12P 10 09.00 NS

All empty sensation; great tiredness; desire to eat non-stop.

13P 33 XX:XX NS

Hiccough, belching, nausea and vomiting

Standing in school staff room when a strange sensation descended; **severe nausea**, headache, light headed, vision spacy, leaving me feeling weak and nauseous in my stomach.

01P 19 09.00 NS

**Nausea** on waking and feeling very hot.

04P 17 XX:XX NS

Felt **nauseous** on going to bed.

08P 31 XX:XX NS

The **nausea** is back again. It is like when I was pregnant but I know I am not.

12P 04 08.30 NS

Feeling very sick now, I am really getting fed up with feeling like this every day.

12P 10 XX:XX NS

Scrobiculum and stomach

Indigestion and left sided stomach pains.

04P 04 14.00 NS

Stomach is swollen and **full of flatulence**.

04P 04 XX:XX NS

Left side of stomach, sharp pain, changing to a dull ache.

05P 01 XX:XX OS

**Indigestion, feels like a stone in the pit of my stomach, and some gastric reflux, like when I was pregnant.**

08P 33 XX:XX NS

Abdomen

Awoken with sensation in upper abdomen of churning like a snake coiling in centre of ribs area.

01P 02 03.00 NS

Awoke with sensation of anxiety in upper abdomen, below my heart, fluttery (upper breasts and stomach and also in my head), immediate thoughts of too much to do- the sensation is that of nails scraped along a board, the feeling but not the sound.

01P 10 XX:XX NS

Burning sensation in my stomach, moving upward towards my throat. **I feel like I'm developing diarrhoea.**

03P 17 08.00 NS

I noticed a twanging pain in my gall bladder.

03P 33 15.00 NS

Stomach pains, cramping.

04P 03 XX:XX NS

Feeling sick, congested feeling in abdomen. Abdominal pain and bloated feeling.

04P 10 11.00 NS

My pelvic floor area is feeling congested and painful.

04P 11 XX:XX NS

Shingle pain so bad I have to take painkiller.

04P 13 XX:XX NS

Shingle pain really bad all day and want to cry with the pain but can't. Worse for movement.  
04P 21 XX:XX NS

Restricted feeling around the waist as though hands or bands were holding it tight and hurting.

05P 01 18.30 NS

Awoke with a bite on my stomach where the itching was yesterday, it is red and hot, inside of left elbow is also itching. Generally itching all day.

05P 03 XX:XX NS

I became aware of the sensation of a band around the middle of my abdomen.

08P 02 XX:XX NS

Feels like I have a stitch in both sides.

08P 04 XX:XX NS

Woke up with a tingling, kind of itching around my navel, moving in a circle around it, there was heat. Needed to scratch, but gently, in a circle going around. Also a bit later, was getting bigger, about a 2-inch radius around my navel. There was also nausea, like a stone in my stomach and there was the sensation that something was going to burst out of my navel.

08P 05 XX:XX NS

Shooting pinprick pain in my navel, behind it going inwards.

08P 05 XX:XX NS

Pain under my rib cage on the right side, like fingers poking side, very sharp. Sensation made me want to gasp.

08P 15 XX:XX NS

Pain in my right side, like a stitch, cutting.

08P 42 XX:XX NS

Pain, like diffused strong heat, in epigastric region, radiating in a circle. Lasted 90 minutes.

11P 26 16.30 NS

**Have got a really bad stabbing pain in my left hand side of the abdomen, in the middle next to my belly button. It is making me feel even more sick as the pain is so strong.**

12P 12 08.00 NS

**I have a very bloated tummy, it feels like it is full of wind.**

12P 15 13.00 NS

Stomach pain, in the abdomen, it is a gripey pain that is **wind that I don't seem to be able to pass, so it hurts even more.**

12P 18 XX:XX NS

I have a very painful windy stomach and it is **rumbling a lot. It has sounded very loud.**

12P 32 XX:XX NS

Rectum and stool

Stool smelling very distinctly of cheese. Unusual time of day for me and I am vegan.

02P 03 18.30 NS

Just settling down to sleep when I got a pricking, like a needle, in my anus, going up.

08P 03 22.30 OS

**Noticed my bowels have been looser than normal, very runny and pale.**

08P 04 XX:XX NS

Had bad wind this evening, very loud!

08P 39 XX:XX NS

Over the past few days not feeling **satisfied after stools**. As if not everything comes out, there's always something still there.

11P 31 XX:XX NS

I have very smelly wind. It smells like old cabbage.

12P 06 XX:XX NS

I woke up again wanting to go for a poo. It feels quite urgent and is a soft stool that does not take any effort, this has been the case all through this proving and I know that it must be the cause of it as I am not normally like this.

12P 23 XX:XX NS

#### Urinary organs

Woke up and went for pee. Normally in such circumstances, flow of urine is quite weak, whereas it was really quite strong.

07P 04 04.00 NS

**There is a slight feeling of urgency**, as if I could become incontinent.

09P 05 XX:XX NS

#### Female sexual organs

Feel a deep ache in left side, ovary perhaps.

01P 23 XX:XX NS

I seem to have started another period - at least there has been very slight loss of dark purple, dryish fluid today. It was only 14 days ago that I had my last period. This has only happened to me once before, after a remedy.

02P 28 XX:XX NS

This period is very different to any I've had: it's heavy with dark flow. I've been to the loo countless times today because I felt uncomfortable and to change my sanitary towel. I also peed a lot more today. My mood is miserable and I feel dominated by my period. Usually I feel comforted by the cycle of my periods, but I don't like this one. It took me by surprise, it wasn't meant to happen and it's dominating me.

02P 30 XX:XX NS

Period still going. Over 5 days is very rare for me. (lasted 8 days)

02P 33 XX:XX NS

My libido's back.

02P 38 XX:XX NS

I have a tingling sensation around my vagina.

03P 05 12.00 NS

Two small herpetic eruptions on my right labia; itching, burning.

03P 27 XX:XX OS

Herpetic eruption on right labia a bit bigger; very itchy.

03P 28 XX:XX NS

Woke unrefreshed, flat, accompanied by lower back pain. Awareness that I'm ovulating, some twinges in my right ovary and a few aches here and there.

03P 33 07.00 NS

Menses started immediately, with no spotting beforehand.

03P 50 XX:XX NS

My period started the day before and was progressing normally, but then I started to feel low level cramps and shooting pains going down into my vagina. Later I realized that the flow was much heavier too.

08P 01 XX:XX NS

Feel very tingly in my female parts. Really sexually heightened. I have noticed this sensation for most of the day.

12P 03 XX:XX NS

I have a very strong ovulation pain in the right side of my lower abdomen. It not only aches but it feels at times like there is a knife going up through my vagina into my ovary. It is so painful that I cannot sit down when this happens.

12P 13 09.00 IOS

I am feeling very excited again and really want sex, my parts are tingling this is very

noticeable on this remedy the tingling sensations that seem to be very strong, everything seems to be a lot more intense than before.

12P 33 XX:XX NS

Voice and larynx, trachea and bronchia

I noticed my voice was getting croaky. I was tired to start with and at the end it was a bit painful to speak, my voice was quiet, and breaking up.

02P 21 19.00 NS

Throat is red, hoarse when waking, voice husky.

05P 08 XX:XX NS

Respiration

Quite wheezy tonight. The chest feels very tight and restricted.

12P 05 XX:XX RS

Cough

I began to cough quite badly. Watery liquid was gathering in my lungs and it was difficult to cough it up. Coughing with retching that lasted for half an hour and then tailed off.

02P 23 21.30 OS

Coughing up green phlegm.

05P 03 XX:XX NS

Cough started, tickling, chest feeling tight but nothing coming up. Aggravating cough when trying to get to sleep.

08P 26 XX:XX NS

Inner chest and lungs

Chest feels tight with a circular ball like constriction between my breasts. Better for writing this down.

01P 36 XX:XX NS

This cold feels like it's going to my lungs. It hurts a bit when I breathe deeply, a kind of raw feeling.

03P 13 11.00 OS

My lungs feel sore, burning slightly when I inhale deeply.

03P 18 XX:XX NS

Odd sensation under my rib cage, like something trying to get out?

08P 01 XX:XX NS

Sensation of mild itching inside right lung, accompanied by a mild wheezing. Disappeared in the morning

11P 03 XX:XX NS

Oppression in the upper chest. Higher part of the lungs. Tingling feeling.

13P 01 16.15 NS

Heart, pulse and circulation

Palpitations very marked in the early morning. I woke about 5.00 with a dry mouth and very irregular heartbeat. It seemed worse when I was on my left side.

03P 48 08.00 NS

Palpitations again, very strong. I went to bed at midnight and was unable to sleep until 2 a.m. ; they kept me awake. Rescue remedy allowed me to fall asleep

03P 50 XX:XX NS

Weird sensation in my heart, kind of like two beats instead of one, just a fleeting, mild sensation, perhaps like a flutter.

08P 16 XX:XX NS

Outer chest

**Sharp pains in left breast, like stitch. Worse on breathing, moving.**

01P 01 18.00 NS

**Pain in my left breast, upper chest, very focused intense.**

01P 04 XX:XX NS

**Contraction pain in left breast where that circular pain was. Shouted out loud "I'm having a heart attack" a sharp pain the kind that takes your breath away. I bent forward grasping my breasts. It lasted seconds not minutes.**

01P 07 XX:XX NS

Itchy nipples (worse on the left), very intense tickling which was unpleasant and because of my situation, in a seminar, I felt too self-conscious to scratch.

01P 11 XX:XX NS

Itching, prickling in ends of nipples, worse on the right side. Breasts felt full, turgid however period had just finished therefore very unusual.

01P 20 XX:XX NS

Transitory shooting pain in my right breast.

03P 17 12.00 NS

Red, itchy, circular patch about 8 inches in diameter appeared just below my throat and to the right of centre. Lasted about half an hour. Came on suddenly.

03P 24 16.30 NS

Shingles are burning.

04P 02 17.30 NS

Shingles worse. Very, very painful.

04P 06 XX:XX NS

The shingle pain is unbearable, burning.

04P 08 XX:XX NS

Feels like my breasts have got bigger.

08P 07 XX:XX NS

Got a pricking pain in my left breast, early afternoon, it wouldn't let me ignore it. I had to rub it and that helped.

08P 13 XX:XX NS

My breast are very tender and the nipples sore. It is nine days before my period is due.

12P 19 XX:XX OS

Neck and back

Sharp pain left side of my back, level with lower edge of breast on ribcage, 2p sized pain, cramp, lasted a minute or so

01P 14 XX:XX NS

I have a stabbing pain in my neck on the left-hand side.

03P 03 XX:XX NS

Three bumps like insect bites appeared on the left side of my neck, just below the hairline. Itchy.

03P 34 20.00 NS

Sciatica pain in back. Left leg went numb.

04P 04 07.00 NS

My neck feels big, swollen and achy.

04P 06 XX:XX NS

Top of my back is aching like having the flu. Under the arms it feels swollen and achy.

04P 07 XX:XX NS

All day feeling of pins and needle pains in the back

04P 11 XX:XX NS

Lower back pain.

06P 03 XX:XX NS

My neck started hurting in the evening, mainly the left side but it spread to the right, it was

aching, going down into my shoulder blades. It was painful to move, like I'd cricked it, but it was niggling, not really painful.

08P 02 XX:XX NS

Been getting pulling sensations at the back of my neck, both sides.

08P 24 XX:XX NS

Lower back aching. I feel like I need to sit down, but can't sit down for long because it makes it worse. It goes from the back into my buttocks.

08P 25 XX:XX NS

Lower back pain centered in spine, radiates right and left over back of hipbone, passed after 1 hour.

11P 04 XX:XX OS

A lot of pain in the right side of my neck, coming up from between the shoulders up to the centre of the neck.

12P 04 XX:XX NS

I have a very itchy back, it has been bothering me all morning. It keeps pricking and I have to scratch it a lot. It feels hot and that makes it worse.

12P 30 XX:XX NS

#### Upper limbs

I have a sensation in my left forefinger as if something were being driven under the nail.

03P 03 XX:XX NS

**Trembling, especially in the hands.** I blushed in a shop, hoping that no one would notice how I was shaking as I signed the credit card slip.

03P 15 XX:XX NS

Tight hands - aching pains under arms.

04P 05 XX:XX NS

**A very sudden pain at the end of my in my index finger, the left one, like a prick, going instantaneously into my armpit.**

08P 03 16.30 NS

Same itchiness developed on the inside of my right forearm. Irritating.

Prick, prick, prick.

09P 01 222.3 NS

Stiffness in left shoulder, in the scapula, difficult to turn over.

09P 11 XX:XX NS

My left arm from the elbow to the wrist then into my fingers and especially my thumb is very painful. It is like a tingling numbness, with a very deep ache.

12P 05 XX:XX NS

I seem to have trapped a nerve in my left shoulder into my neck, or the other way around. It is giving me a dull ache down into my left arm and a tingling sensation in the ring finger, it is getting to me now and making me cross

12P 34 XX:XX NS

#### Lower limbs

Pain in the centre of sole of left foot, like cramp but brief.

01P 01 XX:XX NS

Awoke from dream with left leg, upper calf starting to cramp.

01P 44 XX:XX NS

A small, itchy bite appeared on my right hip.

03P 51 XX:XX NS

**Knees aching and stiff.**

04P 02 17.30 NS

Cold feet.

04P 03 XX:XX NS

Left foot under the arch feeling a lot of pressure.

04P 06 XX:XX NS

Woke up hot, left hip aching

04P 10 04.00 NS

**Cramps in right foot all day in third toe.**

04P 13 XX:XX NS

Feet swollen and skin really shiny.

04P 14 XX:XX NS

Knees and ankles felt stiff with a dull ache.

05P 01 16.00 NS

Legs heavy and aching, left foot very hot. Top of both feet feeling painful and stiff, they feel sort of restricted contained.

05P 01 18.30 NS

Sensation of tearing under right knee and a bruised feeling as though kneeling on something.

05P 02 XX:XX NS

Left wrist pain on flexing hand upward, pain extends to underneath wrist and palm of hand. It hurts when leaning on the hand, as if sprained, the pain then extends to the middle finger.

05P 05 XX:XX NS

**Both knees are hurting** when I walk or climb stairs or **when rising from kneeling.**

05P 08 XX:XX OS

Right foot is itching removal of my sock reveals two round red bites and the veins on the top of my foot and ankle are raised and defined.

05P 30 XX:XX NS

Got **cramp starting in toes**, toes felt broken, pain shot up calf and I fell over. Better for vigorous rubbing.

06P 01 XX:XX NS

Second toe hurts.

06P 03 XX:XX NS

Cramps in left leg.

06P 03 XX:XX NS

Aching pain in my hip, also on the top of thigh, shooting downwards. Joints hurts when get up and walk.

08P 01 XX:XX NS

Walking back to the car I felt something in my thigh joint, the left, like a kind of twisting of sinews. I heard, or maybe felt a kind of clicking. It was very uncomfortable, I felt like it might give way but it didn't.

08P 01 XX:XX NS

When sitting, I found myself with my toes under my feet, all scrunched up, I was resting on them, pushing own.

08P 03 XX:XX NS

There was a pain going down my left thigh, slower than shooting. Later there was a pain in the muscle above my right knee, going down into my knee

08P 03 XX:XX NS

In the evening, my knee felt like it would give way when I got up from sitting in a chair. It was a pain like a screw going into the joint. It made me limp for a while.

08P 04 XX:XX NS

Pin prick, insect bite feeling again on my big toe of my right foot, it was radiating out and I had to rub it.

08P 05 XX:XX NS

Pain in the middle of my left thigh, a muscular pain, radiating out. I needed to rub it which felt better.

08P 09 XX:XX NS

Today my right foot is giving me problems. It hurts, more when I walk, quite a sharp, almost cramping pain, mostly along the outside of my foot, which feels almost bruised, up to the ankle. When I walk there is a pain shooting into my ankle and I'm hobbling. My ankle hurts when it moves.

08P 48 XX:XX NS

Sensation like a cloud between my hands; like catching a football, but it was a cloud. As soon as I got into bed the cloud between my hands turned into a cloud of midges and immediately the tops of both feet began to itch, as if they were being bitten. Temporarily better for scratching, then worse again. Red, raised bumps. Drove me mad for ten minutes.

09P 01 22.00 NS

Got into bed and the itchiness on the tops of my feet began, as it had done at the same time the night before

09P 02 22.30 NS

Excruciating cramp at the back of left thigh; muscles completely screwed up; made me gasp. A very old symptom that I used to get between the ages of ten and seventeen in the middle of the night, after I did ballet during the day.

09P 14 XX:XX OS

Excruciating cramp in left leg in sleep. So painful I was screaming when I woke up. I couldn't get comfortable in any position. Tried getting up and walking round, which eventually relieved the cramp. Lasted half an hour.

09P 15 02.00 OS

While sitting in class, sudden, sharp pain in both knees with an instant reflex of projecting both legs straight out in front of me.

10P 32 XX:XX NS

My right hip joint is painful and feels bruised. It was fine earlier.

12P 03 13.00 NS

Sprained feeling to my left foot. It feels worse on the top of the foot. It feels a lot better when I stretch it.

12P 04 XX:XX NS

My left knee is very painful, it feels like I have twisted it. Both my legs feel very strained and stiff, they are very tight to stretch

12P 04 XX:XX NS

Right hip joint very painful. I can't put any pressure on that leg when I stand. The pain shoots up into this joint when I do.

12P 06 XX:XX OS

The left sciatic nerve is really playing up and whichever way I twist it sends a knife like pain shooting down my leg.

12P 21 XX:XX NS

### Limbs in general

Semicircular pain in left hip, bone-ache. Also in elbow, boring through the centre of the elbow and along wrist, left, and in shoulder moving towards the elbow, dull and continuous.

01P 08 XX:XX NS

Hands felt very hot, feet very cold. The coldness rose up my shins and lower calves, then receded. (It lasted about 15 minutes).

07P 01 16:15 NS

Feet ache, they feel tight, like I need to flex them, the same with my fingers.

08P 01 XX:XX NS

On right knee and on the top of the right foot, small itchy lumps, as if bitten by insects.  
Itching on the palm of the right hand at the base of the palm.

10P 42 XX:XX NS

The past few nights have realized that there has been a change in my usual condition of cold hands and feet. In bed at night, I feel as though my feet are burning from the inside, though to the touch they are not particularly hot.

10P 51 XX:XX NS

#### Fingernails

I realize that during the proving period my nails are much stronger. They are not softening and tearing easily as they normally would, and consequently my nails are usually kept short. It is very rare for me to be able to grow my nails to any length, now they are growing and strong.

10P 33 XX:XX NS

#### Sleep

Fell asleep over my books at around 11.00 for ten minutes and felt better.

02P 08 11.00 NS

I woke up and had great difficulty getting back to sleep.

03P 04 05.00 NS

I feel so exhausted after eating, I can hardly keep my head up. I just want to sleep for years. I often feel tired after eating, but not like this.

03P 18 13.00 AS

Just want to go to bed, very sleepy cold and shivery.

04P 04 14.00 NS

Feeling very exhausted but problem sleeping because of hyperactive mind. Can't stop thinking.

04P 08 22.00 NS

Keep waking up at 5.00 am very often.

04P 23 XX:XX NS

Sleep restless, mind feels that it does not switch off and is busy all night. Got up to pee at 1.30 and again at 3.00 a.m.

05P 06 XX:XX NS

Awoke. I was aware of being awake - and looked at my watch. That was all.

07P 02 05:00 NS

Slept for 12 hours plus. Despite not really feeling very tired when I went to bed. It was lovely! And not surprisingly, I felt really refreshed on getting up. It is a long time since I have slept so long, and so well.

07P 06 XX:XX NS

Awoke after 5 hours sleep. It occurred to me that my waking around 5 a.m. was always about 5 hours after I went to sleep – so that maybe this was consistent with today?

07P 16 08.00 NS

Yawning and yawning, could not stop. Felt extremely tired, and could easily have gone to sleep.

09P 01 16.00 NS

In the past two nights wake up around 4-5 am, but am able to fall back asleep.

11P 31 XX:XX NS

Have woken up after a very restless sleep. I have been so hot in the night and very dreamy, although I cannot remember the dreams that I had.

12P 15 XX:XX OS

#### Temperature and weather

Runny nose developing throughout the day. I felt the cold so much I had to borrow a big

woolly jumper from someone at work.

03P 05 XX:XX NS

**Feeling of total exhaustion and lethargy.** I am feeling cold

03P 17 12.00 NS

I woke up sweating in the night, feeling slightly feverish

03P 18 XX:XX NS

Cold feet all day; didn't get warm until I was in bed for about an hour. Icy cold, as if the blood in them were icy.

03P 29 XX:XX NS

Feeling cold and sweaty.

04P 03 XX:XX NS

Still feeling hot under the skin.

04P 06 XX:XX NS

Feeling very cold, icy feet which I warm up when eating.

04P 18 XX:XX NS

Got home and I was cold. I put the heating on which is unusual for me unless it's very cold outside.

08P 04 13.00 NS

I'm needing hot drinks, but it's more to feel the heat in my hands, I'm cupping the mug in my hands, and it's soothing, comforting. I also had a bath tonight when usually I would shower. I felt like I needed to feel the heat of the water around me.

08P 05 XX:XX NS

Another reason **I believe this remedy is having a deep action** is that normally I feel the cold and dread the coming of winter. As soon as the summer is over I usually keep my rooms well heated (others say overheated) and closed up against drafts, and I wear many layers of clothing including thermals. My hands and feet especially seem to be cold constantly. As this proving has proceeded, I have noticed that not only are my hands and feet no longer cold all the time, but I have not yet closed my windows and they remain open throughout the day and night. In other words, I am reacting completely uncharacteristically toward the cold and the onset of winter.

10P 53 XX:XX NS

I feel very shaky and cold inside. The bottom of my legs feel cold and numb.

12P 03 11.30 NS

Have felt so hot on and off today. Feels like hot flushes, and I find it hard to cool down. Being outside does not make it any better.

12P 08 XX:XX NS

#### Perspiration

Woke up at night sweating.

04P 05 XX:XX NS

Woke up very sweaty, soaked across my chest and shoulders.

08P 31 03.30 NS

Armpits sweating more than usual. Noticed straight away in the morning that I was starting to smell.

08P 31 XX:XX NS

I felt as if I had a temperature but no sweating.

10P 05 XX:XX NS

I am finding it really difficult to keep cool today. I seem to be over heating all the time. I am helping a friend move house but don't usually sweat like this on exertion. It seems to be all over coming out of my pores everywhere.

12P 16 XX:XX NS

### Sensations

Walking back in the dark along the road through Uffculme suddenly was disturbed by something shafts of diagonal light from the street lights that felt like strands of cobweb on the left side of my face.

01P 01 22.00 NS

Sensation that the bed is sloping to the right and that I will fall out unless I arrange myself to prevent it, very odd

01P 04 XX:XX NS

A real feeling as if eaten alive by worms. Worms crawling all over me and inside me eating me while alive.

04P 23 XX:XX NS

On going to sleep I felt like my body was bending up on the bed. I was lying on my back, and it was as though my feet and head were on the bed but the rest of me was arched upwards, but it was not rigid, more fluid.

08P 01 22.30 NS

Woke and in that place between asleep and awake I had a sensation of my body feeling as if it were a record on a turntable being rapidly scratched forwards and backwards - strange vibrating sensation.

10P 05 02.45 NS

Wakened by a sensation that my left leg was in a calliper, totally immobilized and at the same time, being pulled away from me

13P 08 XX:XX NS

### Skin

Little pin pricks. Backs of knees, on my back and upper arms. Left nipple and in my hair. Just when settling down to sleep. Single pricks. Horrible actually makes me start and jump.

01P 26 XX:XX NS

Two raised bumps on my right arm, like fleabites. They are red and very itchy and seem to have just suddenly appeared.

03P 17 19.00 NS

Skin feels dry. Dry hands.

04P 14 XX:XX NS

Immediately after taking remedy at first I felt a crawling sensation that started across my upper chest that moved to the front of my throat this was followed by a cobweb sensation starting over the right eye extending over the face and throat, as if hairs that needed to be brushed away. Then I started to itch, the feeling one gets with Shetland wool or mohair. Started across the stomach then down over the right buttock, then down the legs. Also the face started itching extending up over the scalp then down my back. On the top of the head it felt as though the hair was being pulled like electric static.

05P 01 16.00 NS

Itching all over body, back like yogi bear sensation. The itching is driving me mad, not sure whether I can put up with it.

05P 01 XX:XX NS

Skin is itching, particularly head, upper right arm, stomach and legs

05P 03 XX:XX NS

Eczema on foot and around hairline

05P 10 XX:XX NS

Itching generally particularly head. Scratch it, it goes away, it moves to different place like little prickly, when first started spread wider wool reaction. Scratching in particular spots now.

05P 14 XX:XX NS

**Annoying itching on arms**, face and head, no rash.

08P 01 XX:XX NS

Woke up itching all over my torso. Have experienced this in the past, but this was worse.

08P 13 04.00 NS

Skin feels dry, especially hands and feet.

08P 24 XX:XX NS

I am itching all over, on my back, shoulders, length of arms, eyes, throat, and nose. It feels like a pricking sensations and then I just have to scratch.

12P 04 XX:XX NS

I have got some strange spots on my face and chest. They are not whiteheads, they look like hard blisters that will not burst.

12P 05 08.00 NS

I have been bitten several times by a red ant that got into my top. The bites are all around my left breast. I do not get bitten by much, they do not like my taste. The bites went down very quickly as they usually do. I did notice that after been bitten that I felt like pricking pains from my breast to my ribs and back. I felt itchy all over my trunk of my body. (Later) I have just been bitten again, this time the insect got into my top a bit me on the right hand shoulder at the front. Twice in one day, when I have not been bitten since I was abroad in the spring.

12P 10 XX:XX NS

I awoke to the feeling that insects were crawling all over me. It felt like they were pricking at me and I could not stop scratching.

12P 11 07.00 NS

Noticed that my skin seems to be getting a lot more spotty, I had noticed a few the other day, but now they seem to be increasing all around my nose and mouth area, oh joy!

12P 12 XX:XX NS

Premenstrual spots on my chin and around my mouth like when I was a teenager.

12P 22 XX:XX OS

### Generals

It feels as if all the blood in my veins, especially in my legs, is stagnant. The only flow and the only thing happening is my period. My mind is inactive, my energy and confidence have gone. I am cutting off from my family. I've really withdrawn into myself.

02P 29 XX:XX NS

Went for a swim while my daughter had her swimming lesson. Felt so much better for it - my body feels as if everything is flowing better.

02P 37 XX:XX NS

**Sudden weakness.** I felt like I was going to faint and my legs were weak. I felt better after eating some soup.

03P 13 11.00 NS

Bone pain, a deep aching. I am going hot and cold. Really feeling the cold.

03P 17 18.30 NS

A sensation of being plugged into the mains; tingling all over and feeling shaky inside upon waking.

03P 19 XX:XX NS

Exhaustion after first day of training at new job; I feel I can scarcely move. Very low; lethargic; depressed. Shaking inside, like fever. I feel as if I could sleep for days. Walking up the road, my hands felt full and heavy. Had the sensation again that I was plugged into the mains. Thinking life isn't worth living anymore – too difficult.

03P 34 XX:XX NS

Aching in joints, muscles aching in upper arms and shoulders.

03P 35 XX:XX NS

**Too exhausted to even speak.**

04P 03 XX:XX NS

**Eyes swollen.** Feet swollen and achy. Hands and knees swollen. Headache and temples swollen.

04P 08 XX:XX NS

A cold that had been threatening for a couple of weeks came out, feeling dreadful with a temperature, sweating pouring down between breasts and down right side face, throat feels raw with a cough that is barking

05P 02 XX:XX NS

**Many symptoms reminded me of pregnancy and breastfeeding.**

08P 00 XX:XX NS

Feel restless, I can't get comfortable, keep changing position, moving my feet around.

08P 01 XX:XX NS

Feeling that my body is seizing up. When I lie down it feels as if my lungs are not working properly, as if they are sticking together. Everything is too difficult; my job, my homework, my family, my financial situation.

09P 18 XX:XX NS

After decades of chronic fatigue - the sort of weariness that feels like you are perpetually **carrying a huge weight, so that even getting out of bed in the morning is a huge effort** - I feel as though I have energy again. I have not felt this since before I had glandular fever as a teenager. I feel very well. There is sense of clarity of thinking together with accomplishing so many things in a short time, being so busy, it is as if being in a state of grace in terms of movement and thinking. An analogy might be that alteration of state from an aircraft on the runway juddering and shuddering and then suddenly airborne and in another state; freed from gravity it can achieve greater speeds, and travel distances impossible in the earthbound state. Yes, it is the feeling of being freed from the huge weight of perpetual fatigue and lack of energy.

10P 20 XX:XX NS

Noticed that over the past weeks I have been getting **static electric shocks from everything** I touch and also when some people touching me they are receiving shocks from me. This could be just due to very cold dry climate this past week. However, it is so consistent that it is noticeable

10P 21 XX:XX NS

Travel sick, nausea, headache, brain fog, need to lie down, after 20 minute tram ride. Sun is low on the horizon, bright and strobe-effect flashing in the eyes as the tram moves.

10P 26 XX:XX NS

Headache, nausea, fatigue and desire to collapse persisted throughout rest of the day. Feeling of being back at the pre-remedy state, particularly with the fatigue. Now that I have experienced the joy of having energy, this state of fatigue and fog feels even worse.

10P 27 XX:XX NS

I feel like I have travel sickness. The nausea lasted all day.

12P 03 XX:XX NS

My neck, back, and most of my joints ache today, they feel like they need a good stretch.

12P 07 XX:XX NS

My body aches. All my joints are sore and hurt when I move.

12P 12 XX:XX NS

My joints are bad again this evening especially my wrists, both of them, and my hip joints. They feel very sore and inflamed. It is difficult to stand up from sitting, to take the first few steps.

## **Common themes proving Norland – Fraser and H.C.A.:**

### **Overwhelming:**

- I feel so low in spirit and every thing seems to overwhelm me in my life.
- Everything is overwhelming

The word “overwhelming” was not used by the provers of the H.C.A. but when I speak them about this word they recognise this feeling directly:

- *Prover 1 was overwhelmed by the “zombie – feeling”*
- *Prover 2 was overwhelmed by the pain at the teeth and the irritability.*
- *Prover 4 was overwhelmed by the flu with a completely wrong sense of time during the flu. He was really in a panic about his situation.*
- *Prover 5 was overwhelmed by the tiredness. He was feeling mentally very bad during the acute illness. He doubts or he will participate at a proving another time.*
- *Prover 6 was overwhelmed by the headache. This prover is participating already for the third time in a proving of our center. This prover sees it as a favour to me but now she was really at the limit during this proving: “I will never participate anymore. This really goes too far!”*
- *Prover 8 was overwhelmed by the tiredness and especially by the somber feeling.*

## **MIND**

### **SENSATIONS:**

#### **Confused – tunnel:**

- I felt "fuzzy" as if I was going backwards through a tunnel
- Prover 1*

### **DELUSIONS:**

#### **Drug proving could harm him:**

- Maybe this remedy would bring awful things. I imagined someone getting into the house
- The feeling that there is a conflict between my real self and the proving remedy, like there is a battle going on, between my essence and the new essence, and I have to fight to keep my real self there, to be aware and in control. I need to keep control, keep a hold on my actions.
- That I didn't want to do this proving if I had to put up with this, I wanted to get the remedy out.
- The feeling of being invaded.
- I believe this remedy is having a deep action

*Prover 1, 4, 5, 7 and 8*

#### **Someone calling your name:**

- I heard my name distinctly, but when I looked at them, they were engrossed in conversation with each other.
- I heard my name being called

*Prover 2*

#### **Walking behind:**

- People walking behind me
- The feeling of someone behind me

*Prover 8: someone cycling behind him*

### **MENTAL:**

#### **Concentration difficult:**

- Completely unable to concentrate.
- Kept getting lots of phone calls and it felt like I was being plagued by them.

*Prover 1,6 and 8*

#### **Forgetful:**

- For the first time ever, I forgot my wallet. I left it at home in a different bag. So the person I am asking to leave will have to buy me lunch

- Forgetful

*Prover 2 and 8*

#### **Confusion:**

- Confused
- Something fuzzy in my head blocking my thoughts, so there's no clarity.

*Prover 1 and 8*

#### **Mistakes**

- Mistakes in typing
- Be making many errors in typing
- Make mistakes in speaking, confusing words
- As I typed up my proving symptoms, I kept misspelling words
- Silly mistakes at work

*Prover 2, 8*

#### **Responsibility:**

*Prover 6 felt responsible for the fact that he had only a few symptoms.*

*Prover 8 felt very responsible to make a good report.*

### **EMOTIONAL:**

- Very alone in my pain

*Prover 6 felt a deep loneliness.*

- Admiration: a man of whom I have had great admiration for over the past 2/3 years.

*Prover 2: dream about treating a great homeopath.*

*Prover 5: dreaming about the pope.*

#### **Anger:**

- Enormously angry about this whole thing with my friend. I thought he was being horribly selfish, and a hypocrite. I feel trapped

*Prover 2, 6: both felt a terrible anger.*

### **DREAMS:**

- For environmental reasons I decided that I should go to the School of Homœopathy on my **bicycle**

*Prover 2, 8*

- Being eight and a half months **pregnant**

*Prover 3.*

- Having a nightmare about being led into a **long dark tunnel** in a house not being able to get out and panicked

*Prover 1 with feeling of tunnel.*

- of a gas **explosion**

- a city - lots of rubble and **bombed out**

- The dream ended with me moving through the **bombed out basements**

*Prover 8*

## **PHYSICALS:**

### **ENERGY:**

- Terribly tired

- I can't get down to doing anything. I must complete something tomorrow and come out of this gloom.

- Needing time alone and irritable and tired.

- Getting tired

- I woke feeling very heavy and lethargic. It took an enormous effort to get out of bed. I felt like staying in bed all day.

- I feel very low in energy

- Tired, feeling exhausted, almost too tired to eat, no appetite.

- Feeling of total exhaustion and lethargy.

- Too exhausted to even speak.

- Carrying a huge weight, so that even getting out of bed in the morning is a huge effort

*Prover 1, 2, 4, 5, 6, 7 and, 8*

- Sudden weakness.

*Prover 2*

### **VERTIGO:**

- Balance disturbed, I felt as though I would fall over if I shut my eyes, tottering, especially leaning on a chair whilst sitting and leaning forward.

- Unsteady on feet on standing. My balance was as if a big pendulum was swinging gently, a sort of 'spaced out' feeling.

- Difficult to keep my balance

*Prover 1.*

### **EYES:**

- Left eye watering.

- My eyes are swollen

- Eyes watering.

- My eyes feel prickly and sore. They feel like they are too open. They are watering, and they feel tired.

- The left outside corner of my left eye is sore and itchy.

*Prover 2*

### **TEETH:**

- Teeth are aching and gums are aching

- Gum feels sore

*Prover 2*

**THROAT:**

- Something sticking in my throat

*Prover 2*

**STOMACH:**

- Slightly nauseous feeling on thinking about eating wild mushrooms

- Nausea

- Indigestion, feels like a stone in the pit of my stomach, and some gastric reflux, like when I was pregnant.

- Many symptoms reminded me of pregnancy and breastfeeding.

*Prover 4, 5, 6 and 8*

- So hungry!

*Prover 1, 7 and 8*

**ABDOMEN:**

- Full of flatulence.

- I have a very bloated tummy, it feels like it is full of wind.

- Wind that I don't seem to be able to pass, so it hurts even more.

- Rumbling a lot. It has sounded very loud

*Prover 2 and 6*

- I feel like I'm developing diarrhoea.

*Prover 6*

- Have got a really bad stabbing pain in my left hand side of the abdomen, in the middle next to my belly button. It is making me feel even more sick as the pain is so strong

*Prover 1*

- Satisfied after stools

*Prover 2*

**URINARY ORGANS:**

- There is a slight feeling of urgency,

*Prover 4*

**PREGNANCY:**

- Many symptoms reminded me of pregnancy and breastfeeding.

*Prover 3 and 6*

**CHEST:**

- Sharp pains in left breast, like stitch. Worse on breathing, moving.

- Pain in my left breast, upper chest, very focused intense.

- Contraction pain in left breast where that circular pain was. Shouted out loud "I'm having a heart attack" a sharp pain the kind that takes your breath away. I bent forward grasping my breasts. It lasted seconds not minutes.

*Prover 7*

### **EXTREMITIES:**

#### **Cramp in leg:**

- Feeling that at any moment I would get cramp in my leg
- Cramp starting in toes
- Cramps in right foot all day in third toe.

*Prover 8*

### **KNEES:**

- Both knees are hurting
- When rising from kneeling
- Knees aching and stiff.

*Prover 8*

### **INDEX FINGER:**

- A very sudden pain at the end of my in my index finger, the left one, like a prick, going instantaneously into my armpit.

*Prover 8*

### **TREMBLING:**

- Trembling, especially in the hands.

*Prover 2*

### **What was not seen in the proving of the H.C.A.:**

- Theme of sexuality
- Theme of water.

### **What was not seen in the proving of Norland – Fraser:**

- Feeling of being annoyed.
- Anger
- Mistakes in time
- Numbness
- Pains appear suddenly and disappears suddenly.
- Pain small spot

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