

**Proving at GERANIUM ROBERTIANUM  
( NAPRAZNIC )**

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*Objective*

Why is this proving for?

I firstly saw the plant in the summer of 1988 when I was in Paltinis waiting for the results of the exams to study at the Faculty of Medicine. I was walking around in the Cibin Valley when my sight was attracted by a small beautiful flower coloured in pink to violet. I took from the ground some of that flowers and I tried to plant them in front of the villa I lived. Immediately, a bad smell hit me. It was the smell of a washerwoman or of dirty cloths in a laundry. The plant did not survive too long in the place I moved it. Years later, I read about the plant in a phytotherapy book when I was looking for some plants renowned for their effect in cancer therapy. That was the time when I found the name of the plant. Consequently, I tried to find it in specialised shops with herbals and natural products, but I could not find it. I was amazed that the plant is not well known. Later on, when I studied Homeopathy, I did not find anything about it in Synthesis9 Repertoire neither in the Materia Medica book. The plant looked to me as a very interesting one while it has a high level of toxic substances. As it is known, the most powerful homeopathic medicines are made of toxic substances. Considering all the above, I decided to produce this proving.

I considered that is important to present some of the impressions from the first experience with this plant while they will come up during the proving process.

The plant is popularly named “bird eyes”, but scientifically is part of the GERANIACEAE species where we can find some other plants as: Geranium maculatum, Geranium graveolens and Geranium pratense.

The “**bird eyes**” is an herbaceous plant, annual one, with a reddish hairy steam, long of 30 to 40 cm. The leafs are like palms with 3-5 foliole petiolates. Flowers are pink-violet, arranged two by two at the peak of pedunculelor. The fruit is in shape of beak, long of 2 cm, so that the plant had known like the “**Beak of the crane**” (by Greek word Geranium) and it’s near relation with Break of stork and Chelidonium.

She lives in wet place, about woods, near the stones and near the running waters by Europe, Asia and Nord and South America and she don’t like to be moved by her birth place, she die immediately.

Usually is useful whole the plant, which reap in time of bloom (July - august). The therapeutic effects of the plant were discovered by the Saint Robert or Rupert. The plant has the following elements: a bitter one (geraniline), alcohols, phenols, an essential oil with a very bad odour, and C vitamin.

The following effects are renowned in phytotherapy: anti-inflammation, anti-hemorrhagic, haemostatic, healing easy, anti-spastic, anti-diabetic, diuretic and anti-cancer.

Therefore, the plant is used in ocular inflammation disorder, angina, amygdalitis, gingivitis, diaries, diabetics, renal infections with oliguria, anti gravel action, adenoma of prostate uterine fibromatosis, ovarian cists, disorders of sexual activity, internal hemorrhagic, and cancer.

From the homeopathic point of view, the proving was done to find out what are the human types that match the cure with this plant, in the most gentle and balancing possible way, in a long run. Moreover, the proving tried to find out how is the spirit of this plant.

### ***Material and Method***

The study was developed in more one stage, during a few periods of time and seasons (October 2003, august 2004, December 2004-January 2005 and March 2005) using different concentrations of active principles (7 HC, 9 HC, 30 HC and 200 HC).

There was selected a sample of adults representative for different ages and gender. However, there were slightly more females than males due to the fact that not many men were willing to experiment the substance.

At first, there was developed the study based on the concentration of 30 HC (October 2003). The remedy was produced by **Plant-Extract Cluj** using the method of diluting the plant in a alcohol-based solution.

After a while, there were observed symptoms of flue and rheumatoid like, therefore, I decided to experiment again with the same dilution but in the summer time to observe if the symptoms are similar to those in autumn. Than, I want to test other dilutions produced with support from the Plant Extract which I thank very much. Every time I made a new proving, I kept some of the people involved in the previous one, especially those who strictly respected the rules or those who reported symptoms similimum with the remedy. There were also invited new people to take part in the proving.

The persons involved in the proving were asked to fill a homeopathic history form, including the diseases and symptoms they had up to present, and to write a description of their health status every day, one week before the starting date of the proving in order to be awake of the changes during the proving time. They also received a paper with instructions regarding the proving, the homeopathic history form and a notebook where they had to write their status day by day and the name in initials.

The provers were asked to respect the time and rules for the proving and to stop taking the remedy in the case of deep changes in their status. However, I permanently kept contact with them by phone.

In total, there were 37 persons with 7 recruited to participate in more than one stage of the proving. There were collected 44 notebooks, of which one is a male and one is a female who received pills with no active substances, they were the control persons. These two people wrote they have no changes in their health status after taking the remedy (with blind pills).

Meanwhile, I succeeded to have the remedy with the triturating until 3CH, than dilution and energizing to 30 HC, first time with support from the Remedia Pharmacy from Eisenstaedt – Austria, than preparing by my.

Furthermore, I would like to continue with a comparative study between the symptoms of the 2 dilutions to identify differences in the two types of cure. By the time being, I had only 4 persons and the symptoms are confirmed until now.

*Proving for the Geranium Robertianum*  
**THE SIMPTOMS OF THE PROVERS**

**GENERAL ASPECTS**

**7HC**

DP – « pronounced fatigue at the beginning of proving, than I felt better »

ISM – « a good health status »

**30 HC**

SS – « an overwhelming energy, reddening palms in the first day of cure; a good energy in the following days. I do not feel tired or exhausted when I am doing my daily activities and providing treatment to others (this person is a bio therapist) »

BC – « I mobilize me much better, I am doing better the activities; I feel like raising above the ground; I have a good energy as in my young age »

TC – « a good energy the entire day»;

«Abundant sweat with a bad odour in the next 9-10 days from the first cure »

« I felt cold during the night, even I feel warm most of the time»

« I felt cold inside of me and tremor from the first to the 13<sup>th</sup> day of taking the remedy »

IR – « I felt revival to life in the first 10-14 days than I experienced a lack of energy and desire to enjoy of life »; « I feel very tired »

GV – At the first proving, she said “I feel like I can work a lot more ”; at the second proving, she experienced a kind of weakness, dizziness in the first half of the days, « I do not feel cold anymore »

CO – « I felt much better in the afternoon and in the evening “more energetic”; before taking the cure, I felt better and more energetic during the morning time

« Abundant sweat with a bad odour all over the body when involved in the second proving»

« Dizziness, almost falling on the street »

« More warm in the body (I did not have to wear socks when laying in the bed at night)»

ST – « even it was a cold day; I did not feel it is »

« Sleepy at the beginning of the cure than I experienced a very good time for working »

GO – « I felt cold inside the body without tremor »

«I have much energy and I am doing many activities without getting tired»

DP – « a very good physical energy »

SG – « a very good energy in the entire body »; « the tiredness and overworking disappeared»

RDC – « temporarily feeling warm and having the sensation of getting cold at the same time»

DNA – « I felt very good energetically; I had a very good physical energy»  
 CL – « full of energy »  
 RE – « irresistible sleepiness that passed after 15 minutes from taking the evening dosage of cure, the second day of the proving  
 VM – "discrete tiredness" from the fifth day of proving; the person is a very energetic and working one  
 IO –she feels has more energy. She did not go out the house for a long time. After 14 days from treatment with Geranium she succeeded to walk 5 km; moreover she starts reflex-therapy. "I am very well; I do not feel tired".  
 OC – « a pronounced tiredness in the first days from taking the first cure»  
 IP - tiredness  
 NL – a pronounced tiredness at the beginning of proving that passed after 10 days.  
 TM - "impressive achievements in work, a lot of energy for work, and tiredness, feeling the need to rest more in the last days of the cure".

## **200 HC**

EV "very abundant sweat at the head, nape and under the breast almost permanently"  
 DNA – "sensation of lacking the energy with a pick at the 10-11 a.m. and in the evening around 7- 8 a.m. alternating with days when fool of energy".  
 CS – "morning and evening I felt like having a very heavy head (dizziness and headaches) "  
 CO – dizziness at the head and neck, under the underarms and breasts; tiredness around 12:30 a.m."  
 FL – "very sensible at odours"  
 - Tiredness around 9 p.m. in the first day; she feels less tired in the days after.  
 MI – more energy for starting projects, at the beginning; tiredness and indifference in the 12th day from the beginning of the proving.

## **MENTAL SYMPTOMS**

### **7 HC**

PD – « sensation of flying above the clouds; sensation of a very light body; sensation of "déjà vu" (already see and known); memories of happenings in the adolescence came out to live, especially those related to some diseases. She went again through the bad experiences in the adolescence. »  
 - « being most of the time a dreamer »  
 - « I did not perceived the environment as a hostile one  
 ISM – « trust and optimism that she will solve all the problems »

### **30 HC**

- BC – « feeling very emotionally safe »
- « I forgot some of my problems, I put some distance between me and my problems. I observed that I do not suffer very much for my problems, I feel more independent; »; « in 5 minutes after taking the remedy I felt much lighter inside of me »
  - « I can focus better than I did »
  - « I begin feel much stronger and I do not let to be sentimental manipulated”
- TC – « I had the sensation that time is moving slower”
- « I do not hurry so much, especially putting pressure on me”
- ST – « I am very calm and tranquil”
- « I am in a good mood »
  - « I feel more relaxed »
- GO – « I lost the capacity to easy communicate without goods which upset other speakers; I have changed this way after I took Carcinozinum 200CH», « I was saying a lot of jokes in the 4<sup>th</sup> day of the proving »
- «” I trust more and more in my force” »
  - « I have more psychological energy »
  - «lack of ability to focus, obnubilation, lassitude, a reactivity, I did not want to move, lack of motivation in the first days, due to a flu/ influenza – like»
  - « I had the sensation I can do more things »
- RDN – « sensation of calm and tranquillity, around 2.30 p.m. in the first day of taking the remedy »
- « .I felt very calm and tranquil inside of me »
- RDC – « sensation of calm, tranquillity, feeling capable to take decisions from the beginning to the end of proving (she was a very fragile person, worrying every time) »
- « feeling like having nothing in mind in the 10th day from the beginning of proving. “
- DNA – « focusing with difficult »
- « decreasing the ability to pay attention to many things at once; decreasing the capacity to memorize”
  - « thoughts of sick, lack of interest to do anything in the first day alternative with days when I focusing on whatever was doing, having determination, and being obsessed with organising things »
- CL – « a very good mental health in the first day of the proving »
- «lack of interest and energy, a sensation of “mist in the brain”, from the 4th day, in the evening, to the 10th day.
  - «difficulties to focus on what I did at the workplace; difficulties to adapt to the way of doing the activities at the workplace, from the second to the 9th day. »
  - Desire to walk through the people without being seen in the 17th day. »
- GS – « feeling good »
- IP – « lack of observation abilities and focusing »

- TM – « being more creative and inspired to write poetry »
- « a very impressive energy to do the activities at the workplace »
  - « a very positive and calm communication with people around »
  - « being able to take correct and important decision, having trust in me»

## 200 HC

- DNA – « feeling like flying, being very tranquil »
- « sensation of being a different person; she felt like outside the body
  - « sensation of being confused, lack of focusing, and ability to pay attention to many things at once »
  - « desire of running to escape, to retire for the recovery »
  - « being very weak when encountering a very stressful situation »
  - « I forget some important documents to a governmental institution; I did the same with other things. »
- “after 7 days from the beginning of the proving, I was more calm, more indifferent, uncompromising with the people; I was able to focus and do better my activities.”

MT – « I saw myself superficial, lack of depth, needing no rules and responsibilities »

- « I do not care that I have to go somewhere and I do not believe in what theirs say. »
- « I have no worries. »
- «I would like to speak bad words I usually do not like »
- « I am absent-mindedly, taking decisions without analysing the situations I'm lack the feeling of being serious »
- “I did not feel anything and I did not understand anything when praying. I felt without God! »
- « after taking the remedy, I felt inferior, involution, undevelopment, without spirituality, very superficial, but a good person, without wickedness, almost childish. I named myself the remedy “LITTLE STUPID MAN”»
- « negligence in dressing »

CS – dizziness in the first 3 days from the beginning of the proving

ML– before I took the remedy I was very much stressed and tens. Since the beginning of taking the remedy, I felt calmer, in a good mood, with positive thoughts.

MI – « more energy to develop different projects » in the third and 7th day from re-taking the remedy.

CO – «a very increased curiosity, for example I am going to the places I would not dare some other time»

PD – I felt calm and relaxed, accepting myself, in one hour from the beginning from the day I took the remedy.

## EMOTIONAL SYMPTOMS

### 7 HC

PD – « I felt angry and nervous and very sensitive to the external factors.

DP – « I felt very angry at the beginning of proving than more relaxed and in a good mood. »

CA – « I felt emotionally free »

ISN – « I do not stress myself anymore »

### 30CH

SS – « I felt agitated from the 3rd day to the 6th day of taking the cure, and in the last day of proving, when taken the last dosage. Except for those days, I felt very good, willing to communicate »

BC – « I trust myself much more, I feel more calm inside of me, I do not get angry, I do not lose my emotional control »

TC – before the proving she was very angry, yelling, throwing things to the floor. After taking the cure, she did not feel that angry, she feels in a good mood, she is not that upset as in the past. I feel calmer and tranquiller, I do not have that rush inside me, to the day 12 of the proving.

IR – « I felt depressed in the first day, I was almost crying without any reason. »

- I do not have patience and I do not want to listen and solve the problems of others.
- Even tired, in the evening, I speak much more than in the past and I am moving the hands.
- I felt nervous and angry in the 10th day from the second proving.

GV – I felt depressed, I cried very easy, I felt desire to being protected and loved, something that I did not feel before the proving.

- Jealousy,
- Abnormal sexual desires in the 6th day of proving.
- Psychical instability, I do not like speaking about dead people;
- I felt very dissatisfied in the first day of the second proving.

GS – I was in a very good mood, I felt lighter.

CO –I was more angry, I was more anxiously, more fear in the first day of the proving.

- Then I was upset for a while and I felt angry a bit,
- I did not fear darkness,

ST – I was in a good mood in the morning and in the afternoon, being almost depressed in the evening.

GO – in the first days, when I had the first signs of a flu I had the impression that someone else was instead of me, I had the feeling that I am flying »

- I 'v done a lot of jokes since the 4th day of proving.
- I did not felt anticipative anxious; probably the remedy was act light anxious with huge implications deep down the heart and soul;

- I felt very melancholic in the second day.

DP – more calm and quiet, I had more control when getting angry, less violent.

DNA – I felt more balance and relaxed, I discussed very calm and more focused

CL – I felt very nervous when wake –up in the second day, being more calm and in a good mood from the 8th day.

MLL – feeling very weak, almost like collapsing, sweating and being anxious and having emptiness state in my mind for 45 minutes from the moment I took first time the remedy.

IO – I felt more relaxed and in a good mood.

- I felt more anxious in the 3rd day from the beginning of proving.

IP –I felt very emotional, almost crying, as it happened to me 15-maybe 30 years ago.

NG– panic increased by stress at the beginning of the proving. Unjustified anger.

TM – being very upset without a reason, fears do not being rejected.

- being more open to religion, having a good mood and leaving in harmony.
- Agitation, but having more control, especially during the winter holidays.

## 200CH

EV - "I felt more excited than usual"

- "I felt very nervous and anxious
- "I felt calm and I was in a good mood by the end of the cure.

DNA - "I felt very nervous"

- "I am yelling loud when I am nervous"

DP – I felt very nervous at the beginning of proving than I was calmer and emotionally balanced.

ML – I felt very anxious before taking the remedy, but very calm and in a good mood, starting immediately after taking the cure;

- I had a very swinging moods in the 3<sup>rd</sup> day of proving.

MI - "I had more courage, optimism and a good mood, at the beginning of treatment, than I felt tired of life from the 12<sup>th</sup> day of proving.

CO - "I was very dissatisfied with me, disappointed by the others; I wanted to do more in my life"

- "I become suddenly nervous without reason, I speak very loud"

FL - "in the first day of proving, around 1 p.m. I felt lightly depressed, and around 5-6 p.m. I felt a bit nervous, and at 9 p.m. I felt tired and very bored. ";

- "I felt irascible around 10 a.m. and 12 p.m. in the second day of taking the remedy."
- "I felt agitate in the 4<sup>th</sup> day of proving"

PD - "I have had emotions state and feelings from the adolescence (when I was in a mood for affectionate and love, very empathic with the people surrounding me, impressiveness)"



**SIMPTOMS AT THE LEVEL OF UNCONSCIOUSNESS  
(SLEEP, DREAMS)**

**7CH**

PD - sleepy  
-romantic dreams, giving sensation to come true when wake up.

**30CH**

SS – agitated sleep from the 4<sup>th</sup> day of treatment, which became normal when stopped taking the remedy.

BC – I don't have dreams forecasting bad experiences the next days before taking the remedy.

TC – I had dreams from the past

GV – erotic dreams from the 18<sup>th</sup> day of the first proving

IIM – I dreamed an uncle who is dead

CO – erotic dreams

ST – colourfully and fantastic dreams

GO – erotic dreams (I cut my penis without worrying about this)

RDC – I dreamed that some people declared me their love

DNA – erotic dreams (being a lesbian)

VM – moderate sleepy at 5 p.m. in the 5<sup>th</sup> day of proving, which she did not encountered up to then; she is a very energetic and hard working person.

- Insomnia from 2.30 a.m. to 5 a.m. in the 7<sup>th</sup> day of proving (aggravation of an old symptom)

NG – very acute sleepy, a very good sleeps, very hard weak, “I dreamed I lost the train”

TM – a very good sleep with lots of beautiful dreams remembering the childhood; “I wish they never end”

IP – sleepy in the beginning of treatment, dreamless sleep.

**200 HC**

EV – agitated sleep with dreams of being pursued and stressful events, by panic.

DNA – erotic dreams, lesbian behaving .

ML – in the first 2-3 days she did not remember dreams (this is very rare for her), than she remembered

CO – erotic dreams in the third day of taking remedy

- Dreams with lot of desires in the 4<sup>th</sup> day

- Nightmare in the 5<sup>th</sup> day

FL – dreamed about running water cross; most of the dreams were about daily activities.

**HEAD**

**7CH**

VNS - emphasis of the head ache with a migraine character

### 30 CH

SS - „tension, pressure in the head” in the first 2 days of the administration of the remedy

DC - „my head just lightened/cleared”

TC - „the feeling of big head, with an interior rumble, dizziness on the 5<sup>th</sup> day of proving;

- The feeling of heavy head” in the 11<sup>th</sup> day of proving

- “The feeling of fainting with a deaf headache” in the 13<sup>th</sup> day

IR - emphasis of frontal cephalic area ache;

- Stiffness of the neck with crashes at its mobilization (aggravated old symptoms)

GV - frontal and occipital cephalic ache (aggravated old symptoms)

IIM - light cephalic ache

GS - light cephalic ache

CO - frontal cephalic ache, temporal, over orbital, occipital either with a pressure character, or like a nail, in the right or left temple feeling;

- Sensitivity to draught

ST - frontal cephalic ache repressive in the first days with irradiation towards the orbits

RDN - occipital cephalic ache like a pressure

DP - headaches as pricks aggravated by the cold draught

SG - headache at awakening in the fourth day; per ensemble the headaches are extremely diminished

RDC - the feeling of burn in the head with sweat on the face and blush since the 2<sup>nd</sup> day until the 13<sup>th</sup> day

DNA - deaf headache at the forehead level since the 7<sup>th</sup> and the 9<sup>th</sup> day

- Pulsation pains with twinges in the entire head aggravated at bent, uneaten and non – drink at time, amelioration at pressure since the 22<sup>nd</sup> day of proving

CL - frontal cephalic ache especially in the afternoon, either after lunch or afternoon sleep, or the feeling of pressure in the temples in the 7<sup>th</sup>, 9<sup>th</sup> and 21<sup>st</sup> day

MLL - persistent cephalic ache with the feeling of pressure like a vice at the bilateral temporal level as if the head is pin down with a strap since the 2<sup>nd</sup>, 3<sup>rd</sup>, 6<sup>th</sup> and 7<sup>th</sup> day

RE - the feeling of heavy head, of giddiness as if after a party night or insufficient sleep after the administration of remedy at the beginning, it lasted in 20 - 25 minutes then it past faster;

- The feeling that something heavy is pressing over the head on the last day of administration (the 3<sup>rd</sup> day of proving)

VM - discreet diffuse cephalic ache since the 2<sup>nd</sup> day of proving

IO - the feeling of heavy head and repressive like a heavy weight on the head which vanished until it disappeared during the first days of proving, appearing again on the 8<sup>th</sup> day of proving

- A wave of heat feeling as if it overflows the head, although the hands and feet are cold, with half an hour ago I felt shivers on the 2<sup>nd</sup> and the 3<sup>rd</sup> day of proving

GO - the feeling of pressure from the inside to outside on vertex; sensitivity to draught.

IP - occipital ache/pain

NL – ache/pain under the form of pressure on the forehead

## 200CH

- DNA - frontal-occipital or migrant head pain on the 5<sup>th</sup> and 10<sup>th</sup> day of proving  
CS - pulsating headaches in the morning and in the evening, with the feeling of pressure from the outside in the inside at the temple level and the scruff which does not give in at neither medicine;  
ML - headaches visibly ameliorated in the third days of administration than vanished, on the 4<sup>th</sup> day continuing until menstruation and cold weather appeared when it was of low intensity  
MI - temporal head ache  
CO - head ache like a nail left temporal and parietal area  
- Front-occipital head ache with the feeling of nausea and vomiting, with the feeling of pressure from outside towards inside  
FL - a light feeling of needles in the head on the 4<sup>th</sup> day of administration

## EYES

### 7CH

- CA - the burn feeling of the interior angle right eye level at a quarter past the administration of the remedy

### 30CH

- BC - five minutes after the administration the feeling of clearance of the look, then a kind of bilateral grey-transparent hive of flying flies which vanished after 4 hours.  
TC - sight disturbance (outline of deformed objects) on the 5<sup>th</sup> day of proving which quickly disappear, “eye pain on the 13<sup>th</sup> day of proving”  
CO - “pain of the ocular globe, like a pressure”  
- The feeling of smartness and of foreign object plus unclear sight;  
- “I can’t carry my hair in the pony tail because of the headaches”;  
- “Outside diplopic feeling”  
GO - smartness of the eyes during the first days  
- “Pain behind the left eye with the feeling of coldness in the eye”, on the 6<sup>th</sup> day  
RDN - left eye sees unclear on the 2<sup>nd</sup> day of proving  
- Image like water film especially on the left half of the left eye, being on the trolleybus which diminished in the air and walk on the park” on the 8<sup>th</sup> day of proving  
RDC - “pain with the feeling of irritability of the left eye on the 3<sup>rd</sup>, 15<sup>th</sup> and 16<sup>th</sup> day (as if my eye augmented)”  
- The feeling of white stain on the right eye” on the 7<sup>th</sup> and the 13<sup>th</sup> day  
DNA - smartness of the eyes during the flu symptoms  
- Right eye pain  
RE - “fogginess of sight at the same time with the heavy head feeling”  
OC - “smartness of the left eye as conjunctivitis”  
IO - “smartness of eyes”  
- “Left eye pains like a pressure”

## **200CH**

DNA - emphasis of the superior lid oedemas in the interior angle of the eye, with emphasis of the itching (aggravation of an old symptom)

ML - amelioration of the smartness of the eyes that I had had before the proving

MI - emphasis of the eye pains

CO - predominantly left ocular globe pains;

- Eyelids instalments;

Much more reposed eyes at the computer during the first days

FL - eye fatigue much emphasized after proving (verbal declaration after proving)

## **EAR**

### **9CH**

GS - ecophene in the left ear in the 2<sup>nd</sup> day of proving

### **30CH**

IIN - stab behind right ear

GS - ecophene right ear

CO - “corked ears, which slopped at the nose blowing”

- Pains like a knife either on the left ear, or the right alternating at a week;

- Itch in the hearing conduct

RDC - “pain accompanied with the feeling of pressure in the left year” on the 4<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 14<sup>th</sup> day

DNA - right ear corked, pressure pains, ecophene, and cracks of the ear cartilage in the period of flu symptoms (6<sup>th</sup> - 16<sup>th</sup> day of proving)

IO - right ear neuralgia with the eye and right part of the head

GS – ecophene in the left ear

NI - painful pricks in the left ear between 10 a.m. and 19 p.m.

## **200CH**

CO - “pain in the left ear which descends to the mandible”

- “Ecophene

## **NOSE**

### **7CH**

CA – watery rhynoreea that appeared in the night of the first administration of the remedy and persisted for a few days

### 30CH

IR - nasal obstruction/watery rhynoreea in the 14<sup>th</sup> day of proving with amelioration  
GV - nasal secretion with an influenza condition on the 3<sup>rd</sup> day of the first proving  
CO - rhynoreea, corked nose;  
- Rhynoreea at defecation and at house entry;  
- Nasal itch;  
- Sneezing since the beginning of the administration which also repeated at the second proving  
GO - “congestion of the nasal mucus area preponderant right without obstruction”  
- “Adherent nasal secretions which seared and irritate the nasal mucus from the inside and induced pain at removal” in the first day of proving  
DNA - nose smartness, corked nose either on the left or on the right, watery rhynoreea, sneezing, during the period with influenza symptoms (6<sup>th</sup> until 15<sup>th</sup> day of proving)  
IO – corked nose, sneezing, rhynoreea as in influenza, symptoms which I had had before which diminished after the administration of the remedy  
NL - sneezing, aqueous rhynoreea

### 200CH

CO - corked nose alternating with watery rhynoreea;  
- “Creeps and fascicles preponderant above the right nostril  
- Nasal itch

### FACE

#### 30CH

TC - “the face is red and I felt the heat emitting, I’ve never had this feeling before” on the 5<sup>th</sup> day of proving  
OMO - “very painful herpes and pimple near the right inferior lip edge”, since the 3<sup>rd</sup> until the 10<sup>th</sup> day.  
CO - “pains in the left temporal-mandible articulation”  
- “Irritation around the mouth with the feeling of smartness”  
ST - “the feeling of burning heat especially on the face after drinking beer”  
RDN - “emphasis of the brown spots on the face.”  
RDC - “on the 21<sup>st</sup> day appears a reddish area, inflammation on the cheekbones; it happened in the same way when I followed a detoxification treatment for colon and gall”  
- Reddening of the face with a feeling of burning”  
DNA - “the feeling of web, that I have something in my hair or at the root of my hair (a spider or a spider’s web) at the left corner of the edge of face hair then the feeling of dizziness like a slight paralysis on the temple and towards the right ear”  
- “Curb on the right corner of the mouth”  
- “Pains in the temporal-mandible articulation.”  
IO - I feel a heat on my face with reddening”  
NLG - slight swelling under the eye towards the cheekbones.

## 200 CH

CO - "itch at the face level"

## MOUTH

### 30CH

TC - "the tongue more charged as usual at the beginning of the proving then it has cleaned up"

- "The feeling of vomiting and morning bitter taste"

- Nocturnal salivation is accentuated"

- "I have the feeling that I have a bad breath (I have nobody to ask I noticed from the reaction of the people I talk to) that upsets me", on the 10<sup>th</sup> day of proving;

- "The gums are bleeding when brushing"

GV - Toothaches at the 2<sup>nd</sup> proving

CO - "metallic taste in my mouth" on the 1<sup>st</sup> day of the first proving, then dry mouth or bitter taste in my mouth;

- Emphasis of the dental aches"

- "Smartness on the tip of my tongue with the papilla hyper withered, red" since the 13<sup>th</sup> day of proving;

- "Erosion and smartness in the rough palace", since the 1<sup>st</sup> day of proving.

RDC - "the feeling of smartness on the edge of the tongue with rash and blush" on the 4<sup>th</sup> day then it disappears at the centre and towards the base of the tongue on the 10<sup>th</sup> and 11<sup>th</sup> days of proving

DNA - metallic taste in the mouth on the 1<sup>st</sup> day of proving;

- Erosion on the right corner of the mouth on the 7<sup>th</sup> day

IP - brackish taste, then sweetish

NLG - gums bleeding;

- Tooth aches which irradiated towards the throat, ear and up towards the temple and forehead.

## 200CH

MI - accentuation of the toothaches and of gums bleeding.

CO - at the beginning amelioration of the dental pains then their accentuation at cold and sweet sensitivity

## THROAT

## 7CH

DR - the feeling of irritate dryness (as if I had dust or sand in my throat) in the pharynx, with a dry cough, strongly irritating with a 30 minute break - two hours, having the feeling that the air is too cold when entering in the pharynx no matter if the air is inspired through the nose or mouth.

## 30CH

BC - “the feeling of throat knot as if a little piece of bread had remained or a little food fragment in the Adam’s apple area” on the 2<sup>nd</sup> day of proving; aggravated at gulp down which persisted for 2-3 days

TC - “dry cough, the feeling of tickling and of throat knot” since the 3<sup>rd</sup> day of proving

- “Expectoration, grey-greenish mucus corks, since the 9<sup>th</sup> day of proving

IR - “smartness in the throat, right tonsil augmented on the 14<sup>th</sup> day of proving with amelioration in 2 days”

OMD - at the first proving “throat pains like swallowing discomfort” on the 1<sup>st</sup> day since the administration, at the right tonsil then the second day the left tonsil together with the disappearance of the symptoms from the 3<sup>rd</sup> day”

- At the second proving - “central throat pain under the form of irritation, burn or particularly sand in the throat which eventually moved towards right on the first day of administration of the remedy”

GV - pharynx tonsillitis with mucus-purulent secretions at the first and second proving

- Minimum expectoration cough

CO - throat pains with the feeling of tickling”

- Thick secretion in the pharynx”

- Throat knot”

RDN - sputa, morning expectoration diminished on the 7<sup>th</sup> day and becoming darker on the 17<sup>th</sup> day.

RDC - the hoarseness, that the patient had, disappeared on the 6<sup>th</sup> day of proving;

- Expectoration, the feeling of pharynx loaded with mucus, on the 10<sup>th</sup> day

DNA - “smartness in the throat in the morning together with a pain angle of his mandible”

CL - “smartness of the throat” during the first days

IO - the expectoration that the patient had before the proving will diminish more and it will eventually disappeared towards the end of the proving; “dry cough”

IP - “the feeling of heat at the level of the trachea”

- “Rebel cough”

HL - “bad throat secretion”

TM - secretion in the throat area”

## 200CH

DNA - “the feeling of smartness, like a discomfort. Then like a tickling in the throat which induces a heckling cough sometimes with an expectoration, other times dry, irritating until regurgitation”

CO - “itch at the throat level”

- “Pain and swelling under the left mandible”
- Smartness in the throat on the 8<sup>th</sup> day
- Cough

## **APPETITE**

### **7CH**

PD - unstable alimentary appetite. Increased appetite that alternates with the desire for chicken, coffee, fruit and spicy food

RD - increased appetite at 10-11 a.m.

### **30CH**

TC - “absent hunger, absent thirst” since the 2<sup>nd</sup> day of proving (before, the patient was suffering of bulimia, the thirst was the same as before, but not as absent)

IR - increased appetite (gained 3 kg during the proving)

- Appetite for chocolate

OMD - the feeling of nausea on the first 30 minutes after the administration of the first proving and nausea with the feeling of vomiting and gall colic on the 3<sup>rd</sup> day of the second proving

- Increased appetite

CO - increased appetite in the first part of the day and at lunch during the first and second proving

- Appetite for bread, coffee and onion
- Thirst nausea
- Vinegar smell nausea (I didn’t feel the need to taste vinegar in this interval, I usually had a lot)

ST - increased appetite “feeling of a slight augmentation of the gastric tartness denoted by excessive hunger” since the first day of the administration of the remedy

GO - decreased appetite at the beginning and then increased “I ate more than usual without having the feeling of nausea”; “I put on 5 kg weight during proving”

- Appetite for milk, honey and apples
- Absence of thirst in the first days

RDN - a little liver nausea in the morning and after the afternoon nap; the nausea appeared since the 2<sup>nd</sup> day of proving

SV - morning nausea in the 2<sup>nd</sup> day of proving



RDC - the feeling of hunger (increase of appetite) in the first days, since the 3<sup>rd</sup> day appears the feeling of hunger after the patient starts eating

DNA - increased appetite, resists with difficulty at hunger with sensation of nausea and ill condition, like stomach cramps and headaches

- Diminished thirst

CL - eager to eat around 11 a.m. in the first days

- Nausea with the feeling of dizziness at the smell of freshly grinded coffee

VM - lack of appetite for the entire period of the proving as before the patient had an increased appetite

IO - the feeling of hunger at 6 o'clock in the 3<sup>rd</sup> day of the administration of the remedy

GS - appetite slightly increased

IP - increased appetite

NL - increased appetite at the beginning of administration afterwards it recovered.

TM - a permanent feeling of hunger and lack of thirst

## **200CH**

DNA - "accentuation of hunger especially at 10.30 a.m., 19 - 20 p.m. with the feeling of lack of energy"

- "Painful hunger"

- "I am full quickly, but I get hungry often"

CS - "nausea with a state of weakness since the 4<sup>th</sup> day of proving

ML - painful and exaggerated hunger starting the 4<sup>th</sup> day of proving coming on a fund of lack of appetite.

CO - increased appetite, hunger non-ameliorated by food, the feeling of frequently painful hunger, nausea of hunger after physical effort.

FL - before the proving the patient had an increased hunger; after the administration the patient does not describe this symptom anymore, but since the first day around 10 a.m. after he had eaten consistently enough, he felt chill/cold and fatigue for around 20-25 minutes

## **STOMACH**

### **7CH**

PD - the feeling of emptiness in the stomach ameliorated by food

- "The desire for chicken, coffee, sweets and fruit"

- "The feeling that the nourishment in the stomach are digested too fast and the apparition of an emptiness in the stomach doubled by the feeling of coldness"

- The desire for spicy nourishment and a little oily"

DP - stomach cramps

### **30CH**

CO - "the feeling of an empty in stomach"

- “Low tide gastro-oesophageal at bent forward, lying down, eructations”
  - Stomach ache sometimes like a ball also after lunch”
- DP - pains under the form of burn at the stomach level in the afternoon” (13-16 on the 2<sup>nd</sup> and the 6<sup>th</sup> day)
- DNA - “pains as cramps at the stomach level; painful hunger”
- “Sometimes the feeling of heaviness in the stomach after I ate”
- MLL - “abdominal pains on the superior level like cramps, non-ameliorated by food, aggravated in movement and associated with painful hunger” on the 18<sup>th</sup> day
- IO - “I have a pain in my stomach due to hunger”
- NL - “pains, stomach twinges”

## **200CH**

- PD - “gastric pains diminished”
- DNA - “epigastria pains before lunch and slightly after; “the feeling that I have a stone in my stomach during and after lunch”
- CS - “stomach aches like a twinge” since the 6<sup>th</sup> day of proving after which they stopped
- ML - stomach aches since the 2<sup>nd</sup> and 3<sup>rd</sup> day of proving
- CO - “the feeling of a stone in stomach ”
- “Stomach aches after lunch like burns”
  - “Painful emptiness in the stomach an hour after lunch”
  - “Sourness after lunch during the first days of administration which moves from the stomach to the mouth”
  - “Nausea after beer and wine”

## **ABDOMEN**

### **7CH**

- DP - “discomfort at the liver level after pressing or sitting on the side with the liver”

### **30CH**

- OMD - At the first proving:
- Liver discomfort since the 3<sup>rd</sup> until the 7<sup>th</sup> day
  - Inflammatory pain in the area of the appendix aggravated by movement, ameliorated on the supine position and heat since the 6<sup>th</sup> day until the 8<sup>th</sup>
- At the second proving:
- Only liver discomfort without nausea and appendicitis reaction
- GV - pelvis congestion during the menstruation
- CO - pain like a cut around the waist non-ameliorated by the release of the belt but by physical effort, followed by an emission of flatus during the first day of the second proving
- Pelvic pains sometimes like a twinge or knives at the level of the lower abdomen especially during the menstruation
  - Pains at the level of the liver and the gall bladder

ST - pelvic abdominal flatulence with flatus  
 GO - slight abdominal flatulence  
 RDN - pulsating pains in the liver area  
 DP - discomfort at the liver level on the 3<sup>rd</sup> day  
 DRC - the feeling of weight at the gall and liver on the 3<sup>rd</sup> day  
     - Slight pain of a few seconds in the abdomen on the lower side where I had my  
 uterine duct affected by piosalpynx  
     - Flatulence on the 14<sup>th</sup> day  
 DNA - discomfort at the level of the right hypochondrias part  
     - Emphasis of flatulence  
 CL - live pain in the liver area on the 3<sup>rd</sup> day of proving;  
     - Abdominal distended with flatulence  
 NLG - pains in the inferior abdomen cramps, pressure, weight from outside on the inside,  
 accentuated by the menstruation.

## **200CH**

DNA - discomfort at the liver level  
     - Slight pelvis pains on the first day of menstrual cycle  
 ML - accentuation of flatulence and cramps starting with the 20<sup>th</sup> day of proving  
     - Slight nausea during the proving  
     - The feeling that the urinary bladder pulsates on the 7<sup>th</sup> day of the proving  
 CO - the feeling of transversal cut pain on the 2<sup>nd</sup> day and pricks on the 4<sup>th</sup> day, over  
 umbilical feeling and muscle fever  
     - Pains at the level of the gall bladder plus pricks  
 FL - slight pain in the liver gall area with the ease of the feeling of burns in certain points  
 on the meridian VB'' (the patient practices acupuncture)

## **DEFECATION**

### **7CH**

RD - defecation more abundant than before  
 DP - soft defecation in the morning

### **30CH**

CO - soft defecation reduced during the first days of the first proving  
     - Sticky, soft and light coloured defecation in the first days of the second proving  
     - Accentuation of flatulence appeared in both proving  
     - Pains as burns and then anal itch  
 GO - diminish and then accentuation of flatulence  
     - Diminished defecation  
 RDN - 3 defecation in a half a day (on the 4<sup>th</sup> day of proving) then 1 defecation per day  
 and absent on the 19<sup>th</sup> day  
 SV - 2 - 3 soft defecation in the second day of proving

RDC - reduced defecation since the 2<sup>nd</sup> day

- Accentuated flatulence

DNA - defecation at each urinary elimination in the first days and then began to appear once a day or in two days time

- Accentuated flatulence

CL - abdominal meteors with flatus on the 10<sup>th</sup> day

GS - lighter colore defecation

IP - accentuation of flatulence

## **200CH**

CS - diarrheic defecation with nausea and vomiting

ML – change of the defecation period from morning to afternoon

CO - tear dropping and rhynoreea after the defecation

- Very soft defecation

- Flatulence

## **THE RENAL APPARATUS**

### **7CH**

VNS - “slightly increased diuresis” on the first day of the administration of the remedy

PD - “increase of the diuresis without increasing the liquids volume”

RD - “at the beginning a more imperious need to urinate, more often, small quantities of hypochromous urine then the accentuated feeling to urinate disappeared (the prover suffering of prostate adenoma/ADK)

### **30CH**

TC - the frequency of the urination extremely diminished (only 2 times until 4 p.m.) it usually was 10 times since the 5<sup>th</sup> day of proving

- Swelling of hands and feet after the 11<sup>th</sup> day of proving

GV - weight gained in the inferior members, they swell and retain water.

CO - urinary smartness since the 12<sup>th</sup> day of the first proving from the 17<sup>th</sup> day on the second proving

GO - diminishing of the diuresis despite the fact that I sometimes drank liquids

DO - kidney pains which moves from one to the other on the 16<sup>th</sup> day of proving

- Urinary smartness from the 4<sup>th</sup> day

SV - renal colic with urinary smartness; frequent and imperious urinations with pains from the 3<sup>rd</sup> day which eventually calmed on the 10<sup>th</sup> day after scobutil and papaverine.

RDC - pains like a pressure at the level of the right kidney, little and often urination with strongly smelling since the 16<sup>th</sup> day of proving

- The patient noticed the diminishing of the diuresis

CL - 3 imperious urinations during the night of the 6<sup>th</sup> day, lumbar pains

IP - increased diuresis

NLG - special discomfort during the urination

TM - “pains at the level of the kidneys caused by a fear”

## 200CH

DNA - “accentuation of the diuresis both numerically and quantitatively”

ML - “the feeling that the bladder is crackling on the first day of the proving, charged very quickly, then only the feeling of painful bladder caused by emotional states”

CO - in the first night of proving the patient awoke three times to pee which means that the diuresis increased at least since at the beginning of the proving

FL - frequent urination four times a night in the second part of the night and on the second day of proving

## THE GENITAL APPARATUS

### 7CH

BC - augmentation of breasts, slightly painful and firm

- Diminishing the interval between the menstruations from 25 days to 15 days, after that the breasts regain their initial form.

TC - the patient is at menopause and noticed the disappearance of buffers and as she was very warm like, she had the feeling of cold interior and blushing of the face on the 5<sup>th</sup> day of proving

GV - lumbar pains on the first day of menstrual cycle.

- Left ovary pains with irradiation to the uterus like a twinge, with shivers

- Small vaginal bleeding a week before the menstruation

CO - the interval between the menstruations reduced in the first month at 3 weeks then regulated at 28 days, lasted only 5 days as compared to 9-10 days how was in the past, and the bleeding was quantitatively diminished, inferior abdomen pains, ovary, predominant right ovary, were present after the menstrual cycle and not before during the first 3 days

- “Multi orgasmic sexual contacts with state of clarity and mental rest”

- Zit/pimple between the labials with itch

GO - “diminishing of sexual desires as the projections with sexual character diminished as well”

RDN - “the feeling of excitement, but immaterialised on the 2<sup>nd</sup> day of proving

- Sex with a high quantity of sperm on the 6<sup>th</sup> day

RDC - sex without vaginal smartness which I usual had because of the atrophic vaginal affection

DNA - I felt more satisfied after the sexual contact

- The feeling of more congested uterus during the menstruation, with left inguinal pains (where I have an ovary cyst and uterine fibroma)

- More watery menstruation, without clots (like the lohias after birth)

CL - the menstruation came 5 days later (as it appears 25 days)

- Diffuse pains with a left breast piquancy character since the 15<sup>th</sup> day

IP - heat and pain under the form of twinge in the genitals area

NLG - more reduced menstruation (the entire period) as usual

- Irritation, inflammation in the genitals area

### **200CH**

EV - the menstruation appeared at 26 days

- The quantity of blood was reduced as usual
- The breast pain reinstalled which disappeared for a while
- Stabilized after proving

DNA - the menstrual blood was very violet, a colour I've never had before

- Pelvis discomfort on the first day of menstruation
- More abundant menstruation
- Accentuation of anal and vaginal itch as well as of the secretion that I had (aggravated recent symptoms)
- Urination at the same time with the defecation

ML - ovary pains especially on the right side accentuation of the pelvic pain during menstruation and tension inside the breasts

CO - reddish bleeding, more abundant, between the 5<sup>th</sup> and the 9<sup>th</sup> day; ovary pains on the right side, pelvic pain under the form of knives or flashes

## **THE RESPIRATORY APPARATUS**

### **30CH**

GV - cough with minimum expectoration

- Twinges between ribs (she had an old Pahipleuritics)

CO - the feeling of thoracic pressure, with difficult in breath.

- Cough with difficult expectoration sometimes painful, aggravated at forward bent, ameliorated during the night.

GO - the feeling of pulmonary congestion at the beginning

- State of heaviness at the level of lungs

RDC - the feeling of pressure on the chest or worse like influenza breaks out on the 5<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> day

IO - heavy respiration with dry cough because a viscous expectoration and corked nose since the first days

TM - pressure in the chest area with respiration difficult

### **200CH**

ML - before proving, the patient had the feeling of difficult respiration due to emotional state, but since the first day of proving she stated that she started having a normal respiration which didn't disturb her anymore.

## **CHEST**

### **30CH**

CO - pricks between the ribs upright the heart at the second proving  
- Very acute chest pain like a boot pressure on the stern, forces the trunk to rise in order to breathe on the first day of proving  
RDC - very short pricks, but painful in the heart area when bending over on the 19<sup>th</sup>, 20<sup>th</sup> and 21<sup>st</sup> day  
CL - pain at the left breast level  
IP - heat in the area of the breast glands  
NLG - nocturnal breast pains

## **200CH**

ML - pains at the level of breasts, accentuation of tension in the breasts  
EV - breast pain  
CO - tension in the breasts, predominantly right, aggravated at walking and arm lifting

## **HEART**

### **9CH**

GS - pulsations in the 2<sup>nd</sup> day of proving  
- Ecophene US  
- Growth of arterial tension

### **30CH**

TC - an hour and a half after the administration "I felt my heart beating"  
GV - hypertension  
GS - palpitations  
CO - palpitations at anxiety  
DP - I felt that my heart was beating faster  
RDC - "pressure on the heart and eructation after eating grapes" on the first day of proving  
- Pain in the veins of the right pulp when standing on the 2<sup>nd</sup> and 3<sup>rd</sup> day of proving (where the patient had a posttraumatic bruise)  
IO - pricks, pressures, cardiac discomfort which she had before proving they diminished during proving, appearing more rarely  
IP - "heat in the hands and legs", so an activation of the peripheral circulation system  
- "Heat above the heart muscles"

## **200CH**

ML - before proving, she had frequent palpitations with the feeling of pressure on the stern area calmed by a tranquilliser:  
- On the first day of administration: "slight feeling of emptiness when taking the pills"

- On the second day of administration: “the feeling of light hands; as if I was floating”
- On the third day of administration: “the chest pain decreased appearing more often after eating”
- On the fifth day of proving: “the pain is gone”
- On the 28<sup>th</sup> day of proving she had palpitations until 4 a.m. in the morning
- CO - “pricks, then retro stern pressure around 12:40 since the 2<sup>nd</sup> day of proving”
- “Anxiety at the chest level with palpitations and dizziness on the 5<sup>th</sup> day”
- PD - “the palpitations from the adolescence reappeared”

## **BACK**

### **7CH**

DP - lumbar-sacral pains diminished

### **30CH**

OMD - accentuation of an inter scapula-vertebral pain at the half of the right scapula since the first day which lasted for a few days (recent symptom aggravated)

- Lumbar pain at menstruation (old symptom aggravated)

GV - bilateral scapula pains

CO - pricks at the basis of left posterior lung (left sub scapula) (area of points VB, F, SP, S on the VU meridian)

- Lumbar and sacral coccyges pains

RDC - pain like a pressure under the right scapula on the 7<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> day

- Back pain on the 4<sup>th</sup> day

DNA - coccyges pains

CL - bilateral lumbar pains on the 6<sup>th</sup> day with urgent urinating on the 7<sup>th</sup>, 18<sup>th</sup> and 22<sup>nd</sup> day before menstruation; ameliorated by heat

MLL - pain under the right scapula with twinges aggravated when breathing deeply since the 10<sup>th</sup> until the 21<sup>st</sup> day (in the alarm points of F, VB, and SP, S from VU meridian)

IO - backbone pains like a burn on rainy day and low pressure, at bent, standing, is ameliorated once in a while

IP - twinges between scapulas

NLG - accentuated lumbar pains before menstruation

## **200CH**

CO - accentuation of a lumbar pain predominantly right that the patient was about to cry especially on the 19<sup>th</sup> day

- Inter scapular vertebral twinges

## **SUPERIOR MEMBERS**

### **7CH**



PD - movement non-coordination - I drop objects from my hand as if it were too weak to hold objects

### **30CH**

SS - palms blushes on the first day

TC - hand nails are very fragile and the hands are swollen since the 20<sup>th</sup> day of proving

- Left shoulder pain

GV - disappears the numbness between fingers four and five of the left hand.

IIN - left shoulder pains with scapula and scruff aggravated at movement.

CO - clumsiness in grabbing small objects (they slip through my fingers)

- Left hand wrist pains in the first day of the second proving.

- Meta- carp- phalange articulation pain of the right hand in the first day of proving]

- I easily get my hands injured.

DNA - Meta carps and inters phalanges articulation pains predominantly left hand

- Pains as pricks between the meta-carps bones 2 and 3 anterior to left hand proximal meta carp phalange articulation.

RE - around 1:30 - 2:00 a.m. articulation pain or in the bones in the right shoulder then in the left one with irradiation towards the ribs and clavicles, which also appeared 3 weeks before only then they were more accentuated and gave in unto morning and never appeared again.

### **200CH**

EV - the feeling of skin smartness in the area of middle phalange of the 3<sup>rd</sup> finger from the left hand and the lateral internal area under the little finger of the right hand

DNA - the feeling of spraining of the proximal phalange articulation of the 3<sup>rd</sup> finger left superior member (terminal of VS meridian)

CO - left-hand wrist pain and sometimes right

FL - slight numbness on the left hand between the fingers 1, 2, 3 up to the elbow and the shoulder

## **INFERIOR MEMBERS**

### **7CH**

ISM - knee pains rapidly diminished

### **30CH**

TC - heel pains that at the beginning of the proving disappeared then they appeared again

- Thigh pains or other articulations with smaller intensity;

- The feeling of stiffness in the foot, ankle and calf much diminished than usual;

- The pain in the left thigh which appeared after the menopause completely disappeared during this proving and afterwards.

CV - heaviness in the inferior members.  
 IIM - on the 13<sup>th</sup> day left knee pain ameliorated in the lay down position;  
 - On the 12<sup>th</sup> day right hip pain aggravated by the weather change;  
 - On the 11<sup>th</sup> day right sole pain when walking.  
 CO - right thigh pains like a clench;  
 - Left heel flashing pain;  
 - Right ankle pain then both ankles;  
 - Crush like pain on the dorsal part of the feet and superior to the right knee;  
 - Pain behind the right kneecap more acute at descending than ascending.  
 ST - painful muscular startles in the left thigh at the 6<sup>th</sup> administration of the remedy.  
 RDC - left calf short pain where she had a bruise, on the 2<sup>nd</sup> and 3<sup>rd</sup> day of proving  
 DNA - pains like pricks between the left foot 1 - 2 metatarsals  
 - Right thigh articulation pain.  
 GS - easiness at movement.  
 NLG - knee down feet pain, in the right part, with slight pains of the sciatic nerve.

## **200CH**

CO - the feeling of sudden weakness in the thighs; the feeling that my feet just softened.  
 FL - twinges and painful discharges on the left foot from knee down crossed in diagonal on both parts, either in the sacral-iliac area towards the knee (area of VB, F meridians)  
 - Calf cramps  
 - Accentuation of knee and hip area pains, with muscular rigidity more obvious at the beginning then diminished

## **SKIN**

### **30CH**

BC - little swellings like little mosquito pricks on the face, neck, back with a slight itch and smartness when touching and scratching. They appeared on the 7<sup>th</sup> day of proving and disappeared on the 11<sup>th</sup> day of proving. They reappeared after a month and disappeared in 2-3 days  
 TC - accentuations of the itch between the left foot toes  
 IIN - the feeling of little skin pricks like those from an insect (she suffered from red micro vesicular eczemas that appeared on the hip skin and on the breasts area  
 CO - I noticed that all the wounds healed faster;  
 - Scalp and left foot little finger itch at night (accentuation of the mycosis)  
 GO - "sensitivity at armpit sweat like I've never had before"  
 - The armpit skin is red, presents plies as if the skin was under water for a long time and smarts very bad - I can't tolerate my skin to be touched  
 RDN - three pimples on the right temple and two on the left  
 - Brown spots on the face accentuated  
 NLG - fewer pimples.

## **200CH**

EV - the pimples and red spots on the face and body accentuated a little  
DNA - the eczema on the belly diminished a little  
CO - itch at the level of the nose contact dermatitis; the dermatitis that healed 3-4 days after the proving started

- Rapid healing of different coetaneous injuries.
- Grouped vesicles that appeared on the lower lip and healed in a day

## RESULT

At the **7CH proving** 10 persons have been solicited, only 8 notebooks are recovered belonging to 3 masculine persons and 5 feminine persons. Despite the fact that the potency is rather low, the majority of the reactions obtained were emotional (4 provers) from which half of them presented irritability and hypersensitivity states, and half of them emotional release and relaxation. Then followed the energetic reactions (3 provers) describing either an accentuated state of general well (1 prover) or initial fatigue and somnolence, then the state of general well is installing (2 provers). The same result had the renal reactions (3 provers) describing increased diuresis and 1 prover who had prostate problems, he obtained disappeared of urination trouble. Then followed the mental symptoms ( 2 provers) in which had dominate the state of optimism and confidence that all will have a good finish and one prover had reactions of similitum with the feeling of “deja-vu” and reliving of an adolescence states which at that moment were the start point of specific affections. The same result had the stomach symptoms through appetite increase (painful hunger) the feeling of an empty stomach and that the nourishment is digested too fast, and the defecation was more abundant and softer than usual (2 provers) .Follows the reactions at the liver level (discomfort - 1 prover), genital reactions (1 prover), osteo-articular reactions (3 provers), throat with dryness sensation (1 prover), nose – watery rhynoreea (1 prover), eye - burn feeling (1 prover), head – aches accentuation (1 prover)

At the **30CH proving** 24 persons have been solicited from whom 23 notebooks are recovered belonging to 7 masculine persons and 16 feminine persons. The highest result of symptoms had the cephalic affection (19 provers), followed by the energetic state (17 provers) from which 13 provers presented a better physical tonus and only 4 provers complained of initial fatigue and somnolence then they also presented a better energetic condition. The emotional and appetite were ranked 3<sup>rd</sup> place in the symptomatic results. Emotionally, 14 provers described symptoms, 10 provers presented a better emotional control accompanied by a state of relaxation, 3 provers - accentuated nervousness, 2 persons - agitation, 4 persons - a depression at the beginning of proving and only 1 person - anxiety accompanied with fainting. As far as the appetite is concerned, 14 provers described symptoms, from which 9 persons presented an increase of appetite, and 2 persons a decrease of appetite, as before proving they had an exaggerated appetite, and 7 provers presented nausea symptoms. Up next there are subconscious symptoms described at 11 provers from which 5 provers had erotic dreams, 2 provers dreams about close deceased people or others dreams from the past. Still 11 provers had symptoms at the throat level, from which 7 provers - neck smartness, 3

provers - tonsils inflammation, 6 provers - throat secretions, 2 provers feeling of throat knob. 10 provers had reactions at the eye level, 6 persons describing ocular globs pains, 5 persons - smartness, 2 provers - the feeling of pressure, 4 provers - sight disturbances. Still 10 provers had symptoms at the abdomen level, 7 presenting liver and gall bladder pains, 4 provers - pelvis pains, 1 prover appendix pains, and 6 provers described an accentuation of flatulence.

From the mental point of view, 8 provers described symptoms, all of them presenting a calm condition, interior tranquillity and positive, but 3 provers didn't since the beginning of proving, 7 provers having also a good disposition, 4 provers - detachment-relaxation, 3 provers - indifference, 3 provers had difficult concentration problems and giddiness at the beginning of proving, memory disturbances - 2 provers. At the osteoarticular system level, 8 provers presented pains as sub-scapular pains, 4 provers on the right and 2 provers on the left. Still 8 provers had renal symptoms 4 of the provers - decreased diuresis with water retention, 4 provers - urinary smartness and 4 provers - kidney pains.

At the level of the genitals, 8 provers presented symptoms which have generally been of menstruation period modification, of menstrual flow and aspect, disappearance of buffs at a prover who was experiencing menopause, more satisfied sexual contacts at 3 provers, aberrant and perverse sexual desires at 1 prover. One masculine prover, at the beginning, had a feeling of ejaculation, without materialization, then a sexual contact involving lesser sperm, and another who had precocious ejaculations problems and sexual desires exaggerated through mental projections, these were also diminished together with the mental projections.

At the level of inferior members, 7 provers presented symptoms that were articulation pains, and at some persons who suffered from this for a long time, they even healed.

Still 7 provers presented symptoms at the superior members level, like: shoulder pains (3 provers), left hand articulation pain (2 provers), and disappearance of numbness in the left 4, 5 fingers (1 prover), palm blush (1 prover), clumsiness in grabbing small objects (1 prover).

At the level of the cardiovascular apparatus, still 7 provers presented symptoms like: palpitations (4 provers), "I feel that my heart is beating faster" (3 provers), hypo tension (1 prover), and left calf veins pains (1 prover).

At the level of skin, 6 provers described symptoms: 3 provers - micro-papulous eczemas, erythematous, piquant at the face level, décolletage (2 provers), axils (1 prover), and exacerbation of feet mycoses at 2 provers, temple pimples eruption - 1 prover and an observation made by a prover that wounds, burns, eczemas heal very quickly.

At the level of the face, 7 provers presented symptoms: 3 provers - irritations around the mouth, 4 provers - face reddening with a hot feeling, 2 provers - temporal-mandible articulation pains, 1 prover - accentuation of brown spots on the face, 1 prover - the feeling of spider net, and then numbness at the right temple corner, temple and right ear.

At the nose: 7 provers presented symptoms of chorizo with wathery secretion, alternating with a corked nose, smartness, sneezing, which appeared not only in the fall, but also in the summer.

At the ear level, 6 provers developed symptoms like: twinge - 3 provers, pressure - 3 provers, ecophene - 1 prover. 6 provers complained about defecation modifications: 4 of them experiencing an accentuation, and 2 a diminishment of the defecation. At the mouth level: 5 provers presented symptoms: metallic/unpleasant taste in the mouth (2 provers),

irritation with bloom and tongue smartness (2 provers), more charged tongue (1 prover), easily bleeding gums and dental pains (3 provers), and at the stomach level 5 provers complained about painful hunger, the feeling that the nourishment is digesting too fast (3 provers), the feeling of a ball in stomach (2 provers), of emptiness (2 provers), of painful cramp non-ameliorated by nourishment (2 provers). Finally, at the respiratory apparatus level, only 5 provers presented symptoms: 4 provers - feeling of thorax oppression and respiration difficulties, 4 provers - cough with/without expectoration and 3 provers - twinges between ribs under the form of pre-cordial pricks.

At **the 200CH proving** 12 persons were selected from them only 9 notebooks were recovered belonging to 2 masculine persons and 7 feminine persons.

As expected, the symptomatic result was centred on mental-emotional symptoms where 7 provers presented symptoms like: feeling of dizziness and giddiness - 2 provers, floating, shallowness and fickleness feeling - 2 provers, good mental tonicity - 2 provers, positive and tranquil thinking - 1 prover, irritability, increased nervousness at the beginning of proving - 5 provers, loud talk - 2 provers, agitation - 2 provers, initial depression - 2 provers, disinterest, blasé - 2 provers, impatience, calm and good disposition - 5 provers who, even if not installed from the beginning, came afterwards, and at one prover acted like a similitum giving him a state of interior balance, of self conciliation, relaxation, also appeared teenage emotional states which represented the beginning cause for the ulterior affections, greater affective and erotic availability, capacity to emphasize with those around, sensitiveness, the feeling that the environment is no longer hostile. 2<sup>nd</sup> place of the symptomatic results, there is the cephalic affections that were felt by 6 provers, under different forms. 3<sup>rd</sup> place are the symptoms at the eye, stomach and appetite level. At the eye level, 5 provers described symptoms like: accentuation of pains with fatigue towards the end of proving - 3 provers, “better rested eyes in front of the computer” at the beginning of proving - 1 prover, amelioration of eye smartness which they had before proving - 1 prover, eyelids fascicles - 1 prover, emphasis of superior eyelid swelling of the internal angle of the eye together with accentuation of the itch followed by amelioration then healing - 1 prover. At the stomach level 5 provers presented painful hunger symptoms with the feeling of nausea and weakness (5 provers) predominantly 10.30 - 11.00 and in the afternoon, nausea of beer and wine (1 prover), epigastric pains (4 provers), the feeling of a rock in stomach (2 provers), burn (2 provers), painful emptiness 1-3-4 hours after lunch - 2 provers, like a knife - 1 prover and an amelioration of pains - 1 prover (the one who presented similarity). At the abdomen level, 4 provers presented pains at the liver and gall bladder level with emphasis on flatulence, and 1 prover - pancreas level pains. At the renal apparatus level, 4 provers presented the increase of diuresis, at the genitals level, 4 provers described symptoms like: accentuated pelvic pains (3 provers), accentuation of breasts tension (3 provers), ovary pains predominantly right - 2 provers and left - 1 prover.

At the respiratory apparatus level, 2 provers presented an irritating cough and a feeling of throat tickling, and 1 prover who was breathing with difficulty before proving and a thorax pressure, after he was administered the remedy, he didn't presented these symptoms anymore, ameliorating since the first day. Likewise, at the cardio-vascular level, 2 provers presented palpitations with a feeling of retro-sternal pressure, and at one prover who had them before they disappeared. At the osteo-articular level, 3 provers

experienced an inter scapular-vertebral twinge, 2 provers - lumbar pains, 4 provers - left hand articulation pains, 2 provers - a feeling of weakness and inferior members pains.

At the skin level, was noticed quicker healing of wounds and eczemas - 2 provers, accentuation of itch at the face level - 1 prover, of pimples and red stains on the face - 1 prover? More abundant sweat at the head, neck, armpit and in area below the breasts - 2 provers.

At the throat level, 2 provers presented smartness with tickling, and 1 prover - pain and left sub-mandible ganglion swell. At the teeth level, 2 provers experienced the accentuation of pain and bleeding. At the nose level, only one prover presented discharge which alternated with nasal obstruction, itch, fascicle and ant feeling.

At the ear level, one prover had ecophene and left ear pains that descend to the mandible. From the subconscious point of view (dreams), 5 provers described symptoms, from which 2 provers had erotic dreams, and 2 - nightmares, 1 prover - dreams related to fording. Energetically, there are provers who presented good physical energy towards the end of proving or even from the beginning, 5 provers experiencing somnolence and fatigue at the beginning of proving, and 1 prover described a lack of energy more accentuated around 10.30-11.00 and in the evening 19.30-20.00

## **SYMPTOMS REUNITED AT GERANIUM ROBERTIANUM**

The conclusions are:

### **Mental-emotional symptoms:**

I will begin with the mood described by a prover for whom the remedy was the similimum: “reappeared teenage moods and emotions which at that moment were a starting point for certain affections and a certain emotional and erotic availability, capacity to emphasize with the others, increased sensitivity, inclination towards reverie, and the environment was not perceived as been hostile ”

- States of calmness and good disposition, quietness and interior safety, optimism and confidence that everything will be all right, so an emotional relaxation felt by 23 persons.
- Floating states, serenity experienced by 2 provers among whom the similimum one
- Detachment, indifference, unconcern states - 11 provers.
- Mental tenacity, increased creativity - 10 provers
- Difficult concentration or lack of concentration - 6 provers
- Dizziness with the feeling of giddiness - 5 provers
- Increased irritability/nervousness states with hypersensitivity for external stimuli were experienced by 11 provers among whom the similimum one. With voice raising (2 provers)
- Agitation (5 persons)
- Anxious (2 persons)
- Fear of mistake, of failure, of non-appreciation - 3 provers among whom the similimum one.
- Accentuated sensibility with a crying state, 2 persons

- Depressive states predominantly in the evening, 6 persons
- Memory disturbances, 2 provers
- Desire to escape, to self - retraction - 3 provers
- Intransigence for the others - 2 provers
- Communication problems either good - 3 provers, or difficult - 2 provers
- Thoughts of been sick of, lack of enthusiasm - 2 provers
- Strange thought: “the desire to infiltrate between people without being noticed” - one person

### **Subconscious symptoms (dreams)**

- Romantic dreams which at awakening give the feeling of fulfilment which was described by similimum prover
- Erotic dreams, 5 provers
- Dreams about childhood, native land, parents, brothers, 2 provers
- Dreams about deceased people, parents, brothers, relatives - 2 provers
- Agitated dreams like nightmares - 3 provers

### **Sleep**

- Agitated at the beginning of proving, 2 provers
- Resting for most provers
- Accentuation of insomnia for one of the provers

### **Energetically**

It was observed that before the administration of the remedy to the very stressed and over solicited persons, this induced a state of somnolence and fatigue, but once they distress themselves, together with the appearance of that quietness and relaxation state, and after they rested better, they became full of energy and full of initiative. 13 provers experienced this situation. Others felt an energetic increase with a better physical and psychical tonus even from the beginning - 22 provers.

Likewise it was observed a more accentuated energetic decrease around 10-11 and 19-20 experienced by 5 provers

The feeling of accentuated heat especially at the hands and face level - 7 provers, and interior cold - 3 provers

### **Sweat**

Sweat, more abundant at the head, neck, armpit and under the breasts area, bad smelling - 3 provers

### **Head**

Cephalic affection, sometimes with a migraine character, a state described by 26 provers

From the point of view of location:

- Frontal - 10 provers
- Occipital - 7 provers
- Temporal - 6 provers
- Generalized or migrating - 12 provers

From the point of view of the pain character:

- Feeling of heavy head: 4 provers
- Feeling of pressure from the outside towards inside: 8 provers
- Feeling of twinge: 3 provers
- Diffuse, discreet: 4 provers
- Feeling of heat head with face blush and sweat: 1 prover

As far as it concerns the 3 provers who had headaches before proving, they stated that these were significantly ameliorated and had the feeling of a clear head.

## Eyes

Only 16 provers described symptoms, thus:

- Ocular globe pains - 8 provers, thus:
  - pressure - 3 provers;
  - smartness - 5 provers and
  - burn - 1 prover
- Accentuation of the upper lid swelling in the interior angle of the eye with the accentuation of the itch, then amelioration - 1 prover
- Eye lid fascicles - 1 prover
- Sight disturbances - 4 provers , so:
  - unclear sight like through a water film – 1 prover,
  - diplopic sight – 2 provers and
  - phosphene – 1 prover.
- The feeling of sight clearing- 1 prover
- More rested eyes in front of the computer - 1 prover
- Amelioration of eye smartness - 1 prover which he had before

## Ears

9 provers had the symptoms, thus:

- Pains like twinges: 4 provers
- Pains like pricks in the left ear: 1 prover
- Pains like pressure: 3 provers
- Ecophene: 3 provers



## Nose

9 provers, thus:

- Rhinorhea with an watery secretion alternating with muffed nose; smartness and sneezing which maintained in both periods of the year, both summer and autumn towards winter - 7 provers
- Tingles and fascicles predominantly right part of the nose - 1 person
- Nasal itch - 2 provers

## Face

8 provers, thus:

- Irritations around the mouth - 3 provers
- Face blush with heat - 4 provers
- Accentuation of brown spots on the face - 1 prover
- Swellings under the eye towards the cheekbones - 2 provers
- Temporary mandible articulation pains - 2 provers
- The feeling of spider web then numbness at the right corner of the fringe, the temple and the right ear - 1 prover
- Itch at the face level - 1 prover

## Mouth

9 provers, thus:

- Metallic or unpleasant taste in the mouth - 3 provers
- Tongue much more charged than usual - 1 prover
- Irritation with blush and smartness - 2 provers
- Easy gums bleeding - 6 provers
- Teeth aches with accentuation of the problem from their level, with irradiation towards the throat, ear, temples and forehead - 6 provers

## Throat

16 provers described the symptoms

- Throat smartness with the feeling of dryness or tickling, with a dry cough, very irritation - 10 persons
- Bad smelling secretion - 7 provers
- Tonsils inflammation - 3 provers
- Pains and the inflammation of the glands under the left mandible - 1 prover
- The feeling of throat knot or pressure at the throat level - 3 provers
- The feeling that the air is too cold when passing the pharynx - 1 prover

- The feeling of heat at the trachea level - 1 prover

## **Appetite**

24 provers described the next symptoms:

- Increase of appetite with painful hunger plus/minus the feeling of nausea and the feeling of lack of thirst - 18 provers
- Decrease of appetite - 2 provers who were bulimic before proving]
- Unstable appetite at the similimum prover
- Desire for chicken, coffee, fruit, spicy food at the similimum prover
- Desire for milk, honey and apples - 1 prover
- Diminishing of thirst - 1 prover

## **Stomach**

12 provers described the following symptoms:

- The feeling of stomach emptiness ameliorated by food at the similimum prover
- The feeling that the nourishment in the stomach are digested too fast and the apparition of a stomach emptiness with the feeling of cold and painful hunger - 5 provers, including the similimum prover
- The feeling of a stone in the epigastria area - 2 provers
- Stomach-aches like a knife, 1 prover
- Cramps or twinge at the stomach level, 2 provers
- The feeling of burn, 1 prover
- Amelioration of pains after 200CH at the similimum prover

## **Abdomen:**

- Pains at the liver, gall bladder level when the patient is touched or is sitting on the side with the liver - 12 provers
- Pains at the pancreas level - 2 provers
- Accentuation of flatulence and abdomen distension - 11 provers
- Appendix pains - 1 prover
- Pelvic pains as cramps, twinges, knives or pressure/tension - 7 provers

## **Defecation**

11 provers had symptoms like:

- More abundant defecations - 5 provers
- Softer defecations - 3 provers
- Changing the defecation period from morning to evening - 1 prover
- Diminishing of defecation - 2 provers

## Renal apparatus

17 provers who had symptoms:

- 7 provers present an increase of diuresis
- 4 provers present a decrease of diuresis as well as a water retention growth
- 5 provers have kidney level pains
- 6 provers have urinary smartness
- At a prover who suffered from prostate adenoma, disappeared the permanent and imperious feeling to urinate.

## Genitals

15 persons presented symptoms being noticed an accentuation of the anterior problems followed by ameliorations and balance:

- Disappearance of buffs at feminine prover who was at menopause state.
- Increase or decrease of the period between the menstruations at 15 or 26 days - 2 provers
- Increase or decrease of menstrual flux as compared to what was before
- Fluidisation of menstruation
- Ovary, uterus pains as twinges or heat
- Breast tension accentuated at first as twinges or heat - 3 persons
- Better sexual contacts - 3 provers
- One prover initially had an excitement feeling then sexual contact with more sperm
- Another had precocious ejaculation problems and sexual desires exaggerated through mental projections, these diminished once the mental projections diminished.
- Another prover had aberrant and perverse sexual desires.
- A prover who suffered from atrophic vaginitis said that during proving the sexual contact didn't disorder her.

## Respiratory apparatus

9 provers:

- The feeling of thorax pressure with difficult in breathing - 5 provers
- Amelioration of respiration and the disappearance of the thorax pressure - 1 prover who had a difficult breath before proving
- Cough with/without expectoration - 6 provers
- Twinges between ribs as pricks - 3 provers

## Cardio-vascular apparatus

11 provers

- Palpitations - 7 provers
- At one prover the palpitations which he had before the administration disappeared
- Hypertension - 1 prover
- Heat at the heart muscle - 1 prover
- Hands, feet and face heat - 3 provers
- Accentuated pains at the left calf level where the patient had a bruise (1 prover)

### **Osteo-articular apparatus**

28 provers had the following symptoms:

At the backbone level:

- Inter scapular-vertebral twinge - 4 provers
- Under scapula twinge - 4 on the right and 2 on the left
- Lumbar pains - 8 provers
- Sacral coccygian pains - 3 provers
- Diminishing of lumbar sacral pains - 1 prover

At the superior member level

- Shoulder pains on the right side - 1 prover and the left side - 2 provers
- Left hand articulation pains - 6 provers
- Clumsiness in grabbing objects or doing different things - 2 provers from whom 1 prover is similimum

At the inferior member level - 11 provers

- Painful feelings and weakness - 2 provers
- Thigh level pains, on the right side - 4 provers and the left side - 2 provers
- Knee pains, on the right side - 3 provers and on the left side - 3 provers
- Ankle pains - 4 provers
- Heel pains - 3 provers
- Heaviness in the inferior members - 2 provers
- At one prover the knee pains diminished quickly

### **Skin - 10 provers**

- Accentuation of pimples and red stains on the face - 1 prover
- Diminishing of pimples to another prover
- Pimples on the temples 3 on the right side and 2 on the left side at one prover
- Eczemas around the mouth - 2 provers
- Micropapulomatosis-eritematos eczemas - 3 provers of whom one prover is on the armpit and 2 provers on the face and on the bareshouldered.
- Accentuated itch
- Accentuation of the irritation between the toes of the left foot - 2 provers

- Injuries, burns, eczemas and all the skin problems healed faster as 3 persons related, which is the strong effect of the plant to cure.

At the end of the proving I also contacted Mrs. **Alexandra Baltac**, who is an engineer, but also a religious person and gifted with clairvoyance, to verify myself that I took well the symptoms and to hear a subtle point of view on the spirit of this plant.

### **The Spirit of the Plant**

It is a free, unbound spirit, which is in need of space. It does not enjoy being crowded (if you have noticed it in the presented images, it is not found in crowded areas and it is not encountered close to another of the same species or with many other surrounding plants). It enjoys being free, but also freeing, thus, people who do not wish to be helped cannot be helped by the homeopathic treatment, which implies dealing with another spirit. You have seen in the proving that some people were stuned by this liberation.

It is a coquettish, feminine plant, which enjoys beauty, thus it rejects ugliness and misery. This is how the detoxifying effects of the plant can be explained. It removes the toxic substances from the physical, mental and emotional body. When dealing with very intoxicated people, it will need to be helped by more gentle, emolient plants, which should cover the toxic substances until they are eliminated.

It does not enjoy aggression, this is why it spreads a foul scent when it is ripped (it has a sudden laundry smell when ripped.).

It loves being bohemian rather than taking on responsibilities, but when it enters in empathy and sympathy relation with the patient, its maternal instinct awakes and fights for him/her. It has the tendency to comfort, to protect, to gently point out the way, but still, in a persuasive manner. It is cheerful, it creates good humour and a way to take life easy. It has the tendency to daydream.

It is a rather sentimental and sensual plant. It inhibits the rational part of the body, meaning the right side of the body, the left side of the head, the hands, which stand for making, and the legs, which stand for walking which hold by reason (you may remember from the proving that was people who said they dropped objects from their hands or had walking difficulties or had a predisposition to daydreaming – one of the provers asked me if it acted like an anxiolytic).

This is why it is not recommended in the period of maximum concentration, but after it, for relaxation and recollection.

As mentioned, it is an aphrodisiac plant, stimulating pleasure more than fertility, although it helps at maintaining pregnancy, because it favor the fluidity of the blood and intensification of blood circulation, the thickening and elasticity of the mucous membranes.

It is very attached to the earth where it was born (some of the provers had dreams about their birth-places).

Although bohemian, it is still a plant with its feet on the ground. It even has an equilibrium between sky and earth. It works in a holistic manner, it cleans, it balances, it

renews, thus increasing the organism's capacity of self-regulation and control (one of the provers had asked me if it stimulated immunity system, because afterwards she caught colds less frequently. It does not act upon the immune system directly, but indirectly, through its cleansing, detoxifying and relaxing role.)

It is more active in the winter time and more precise in symptoms. In the summer time it seems to dissipate its strengths, it is preoccupied with its own life, while during the winter it has the tendency to live through others.

It has a firmly action, at about 15-20 days from its first administration, but its effects are prolonged in time even after the treatment is finished. This is why it is not recommended to administer it too often.

**At the 7 CH potency** it has a stabilizing role, it improves minor dysfunctions, it integrates them in the system. It has a regenerating, revitalizing and a general energizing role. It liquefies the blood, it increases the elasticity of the veins, with a slight increase of their permeability, and thus it initially helps to fortify the gums. It has the same effect of increasing elasticity on the mucous membranes. It increases the visual accuracy through the synthesis of vitamins A and D (vitamin A helping with the increase of elasticity of the crystalline and the muscular structures, and vitamin D – with sending neural information. It stimulates the nervous system in general, making it more hyper-reactive. Its action is tonic and it regenerates the cells of the heart. It helps the stomach to become cleansed of its residues, through the activation of the saprophyte flora, which leads to the destruction of the pathogen flora which leads to the alteration of food in the stomach, through the increase of gastric motility and secretion of the stomach. It also has a stimulating role for the liver and bladder, stimulating the flow of toxins in the gall liquid and stimulating the excretion of the gall secretion into the stomach and intestines. It is the same with the pancreas, stimulating the secretion of the pancreatic liquid in the blood and in the intestines. Referring to the kidneys, there is an increase in the secretion of a substance which liquefies the calculi (antilithiasic effect). It regulate the cortical suprarenal gland, but with a tendency to stimulate it. It stimulates potency acting differently for men and women. For women, it reduces tension, it increases the elasticity of the genital organs, it stimulates secretions and prepares the field, while for men it slows down the mechanism of ejaculation, it makes the testicles firmer and gives the sperm more strength, thus helping the prolonging of the prelude and the increase of sensuality, of pleasure.

Starting **with 9 CH potency** a process of precipitation of the salts starts to appear especially around the liver, the kidney, the lungs and the eyes, which leads to calcifications and fibroses. Thermal shocks also appear (warm or cold, regardless of the external conditions) It stimulates the venal turnover, it increases the force of cardiac musculature. It increases the quantity of toxins in the blood, thus it must be used together with substances which deharden.

**With 30 CH potency** the processes of cleansing, hydrating and tonifying are intensifying. It has a powerful de-inhibiting role, unblocking the cellular energy. It relieves tiredness of the organism, acting in a progressive manner. Those who were active because of their own will, but the tiredness was chronic actually, when they are treated with the plant, are relaxed, bringing the tiredness to the surface, and after the

equilibrium is installed, it acts in an energizing way. It mentally liberates the closed, rigid, perfectionist people, giving them a feeling of calm and holiday. It generally stimulates the nervous system, but it inhibits the hypothalamus. It liquefies the blood, it helps with detoxifying, it increases the cardiac rhythm and also the venal return. It can be administered in shocks to those who are suffering of cardiac insufficiency, bradycard, bundle branch block. With the eyes, it has the same action as 7 CH. Important, it has the tendency to increase the thyroid's initial unbalance. Also important, processes of fibrosis start at the level of the lungs, calcifying the lung cells. In smokers it produces spasms of eliminating the toxins out of the lung (it produces a mechanical cleansing), thus if it is administered in very severe cases it can lead to the blockage of the breathing paths with this detritus. At the level of the stomach, it stimulates the recover of the mucous membrane, it cleanses it of pathogen microorganisms and renews the saprophyte flora, it improves the process of absorption, for the organism to be able to receive the catalysts that are necessary for the energetic processes. It also has a cleansing and balancing role for the flora and the mucous membrane of the thick intestine. For the liver and pancreas it has the same stimulating, regenerating and salt dissolving role. For the bladder, it acts in a colicistokinetic way. At the level of the spleen it has the role of cleansing/washing the blood of toxins. It regulates the cortic suprarenal gland and the kidneys' activity. As a tonic for the uterus and the ovaries, it prepares the woman's organism for sexual fusion, stimulating the production of fluids, increasing the sensitivity of the teguments and mentally relaxing, liberating the person. For men, it works on the genital organs providing them with firmness and elasticity, but it decreases the degree of excitability, allowing a prolonged prelude. At the level of the prostata, it has the tendency of renewing it, giving it elasticity and firmity.

**Its action on cancer is strongest at 30 CH potency** which actually fits the patient the best. In fact, it has a double action: it destroys some cancerous cells directly, but in general it has a role of working on conditions which lead to the activation of the cancerous gene. Stress induces an overtax on the hypothalamus which leads to an overtax on the entire system and which force the oncogene to remove by repress state to active state (it acts like a safety valve). When the organism stops coming out of the stressful state, the oncogene stays on the active position. Also, the activity of the pancreas is blocked by stress. The nutrition which is rich in "E-s" prevents the flow of the pancreatic secretions into the circulation. The pancreatic secretions has an inhibiting role on the cancerous gene. It has an action of direct destruction on the cancerous cells at the level of: genital organs, pancreas, suprarenal gland, stomach, intestines, thyroid, hypophysis, eyes, tongue, larynx, white blood cells, bladder, but those of the liver, spleen, bones, kidneys, bladder are not destroyed directly. At the level of the breast it has an inconstant effect due to the fat that the cancerous cells are covered with, at the level of the skin it helps destroying those, but at the beginning it may appear to keep the cancerous process, and at the level of the brain it does not destroy them directly, but it inhibits their evolution, cutting off their feeding link. At the level of the lung it acts directly on the cancerous cells, but also the tendency to produce lung fibrosis.

**At 200 CH potency**, the link with the spirit of the plant is very strong because of the immense amount of information. As much the information in more, as much the points of contact between the two entities (human and plant) grow. It may create disturbances, states of confusion and conflict, psychosis.

It is not recommended for cancer treatment. The nervous hyperexcitability greatly increases the cardiac rhythm, sometimes having a tendency of arrhythmicity. It has the tendency to block the pancreas.

At the level of the kidneys and liver, precipitations of the blood occur, which may result calcifications. It renders the crystalline opaque, it thickens the nails and hair, it induces the fall of teeth through the retreat of the gums and it continues the lung blocking process through the thickening of cellular membranes.

On the whole, it works better through stimulation and regulation on the sub-diaphragmic organs, inhibiting the over-diaphragmic ones.

**In the end I asked the prover who was similitum to say a few words about her life in order to see what this remedy looks like and its causality.**

„MY MOTHER’S LIFE WASN’T A GOOD ONE, DUE TO A VERY PHYSICALLY AND PSYCHOLOGICALLY AGRESSIVE HUSBAND, WHOSE SOLE PURPOSE SEEMS TO HAVE BEEN TORMENTING AND HUMILIATING HER. IT WAS IN THIS CLIMATE THAT MY MOTHER’S PREGNANCY EVOLVED (I MUST MENTION THAT UNTIL I WAS BORN THERE WERE 3 OR 4 MISCARRIAGES, SO IN ORDER TO DELIVER ME, MY MOTHER NEEDED TO UNDERGO A CERCLAGE AND BECAUSE IT WASN’T SUFFICIENT, THANKS TO THE ABORTION THREAT, SHE WAS SEDATED ALMOST ALL DAY LONG) DURING THE WHOLE PERIOD SHE HAD SPENT IN THE HOSPITAL (AROUND 5 MONTHS) SHE WAS HARDLY EVER VISITED BY MY FATHER, ACTUALLY HE ONLY CAME 2 OR 3 TIMES AND THIS WAS WHEN MY MOTHER WAS SLEEPING. THERE WERE ONLY A FEW WEEKS UNTIL MY BIRTH, SO THE DOCTOR EXAMINED MY MOTHER, AND SHE WAS SUPPOSED TO COME TO THE HOSPITAL AT THE APPOINTED DATE TO GIVE NATURAL BIRTH. BUT THINGS DID NOT GO AS PLANNED, BECAUSE DUE TO A VERY TRAUMATIZING EVENT, SHE CAME IN 2 DAYS TO THE HOSPITAL TO GIVE BIRTH; BUT NOT IN A NATURAL WAY, BECAUSE DUE TO CERTAIN PROBLEMS, I WAS BROUGHT INTO THE WORLD WITH A FORCEPS. THIS CONCLUDES A BRIEF HISTORY OF MY COMING INTO THE WORLD. MY CHILDHOOD WAS VERY OFTEN TOUCHED BY PHARYNX-TONSILITIS, HEALTHILY TREATED WITH PENICILIN AND THEN WITH MOLDAMIN. I REMEMBER QUITE OFTEN HOW MY MOTHER WAS BEATEN AND THIS IS BECAUSE I WAS AWAKEN AT NIGHT BY HER CRIES AND SHOUTING. I SUCCESSFULLY PASSED THE CHILDHOOD DISEASES, I BELIEVE I HAD EVERY ONE OF THEM. MY ADOLESCENCE WAS MARKED BY THE SAME HIGHLY AGRESSIVE FATHER, WHO NOW HAD TO HUMILIATE AND „EDUCATE” A DAUGHTER. CONSEQUENTLY, I OPENED UP VERY DIFFICULT TO ALL THAT MEANT ADOLESCENCE, LOVE, FRIENDSHIP WITH BOYS,



THINGS WHICH ACTUALLY ARE VERY IMPORTANT IN THE EVOLUTION OF A HUMAN BEING. WHEN I FELT IN LOVE AND HAD MY FIRST BOYFRIEND, IT WAS VERY DIFFICULT FOR ME BECAUSE ALWAYS I HAD TO HIDE. AS A SCHOOL-GIRL I WAS VERY HARD-WORKING AND TALENTED. I COULD SAY I ALWAYS EARNED THE FIRST PRIZE EXCEPT FOR THE EIGHT CLASS WHEN I CAME TO CONSTANTA AND IT WAS MORE DIFFICULT FOR ME TO ACCOMODATE MYSELF TO THE CITY LIFE. I EARNED THE SECOND PRIZE THAT YEAR. THE ACCOMODATION TO THE CITY LIFE WAS DIFFICULT, AT ONE POINT I WAS TAKEN TO A PSYCHOLOGIST. THE PROBLEMS STARTED AT THE END OF HIGH-SCHOOL, WHEN, BEING TIRED BECAUSE OF THE EXAMS AND OLYMPIADES, I DIDN'T HAVE THE NECESSARY RESOURCES TO BE ACCEPTED AT UNIVERSITY IN THE FIRST TRY. I WAS ABSOLUTELY CONVINCED OF WHAT I KNEW AND WHAT I COULD DO. I BELIEVED AND I FELT THAT I COULD PASS THAT EXAM VERY EASY. BUT IT WAS NOT SO. I FAILED RIGHT UNDER THE LINE AND THIS DECEPTION WAS TERRIBLE. OF COURSE, IN REALITY, IT WAS NOT LIKE THAT, BUT IT WAS HOW I PERCEIVED THEM. MOREOVER MY PARENTS WERE QUITE UNSATISFIED WITH ME BECAUSE OF THIS. SOMEHOW I GOT ACCEPTED AT MEDICINE ONLY IN THE 4TH YEAR, BUT SINCE THAT FAILIURE WAS MARKED IN MY MIND, MY SELF-CONFIDENCE DECREASED ALMOST COMPLETELY AND THE FEAR OF EXAMS WAS VERY GREAT – THE FEAR TO LOSE AND TO DISAPPOINT EVERYONE ELSE. MY FIRST LOVE AFFAIR WAS A DISASTER, I ALMOST RE-EXPERIENCED MY MOTHER'S LIFE; WHAT I THOUGHT OF MYSELF WAS NOT TOO PLEASANT: I CONSIDERED MYSELF UGLY AND DIRTY AND NOT QUITE SMART. UNFORTUNATELY I SUFFERED 3 ABORTIONS AND, IT'S DIFFICULT TO SAY IT, BUT I MUST, BECAUSE OF A SEVERE DEPRESSION, 3 TENTATIVES OF SUICIDE.

TO BE ABLE TO FINISH THE UNIVERSITY I HAD TO ENGAGE AS A MEDICAL ASSISTENT.

AFTER THAT DESASTROUS RELATIONSHIP, I FINALLY SUCCEEDED TO HAVE THE NECESARY MATURITY TO HAVE AN OVERALL FULFILLING RELATIONSHIP.

HOWEVER, MY SELF-CONFIDENCE DID NOT RECOVER AND NEITHER DID MY OPINION OF MYSELF.

AFTER I TOOK THE PROVING REMEDY, I RE-LIVED A FEW DAYS AS I WAS IN PRIMARY SCHOOL, WHEN EVERYTHING SEEMED ACCESSIBLE AND EASY AND THINGS WERE FLOWING, WITHOUT WINCING AND WITHOUT THINKING FOR A MOMENT THAT I WOULD NOT SUCCEED. ON THE CONTRARY, I WAS VERY OPTIMISTIC AND TONIC AND I LIKED MYSELF AS I WAS. DURING THOSE FEW DAYS I RE-LIVED A PERIOD OF A FEW HARMONIOUS YEARS.

AS HEREDITARY-COLATERAL ANTECEDENTS, I MENTION: FATHER, A FIRST COUSIN, A SECOND AUNT, MY GRANDMOTHER ON FATHER'S SIDE, DECEASED OF CANCER, MY GRANDFATHER FROM MY FATHER'SIDE DECEASED OF HEART ATTACK , AN UNCLE DECEASED OF ALCOHOLIC HEPATHIC CYROSIS, TWO UNCLES WITH DIABETIS, THAT WAS.

I CONSIDER THIS, BECAUSE A HUMAN BEING IS CHARACTERIZED WITH RATION AND THE DESIRE TO TRANSFORM ONESELF INTO A GOOD PERSON AND TO EVOLVE, TO REALLY BE USEFUL TO THOSE AROUND. I FINISHED MY HOMEOPATHY COURSES, THE WEEKEND ONES, AND I ATTEMPT TO IMPROVE MYSELF. I PERSCRIBE REMEDIES, I HAVE A FEW BEAUTIFUL RESULTS. THANK YOU WITH ALL MY HEART FOR LISTENING TO ME AND I HOPE MY STORY WAS USEFUL FOR YOU.

**This proving was repeated in October 2005 by Dr. Stefan Kohlraush Germany with remedy obtain by mother tincture from Plant-Extrakt Cluj in 30 CH potency, with a big analogy of symptoms, which I mention some of them:**

- Maximal quit, but and internal restlessness, internal tremor, anxiety restlessness, **fear on balcony to not detach;**
- Sleepy , tiredness, exhaustion, but and night restlessness and sleeplessness;
- Good disposition, clearly head, but and indisposition until weeping, angry from trifles, night depression, irritability, unfriendly, **criticize aggressive an other person, but with fear to not be wounded;**
- Don't have desire to talk any person, preferring to stay alone, happy with self;
- Dancing with pleasure ;
- homesick;
- headache;
- at the level of the eyes:
  - flounders of the eyelid;
  - sensation of pressing in the eyes, of burning;
  - unclear view ;
  - sensation of dryness in the eyes ;
  - itching;
  - morning water in the eyes;
  - Redden in the eyes.

-many symptoms at the level of osteoarticular system especially at the level of knees (it means problems of ego and alter ego conflicts, conform symbolism of our body);

Remainder its not yet translate all his proving, but from conversation with him there was generally the same.