

Anne Schadde

LITHIUM CARBONICUM Li_2CO_3

SUBSTANCE

The Element Lithium (Li)¹

Lithium is a metallic element in group 1 of the periodic table with an atomic number 3 and atomic weight of 6.941. It is a ductile, silvery shining metal, which has an initially yellow later grey tarnished sectional plane. According to its position in group 1 of the periodic table its valence is 1 and its compounds are colourless. As with all alkaline metals (all the chemical elements in group 1 of the periodic table with the valence of 1: Natrium, Kalium, Rubidium, Caesium and Francium) it is very reactive. Lithium oxidizes when in contact with air forming the oxide Li_2O and the nitride Li_3N . It reacts with water by forming hydrogen and Lithium-Hydroxide LiOH and burns with an intense red light forming Lithium-Oxide Li_2O . Lithium compounds also burn with a crimson colored flame.

The Swedish chemist August Arfvedson discovered the metal in the year 1817 in the mineral petalite, found in Sweden. It was called „Lithion“ (after the greek word „lithos“ = rock) because, in contrast to natrium or kalium that had been found thus far only in plant ashes, it was initially located in a mineral. It is extracted from Lithium containing minerals (spodumen, amblygonite, lepidolith, petalite) mined in the USA, Canada, Russia, China, Australia, Zimbabwe, Brazil, Austria, Zaire and salt lakes in North and South America. In nature, Lithium can be found only in very small amounts in plant ashes. Leeser ² writes: „Plants of the ranunculaceae and solanaceae families show particular affinity to Lithium. They contain by far more Lithium than all other plants growing in the same soil.“

It is used in nuclear technology to produce tritium, as an insulator (the Lithium isotope absorbs neutrons), as a reactor coolant. Various Lithium alloys are used for aerospace technologies, in the petroleum industry, in the ceramic industry, for high capacity batteries, as Lithium salts (Lithium carbonate, Lithium sulfate, Lithium acetate) and in cases of psychoses (see „The manic-depressive disease“). Mogens Schou ³ writes in his book „Lithium treatment of the manic-depressive disease“ that only the Lithium part of the salts – the Lithium ion - is medicinally active. It is basically irrelevant which salt is used.

Because of its position in the periodic system, some properties of Lithium are more closely related to Magnesium than to Natrium. Like lead, it can be manufactured into wire or paper-thin laminate. Combined with water, this metal does not melt into a small pellet like Natrium and Kalium.

The Substance Lithium carbonicum

Lithium carbonate Li_2CO_3 is a white, light, crystalline powder, which is barely soluble in water and non-soluble in alcohol. It is one of the few salts that is soluble in cold rather than warm water.

¹ Römpp Chemie Lexikon

² Leesers Lehrbuch d. Homöopathie, Bd. 2: Mineralische Arzneistoffe, S. 98

³ Schou, M: Lithium-Behandlung

Lithium carbonate is the most important basic substance for the preparation of other Lithium compounds. In medicine it is part of Lithium preparations since 1949.

The manic-depressive disease⁴

...the mania

Mania is a period of abnormal euphoria with increased activity. It is combined with irritability, ranging from impulsive reactions to violence. Rapid mental sequences fill the mind with ideas, which leaves the patient with little desire for sleep. Speech is hurried, ceaseless and often witty and lively with possible hurtful taunts. As part of this incredible enthusiasm, self-assessment is naturally altered. The extreme self-confidence without criticism combined with enormous vitality and inhibition leads obviously to major crises, because these patients completely over-extend and, therefore, ruin themselves financially or destroy relationships and much more. In this phase we see little discernment in regards to the disease, which results in a tremendous burden for family and friends. In such phases the person frequently reduces food intake and exhausts him or herself physically. Often patients do not feel sick in this stage and refuse treatment.

...the depression

Depression is a spell of sadness and lack of motivation. It displays the opposite of the mania with a lack of self-confidence and delayed mental activity. On the emotional plane the patient feels nothing. They cannot cry, feel guilty and accuse themselves, which can lead to thoughts and attempts of suicide. Apart from resignation, delayed mental activity, fatigue and a feeling of heaviness, anxiety may arise, which makes the patient appear restless and driven. In this stage we also see sleeping disorders. They are now caused by worrying and come possibly with an increased desire for sleep. Physically the patients become sluggish and the decrease in motion can cause constipation and problems with menstruation. Libido that was exaggerated during the mania is now reduced or non-existing.

A combined condition is also known, when both conditions take turns or exist simultaneously, for example manic restlessness combined with deep melancholy.

Sometimes, between the opposing phases, patients are completely free of symptoms and appear to be healthy. The phases of the disease can last 3 to 6 months or appear periodically at certain times, for example in spring, summer, fall and winter. Clinical research shows that this disease does not diminish over time, but it continues its phases.

If the course of the disease is unipolar, either only depressive or only manic phases can be seen (this is rather rare).

⁴ siehe Fußnote 4

...the cause

The cause of the disease is unknown. A genetic predisposition is assumed, which, prompted by external stimuli, excites the individual disposition. But also brain metabolism is most likely of importance. The disease may be brought about by psychological causes or times of any increased stress.

The diagnosis of the disease is more unambiguous in its manic phase than in the phase of depression, which is „endogenic“⁵.

Lithium therapy

Lithium was used in the medicinal therapy of gout treatment as early as 1850. Examples of its additional use are: as a stimulant, sedative, in treatment of diabetis, infectious diseases or cancer and as an additive in toothpastes. Because effectiveness could not be confirmed, these treatments were discontinued.

In the years after WW II, Lithium chloride was used as a substitute for regular table salt (Natrium chloride) with patients that were on a low sodium diet due to a kidney or heart disease. This proved to be dangerous. Cases of poisoning were reported, some fatal, and the therapy was discontinued.

Since 1949 has been known that Lithium salts can influence the frequency and intensity of manic-depressive psychosis. It has been established that Lithium has an impact on the cell membranes, impulse transmission, hormones and metabolism.

Lithium preparations were first used in the years after WW II for manic-depressive psychosis. Because of the experience with poisoning from continuous use, the preparations were initially given with caution.

Prof. B. Müller-Oerlinghausen, MD says: “Long term Lithium therapy has changed the world.”⁶. As the prophylactic use of Lithium was discovered the first psychotherapeutic for treatment of schizophrenic psychoses were instituted. It is also used to reduce the risk of relaps into this intermittent disease.

John Cade, an Australian psychiatrist, used lithium salts on lab guinea-pigs. He found out that they calmed down and were less reactive towards external stimulants without appearing sleepy. This gave him the idea to treat over-stimulated psychiatric patients. Initially the effects were not steady, but in some patients the symptoms disappeared within one week. They returned again as soon as the Lithium treatment was discontinued. A further double-blind trial confirmed: Lithium clearly decreases manic euphoria. However, the prophylactic use in cases of manic-depressive disease was disputed for a long time in scientific literature. Today there is positive proof for the effectiveness of Lithium preventing recidivism in bipolar and unipolar patients.

The benefit of Lithium therapy over other neuroleptic drugs is that Lithium suppresses the manic symptoms without altering other psychological functions noticeably. The effectiveness, however, sets in

⁵ anlagebedingt, nicht durch äußere Einflüsse bestimmt

⁶ siehe Fußnote 4

slowly, which means after taking approximately 6-8 days. It is recommended to use this as a long term treatment. Regular blood tests are necessary to control side effects and reciprocal actions. As a prophylaxis, Lithium treatment is supposed to prevent recidivism, which means thereby controlling the disease. Nevertheless, the disease cannot be cured by Lithium treatment.

It is of great importance to remember that Lithium works almost exclusively with manic-depressive disease and is of no effect with psychogenic depressions or depressive sadness as part of a neurosis.

Lithium pills contain Lithium carbonate, Lithium sulfate, Lithium aspartate or Lithium acetate. Because only Lithium is an active ingredient, the compound is of minor importance.

...pharmacology and toxicology

Lithium salts are reabsorbed in the intestines when taken orally. As mentioned above, using Lithium containing diet salts in a Natrium chloride (table salt) free diet produced poisoning. The symptoms of poisoning appeared in a state of table salt deficiency and improved when table salt was given. Oral intake of Lithium salts in large doses without elimination of table salt at the same time leads to an increased diuresis with secretion of high amounts of cations, mainly Na⁺. Signs of poisoning may arise in cases of table salt deficiency, intercurrent diseases, stress situations, or massive Lithium intake⁷.

Side effects and intoxications that appear in treatment with Lithium preparations⁸:

physical changes

Gastrointestinal tract: Nausea, stomach pain, abdominal pain, soft consistency of stool

Skin: eruptions resembling psoriasis, formation of pimples, aggravation of existing skin conditions

Nervous system: trembling of hands (essential tremor), causing illegible handwriting – up to the coarse, irregular tremor, cerebral spasms in cases of existing damage to the CNS

Muscular system: muscle weakness, sensation of fatigue in arms and legs, also over-stimulated reflex responses with fibrillar muscle contractions

Endocrine system: caused by the inhibition of thyroid functions: development of a myxedema (symptoms of a slight depression, fatigue, lack of vitality, sensitivity to cold, thickened skin), enlargement of throat caused by goitre formation

Urogenital System: caused by impact on water elimination: kidney dysfunctions with polyuria (excessive secretion and discharge of urine) and resulting polydipsia (excessive thirst), development of edema (feet, hands, abdominal wall, face)

Metabolism: caused by impact on metabolism or appetite regulating center of brain: weight gain

psychological changes

decreased reaction time or accuracy, for example when playing ball etc.

decreased memory

increased memory for optical stimulants

⁷ Leesers Lehrbuch d. Homöopathie, Bd. 2: Mineralische Arzneistoffe, S. 9

⁸ Rote Liste 2000

increased ability to perform complex tasks
decreased sexual desire

Poisonings

Caused by cerebral damage:

Insecurity while walking with muscle contractions and tremor of hands
Speech defects combined with incoordinated motion
Unconsciousness with inarticulate sounds or motions of head
Epilepsy

Caused by kidney damage:

Oliguria with after-effects

Contra indications

Renal insufficiency, cardiac insufficiency, diseases involving inadequate Na levels, low sodium diet, pregnancy, hypertension, gastrointestinal diseases, Addison's disease [adrenal insufficiency, R.G.]

PROVING

...the existing provings

C. Hering⁹ conducted the first provings. He collected many symptoms of the urinary tract, including frequent urination, burning in the urethra, cloudy urine containing mucus deposits and red-brown sediments, as well as dark caustic urine. In addition to the diathesis of increased uric acid output, he stresses a rheumatic gouty component with stiffness of the body, itching around the joints, swelling of finger and toe joints, and weakness of knees and back. Worth mentioning are cardiac complaints that are worse before urination and end after urination. As with Natrium carbonicum dyspeptic complaints like nausea, stomach problems and headache appear.

The symptoms collected in Herings provings are repeated in other materia medicas and new experiences and cases are added like in Choudhuri's „Study of Materia Medica“, Hale's „Materia Medica“, Farrington and Allen's „Encyclopedia“,¹⁰. As part of our summary of unusual symptoms we will consider the symptoms that were collected in the old homeopathic provings and can be confirmed in this present proving.

⁹ Hering, C.: American Homeopathic Review, 1963

¹⁰ Reference Works, MacRepertory

The English version of the complete repertory 4.5 in MacRepertory¹¹ lists 948 symptoms (1999 edition), which were collected from provings up to that date. (see...the repertory)

... the trituration

Die homöopathische Verreibung und Potenzierung der Ausgangssubstanz Lithium carbonicum fand in der Enzian-Apotheke in München statt (Mittel in verschiedenen Potenzen können von dort bezogen werden - siehe Bezugsquellen). Das Mittel wurde bis zur C 3 verrieben und von hier verschüttelt bis zur C 6 und C 30.

The homeopathic trituration and potentization of the original substance Lithium carbonicum took place at the Enzian pharmacy in Munich (Remedies in different potencies can be obtained there – see sources of supply). The remedy was triturated up to 3C and then succussed up to 6C and 30C.

... the new proving

The proving of Lithium carbonicum was the second homeopathic proving that I conducted. It was conducted with colleagues from the „School of Homeopathy“¹² of the Homöopathie-Forum in Gauting near Munich/Germany as a self experiment by 12 provers in the course of the 1994/95 curriculum.

Lithium carbonicum, 6C and 30C, was proved (6 provers took 6C and 6 provers took 30C). Every prover had a supervisor who observed and looked after the prover. Prover and supervisor did NOT know the substance. A placebo phase did not take place. Before taking the substance the supervisor took the prover's case in order to be able to clearly differentiate between new and old symptoms. The proving substance was taken as a 6C and 30C over several days, 3 times a day with the instruction to immediately discontinue as symptoms appeared.

Every symptom was immediately recorded by the prover and marked with the appropriate abbreviation: „new“, „old“, „altered old“, „cured“, „unusual“. After a four months observation period of the provers/supervisors, the substance was revealed. During a group discussion as part of the Homeopathy School's curriculum a „vivid“ picture of Lithium carbonicum arose.

Afterwards, the diaries were analyzed with focus on the „unusual“ and „new“ symptoms. Those symptoms were recorded.

The numbers in brackets at the end of every symptom give first the potency (either 6C or 30C), then the number of the diary/prover followed by the number of days after starting the proving in which the symptom appeared. (Exception: xx means that the symptom persisted over a longer period of time or during the entire proving.)

¹¹ Reference Works, MacRepertory

¹² Adresse siehe Bezugsquellen

In the proving of Ozone¹³, the first one I conducted, I sorted the symptoms found in the diaries according to themes and listed them in the way Hahnemann and his successors did in the materia medicas. It is, however, not easy to read symptoms that are listed out of context without getting bored and it is also difficult to memorize them in this way. This is why I have decided to proceed differently in this proving and will give a synopsis after listing the symptoms.

This synopsis that can be used as a working hypothesis for the homeopathic remedy Lithium carbonicum, connects the new symptoms with the old sources (=OS) of existing provings. This will be followed by the repertory of the new symptoms and the old symptoms that correspond with this present proving.

... the collected symptoms of the new proving

The following symptoms are the notes of new symptoms from **all** provers and also the remarks of the supervisors, which observed the provers „from the outside“ and recorded their findings.

Mind

Unusual perceptions

- 1 During a walk along lake „Chiemsee“ I am sensing a freshness, coolness with an association of ice, glacier, freshness (C30,9-01)
- 2 I am increasingly fascinated by the color white. It is, as if „white“ is attractive to me. Wind and nature, mountains and sky were very pleasant. Clear perception (C30,9-01)
- 3 Morning grumpiness was gone soon after I was outdoors. The mountains and the sky were fascinating again (C30,9-02)
- 4 I am fascinated with mountains that I am looking at in photographs: landscapes, ice, glaciers = fascination, power, energy (C30,9-18)
- 5 The colors appear more radiant than usual, I feel an intensity of life, an ease and simultaneously a depth. I am touched to see that I am a little part of the world's big wheel and provided for by it (C30,19-00)
- 6 „Dopey“ feeling, like „on a trip“, feeling light. (C30,4-00)
- 7 I feel like I am having a buzz, I feel light and lively (C6,2-00)
- 8 Feeling, as if I wasn't thinking with the head, but on another level. Sensation, as if head was empty. Usually many thoughts were buzzing around at once where nothing is left now. But it is not a feeling of thinking clearer, rather of thinking nothing anymore. I don't prepare what I say in my head, but say what comes up. A scary void of thoughts combined with a dislike for mental efforts. (C6,5-xx)

¹³ Anne Schadde: Ozon

- 9 I have to descend 6 stairs. They are wet from the rain and I am briefly wondering, if I will make it down the stairs without falling. (C30,10-00)
- 10 When I wake up at night I am sensing an „eye staring at me“, a vision that comes alive all of a sudden, a face with ice-cold blue eyes is staring at me. Sensation as if my aura got holes and I am therefore more susceptible to such impressions. (C30,9-04)
- 11 Vision during the day: I had an accident, in which a car was damaged on the driver's side. (This vision kept coming back) (C30,9-15)

Laughter, Ease

- 12 Prover is more cheerful than usual, laughs a lot; she appears more energetic, balanced, carefree. She is chuckling to herself without an apparent reason. She occupies more space, for example, she crosses the room very energized and announces that everyone else should do their share of chores (C30,9-xx)
Prover still smiles a lot (C30,9-15)
- 13 Happy mood, I have to laugh all the time without apparent reason. Everything appears somehow funny (C6,2-00)
- 14 I am in a good mood, silly, take everything easy (C6, 7-00)
- 15 I feel like joking and being silly, want to be gregarious (C6, 18-02)
- 16 Oddly enough it doesn't bother me much to think of things that I have to take care of and to decide in the next days and weeks. (C6,12-04)
- 17 The „unfounded happiness“, my tendency towards laughter decreased, also the spontaneity, emotionally flat. I feel stressed and worn out. (C30, 9-13)

Being awake/Clarity/Power

- 18 With the improvement of my stomach problem, my mood got „lighter“: tranquil, contemplative; if I am challenged though by my children or husband, I can become determined. I am better at defending my personal space. (C30, 14-11)
- 19 Today she is very busy and agile, appears to be very active (C30,9-02)
Feeling of being very awake in spite of little sleep (C30,9-02)
- 20 During controversies – actually over trifles – I go for it, that means I am more aggressive and put up with less (C30,9-10)
- 21 During an argument I feel the strength that would allow me to stay with myself, to defend my point and not get invested otherwise. I realized clearly the schemes that the others employed, but didn't feel that involved. Even though I was getting angry and aggravated I was able to escape that feeling and look at the situation staying „cooler“. That is why I was able to go to sleep, not with a feeling of

anger, but with the feeling of having finished an important confrontation and of having personally grown. (C6,18-17)

Oversensitivity of the senses

- 22 Sensitive to odors: body odor of others, food odor (particularly processed meats) (C30,9-02)
- 23 I am extremely sensitive to odors, pick up on all bad odors that are around. (C6,18-28)
- 24 All day long very sensitive to odors, particularly smoke and body odors. This morning it was almost nauseating. I tried to breathe shallow (like during my pregnancies). (C30,10-07)
- 25 Sensitive towards noise and startling easily (C30,10-40)
- 26 I am very sensitive. If somebody is crying, I will cry as well; if somebody is irritated, I will be irritable and so on. If I leave that particular person, my condition disappears within a few minutes (C30,10-25)
- 27 I feel very open on the emotional plane and therefore experience my and other people's good and weak qualities very intensely. It is hard for me to express what I feel (C6,18-06)

Irritability

- 28 I feel irritated, because magazines and books lie about all over. I feel constricted because of it and carp and nag about it; > fresh air. (C30,9-03)
- 29 Quickly irritable, everything gets on my nerves faster. I criticize others easier than usual (C6,2-03)
I am irritated, everything gets on my nerves immediately. I feel as if I were cut off from myself and don't understand my own reactions. (C6,2-06)
My emotions are going crazy: I often react over-sensitively to ostensible conflicts. (C6,2-06)
- 30 Today I felt immensely irritated by neon light. It made me aggressive, I would have liked to destroy the bulbs („shoot them out“ with a pistol) or cut the electric cable. It got better when it got dark outside and artificial light was necessary. I believe the subtle flickering of the neon light got me so upset. (C30,10-18)
- 31 Prover appears to be irritated and moody, reacts quite intensely towards little things (C6,3-02)
I feel extremely impatient and irritable. My roommates say that I am hectic. (C6,3-04)
- 32 The noise level gets to me very much, it is an aggressive irritability. I am sensing myself more and give in to my impulses spontaneously. It is good to feel that I can defend my point (C6,18-22)
I am easily irritated, I feel that I am sensing the full moon (C6,18-31)

Crying

- 33 Had to cry for no reason; > wind, fresh air, sun. Prover cries as others console her, because she is overwhelmed by all of her old problems. (C30,10-25)
Bouts of tears during the day: I am so easily moved when someone is nice to me; > evening. After I cry, I feel like I am freezing, ice cold, my teeth chatter; however, > cold air (C30,10-22)
- 34 I don't want to talk, because I am worried that I will burst into tears again. (C6,18-07)
- 35 After an argument I feel, as if all my strength were gone, I feel hurt and weak. I could cry, I have tears in my eyes. Do I feel self-pity? I am definitely very self centered. I feel as if the world were too hard for me, I long for the beautiful, true and good world (C30,9-18)

Restlessness

- 36 Prover is restless, can't sit calmly on the chair at the desk for a longer period of time (C6,3-06)
- 37 I am restless, unmotivated and appear nervous, want to leave the room, want to move. (C6,2-02)
- 38 Inner restlessness at night in bed, I pick nervously at my fingers (C6,7-04)
- 39 Inner restlessness like after large amounts of strong coffee (C6,12-00)

Depression – Fear - Worries

- 40 Depressed, as if everything were meaningless. Would like to just sleep, feel rather introverted and not interested in contact. Feeling of premonition, that something could happen that I don't want, connected with fear (C30,9-06)
Worried over unfamiliar pain in abdominal region (C30,9-08)
- 41 Fear about the future (C6,7-02)
- 42 At night when going to sleep I worry about many things: children, career, money, I feel guilty. (C6,18-23)
- 43 Slightly depressed feeling, rather tired, would like to lie down (C30,10-00 + 04)

Disconnected – desire for safety

- 44 Didn't want to be touched by others (C30,10-21)
When the subway got pretty crowded, I thought, I want out. Feeling that everything is too close together; > when somebody opened a window and fresh air poured in. (C30,10-21)
- 45 I want company and at the same time to be by myself (C6,7-02)
- 46 Aversion to the company of loud and stupid people (C6,5-00)

47 Affectionate (C30,9-02)

48 I feel weak and tired and very much in need of affection (C6,2-01)

49 Calm, introverted mood, too many people make me feel uncomfortable. Longing for familiar people. (C6,18-00)

I leave my usual seat and sit somewhere else, where I am more surrounded by people, to feel more protected and secure, but at the same time making sure that I can write in my book without anybody being able to read it. (C6,18-08)

Today I feel separated from the others. I don't know what I am here for. Yet, I have a great desire for touch, physical union and melting together, for familiarity and closeness. (C6,18-27)

I feel very lonely, separated from others and not very alive. I cannot connect with people. I am separated from my feelings, respectively can't put them directly into action. (C6,18-32)

After a visit with an old friend of mine the events of that evening occupy my mind. Even though I have the feeling that I was with her, I also felt alone the whole time, she was far away from me. It was a strange feeling. I felt clearly that I was alone. Not in the sense of being lonely, but all by myself, depending only on myself, not a bridge crossing over to her. I didn't feel bad, but I was very conscious of my being alone, me as a person, me by myself. That is why I have a strong need to just be held, which makes me feel good. (C6,18-xx)

Reservedness – retreat - insecurity

50 Insecurity: „I don't know what to write“, very undecided. The insecurity disappears when I occupy myself (C30,10-00)

At school the others often laugh about me, even though I think, I am not doing anything funny. That is slightly disturbing, because they don't say, why they are laughing, only that I had clearly changed. I feel a little insecure, as if I was drunk and would realize that I behave strangely. (C30,10-07)

Very little engaged in my dreams, I don't experience remorse or emotions. That is pretty much the opposite from what I feel while awake. (C30,10-xx)

51 Prover keeps avoiding an exchange, communication. She doesn't contact me, even though we planned it that way. (C6,3-09)

52 Tendency to retreat, insecurity, sadness (C30,9-16)

53 Strong doubts, if what I am doing is right. I feel overwhelmed, don't want to do anything. (C6,7-02)

Slowness

54 Time passes too slowly, minutes feel like hours and I feel listless. (C6,2-02)

55 Time passes too slowly, I keep looking at the clock and the hand hasn't moved. (C6,18-06+07)

56 Slowness, tranquility; I slow down some and take my time while shopping. (C30,14-00)

57 Slow thinking (C6,7-00)

- 58 Prover appears slower, calmer than usual and talks less. (C30,4-00)
- 59 I speak slower and and begin words twice. (C30,14-02)
- 60 Prover thinks her comprehension is slow. (C30,10-06)

Lazyness

- 61 Feeling of inertia, laziness (C30,9-01)
- 62 Prover describes himself as less disciplined, work used to be accomplished easier. He even avoids work, which never used to happen before. (C6,5-xx)

Concentration

- 63 Prover says about studying:“in the morning dull, like in a fog – in the evening clear, good.“ (C30,10-08)
Prover feels pleasantly stimulated, can concentrate well. (C30,10-19)
Prover appears confused, absent-minded and disorganized. (C30,10-25)
- 64 I am very absent-minded at school and have to ask often in order to write things down. (C6,2-02)
I am rather distracted, misunderstand a lot acoustically. I have to put an effort into listening. (C6,2-04)
- 65 Concentration distracted, doesn't take good notes during class. Lack of concentration and lack of willingness to think logically (C30-,9-07+10)
Mentally absent, not as controlled as usual, more emotional. Forgets to tell things that she wanted to tell. (C30,9-08)
My thoughts constantly wander off, have to bring myself back, don't really know where I wandered off to. (C30,9-09)
- 66 It is very difficult to concentrate. I simply miss some things. (C6,18-14)
- 67 Thoughts wander off, not good at concentrating, can't listen (C6,7-05)
- 68 Feeling as if my head were disabled. I can't think quite right anymore. (C30,19-00)

Confusion - Mistakes

- 69 I always have to re-determine where I currently am. That is particularly bad after waking up, when my eyes aren't open yet. (C30,9-03)
- 70 Dazed: want to use shampoo instead of lotion and fill my thermos with water from the faucet instead

of tea. (C30,10-09)

I frequently misspell words at school, skip the vowel at the beginning or the middle of a word. (C30,10-20)

71 Confused, when I talk or tell something I say the wrong thing. For example I say „Ingrid“ and mean to say „Ulrike“ (C30,9-03)

My tongue slips and I say 2 o'clock but mean to say 4 o'clock; notice it only later (C30,9-02)

72 My tongue slips while speaking and reading aloud; I speak faster than usual. I feel loquacious. (C30,18-05)

73 Mistakes when writing, omit the last letters (C6,3-00)

74 Transpose words when writing (C6,2-02)

It is hard for me to concentrate on writing. In the middle of a sentence I have to pause briefly and re-read what I wrote. (C6,2-00)

75 Mistakes when writing, forget letters and have to add them afterwards. (C6,5-02)

Mistakes when speaking or writing, omit letters and words. (C6,5-05+06)

Prover had me read notes of his dreams, because he wasn't able to verbalize them well enough. (C6,5-xx)

Bad memory for names of well-known people. (C6,5-xx)

Fog

76 It is quite an effort for me to focus; everything seems to be in a fog (as if with a camera's soft focus). (C6,2-00)

77 Sensation as if the fog were lifted, even though I didn't notice a fog before. (C30,4-06)

Re-checking

78 Goes back to re-check if car lights are switched off: „Currently I have to re-check everything twice.“ (C30,9-08)

79 My daughter made me aware that I have to always reassure myself of having switched off the car lights and locked the door of the house etc. (C30,10-04)

Music

80 Aversion to music (C30,9-01)

81 Like to listen to romantic oldies and dance (C30,10-07)

82 I feel better after listening to Mozart's „Requiem“, more aware, not as undecided as before. (C6,18-01)

Completely immersed myself in a piece of music titled „Misery“. (C6,18-07)

I have the feeling that I want to listen to music (unusual for myself). Sitting in church listening to the organist rehearse. Currently music is very important to me. Occasionally I experience a great sadness about nothing in particular, which on the other hand relates to everything. That means I couldn't relate this sadness to something current but many previous occurrences in my life. All the missed opportunities to give or feel love and simply accept life without resisting it. I particularly enjoy mellow, classical music these days, especially violin music, very sentimental music. Instead of staying at school I drove to the store, went to the music department and bought Mozart's „Requiem“ and Gregorian chants accompanied by saxophone. When I walked from the school to the subway I felt completely elated. I experienced it as a physical sensation, rushing down all the way into the tips of my toes. I saw colorful flower leaves on the sidewalk, geometrical shapes of the bare branches of trees, the sun was shining, and it was warm. In the store I experienced again this sadness at times, amongst all the beautiful things that can be bought there. In the evening I listened to a clarinet concert and a horn concert, but both felt too happy, too shallow. Right now it has to be heavy and intense. I believe that the remedy opened my ears to this sort of music. Before this music wouldn't resonate with me. Now I feel that I can experience suffering through it (and therefore redemption). (C6, 18-08+xx)

Dreams

- 83 A star, that supposedly shines also during the day, an hour after sunrise (C30,9-01)
- 84 Exhausting dreams that I can't remember. I almost couldn't make it out of bed. (C6,2-01+02+03+04)
- 85 Somewhere in a different country. In the distance is the view of mountains. Have the view of a distant mountain range inside of me: mountains rather rocky with ice in between; clear, blue skies (C30,9-01)
- 86 I am in the mountains with my husband and children. We take a chairlift up to the top. It is winter, snow everywhere and cold with steel blue sky, the sun is shining. I enjoy being high up in the mountains. The ascent is rather steep and suddenly I remember, that my husband can't handle that at all and then I see that my daughter is beginning to swing. I reprimand her and am concerned about my husband. After that I can't enjoy the ride. When we arrive at the top the lift descends on the other side. We stay seated. The scenery is completely different from the higher mountain ranges; no snow, like autumn, not as cold, but also not as beautiful. (C6,18-12)
- 87 I am with my husband in the Himalayas. I am glad to be here and feel completely happy. We even find a hotel with a hot shower. It is very quiet here, very few people, since the season hasn't started yet. It is still too cold. A truck painted with Tibetan motifs drives into the mountains. I would like to continue the journey, but that will happen later. For now I am here.
Feeling: Himalayas signify clarity, to completely stand by myself, power, originality, immediate feelings. (C6,19-17)
- 88 Trekking in the high-mountain ranges with some friends. There is a difficult, steep drop-off with a thick root-system. The others meander through it, I look for another path. This path drops steeply and

straight down. I jump down and land safely in spite of the great height. Shortly after that the root-system comes down the slope. (C6,5-04)

89 Open room (that means, it is a room, but I don't see walls); a big table, people are sitting around it; I get up from the table and see my empty seat on the bench.

Feeling: I feel uncomfortable, because I attracted attention that way. (C30,9-01)

90 My girl friend and I carry large wicker trunks on our heads (one trunk on both heads). With the outside hands we hold the trunk, so it doesn't tip over.

Feeling: I think it is great that we can carry that much together; I also find the technical aspect of carrying it interesting.

91 We arrive at the house of my girl friend, different mood, children in the house. My girl friend looks different, much heavier than usual. A heavy-set strange flute instructor criticizes her posture, wasn't content with her shoulder-head posture. I was supposed to work on that area.

Comment: I call my girl friend the next day. She really had problems with her shoulder-neck area because or while playing the flute and needed a massage. Just tonight she woke up again with a stiff and painful right shoulder. (C30,9-01)

92 Rainy atmosphere, dull, not very clear. I had to walk through an underpass by myself, which was eerie, leaves and trash on the ground. It was a comforting feeling that there were two other people in the underpass. A girl was looking for a plastic bag, which was empty.

Feeling: I wasn't able to understand why the girl would hang out in this dark, unpleasant underpass for an empty plastic bag. (C30,9-01)

93 People at a large table. I drank a cup of cold cocoa. The cold was pleasant, but I experienced the sweet flavor as repulsive. It was about old and new relationships. (C30,9-07)

94 An unfamiliar woman showed me a house from the inside. It was sitting on posts. One could see beds lined up. (C30,9-02)

95 We meet in some private rooms for a workshop. I enacted a word much better than the others would have given me credit for. The apartment is temporarily rearranged and is being used by an older couple. Would they make this place available for another meeting of ours again? That is questionable, because the group, particularly me, left without cleaning the toilet. (C30,14-10)

96 I have to use the bathroom. The bathroom is a primitive wooden crate, on one side the door keeps opening up. One has to hold it shut the whole time. The bowl is very high and has a rim made of unplanned boards one is supposed to sit on. A groove runs around it that drains excrement and urine. I don't know how to do this, the seat is almost too high for me and completely rough, one door is open and on the ground is this drain. During the ordeal the sleeve of my cardigan slips down and ends up in that drain, in addition I have to hold the door shut. I am disgusted.

Feeling: Total stress, obviously everything formed a conspiracy against me. It is disgusting and additionally painful, because all these people are standing around (C6,18-13)

- 97 Peas in a thermos, handed them out on doll plates. A man kept rinsing his nose with Q-Potencies. All of this was completely disgusting. (C30,10-20)
- 98 I was very soiled with grass-like stuff that totally stuck to me, had to scrape it off with a knife. I was slightly panicky, if I can even scrape this off.
Comment: I had forgotten about the dream, and only remembered it in the shower, when I had the desire to wash myself very thoroughly. (C30,10-16)
- 99 Mood is like during a competition or its preparation time: female gymnast practiced some acrobatics. I was perplexed about the powerful and artistic gymnastics performance. It was peculiar that the gymnast was naked. (C30,9-05)
- 100 About soccer (usually I don't relate to soccer) (C6,18-02+08)
- 101 I dreamed about music. This morning I had the first beats of Mozart's „Requiem“ in my head. (C6,18-10)
- 102 Indian medicineman (I didn't see him, but knew that he was there) pressed on my back outward and downward. I saw that a rock of the size of a flat egg of gray color moved downward through a narrow passage. It was a sigh of relief after a certain point had been passed. The rock got flatter and smaller. When it passed my calf, a feeling came like: „Thank God, it got away from the endangered area“ – gratefulness.
Feeling: that was a very intense dream (C30,9-09)
- 103 I was in India at a meditation camp. People tied scarves around head and forehead to catch their sweat. I didn't do that, made no experience and had no vision. I seemed all like a show to me. (C30,10-03)
- 104 A pink colored symbol was placed in the middle of a room (geometrical shape: rhombus, or pentagon or hexagon?). Some (about 9) people were sitting in a circle (men and women alternating) around this symbol. My father and my former Tai Chi instructor were amongst them. My father was supposed to name 10 rules or properties, in any case 10 words of a certain order. Meditation atmosphere, pleasant ambience. (C30,9-07)
- 105 Sandy beach; dolphins and small whales came all the way to the beach. People went into the water, played with the animals petted them.
Feeling: It was pleasant being with the animals, they gave comfort, they had incredible spaciousness and depth. (C30,09-04)
- 106 Scenery: Bottom of the ocean (without ocean) like a coral reef, a lot of sand, dolphin that went ashore and a rhinoceros-like animal.
Feeling: I am the observer, saw the animals with great interest and was amazed about the strange scenery. (C30,9-05)
- 107 Evening atmosphere, sunset atmosphere at the ocean. Deep, dark ocean. Walked along the ocean (without big waves) over islands of grass to get closer to the ocean; looked for a place to sleep.

Snack-bar where one could choose food. I was thinking about it for so long, that the man at the cash register got impatient. A youth hostel on a hill; I really wanted a room with a view of the ocean. (C30,9-10)

108 Erotic dream with tender feelings of intimacy and understanding with someone, who in reality appears to be rather unapproachable or arrogant (C6,18-01)

109 Two men smooching

Feeling: They are melting into each other, „a semi-indecent dream“ (C30,10-01)

110 Various dreams about jealousy: to be jealous and to make my partner jealous. (C6,18-xx)

111 I get gas for a big RV that contains an „Ugly Duckling“ (nickname for a French car model). Gas spills onto the brakes. People want me to change the brake pads, but they keep going. I feel responsible and am worried that something will happen. When testing the brakes they turn out to respond abruptly I am quite confused and feel out of place (C30,10-01)

112 My mother sent me to the institution where my brother lives. I thought, I was supposed to help out, but there was no work for me there. My mother made a deal with the head of the institution about the price she had to pay for me.

Feeling: I wasn't really shocked, but rather astonished (C30,10-02)

113 Arrived late at school

Comment: I really have to pay more attention to the time available and use it better (C30,10-45)

114 Dreamed about the class mates of my oldest son. I was somewhat sad that they make the same mistakes as their fathers. Even though I had a close relationship with them, I felt on the outside. I wasn't distressed about that, but saw it as the way things go. (C30,10-18)

115 I was in an unfamiliar apartment with my family. We left the apartment. I had the key. I passed many unfamiliar residential areas, houses, streets and alleys. The houses varied a lot in character, partly modern, partly colonial. I passed a blue gleaming vault. Sometimes the streets were crowded with people, sometimes they were completely empty. After a while I realized that I was actually looking for the apartment again for which I had the key. (C30,9-05)

116 I am on my way home with my son. Along the way we entered an unfamiliar apartment. My son washed his shirt there and just as we were about to leave the door bell rang and the owner of the apartment stood outside. I opened the door and explained in a calm manner that we weren't burglars. He was a gloomy looking foreigner wearing a turban.

Feeling: I was surprised that, even though I was the stranger there, I wasn't scared (C30,4-01)

117 I walk through a big city, I have a goal and know the way, even though it isn't easy to find through narrow, windy streets with lots of traffic. Then I am in a clinic. A little girl is there all by herself without mother or relatives. Her doctor explains the treatment to me. I can't make a decision, the parents have to do that, but I think that the little girl gets sicker because she feels abandoned.

Between the doctor, me and the girl is always a tall table; I talk to the girl, want to comfort her. That makes her more alert.

Remark: I realize through this dream that, even though I have the knowledge and I am involved in something, I have no power over the decision. I have to watch idly and can at best give some advice. (C30,14-14)

118 I had an incurable disease. Under no circumstances did I want to pass slowly and painfully. A girl friend came and wanted to help me. She wanted to shoot me through the keyhole. I said: You never aim right, and walked away. (C6,12-12)

119 I am wrapped from head to toe in white bandages (like dressings) and I am being un-wrapped from head to toe. That gives me the feeling of liberation. (C6,3-11)

120 I am tied with invisible shackles, I whip my arms around and gain a little more freedom to move them; I also try to scream to wake myself up. I wake up completely beat. (C6,5-01)

121 Dream about babies in playpens or cages. I am not upset about it, but wonder, how to feed them best in there (technically). (C30,10-08)

122 I am in the military with blue uniforms and rifles. We are positioned opposite each other, it can start any moment. I don't want to, I am scared and want to change my rifle. The shooting begins; I grab another rifle that doesn't work properly. The officer, who is now irritated and upset, shows me how it works: bullets need to be stuck into colored tubes. The chaos is growing. When it finally works, the war is over. Only 5 out of 50 people survived. The dead were collected. I want to do something (sense of duty) and have to shoot at pigeons. (C6,5-01)

123 My supervisor and I got arrested, because we said the truth. She was put in a cage, where I joined her. We thought about how to escape. There was a feeling of being constantly scrutinized by a controlling power. The captivity wasn't only related to a prison, but was part of a bigger picture or a different dimension, like a whole city or another planet. (C30,4-08)

124 Big city of half-timbered buildings, I walk into a store high up (5th floor). Netting is tightened there on which one walks from level to level. Cars are driving far below. Nothing is secured, on the edge it drops steeply. I clutch at the netting and roll (like a trapeze artist) to the lower level. A man speaks to me calmingly. (C6,5-04)

125 I had to write my Italian homework but didn't know anything. The teacher was well-meaning and tried to help me a little – unfortunately without avail. I wrote weird stuff. Shortly before time is up a friend appears and dictates everything to me while shaking his head in disbelief. What a relief! (C6,12-04)

Vertigo

126 Vertigo when looking at the water that I poured into my cup (C30,10-02)

- 127 Slight vertigo with inner restlessness (C6,12-00)
Vertigo with sensation of floating; < while wearing glasses (C6,12-02)
- 128 Slight vertigo (C6,18-08)

Head

Unusual perceptions

- 129 Cold sensation on scalp, like pins and needles (C30,10-00)
- 130 Brief pulsation between eyebrows with the sensation of a contraction into one spot; < light, gleaming sunlight (C30,10-01)
Sensation of constriction in right forehead, directly above the inner edge of the eyebrow, without pain (C30,10-11)
- 131 Sensation as if connection from the nose to forehead and head were cut off; with slight pressure in forehead (C30,4-01)
Dazed sensation, like right before a vertigo (C30,4-00)
- 132 Everything is „pressing“ upward with slight headache on the left (C6,12-00)

Headache

Unusual perceptions

- 133 Sensation of vertigo turned into a headache at the location of the brain. It is as if I felt my brain in the skull. (C6,18-08)
- 134 Sensation as if from a hood that lightly covers forehead, top of skull and the area around the eyes (C30,10-00)
- 135 Constricting headache in the center of the forehead (C30,10-16)

Sensations

- 136 Sensation as if headache of a chronic catarrh or at the beginning of a cold. (C30,9-01)
Pressure starting at the eyebrow, extending to right temple; occasionally pressure on left temple (C30,9-01)
Pressure sensation on entire skull area (C30,9-01)
Pressure sensation on temples, extending to ear and frontal skull (to top of center of forehead) (C30,9-01)
Pressure in head, forehead, from temples extending to center of head under the vertex (C30,9-02)
Headache in forehead and sinuses (C30,9-03)

Headache, pressing from inside outwardly, on both sides, beginning at the forehead, along the vertex, on temples and above the ears;< fast motion of head, almost as if initiating vertigo (C30,9-03)
Pressing headache from the inside on the temples. Sometimes it seems as if I could feel the individual parts of my brain (cerebrum, cerebellum, mostly at the right side.) When I bend over for example or turn my head quickly, I experience a sensation as if the part in question (mostly right side) couldn't follow the motion, which leads to the pressure feeling (C30,9-05)

137 Pressure pain in right side of forehead area; dime sized; pressure extends from inside out; later also a pressure point above left eyebrow (C30,14-00)

138 Pressure extending from forehead to temples and upper jaw (C30,4-03)

139 Slight headache in forehead, extending to left eye (C6,3-00)

Slight headache in area of top of skull (C6,3-18)

140 Slight headache that is stuck above the eyes (C6,2-02)

141 Slight headache on a small spot in center of the right side of the forehead with slight nausea and fatigue (C30,10-08)

142 Slight headache; < when I look from a darker to a lighter area. Sometimes in connection with swimming of eyes. (C30,10-01)

143 Slight headache all day long with the desire to wipe my face with my hand or to press or rub my temples. Move my head carefully, because the pain increases with motion. (C6,18-31)

144 Stitching headache in forehead with slight vertigo; > fresh air. Pain always came on suddenly and disappeared immediately. (C30,10-20)

Headache with slight nausea when waking up. I knew that I needed cool, fresh air urgently, and yet I couldn't get up for 15 minutes; > open patio door and open window. (C30,10-21)

145 Headache in occiput and left side of skull (C6,12-02)

Eyes

146 Fatigue of eyes (C30,9-06+19)

147 Margins of eyelids slightly inflamed, particularly on the right side; slight burning of the eyes and light sensitivity; sensation as if haze before the eyes, reading is exhausting, because I can't focus well; > closing eyes (C30,10-01)

Inflamed margins of eyelids, particularly on the right side, with haze before the eyes and sensation of tension in upper eyelids while shifting the focus into the light and back out of the light. Sensation as if the upper lids were rough inside (C30,10-04)

Tearing of right eye (C30,10-13)

My eyes are completely swollen (upper and lower lids), they itch (C30,10-24)

Vision

148 Changing the focus of the eyes from the distance to close-up took too long, it was difficult (C30,10-18)

Vision is out of focus (C30,10-13+24)

149 I see letters in a distance out of focus (only far sight is affected) (C6,5-00)

150 Vision into the distance is getting worse. I can only see a blurr and get very exhausted. The eyes are in pain. (C6,18-71)

151 As if haze before the eyes (C30,4-00)

Ears

152 Sensation as if ears closed shut during headache (C30,9-01)

153 Subtle stitching in inner ear (right side) when getting up (C30,10-03)

154 Noise in ears, louder in the right ear. Sensation as if my ear were filled with a gas-like substance. Everything sounds muffled. (C30,14-00)

Nose

155 Dry mucus membranes (C30,9-01)

156 Sneezing during cold draft (C30,9-11)

Sensations

157 Pressure on nasal bone as if from a blow (C6,3-00)

158 It hurts inside the nose to inhale, sensation slightly similar to having a cold (C6,3-17)

159 Stopped up nose with a desire for cold drinks (C6,3-01)

160 Stopped up nose with the beginning of a cold and sneezing (C30,4-00)

161 Stopped up sensation in the nose; when I blow my nose there is some discharge, but afterwards I still have the sensation as if the nose were blocked. (C6,18-14)

162 Sensitive to unpleasant odors (C30,9-xx)

163 My sense of smell increased. I can smell more in spite of my cold. (C30,14-01+07)

Discharges

- 164 Profuse yellow, runny discharge with the cold (C6,3-02)
- 165 Cold with yellow crusts in discharge (C6,18-xx)
- 166 Green discharge with a little blood (C30,14-14+15)
- 167 Bad cold with clear runny discharge involving the frontal sinuses (C30,4-01)
- 168 Bloody secretion when blowing the nose, without a cold (C6,5-03)
- 169 Slight nose bleed from right nostril. Suddenly blood starts running from the nose, only briefly though and relatively little (C6,2-00)

Face

- 170 I am picking constantly at the skin of my lips, generally touching my face frequently with my hands (C6,2-04)

Appearance

- 171 My friend says that I look completely changed, that I produced something like „vigor“, something like „glory“ (C30,9-05)
- 172 Prover appears agitated, harder features (C30,10-19)
- 173 Remarkably pale with dark rings around the eyes (C6,2-00)

Skin

- 174 Itching on forehead without eruptions (C30,10-04)
- 175 Slight skin eruption with redness of cheeks (C6,3-04)
- 176 Pimple on the right side of the nose with a lot of pus (C30,10-11)
Pustule on chin (C30,10-18)

Mouth

- 177 Bad breath (C30,4-06)
- 178 Dry mucus membranes with thirst for something cold and refreshing (C30,9-01)

Gums

179 Gingivitis in area of upper jaw and roof of the mouth (C30,9-02)

180 Excoriated sensation at edges of gums of the upper jaw (C6,3-05)

Tongue

181 Whitish coat on center of tongue. Around the edge of the tongue and at the tip of the tongue are very small (almost raised) red dots or very small blisters, not painful. Tongue feels rather rough (C30,9-03)

Small red dots (blisters) also in center of tongue, more frequent towards the edges of the tongue. Tongue feels rough and rather enlarged (C30,9-05)

Slight blister formation along edges of the tongue. They feel slightly excoriated, small red dots (C30,9-04)

182 Thick coating of tongue, which is viscous and sticky (C30,10-03)

Thick coating of tongue, viscous, greenish (C30,10-07)

183 Dry, sticky mouth with slight burning at the tip of the tongue (C6,18-00)

Tingling sensation in center of anterior half of the tongue, as if numb. (C6,18-00)

Burning and tingling of tip of the tongue (like on 1st day of taking the substance) (C6,18-64)

184 Tongue feels coated, like scorched, nothing is visible (tongue burning) (C6,3-00)

185 I experience a burning sensation on my tongue (the surface of the tongue, worst in center of tongue) (C6,2-01)

Tongue has fissures, which look dark red and inflamed; it is painfully sore and feels very dry. That is why I am more thirsty than usual (C6,2-02)

Tongue has a deep fissure in the center and some small ones next to that (C6,2-04)

186 Sore spot on back of the tongue that is sensitive to sour and salty (C30,4-05)

187 Metallic taste on the tongue (C6,5-00)

Lips

188 Slight tingle of the lips (C6,3-00)

189 Lips are extremely dry, slightly cracked, < cold (C30,9-11)

Teeth

190 Dull, right sided pain in molars (C6,5-00)

191 Abrupt onset of pain of molars (C6,18-04)

- 192 Sensation as if I had a tooth ache (upper right molars) in an area, where I had two teeth extracted and I have a crown (C6,18-36)
- 193 Teeth are sensitive to vibrations produced by walking with a sensation as if they were slightly loose (C30,4-06)

Throat

Unusual perceptions

- 194 Sensation as if throat was coated, as if I were getting a cold (C6,3-00)
- 195 Sensation of tightness and pulsation in throat (area of thyroid) (C6,12-00)
- 196 Lump in throat when waking up in the morning, which couldn't be swallowed. Swollen sensation in larynx, but it doesn't hurt. It is just an unpleasant sensation as if a lump of mucus were located in there that can't be swallowed. I drink hot tea, which doesn't feel good. The lump sensation increases when talking loudly (C6,18-14)
Great accumulation of mucus in throat, peculiar pressing sensation. The mucus is viscous and can't be swallowed nor hawked up. I feel like I have to swallow it but I can't. It is so disgusting that I almost choke a few times (C6,18-29)
- 197 Clearing the throat, producing lots of mucous (C6,12-02)

Sore Throat

- 198 Sore Throat without difficulty swallowing (C6,3-03)
- 199 In the morning when waking up slightly sore throat on the left side (C30,4-00)
Sore throat moves from left to right (C30,4-00)
Swallowing is painful on the right side (C30,4-06)
- 200 Slight scratching in throat; >drinking (C30,9-06)
Scratching in throat, no difficulty swallowing but sensation of extreme dryness (C30,9-19)
- 201 Sore throat with slight swelling of throat (more on right side), > warm drinks (C30,9-20)

Exterior throat

- 202 Sensation of pressure on larynx (C6,3-00)
- 203 Sensation of pressure on throat (C6,12-00)

204 Small eruptions on throat (C30,10-04)

205 Lymph nodes on right side of throat are sensitive to pressure, painful, but not tangibly swollen (C6,18-14)

Stomach

206 Hungry inspite of having had breakfast (C30,9-01)

207 I eat greedily (C30,14-08)

208 Very thirsty (C30,9-xx)

209 Food sits like lead in stomach (C6,7-05)

Eructation

210 Tingling sensation in stomach (empty) with a tendency to eructate (C30,9-01)

Eructations with the sensation as if I had eaten something menthol, peppermint or eucalyptus-like (C30,9-01+9-10)

Stomach-ache

211 Burning stomach-ache;> warmth, bending double (C6,7-00)

212 Stomach-ache; < cold drinks (C30,14-08)

213 Dull pressure pain in stomach, comes and goes, sometimes more sometimes less intense (C30,9-16)

Nausea

214 Nausea from other people's foul body odors (C30,9-02)

Nausea (coming from the stomach) from strange food odors (sausages) (C30,9-02)

215 I woke up nauseated, as if I had to vomit. Since I stood barefoot on the cold tiles of the bathroom and the air was cold as well, the nausea disappeared quickly. I also wanted to empty bowels and bladder as quickly as possible to avoid an accident (C30,10-05)

Nauseated by other people's body odor and smoke; > breathing shallow (like in former times when pregnant) (C30,10-07)

216 Slight nausea with mild burning in solar plexus, because I had eaten too much chocolate; > eating, but soon after eating <. (C30,14-06)

217 Pressure in stomach with nausea, > drinking; faint sensation in stomach with cramp-like pain and nausea with watery diarrhea (C30,9-03)

Abdomen

- 218 Intense pain under right costal arch after eating two bars of chocolate; < exhaling and bending forward (while sitting), extends into right shoulder; > stretching and bending backwards (C30,10-06)
- 219 Twinge in left upper abdomen (pancreas?) (C30,14-06)
- 220 Intense, bearing down pains in abdomen and hip like strong labor pains (C30,14-10)
- 221 Drawing pain in right groin (deep), extends to right ovary; > flexing right leg; > pressure and rubbing (C30,9-07)
Drawing pain in groin and hip joint, extends into leg; < standing over a long period of time; > sitting; > pulling up the right leg (C30,9-08 + 9-09)
- 222 The elastic band of my leggings puts unbearable pressure on my waist and wakes me up from my nap. Also the waistband of my underwear felt unbearable. After getting up it took me 10 minutes to realize that I am not that big and both bands fit rather loosely. (C30,10-16)
- 223 My abdomen is bloated; I feel terribly shapeless (as if I were pregnant) (C6,2-04+05)

Rectum

- 224 Constipation (C30,9-09)
- 225 Hemorrhoids (C30,9-xx)
- 226 Diarrhea with abdominal pain (C6,3-06)
- 227 Intense diarrhea 10 minutes after I ate 2 bars of chocolate: runny with undigested food; sudden onset, I had to run to the bathroom (C30,10-07)
Diarrhea after two small pieces of chocolate (C30,10-15)
- 228 Pasty stool similar to diarrhea after having coffee (C30,9-03)

Stool

- 229 Stool sticky and viscous (C30,10-03)
- 230 Stool yellow and like diarrhea (C30,10-19)
- 231 Stool soft and pasty, frequent urge (C6,18-02)
- 232 Stool dry, frequent bowel movements, knotty (C30,9-02)

Bladder

233 Pain in one spot of the bladder with simultaneous pain on tip of big toe; > pressure and motion (C30,9-12)

Kidneys

234 Stabbing pain in area of kidneys (C30,10-06)

Urine

235 Urine has a strong odor (C30,10-03)

236 Frequent urination with the flu (C6,3-01)

Female genitalia/sex

237 Dull, sore sensation and drawing pain in entire lower abdomen (C30,9-02)

Drawing pain in area of ovaries, extending to groin and hip joint. Pain comes and goes (C30,9-08)

238 Moderate twinges in lower abdomen, area of ovaries (C30,10-01)

239 Sudden pain in uterus, I startled and had to bend double. (C30,10-19)

240 Soreness of vagina, as if irritated by caustic urine (C30,9-15)

241 Itching of vagina, as if from fungus (C30,10-10)

Penetrating itching of vagina (exterior and interior) (C30,10-18)

242 Slight discharge, milky white (C30,10-11)

243 Itching and mild burning of clitoris (C6,18-13)

244 Aversion to coition (C6,2-04)

Male genitalia/sex

245 Itching of glans penis after coitus (C6,5-11)

Speech and Voice

246 Hoarseness (C30,4-04)

247 Hoarse voice (C30,14-02)

248 While speaking I am under the impression that I stutter and have a lisp (C30,14-02+05)

Cough

Paroxysmal

249 Short, intense paroxysmal cough (C6,3-09)

Coughing fit with expectoration (C6,3-03)

250 Cough from irritation in trachea, sudden and unexpected (C30,10-21)

251 Sudden coughing fit with pain in lung hilum; dry cough (C6,18-36)

252 Coughing fit caused by bending forward (C30,4-06)

Dry cough

253 Slight, dry cough caused by irritation in larynx (C30,9-03)

Dry cough, from irritation in larynx (C30,9-19+20)

254 Dry cough, paroxysmal (C6,3-15)

Expectoration

255 Clots of green expectoration (C30,4-02)

Chest

Chest general

256 Heat in chest, wave-like (C30,10-00)

257 Sensation of heaviness on chest (C30,10-00)

258 Sensitivity to pressure on lowest rib starting at sternum (C30,10-25)

259 Sensation of constriction under sternum extending into right arm. (C30,9-18)

Mammae

260 Drawing, almost stitching in right mamma, extending from deep into nipple. Pain intermittent, sometimes also in left mamma (C30,9-05+08)

261 Dull stitching in right mamma (C30,10-14)

Right mamma externally very sensitive to pressure (C30,10-17)

262 Left mamma painful, without being touched, shortly before menses. (C30,14-10)

Heart

263 Anxiety around area of heart (C30,14-02)

Constriction and pressure around heart; < at night before falling asleep and with exertion (C30,14-05)

264 Brief stitching in area of the heart (C6,02-02)

265 Palpitation of the heart with restlessness (C30,19-00)

Back

266 Slight sensation of coldness on back (C30,10-17)

267 Painful stiffness in dorsal area (lower thoracic/upper lumbar spine) (C30,4-02)

Back pain

268 Dull, hollow pain between shoulder blades (C30,9-16)

269 Tension pain in entire shoulder area (C6,3-06)

270 Pain in the neck on left side, from getting chilled after sweating in a draft; < extending the neck backwards; < turning the head to the right; > flexing the head forward; > Heat, sauna: < in the morning; < at the beginning of a motion (C6,5-02)

271 Pain in backside of pelvis when waking up; > after getting up (C30,10-05+07)

272 Pain in sacrum area, cannot bend forward, can only put socks on while sitting; > warmth (C6,12-08)

Extremities

273 Muscle tension in left shoulder (C30,10-16)

274 Warm sweat on palms of hands (C6,18-00)

275 Tearing off skin from cuticle of thumb; < right thumb (C30,10-15)

Inflammation of cuticle around several fingers, even though I neither had a wound nor handled toxic substances (C30,10-38)

Unusual perceptions

276 Sensation as if a weight was attached to the right shoulder (C30,10-08)

277 Pain in one spot on tip of left big toe with simultaneous pain in the bladder (C30,9-12)

Restlessness

278 Restlessness of legs while sitting, I have to move them over and over again (C6,3-02+13+15)

279 Nervous feet, I can barely keep them calm (C6,2-00)

Legs are almost always in motion, if I don't control them (C6,2-04)

Weakness/paralysis/numbness

280 My arms feel weak, as if I couldn't work with them or use them anymore, particularly the back side of the upper arms (triceps-area) (C30,9-01)

Paralyzed sensation and weakness in the arms: from the shoulders to the fingertips, on the outside (extensor muscles). Sensation as if muscles would fall asleep any moment; there is a tendency towards numbness. In reality strength and mobility are fully available; I have to move my fingers constantly to check for their mobility (C30,9-02)

Paralyzed sensation in arms (extensor side of arms); < mornings (C30,0-xx)

281 Numb sensation of right arm with tingling in the entire hand; pain in forearm and elbow feels as if dislocated (C6,3-06)

282 Paralyzed sensation of right arm with slight exertion (C30,10-18)

283 Numb sensation of right hand (C30,10-12+14)

Numb sensation of fingertips of left hand (C30,10-22)

284 Right hand ice-cold (C30,10-17)

285 Trembling of hands (C6,2-00)

286 Paralyzed sensation and weakness of legs, (extensor muscles) from front of thigh to instep. (C30,9-02)

Skin/Skin Eruptions

287 Small red pimple in bend of right elbow itches intensely; < scratching; swelling and redness gradually disappears into surrounding skin without distinct delimitation; ca. 1 inch diameter (C30,10-15)

288 Itching of both outer wrists (C30,10-03)

Itching of left palm near wrist (without visible change of skin) (C30,10-26)

289 Red hands, particularly palms of hands (C30,14-00)

290 Burning of skin on back of hand, particularly on the right; the skin is slightly chapped (C30,14-03)

- 291 Small, red pimples on the inside of the thighs; < left side, and in right bend of the knee; they don't itch (C30,10-02+05+15)
 Eruptions on inside of thighs; extend to glutei; without itching (C30,10-03)
 Itching on both thighs (C30,10-13)
 Eruptions on thighs come off in tiny scales; itches slightly when touched (C30,10-29)
 New skin grew beneath the eruptions on the inside of my thighs, which feels more delicate, and still some tiny slightly red pimples. (C30,10-31)
- 292 Eruptions with some raised spots in the bend of the knees and on the inside of the thighs; itching and burning. Sensation on the thighs as if pricked by thousands of tiny needles; < in the cold; itching from warmth; sometimes the back side of the thighs is affected as well (C6,18-58)
- 293 Skin of shins itches; almost scratched myself bloody (without eruptions) (C2,12-01)
- 294 The painful fissures between the toes of both feet healed (improved symptom) (C6,3-02)
- 295 Itching of the sole of the right foot (without visible eruption). (C30,10-25+30)
- 296 Itching on both feet above ankle bones, below calves and shins, like a ring around the leg and fiery red itchy lumps like a 1 inch wide band; < scratching (C6,18-20)

Coldness

- 297 Coldness of feet (C6,05-01)
- 298 Coldness of toes on right foot. (C30,10-23)
- 299 Ice-cold feet (C6,18-xx)
- 300 Cold hands, particularly on the left (C6,12-00)
 Chilly sensation with a tendency to having cold hands (C6,12-02)

Extremities - Pain

Elbows

- 301 Pain in elbows after I braced myself rather briefly (C6,2-xx)
- 302 Dull pain in elbow extending along a nerve when I press thumb and middle or ring finger together; < when lifting or setting down an object (C30,10-19)
- 303 Rheumatic drawing in right elbow (C30,14-08)
- 304 Drawing pain in left elbow with heaviness in left arm (C6,12-01)

Shoulder joint

305 Pointy, sharp thrust in right shoulder joint, sudden and brief (C30,10-24)

Fingers

306 Rheumatic pain in base joint of left thumb, extending along radial side of wrist up to the middle of the forearm; feels like I have to move the joint, which affords no relief (C30,9-04)

307 Pain in basal joint of right pinky finger while in a resting position (C6,2-xx)

Legs

308 Drawing pain along back side of thigh and glutei; sensation of sore muscles, even though I didn't participate in any kind of sport; restlessness, I want to move; > motion (C6,7-00)

Drawing pain as if sore muscles in lower legs and thighs. Desire to constantly tighten the muscles in these areas to get rid of discomfort (C6,7-01)

309 Sciatic pain on left side, in glutei; extending into thighs with a numb sensation, diminished mobility (C6,5-01)

310 Sciatic nerve pinched in the area of the fold below the glutei (C30,14-13)

311 Bone pain in lower leg when weather is very cold and dry (C30,9-02+17)

Knee

312 Knees hurt when walking up stairs, bending down and kneeling (C6,3-06)

313 Pain in the knees including the insertion of the common tendon of the biceps femoris at the head of the fibula (C30,14-10)

314 Pain in the knees when dancing and when I bend down; knees can barely take any strain; pains are stitching from the outside to the inside; < bending of knees; < right side (C30,10-07)

315 Pain in tendons and ligaments of knees from prolonged sitting. I don't know how to position them to alleviate the pain (C6,2-00)

Feet

316 Slight drawing pain in the area of the metatarsals while walking: < motion

Sensation as if I had strained or sprained the foot, slight swelling, size of a quarter, somewhat indurated, movable; < pressure (C30,10-05)

With every step my foot is in pain (C30,10-06)

317 Sudden pain in joint of left big toe while walking (C6,18-00)

Sleep

- 318 Waking up with fear. (C30,9-02)
- 319 Woke up abruptly and couldn't go back to sleep from inner restlessness as if I had had coffee too late (C30,9-03)
Woke up at 2:30 AM, couldn't go back to sleep. Sensation as if mentally wound up (C30,9-08)
- 320 Woke up at 3:18 AM, couldn't go back to sleep for a long time (C30,10-03)
- 321 Woke up at 5:00 AM, very restless, fell asleep nevertheless (C6,03-01)
- 322 Great desire to sleep (C6,18-02)

Chill

- 323 Slight chills with goose bumps and shivering in spite of 3 sweaters and a woolen blanket and a very warm room – with desire for cold drinks (C6,3-01)

Perspiration

- 324 Perspiration with odor as if sick (C30,9-20)
- 325 Strong perspiration in area of chest, abdomen and in armpits (C6,18-00)

Skin

- 326 Itching all over body, only where dressed, without any alteration of skin (C30,10-32)

Generals**Pain**

- 327 Pain in one spot, slight twinge, lasts briefly, in various body parts (C30,9-00)
Pains come and go (C30,9-04)
- 328 Pain in one spot (C30,10-08)

Warm/Cold

- 329 Sensation of internal heat and an outer layer with shudders of cold (C30,9-01)
I feel rather warm (internally), only my feet are cold (C30,9-08)
- 330 I feel much warmer than usual (C30,10-06)
Hot cheeks and ears; the rest of the body feels cool with cold shivers down the back (C30,10-26)

- 331 Sensation of internal heat without fever (C30,4- 02)
- 332 Hot sensation without fever (C30,14-10)
- 333 Sensitive to cold (C30,4-01)
- 334 Sensation of being cold internally, even though covered (C30,9-19)
- 335 I feel cold in well-heated rooms (C6,18-14)

Sensation of Heaviness/Tiredness

- 336 Dull, beat sensation, weakness (C6,7-00)
 Beat sensation, as if having worked hard physically the day before (C30,7-01)
 My head feels heavy and dull during the flamenco-class. (C30,7-01)
 Exhaustion, can barely keep my eyes open (C6,7-05)
- 337 Tired with heaviness of limbs (C30,4-00)
 Tasks exhaust me easily (C30,4-01)
- 338 Exhaustion with headache, can't fully participate in conversation (C30,9-04)

Fresh air

- 339 Desire to be and to move around in fresh air (C30,9-04)
 Fresh air, cold, ice feel good (C30,9-02)
- 340 Desire for fresh air (C30,10-xx)
 The thought of having class in a closed classroom was unbearable to me (C30,10-21)

Modalities

- 341 Symptoms appear mainly in the morning, I feel better in the evening (C30,10-02)
- 342 Wavelike development of symptoms (C30,10-xx)
- 343 > evening (C30,9-xx)
- 344 > evening (C30,10-xx)

Food and Drinks

- 345 < chocolate (C30,10-xx)
- 346 Appetite and thirst for something fresh, juicy, cold and sour, could have even eaten ice cream
 (because of the „cold“) (C30,9-01)
 Desire for salad, something fresh, crisp, sour (C30,9-02)

- 347 Desire for cold drinks (C6,3-01)
- 348 Very thirsty, I am drinking mainly tea (C6,18-01)
- 349 Desire for alcohol, coffee, black tea or other drugs (or something stimulating/exciting) (C6,18-24)
- 350 Desire for coffee, coffee < (C30,9-03)
- 351 Aversion to beer (C6,5-00)
- 352 Desire for raw onions (C30,10-06)
- 353 Immense desire for a roll with liver-sausage (I am vegetarian and have not eaten meat for 10 years). I enjoyed it very much and it agreed with me. (C30,10-09)
- 354 Increased appetite for sweets. (C6,2-03)

Injuries

- 355 Frequent injuries, cut my finger, lacerated my hand, hit my head, bruises on upper arm, of which I don't know the cause (C30,10-xx)

Pulse

- 356 Pulse rapid (without physical exertion) (C30,9-20)

Relations

The thought „Anhalonium“ keeps entering my mind, because the state I am in seems familiar, even though it is so unique. Many years ago I took mescaline (C30,19-00)

SUMMARY

...the themes of the proving

According to § 111 of the Organon the homeopathic proving tries to discover what kind of reliable disease symptoms “each substance according to its peculiarity” is able to engender. Which are the “special, uncommon, odd, and distinguishing (characteristic) signs” of this present homeopathic proving according to § 154 of the Organon?

The following summary is a working hypothesis, which tries to put the themes of this new proving into a context and – if possible – to compare them with the symptoms of older sources (marked OS, see literature index) taken from the repertory. In context with some symptoms we refer to the pharmacology and toxicology (see relevant chapter). The exponential numbers show the number of the symptom in the

present proving.

Mind

As part of the unusual perceptions nature², freshness, coolness, ice¹, mountains, sky^{3,4} stand out, which also appeared in some dreams: mountains, ice, snow, clear blue sky, Himalaya⁸⁵⁻⁸⁸ and cold⁹³; „I am increasingly fascinated by the color white.“², „colors appear more radiant“⁵, „Dream: star that shines...“⁸³

Provers are in a „cheerful“^{12,13} mood (provers are „silly“^{14,15}) and yet centered „I feel the strength that would allow me to stay with myself“²¹, „defending my personal space“¹⁸.

Symptoms like „I feel like I am having a buzz“⁷, „like on a trip“⁶ indicate a component that expresses itself on a mental level with „live visions“^{10,11}. (see also pharmacology: increased memory for visual impulses)

Hypersensitive reaction to „odors“²²⁻²⁴, „sounds“^{25,32} and great sensitivity on the „emotional level“^{26,27}, which led to „irritability, everything gets on my nerves“²⁸⁻³² combined with emotional reactions „crying for no reason, bouts of tears“³³⁻³⁵ (OS: Mind, Crying – Despair).

„Restlessness“³⁶⁻³⁹ externally and internally, but also „laziness“^{61,62} and control issues^{78,79}.

The sensation of being „in a fog“^{76,77} reappears as part of the vision „sensation as if haze before the eyes“^{147,151}.

Depressions with „premonitions“⁴⁰, „fear about the future“^{41,42} (OS: Mind; Despair – sadness, low spirits, depression)

Behavior is ambivalent, alternating between „need for affection“^{45,47,48,49} (OS: Community, Company, Sociability; want of) and the feeling that „everything/everyone is too close together“^{44,45,46}, between „loneliness“⁴⁹ (OS: Mind; Weeping; Loneliness, about his) and aversion to closeness. „Insecurity“⁵⁰, „shyness“^{50,53}, „reservation“⁴⁹ express the „retreat“⁵⁰⁻⁵². (OS: Mind; despair – Helplessness; feeling of – Forsaken feeling; sighing with)

Mental symptoms as „time passes too slowly“⁵⁴⁻⁵⁶ and general „slowness“⁵⁶⁻⁶⁰ are combined with lack of concentration^{63-68,74} and confusion „I always have to re-determine where I am“⁶⁹, „dazed“⁷⁰, „mistakes when writing or speaking“⁷¹⁻⁷⁵. (OS: Mind; confusion, mental – Memory; weakness (loss of) (Pharmacology: Prolonged reaction time, loss of memory)

An interesting feature of this proving, which has not appeared this way in any other proving conducted by myself, was the „music“ theme⁸⁰⁻⁸².

Dreams:

„Dull uneasy mood“⁹²
„Dirty bathrooms“^{95,96}

„Disgust“^{96,97}
 „Ocean“^{105,106,107}
 „Erotic“^{108,109} (OS: Mind; dreams; erotic)
 Insights about relations^{112,113,114}
 „Unfamiliar apartments“^{115,116}
 „Being tied up“^{119,120} „Cages“^{121,123}

Vertigo

slight vertigo¹²⁶⁻¹²⁸ also combined with headache¹³⁶

Head - Headache

Unusual sensations:

„Constriction in forehead“^{130,135} (OS: Head; constriction, tension)
 „as if cut off“¹³¹ „pressure sensation in area of forehead, temples and vertex“¹³⁶⁻¹³⁸ (OS: Head; constriction, tension; Temples – Headache; lift, as if vertex was going to)
 „On one small spot“¹⁴¹ (OS: Headache; general; spot; pain on one small)
 Location: Eyes^{139,140}, temples^{136pp}, forehead^{136pp}, occiput¹⁴⁵ (OS: headache; general; location; occiput – vertex, temples, forehead)
 Modalities: „Desire to rub or press“¹⁴³, „>fresh air“¹⁴⁴, „<motion of head“¹⁴³ (OS: headache; general; walking; open air, in; ameliorates – motion; aggravates)

Eyes - Vision

„Eyes pain from exhaustion“¹⁵⁰ (OS: Vision; exhaustion; eyes, of, aggravate)
 „Vision out of focus“; „haze before eyes“¹⁴⁸⁻¹⁵¹ (OS: Vision; foggy vision – blurry vision)

Ears

„Sensation as if ears closed shut“¹⁵², „Noise in ears, as if ear was filled with a gas-like substance.“^{156 154}

Nose

„It hurts inside the nose to inhale“¹⁵⁸ (OS: Nose: air; sensitive to inhaled air)
 „Sense of smell increased“^{162,163,215}, also in mind: „very sensitive to odors“²²⁻²⁴
 „Stopped up“¹⁵⁹⁻¹⁶¹ (OS: Nose; stopped up nose)
 Copious discharge: yellow, bloody¹⁶⁴⁻¹⁶⁹ (OS: Nose; catarrh; discharge)

Face

„Skin eruptions on cheeks, nose“, „pimples“¹⁷⁴⁻¹⁷⁶ (OS: various skin eruptions) (pharmacology: psoriasis type eruptions, pimple formation)

Mouth

Many mucous membrane and tongue symptoms: „whitish coating“ „blister formation“ „dry-sticky mouth“ „burning of tongue“ „soreness“^{178pp}

Teeth

Various toothaches^{190pp}; „Teeth are sensitive to vibrations produced by walking with a sensation as if they were slightly loose“¹⁹³ (OS: Teeth; loosening of teeth; sensation as if teeth were loose)

Throat – interior and exterior

„Sensation of tightness and pulsation in area of thyroid“ „pressure sensation on throat“^{195,203}, „lump in throat“¹⁹⁶ (pharmacology: thyroid dysfunction)

„Clearing the throat, producing lots of mucus“¹⁹⁷ (OS: Throat; mucous; lumps)

Various throat pains^{198pp} (OS: likewise)

„Lymph nodes in throat sensitive to pressure“²⁰⁵ (OS: Exterior throat; swelling; cervical lymph nodes)

Stomach

Great appetite^{206,207} (OS: Stomach; appetite, enormous)

„Nausea from body odors of others“, „nausea from chocolate“, „pressure in stomach“^{214pp} (OS: stomach; nausea – pain; pressure)

„Eructations“²¹⁰ (OS: Stomach; eructations)

Abdomen - Rectum

The most interesting symptom repetition of an older proving in this present proving is: „Intense pain after eating two bars of chocolate“²¹⁸ and „Intense diarrhea 10 minutes after I ate 2 bars of chocolate“²²⁷; „<chocolate“³⁴⁵ (OS: Rectum: diarrhea, food, chocolate aggravates)

„Pressure of elastic waste band was unbearable“²²² (OS: Stomach: clothing disturbs)

Pain in hypogastrium²¹⁹ (OS: likewise)

Stool yellow/soft/diarrhea-like²²⁹⁻²³² (OS: likewise; pharmacology: soft stool)

Bladder

An unusual symptom: „Pain in one spot of the bladder with simultaneous pain on tip of big toe“²³³

Complaints in area of the kidneys²³⁴ (OS: Kidneys; pain – inflammation)

„frequent urination with the flu“ (pharmacology: impact on water elimination; OS: Bladder, urination, frequent)

Female genitalia/sex

More symptoms of men were found in the old provings, because more men were provers. In this present new proving we found more female symptoms, because more females participated as provers.

„Soreness of vagina as if irritated by caustic urine“²⁴⁰, „Itching of vagina“²⁴¹, „Itching and burning of clitoris“²⁴³ (OS: Kent lists: Urethra: voluptuous sensation)

Speech and Voice

„Hoarseness“^{246,247}

Cough

„Dry cough from irritation in larynx“, „paroxysmal“^{249pp} (OS: Cough; dry; irritation in larynx – intense)

Chest

„Heat sensation“²⁵⁶ (OS: Chest; heat)

„Sensation of constriction“²⁵⁹ (OS: Chest; constriction)

Ailments of mammae^{260,262} (OS: Chest, pain, general; mammae...)

„Anxiety in heart“, „constriction of heart“, „stitches in heart“, „palpitations“²⁶³⁻²⁶⁵ (OP: many heart symptoms: angina pectoris; cardiac stenosis – constriction; heart – endocarditis – trembling; heart – valvular disease of the heart – palpitations – hypertrophy; heart)

Back

Ailments of the neck, pain in shoulder blades, dorsal area, pelvis area^{266pp} (OS: Back; pain: thoracic area; shoulder blades... - lumbar area)

Extremities

An unusual symptom: „Sensation as if a weight was attached to the right shoulder“²⁷⁶

„Restlessness of legs and feet“^{278,279}

Sensation of „weakness“ and „paralysis“^{280pp} (OS: Extremitis; sensation of paralysis – weakness)

„Trembling of hands“²⁸⁵ (pharmacology: strain on nervous system)

„Sweat on palms of hands“²⁷⁴ (OS: Extremities; sweat; hand)

Various types of skin eruptions with itching are also listed in the OS.

Coldness of feet listed in OS as well.

Extremities - Pain

Pain in elbows, shoulder joint, fingers, legs... often rheumatic pains^{301pp} (OP: Here also multiple pains of extremities, rheumatic, arthritic, gouty in nature)

Sensation of muscle soreness^{308,336,337} (OS: Boericke: „entire body is in pain“)

Sleep

„Great desire to sleep“³²² (OS: Sleep: sleepiness)

Waking up with the feeling as if „mentally wound up“³¹⁹

Chill/perspiration

Sensation of coldness³²³ (OS: Chill; coldness in general)

„Strong perspiration“³²⁵ (OS: Perspiration; copious)

General

„Pain in one small spot“^{327,328} (OS: Generals; pain; spots, in small)

Sensitivity to cold, but also sensations of heat^{329pp}; desire for fresh air^{339,340}

Fatigue^{336pp} (OS: Generals; weakness, lassitude, prostration, debility)

Frequent injuries³⁵⁵ (OS: Generals; injuries...)

Food and drinks: „increased desire for something refreshing, cold, juicy and for coffee, black tea and other stimulants, and of course < chocolate“^{345pp}

REPERTORY

The repertory is of great help in daily practice. It is a tool and hence, results depend on who uses it. The remedies found by repertorizing rubrics are hints and can help in choosing the right remedy. However, a repertorization can only show the adequate remedy if those symptoms were chosen that express the disease of the patient. As Hahnemann says in § 3 of the Organon, it is important to first discover „what is to be cured in each single case of disease“ and after that to study, whether or not a remedy found through repertorization is the right one for the patient. This is why it is significant to have the totality of proving symptoms available to be studied.

This new proving produced new symptoms as additions to the symptoms of Lithium carbonicum already existing in the repertory, which were taken from older provings (see literature index). The old sources were either small provings or collections of symptoms by various authors.

Since this Lithium carbonicum proving is a new proving of an already existing remedy it was naturally important to us to find out which of the new symptoms are congruent with the old symptoms that already exist in the repertory.

For this reason we created a division: after listing the new symptoms we list those symptoms that confirm the congruency of proving symptoms from previous centuries with today's.

The numbers in brackets following the symptom show the number of remedies found in the corresponding rubric.

New Symptoms of the present proving

Mind

ABSENT-MINDEDNESS (K1, SI-1, G1)

ACTIVITY; desire for (SRI-10) (34)

AILMENTS from; anticipation, foreboding, presentiment (K4, SRI-15, SRI-53, G3) (108)

ANXIETY; future, about (K7, SRI-78, G6) (133)

CARESS, CARESSED; propensity for being (SI-124)

COLORS; brighter, seem

COLORS; fascinated by white

COMPANY; aversion to, agg. (K12, SI-144, G10)

COMPULSIVE disorders

CONCENTRATION; difficult (K13, SI-155, G11)

CONCENTRATION; difficult (K13, SI-155, G11); fixing attention impossible

CONCENTRATION; difficult (K13, SI-155, G11); studying, reading, while (K13, SI-158, G11)

CONFIDENCE; want of self (K13, SI-159, G11)

CONFUSION of mind (K13, SI-160, G11); morning (K13, SI-161, G11)

CONFUSION of mind (K13, SI-160, G11); morning (K13, SI-161, G11); waking, on (K14, SI-162, G11)

DELUSIONS, imaginations (K20, SI-229, G17); accidents (SI-232)
 DELUSIONS, imaginations faces, sees staring face with icy-cold blue eyes
 DELUSIONS, imaginations separated; world, from the, that he is (K31, SI-346, G25)
 DELUSIONS, imaginations; faces, sees (K25, SRI-280, G20) (56)
 DELUSIONS, imaginations; faces, sees; waking, on (1)
 DISCIPLINE; want of
 DREAMS; cage
 DREAMS; emotions; suppressing
 DREAMS; excrements (SIII-294, G1023)
 DREAMS; mountains
 DREAMS; sky, blue and clear
 DREAMS; wrapped up
 FEAR (K42, SI-473, G33); narrow place, in, claustrophobia (K46, SI-513, G37)
 IMPATIENCE (K53, SI-600, G42)
 INTEGRITY, sensation of
 IRRITABILITY (K57, SI-653, G46)
 IRRITABILITY (K57, SI-653, G46)leicht/easily (SI-664)
 LAUGHING; tendency (K61, SI-694, G49)
 LAUGHING; tendency (K61, SI-694, G49); ludicrous, everything seems (K62, SI-702, G49)
 LIGHTNESS, feeling of
 LIGHTNESS, feeling of; depth, and at the same time of
 MIRTH, hilarity, liveliness (K65, G52)
 MISTAKES, makes (SI-745)
 MISTAKES, makes (SI-745); talking (K66, SI-746, G53)
 MISTAKES, makes (SI-745); talking (K66, SI-746, G53); mispronounces; words (K67, SI-747, G53)
 MISTAKES, makes (SI-745); talking (K66, SI-746, G53); omitting words (SI-748, G53)
 MISTAKES, makes (SI-745); writing, in (K67, SI-750, G53)
 MISTAKES, makes (SI-745); writing, in (K67, SI-750, G53); omitting; letters (K67, SI-751, G53)
 MISTAKES, makes (SI-745); writing, in (K67, SI-750, G53); omitting; letters (K67, SI-751, G53); final letter
 MISTAKES, makes (SI-745); writing, in (K67, SI-750, G53); omitting; words (K67, SI-752, G53)
 QUARRELSOMENESS, scolding (K70, SI-806, G56)
 QUARRELSOMENESS, scolding (K70, SI-806, G56); pugnacious (SI-810)
 RESTLESSNESS, nervousness; tendency (K72, SI-835, G57)
 RESTLESSNESS, nervousness; tendency (K72, SI-835, G57); internal (K74, SI-851, G59)
 RESTLESSNESS, nervousness; tendency (K72, SI-835, G57); internal (K74, SI-851, G59)evening, in bed (K74, SI-851, G59)
 SADNESS, despondency, depression, melancholy (K75, SI-864, G60); music, from (K77, SI-885, G62); sad amel. (K77, SI-885, G62)
 SENSITIVE, oversensitive (K78, SI-897, G62)
 SENSITIVE, oversensitive (K78, SI-897, G62); external impressions, to all (K78, SI-900, G63)
 SENSITIVE, oversensitive (K78, SI-897, G62); noise, to (K79, SI-648, SI-901, G63)
 SENSITIVE, oversensitive (K78, SI-897, G62); odors, to (SI-905)
 SLOWNESS (K81, SI-930, G65)
 SMILING (SI-931)
 SPOKEN to; averse to being (K82, SRI-948, G66) (73)
 SPOKEN to; averse to being; alone, wants to be let (K82, SRI-949, G66) (15)
 STARING, thoughtless (SI-950)

STARTING, startled; noise, from (K83, SRI- 956, G66) (78)
 THOUGHTS; clearness of
 THOUGHTS; tiefgründige/profound (K88, SI-1009, G70)
 THOUGHTS; vacancy of (SI-1016)
 THOUGHTS; wandering (K88, SI-1019, G71)
 THOUGHTS; zerstreut/distracted
 TIME; passes too slowly, appears longer (K88, SI-1022, G71)
 TIMIDITY (K88, SI-1023, G71); bashful (K89, SI-1026, G71)
 TOUCHED; aversion of being (K89, SRI-1028, G71) (58)
 TRANQUILLITY, serenity, calmness (K89, SI-1029, G71)
 TRANQUILLITY, serenity, calmness (K89, SI-1029, G71); thoughts of business, from
 WEEPING, tearful mood; general; causeless (K93, SRI-1074, G75) (47)

VERTIGO

FLOATING, as if (K99, G82)
 HEADACHE; during (K99, G82, G125)

HEAD

COLDNESS, chilliness (K108, G90)
 CONSTRICTION (K111, G93); Forehead (K113, G94)
 CONSTRICTION (K111, G93); Forehead (K113, G94); eyes, over the (K113, G94); right (G94)
 PULSATING, beating, throbbing (K223, G186); Licht, durch/light, from
 PULSATING, beating, throbbing (K223, G186); sunlight agg. (K225, G188)

HEAD PAIN

GENERAL (K132, G110); light, from; (K141, G118)
 GENERAL (K132, G110); rubbing (K147, G122); amel. (K147, G122)
 GENERAL (K132, G110); coryza; as from (G115)
 GENERAL (K132, G110); vertigo; after (K150, G82, G125)
 GENERAL (K132, G110); extending to; within out, from
 GENERAL (K132, G110); Forehead (K153, G127); extending; eyes, to (K158, G131)
 GENERAL (K132, G110); Forehead (K153, G127); eyes; above (K159, G132); right (K159, G132)
 GENERAL (K132, G110); Forehead (K153, G127); eyes; above (K159, G132); right (K159, G132); left, then (K159, G132)
 GENERAL (K132, G110); Forehead (K153, G127); middle (K161, G134)
 PRESSING (K188, G157); cap, like a (K189, G157)
 PRESSING (K188, G157); Brain; skull; against the, as if (K192, G160)
 PRESSING (K188, G157); Temples (K198, G165); stooping, on (K200, G166)
 PRESSING (K188, G157); Forehead (K192, G160); outward (K194, G161)
 PRESSING (K188, G157); Forehead (K192, G160); extending; vertex, to (K195, G162)
 PRESSING (K188, G157); Forehead (K192, G160); extending; temples, to (K195, G162)
 PRESSING (K188, G157); Forehead (K192, G160); middle, frontal sinuses (G163)
 STITCHING (K206, G172); Stirn/Forehead (K208, G173)

EYE

INFLAMMATION (K241, G203); lids (K243, G204)
 INFLAMMATION (K241, G203); lids (K243, G204); margins, chronic blepharitis (K243, G204)
 TIRED; sensation (K268, G226)
 VEIL sensation over
 LACHRYMATION (K245, G206); right (K245, G206)

VISION

ACCOMMODATION; slow (K271, G229)
 MYOPIA, nearsightedness (K283, G238)

EAR

HEAT (K290, G244)
HEAT (K290, G244); coldness of body, during (K290, G245)
PAIN; stitching (K313, G262); right (K313, G262)
STOPPED sensation (K317, G265, G270)
STOPPED sensation (K317, G265, G270); headache, during

HEARING

IMPAIRED (K321, G269)
IMPAIRED (K321, G269); noises, with (G270)

NOSE

BLOW or thrust, as of a
 DISCHARGE; bloody (K329, G277); blowing the nose, when

SMELL

ACUTE (K349, G293); Schnupfen, bei/coryza, during
 SENSITIVE to odor of; food (K349, G293)
 SENSITIVE to odor of; Tabak/tobacco (K349, G294)
 SENSITIVE to odor of; unpleasant odors (K349, G294)

FACE

DRYNESS (K364, G307); Lippen/lips (K364, G307)
 EXPRESSION; verändert/changed (K374, G315)
 PICKING; Lippen/lips (K391, G331)

MOUTH

CRACKED, fissured (K399, G339)
 DISCOLORATION; green; tongue (K401, G340)
 DISCOLORATION; white; tongue (K402, G341)
 DISCOLORATION; white; tongue (K402, G341); center (K402, G341)
 DRYNESS (K403, G341)
 ERUPTIONS; Bläschen/vesicles (K429, G364); Zunge/tongue (K430, G365)

FORMICATION, crawling (K399, G339)
 FORMICATION, crawling (K399, G339); Tongue (K399, G339)
 INFLAMMATION (K406, G344); Gums (K406, G344)
 ODOR, breath; offensive (K409, G347)
 PAIN; burning, raw, smarting (K411, G348); tongue (K411, G349)
 PAIN; burning, raw, smarting (K411, G348); tongue (K411, G349); tip (K412, G349)
 PAIN; roh, Beißen/burning, raw, smarting (K411, G348)
 PAIN; sore (K413, G350)
 PAIN; sore (K413, G350); gums (K413, G350)
 PAIN; burnt, as if (K412, G349)
 PAIN; sore (K413, G350); tongue (K413, G351)
 PAIN; sore (K413, G350); tongue (K413, G351); back part (K414, G351)
 STICKY, viscid (K420, G356); Tongue (K420, G356)

TASTE

METALLIC (K424, G360)

TEETH

PAIN, General (K433, G369); walking, while; agg. (K439, G374)

THROAT

COATED (K449, G382); as if
 HAWK, disposition to (K452, G385)
 INFLAMMATION (K453, G385); left (K453, G386)
 INFLAMMATION (K453, G385); left (K453, G386); right, then
 LUMP, plug, sensation of (K454, G386)
 MUCUS (K456, G386); swallow; can neither swallow nor hawk up (K457, G388)
 NARROW sensation (K457, G389)
 PAIN (K458, G389); Wärme/warm; Getränke, heiße/drinks; amel./amel. (K459, G390)
 PAIN (K458, G389); wechselnde Seiten/alternating sides
 SCRAPING (K466, G396)

EXTERNAL THROAT

PAIN; General (K472, G402)
 PAIN; pressing
 PAIN; pressing; Seiten/Sides (K473, G403)

STOMACH

APPETITE; increased, hunger in general (K477, G408)
 APPETITE; increased, hunger in general (K477, G408); eating; after (K477, G408)
 EMOTIONS are felt in
 EMPTINESS, weak feeling, faintness, goneness, hungry feeling (K487, G416)
 EMPTINESS, weak feeling, faintness, goneness, hungry feeling (K487, G416); diarrhea, with
 (K488, G417)
 ERUCTATIONS; peppermint, like
 NAUSEA (K504, G430); eating; after (K507, G432)

NAUSEA (K504, G430); eating; after (K507, G432); immediately
 NAUSEA (K504, G430); eating; while; amel. (G432)
 NAUSEA (K504, G430); odors, from (K508, G433)
 NAUSEA (K504, G430); waking; him or her
 PAIN; burning (K515, G439)
 PAIN; General (K511, G435); drinking, after (K513, G437)
 STONE, sensation of (K527, G448)
 STONE, sensation of (K527, G448); eating, after (K527, G449)
 THIRST (K527, G449)

ABDOMEN

CLOTHING, sensitive to (K541, G461)
 DISTENSION (K544, G464)
 PAIN; drawing (K558, K583, G475, G497)
 PAIN; drawing (K558, K583, G475, G497); Inguinal region (K584, G498)
 PAIN; drawing (K558, K583, G475, G497); Inguinal region (K584, G49) right (K584, G498)
 PAIN; drawing (K558, K583, G475, G497); Inguinal region (K584, G498); standing, when
 (K584, G498)
 PAIN; General (K554, G473); chocolate, after
 PAIN; General (K554, G473); extending; shoulder, to (K562, G479)
 PAIN; General (K554, G473); extending; shoulder, to (K562, G479); right
 PAIN; General (K554, G473); flexing limbs amel. (K558, G475)
 PAIN; General (K554, G473); Sides (K569, G484); right (K569, G484); ribs, below
 PAIN; General (K554, G473); stretching out (K561, G478)
 PANCREAS, ailments of (K599, G511)

RECTUM

CONSTIPATION (K606, G519)
 HEMORRHOIDS (K619, G530)

STOOL

DRY (K637, G544)
 DRY (K637, G544); urging, with frequent
 TENACIOUS (K642, G549)
 THIN, liquid (K642, G549)
 THIN, liquid (K642, G549); gelb/yellow (K642, G549)

BLADDER

PAIN; General (K646, G554); spot, in small
 PAIN; General (K646, G554); spot, in small; tip of toe, and, at the same time

KIDNEYS

PAIN; stitching, stinging, sticking (K665, G569)

URINE

Harn/Urine; GERUCH/ODOR; stark/strong (K687, G587)

FEMALE

COITION; aversion to (K715, SIII-460, SIII-601, G610)
 ITCHING (K720, G614)
 ITCHING (K720, G614); Vagina/Vagina (K720, G614)
 PAIN; General (K731, G622)
 PAIN; General (K731, G622); Ovaries (K731, G623)
 PAIN; General (K731, G622); Ovaries (K731, G623); extending to; hips (K733, G624)
 PAIN; General (K731, G622); Uterus (K733, G624)
 PAIN; General (K731, G622); Uterus (K733, G624); bending double amel. (K733, G624)
 PAIN; sore, tenderness (K741, G629)
 PAIN; sore, tenderness (K741, G629); Vagina (K741, G630)
 PAIN; stitching (K742, G630)
 PAIN; stitching (K742, G630); Ovaries (K742, G630)

SPEECH & VOICE

SPEECH; stammering (K419, G356)
 VOICE; hoarseness (K758, G645)

COUGH

SHORT (K803, G680)
 SUDDEN (K806, G682)
 IRRITATION in air passages, from (K794, G673); trachea, in, from (K795, G674)

EXPECTORATION

COLOR; greenish (K816, G690)

CHEST

ANGUISH, Heart and region
 HEAVINESS
 MAMMAE, complaints of
 MAMMAE, complaints of; menses; before (G707)
 OPPRESSION (K838, G708); Sternum (K841, G710)
 PAIN; Allgemein/General (K841, G710); Sides (K846, G714)
 PAIN; Allgemein/General (K841, G710); Sides (K846, G714); right (K846, G714)
 PAIN; drawing (K856, G722)
 PAIN; drawing (K856, G722); Mammae (K857, G722)
 PAIN; drawing (K856, G722); Mammae (K857, G722); Nipples (K857, G722)
 PAIN; drawing (K856, G722); Mammae (K857, G722); Nipples (K857, G722); right (K857, G722)
 SENSITIVE (K880, G742)
 SENSITIVE (K880, G742); Mammae

BACK

COLDNESS, chill (K884, G745)
 PAIN; Allgemein/General (K894, G752); cervical region (K899, G757)
 PAIN; Allgemein/General (K894, G752); cervical region (K899, G757); bending head; agg.; forward (K900, G757)
 PAIN; Allgemein/General (K894, G752); cervical region (K899, G757); bending head; amel.; forward (K900, G757)
 PAIN; Allgemein/General (K894, G752); sacral region (K909, G764); stoop, inability to (K911, G765)
 PAIN; Allgemein/General (K894, G752); warmth, external; amel. (K899, G756)
 PAIN; General (K894, G752); cervical region (K899, G757); turning; head (K900, G758)
 PAIN; General (K894, G752); dorsal region (K901, G758); scapulae (K902, G759); between (K903, G760)
 PAIN; General (K894, G752); motion, on; amel. (K896, G755)
 STIFFNESS (K946, G793)
 STIFFNESS (K946, G793); Dorsal region
 TENSION (K948, G794)
 TENSION (K948, G794); Dorsal region (K948, G795)
 TENSION (K948, G794); Dorsal region (K948, G795); scapulae (K948, G795)
 TENSION (K948, G794); Dorsal region (K948, G795); scapulae (K948, G795); between (K948, G795)

EXTREMITIES

COLDNESS (K956, G802); Foot (K962, G807); icy (K963, G808)
 COLDNESS (K956, G802); Hands (K958, G804)
 CRACKED skin; Toes
 CRACKED skin; Toes; between (K970, G813)
 DISCOLORATION; redness (K978, G819); hand (K980, G820)
 DISCOLORATION; redness (K978, G819); hand (K980, G820); palm (K980, G821)
 ERUPTIONS (K986, G825); Knee (K1000, G836)
 ERUPTIONS (K986, G825); Knee (K1000, G836); hollow of (K1001, G836)
 ERUPTIONS (K986, G825); pimples (K986, G825)
 ERUPTIONS (K986, G825); pimples (K986, G825); elbow (K990, G828)
 ERUPTIONS (K986, G825); pimples (K986, G825); elbow (K990, G828); bend of (K991, G828)
 FELON; Panaritium/panaritium (K1005, G839)
 ITCHING (K1019, G851); Elbow (K1021, G852)
 ITCHING (K1019, G851); Elbow (K1021, G852); bend of (K1022, G852)
 ITCHING (K1019, G851); Hand (K1022, G853); palm (K1023, G853)
 ITCHING (K1019, G851); Hand (K1022, G853); palm (K1023, G853); left
 ITCHING (K1019, G851); Leg (K1026, G856)
 ITCHING (K1019, G851); Leg (K1026, G856); tibia, over (K1027, G857)
 ITCHING (K1019, G851); Wrist (K1022, G853)
 ITCHING (K1019, G851); Wrist (K1022, G853); outer side (G853)
 LAMENESS (K1031, G860)
 LAMENESS (K1031, G860); Thigh (K1032, G861)
 LAMENESS (K1031, G860); Upper Limbs (K1031, G860)
 LAMENESS (K1031, G860); Upper Limbs (K1031, G860); right (K1031, G860)
 NUMBNESS, insensibility (K1035, G863)
 NUMBNESS, insensibility (K1035, G863); Hand (K1038, G851)
 NUMBNESS, insensibility (K1035, G863); Hand (K1038, G851); right (K1038, G865)

NUMBNESS, insensibility (K1035, G863); Upper Limbs (K1036, G864)
 NUMBNESS, insensibility (K1035, G863); Upper Limbs (K1036, G864); right (K1036, G864)
 PERSPIRATION (K1181, G977); Upper Limbs; hand (K1181, G977); palm (K1182, G978)
 RESTLESSNESS (K1187, G982)
 RESTLESSNESS (K1187, G982); Lower Limbs (K1187, G982)
 TREMBLING; General (K1210, G1000)
 TREMBLING; Hand/Hand (K1212, G1001)
 WEAKNESS (K1224, G1011); Upper Limbs (K1226, G1012)
 WEIGHT, heavy; hanging on right shoulder, as if

EXTREMITY PAIN

DRAWING (K1100, G912)
 DRAWING (K1100, G912); Elbow (K1103, G914)
 GENERAL (K1043, G869); Lower Limbs (K1062, G884); Bones (K1067)
 GENERAL (K1043, G869); Lower Limbs (K1062, G884); Buttocks, nates (K1067, K1069, G887, G888)
 GENERAL (K1043, G869); Lower Limbs (K1062, G884); Knee (K1072, G890); patella (K1074, G892)
 GENERAL (K1043, G869); Lower Limbs (K1062, G884); Knee (K1072, G890); patella (K1074, G892); tendon of (K1074, G892)
 GENERAL (K1043, G869); Lower Limbs (K1062, G884); Knie/Knee (K1072, G890); bending, on (K1072, G891)
 GENERAL (K1043, G869); Lower Limbs (K1062, G884); sciatica (K1064, G885); left (K1064, G885)
 GENERAL (K1043, G869); Lower Limbs (K1062, G884); Toes (K1081, G897); first (K1081, G898)
 GENERAL (K1043, G869); Lower Limbs (K1062, G884); Toes (K1081, G897); first (K1081, G898); walking, while (K1082, G898)
 GENERAL (K1043, G869); Upper Limbs (K1049, G873); Elbow (K1055, G878)
 GENERAL (K1043, G869); Upper Limbs (K1049, G873); Elbow (K1055, G878); rheumatic (K1056, G879)
 GENERAL (K1043, G869); Upper Limbs (K1049, G873); Thumb (K1062, G883)
 GENERAL (K1043, G869); Upper Limbs (K1049, G873); Thumb (K1062, G883); Joints (K1062, G883)
 GENERAL (K1043, G869); Upper Limbs (K1049, G873); Thumb (K1062, G883); Gelenke/Joints (K1062, G883); rheumatic (K1062, G883)

SLEEP

WAKING; slept ones fill, as having (SIII-211); short sleep, even after (SIII-211)
 SLEEPLESSNESS (K1251, SIII-129, G1032); waking, after (K1254, SIII-183, G1035)

CHILL

SHAKING, shivering, rigors (K1270, G1048)
 SHAKING, shivering, rigors (K1270, G1048); cold drinks, with desire for

FEVER,HEAT

COLDNESS, external, with (K1284, G1059)

SKIN

ITCHING (K1327, G1094)

ITCHING (K1327, G1094); eruptions; without (K1328, G1095)

GENERALITIES

AIR; indoor air; agg. (SII-26)

AIR; open, amel. (K1344, SII-28, G1109)

AIR; open; desire for (K1343, SII-29, G1109)

COLDNESS

COLDNESS; external

COLDNESS; internal

EVENING, six pm. until nine pm.; amel. in general (K1342, SII-11, G1108)

FOOD and drinks; alcohol, alcoholic drinks; desires (K483, SII-217, G413)

FOOD and drinks; beer; aversion (K480, SII-220, G410)

FOOD and drinks; coffee; agg. (K1362, SII-229, SII-230, G1124)

FOOD and drinks; coffee; desires (K484, SII-231, G414)

FOOD and drinks; cold; drinks, water; desires (K484, SII-233, G414)

FOOD and drinks; cold; drinks, water; desires (K484, SII-233, G414); icy

FOOD and drinks; cold; food; desires (K484, SII-235, G414)

FOOD and drinks; juicy things; desires (K485, SII-251, G414)

FOOD and drinks; onions; agg. (K1363, SII-259, G1124)

FOOD and drinks; onions; desires, raw (K485, SII-259, G415)

FOOD and drinks; sweets; desires (K486, SII-274, G415)

MENTAL EXERTION; agg.

MOON; agg. (K1374, G1133)

MOON; agg. (K1374, G1133); full

PULSE; frequent, accelerated, elevated, exalted, fast, innumerable, rapid (K1393, SII-530, G1149)

RESTLESSNESS, physical

SLUGGISHNESS of the body (K1402, SII-600, G1156)

Congruencies of symptoms already existing in the repertory with new ones from the present proving:

MIND; COMPANY; desire for (K12, SRI-149, G10) (121) *

MIND; WEEPING, tearful mood; general (K92, SRI-1066, G74) (389) *

HEAD; CONSTRICTION (K111, G93) (296) *

HEAD; PULSATING, beating, throbbing (K223, G186) (294) **

HEAD PAIN; GENERAL; forehead (536) *

HEAD PAIN; GENERAL; forehead; eyes; above (340) *

HEAD PAIN; PRESSING (K188, G157) (425) *

EYES; PHOTOPHOBIA; artificial light, lamplight (K262, G220) (55) *

VISION; FOGGY (K279, G235) (197) **

NOSE; CORYZA; general (K325, G274) (445) *

NOSE; CORYZA; general; discharge; with, fluent (K327, G275, G278) (262) *

NOSE; DRYNESS inside; general (K334, G282) (230) *
 NOSE; OBSTRUCTION; general (K340, G286) (287) *
 TEETH; PAIN; general (377) *
 TEETH; PAIN; general; molars, bicuspid (151) *
 TEETH; LOOSENESS; sensation (K432, G369) (66) *
 THROAT; INFLAMMATION, sore throat (K453, G385) (314) *
 THROAT; MUCUS; general (K456, G386) (282) *
 STOMACH; ERUCTATIONS; general (K489, G418) (367) *
 STOMACH; NAUSEA (K504, G430) (550) *
 STOMACH; PAIN; general (517) *
 STOMACH; PAIN; pressing (K520, G443, G445) (276) *
 ABDOMEN; PAIN; general (787) *
 ABDOMEN; PAIN; general; sides (212) *
 ABDOMEN; PAIN; general; sides; right (82) *
 RECTUM; DIARRHEA; general (K609, G521) (493) *
 RECTUM; DIARRHEA; general; chocolate, after (K611, G523) (2) **
 BLADDER; INFLAMMATION (K646, G553) (159) *
 URINE; ACRID (K680, G582) (82) **
 COUGH; IRRITATION in air passages, from (K794, G673) (217) *
 COUGH; IRRITATION in air passages, from; larynx; in (K794, G673) (154) *
 COUGH; DRY (K786, G667) (373) *
 COUGH; DRY; irritation in larynx (K789, G669) (15) *
 CHEST; HEAT (K834, G704) (172) *
 CHEST; OPPRESSION (K838, G708) (388) *
 CHEST; OPPRESSION; heart (K841, G710) (162) *
 CHEST; PAIN; general (622) *
 CHEST; PAIN; stitching; heart (K871, G735) (185) *
 CHEST; PALPITATION heart (K873, G737) (398) *
 BACK; PAIN; general (643) *
 BACK; PAIN; general; dorsal region (384) *
 BACK; PAIN; general; dorsal region; scapulae (350) *
 BACK; PAIN; general; sacral region (267) *
 EXTREMITIES; COLDNESS; general (K956, G802) (413) *
 EXTREMITIES; COLDNESS; general; lower limbs; feet (K962, G807) (287) *
 EXTREMITIES; ERUPTIONS (K986, G825) (393) *
 EXTREMITIES; ITCHING (K1019, G851) (339) *
 EXTREMITIES; ITCHING; upper limbs; hands (K1022, G853) (169) *
 EXTREMITIES; ITCHING; lower limbs; thighs (K1025, G855) (101) *
 EXTREMITIES; ITCHING; lower limbs; feet (K1027, G857) (139) *
 EXTREMITIES; ITCHING; lower limbs; feet; soles (K1028, G857) (65) *
 EXTREMITIES; PERSPIRATION; general (K1181, G977) (269) *
 EXTREMITIES; PERSPIRATION; general; upper limbs; hands (K1181, G977) (178) *
 EXTREMITIES; WEAKNESS (K1224, G1011) (430) *
 EXTREMITY PAIN; GENERAL (768) *
 EXTREMITY PAIN; GENERAL; upper limbs (620) *
 EXTREMITY PAIN; GENERAL; upper limbs; shoulders (395) *
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